

School Health Profiles 2014 State Results

National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention
Division of Adolescent and School Health



What is the School Health Profiles (Profiles)?

- **Profiles is a system of surveys assessing school health policies and practices in states, territories, and large urban school districts**
- **Profiles surveys are conducted biennially (during even-numbered years) by state, territorial, and local education and health agencies with technical assistance from CDC**
- **Profiles questionnaires are administered to middle and high school principals and lead health education teachers**

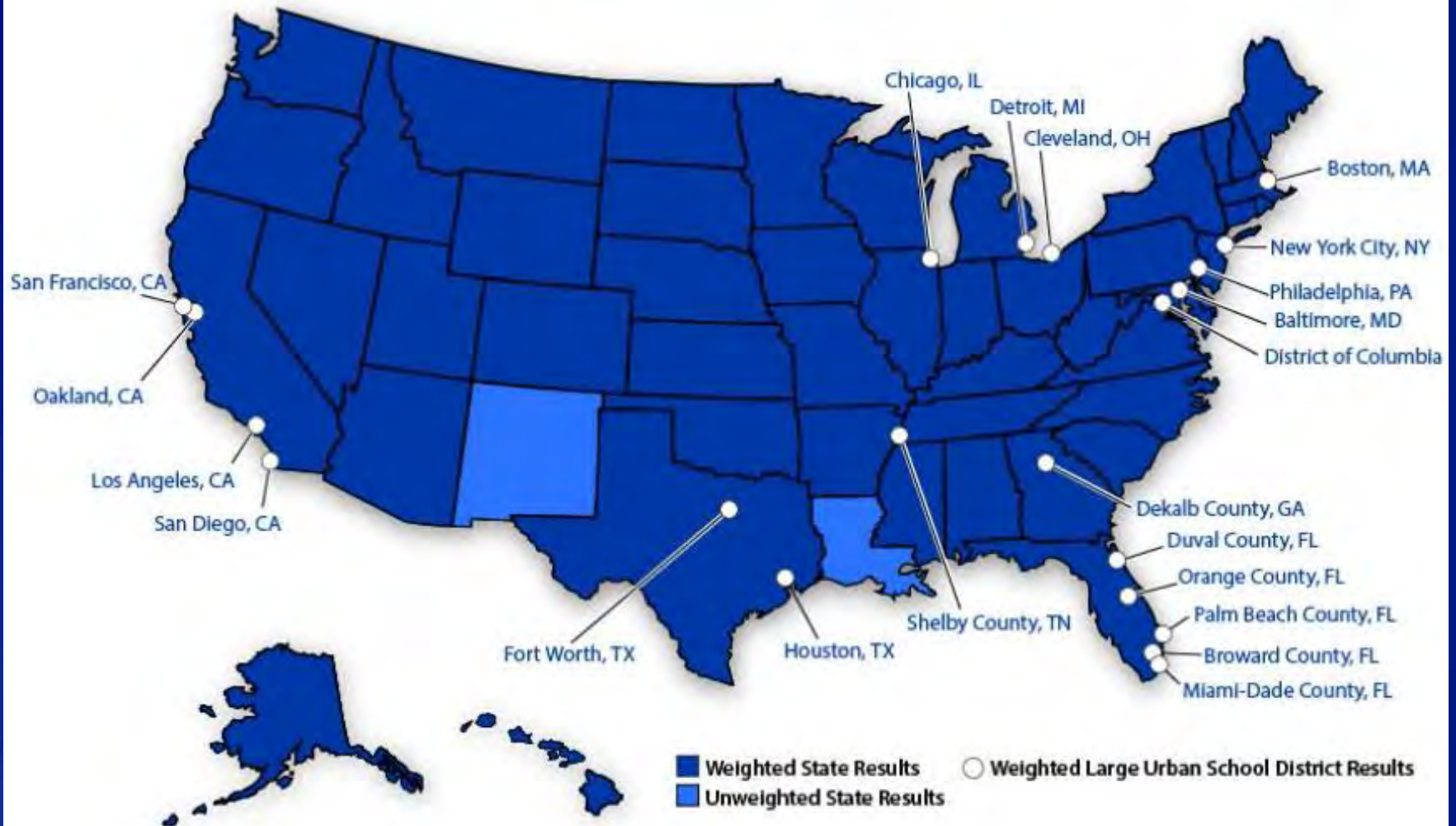
Topics Monitored by Profiles

- **School health education requirements and content**
- **Physical education and physical activity**
- **Practices related to bullying and sexual harassment**
- **School health policies related to tobacco-use prevention and nutrition**
- **School-based health services**
- **Family engagement and community involvement**
- **School health coordination**

Profiles Participation, 1998 – 2014

	1998	2000	2002	2004	2006	2008	2010	2012	2014
# of states	38	38	43	41	44	50	50	49	50
# of large urban school districts	10	13	14	13	16	21	20	19	21
# of territories	--	--	--	--	--	5	6	5	3
# of tribal governments	--	--	--	--	--	2	2	2	--
Total # of sites	48	51	57	54	60	78	78	75	74
Total % of sites with weighted data	77%	75%	77%	70%	82%	94%	99%	92%	96%

State and District Participation, Profiles 2014



Uses of Profiles Data

Education and health officials use Profiles data to

- **Describe school health policies and practices and compare them across jurisdictions**
- **Identify professional development needs**
- **Plan and monitor programs**
- **Support health-related policies and legislation**
- **Seek funding**
- **Garner support for future surveys**

Examples of Uses of Profiles Data

- **Montana**
 - Used Profiles results to develop customized technical assistance plans for selected schools to increase attention towards nutrition physical activity, and employee wellness
- **Florida**
 - Used Profiles results to develop the agenda for their Healthy Schools Summer Academy professional development event
- **Alaska**
 - Use Profiles data to help write a grant to support rural school health services

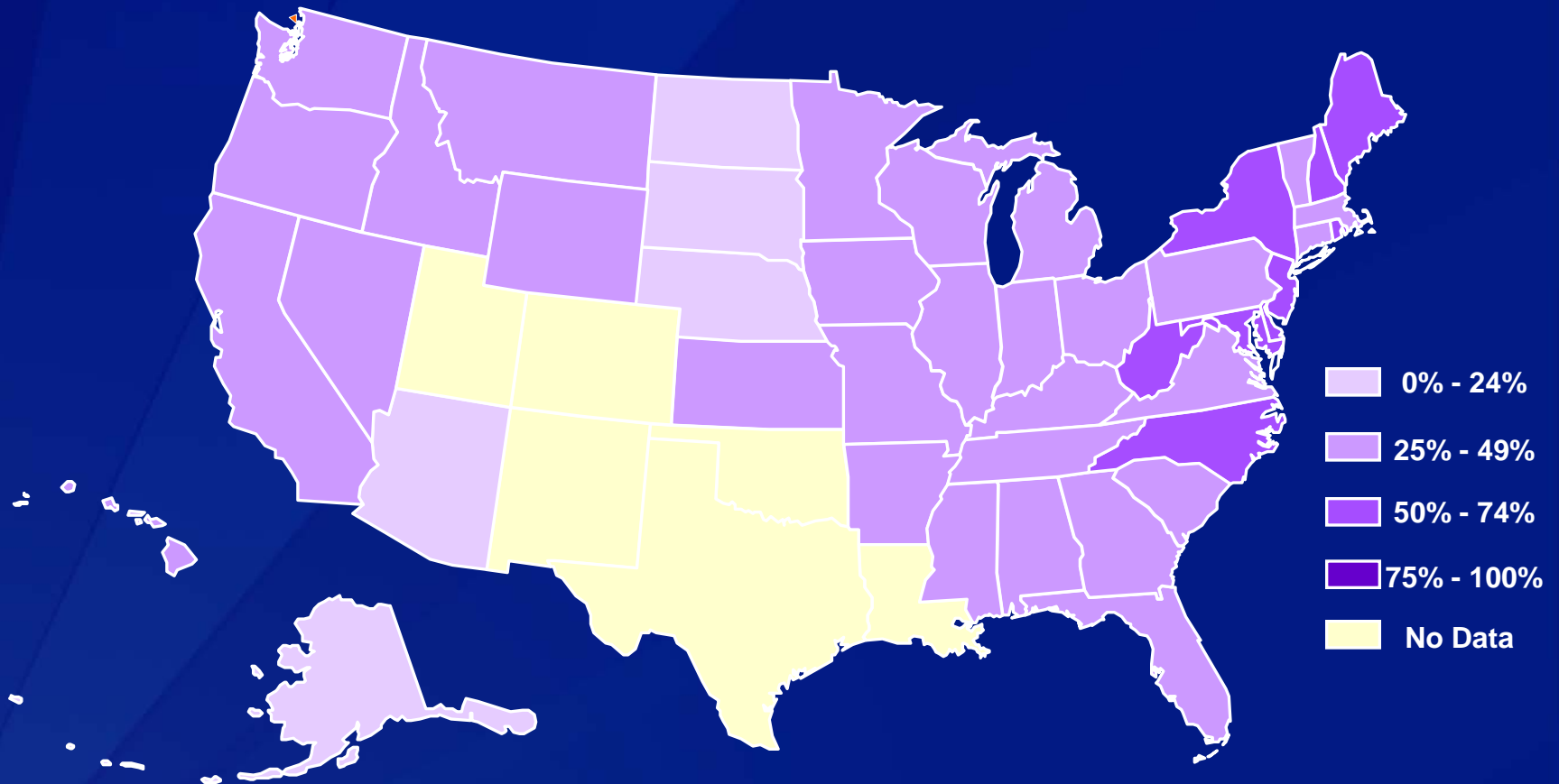
Profiles Information

<http://www.cdc.gov/schoolhealthprofiles>

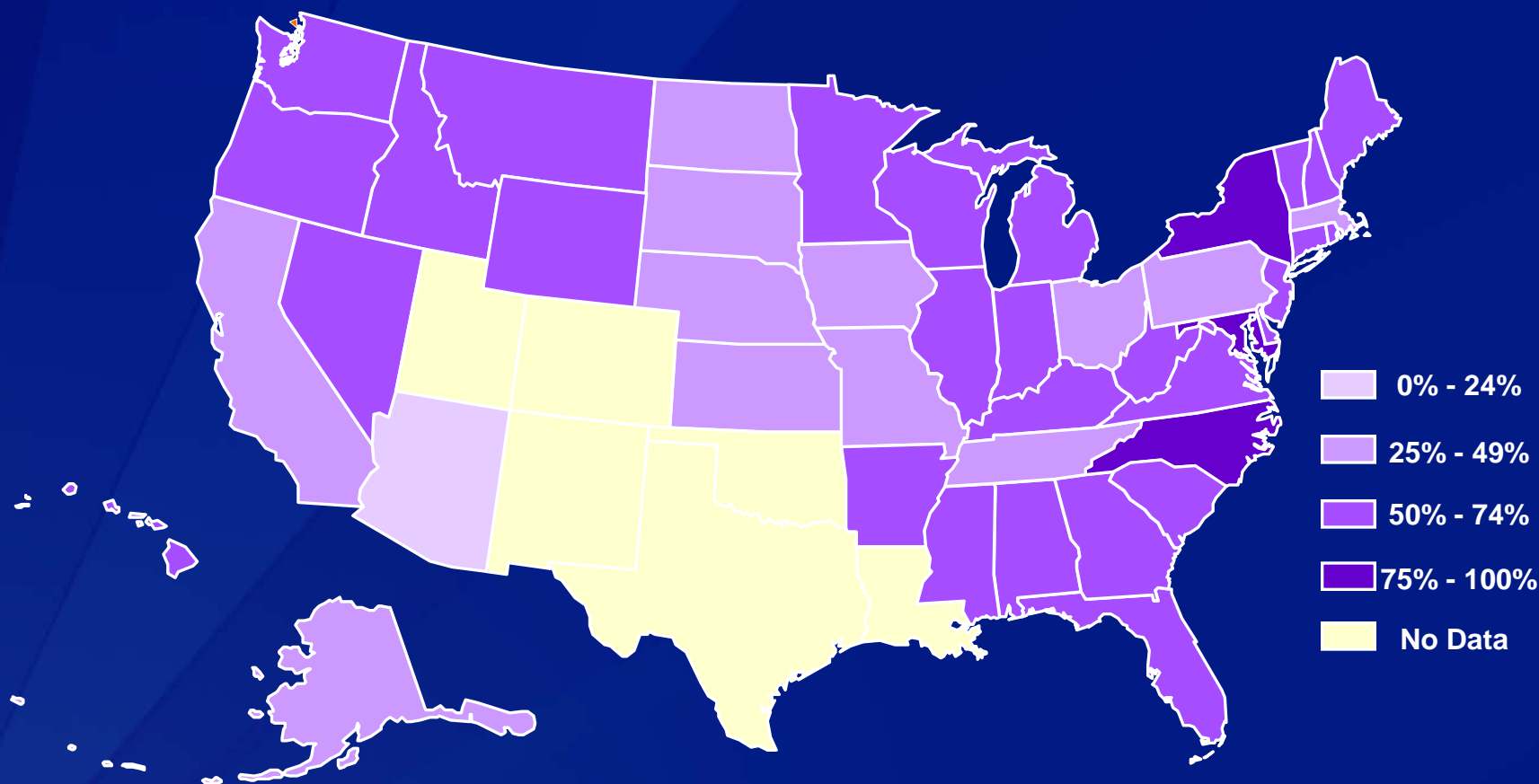
- Overview of the School Health Profiles
- Questionnaires and item rationales
- Comprehensive results
- Fact sheet
- Publications and journal articles
- Participation history
- Frequently asked questions about requesting data files
- Data file request form

HIV, STD, and Pregnancy Prevention

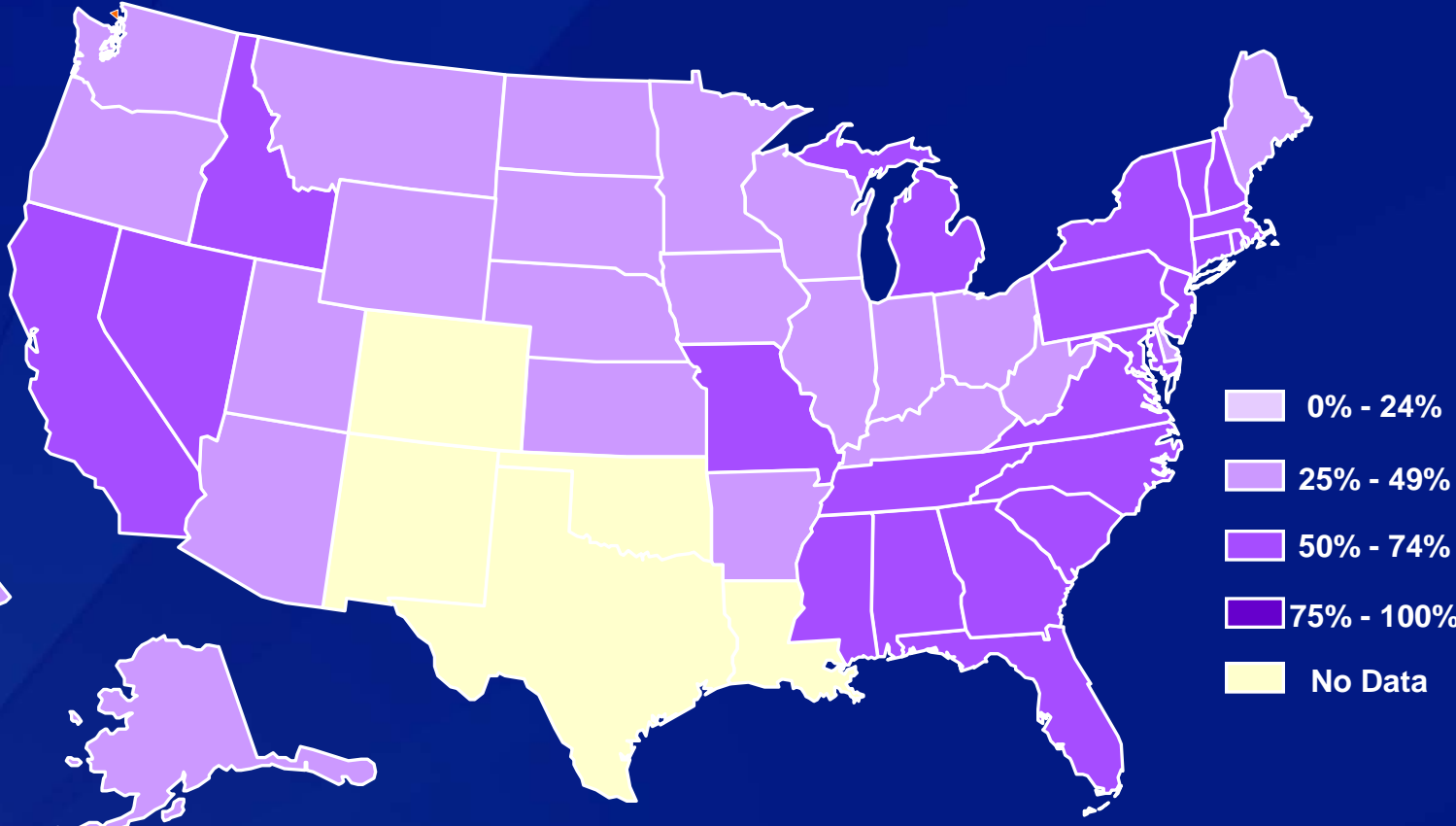
Percentage of secondary schools that taught 11 key HIV, STD, and pregnancy prevention topics in a required course during grades 6, 7, or 8 and during grades 9, 10, 11, or 12



