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Physical Education
District Questionnaire

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School Health Policies and Programs Study 2006
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Physical Education
District Questionnaire

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Special Instructions

NOTE: THROUGHOUT THIS QUESTIONNAIRE, TEXT THAT APPEARS IN ALL CAPITAL LETTERS WILL NOT BE READ ALOUD TO RESPONDENTS.

THIS QUESTIONNAIRE WILL BE ADMINISTERED USING COMPUTER ASSISTED TELEPHONE INTERVIEW TECHNOLOGY. THE INTERVIEWER WILL READ THE QUESTIONS ALOUD AND TYPE RESPONSES TO THE QUESTIONS INTO THE COMPUTER. THE INTERVIEW PROGRAM WILL 1) DISPLAY THE CORRECT TENSE OF VERBS, 2) PROVIDE ALTERNATE ANSWERS TO QUESTIONS (E.G., NOT APPLICABLE, "I DON'T KNOW"), 3) NAVIGATE COMPLEX SKIP PATTERNS, AND 4) PERFORM OTHER USEFUL FUNCTIONS. THE PROGRAMMING SPECIFICATIONS FOR THE INTERVIEW ARE NOT INCLUDED IN THIS PRINTED VERSION OF THE QUESTIONNAIRE.

1. This questionnaire focuses on your district's policies and practices regarding physical education.

2. When I use the word "policy," I mean any law, rule, regulation, administrative order, or similar kind of mandate issued by the local school board or other local agency with authority over schools in your district. I am most interested in what is required by the district, not what is recommended or contained in non-binding guidance documents, unless the question specifically asks about recommendations.

3. If a district policy is worded in such a way that it requires schools to develop and adopt their own policies on a given topic, for the purpose of this questionnaire please consider it the same as a district-wide requirement.

4. I recognize that the district may sometimes grant policy exceptions or waivers, but please answer each question based on what is considered the general policy and standard practice.

5. Please do not consider school practices or policies when answering the questions. We will ask about school practices and policies when we collect information from schools across the country.

6. Please do not include policies that are solely related to instruction on physical activity topics provided within health education curricula.

7. Unless the question specifically asks about regularly scheduled recess periods, do not include recess periods when answering questions about physical education.

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Standards/Guidelines

The first questions ask about your district's standards or guidelines for teaching physical education. These standards or guidelines might cover topics such as the goals and objectives of physical education or expected student outcomes.

1. Has your district adopted a policy stating that schools will follow any national, state, or district physical education standards or guidelines?

   Yes .....1 →SKIP TO Q3
   No.....2

2. Has your district adopted a policy encouraging schools to follow any national, state, or district physical education standards or guidelines?

   Yes 1
   No.....2 →SKIP TO THE INTRODUCTION TO Q9

3. Are these physical education standards or guidelines based on the National Standards for Physical Education from the National Association for Sport and Physical Education?

   Yes 1
   No.....2

4. Are these physical education standards or guidelines based on the Guidelines for School and Community Programs to Promote Lifelong Physical Activity among Young People from the Centers for Disease Control and Prevention or CDC?

   Yes 1
   No.....2

The next questions ask about methods your district might use to improve school compliance with these physical education standards or guidelines.

5. To improve compliance with physical education standards or guidelines, does your district use staff development for physical education teachers?

   Yes 1
   No.....2

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6. Does your district use written reports from schools to document compliance with physical education standards or guidelines?

   Yes 1
   No.....2

7. To improve compliance with physical education standards or guidelines, does your district use teacher evaluations or classroom monitoring?

   Yes 1
   No.....2

8. To improve compliance with physical education standards or guidelines, does your district use teachers to mentor other teachers?

   Yes 1
   No.....2

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Elementary School Instruction

Now I'm going to ask you about elementary school instruction.

9. Has your district adopted goals, objectives, or expected outcomes for elementary school physical education?

Yes 1
No.....2 →SKIP TO Q11

The next questions ask about student outcomes.

