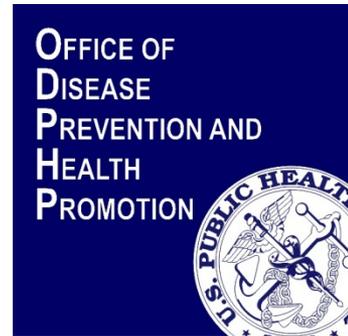


# Healthy People 2020: Preparing for a New Decade

Dr. Jeanette Guyton-Krishnan  
NCHS Data Users Conference  
August 18, 2010





# Outline

- **Healthy People in General**
  - Background
  - Structure
- **Healthy People 2020**
  - Process
  - Key Features



# What is Healthy People?

- **National agenda** that communicates a **vision, mission** and **overarching goals**, supported by **topic areas** and **specific objectives** for improving the population's health.

# History of Healthy People



- 1979 – ASH/SG Dr. Julius Richmond establishes 1<sup>st</sup> national prevention agenda: *Healthy People: The Surgeon General's Report on Health Promotion and Disease Prevention*

HEALTHY PEOPLE  
The Surgeon General's Report On  
Health Promotion And Disease Prevention



- *HP 1990 – Promoting Health/Preventing Disease: Objectives for the Nation*



- *HP 2000 – Healthy People 2000: National Health Promotion and Disease Prevention Objectives*



- *HP2010 – Healthy People 2010: Objectives for Improving Health*

# Evolution of Healthy People

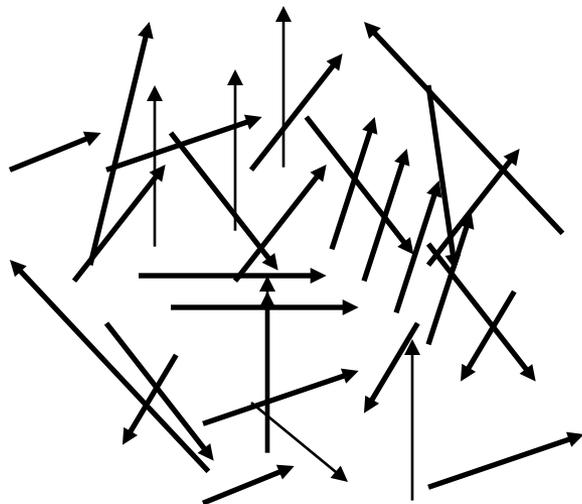
HEALTHY PEOPLE  
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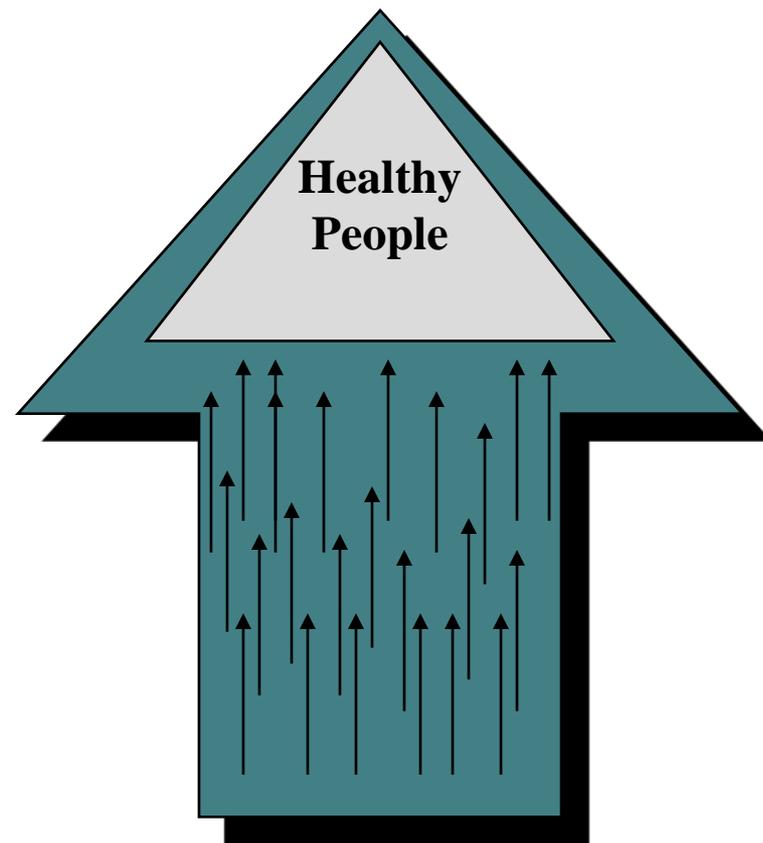
Target Year	1990	2000	2010	2020
Overarching Goals	<p>Decrease mortality: infants-adults</p> <p>Increase independence among older adults</p>	<p>Increase span of healthy life</p> <p>Reduce health disparities</p> <p>Achieve access to preventive services for all</p>	<p>Increase quality and years of healthy life</p> <p>Eliminate health disparities</p>	<p>Attain high quality, longer lives free of preventable disease...</p> <p>Achieve health equity, eliminate disparities...</p> <p>Create social and physical environments that promote good health...</p> <p>Promote quality of life, healthy development, healthy behaviors across life stages...</p>
# Topic Areas	15	22	28	41
# Objectives	226	312	467	>580