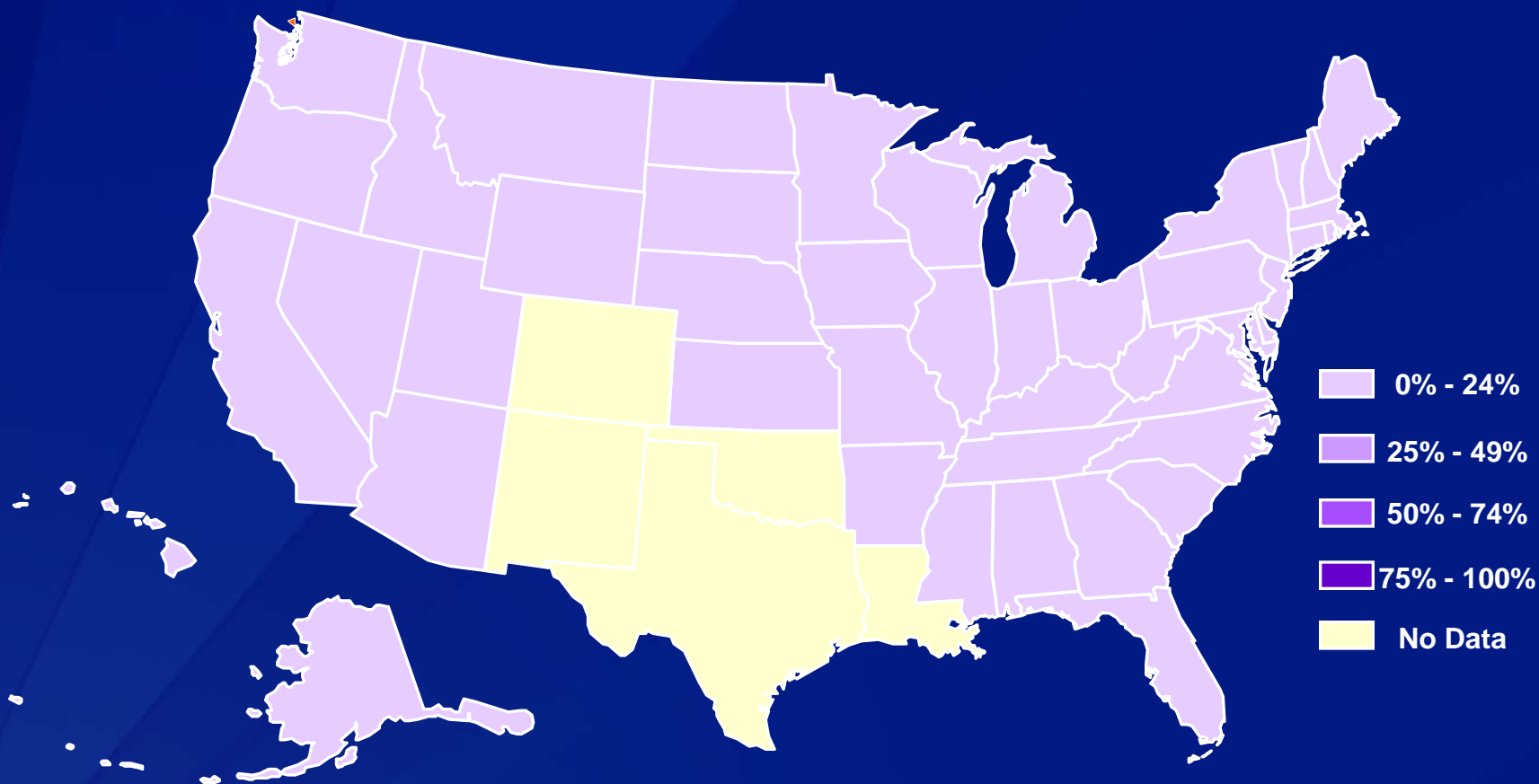
Percentage of secondary schools that assessed the ability of students to do 7 skills in a required course during grades 6, 7, or 8 and during grades 9, 10, 11, or 12



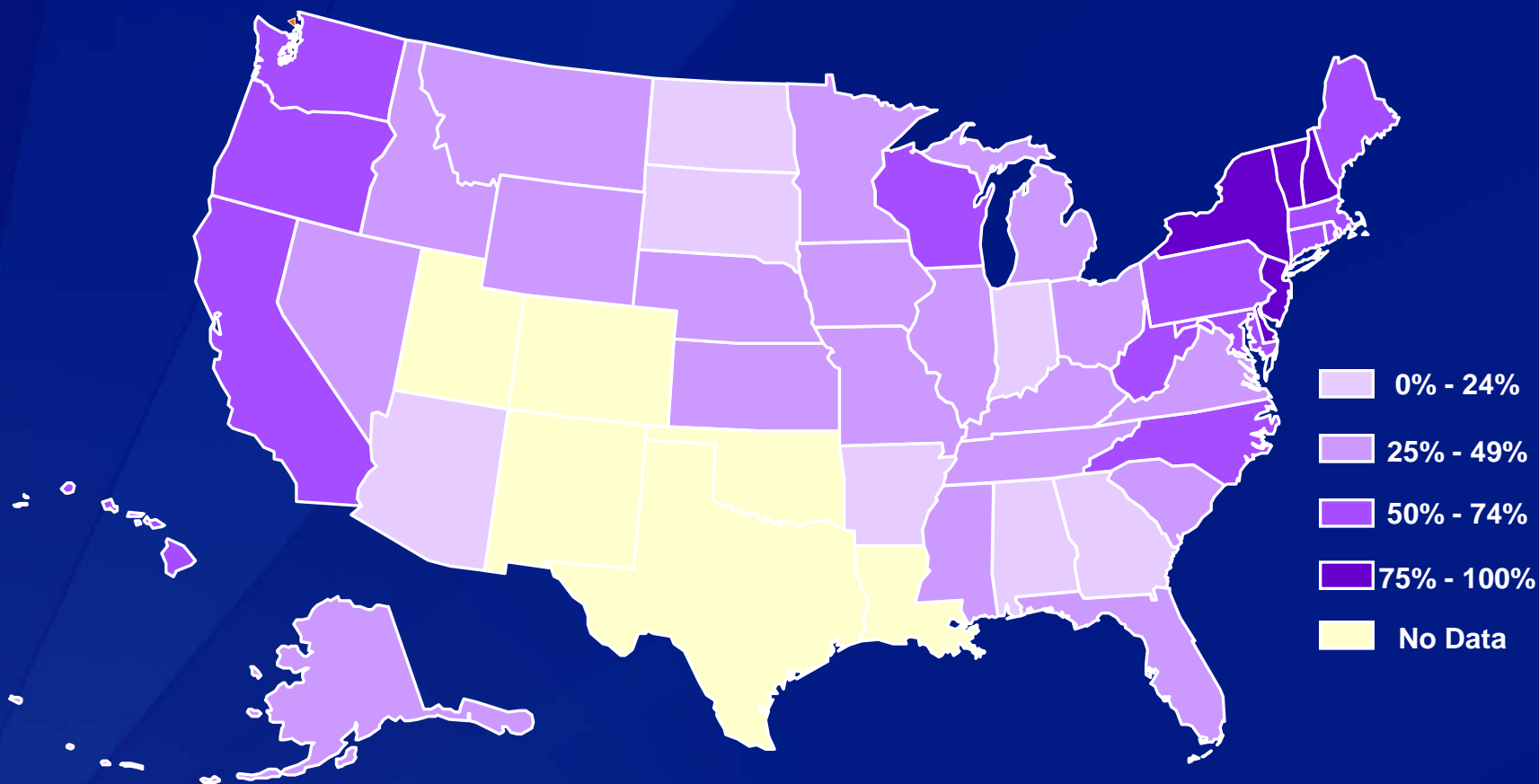
Percentage of secondary schools in which those who teach sexual health education are provided with key materials for teaching sexual health education



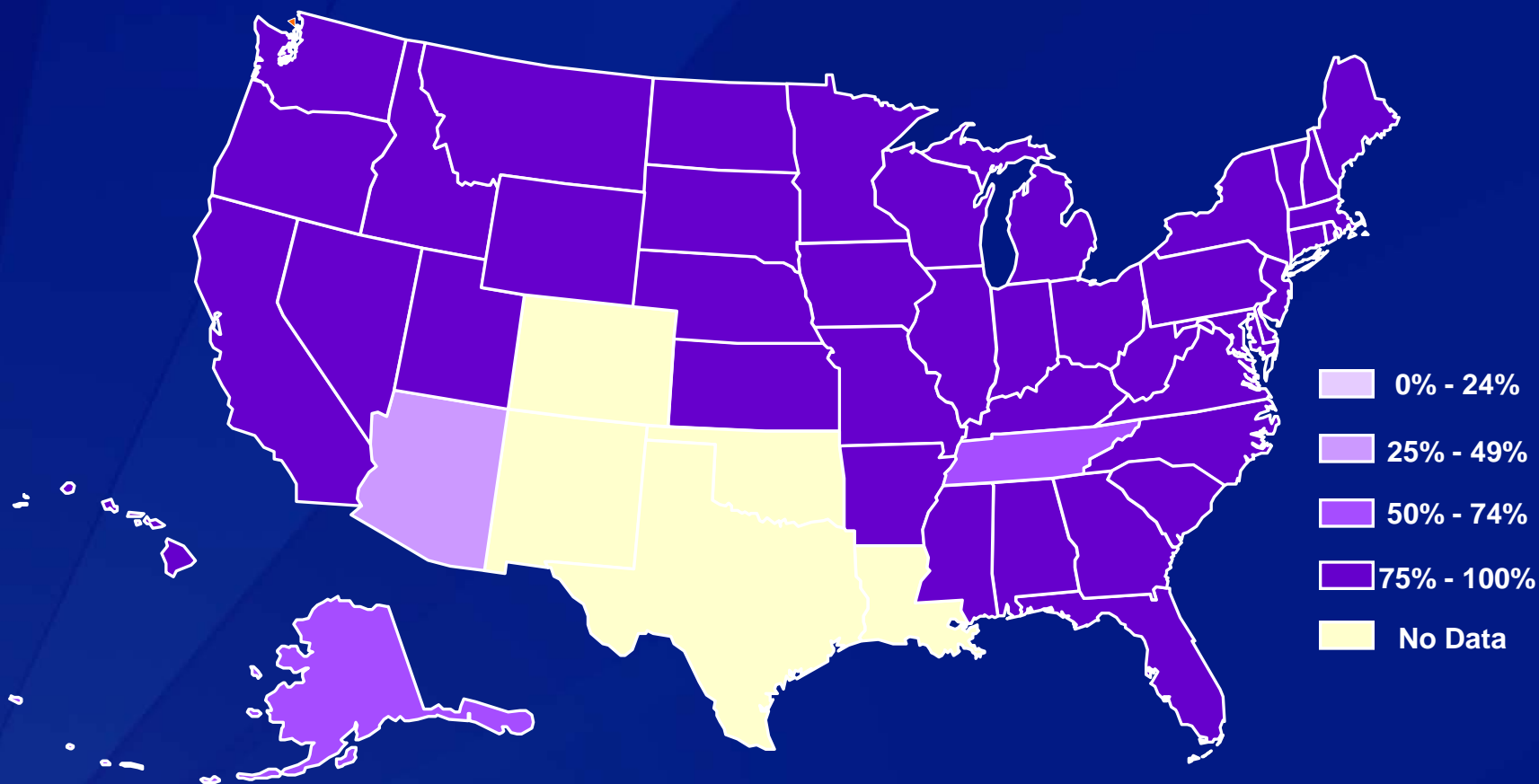
Percentage of secondary schools in which the lead health education teacher received professional development during the 2 years before the survey on 10 key HIV prevention topics



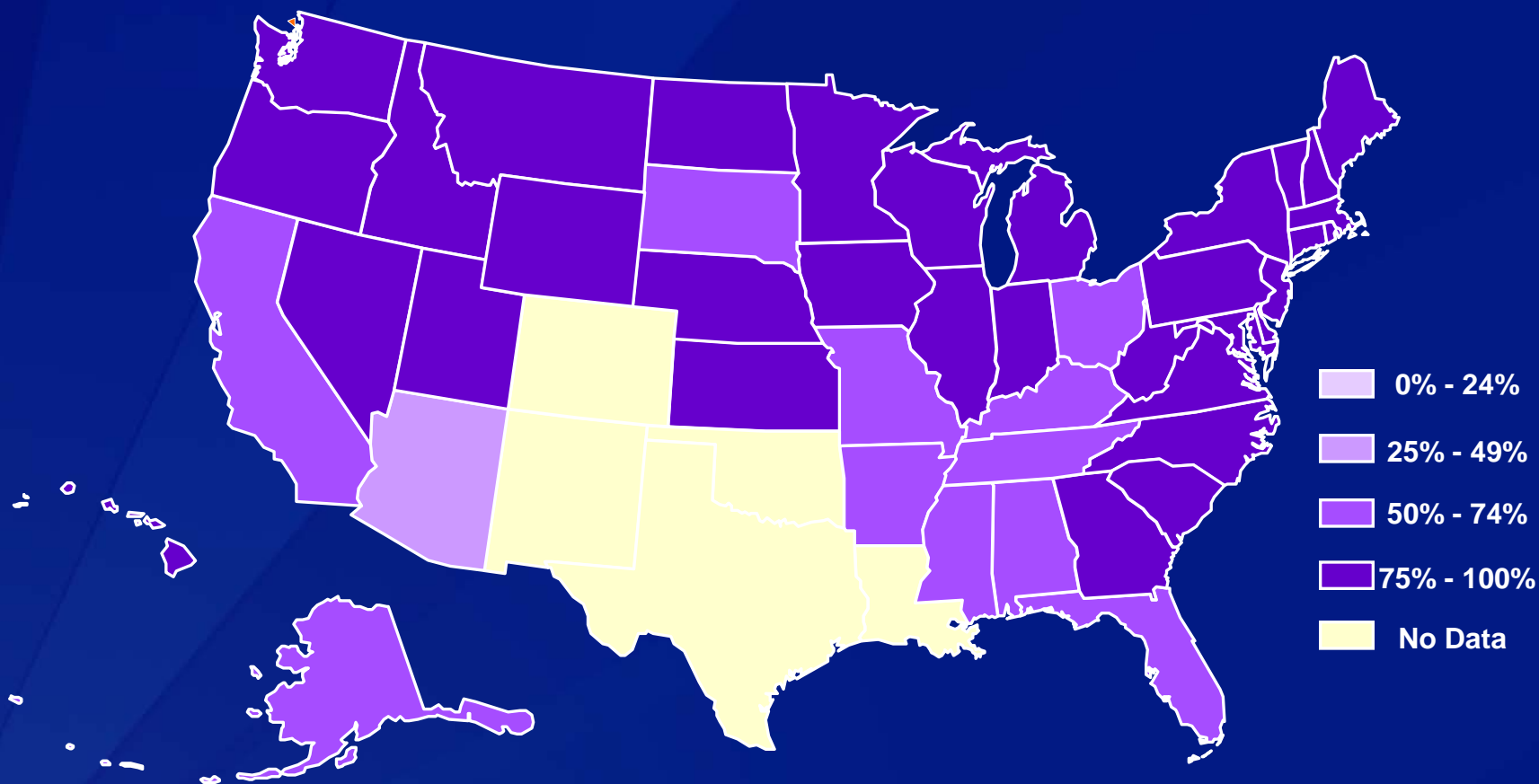
Percentage of secondary schools that taught about 7 contraceptives in a required course during grades 9, 10, 11, or 12