10. Do the goals and objectives adopted by your district for elementary school physical education specifically address…

	Yes	No
a. Competence in motor skills and movement patterns needed to perform a variety of physical activities?	1	2
b. Understanding of movement concepts, principles, strategies, and tactics as they apply to the learning and performance of physical activities?	1	2
c. Regular participation in physical activity?	1	2
d. Achievement and maintenance of a health-enhancing level of physical fitness?	1	2
e. Responsible personal and social behavior that respects self and others in physical activity settings?	1	2
f. Value for physical activity for health, enjoyment, challenge, self-expression, and/or social interaction?	1	2

11. Has your district adopted a policy stating that elementary schools will teach physical education?

Yes 1
No.....2 →SKIP TO THE INTRODUCTION TO Q15

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12. Districts use many ways to describe how much physical education students are required to receive while in elementary school. For example, districts may describe these requirements in terms of minutes per week, hours per quarter, or hours per year. In your district, are there specified time requirements for physical education at the elementary school level?

Yes 1
No.....2

13. Has your district adopted a policy describing reasons that elementary school students may be exempted from physical education?

Yes 1
No .....2 →SKIP TO THE INTRODUCTION TO Q15

14. Has your district adopted a policy stating that elementary school students can be exempted from physical education requirements for one grading period or longer for…

	Yes	No
a. Religious reasons?	1	2
b. Long-term physical or medical disability?	1	2
c. Cognitive disability?	1	2
d. High physical competency test score?	1	2
e. Participation in school activities other than sports, such as band or chorus?	1	2
f. Participation in community sports activities?	1	2
g. Participation in community service activities?	1	2

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The next questions ask about curricula used by elementary schools for physical education. By curriculum, I mean a written course of study that generally describes what students will know and be able to do by the end of a single grade or multiple grades and for a particular subject area. It is often presented through a detailed set of directions, strategies, and materials to facilitate student learning and teaching of content.

15. Does your district require or recommend that schools use one particular curriculum for elementary school physical education?

Require.....1
Recommend.....2
Neither.....3 →SKIP TO THE INTRODUCTION TO Q17

16. Who developed that curriculum?
MARK ALL THAT APPLY

State education agency.....1
Other state agency.....2
School district.....3
Commercial company.....4
Academic institution.....5
State-level organization or coalition.....6
Other.....7

The next questions ask about information and materials that your district may have provided for elementary school physical education.

17. During the past two years, has your district provided…

	Yes	No
a. A list of one or more recommended elementary school physical education curricula?	1	2
b. An elementary school physical education curriculum?	1	2
c. A chart describing the scope and sequence of instruction for elementary school physical education?	1	2
d. Lesson plans or learning activities for elementary school physical education?	1	2
e. Plans for how to assess or evaluate students in elementary school physical education?	1	2

Sample Copy-Do Not Complete

The next questions ask about elementary school student assessment that your district requires or recommends.

18a. Does your district require or recommend that elementary schools give written tests of students' knowledge related to physical education?

Require.....1
Recommend 2
Neither.....3

18b. What about skill performance tests related to physical education?

Require.....1
Recommend 2
Neither.....3

19. Does your district require or recommend that elementary schools test students' fitness levels?

Require.....1
Recommend 2
Neither.....3 →SKIP TO THE INTRODUCTION TO Q21

The next questions ask about specific fitness tests.

20. Does your district require or recommend that elementary schools use…

	Require	Recommend	Neither
a. Fitnessgram?	1	2	3
b. The Physical Fitness Test, from the President's Challenge?	1	2	3
c. The Health Fitness Test, from the President's Challenge?	1	2	3
d. The Youth Fitness Test, from the YMCA?	1	2	3
e. Any other fitness test?	1	2	3

Sample Copy-Do Not Complete

The next questions ask about staffing for elementary school physical education in your district.

21. Has your district adopted a policy specifying a maximum student-to-teacher ratio for physical education in elementary school?

    Yes 1
    No.....2

22. Has your district adopted a policy stating that newly hired staff who teach physical education at the elementary school level will have undergraduate or graduate training in physical education or a related field?

