

**National Health and Nutrition Examination Survey  
Codebook for Data Release (2001-2002)**

**MEC Examination  
Muscle Strength (MSX\_B)**

**Person level data -- use Examination Weights for analysis**

**May 2004**

<b>SEQN</b>	<b>Target</b>
	B(50 Yrs. to 150 Yrs.)
<b>Hard Edits</b>	<b>SAS Label</b>
	Respondent sequence number
<b>English Text:</b> Respondent sequence number	
<b>English Instructions:</b>	

<b>MSAEXLEN</b>	<b>Target</b>
	B(50 Yrs. to 150 Yrs.)
<b>Hard Edits</b>	<b>SAS Label</b>
	Timed walk & muscle strength time (sec)
<b>English Text:</b> Timed walk & muscle strength time (sec)	
<b>English Instructions:</b>	

<b>MSAEXSTS</b>	<b>Target</b>
	B(50 Yrs. to 150 Yrs.)
<b>Hard Edits</b>	<b>SAS Label</b>
	Timed walk and muscle strength status
<b>English Text:</b> Timed walk and muscle strength status	
<b>English Instructions:</b>	
<b>Codes:</b>	<b>Skip To Values:</b>
1= Complete	
2= Partial	
3= Not done	

<b>MSAEXCMT</b>	<b>Target</b>
	B(50 Yrs. to 150 Yrs.)

Hard Edits	SAS Label
	Timed walk and muscle strength comments
<b>English Text:</b> Timed walk and muscle strength comments	
<b>English Instructions:</b>	
<p><b>Codes:</b></p> <ul style="list-style-type: none"> <li>0= None</li> <li>1= Safety exclusion</li> <li>2= SP refusal</li> <li>3= No time</li> <li>4= Physical limitation</li> <li>5= Communication problem</li> <li>6= Equipment failure</li> <li>7= SP ill/emergency</li> <li>8= Awaiting pregnancy results</li> <li>9= Body cast</li> <li>10= Did not meet return requirement</li> <li>11= Data effect</li> <li>12= Eye specific limitation</li> <li>13= Inability to lie still</li> <li>14= Interrupted</li> <li>15= Invalid pregnancy test</li> <li>16= Missing meal or food</li> <li>17= Missing time periods</li> <li>18= Needs DR</li> <li>19= Needs edit</li> <li>20= Not enough hair</li> <li>22= Pain or discomfort</li> <li>23= Poor cuff fit</li> <li>24= Priority 1 stopping criteria</li> <li>25= Priority 2 stopping criteria</li> <li>26= Protocol change</li> <li>27= Proxy no information</li> <li>28= Race/ethnicity</li> <li>29= SP did not meet fast</li> <li>30= SP failed test(s)</li> <li>31= SP in supine position</li> <li>32= SP moved during procedure</li> </ul>	<p><b>Skip To Values:</b></p>

33= SP not pregnant  
34= SP pregnant  
35= Stage 1 & stage 2 hr manually entered  
36= Stage 1 hr manually entered  
37= Stage 2 hr manually entered  
38= Technical difficulty  
39= Unable to calculate protocol  
40= Unable to follow protocol  
41= Width exceeds scan table  
42= Alternative protocol used  
43= Weight limitation on equipment  
46= Result based on single run  
48= No test kit available  
49= Urine not collected  
50= Control results invalid  
51= SP unable to comply  
52= Quantity not sufficient  
53= Laboratory error  
54= Collected in field office  
55= Exceeds height limitation  
56= Came late/left early  
57= Needs phone follow-up  
58= Unable to obtain all bps  
59= Unable to compress ankle artery  
60= Problem obtaining bp  
61= Problem obtaining hr  
62= Problem with data capture  
63= Problem with electrodes  
64= Problem with bp cuff  
65= Problem with treadmill controller  
66= Data acquisition problems  
67= Needs blood draw  
68= Needs questionnaire  
69= Collected in home  
70= No diff results/diff voteout  
71= Results repeated and confirmed  
72= Error (technician/software/supply)  
74= Last 2 days of stand

75= SP not staying in primary residence  
 76= Cross stand SP  
 78= Clotted  
 80= SP Can't Read  
 81= Awaiting completion of physician's exam  
 83= SP Inconsolable  
 84= SP with child  
 85= Prematurely unblocked  
 99= Other, specify

