



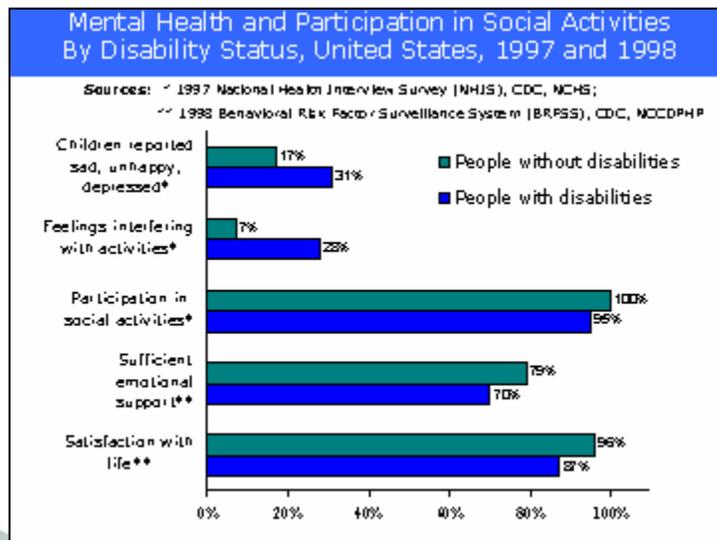
Healthy People with Disabilities in HP2010 Chapter 6



Healthy People 2010 (HP2010) features a new focus area on Disability highlighted by 13 objectives in Chapter 6, **Disability and Secondary Conditions**. www.cdc.gov/ncbddd/dh

- 6-1 Include in the core of HP2010 surveillance tools a standard set of questions that identify people with disabilities.
- 6-2 Reduce the proportion of youth with disabilities who are reportedly sad, unhappy, or depressed.
- 6-3 Reduce the proportion of adults with disabilities who report feelings, such as sadness, unhappiness, or depression, that prevent them from being active.
- 6-4 Increase the proportion of adults with disabilities who participate in social activities.
- 6-5 Increase the proportion of adults with disabilities who report having sufficient emotional support.
- 6-6 Increase the proportion of adults with disabilities who report satisfaction with life.
- 6-7 Reduce the number of children, youth, and adults with disabilities placed in congregate care facilities (group residential settings with rotating staff), in a manner that seeks a permanent living arrangement that will facilitate and enhance growth and development.
- 6-8 Eliminate employment rate disparities between working-aged (ages 18 to 62) adults with and without disabilities.
- 6-9 Increase the proportion of children and youth 6 to 21 years old with disabilities who spend at least 80% of their time in regular education programs
- 6-10 Increase the proportion of health, wellness, and treatment programs and facilities that provide full access for people with disabilities.
- 6-11 Reduce the proportion of people with disabilities who report not having the assistive devices and technology they need.
- 6-12 Reduce the proportion of people with disabilities who report encountering environmental barriers to participating in home, school, work, or community activities.
- 6-13 Increase the number of states that have public health surveillance and health promotion programs for people with disabilities and their caregivers.

Several important principles guided the development of Chapter 6 including: 1) coordinating input with disability constituents; 2) valuing the health and well-being of people with disabilities; 3) using the World Health Organization www.who.int/dsa international framework for understanding disability; 4) assessing environmental contributors to the disabling process; 5) complying with federal and state legislation and guidelines for accessibility; and 6) embracing the standardization of public health surveys to include people with disabilities. Efforts in the United States now focus on achieving the objectives by 2010.



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The overarching Healthy People 2010 goals are to increase quality and years of healthy life and to eliminate disparities. The bar graph depicted below highlights the disparities between people with and without disabilities noted in Chapter 6, Disability and Secondary Conditions.

Healthy People is a detailed national plan intended to encourage and guide federal, state, local, private, and community health promotion and wellness activities and policies to improve the health of Americans. The United States Department of Health and Human Services reformulates this plan every 10 years in coordination with other public health agencies and partners. The two-volume HP2010 plan can be obtained at www.health.gov/healthypeople.

The Centers for Disease Control and Prevention (CDC) protects people's health and safety by preventing and controlling diseases and injuries; enhances health decisions by providing credible information on critical health issues; and promotes healthy living through strong partnerships with local, national, and international organizations.

September 6, 2001
NCBDDD Pub

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