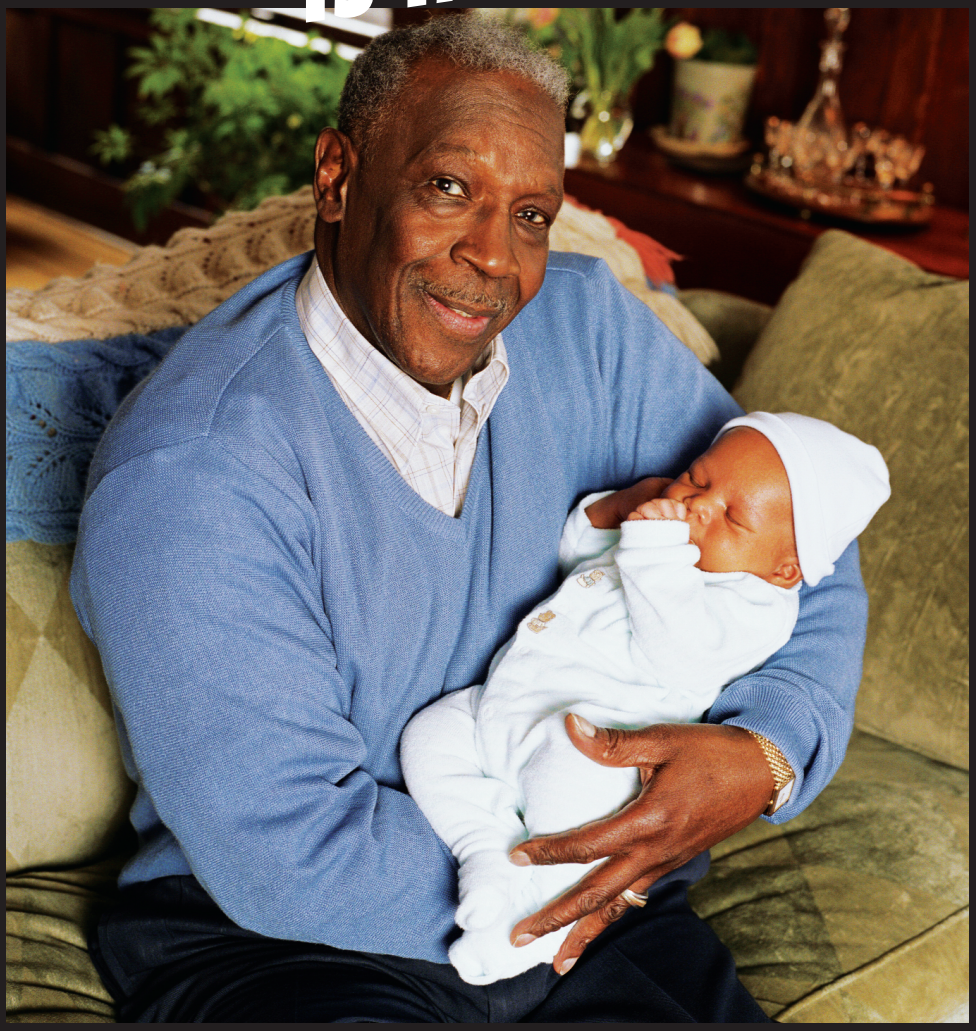
STAYING HEALTHY IS IMPORTANT TO ME.



My doctor said I should get a flu shot to protect myself AND the ones I love. So I did!

For more information ask your doctor or health care provider.
Or call the CDC Immunization Hotline.

English: 1-800-232-2522
Español: 1-800-232-0233
www.cdc.gov/nip/flu

DEPARTMENT OF HEALTH & HUMAN SERVICES USA

CDC
SAFER · HEALTHIER · PEOPLE

Department of Health and Human Services
Centers for Disease Control and Prevention