

**Table 13D**  
**2007 Pregnancy Nutrition Surveillance** (1)  
**Nation**

**Maternal Weight Gain and Birth Outcomes by Select Health Indicators**

<b>Maternal Weight Gain and Birth Outcomes by Select Health Indicators</b> (2)										
	Weight Gain (3)			Birth Outcomes						
	< Ideal	> Ideal		Birthweight			Preterm (6)	Full Term LBW (7)		
		Number	%	%	Low (4)	High (5)				
	Number	%	%	Number	%	%	Number	%	Number	%
<b>Prepregnancy BMI</b>										
Underweight	99,416	31.7	26.9	105,165	11.6	2.8	97,512	13.2	86,916	6.0
Normal Weight	414,202	26.8	38.9	436,303	8.0	5.4	406,431	11.3	368,201	3.7
Overweight	140,380	14.0	58.9	148,629	7.1	7.6	138,977	11.3	125,452	3.0
Obese	267,730	25.4	46.4	286,651	7.5	9.7	266,701	12.4	239,736	3.1
<b>Weight Gain</b>										
< Ideal	-	-	-	218,109	12.6	3.7	201,154	15.6	177,106	5.8
Ideal	-	-	-	282,384	7.6	5.2	264,015	11.3	238,427	3.5
> Ideal	-	-	-	374,696	5.5	9.8	348,701	9.5	323,305	2.4
<b>Smoking During Pregnancy</b>										
Smokers	107,817	24.8	45.3	111,673	10.7	4.3	104,931	12.4	97,946	5.7
Non-Smokers	609,754	24.8	42.5	653,107	7.0	7.4	636,340	11.6	576,349	3.0

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Based on 1990 IOM report, "Nutrition During Pregnancy": underweight prepregnancy (ideal weight gain = 28 to 40 lbs), normal weight prepregnancy (ideal weight gain = 25 to 35 lbs), overweight prepregnancy (ideal weight gain = 15 to 25 lbs), obese prepregnancy (ideal weight gain = 15 to 25 lbs).

(4) <2500 g.

(5) >4000 g.

(6) <37 weeks gestation.

(7) 37 or more weeks gestation and <2500 g.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.