    Yes 1
    No.....2

23. Has your district adopted a policy stating that newly hired staff who teach physical education at the elementary school level will be certified, licensed, or endorsed by the state to teach physical education?

    Yes 1
    No.....2
    State does not offer certification, licensure,
    or endorsement to teach physical
    education at the elementary school level 3

Now I'm going to ask about elementary school recess and physical activity breaks.

24. Does your district require or recommend that elementary schools provide students with regularly scheduled recess?

    Require 1
    Recommend 2
    Neither.....3 →SKIP TO Q26

Sample Copy-Do Not Complete

25. How many minutes per day of recess are required or recommended for elementary school students?

Less than 10 minutes per day.....1
10 to 19 minutes per day.....2
20 to 29 minutes per day.....3
30 or more minutes per day 4
No specified time requirements or recommendations 5

26. Does your district require or recommend that elementary schools provide regular physical activity breaks, outside of physical education class and recess, during the school day? Please answer "require," "recommend," or "neither."

Require.....1
Recommend 2
Neither.....3

My next questions are about excluding students from recess as punishment for bad behavior.

27. Has your district adopted a policy that prohibits elementary schools from excluding students from all or part of recess as punishment for bad behavior?

Yes .....1 →SKIP TO THE INTRODUCTION TO Q29
No.....2

28. Does your district actively discourage elementary schools from excluding students from all or part of recess as punishment for bad behavior?

Yes 1
No.....2

Sample Copy-Do Not Complete

Middle or Junior High School Instruction

Now I'm going to ask you about middle or junior high school instruction.

29. Has your district adopted goals, objectives, or expected outcomes for middle or junior high school physical education?

Yes 1
No.....2 →SKIP TO Q31

The next questions ask about student outcomes.

30. Do the goals and objectives adopted by your district for middle or junior high school physical education specifically address…

	Yes	No
a. Competence in motor skills and movement patterns needed to perform a variety of physical activities?	1	2
b. Understanding of movement concepts, principles, strategies, and tactics as they apply to learning and performance of physical activities?	1	2
c. Regular participation in physical activity?	1	2
d. Achievement and maintenance of a health-enhancing level of physical fitness?	1	2
e. Responsible personal and social behavior that respects self and others in physical activity settings?	1	2
f. Value for physical activity for health, enjoyment, challenge, self-expression, and/or social interaction?	1	2

31. Has your district adopted a policy stating that middle or junior high schools will teach physical education?

Yes 1
No.....2 →SKIP TO Q35

Sample Copy-Do Not Complete

32. Districts use many ways to describe how much physical education students are required to receive while in middle or junior high school. For example, districts may describe these requirements in terms of minutes per week, hours per quarter, or hours per year. In your district, are there specified time requirements for physical education at the middle or junior high school level?

Yes 1
No.....2

33. Has your district adopted a policy describing reasons that middle or junior high school students may be exempted from physical education?

Yes 1
No.....2 →SKIP TO Q35

34. Has your district adopted a policy stating that middle or junior high school students can be exempted from physical education requirements for one grading period or longer for…

	Yes	No
a. Religious reasons?	1	2
b. Long-term physical or medical disability?	1	2
c. Cognitive disability?	1	2
d. High physical competency test score?	1	2
e. Participation in school activities other than sports, such as band or chorus?	1	2
e. Participation in community sports activities?	1	2
f. Participation in community service activities?	1	2
g. Enrollment in other courses, such as math or science?	1	2
h. Participation in school sports?	1	2
i. Participation in vocational training?	1	2

Sample Copy-Do Not Complete

35. Does your district require or recommend that schools use one particular curriculum for middle or junior high school physical education?

Require.....1
Recommend 2
Neither.....3 →SKIP TO THE INTRODUCTION TO Q37

36. Who developed that curriculum?
MARK ALL THAT APPLY

State education agency.....1
Other state agency.....2
School district 3
Commercial company 4
Academic institution 5
State-level organization or coalition 6
Other 7

The next questions ask about information and materials that your district may have provided for middle or junior high school physical education.

