

National Health and Nutrition Examination Survey 2005–2006

Documentation, Codebook, and Frequencies

Weight History 8-15 Years

Questionnaire

Survey Years:
2005 to 2006

SAS Transport File:
WHQMEC_D.XPT



December 2007

NHANES 2005–2006 Data Documentation

Questionnaire Section: Weight History 8-15 Years (WHQMEC_D)

First Published: December 2007

Last Revised: N/A

Component Description	The Weight History section of the Mobile Examination Center (MEC) Interview (variable name prefix WHQMEC) provides personal interview data on topics related to body weight in adolescents 8-15 years of age. These topics include self-perception of weight, reasons for losing weight, and methods used to lose weight.
Eligible Sample	The target sample for the questions in this section is adolescents age 8-15 years. Frequency counts were verified during the preparation of the file.
Interview Setting and Mode of Administration	<p>The questions were asked in the MEC Interview, using an interviewer-administered Computer Assisted Personal Interviewing (CAPI) system.</p> <p>For details on the administration of the Weight History (WHQMEC_D) section, please refer to the NHANES 2005-06 Interview Procedure Manuals and the Weight History (WHQMEC) Questionnaire on the NHANES website.</p>
Quality Assurance & Quality Control	For details on the QA/QC process for this component, please refer to the NHANES 2005-06 Interviewer Procedure Manuals on the NHANES website.
Data Processing and Editing	Three additional WHQ510 categories were created from Other (specify) responses: “I want to be skinny/I don’t want to be fat,” “I want to feel good/better about myself,” and “Because I’m fat/overweight.”
Analytic Notes	<p>Responses to WHQ030m, which asks if adolescents consider themselves now to be fat or overweight, too thin, or about the right weight, can be compared with proxy responses to WHQ030e in the Early Childhood (ECQ) questionnaire section.</p> <p>Exam sample weights should be used for analyses.</p> <p>Please refer to the Analytic Guidelines for further details on the use of sample weights and other analytic issues. The Analytic Guidelines are available on the NHANES website.</p>

References

None

Locator Record

Title: Weight History 8-15 Years (WHQMEC_D)

Contact Number: 1-866-441-NCHS

Years of Content: 2005–2006

First Published: December 2007

Revised: NA

Access Constraints: None

Use Constraints: None

Geographic Coverage: National

Subject: Personal interview data for adolescents, age 8-15 years, on topics related to body weight, including self-perception of weight, reasons for losing weight, and methods used to lose weight.

Record Source: NHANES 2005–2006

Survey Methodology: NHANES 2005–2006 is a stratified multistage probability sample of the civilian non-institutionalized population of the U.S.

Medium: NHANES Web site; SAS transport files

**National Health and Nutrition Examination Survey
Codebook for Data Production (2005-2006)**

**Questionnaire Section:
Weight History 8-15 Years (WHQMEC_D)**

December 2007



SEQN	Target
	B(8 Yrs. to 15 Yrs.)
Hard Edits	SAS Label
	Respondent sequence number
English Text: Respondent sequence number.	
English Instructions:	

WHQ030M	Target
	B(8 Yrs. to 15 Yrs.)
Hard Edits	SAS Label
	How do you consider your weight
English Text: Do you consider yourself now to be . . .	
English Instructions:	

Code or Value	Description	Count	Cumulative	Skip to Item
1	fat or overweight,	320	320	
2	too thin, or	119	439	
3	about the right weight?	1271	1710	
7	refused	1	1711	
9	don't know	4	1715	
.	Missing	114	1829	

WHQ500		Target		
		B(8 Yrs. to 15 Yrs.)		
Hard Edits		SAS Label		
		Trying to do about weight		
English Text: Which of the following are you trying to do about your weight:				
English Instructions:				
Code or Value	Description	Count	Cumulative	Skip to Item
1	lose weight,	626	626	
2	gain weight,	187	813	WHQ520
3	stay the same weight, or	442	1255	WHQ520
4	not trying to do anything about your weight?	459	1714	WHQ520
7	Refused	0	1714	WHQ520
9	Don't know	1	1715	WHQ520
.	Missing	114	1829	

WHQ510A		Target		
		B(8 Yrs. to 15 Yrs.)		
Hard Edits		SAS Label		
		Want to look better		
English Text: Why are you trying to lose weight?				
English Instructions: (Check all that apply). HAND CARD WHQ1.				
Code or Value	Description	Count	Cumulative	Skip to Item
10	I want to look better	192	192	
77	Refused	0	192	
99	Don't know	11	203	
.	Missing	1626	1829	