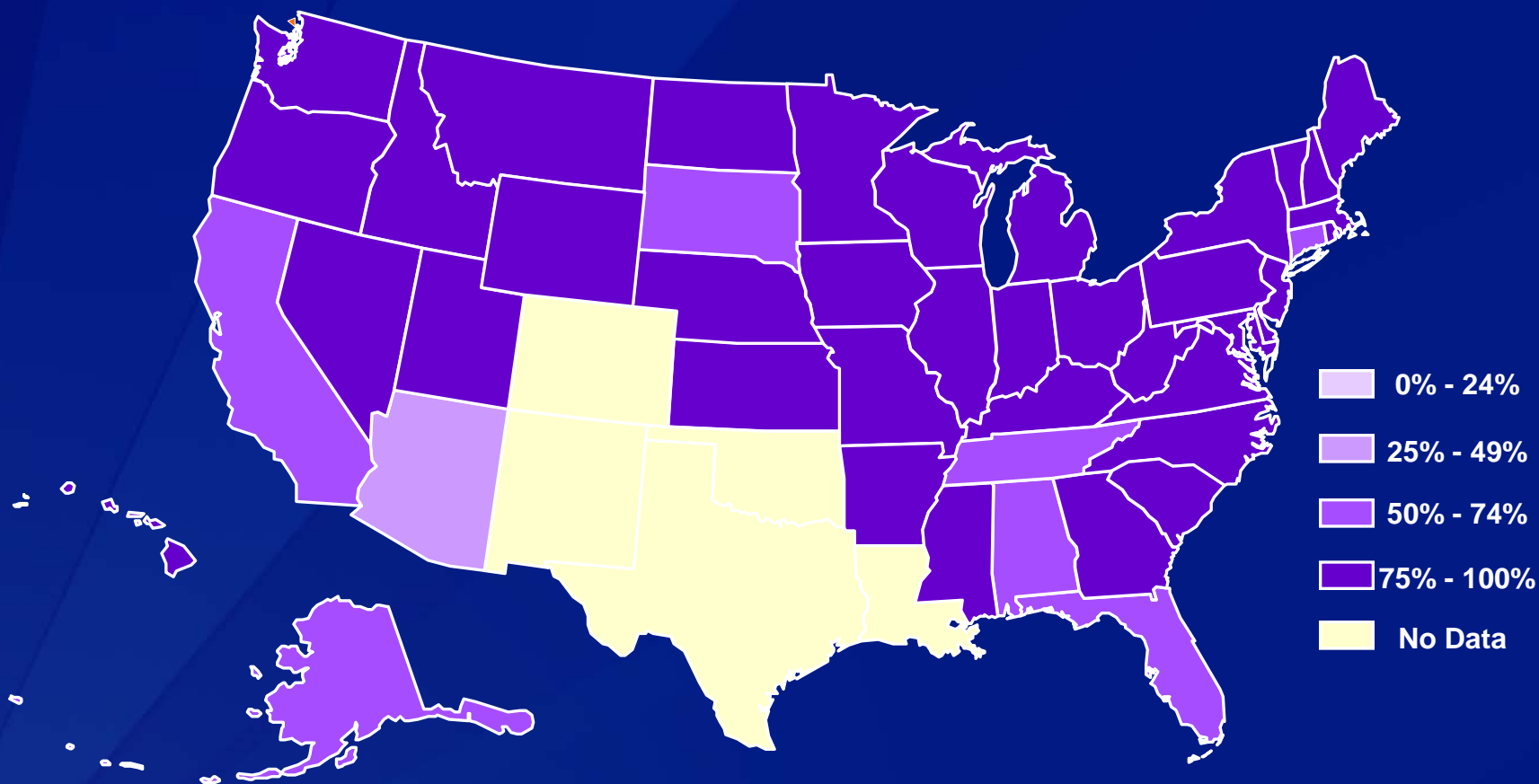
Percentage of secondary schools that tried to increase student knowledge on HIV prevention in a required course



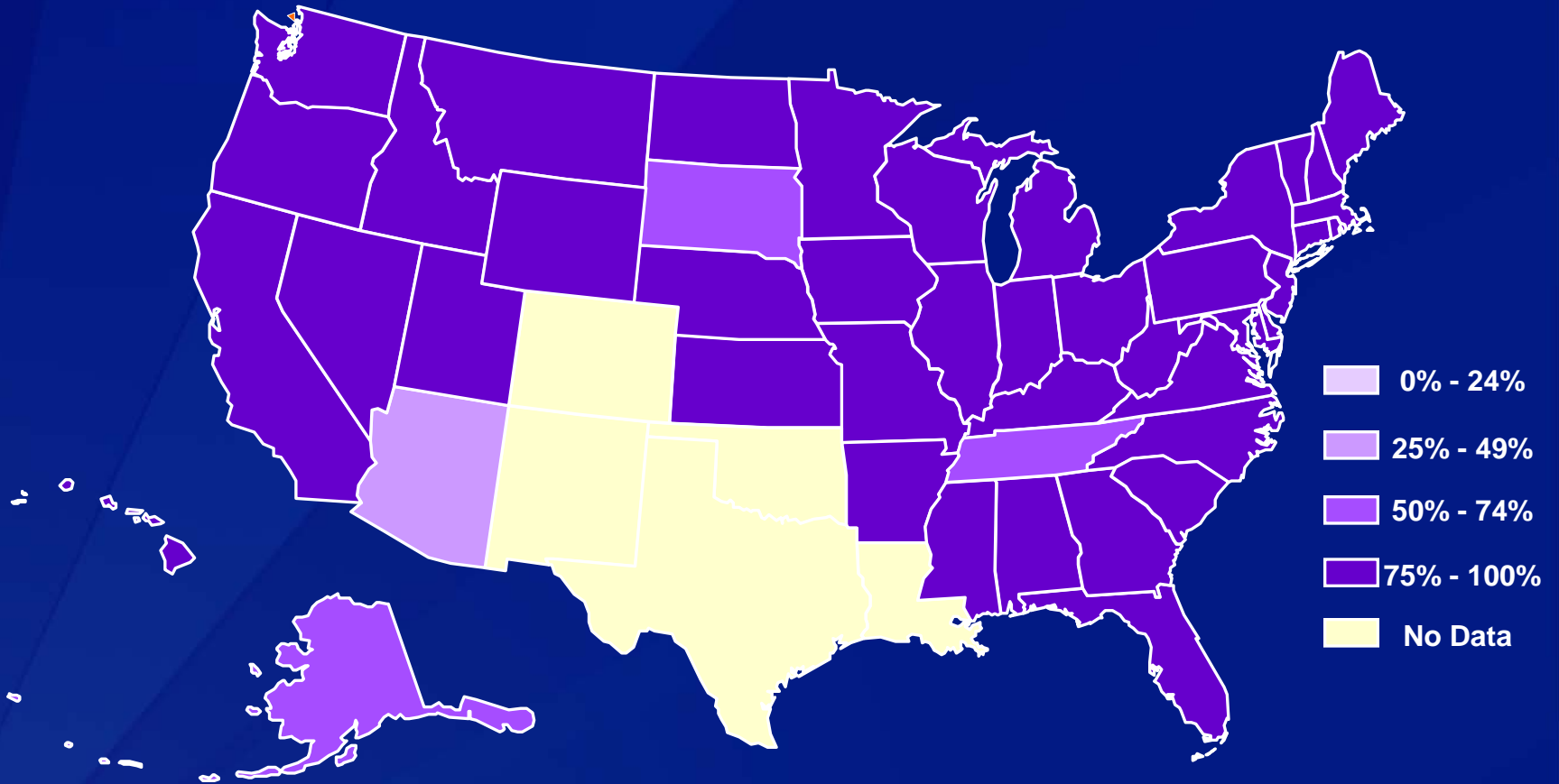
Percentage of secondary schools that tried to increase student knowledge on human sexuality in a required course



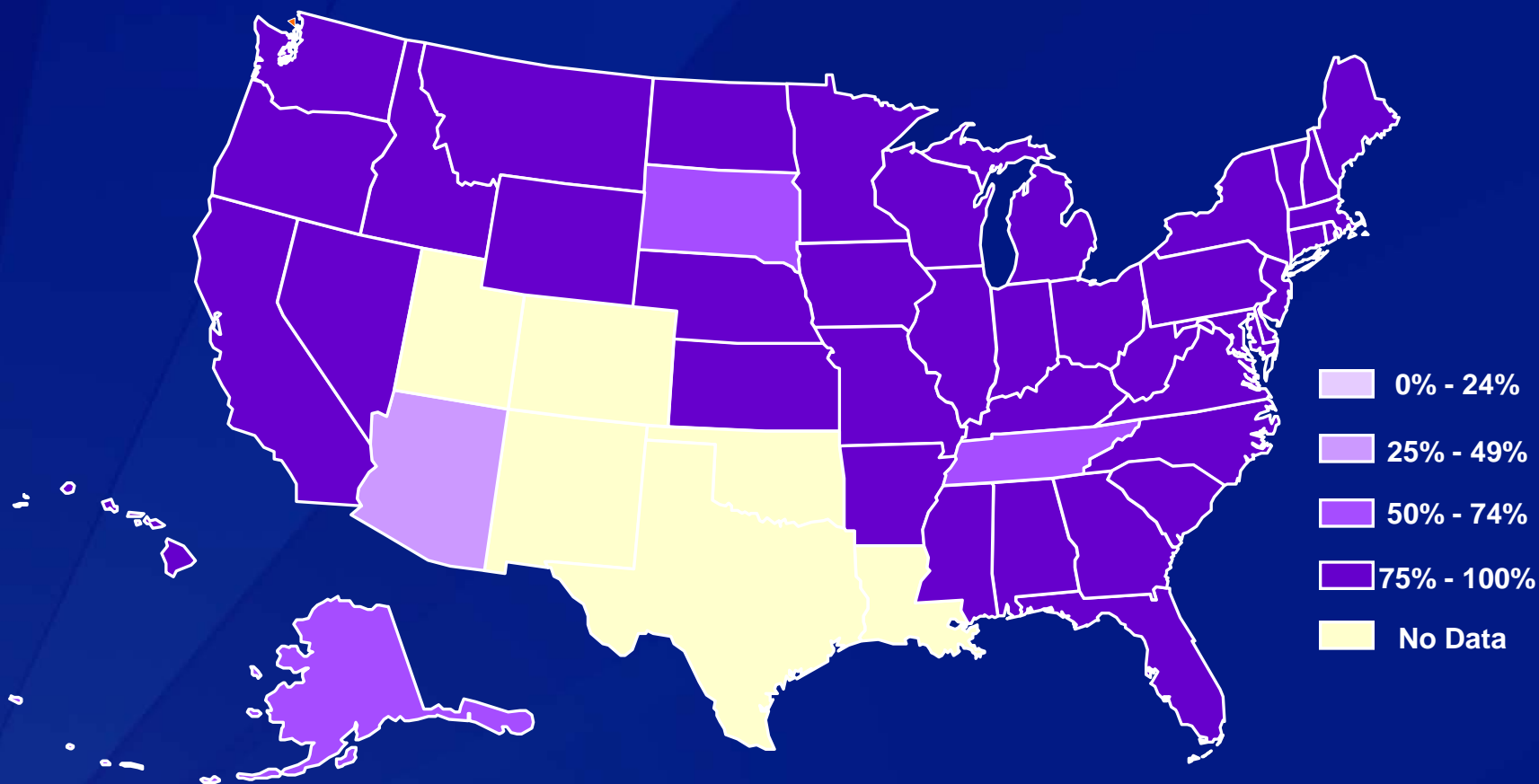
Percentage of secondary schools that tried to increase student knowledge on pregnancy prevention in a required course



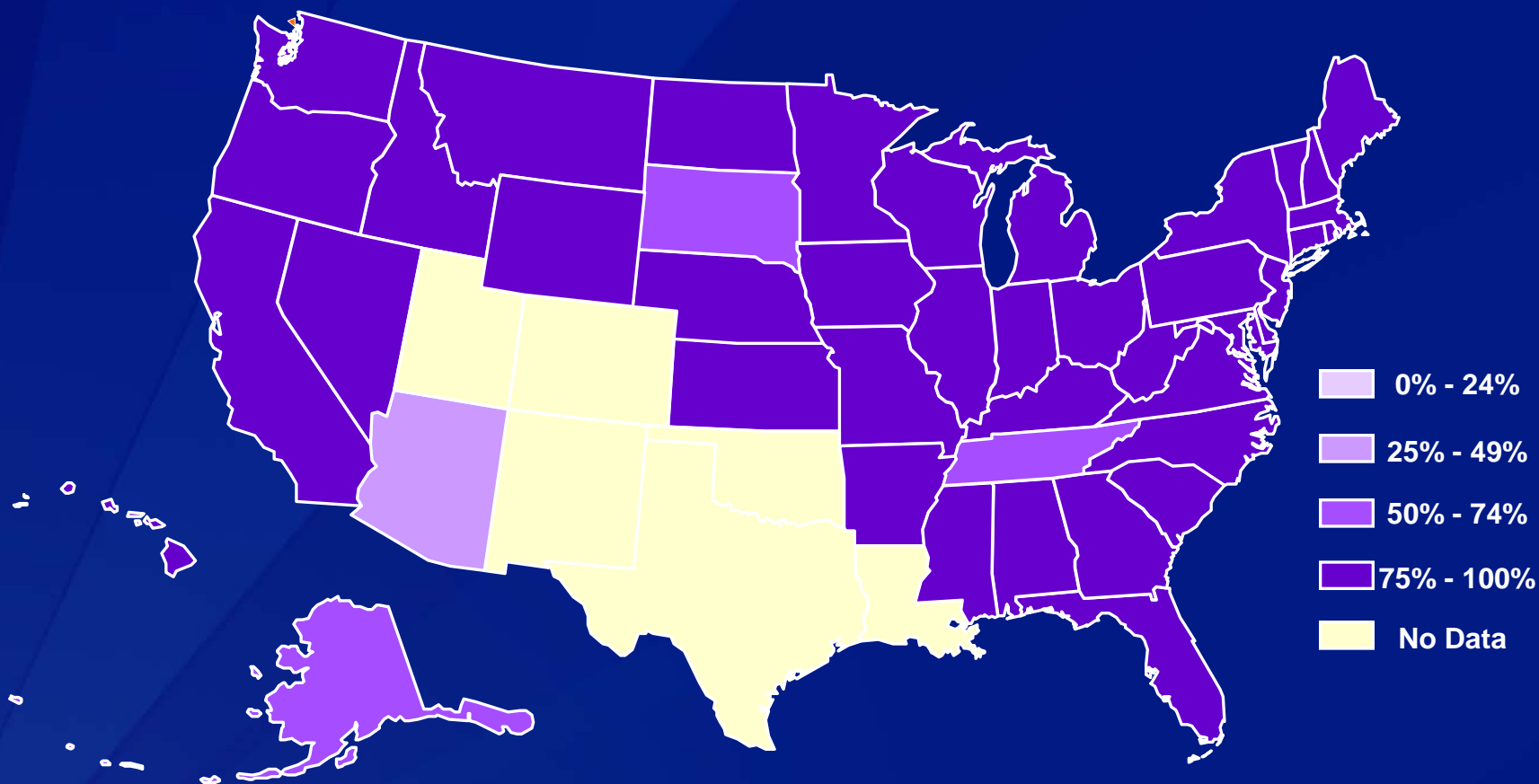
Percentage of secondary schools that tried to increase student knowledge on STD prevention in a required course



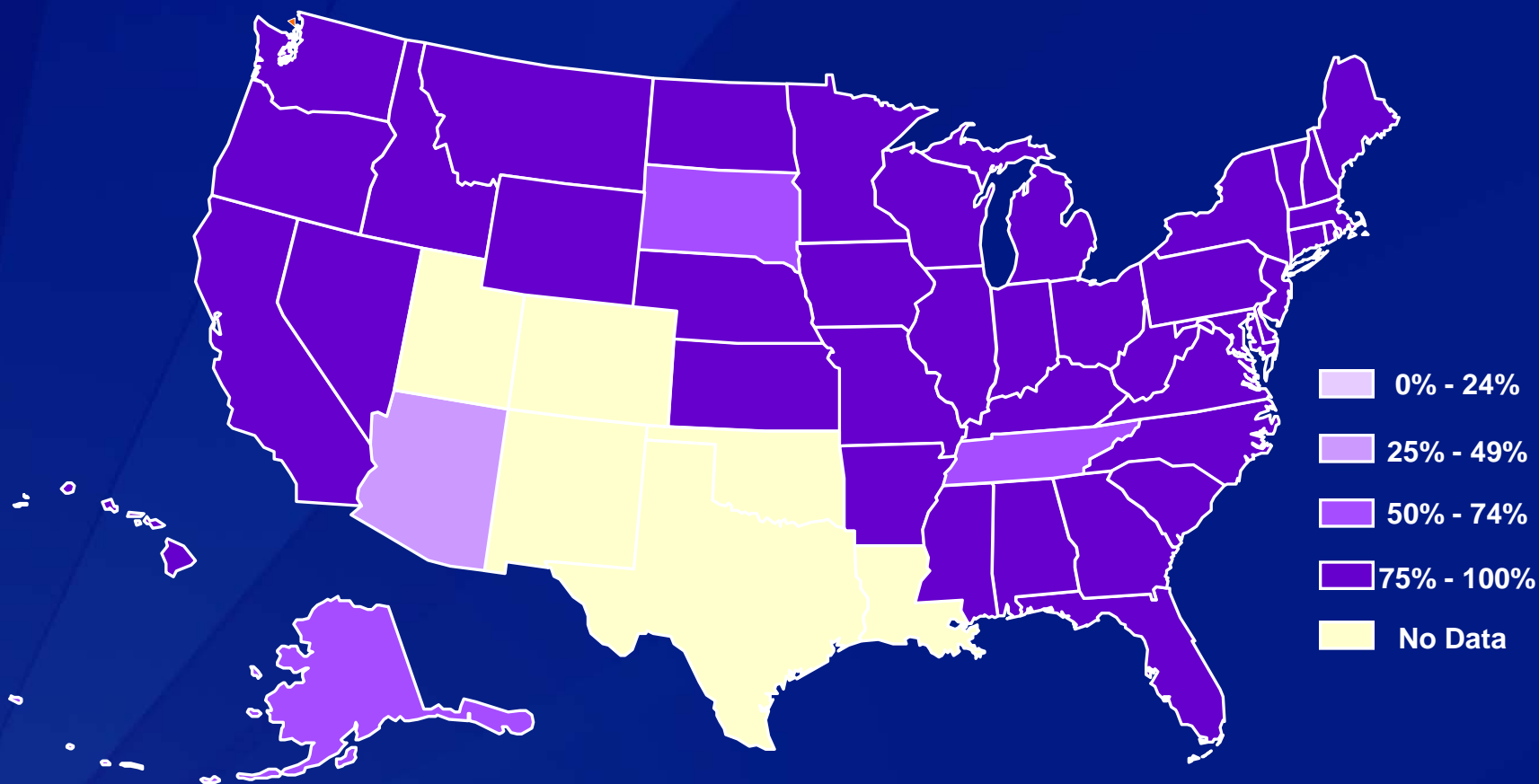
Percentage of secondary schools that taught how HIV and other STDs are transmitted in a required course