37. During the past two years, has your district provided…

	Yes	No
a. A list of one or more recommended middle or junior high school physical education curricula?	1	2
b. A middle or junior high school physical education curriculum?	1	2
c. A chart describing the scope and sequence of instruction for middle or junior high school physical education?	1	2
d. Lesson plans or learning activities for middle or junior high school physical education?	1	2
e. Plans for how to assess or evaluate students in middle or junior high school physical education?	1	2

Sample Copy-Do Not Complete

Now I will ask about middle or junior high school student assessment that is required or recommended by your district.

38a. Does your district require or recommend that middle or junior high schools give written tests of students' knowledge related to physical education?

Require.....1
Recommend 2
Neither.....3

38b. What about skill performance tests related to physical education?

Require.....1
Recommend 2
Neither.....3

39. Does your district require or recommend that middle or junior high schools test students' fitness levels?

Require.....1
Recommend 2
Neither.....3 →SKIP TO THE INTRODUCTION TO Q41

The next questions ask about specific fitness tests.

40. Does your district require or recommend that middle or junior high schools use…

	Require	Recommend	Neither
a. Fitnessgram?	1	2	3
b. The Physical Fitness Test, from the President's Challenge?	1	2	3
c. The Health Fitness Test, from the President's Challenge?	1	2	3
d. The Youth Fitness Test, from the YMCA?	1	2	3
e. Any other fitness test?	1	2	3

Sample Copy-Do Not Complete

The next questions ask about staffing for middle or junior high school physical education in your district.

41. Has your district adopted a policy specifying a maximum student-to-teacher ratio for physical education in middle or junior high school?

Yes 1
No.....2

42. Has your district adopted a policy stating that newly hired staff who teach physical education at the middle or junior high school level will have undergraduate or graduate training in physical education or a related field?

Yes 1
No.....2

43. Has your district adopted a policy stating that newly hired staff who teach physical education at the middle or junior high school level will be certified, licensed, or endorsed by the state to teach physical education?

Yes 1
No.....2
State does not offer certification, licensure, or endorsement to teach physical education at the middle/junior high school level 3

The next question asks about middle or junior high school physical activity breaks.

44. Does your district require or recommend that middle or junior high schools provide regular physical activity breaks, outside of physical education class, during the school day?

Require.....1
Recommend 2
Neither.....3

Sample Copy Do Not Complete

Senior High School Instruction

Next I'm going to ask you about senior high school instruction.

45. Has your district adopted goals, objectives, or expected outcomes for senior high school physical education?

Yes 1
No.....2 →SKIP TO Q47

The next questions ask about student outcomes.

46. Do the goals and objectives adopted by your district for senior high school physical education specifically address…

	Yes	No
a. Competence in motor skills and movement patterns needed to perform a variety of physical activities?	1	2
b. Understanding of movement concepts, principles, strategies, and tactics as they apply to the learning and performance of physical activities?	1	2
c. Regular participation in physical activity?	1	2
d. Achievement and maintenance of a health-enhancing level of physical fitness?	1	2
e. Responsible personal and social behavior that respects self and others in physical activity settings?	1	2
f. Value for physical activity for health, enjoyment, challenge, self expression, and/or social interaction?	1	2

47. Has your district adopted a policy stating that senior high schools will teach physical education?

Yes 1
No.....2 →SKIP TO Q51

48. Districts use many ways to describe how much physical education students are required to receive while in senior high school. For example, districts may describe these requirements in terms of minutes per week, hours per quarter, or hours per year. In your district, are there specified time requirements for physical education at the senior high school level?

Yes 1
No.....2

Sample Copy-Do Not Complete

49. Has your district adopted a policy describing reasons that senior high school students may be exempted from physical education?

Yes 1
No.....2 →SKIP TO Q51

50. Has your district adopted a policy stating that senior high school students can be exempted from physical education requirements for one grading period or longer for…

	Yes	No
a. Religious reasons?	1	2
b. Long-term physical or medical disability?	1	2
c. Cognitive disability?	1	2
d. High physical competency test score?	1	2
e. Participation in school activities other than sports, such as band or chorus?	1	2
f. Participation in community sports activities?	1	2
g. Participation in community service activities?	1	2
h. Enrollment in other courses, such as math or science?	1	2
i. Participation in school sports?	1	2
j. Participation in vocational training?	1	2

51. Does your district require or recommend that schools use one particular curriculum for senior high school physical education?

