#### National Center for Emerging and Zoonotic Infectious Diseases



# Summary of Activities Related to ME/CFS Workforce Development

**After 2015 IOM Report** 

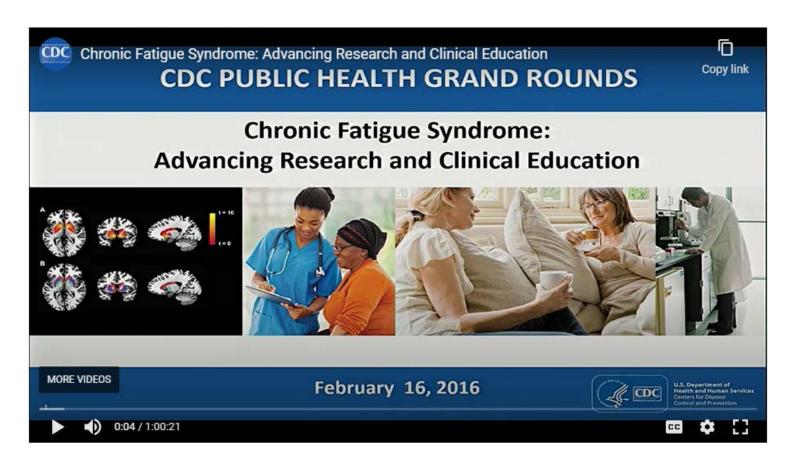
Interagency ME/CFS Workgroup Meeting February 25, 2021

Elizabeth Unger, MD, PhD

#### **How We Conducted Activities**

- Audience
  - Healthcare Providers
    - Primary Care, Pediatrics, Nursing Professionals
    - Residents and Medical Students
  - Public Health Professionals
  - General Public
  - Patients and Caregivers
- Channel
  - Continuing Education, Public Health Grand Rounds, Peer-Review Publications, CDC Website, Roundtable Meetings

#### **Public Health Grand Rounds**



- Unique CDC forum to educate healthcare providers and public health professionals
- Used to introduce IOM clinical case definition and review knowledge about ME/CFS
- Included CME, publication in MMWR, and "Beyond the Data" clip

https://www.cdc.gov/grand-rounds/pp/2016/20160216-chronic-fatigue.html https://www.cdc.gov/mmwr/volumes/65/wr/mm655051a4.htm

#### **Continuing Medical Education**

- Medscape Partnership—Three CME courses with over 42,000 learners
  - Roundtable—Diagnosing Myalgic Encephalomyelitis/Chronic Fatigue
    Syndrome: The Experts Weigh In
  - ME/CFS: Case-Based Learning
  - ME/CFS: Test your strength and knowledge gaps
- Medscape Expert Commentary
- MedEd Portal publication
- CMEs sponsored through professional organizations
  - National Association of School Nurses
  - Georgia Chapter American Association of Pediatrics
- Assistance to third party websites
  - Discussion with UptoDate, Mayo Clinic, U Pittsburgh EMS Module

### **Facilitating Knowledge Sharing**

- Roundtable meetings 2016 and 2018
- Engage government, patient advocates, professional medical organizations, research groups in dialogue
  - ME/CFS case definition
  - Health educational materials (patient and provider toolkits)
- ME/CFS Stakeholder Engagement Communications (SEC) Calls
  - Ongoing since 2012, 2-3 calls per year

## CDC ME/CFS Website—English and Spanish

- Section for ME/CFS in Children
- Section for Healthcare Professionals
- Voice of the Patient Series
- ME/CFS International Awareness Day—CDC Features
  - CDC Public Health Matters Blog
  - Our Global Voices Blog
- Public Service Announcement Video
- Two clinician videos on diagnosing and managing ME/CFS

## Thank you

For more information, contact CDC 1-800-CDC-INFO (232-4636)

TTY: 1-888-232-6348 www.cdc.gov

The findings and conclusions in this report are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention.