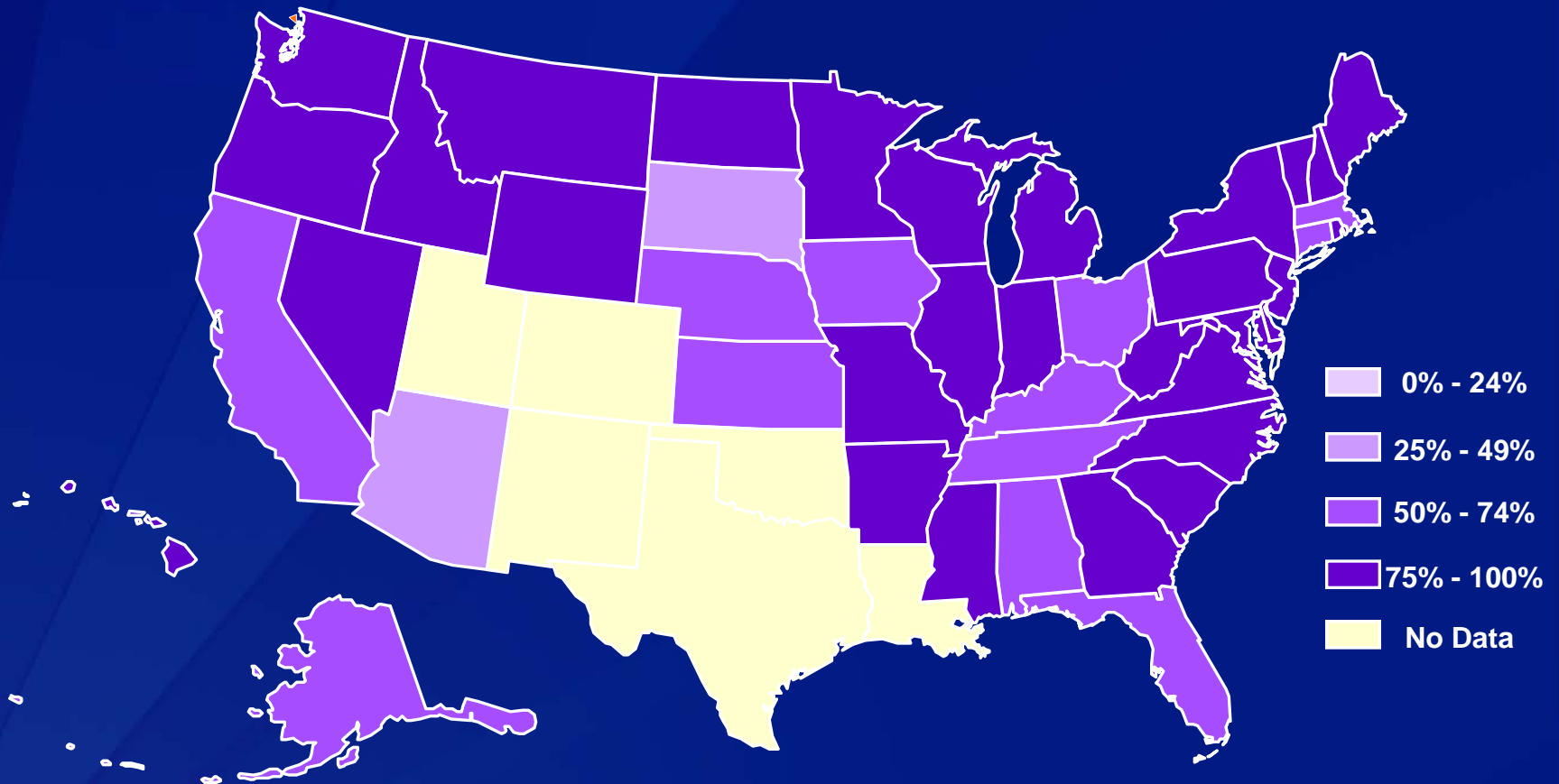
Percentage of secondary schools that taught health consequences of HIV, other STDs, and pregnancy in a required course



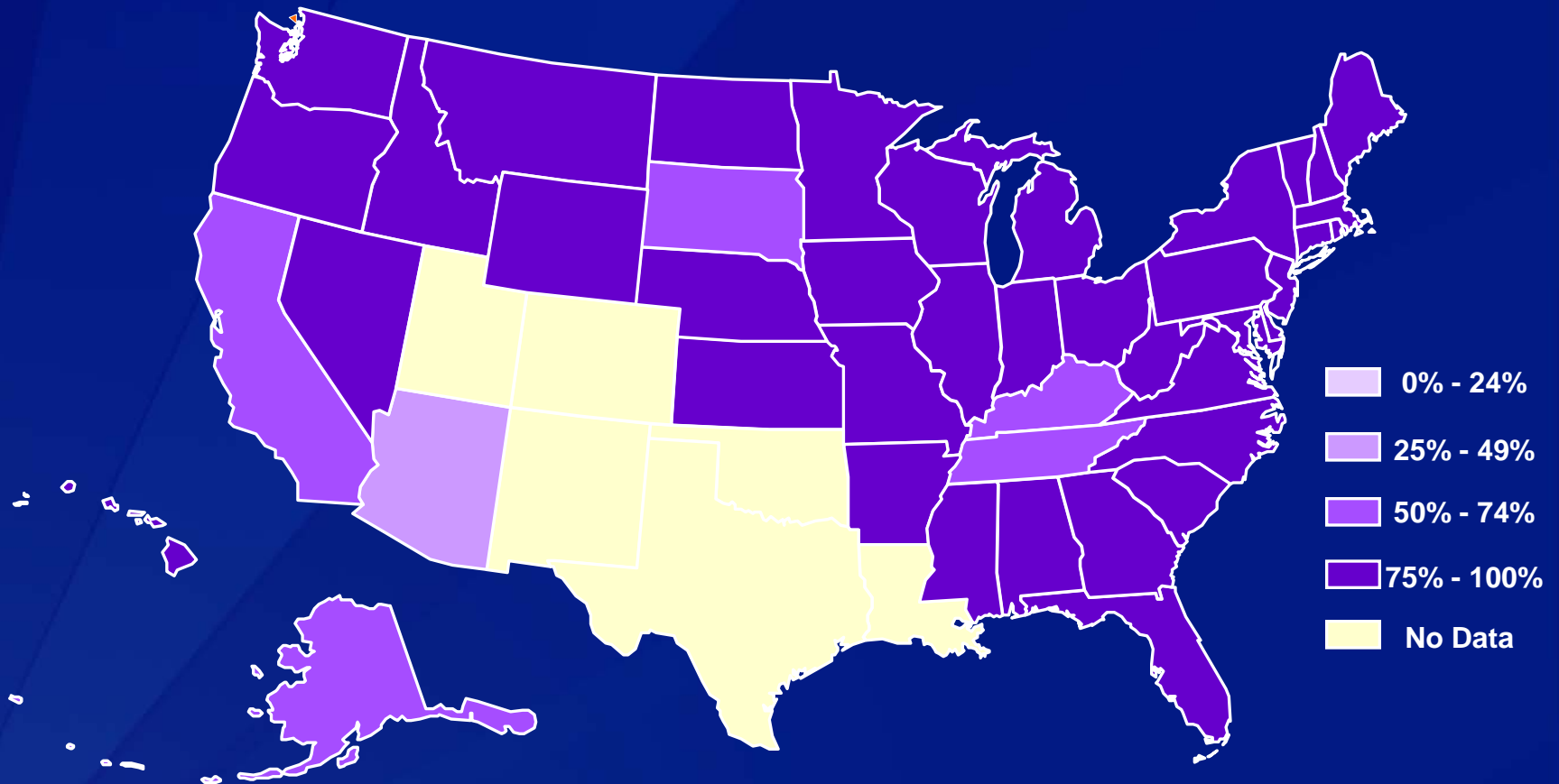
Percentage of secondary schools that taught the benefits of being sexually abstinent in a required course



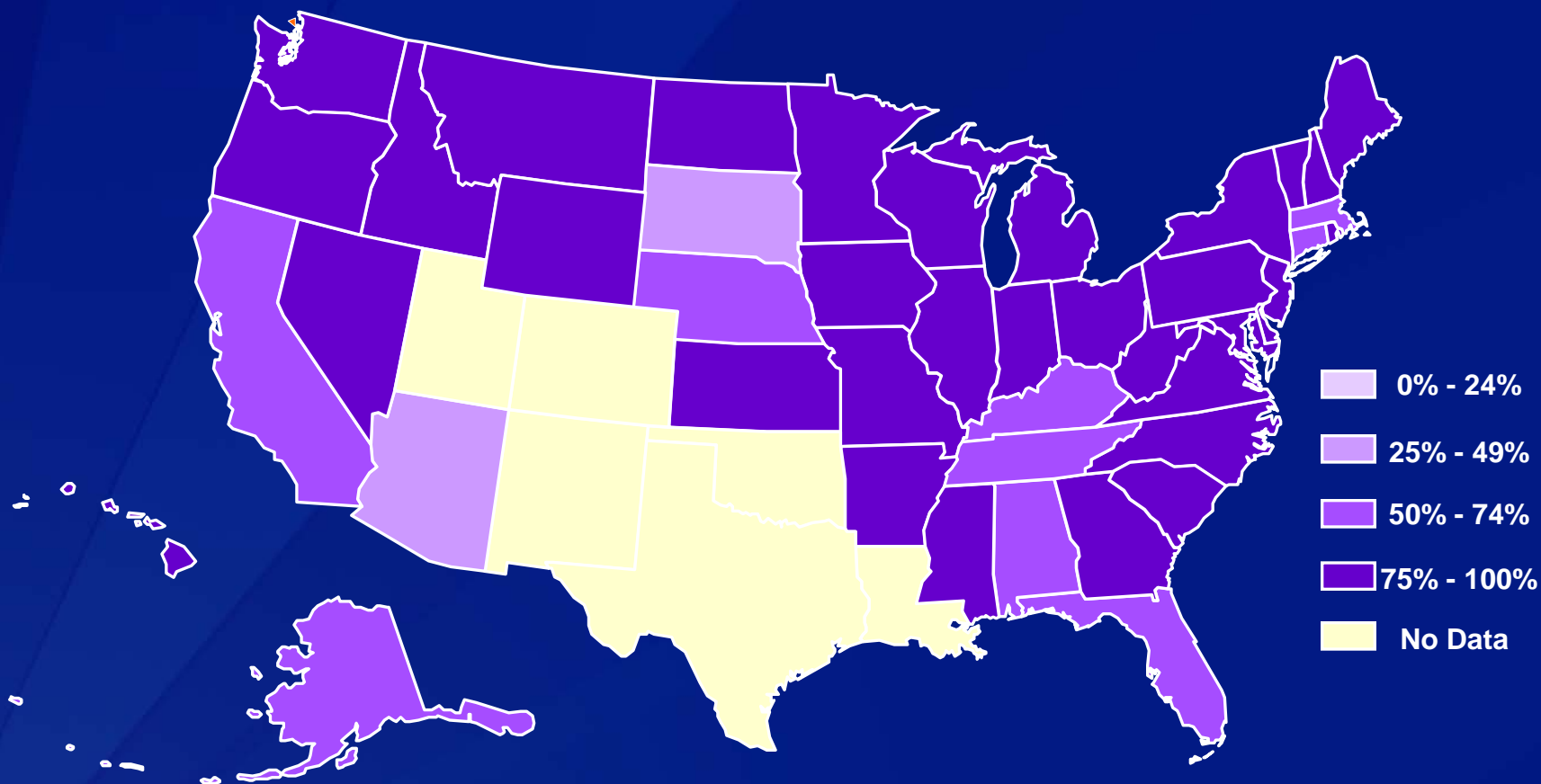
Percentage of secondary schools that taught how to access valid and reliable health information, products, and services related to HIV, other STDs, and pregnancy in a required course



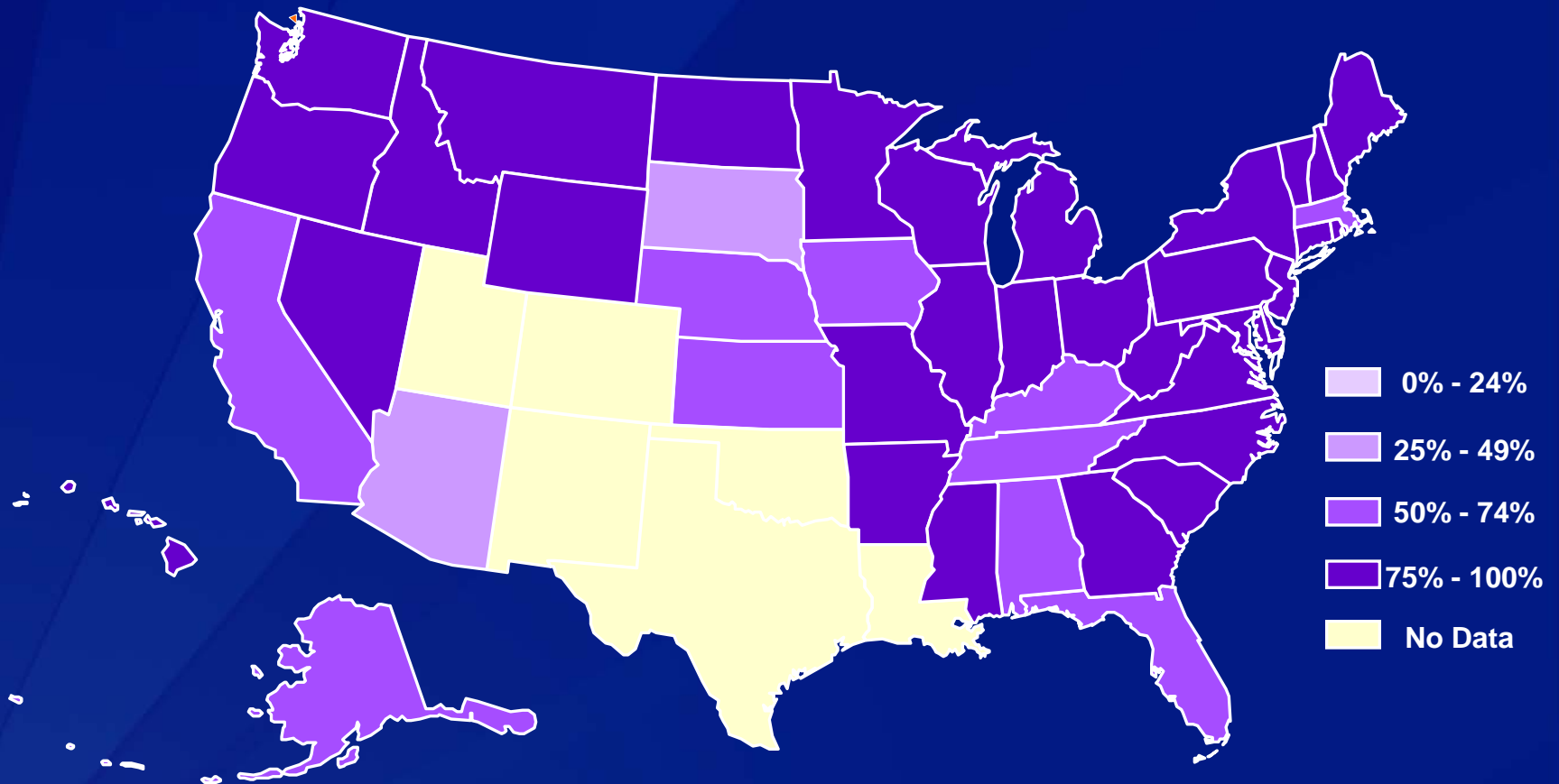
Percentage of secondary schools that taught the influences of family, peers, media, technology, and other factors on sexual risk behaviors in a required course