Require.....1
Recommend 2
Neither.....3 →SKIP TO THE INTRODUCTION TO Q53

52. Who developed that curriculum?
MARK ALL THAT APPLY

State education agency.....1
Other state agency.....2
School district 3
Commercial company 4
Academic institution 5
State-level organization or coalition 6
Other 7

Sample Copy-Do Not Complete

53. The next questions ask about information and materials that your district may have provided for senior high school physical education. During the past two years, has your district provided…

	Yes	No
a. A list of one or more recommended senior high school physical education curricula?	1	2
b. A senior high school physical education curriculum?	1	2
c. A chart describing the scope and sequence of instruction for senior high school physical education?	1	2
d. Lesson plans or learning activities for senior high school physical education?	1	2
e. Plans for how to assess or evaluate students in senior high school physical education?	1	2

The next questions ask about senior high school student assessment that is required or recommended by your district.

54a. Does your district require or recommend that senior high schools give written tests of students' knowledge related to physical education?

Require.....1
Recommend 2
Neither.....3

54b. What about skill performance tests related to physical education?

Require.....1
Recommend 2
Neither.....3

55. Does your district require or recommend that senior high schools test students' fitness levels?

Require.....1
Recommend 2
Neither.....3 →SKIP TO THE INTRODUCTION TO Q57

Sample Copy-Do Not Complete

The next questions ask about specific fitness tests.

56. Does your district require or recommend that senior high schools use…

	Require	Recommend	Neither
a. Fitnessgram?	1	2	3
b. The Physical Fitness Test, from the President's Challenge?	1	2	3
c. The Health Fitness Test, from the President's Challenge?	1	2	3
d. The Youth Fitness Test, from the YMCA?	1	2	3
e. Any other fitness test?	1	2	3

The next questions ask about staffing for senior high school physical education in your district.

57. Has your district adopted a policy specifying a maximum student-to-teacher ratio for physical education in senior high school?

Yes 1
No.....2

58. Has your district adopted a policy stating that newly hired staff who teach physical education at the senior high school level will have undergraduate or graduate training in physical education or a related field?

Yes 1
No.....2

59. Has your district adopted a policy stating that newly hired staff who teach physical education at the senior high school level will be certified, licensed, or endorsed by the state to teach physical education?

Yes 1
No.....2
State does not offer certification, licensure, or endorsement to teach physical education at the senior high school level 3

Sample Copy-Do Not Complete

The next question asks about senior high school physical activity breaks.

60. Does your district require or recommend that senior high schools provide regular physical activity breaks, outside of physical education class, during the school day?

Require.....1
Recommend 2
Neither.....3

Sample Copy-Do Not Complete

Students with Disabilities

My next questions ask about physical education for students with long-term physical, medical, or cognitive disabilities, such as Down's Syndrome or conditions that require permanent use of a wheelchair.

61. Based on policies adopted by your district, will schools meet the physical education needs of students with long-term physical, medical, or cognitive disabilities by…

	Yes	No
a. Providing adapted physical education as appropriate?	1	2
b. Mainstreaming into regular physical education as appropriate?	1	2
c. Using modified equipment or facilities in regular physical education?	1	2
d. Using teaching assistants in regular physical education?	1	2
e. Including physical education in 504 plans or Individualized Education Programs, or IEPs?	1	2
f. Using modified assessment?	1	2

Sample Copy-Do Not Complete

Use of Protective Gear

The next questions are about your district's policies on the use of protective gear.

62a. Has your district adopted a policy requiring that students wear appropriate protective gear during physical education?

Yes 1
No.....2

62b. What about when engaged in intramural activities or physical activity clubs?

Yes 1
No.....2

62c. What about when engaged in interscholastic sports?

