

# CDC's Medical Monitoring Project Improves the Lives of People with HIV



## What is the Medical Monitoring Project (MMP)?

MMP is an annual survey that collects information about the lived experiences of people with HIV in the United States. CDC and its partners use MMP data to track progress toward national goals and help improve the health and well-being of people with HIV.

## How are MMP data used?

Inform policy and guide efforts to improve quality of life by reporting how many people:



Can afford food



Have a place to live



Live free from HIV stigma



Receive the mental health care they need

Improve access to care and treatment by:



Informing clinical guidelines



Improving coverage of medications for people with HIV



Guiding local program planning and decision-making

CDC used MMP data to make the recommendation that **all people with HIV should receive the hepatitis A vaccine.**

MMP data helped expand the drug options for **managing blood pressure and diabetes for people with HIV** in Pennsylvania and Texas.

MMP data have been used to **improve care outcomes and access to care** among people with HIV—including through the Ryan White HIV/AIDS Program.

Link people to services including:



From 2018 to 2020, more than **8,500 MMP participants** were offered information to connect them to the services above.

To learn more about MMP, please visit: [www.cdc.gov/hiv/statistics/systems/mmp](http://www.cdc.gov/hiv/statistics/systems/mmp)



Scan Me