WHQ510B		Target		
		B(8 Yrs. to 15 Yrs.)		
Hard Edits		SAS Label		
		Want to be healthier		
English Text: Why are you trying to lose weight?				
English Instructions: (Check all that apply). HAND CARD WHQ1.				
Code or Value	Description	Count	Cumulative	Skip to Item
11	I want to be healthier	223	223	
.	Missing	1606	1829	

WHQ510C		Target		
		B(8 Yrs. to 15 Yrs.)		
Hard Edits		SAS Label		
		Want to be better at sports		
English Text: Why are you trying to lose weight?				
English Instructions: (Check all that apply). HAND CARD WHQ1.				
Code or Value	Description	Count	Cumulative	Skip to Item
12	I want to be better at sports and other physical activities	163	163	
.	Missing	1666	1829	

WHQ510D		Target		
		B(8 Yrs. to 15 Yrs.)		
Hard Edits		SAS Label		
		Get teased about my weight		
English Text: Why are you trying to lose weight?				
English Instructions: (Check all that apply). HAND CARD WHQ1.				
Code or Value	Description	Count	Cumulative	Skip to Item
13	I get teased about my weight	55	55	
.	Missing	1774	1829	

WHQ510E		Target		
		B(8 Yrs. to 15 Yrs.)		
Hard Edits		SAS Label		
		Think my clothes will fit better		
English Text: Why are you trying to lose weight?				
English Instructions: (Check all that apply). HAND CARD WHQ1.				
Code or Value	Description	Count	Cumulative	Skip to Item
14	I think my clothes will fit better	66	66	
.	Missing	1763	1829	

WHQ510F	Target			
	B(8 Yrs. to 15 Yrs.)			
Hard Edits	SAS Label			
	Think boys will like me better			
English Text: Why are you trying to lose weight?				
English Instructions: (Check all that apply). HAND CARD WHQ1.				
Code or Value	Description	Count	Cumulative	Skip to Item
15	I think boys will like me better	14	14	
.	Missing	1815	1829	

WHQ510G	Target			
	B(8 Yrs. to 15 Yrs.)			
Hard Edits	SAS Label			
	Think girls will like me better			
English Text: Why are you trying to lose weight?				
English Instructions: (Check all that apply). HAND CARD WHQ1.				
Code or Value	Description	Count	Cumulative	Skip to Item
16	I think girls will like me better	9	9	
.	Missing	1820	1829	

WHQ510H		Target		
		B(8 Yrs. to 15 Yrs.)		
Hard Edits		SAS Label		
		Friends are trying to lose weight		
English Text: Why are you trying to lose weight?				
English Instructions: (Check all that apply). HAND CARD WHQ1.				
Code or Value	Description	Count	Cumulative	Skip to Item
17	My friends are trying to lose weight	10	10	
.	Missing	1819	1829	

WHQ510I		Target		
		B(8 Yrs. to 15 Yrs.)		
Hard Edits		SAS Label		
		Someone in family trying to lose weight		
English Text: Why are you trying to lose weight?				
English Instructions: (Check all that apply). HAND CARD WHQ1.				
Code or Value	Description	Count	Cumulative	Skip to Item
18	Someone in my family is trying to lose weight	11	11	
.	Missing	1818	1829	

WHQ510J		Target		
		B(8 Yrs. to 15 Yrs.)		
Hard Edits		SAS Label		
		Mother/father wants me to lose weight		
English Text: Why are you trying to lose weight?				
English Instructions: (Check all that apply). HAND CARD WHQ1.				
Code or Value	Description	Count	Cumulative	Skip to Item
19	My mother or father wants me to lose weight	23	23	
.	Missing	1806	1829	

WHQ510K		Target		
		B(8 Yrs. to 15 Yrs.)		
Hard Edits		SAS Label		
		Teacher/coach wants me to lose weight		
English Text: Why are you trying to lose weight?				
English Instructions: (Check all that apply). HAND CARD WHQ1.				
Code or Value	Description	Count	Cumulative	Skip to Item
20	My teacher or coach wants me to lose weight	7	7	
.	Missing	1822	1829	

WHQ510L		Target		
		B(8 Yrs. to 15 Yrs.)		
Hard Edits		SAS Label		
		Health professional wants me lose weight		
English Text: Why are you trying to lose weight?				
English Instructions: (Check all that apply). HAND CARD WHQ1.				
Code or Value	Description	Count	Cumulative	Skip to Item
21	A doctor, nurse, or other health professional wants me to lose weight	21	21	
.	Missing	1808	1829	

WHQ510M		Target		
		B(8 Yrs. to 15 Yrs.)		
Hard Edits		SAS Label		
		Want to be skinny/don't want to be fat		
English Text: Why are you trying to lose weight?				
English Instructions: (Check all that apply). HAND CARD WHQ1.				
Code or Value	Description	Count	Cumulative	Skip to Item
22	I want to be skinny/I don't want to be fat	16	16	
.	Missing	1813	1829	