Yes 1
No.....2

Sample Copy-Do Not Complete

Physical Activity and Discipline

My next questions are about the use of physical activity as punishment for bad behavior and excluding students from physical education as punishment for bad behavior.

63. Has your district adopted a policy that prohibits schools from using physical activity, for example laps or push-ups, to punish students for bad behavior in physical education?

Yes .....1 →SKIP TO Q65
No.....2

64. Does your district actively discourage schools from using physical activity to punish students for bad behavior in physical education?

Yes 1
No.....2

65. Has your district adopted a policy that prohibits schools from using physical activity to punish students for poor performance or bad behavior in interscholastic sports?

Yes .....1 →SKIP TO Q67
No.....2

66. Does your district actively discourage schools from using physical activity to punish students for poor performance or bad behavior in interscholastic sports?

Yes 1
No.....2

67. Has your district adopted a policy that prohibits schools from excluding students from all or part of physical education as punishment for bad behavior in another class?

Yes .....1 →SKIP TO THE INTRODUCTION TO Q69
No.....2

Sample Copy-Do Not Complete

68. Does your district actively discourage schools from excluding students from all or part of physical education to punish students for bad behavior in another class?

Yes 1
No.....2

Sample Copy-Do Not Complete

Staffing and Staff Development

Now I'm going to ask you several questions about staffing and staff development in your district.

69. Has your district adopted a policy stating that those who teach physical education will earn continuing education credits on physical education topics?

Yes 1
No.....2

70. Has your district adopted a policy stating that each school will have someone to oversee or coordinate physical education at the school, for example a department chair?

Yes 1
No.....2

My next questions are about staff development for those who teach physical education. This might include workshops, conferences, continuing education, graduate courses, or any other kind of in-service.

71. During the past two years, has your district provided funding for or offered staff development to those who teach physical education on…

	Yes	No
a. Methods to increase the amount of class time students are physically active?	1	2
b. Methods to promote gender equity in physical education and sports?	1	2
c. Using technology such as computers or video cameras for physical education?	1	2
d. Using physical activity monitoring devices, such as pedometers or heart rate monitors for physical education?	1	2
e. Encouraging family involvement in physical activity?	1	2
f. Administering or using fitness tests?	1	2
g. Helping students develop individualized physical activity plans?	1	2
h. Injury prevention and first aid?	1	2
i. Teaching physical education to students with long-term physical, medical, or cognitive disabilities?	1	2

Sample Copy-Do Not Complete

j. Teaching individual or paired activities or sports? 1 2
k. Teaching team or group activities or sports? 1 2
l. Teaching movement skills and concepts? 1 2
m. Assessing or evaluating student performance in physical education? 1 2
n. Developing and using student portfolios for physical education? 1 2
o. Teaching methods to promote inclusion and active participation of overweight children during physical education? 1 2
p. Chronic health conditions, for example asthma or diabetes, including recognizing and responding to severe symptoms or reducing triggers? 1 2

Sample Copy-Do Not Complete

Collaboration

Now I'm going to ask you about collaboration among physical education staff and other staff in your district.

72a. During the past 12 months, have district-level physical education staff worked on physical education activities with district-level health education staff?

Yes 1
No.....2
District does not have district-level health education staff 3

72b. What about with district-level health services staff?

Yes 1
No.....2
District does not have district-level health services staff.....3

72c. What about with district-level mental health or social services staff?

Yes 1
No.....2
District does not have district-level mental health or social services staff 3

72d. What about with district-level nutrition or food service staff?

Yes 1
No.....2
District does not have district-level nutrition or food service staff 3

72e. What about with district-level general curriculum coordinators or supervisors?

