



Centers for Disease Control and Prevention



Additional TRICARE INFO

5/4/2010

LCDR Leslie Leonard
Human Capital Management Office
Office of Chief Operating Officer





Commissioned Corps



ID cards

- Coverage changes at midnight on your last day of active duty
 - Your coverage converts automatically to TRICARE Standard
 - You have 30 days to enroll in TRICARE Prime
- You and your dependents are required to obtain new ID cards
- How to update DEERS:
 - visit a ID card Facility (<http://www.dmdc.osd.mil/rsl/owa/home>)
 - Call 1 800 538 9552 to change your phone #, address, or email
 - visit www.tricare.mil/DEERS
 - Fax the information to 1 831 655 8317
- CDC/ATSDR Commissioned Corps Personnel Office (404) 498 1800 to schedule your appointment



Commissioned Corps

Another Coverage Choice

- US Family Health Plan (USFHP)
 - Available in six U.S. Areas only
 - USFHP designated providers deliver all care
 - Waive ALL rights to MTF
 - 800-74-USFHP (800-748-7347)
 - www.usfhp.com

Unmarried Dependent Children


- Eligible until age 21, or 23 (if full-time students)
- Eligible beyond age limits if Mental / Physical disability
- Eligibility remains after parental divorce
- Step-children ineligible after divorce



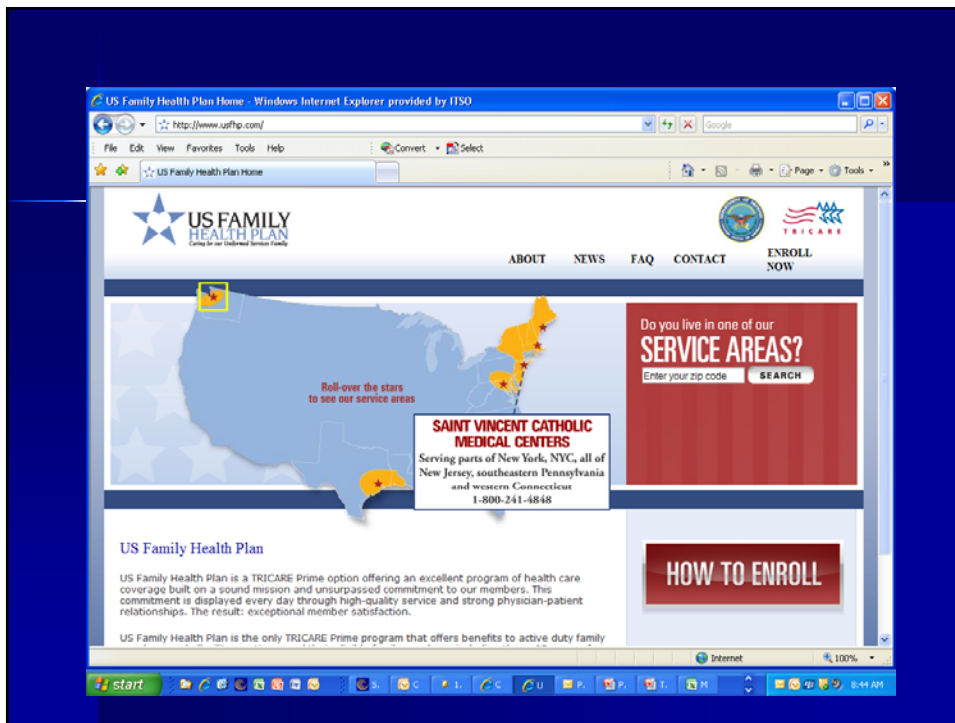
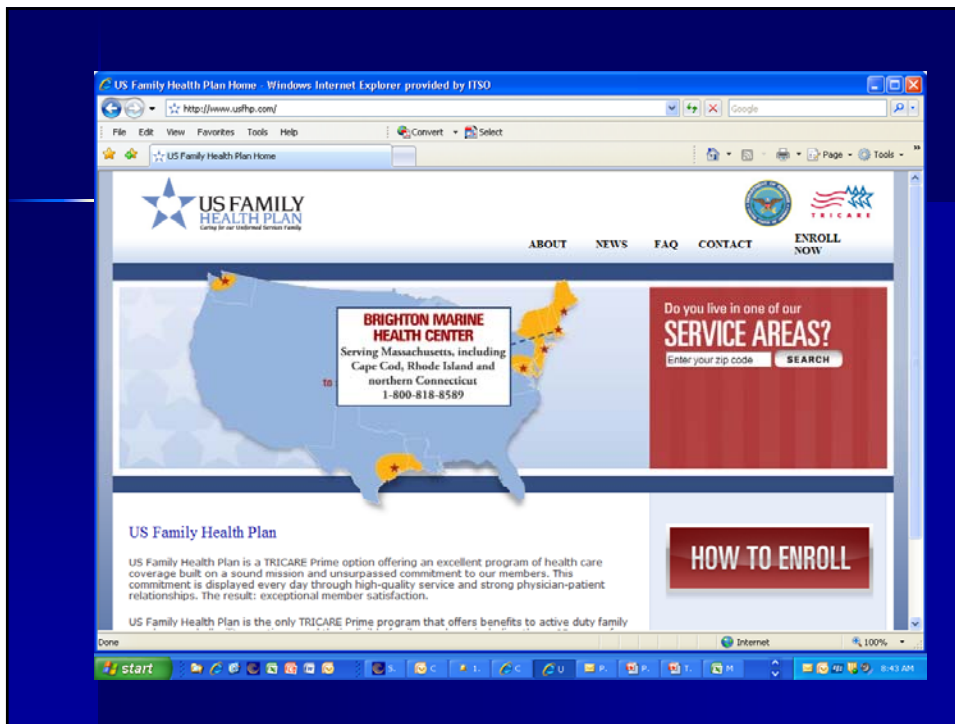
Map of USFHP
<http://www.usfhp.com/>

