

SAVE THE DATE

The Division of Blood Disorders (DBD) is proud to announce its “Webinar Series on Bleeding and Clotting Disorders.” This webinar series provides evidence-based information on new research, interventions, emerging issues of interest in blood disorders, as well as innovative approaches in collaborations and partnerships.

To participate, please log on to view the content and dial in to hear the audio. Please visit: <https://www.livemeeting.com/cc/cdc/join?id=P35QMK&role=attend>. Enter the meeting ID: **P35QMK** and click “join.” Dial the toll-free number: **1 (866) 692-4541** and enter the participant code: **13565573**.

TOPIC

Understanding Deep Vein Thrombosis (DVT): What Everyone Needs to Know

GUEST PRESENTER



Beth Waldron, MA

Beth Waldron is a survivor of DVT and pulmonary embolism (PE). She is also the founding director of Clot Connect, a thrombosis education outreach program based at the University of North Carolina at Chapel Hill.

WHEN

THURSDAY, MARCH 6, 2014
2:00–3:00pm EST

WEBINAR DESCRIPTION

March is deep vein thrombosis (DVT) awareness month. DVT occurs when a blood clot forms in a large vein. If part of the clot breaks off and travels to the lung, it can cause a potentially fatal complication known as a pulmonary embolism (PE). DVT and PE represent a major public health problem in the United States. Estimates suggest that as many as 60,000 to 100,000 Americans die each year as a result of a blood clot. Many people with DVT/PE have complications that can greatly impact their quality of life. The good news is that many blood clots and complications can be prevented. It is important for people to be able to recognize the warning signs and symptoms and know when to seek care. In this webinar, Beth Waldron discusses how people can be proactive in the prevention and management of DVT/PE.

LEARNING OBJECTIVES

At the end of this webinar, attendees will be able to:

- ▶ Define DVT and PE
- ▶ List at least three risks for DVT and PE
- ▶ Recognize at least three symptoms of DVT and PE
- ▶ Identify at least two ways to prevent DVT and PE
- ▶ Learn at least one new way to talk with your doctor about DVT

WHO SHOULD ATTEND

This webinar is free and open to all who are interested in learning the basics about blood clots. Topics include risks, signs, and symptoms of DVT and PE as well as prevention practices.

For more information about the webinar, please contact Cynthia Sayers at cay1@cdc.gov or **404-498-0020**.

National Center on Birth Defects and Developmental Disabilities
Division of Blood Disorders

