

Participate in CDC's Medical Monitoring Project to Help Improve Quality of Life for People with HIV



What is the Medical Monitoring Project (MMP)?

MMP is an annual survey that collects information about the lived experiences of people with HIV in the United States. Information collected from the survey is used to help people with HIV get care and treatment and connect them with services they need. MMP data are key to meeting national HIV prevention and care goals.

Why should I take part in MMP?

The information you share about your lived experiences with HIV care and treatment can help shape policies and make sure that services meet the real-life needs of people with HIV. **Your experience matters.**

Take part in MMP to help:

Inform policy and improve quality of life by sharing your experiences with:



Affording food



Having a place to live



Facing HIV stigma



Getting mental health care

Improve access to care and treatment by:



Informing clinical guidelines



Improving coverage of medications for people with HIV



Guiding local program planning and decision-making

CDC used MMP data to make the recommendation that **all people with HIV should receive the hepatitis A vaccine.**

MMP data helped expand the drug options for **managing blood pressure and diabetes for people with HIV** in Pennsylvania and Texas.

MMP data have been used to **improve care outcomes and access to care** among people with HIV—including through the Ryan White HIV/AIDS Program.

Link people with HIV to services including:



Be Heard! Your experience matters. In an hour or less, you can help improve quality of life for people with HIV in your community. Taking part in MMP is voluntary and confidential.

To learn more about MMP, please visit: www.cdc.gov/hiv/statistics/systems/mmp



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