# Trends in Circumcision for Male Newborns in U.S. Hospitals: 1979–2010

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This report provides estimates of male newborn circumcisions performed during the birth hospitalization. Using data from the National Hospital Discharge Survey (NHDS), annual rates of newborn circumcision are presented for 1979–2010. National and regional rates are shown in both tabular and graphical form, and trends across the 32-year period are discussed. Note that these estimates do not include circumcisions performed outside the hospital setting (e.g., ritual circumcisions) or those performed at any age following discharge from the birth hospitalization. Thus, these rates cannot be used as prevalence estimates for all male circumcisions in the United States.

#### National trends

Across the 32-year period from 1979 through 2010, the national rate of newborn circumcision declined 10% overall, from 64.5% to 58.3% (<u>Table</u> and <u>Figure 1</u>). During this time, the overall percentage of newborns circumcised during their birth hospitalization was highest in 1981 at 64.9%, and lowest in 2007 at 55.4%.

However, rates fluctuated during this period, generally declining during the 1980s, rising in the 1990s, and declining again in the early years of the 21st century. These changes occurred during a period of changing guidance on routine newborn circumcision. For example, American Academy of Pediatrics' (AAP) task force reports during the 1970s (<u>1,2</u>) stated there was no medical indication for routine circumcision of the newborn; AAP revised its position in 1989 (<u>3</u>), stating there were potential medical benefits to newborn circumcision; and then in 1999 (<u>4</u>), an AAP policy statement said that, despite potential medical benefits of newborn male circumcision, there was insufficient evidence to recommend routine circumcision of newborns.

#### **Regional trends**

Newborn circumcision rates for the four U.S. census regions showed distinctly different patterns (Table and Figure 2). For newborns in the Northeast, the overall trend was flat across the 32 years, and no discernible patterns were evident, although annual rates varied between 60.7% (in 2007) and 69.6% (in 1994). In the Midwest, fluctuations in newborn circumcision rates generally mirrored trends in the national rate: declining until the mid-1980s, increasing until 1998, and then declining again through 2010. Rates ranged between 82.9% in 1998 and 68.8% in 2009. In the South, rates of newborn circumcision generally increased from 1979 until 1998, after which they declined. These rates ranged between 53.8% (in 1988) and 66.1% (in 1995). In marked contrast was the trend for the West. Over the 32-year period, the percentage of newborns receiving circumcision at birth decreased 37%, from 63.9% in 1979 to 40.2% in 2010. Most of this decrease occurred in the 1980s, with the rate dropping to 41.0% in 1989. Rates continued to decrease through 2010, with a low of 31.4% in 2003.





#### **Data sources and methods**

This report is based on data from NHDS, conducted by the Centers for Disease Control and Prevention's National Center for Health Statistics (NCHS) from 1965 through 2010. Data on newborn circumcision performed during the birth hospitalization have been collected in NHDS since 1979, when the *International Classification of Diseases, Ninth Revision, Clinical Modification* (ICD–9–CM) (<u>5</u>) was instituted. NHDS is the only source of reliable, national, historical data on male newborn circumcision performed during the birth hospitalization.

Circumcision rates for male neonates, based on NHDS data for 1999–2008, were reported and compared with those based on other data sources (i.e., the Nationwide Inpatient Sample from the Agency for Healthcare Research and Quality, and the Charge Data Master from SDI Health, Plymouth Meeting, PA) (<u>6</u>). Observed decreases in the incidence of the procedure differed among the data sources, but the maximum absolute difference for any given year was less than 6%.

NHDS employed a stratified, clustered, multistage sampling design that produces unbiased national and regional estimates of hospital utilization in the United States. Data were collected from a sample of discharges selected from a national probability sample of nonfederal, short-stay hospitals. This analysis focused only on male newborn infants born during the sampled hospitalization. Circumcision was identified by the presence of ICD–9–CM procedure code 64.0 on the discharge record.

Newborn circumcision rates over the 1979–2010 period were analyzed using JoinPoint (7), a statistical software program that detects discontinuities in trend lines and tests whether apparent changes in the slope of the trend line are statistically significant. Separate joinpoint models were fitted for the national newborn circumcision rate, as well as for each of the four census regions (Northeast, Midwest, South, and West). The best fit was determined by a series of permutation tests that attempt to fit the data to the smallest number of joinpoints. Statements made about differences, including those referring to increasing or decreasing trends, have been tested and found to be statistically significant. Statistical significance was determined based on an alpha level of 0.05.

Additional NHDS publications on a range of topics are available from the NCHS website: <u>http://www.cdc.gov/nchs/nhds.htm</u>. Public-use electronic data sets are downloadable from the Web, and restricted-format data files are accessible only through the NCHS Research Data Center to authorized users.