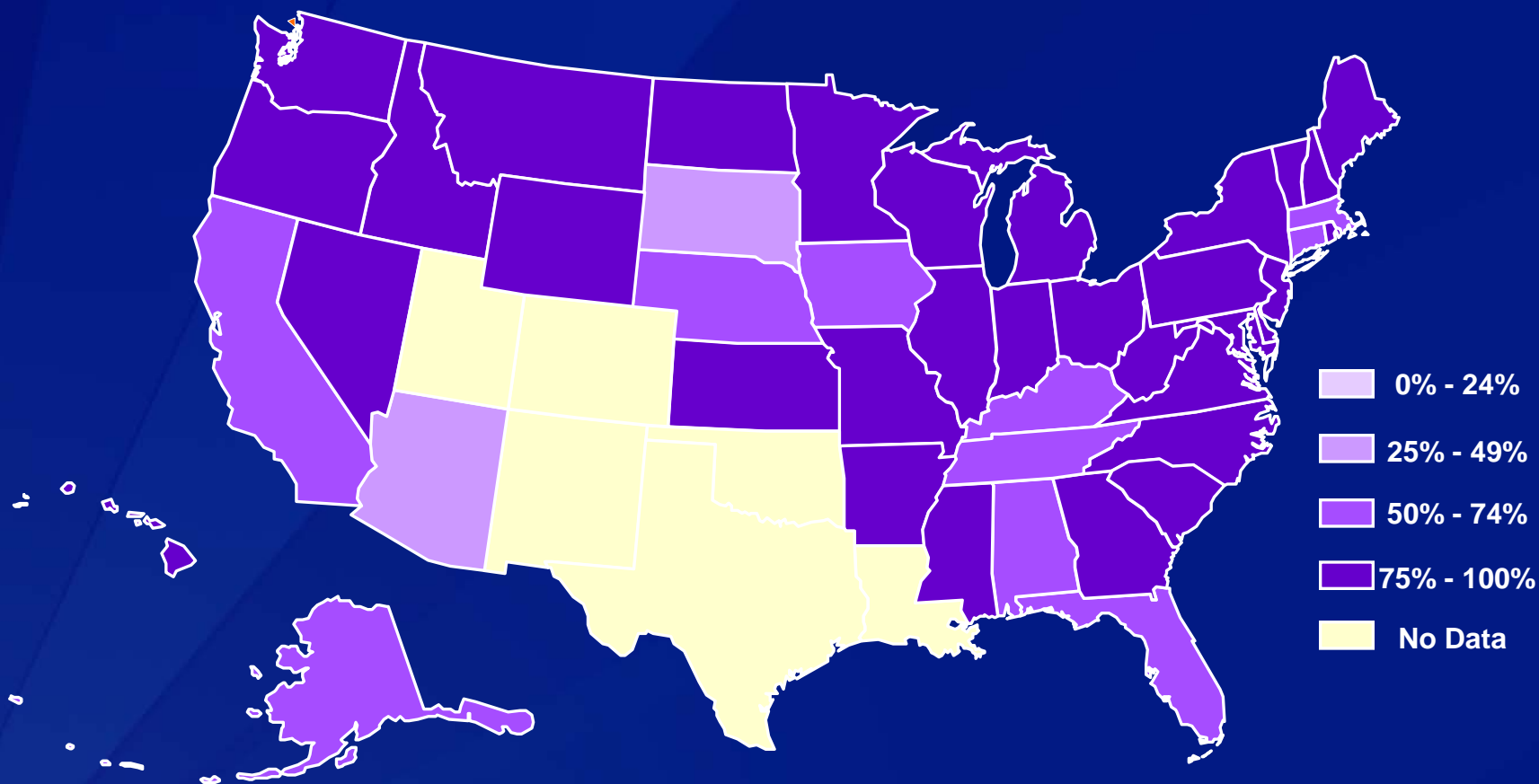
Percentage of secondary schools that taught communication and negotiation skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy in a required course



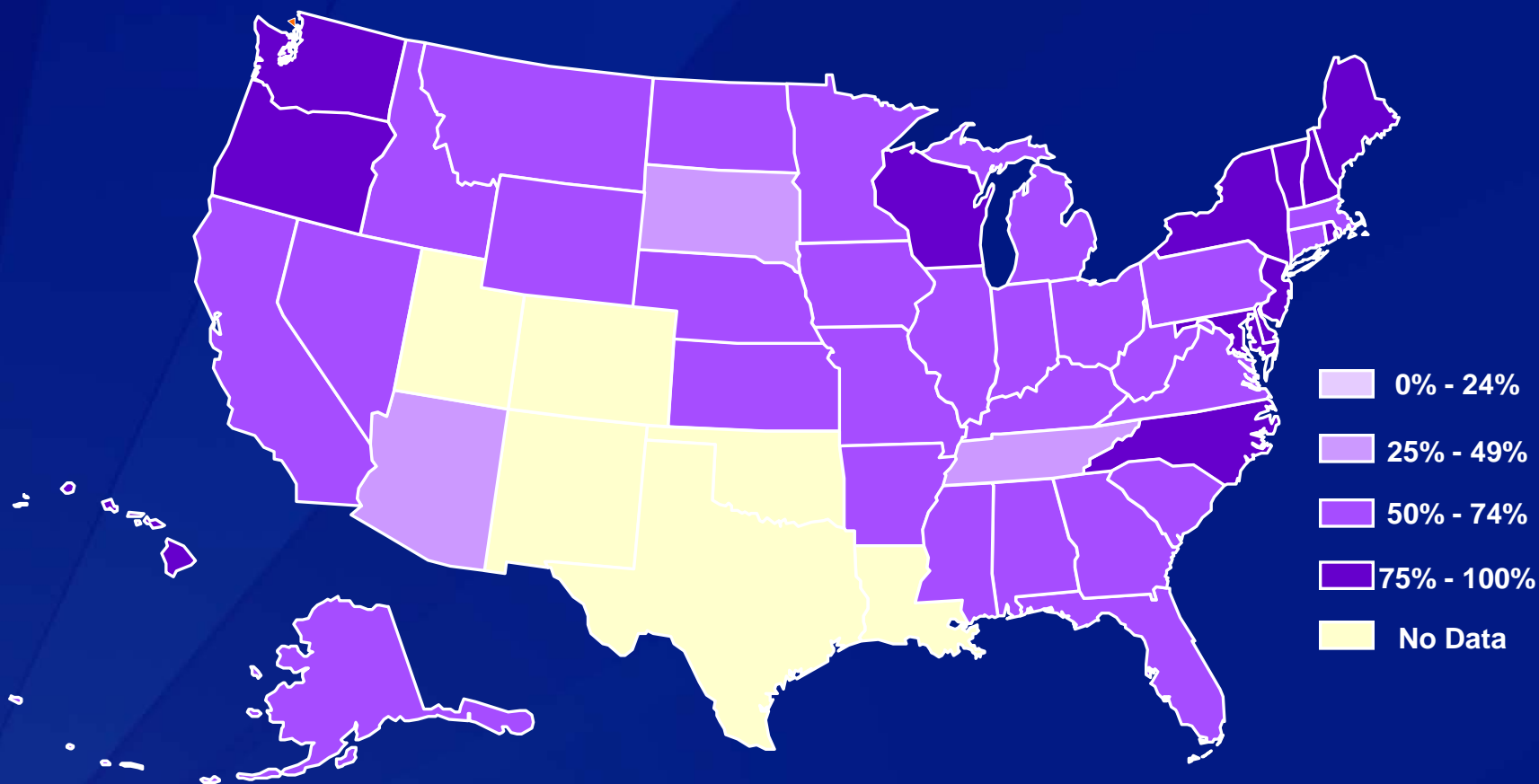
Percentage of secondary schools that taught goal-setting and decision-making skills related to eliminating or reducing risk for HIV, other STDs, and pregnancy in a required course



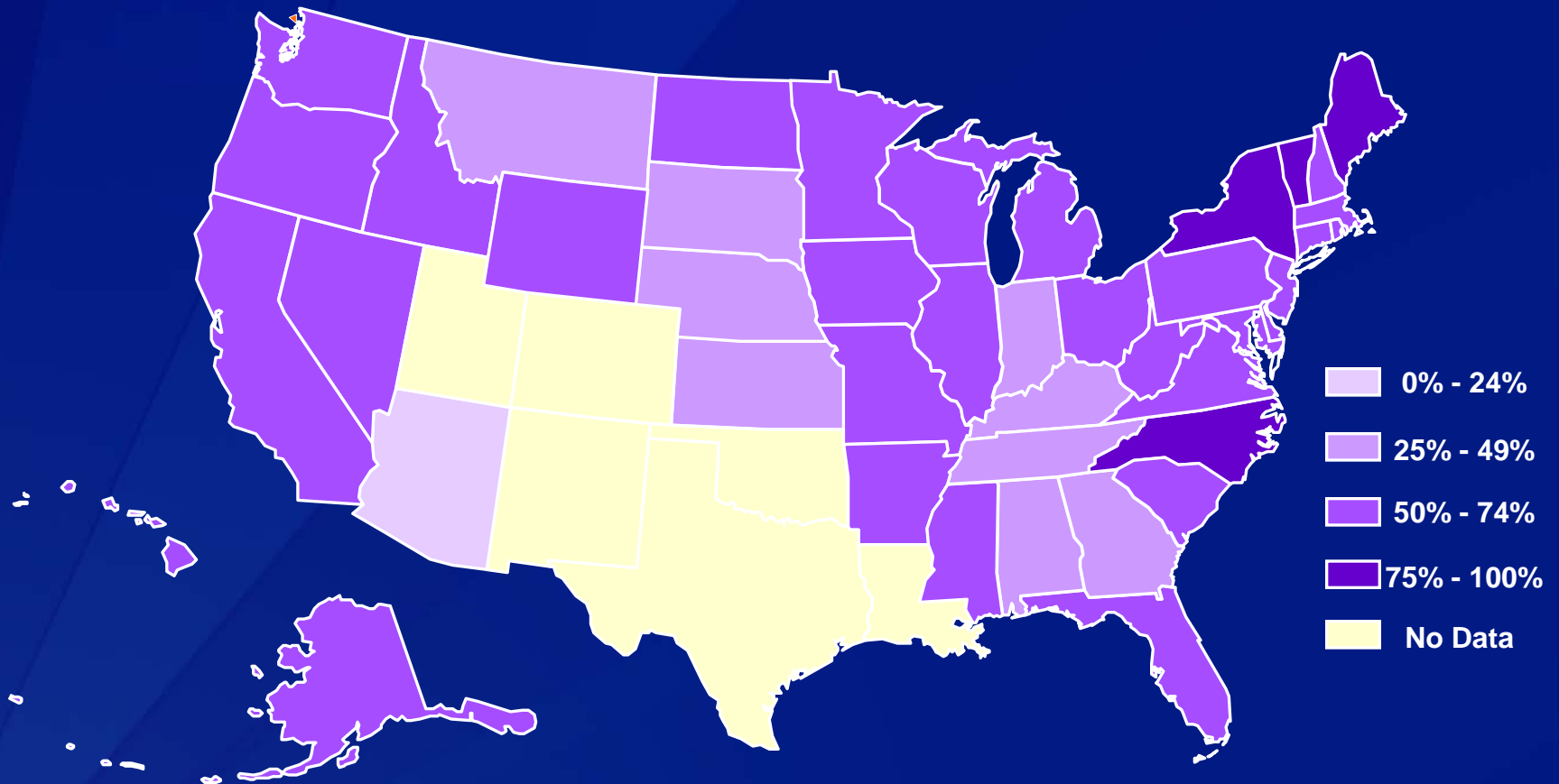
Percentage of secondary schools that taught influencing and supporting others to avoid or reduce sexual risk behaviors in a required course



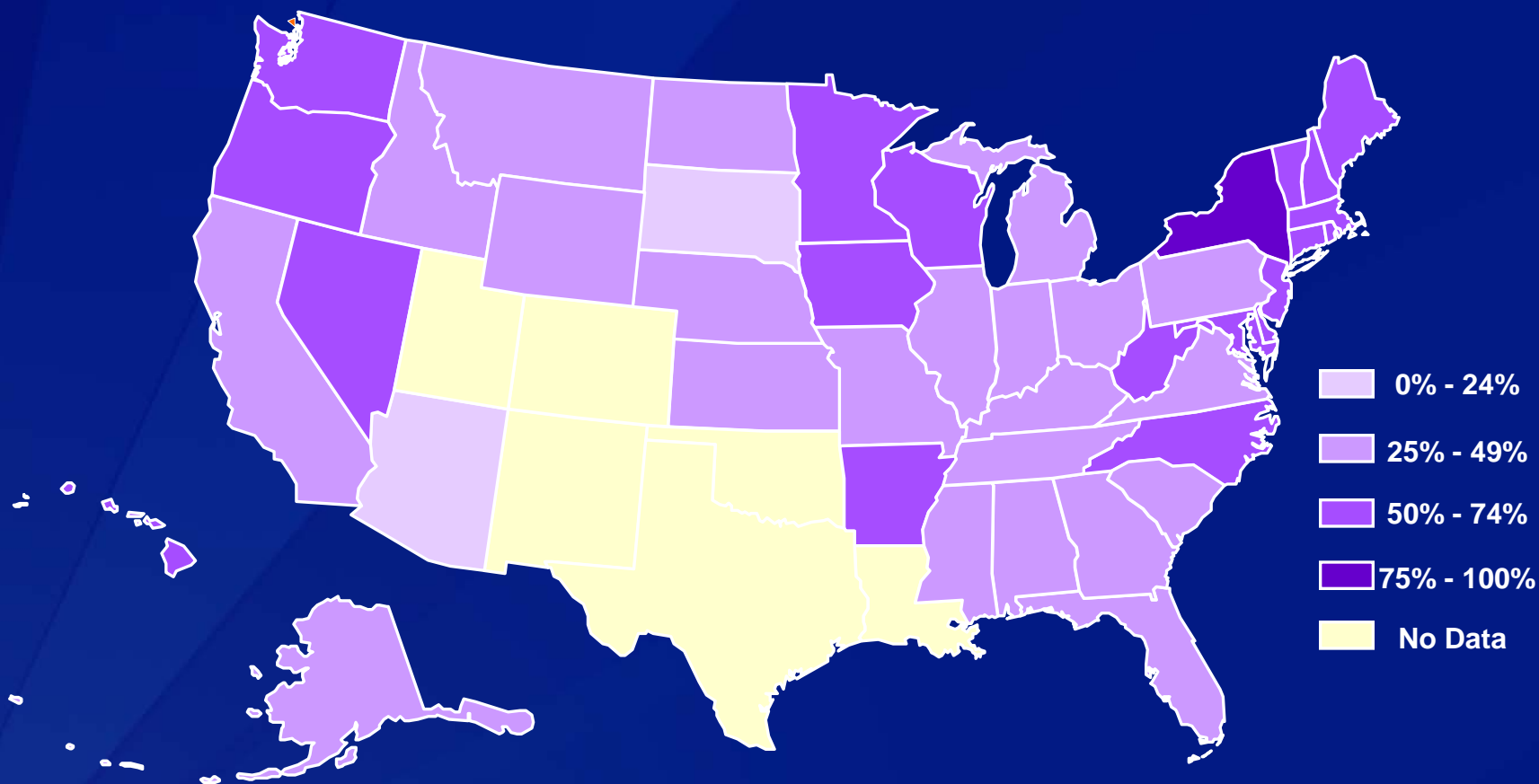
Percentage of secondary schools that taught efficacy of condoms in a required course



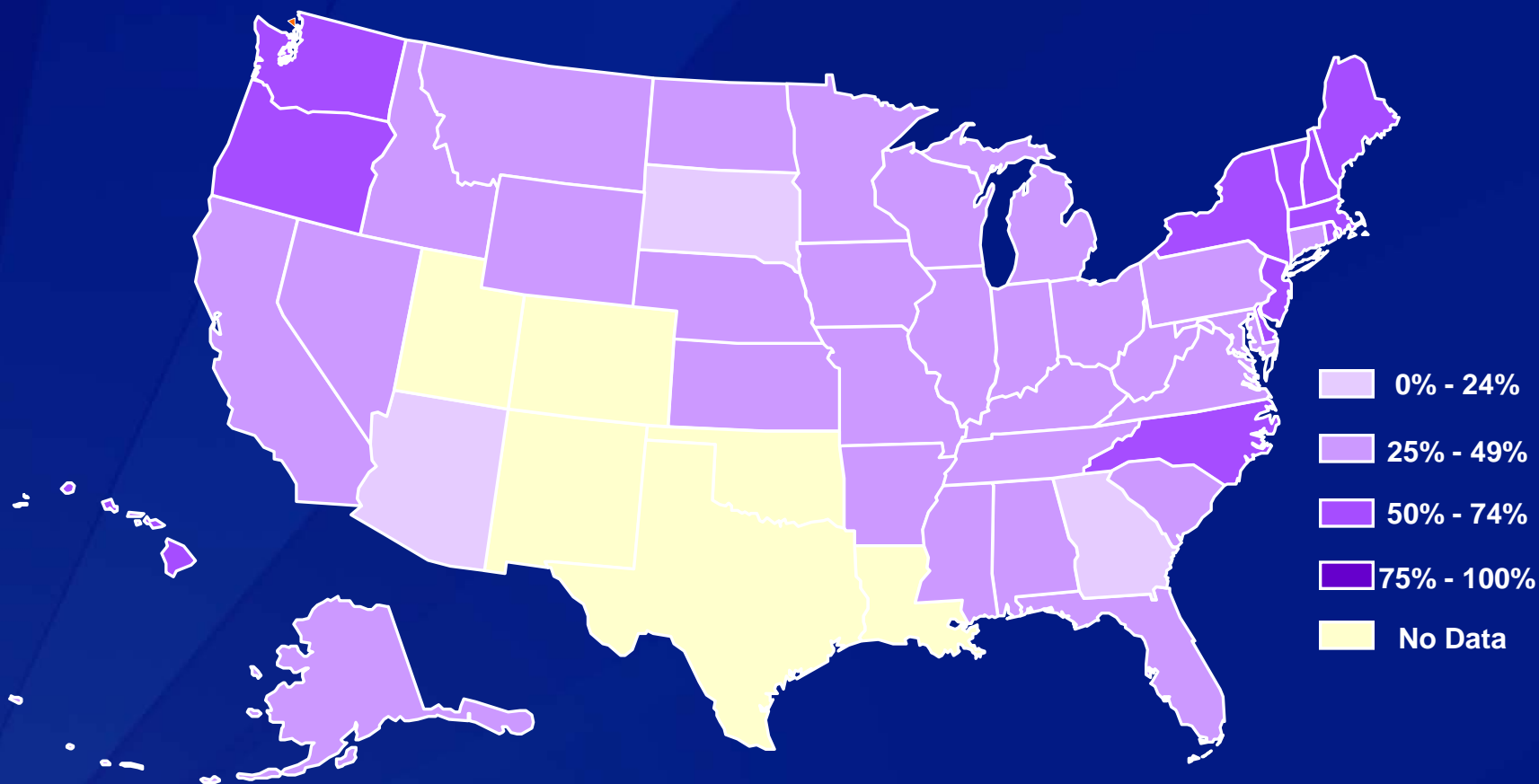
Percentage of secondary schools that taught the importance of using condoms consistently and correctly in a required course