# Healthy People: Aligns Strategic Public Health Goals and Efforts Across the Nation

**Non-Aligned Effort**  
**Random Acts of Innovation**



**Aligned Effort**  
**Strategic Goals**





# Key Features of Healthy People

- Creates a comprehensive strategic **framework** uniting health promotion and disease prevention issues under a single umbrella.
- Requires tracking of **data-driven outcomes** to monitor progress and to motivate, guide, and focus action.
- Engages a network of multi-disciplinary, multi-sectoral **stakeholders** at all levels.
- Guides national **research** on public health.
- Establishes **accountability** requiring all PHS grants to demonstrate support of Healthy People objectives.

# Healthy People 2010: Strengths and Challenges

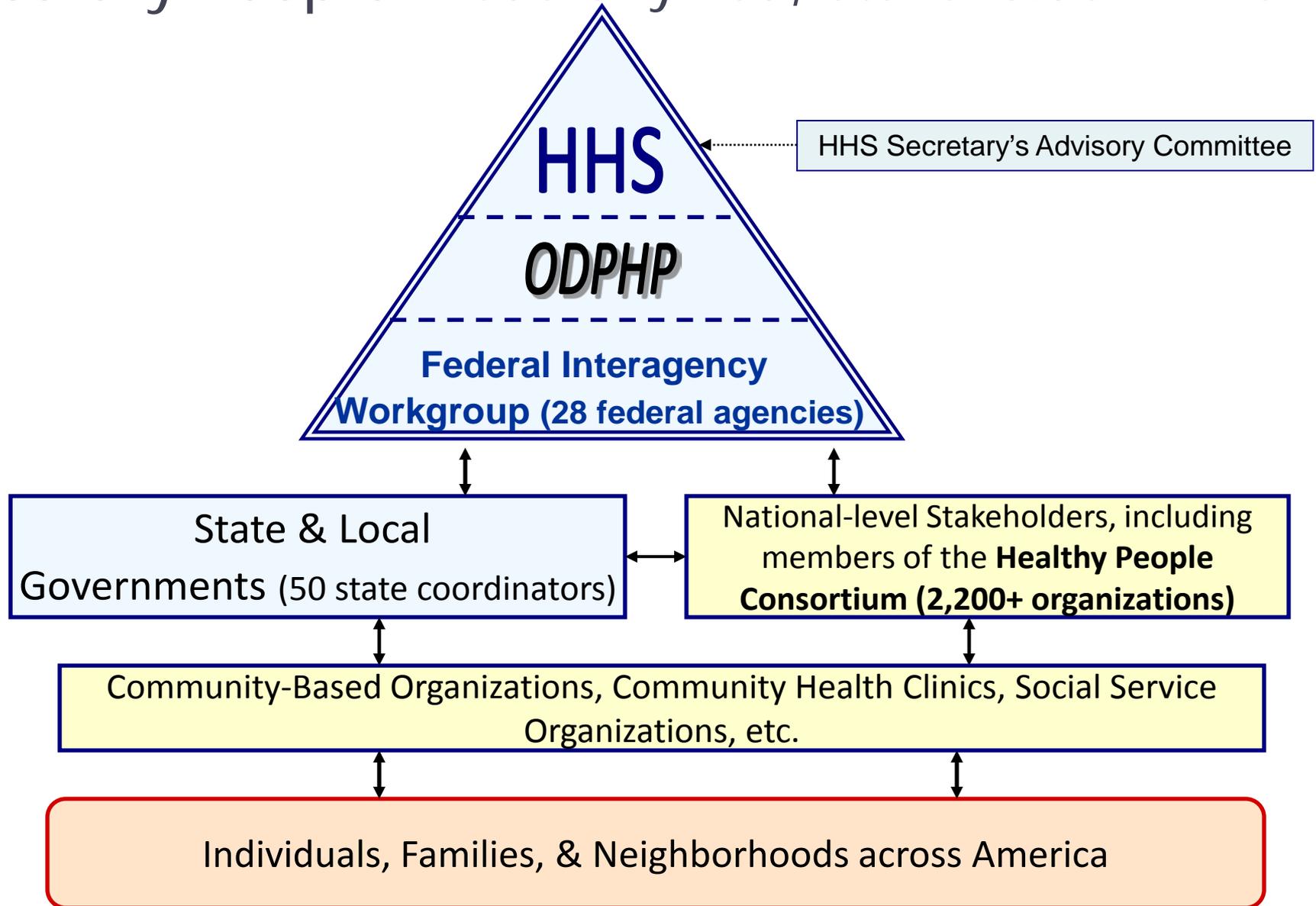
## Strengths

- Collaboration and consensus
- Wide array of diverse users
- Public access to data via internet
- Science- and evidence-based
- Data-driven
- Measurable objectives with targets

## Challenges

- Encyclopedic approach versus targeted effort
- Data source funding and development
- Implementation plan
- Technical assistance

# Healthy People: Federally Led, Stakeholder Driven



# Healthy People 2020: Framework

## Vision

A society in which all people live long, healthy lives.