<b>MSDEXCLU</b>	<b>Target</b>
	B(50 Yrs. to 150 Yrs.)
<b>Hard Edits</b>	<b>SAS Label</b>
	Exclusion criteria for muscle strength
<b>English Text:</b> Exclusion criteria for muscle strength	
<b>English Instructions:</b>	
<b>Codes:</b>	<b>Skip To Values:</b>
1= Chest/abdomen surgery past three weeks	
2= Myocardial infarction (or"heart attack") in the past six weeks	
3= Told by dr had aneurysm in the brain or had a stroke	
4= Have severe neck or back pain today	
5= Difficult in bending or straightening right knee	
6= Had right knee or right hip replacement	

<b>MSXW20TM</b>	<b>Target</b>
	B(50 Yrs. to 150 Yrs.)
<b>Hard Edits</b>	<b>SAS Label</b>
	Time to complete 20 ft walk:
<b>English Text:</b> Time to complete 20 ft walk (in seconds):	
<b>English Instructions:</b>	

<b>MSXW08TM</b>	<b>Target</b>
	B(50 Yrs. to 150 Yrs.)
<b>Hard Edits</b>	<b>SAS Label</b>
	Time to complete 8 ft walk:

**English Text:** Time to complete 8 ft walk (in seconds):

**English Instructions:**

<b>MSXWPAIN</b>	<b>Target</b>
	B(50 Yrs. to 150 Yrs.)
<b>Hard Edits</b>	<b>SAS Label</b>
	Pain reported on walking:

**English Text:** Pain reported on walking:

**English Instructions:**

<b>Codes:</b>	<b>Skip To Values:</b>
1= Yes	
2= No	

<b>MSAWDEV</b>	<b>Target</b>
	B(50 Yrs. to 150 Yrs.)
<b>Hard Edits</b>	<b>SAS Label</b>
	Type of device used:

**English Text:** Type of device used:

**English Instructions:**

<b>Codes:</b>	<b>Skip To Values:</b>
1= None	
2= Cane	
3= Walker	
4= Other	

<b>MSDPTIME</b>	<b>Target</b>
	B(50 Yrs. to 150 Yrs.)
<b>Hard Edits</b>	<b>SAS Label</b>
	Time to peak force in seconds

**English Text:** Time to peak force in seconds

**English Instructions:**

<b>MSDPFANG</b>	<b>Target</b>
	B(50 Yrs. to 150 Yrs.)
<b>Hard Edits</b>	<b>SAS Label</b>

	Angle of peak force (degrees)
<b>English Text:</b> Angle of peak force (degrees)	
<b>English Instructions:</b>	

<b>MSXARML</b>	<b>Target</b>
	B(50 Yrs. to 150 Yrs.)
<b>Hard Edits</b>	<b>SAS Label</b>
	Arm length cm
<b>English Text:</b> Arm length cm	
<b>English Instructions:</b>	

<b>MSXGRAV</b>	<b>Target</b>
	B(50 Yrs. to 150 Yrs.)
<b>Hard Edits</b>	<b>SAS Label</b>
	Gravity Correction in Lb
<b>English Text:</b> Gravity Correction in Lb	
<b>English Instructions:</b>	

<b>MSDPFVEL</b>	<b>Target</b>
	B(50 Yrs. to 150 Yrs.)
<b>Hard Edits</b>	<b>SAS Label</b>
	Peak force velocity degree/seconds
<b>English Text:</b> Peak force velocity degree/seconds	
<b>English Instructions:</b>	

<b>MSDPF</b>	<b>Target</b>
	B(50 Yrs. to 150 Yrs.)
<b>Hard Edits</b>	<b>SAS Label</b>
	Peak force (Newtons)
<b>English Text:</b> Peak force (Newtons)	
<b>English Instructions:</b>	

<b>MSDNTR</b>	<b>Target</b>
	B(50 Yrs. to 150 Yrs.)
<b>Hard Edits</b>	<b>SAS Label</b>

	Number of trials
<b>English Text:</b> Number of trials	
<b>English Instructions:</b>	

<b>MSDAPF</b>	<b>Target</b>
	B(50 Yrs. to 150 Yrs.)
<b>Hard Edits</b>	<b>SAS Label</b>
	Average peak force (Newtons)
<b>English Text:</b> Average peak force (Newtons)	
<b>English Instructions:</b>	

<b>MSDPFTR</b>	<b>Target</b>
	B(50 Yrs. to 150 Yrs.)
<b>Hard Edits</b>	<b>SAS Label</b>
	The selected peak force trial
<b>English Text:</b> The selected peak force trial	
<b>English Instructions:</b>	