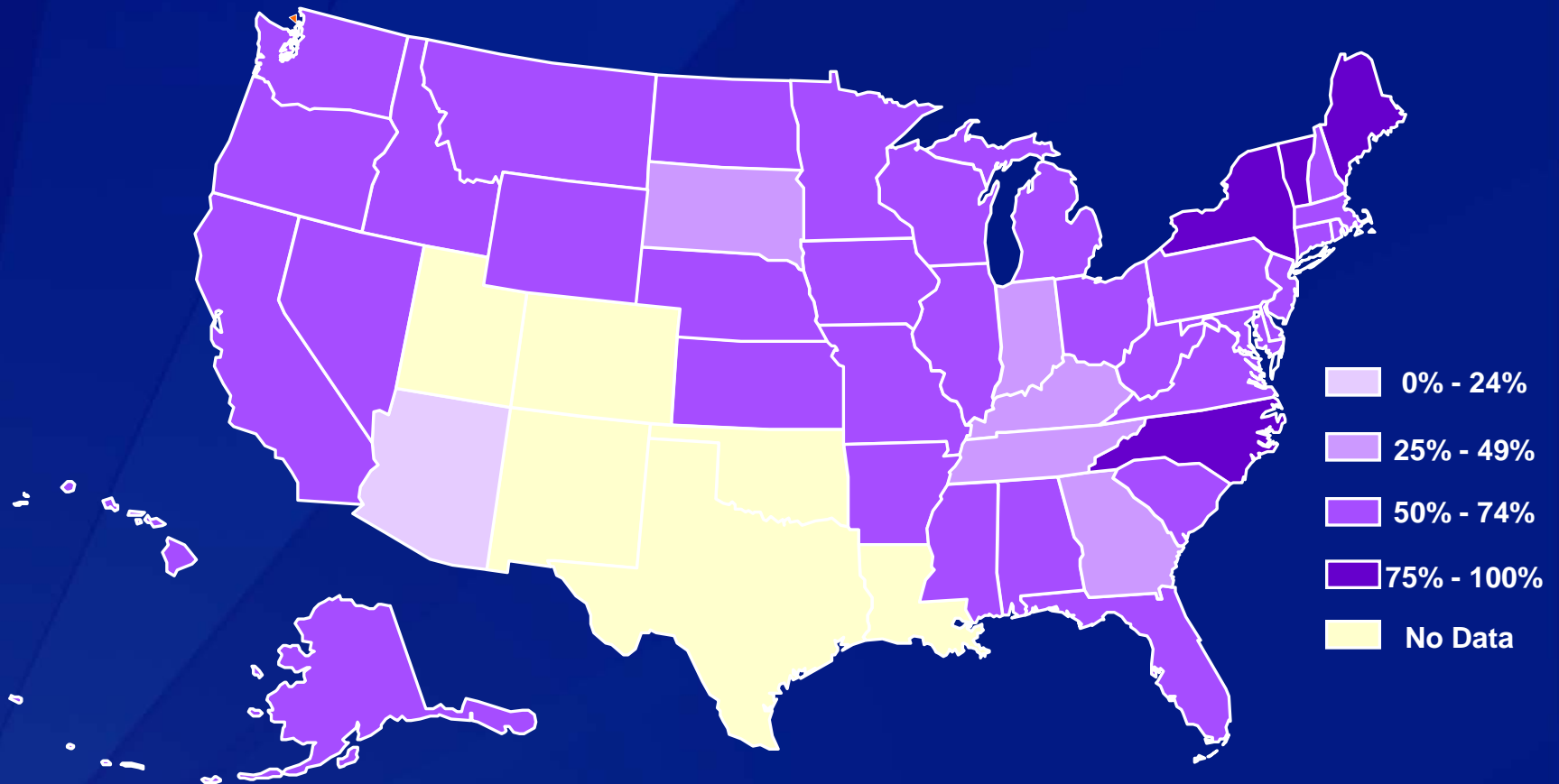
Percentage of secondary schools that taught how to obtain condoms in a required course



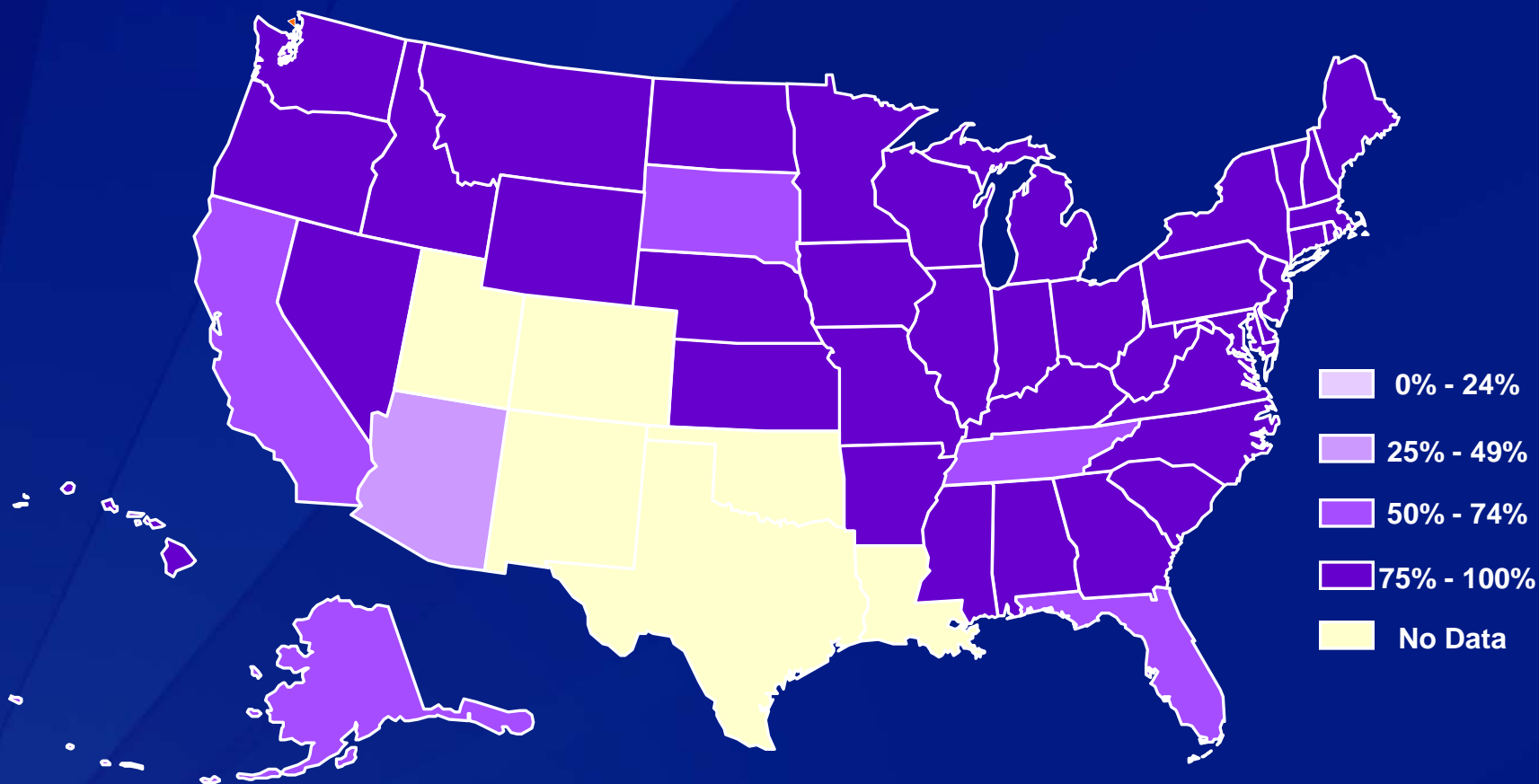
Percentage of secondary schools that taught how to correctly use a condom in a required course



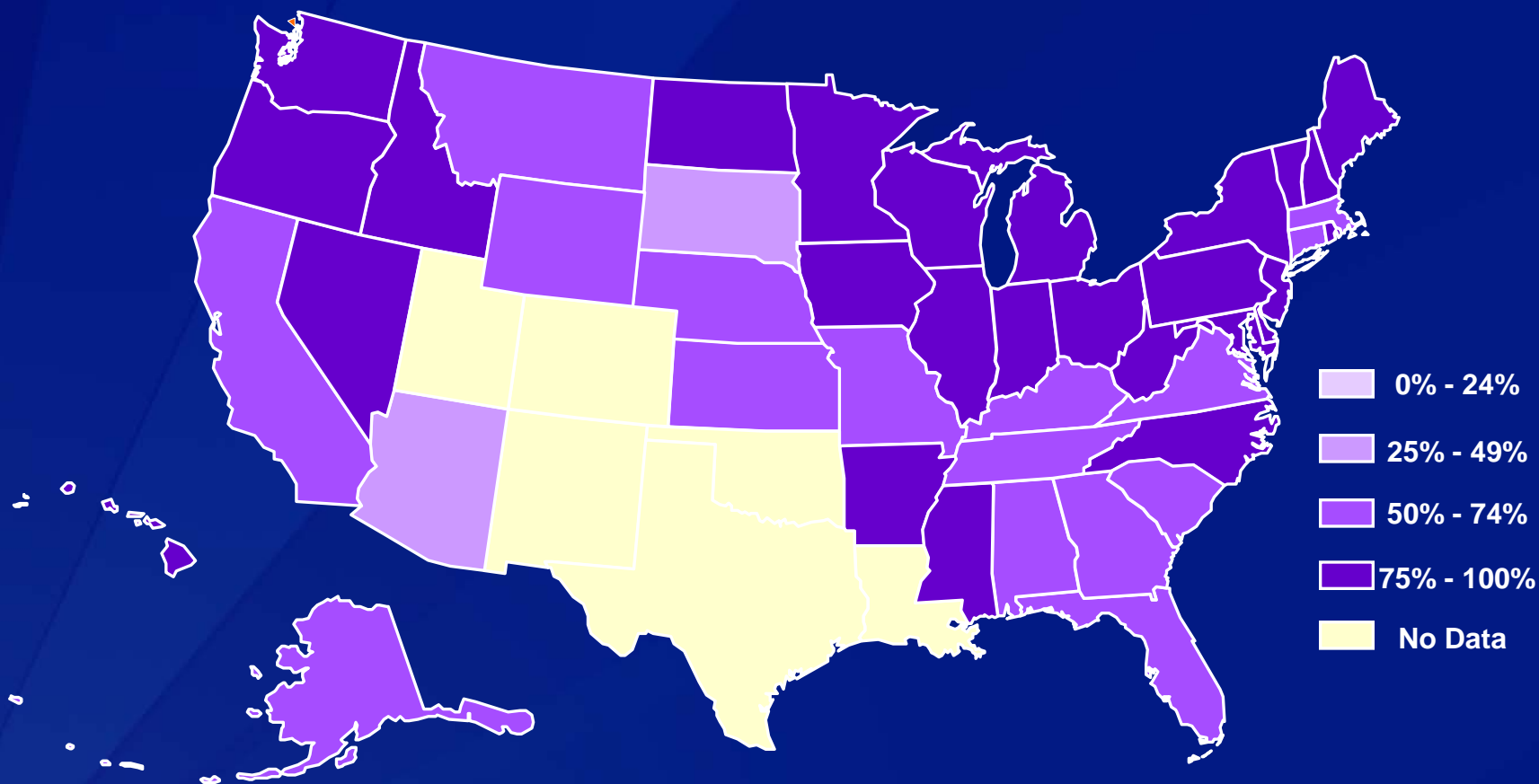
**Percentage of secondary schools that taught the importance of using a condom
at the same time as another form of contraception to prevent both STDs and
pregnancy in a required course**



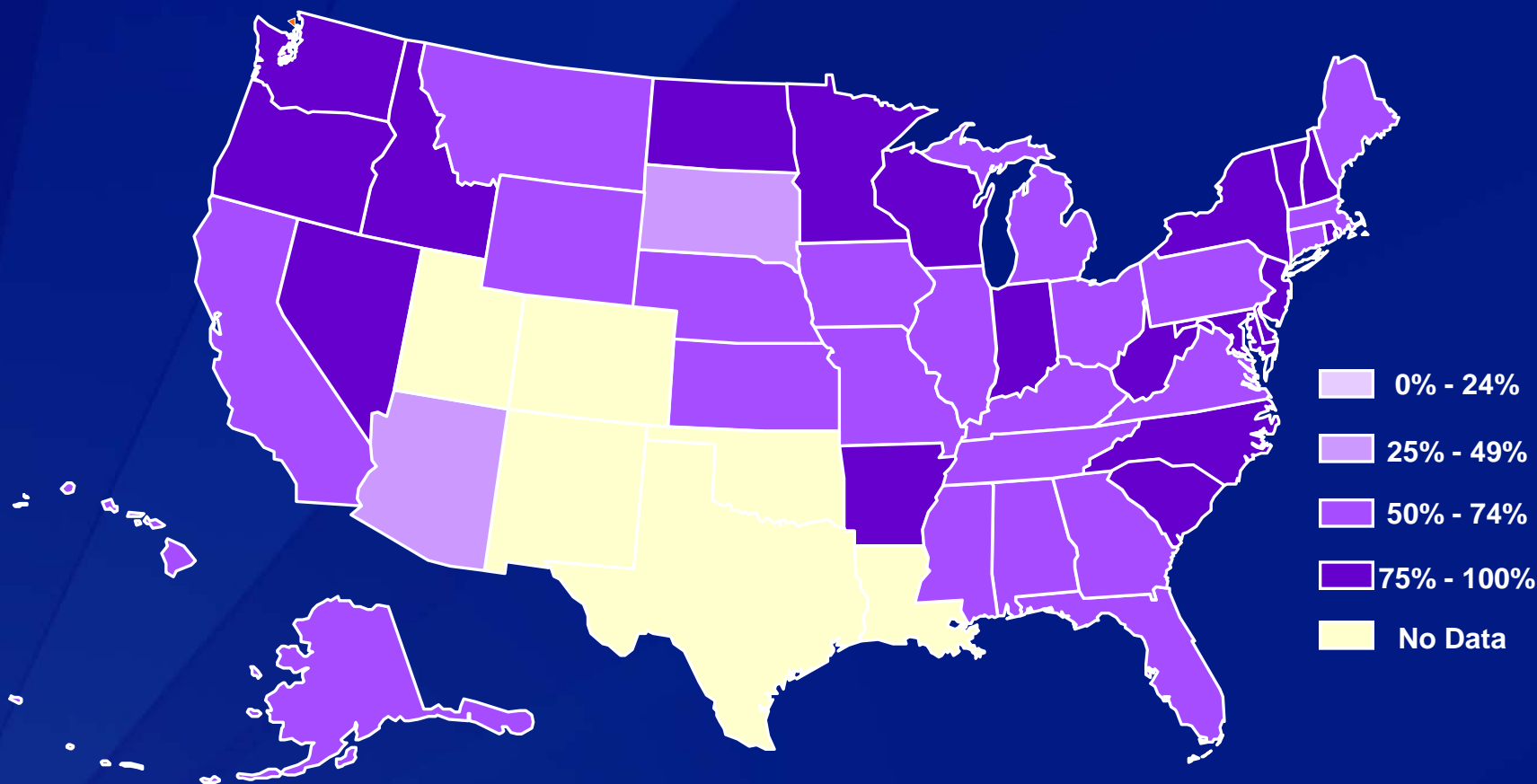
Percentage of secondary schools that taught how to create and sustain healthy and respectful relationships in a required course