## References

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### **Figures**





Table. Estimated number of male newborn infants discharged from short-stay hospitals, and percentage circumcised during birth hospitalization, by geographic region: United States, 1979-2010

	All regions			Northeast			Midwest			South			West		
Year	Male newborns	Percent circumcised	SE												
1979	1,906,000	64.5	2.7	375,000	66.2	3.5	534,000	74.3	2.5	642,000	55.8	6.3	355,000	63.9	3.1
1980	1,950,000	64.7	2.5	376,000	67.4	2.7	531,000	75.9	2.9	676,000	56.0	5.4	366,000	61.8	3.6
1981	1,987,000	64.9	2.5	383,000	66.5	2.6	543,000	77.5	2.4	663,000	58.4	6.0	398,000	57.2	3.8
1982	2,020,000	62.5	2.5	380,000	63.4	2.7	515,000	75.9	2.4	707,000	57.3	5.9	417,000	54.3	4.3
1983	1,972,000	63.2	3.0	374,000	69.2	2.7	482,000	74.9	3.4	712,000	58.1	6.8	403,000	52.7	4.7
1984	2,003,000	62.4	2.7	356,000	68.2	3.1	488,000	75.1	2.5	761,000	58.3	6.0	398,000	49.4	4.5
1985	1,953,000	59.5	2.9	339,000	65.2	3.6	469,000	70.5	2.9	701,000	56.0	6.5	445,000	49.0	5.3
1986	1,954,000	59.4	2.2	360,000	67.9	3.1	472,000	71.8	2.6	656,000	57.5	4.4	466,000	43.0	5.6
1987	2,033,000	58.6	2.7	369,000	68.6	2.8	480,000	73.1	2.8	683,000	54.7	6.1	501,000	42.4	5.5
1988	1,882,000	58.0	2.2	373,000	63.2	2.9	443,000	72.6	4.1	614,000	53.8	3.3	452,000	45.2	5.9
1989	1,989,000	58.8	2.5	392,000	63.2	3.6	481,000	74.0	4.0	644,000	57.9	3.2	472,000	41.0	6.3
1990	1,982,000	59.0	2.2	379,000	62.6	3.6	449,000	76.0	2.9	693,000	57.1	3.3	461,000	42.4	5.5
1991	2,003,000	61.1	1.9	366,000	62.4	3.2	465,000	78.2	2.6	685,000	63.6	3.1	487,000	40.4	4.5
1992	1,926,000	60.7	1.8	365,000	67.6	2.4	424,000	78.2	2.8	656,000	62.6	3.3	482,000	37.5	4.0
1993	1,823,000	59.5	2.0	350,000	65.2	2.9	408,000	75.6	2.9	651,000	61.4	3.2	414,000	35.5	5.0
1994	1,935,000	62.0	1.9	377,000	69.6	2.7	431,000	79.9	1.9	681,000	64.7	3.0	445,000	34.2	4.5
1995	1,872,000	64.1	1.9	364,000	68.3	2.2	397,000	79.8	2.2	688,000	66.1	3.5	423,000	42.6	4.7
1996	1,999,000	60.2	2.3	331,000	66.5	3.2	422,000	80.9	2.4	696,000	63.6	3.3	550,000	36.3	5.0
1997	1,931,000	62.8	2.1	296,000	68.3	2.2	440,000	81.6	2.2	740,000	64.5	3.6	454,000	38.0	5.3
1998	1,976,000	63.2	1.9	382,000	68.0	2.6	440,000	82.9	1.6	689,000	64.6	3.6	465,000	38.3	4.7
1999	1,893,000	61.5	1.7	348,000	65.4	2.5	416,000	81.4	1.3	673,000	64.1	2.9	456,000	36.7	4.6
2000	1,869,000	62.4	1.9	396,000	64.6	2.7	405,000	81.4	1.7	686,000	63.9	3.1	382,000	37.3	5.6
2001	1,866,000	63.1	2.0	382,000	66.9	2.8	395,000	81.0	1.5	723,000	62.5	3.6	365,000	40.9	5.9
2002	1,940,000	60.1	2.2	369,000	68.9	2.6	385,000	81.0	1.7	679,000	64.0	3.7	507,000	32.6	5.0
2003	2,018,000	55.9	2.3	364,000	64.7	3.0	397,000	77.8	1.8	719,000	57.7	4.0	538,000	31.4	4.9
2004	2,020,000	57.4	2.2	363,000	66.4	2.1	419,000	79.5	2.2	724,000	58.5	3.9	515,000	31.7	5.1
2005	2,044,000	57.3	2.1	379,000	66.9	2.1	420,000	78.7	2.1	719,000	58.7	3.0	526,000	31.5	4.9
2006	2,041,000	56.1	2.2	352,000	63.6	1.9	424,000	77.9	1.9	760,000	55.3	3.4	505,000	33.8	4.9
2007	2,104,000	55.4	2.0	364,000	60.7	3.0	443,000	79.6	2.3	775,000	54.9	3.2	521,000	32.0	4.3
2008	2,138,000	55.9	4.1	340,000	65.3	4.3	420,000	71.1	5.2	824,000	54.6	4.7	555,000	40.5	11.9
2009	2,100,000	56.2	3.8	345,000	65.4	3.1	450,000	68.8	6.2	801,000	56.0	4.5	504,000	39.0	11.7
2010	2,029,000	58.3	3.6	350,000	66.3	4.0	421,000	71.0	4.1	799,000	58.4	4.8	460,000	40.2	11.7

NOTES: Circumcision is identified by International Classification of Diseases, Ninth Revision, Clinical Modification (ICD-9-CM) procedure code 64.0. SE is standard error of the percentage. Estimated numbers are rounded to thousands.

SOURCE: CDC/NCHS, National Hospital Discharge Survey, 1979-2010.