## Mission

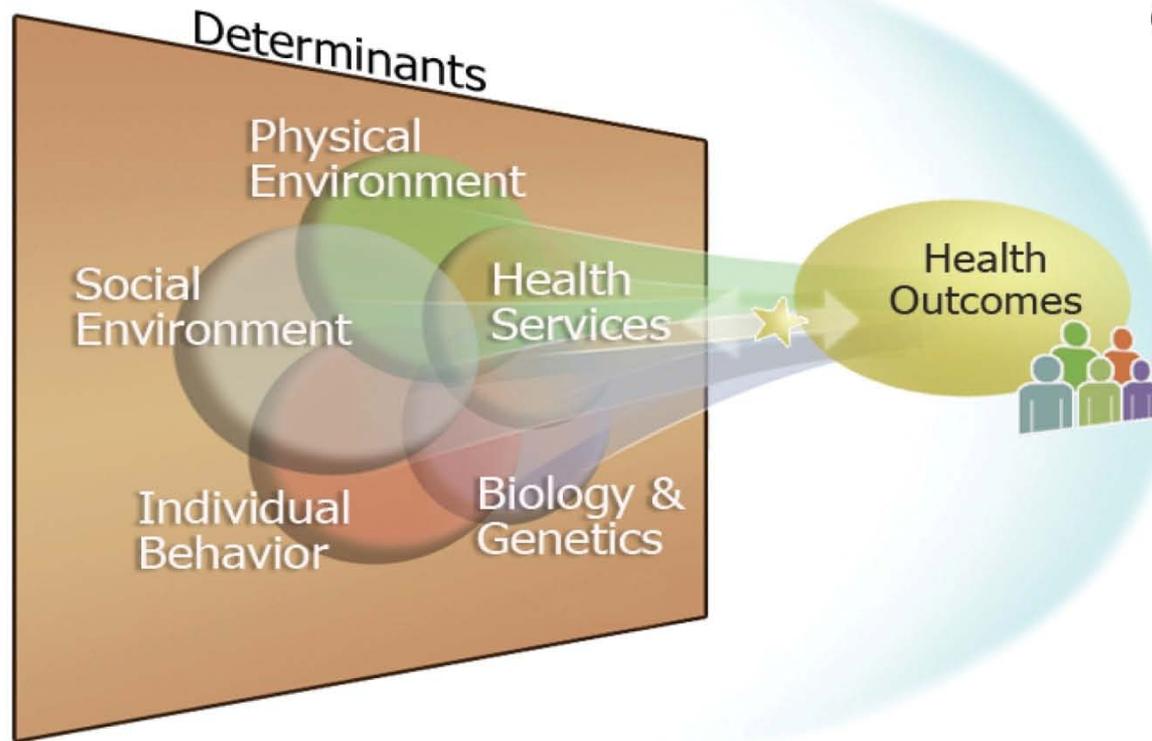
*Healthy People 2020 strives to:*

- Identify nationwide health improvement priorities;
- Increase public awareness and understanding of the determinants of health, disease, and disability and the opportunities for progress;
- Provide measurable objectives and goals that are applicable at the national, state, and local levels;
- Engage multiple sectors to take actions to strengthen policies and improve practices that are driven by the best available evidence and knowledge;
- Identify critical research, evaluation, and data collection needs.



# Healthy People 2020

*A society in which all people live long, healthy lives*



## Overarching Goals:

- Attain high quality, longer lives free of preventable disease, disability, injury, and premature death.
- Achieve health equity, eliminate disparities, and improve the health of all groups
- Create social and physical environments that promote good health for all.
- Promote quality of life, healthy development and healthy behaviors across all life stages.



# Healthy People 2020: New Topic Areas

- Life stages
  - Adolescent Health, Early and Middle Childhood, Older Adults
- Blood disorders and Blood Safety
- Dementia, including Alzheimer's Disease
- Genomics
- Global Health
- Healthcare Associated Infections
- LGBT Health
- Preparedness
- Quality of Life and Well-being
- Social Determinants of Health

# Healthy People 2020 Online

**Vision:** Create an engaging, user-centered Web site that gives new and existing users of Healthy People a platform to learn, collaborate, plan, and implement strategies to reach the 2020 objectives.



# Healthy People 2020

FOR MORE INFORMATION:

Office of Disease Prevention and Health Promotion  
US Department of Health and Human Services

Email: [HP2020@hhs.gov](mailto:HP2020@hhs.gov)

