Wheel of Health Guide



What is a Wheel of Health?

This educational tool is designed to help staff educate their clients about hepatitis B. The paper-based wheel can be used start a conversation when engaging with clients in the clinic, at health fairs or testing events. Here's how to use the wheel:

- 1. Each slide of the wheel has one statement of Hep B that is true or false
- 2. Clients can spin the wheel and land on a statement
- 3. They can then state whether the statement is true or false
- 4. Staff can share the correct answer and elaborate as needed

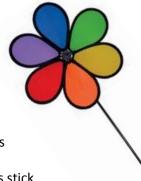
How to make a Wheel of Health

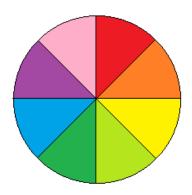
Option 1

- 1. Buy a spinning flower at a discount or craft store
- 2. Cut a zip tie so it measures two inches
- 3. Tie the zip-tie to the back of the stick and tighten
- 4. Make sure it's positioned so it scratches each of the petals when the wheel spins
- 5. Use a sharpie to write the Hepatitis B true/false statements on the petals
- 6. Cut an arrow our of thick paper or cardboard and tape it to the spinning flower's stick
- 7. Video instructions are available here: https://www.youtube.com/watch?v=iIXwxkNgtxA

Option 2

- 1. Draw a circle on a poster board, which is circle A.
- 2. Draw a circle in a same size on a paper, which is circle B.
- 3. Cut out both circle A and circle B
- 4. Divide circle B into 10 pies equally.
- 5. Fill out each pie with different colors and write the true/false questions on each pie.
- 6. Cut out each pie on circle B
- 7. Place each pie on circle A side by side to make circle A full of pies from circle B
- 8. Create a hole in the center of the new circle (A+B)
- 9. Place the circle on a bigger board
- 10. Place a screw at the center of the circle (A+B)
- 11. Draw a warning sign on a paperboard then cut it out
- 12. Paste the warning sign on the screw
- 13. Add a short stick between each pie
- 14. Draw an arrow on a paperboard then cut it out
- 15. Paste the arrow above the circle
- 16. Write the title on the larger board
- 17. Video instructions are available here: https://www.youtube.com/watch?v=DCcEl6MbDkg







HOW WELL DO YOU KNOW

HEPATITIS B

