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| Table S1: Mean Self-Report of Day and Evening Sitting Times, by Demographics, Physical Activity Transit Survey 2010-11 |
|  | Self-Reported Day Sittinga | Self-Reported Evening Sittingb | Difference b/t Day vs. Evening Sitting (minutes/day) | % of Sitting Time that is Day Sitting |
| Demographic Characteristic | Mean | 95% CI | p-value | Mean | 95% CI | p-value | Mean | 95% CI | p-value |  |
| Overall | 243 |  (235, 251) | n/a | 180 |  (174, 186) | n/a | 63 |  (55, 70) | n/a | 57% |
| Age Group |  |  |   |   |  |   |   |  |   |  |
| 18-24 | 226 |  (203, 249) | 0.05 | 180 |  (164, 195) | 0.90 | 46 |  (23, 69) | 0.06 | 56% |
| 25-44 | 253 |  (239, 267) | Ref | 181 |  (171, 191) | Ref | 72 |  (58, 86) | Ref | 58% |
| 45-64 | 244 |  (230, 258) | 0.37 | 173 |  (165, 182) | 0.26 | 71 |  (58, 84) | 0.89 | 59% |
| 65+ | 226 |  (210, 241) | **0.01** | 193 |  (181, 205) | 0.13 | 33 |  (19, 46) | **<.001** | 54% |
| Sex |  |  |   |   |  |   |   |  |   |  |
| Male | 250 |  (237, 263) | Ref | 190 |  (182, 199) | Ref | 60 |  (47, 72) | Ref | 57% |
| Female | 236 |  (226, 246) | 0.10 | 171 |  (164, 178) | **<.001** | 65 |  (56, 75) | 0.50 | 58% |
| Race |  |  |   |   |  |   |   |  |   |  |
| Non-Hispanic White | 280 |  (269, 291) | Ref | 185 |  (177, 192) | Ref | 95 |  (84, 107) | Ref | 60% |
| Non-Hispanic Black | 241 |  (225, 257) | **<.001** | 200 |  (186, 214) | 0.06 | 41 |  (25, 58) | **<.001** | 55% |
| Hispanic | 174 |  (160, 188) | **<.001** | 150 |  (139, 161) | **<.001** | 24 |  (12, 36) | **<.001** | 54% |
| Non-Hispanic Asian | 278 |  (249, 307) | 0.91 | 193 |  (176, 211) | 0.38 | 85 |  (55, 116) | 0.53 | 59% |
| Other | 256 |  (204, 309) | 0.39 | 194 |  (158, 229) | 0.63 | 63 |  (13, 113) | 0.21 | 57% |
| Poverty/Incomea |  |  |   |   |  |   |   |  |   |  |
| <200% FPL | 203 |  (190, 216) | **<.001** | 172 |  (163, 182) | **0.01** | 31 |  (19, 42) | **<.001** | 54% |
| 200-399% FPL | 239 |  (221, 256) | **<.001** | 181 |  (167, 196) | 0.37 | 57 |  (40, 74) | **<.001** | 57% |
| 400+% FPL | 303 |  (289, 317) | Ref | 189 |  (180, 198) | Ref | 114 |  (99, 128) | Ref | 62% |
| Education |  |  |   |   |  |   |   |  |   |  |
| Less than high school | 176 |  (156, 197) | **<.001** | 151 |  (135, 167) | **<.001** | 25 |  (11, 39) | **<.001** | 54% |
| Grade 12 or equivalent | 207 |  (192, 222) | **<.001** | 176 |  (166, 187) | **<.001** | 30 |  (14, 47) | 0.08 | 54% |
| Some college | 250 |  (236, 264) | **<.001** | 194 |  (184, 205) | **<.001** | 55 |  (40, 71) | 0.44 | 56% |
| College graduate | 302 |  (288, 315) | Ref | 189 |  (180, 198) | Ref | 113 |  (99, 127) | Ref | 62% |
| Nativity |  |  |   |   |  |   |   |  |   |  |
| U.S. born | 263 |  (253, 273) | Ref | 191 |  (184, 199) | Ref | 72 |  (62, 82) | Ref | 58% |
| Foreign born | 220 |  (207, 233) | **<.001** | 168 |  (159, 176) | **<.001** | 52 |  (40, 64) | **0.02** | 57% |
| Body Mass Index, kg/m2 |  |  |   |   |  |   |   |  |   |  |
| Underweight/Normal, <25 | 255 |  (241, 269) | Ref | 182 |  (173, 191) | Ref | 73 |  (60, 87) | Ref | 58% |
| Overweight, 25-<30 | 240 |  (227, 253) | 0.12 | 181 |  (172, 191) | 0.96 | 59 |  (46, 71) | 0.11 | 57% |
| Obese, 30+ | 227 |  (213, 241) | **0.01** | 177 |  (166, 188) | 0.51 | 50 |  (37, 64) | **0.02** | 56% |
| aDay sitting was assessed with the question, “On an average day during the last 7 days, from the time you woke up to around 5 o’clock in the evening, how many hours or minutes did you spend sitting?” |
| bEvening sitting was assessed with the question (following the daytime sitting question), “And from 5 o’clock in the evening to the time you went to bed on an average day during the last 7 days, how many hours or minutes did you spend sitting?”  |
| Abbreviations: CI – confidence interval, FPL – federal poverty level |