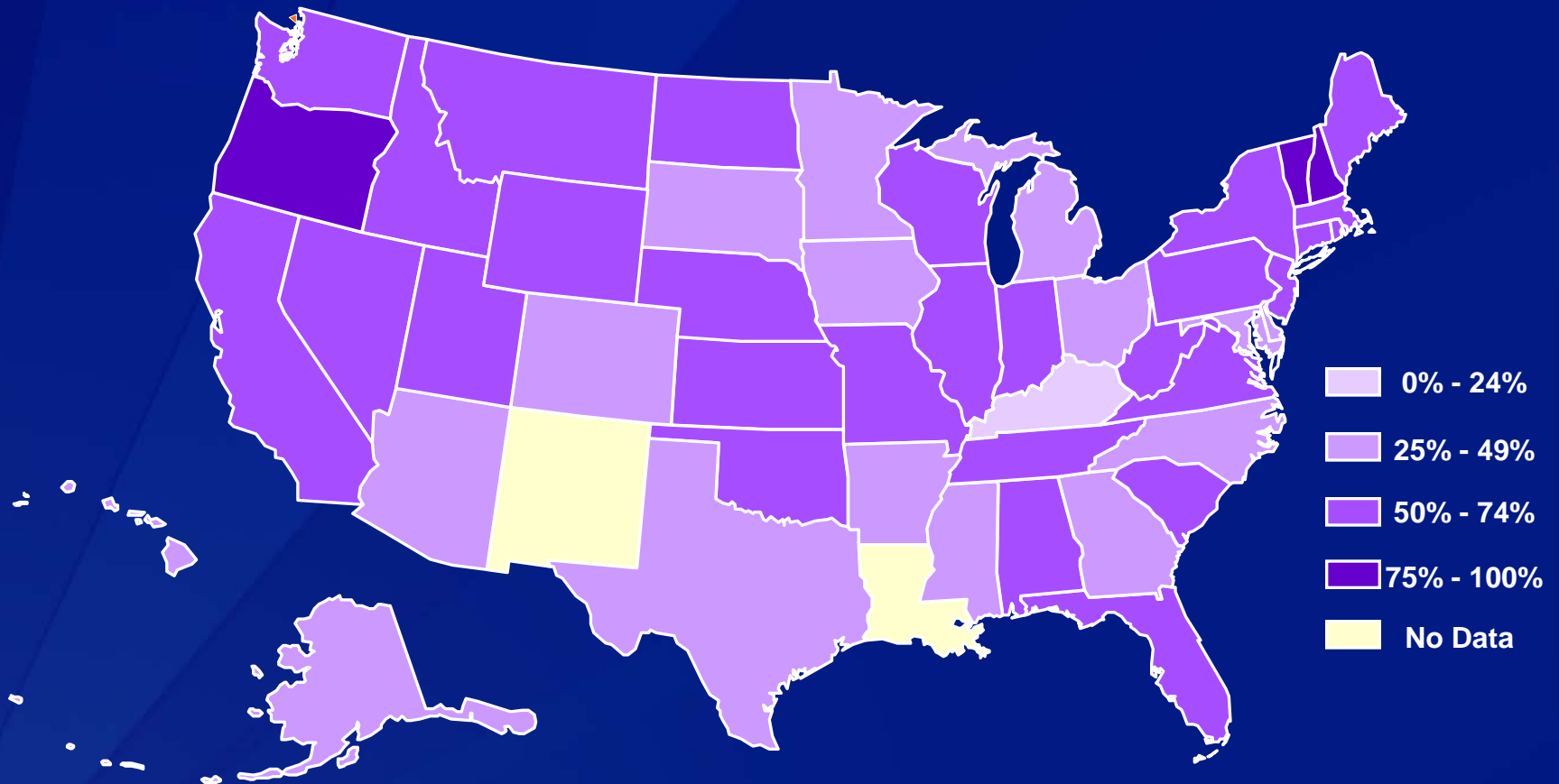
Percentage of secondary schools that taught the importance of limiting the number of sexual partners in a required course



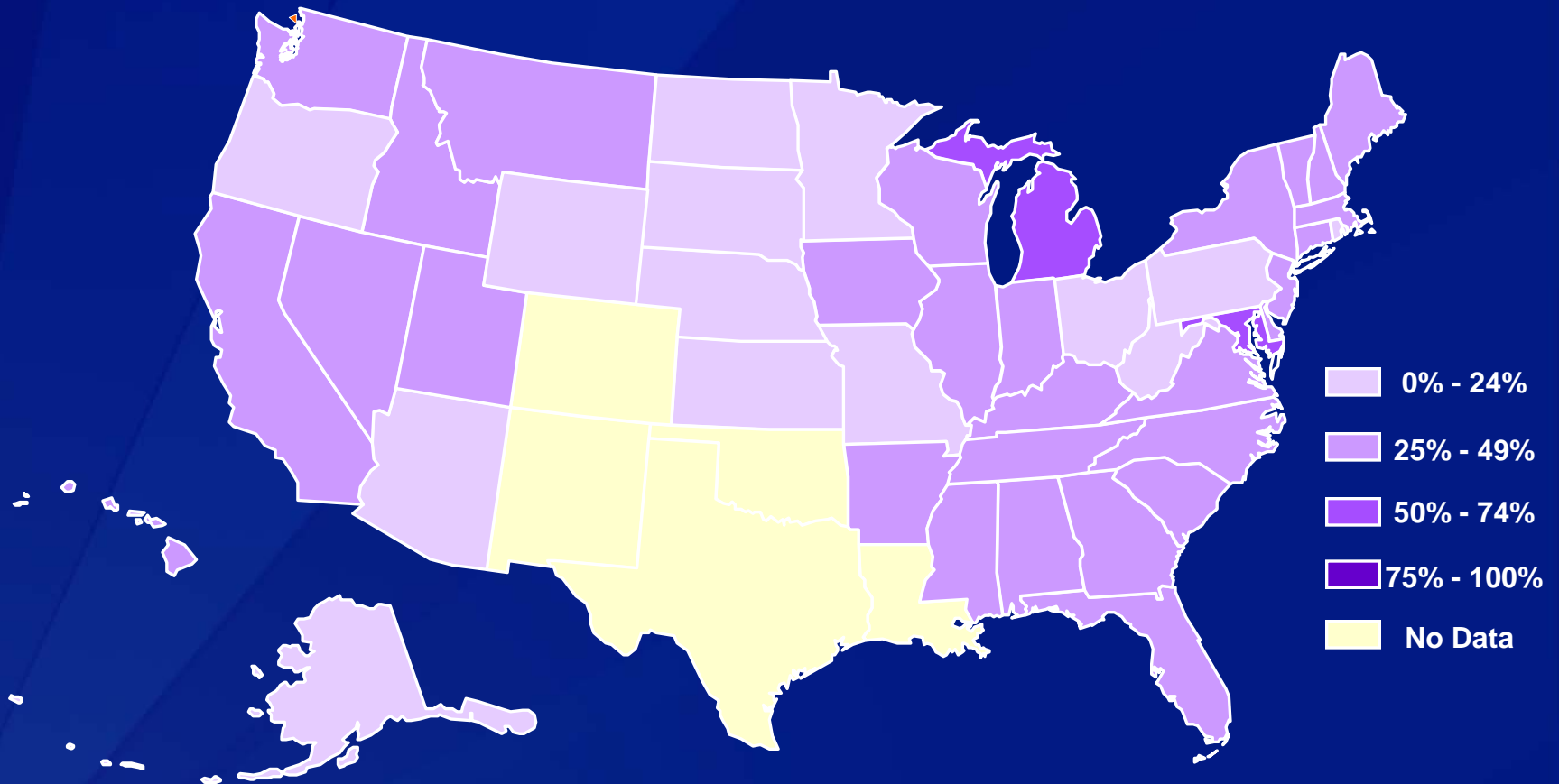
Percentage of secondary schools that taught preventive care that is necessary to maintain reproductive and sexual health in a required course



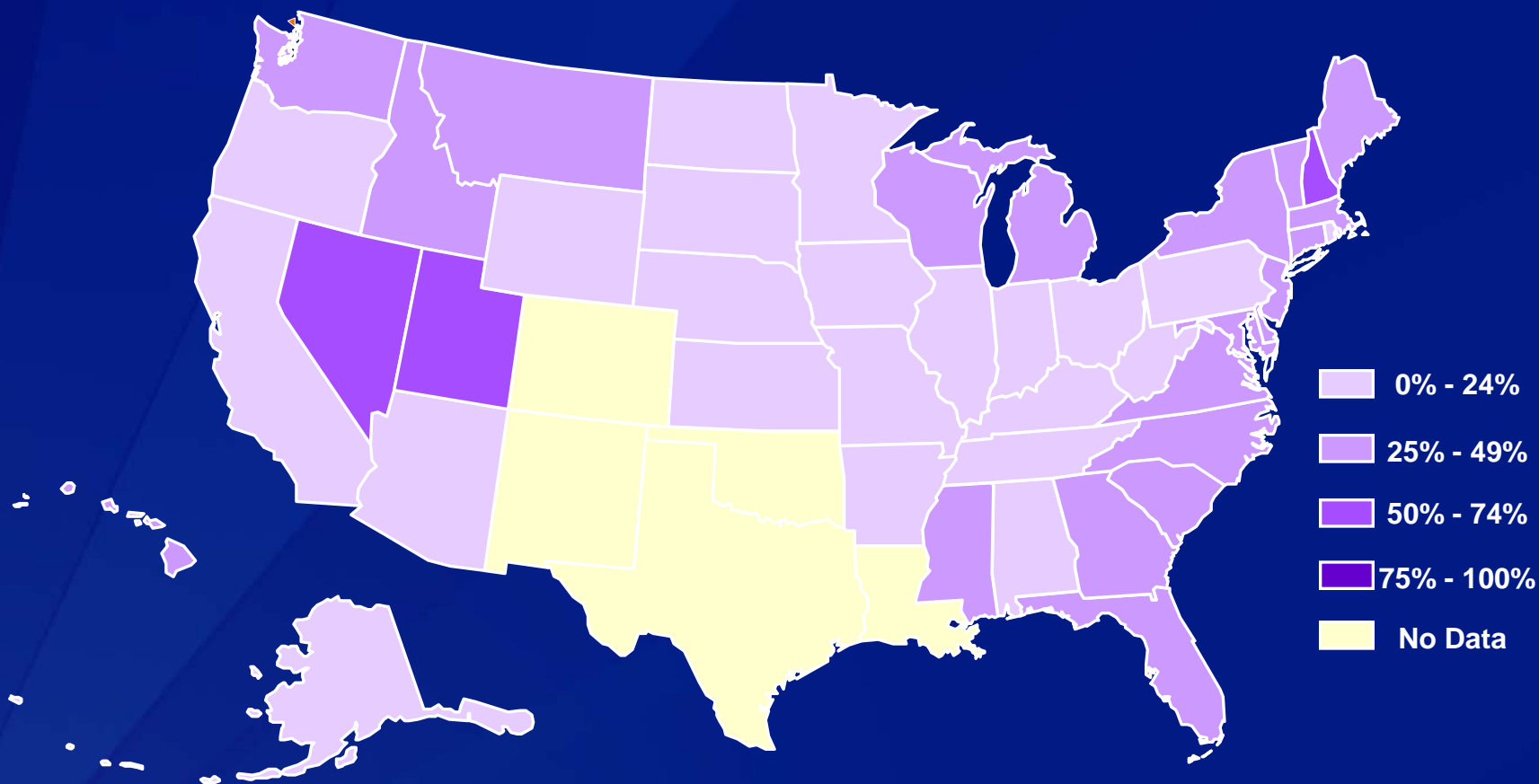
Percentage of secondary schools with a policy on students or staff who have HIV infection or AIDS that addresses attendance of students with HIV infection, procedures to protect HIV-infected students and staff from discrimination, and maintaining confidentiality of HIV-infected students and staff



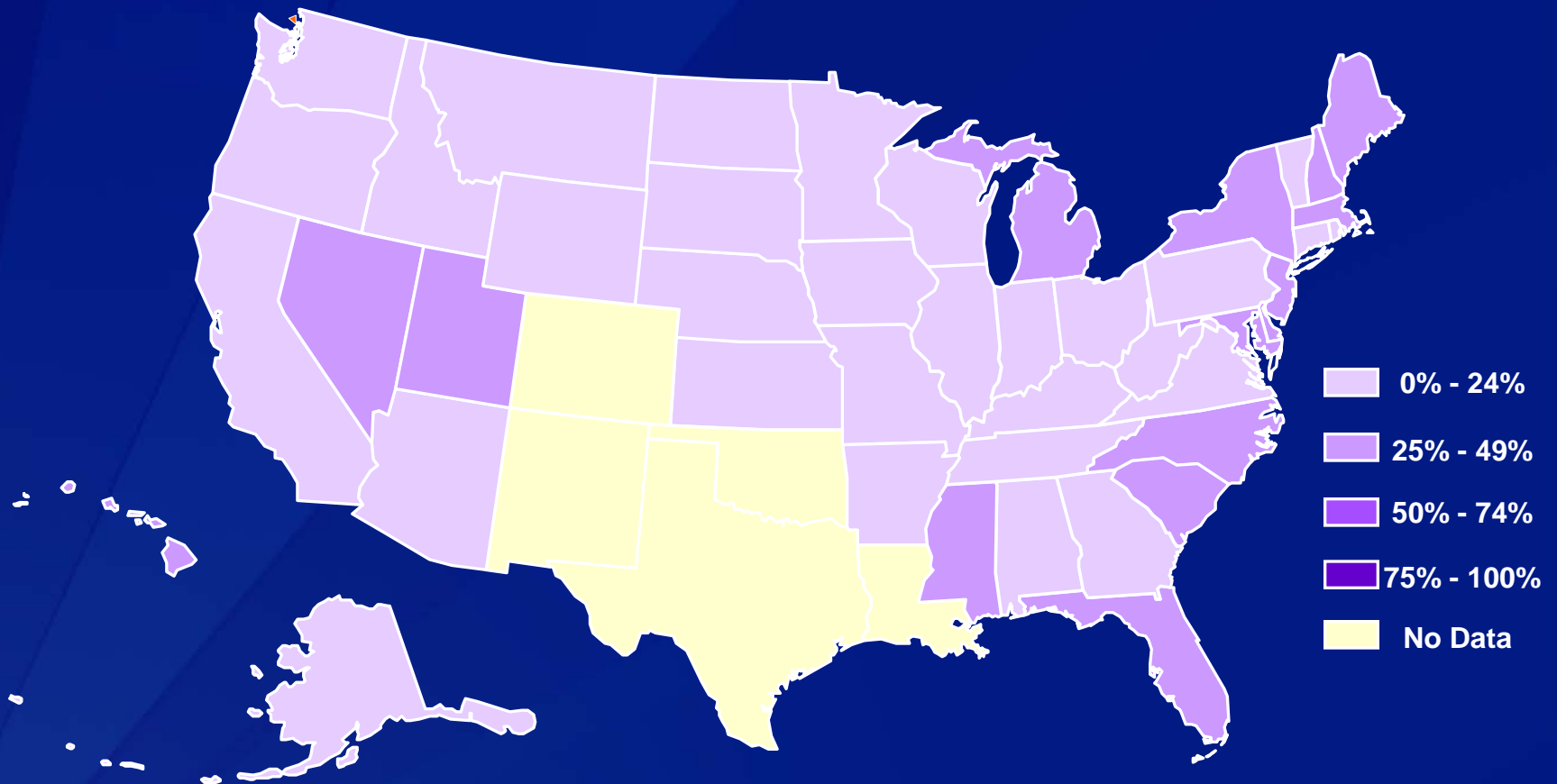
Percentage of secondary schools in which the lead health education teacher received professional development during the 2 years before the survey on HIV prevention



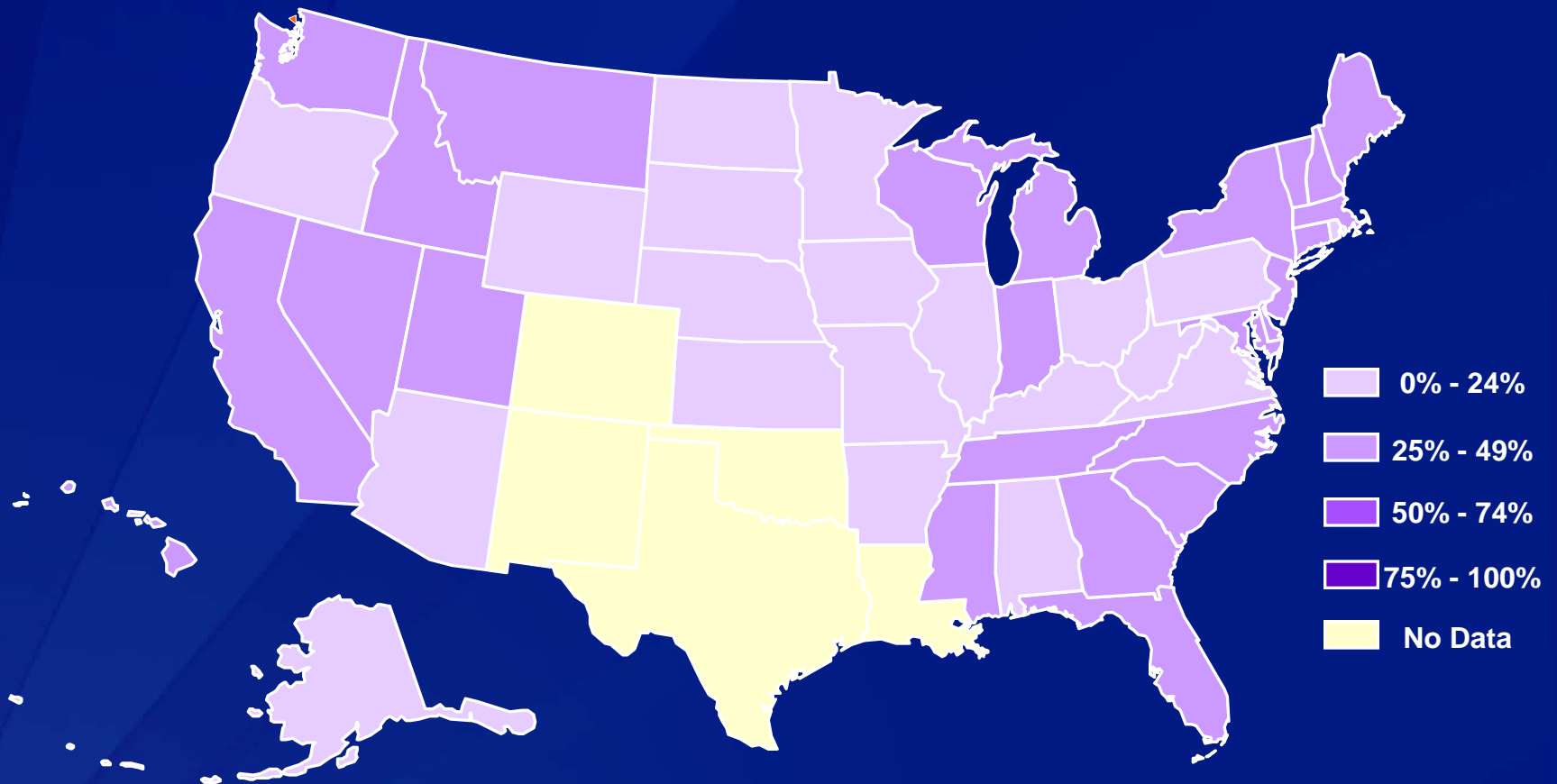
Percentage of secondary schools in which the lead health education teacher received professional development during the 2 years before the survey on human sexuality