Yes 1
No.....2
District does not have district-level general curriculum coordinators or supervisors 3

Sample Copy-Do Not Complete

73. During the past 12 months, have district physical education staff worked on physical education activities with staff or members from…

	Yes	No
a. A local health department?	1	2
b. A local hospital?	1	2
c. A local mental health or social services agency?	1	2
d. A health organization, such as the American Heart Association or the American Cancer Society?	1	2
e. A local college or university?	1	2
f. A local business?	1	2
g. A local parks or recreation department?	1	2
h. A local youth organization, such as the YMCA, Boys or Girls Clubs, or the Boy Scouts or Girl Scouts?	1	2
i. A local service club, such as the Rotary Club?	1	2
j. A local health or fitness club?	1	2

Sample Copy-Do Not Complete

Promotion

The next question asks about physical education promotion that might occur in your district.

74. During the past 12 months, has your district…

	Yes	No
a. Provided families with information on school physical education?	1	2
b. Offered any physical education or physical activity programs to families?	1	2
c. Provided district or school personnel—for example classroom teachers, administrators, or school board members—with information on school physical education?	1	2
d. Sought positive media attention for the physical education program?	1	2

Sample Copy-Do Not Complete

Evaluation

The next questions ask about different aspects of school physical education that might have been evaluated during the past two years.

75. During the past two years, have the following aspects of physical education in your district been evaluated?

	Yes	No	N/A
a. Physical education policies	1	2	3
b. Physical education curricula	1	2	3
c. Physical education staff development or in-service programs	1	2	3

Sample Copy-Do Not Complete

Interscholastic Sports Coaches

The next questions ask about interscholastic sports in your district.

76. Has your district adopted a policy stating that head coaches of interscholastic sports will…

	Yes	No
a. Have previous coaching experience in any sport?	1	2
b. Have previous coaching experience in the sports they will be coaching?	1	2
c. Have a teaching certificate?	1	2
d. Complete a coaches' training course?	1	2
e. Be certified in first aid?	1	2
f. Be certified in cardiopulmonary resuscitation or CPR?	1	2
g. Be employed by the school or school district?	1	2

77. Has your district adopted a policy stating that assistant coaches or volunteer athletic aides will complete a training course?

Yes 1
No.....2
Schools in this district do not have assistant coaches/volunteer athletic aides 3

78. During the past two years, has your district provided any funding for or offered staff development to coaches of interscholastic sports?

Yes 1
No.....2

Sample Copy-Do Not Complete

Physical Education Coordinator

79. Currently, does someone in your district oversee or coordinate physical education?

Yes 1
No.....2 →That is the last question. Thank you very much for taking the time to complete this questionnaire.

80. Are you this person?

Yes 1
No.....2 →That is the last question. Thank you very much for taking the time to complete this questionnaire.

The last few questions ask about your educational background.

81. Do you have an undergraduate degree?

Yes 1
No.....2 →SKIP TO Q87A

82. What did you major in?
MARK ALL THAT APPLY

Physical education.....1
Health education 2
Other education.....3
Kinesiology, exercise
physiology, or exercise science.....4
Other 5

83. Did you have an undergraduate minor?

Yes 1
No.....2 →SKIP TO Q85

Sample Copy-Do Not Complete

84. What did you minor in?
MARK ALL THAT APPLY

Physical education 1
Health education 2
Other education.....3
Kinesiology, exercise physiology, or
exercise science.....4
Other 5

85. Do have a graduate degree?

Yes 1
No.....2 →SKIP TO Q87A

86. In what area or areas?
MARK ALL THAT APPLY

Physical education 1
Health education 2
Other education.....3
Kinesiology, exercise physiology, or
exercise science.....4
Other 5

87a. Are you certified, licensed, or endorsed by the state to teach physical education at the elementary school level?

Yes 1
No.....2
State does not offer certification, licensure,
or endorsement to teach physical
education at the elementary school level 3

Sample Copy-Do Not Complete

87b. What about at the middle or junior high school level?

Yes 1
No.....2
State does not offer certification, licensure, or endorsement to teach physical education at the middle/junior high school level.....3

87c. What about at the senior high school level?

Yes 1
No.....2
State does not offer certification, licensure, or endorsement to teach physical education at the senior high school level 3

Thank you very much for taking the time to participate in this study.

If you would like more information about this study or would like clarification of any questions in this survey, please call 800-287-1815.

Sample Copy-Do Not Complete