WHQ510N		Target		
		B(8 Yrs. to 15 Yrs.)		
Hard Edits		SAS Label		
		Want to feel good/better about self		
English Text: Why are you trying to lose weight?				
English Instructions: (Check all that apply). HAND CARD WHQ1.				
Code or Value	Description	Count	Cumulative	Skip to Item
24	I want to feel good/better about myself	8	8	
.	Missing	1821	1829	

WHQ510O		Target		
		B(8 Yrs. to 15 Yrs.)		
Hard Edits		SAS Label		
		Because I'm fat/overweight		
English Text: Why are you trying to lose weight?				
English Instructions: (Check all that apply). HAND CARD WHQ1.				
Code or Value	Description	Count	Cumulative	Skip to Item
25	Because I'm fat/overweight	22	22	
.	Missing	1807	1829	

WHQ510U		Target		
		B(8 Yrs. to 15 Yrs.)		
Hard Edits		SAS Label		
		Other reason		
English Text: Why are you trying to lose weight?				
English Instructions: (Check all that apply). HAND CARD WHQ1.				
Code or Value	Description	Count	Cumulative	Skip to Item
30	Other reason	18	18	
.	Missing	1811	1829	

WHQ520		Target		
		B(8 Yrs. to 15 Yrs.)		
Hard Edits		SAS Label		
		How often tried to lose weight		
English Text: In the past year, how often have you tried to lose weight? Would you say . . .				
English Instructions:				
Code or Value	Description	Count	Cumulative	Skip to Item
1	never,	859	859	
2	sometimes, or	680	1539	
3	a lot?	174	1713	
7	Refused	0	1713	
9	Don't know	1	1714	
.	Missing	115	1829	

WHQ530		Target		
		B(8 Yrs. to 15 Yrs.)		
Hard Edits		SAS Label		
		Been on a diet to lose weight		
English Text: In the past year, how often have you been on a diet to lose weight? Would you say . . .				
English Instructions:				
Code or Value	Description	Count	Cumulative	Skip to Item
1	never,	461	461	
2	sometimes, or	353	814	
3	a lot?	39	853	
7	Refused	0	853	
9	Don't know	2	855	
.	Missing	974	1829	

WHQ540		Target		
		B(8 Yrs. to 15 Yrs.)		
Hard Edits		SAS Label		
		Starved to lose weight		
English Text: In the past year, how often have you starved (not eaten) for a day or more to lose weight? Would you say . . .				
English Instructions:				
Code or Value	Description	Count	Cumulative	Skip to Item
1	never,	669	669	
2	sometimes, or	169	838	
3	a lot?	14	852	
7	Refused	0	852	
9	Don't know	2	854	
.	Missing	975	1829	

WHQ550		Target		
		B(8 Yrs. to 15 Yrs.)		
Hard Edits		SAS Label		
		Cut back on eating to lose weight		
English Text: In the past year, how often have you cut back on what you ate to lose weight? Would you say . . .				
English Instructions:				
Code or Value	Description	Count	Cumulative	Skip to Item
1	never,	232	232	
2	sometimes, or	523	755	
3	a lot?	92	847	
7	Refused	0	847	
9	Don't know	7	854	
.	Missing	975	1829	

WHQ560		Target		
		B(8 Yrs. to 15 Yrs.)		
Hard Edits		SAS Label		
		Skipped meals to lose weight		
English Text: In the past year, how often have you skipped meals to lose weight? Would you say . . .				
English Instructions:				
Code or Value	Description	Count	Cumulative	Skip to Item
1	never,	507	507	
2	sometimes, or	293	800	
3	a lot?	51	851	
7	Refused	0	851	
9	Don't know	3	854	
.	Missing	975	1829	

WHQ570		Target		
		B(8 Yrs. to 15 Yrs.)		
Hard Edits		SAS Label		
		Exercised to lose weight		
English Text: In the past year, how often have you exercised to lose weight? Would you say . . .				
English Instructions:				
Code or Value	Description	Count	Cumulative	Skip to Item
1	never,	59	59	
2	sometimes, or	443	502	
3	a lot?	352	854	
7	Refused	0	854	
9	Don't know	0	854	
.	Missing	975	1829	

WHQ580		Target		
		B(8 Yrs. to 15 Yrs.)		
Hard Edits		SAS Label		
		Eaten less sweets or fatty foods		
English Text: In the past year, how often have you eaten less sweets or fatty foods to lose weight? Would you say . . .				
English Instructions:				
Code or Value	Description	Count	Cumulative	Skip to Item
1	never,	146	146	
2	sometimes, or	562	708	
3	a lot?	145	853	
7	Refused	0	853	
9	Don't know	1	854	
.	Missing	975	1829	