

Emergency Preparedness & Response

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Video: "Protecting Your Health" (for People Who Process, Sort, and Deliver the Mail)

Recent bioterrorist events have involved the intentional delivery of anthrax through the mail. In response to these events, the Centers for Disease Control and Prevention (CDC) has developed an educational video for people who process, sort, or deliver mail. This 15-minute video was developed for people who work in a variety of settings, from small mail rooms to large processing and distribution centers. The video includes basic information about anthrax, strategies for protecting workers from anthrax exposures, and methods for detecting and responding to a suspicious letter or package.

[E-mail this page](#)

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[Watch the Video](#)  RealOne Player (16 min 11 sec)

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