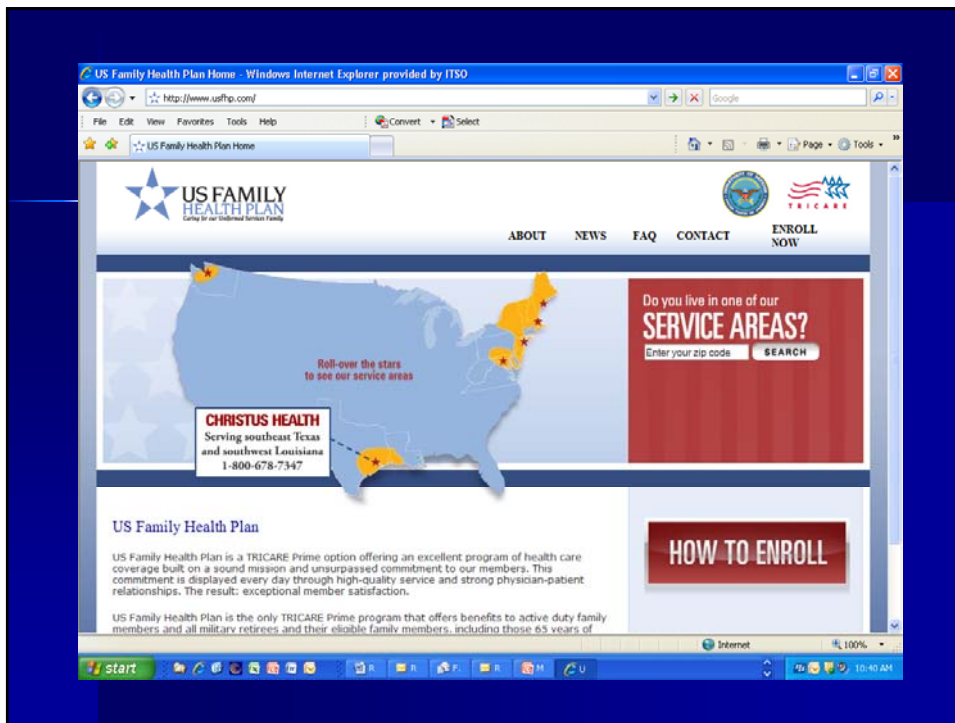
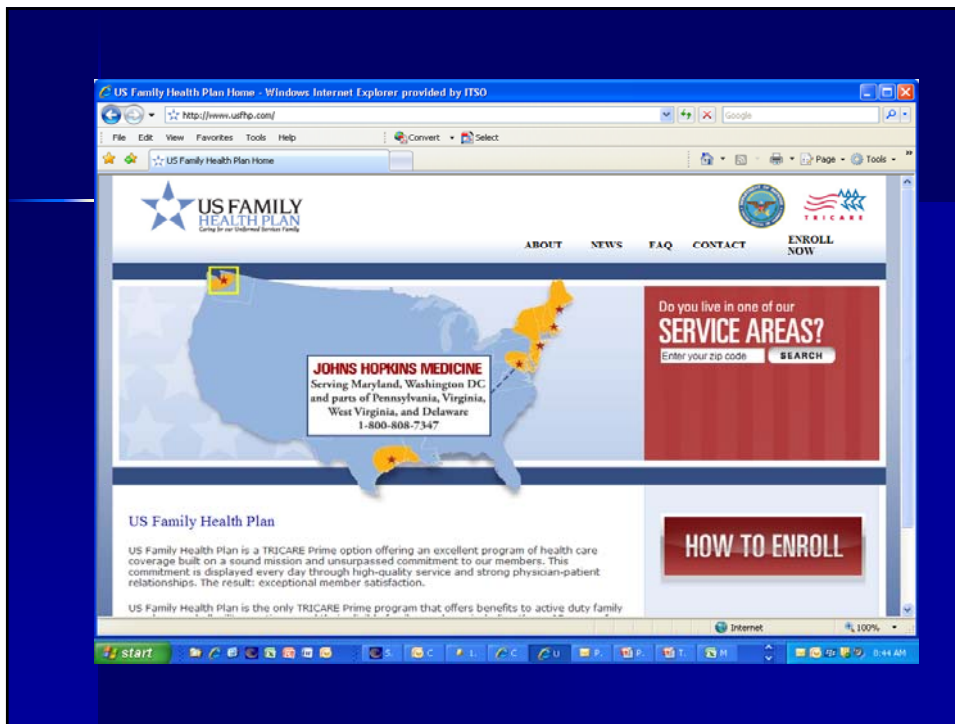
The screenshot shows the US Family Health Plan website in a Windows Internet Explorer browser window. The page features a map of the United States with several yellow stars indicating service areas. A red box on the right asks "Do you live in one of our SERVICE AREAS?" with a "SEARCH" button. Below the map, there is a "HOW TO ENROLL" button. The website header includes the US Family Health Plan logo and navigation links for ABOUT, NEWS, FAQ, CONTACT, and ENROLL NOW. The browser's address bar shows "http://www.usfhp.com/".

