



NCHS State Profiles 2009

Data from the National Center for Health Statistics

STATE PROFILE: IOWA

Percentage of Births to Unmarried Mothers *(2006 preliminary data)*

Iowa: 33.8
U.S. rate: 38.5
2006 rank: 38 (tie)

2005 Iowa rate: 32.5
Change from 2005 to 2006: +1.3

Early Prenatal Care *(percentage receiving prenatal care in the first trimester of pregnancy, 2005)*

Iowa: 87.6
37-state, D.C., and New York City reporting area: 83.9

2004 Iowa rate: 88.4
Change from 2004 to 2005: -0.8

Cesarean Delivery Rate *(2006 preliminary data)*

Iowa: 27.7
U.S. Rate: 31.1
2006 Rank: 38

2005 Iowa Rate: 26.7
Change from 2005 to 2006: +1.0

Preterm Birth Rate *(2006 preliminary data)*

Iowa: 11.6
U.S. rate: 12.8
2006 rank: 37 (tie)

2005 Iowa rate: 11.8
Change from 2005 to 2006: -0.2

Teen Birth Rate *(number of live births per 1,000 females aged 15–19, 2006)*

Iowa: 32.9
U.S. rate: 41.9
2006 rank: 38

2005 Iowa rate: 32.6
Change from 2005 to 2006: +0.3

Low Birthweight Rate *(2006 preliminary data)*

Iowa: 6.9
U.S. rate: 8.3
2006 rank: 38 (tie)

2005 Iowa rate: 7.2
Change from 2005 to 2006: -0.3



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Leading Causes of Death in the United States (2005)

1. Heart Disease

Deaths: 7,437

Iowa death rate (age-adjusted): 191.4

U.S. rate: 211.1

2005 rank: 28

2004 Iowa rate: 191.9

Change from 2004 to 2005: -0.5

2. Cancer

Deaths: 6,453

Iowa death rate (age-adjusted): 182.5

U.S. rate: 183.8

2005 rank: 29

2004 Iowa rate: 181.8

Change from 2004 to 2005: +0.7

3. Stroke

Deaths: 1,902

Iowa death rate (age-adjusted): 47.7

U.S. rate: 46.6

2005 rank: 22 (tie)

2004 Iowa rate: 49.5

Change from 2004 to 2005: -1.8

4. Chronic Lower Respiratory Diseases

Deaths: 1,703

Iowa death rate (age-adjusted): 46.6

U.S. rate: 43.2

2005 rank: 25

2004 Iowa rate: 42.5

Change from 2004 to 2005: +4.1

5. Accidents

Deaths: 1,202

Iowa death rate (age-adjusted): 36.1

U.S. rate: 39.1

2005 rank: 35

2004 Iowa rate: 33.0

Change from 2004 to 2005: +3.1



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Leading Causes of Death Continued...

6. Diabetes

Deaths: 727

Iowa death rate (age-adjusted): 19.8

U.S. rate: 24.6

2005 rank: 44

2004 Iowa rate: 19.4

Change from 2004 to 2005: +0.4

7. Alzheimer's Disease

Deaths: 1,082

Iowa death rate (age-adjusted): 25.4

U.S. rate: 22.9

2005 rank: 23 (tie)

2004 Iowa rate: 23.3

Change from 2004 to 2005: +2.1

8. Influenza and Pneumonia

Deaths: 896

Iowa death rate (age-adjusted): 21.4

U.S. rate: 20.3

2005 rank: 22

2004 Iowa rate: 22.2

Change from 2004 to 2005: -0.8

9. Kidney Disease

Deaths: 250

Iowa death rate (age-adjusted): 6.2

U.S. rate: 14.3

2005 rank: 49

2004 Iowa rate: 7.1

Change from 2004 to 2005: -0.9

10. Septicemia

Deaths: 227

Iowa death rate (age-adjusted): 6.3

U.S. rate: 11.2

2005 rank: 38

2004 Iowa rate: n/a

Change from 2004 to 2005: n/a



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Percentage of Persons under Age 65 without Health Insurance (2004–2006 data)

Iowa: 9.3%

U.S.: 16.6%

Infant Mortality Rate (2005)

Iowa: 5.40

U.S. rate: 6.83

Rank: 43

2004 Iowa rate: 5.36

Change from 2004 to 2005: +0.04

Sources: Health insurance data come from *National Health Statistics Reports, No. 1*; 2005 birth data come from *National Vital Statistics Reports, Vol. 56, No. 6*; 2006 preliminary birth data come from *National Vital Statistics Reports, Vol. 56, No. 7*; Infant mortality data come from the 2005 period linked birth/infant death data set; Leading cause of death data come from *National Vital Statistics Reports, Vol. 56, No. 10* and rankings are based on age-adjusted death rates. States are categorized from highest rate to lowest. Although adjusted for differences in age distribution and population size, rankings by state do not take into account other state specific population characteristics that may affect the level of mortality. When the number of deaths is small, rankings by state may be unreliable due to instability in death rates.