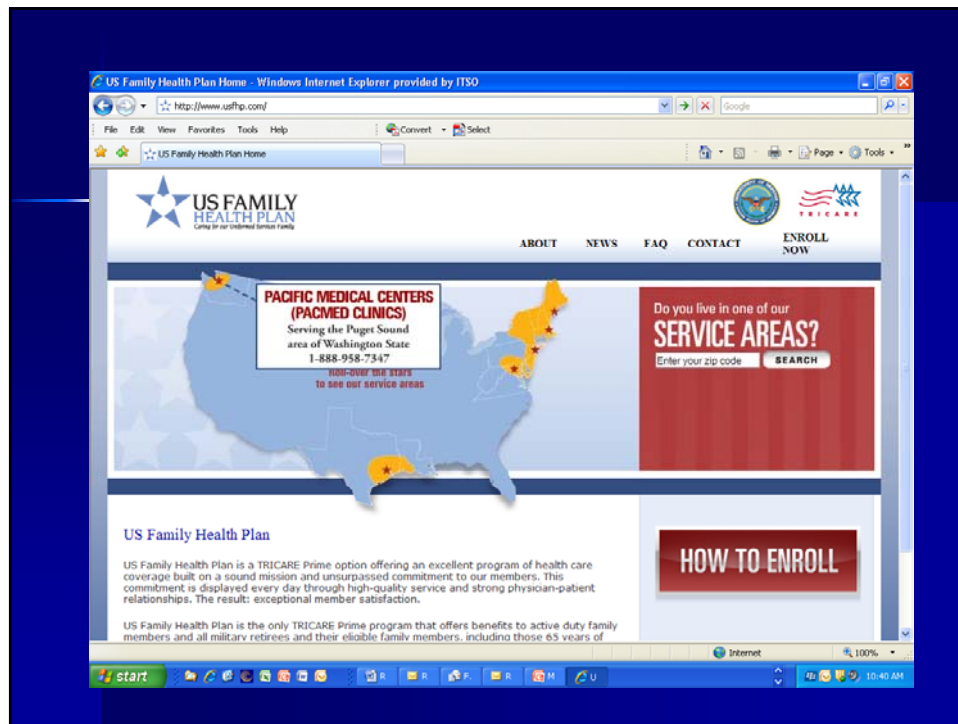
Locations: NE/SW/W



The screenshot shows the same US Family Health Plan website, but with a callout box over the map. The callout box is titled "MARTIN'S POINT HEALTH CARE" and contains the text: "Serving Maine, Vermont, New Hampshire and northeastern New York 1-888-241-4556". The rest of the page layout, including the map, search box, and enrollment button, remains the same as in the previous screenshot.







Retirement Physicals & Medical Records

- Retirement physicals are optional; however, they are recommended. (complete within 6 month prior to retirement)
- Please obtain copies of your medical records, especially if you choose to file for VA compensation.

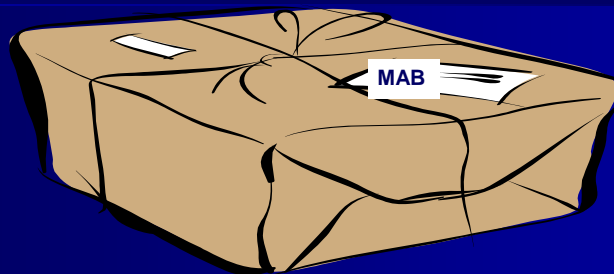
Note:

The cost of the copying of medical records are reimbursable through TRICARE while on active duty, not when you retire.

RETIREMENT PHYSICAL PACKET

- **Coversheet**
- **Retirement Physical (DD-2808/DD-2807-1)**
- **VA Form 21-526**
- **Medical Records**

Medical Affairs Branch



**OCCSS / MAB
ATTN: Physical Exam Section/Retirement
5600 Fishers Lane, Room 4C-04
Rockville, MD 20857-0001**



CDC/ATSDR Commissioned Corps Personnel Office (CCPO)

Main Number:	404-498-1800
■ Director:	
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Deputy Director:	
CDR Amanda Dunnick	404-498-1809
■ CAPT April Shaw	404-498-1813
■ LCDR Joe Laco	404-498-1826
■ LCDR Leslie Leonard	404-498-1818
■ CDR Linda West	404-498-6664
■ LT Matthew Weinburke	404-498-1803
■ Mr. Aaron Arnold	404-498-1802
■ Ms. Janette Chaney	404-498-1804



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