Percentage of secondary schools in which the lead health education teacher received professional development during the 2 years before the survey on pregnancy prevention

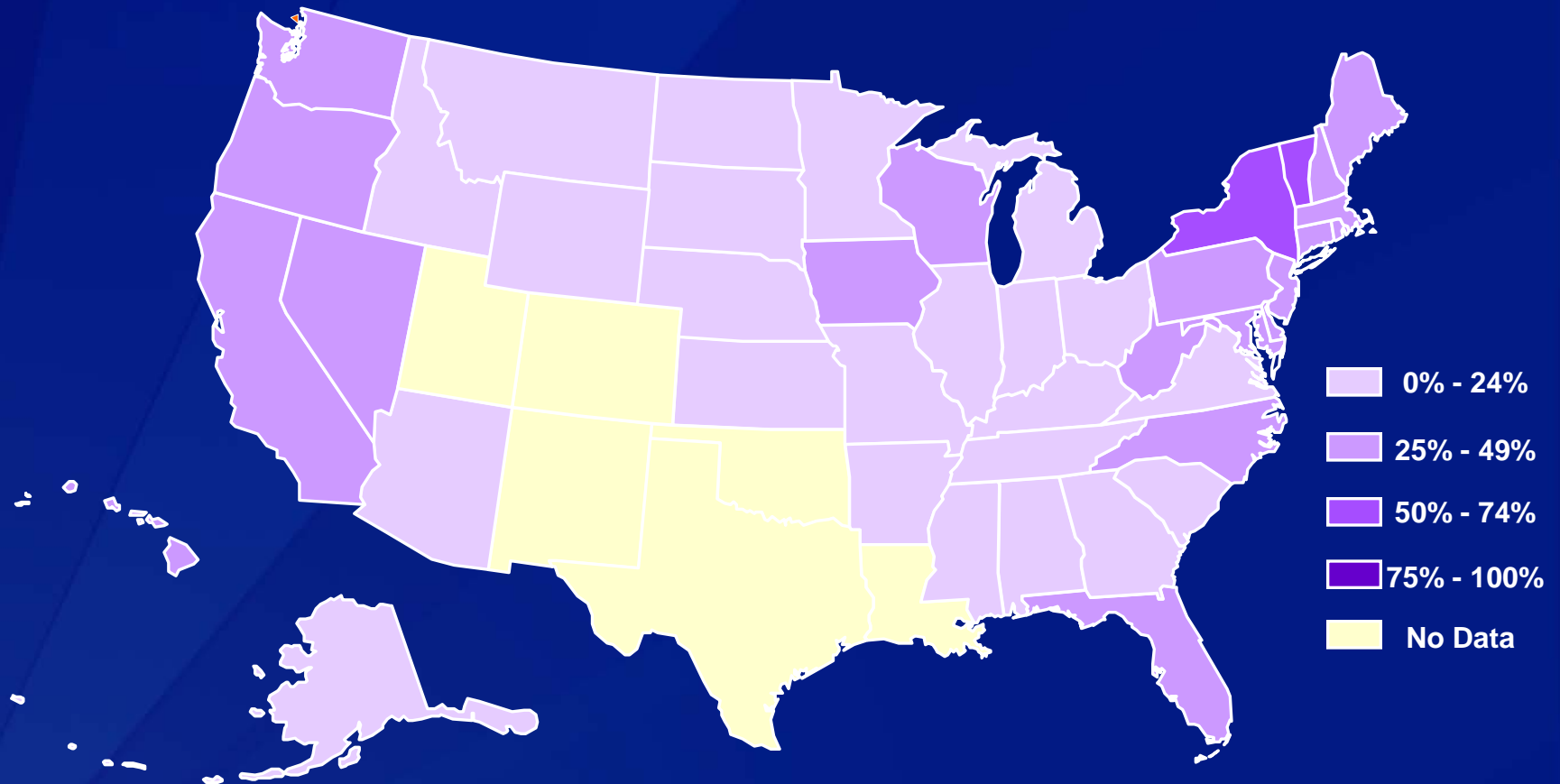


Percentage of secondary schools in which the lead health education teacher received professional development during the 2 years before the survey on STD prevention

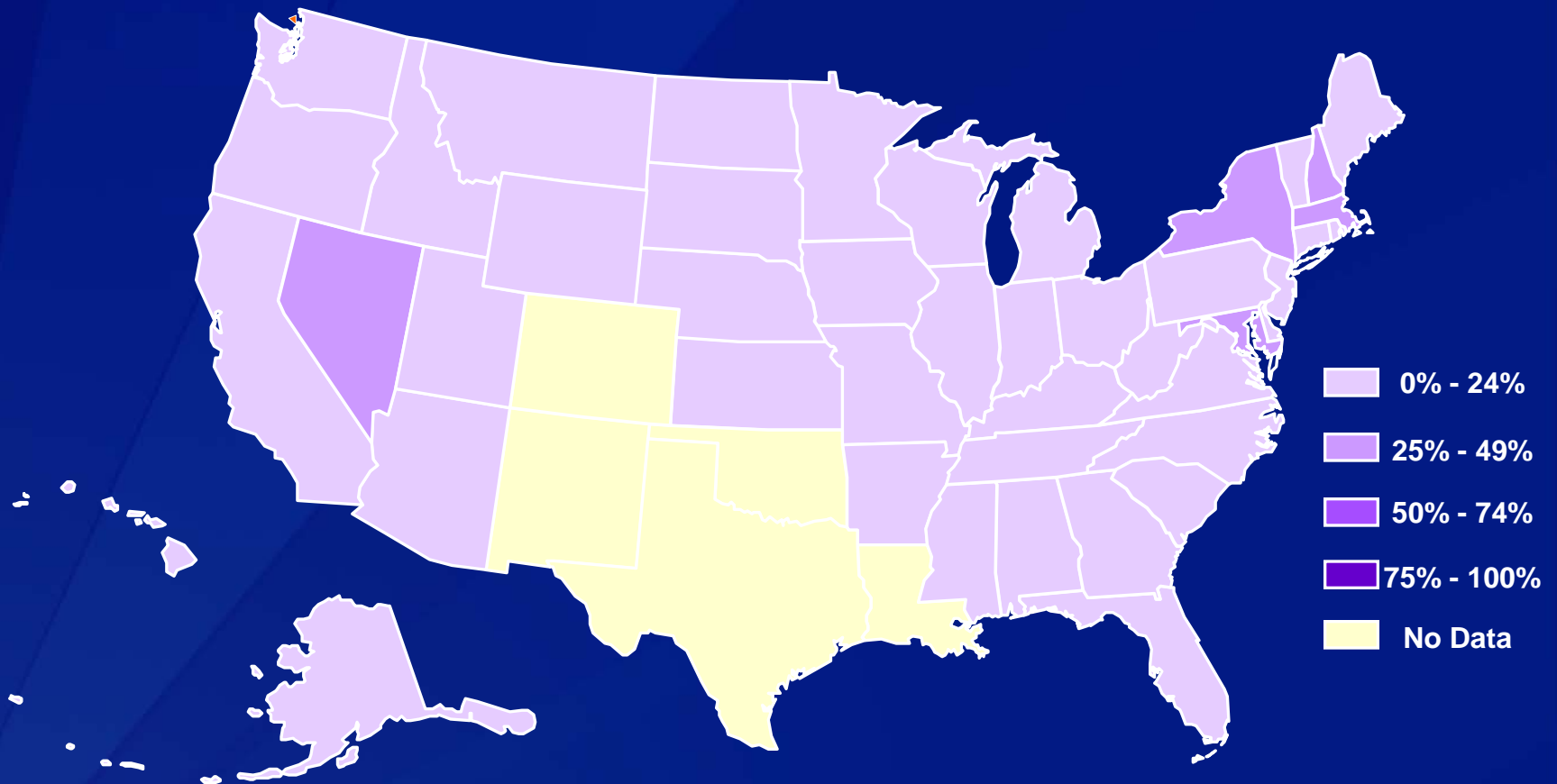


Practices Related to Safe and Supportive Environments

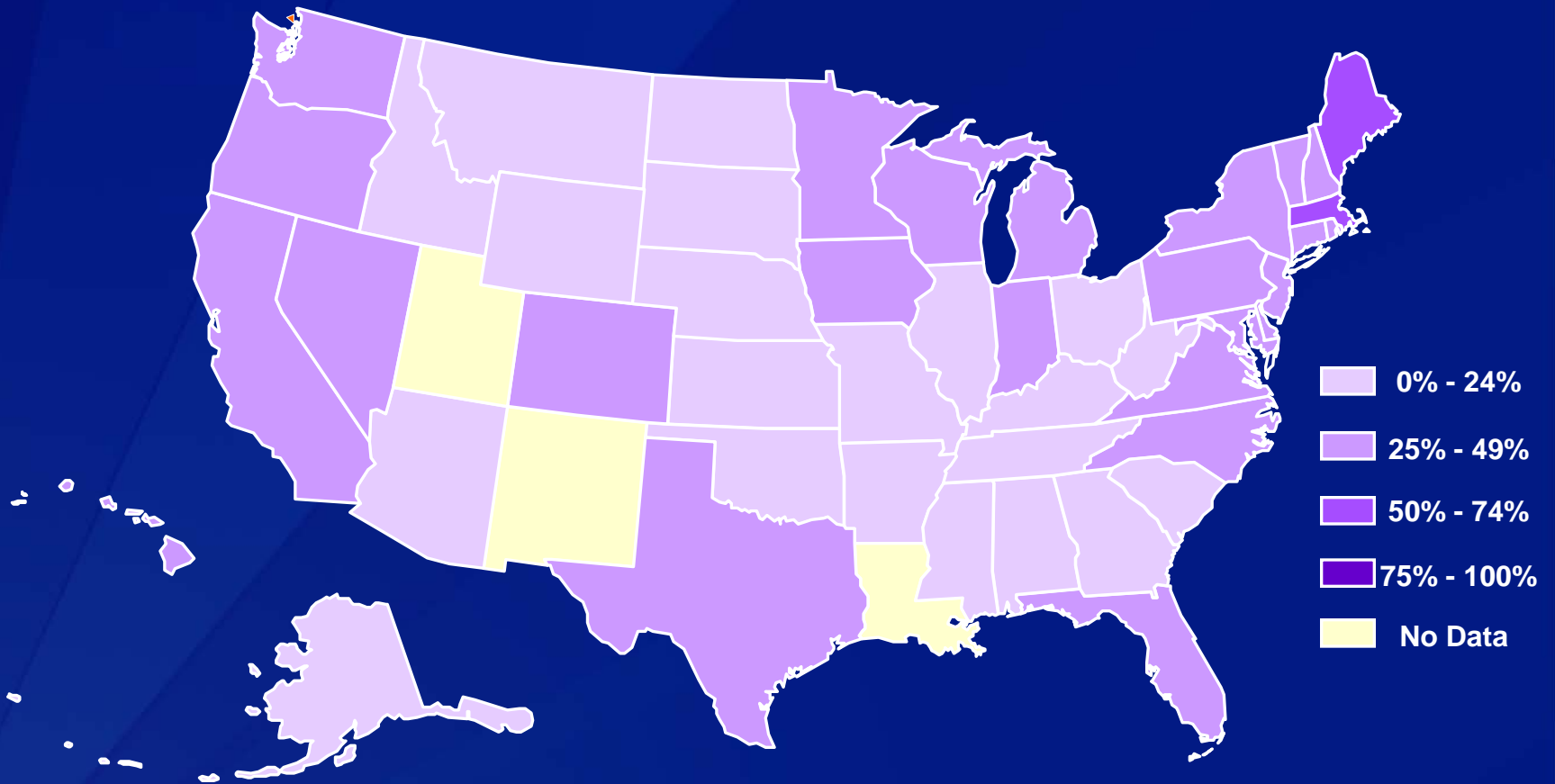
Percentage of secondary schools that provide curricula or supplementary materials that include HIV, STD, or pregnancy prevention information that is relevant to LGBTQ youth



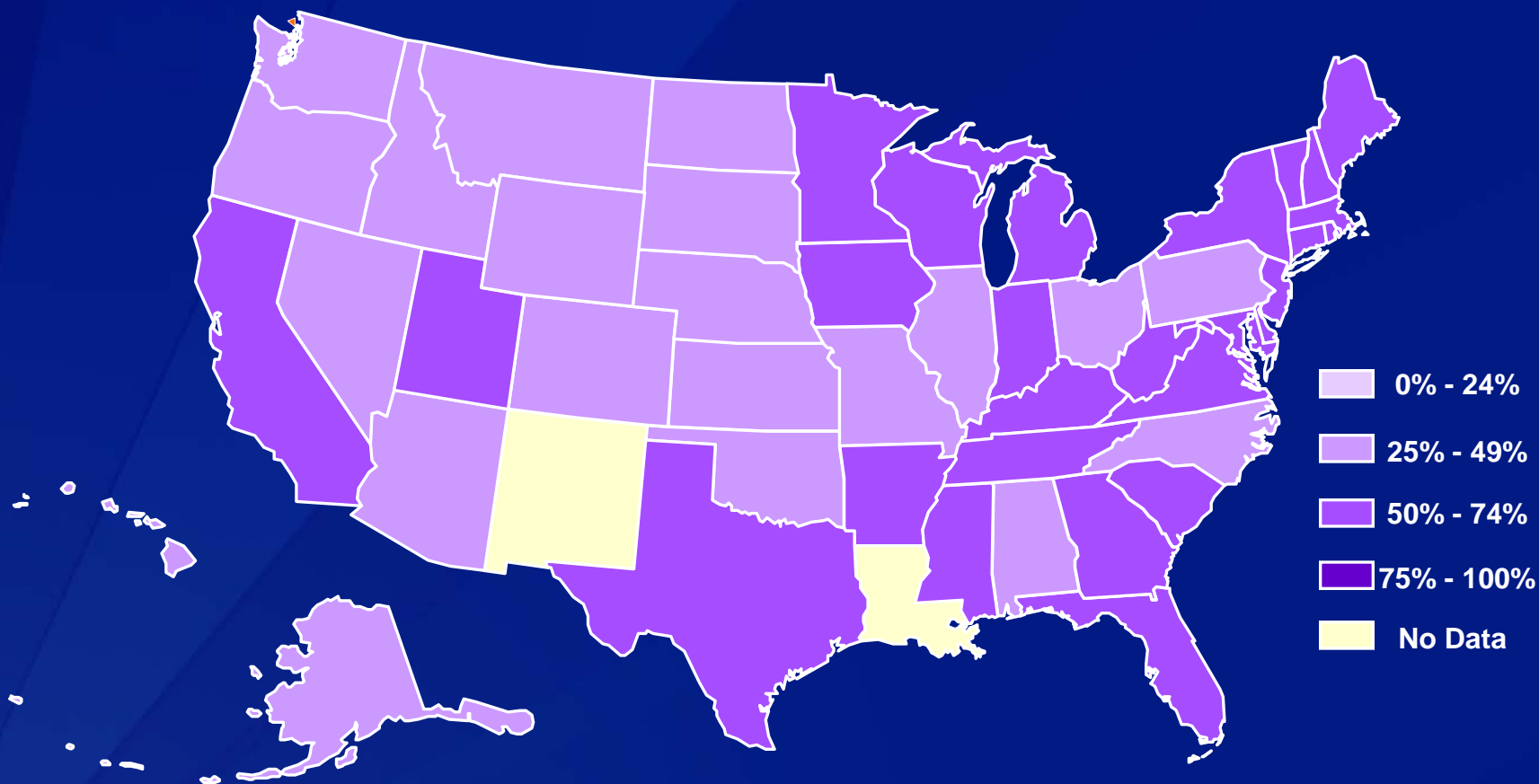
Percentage of secondary schools in which the lead health education teacher received professional development during the 2 years before the survey on teaching students of different sexual orientations or gender identities



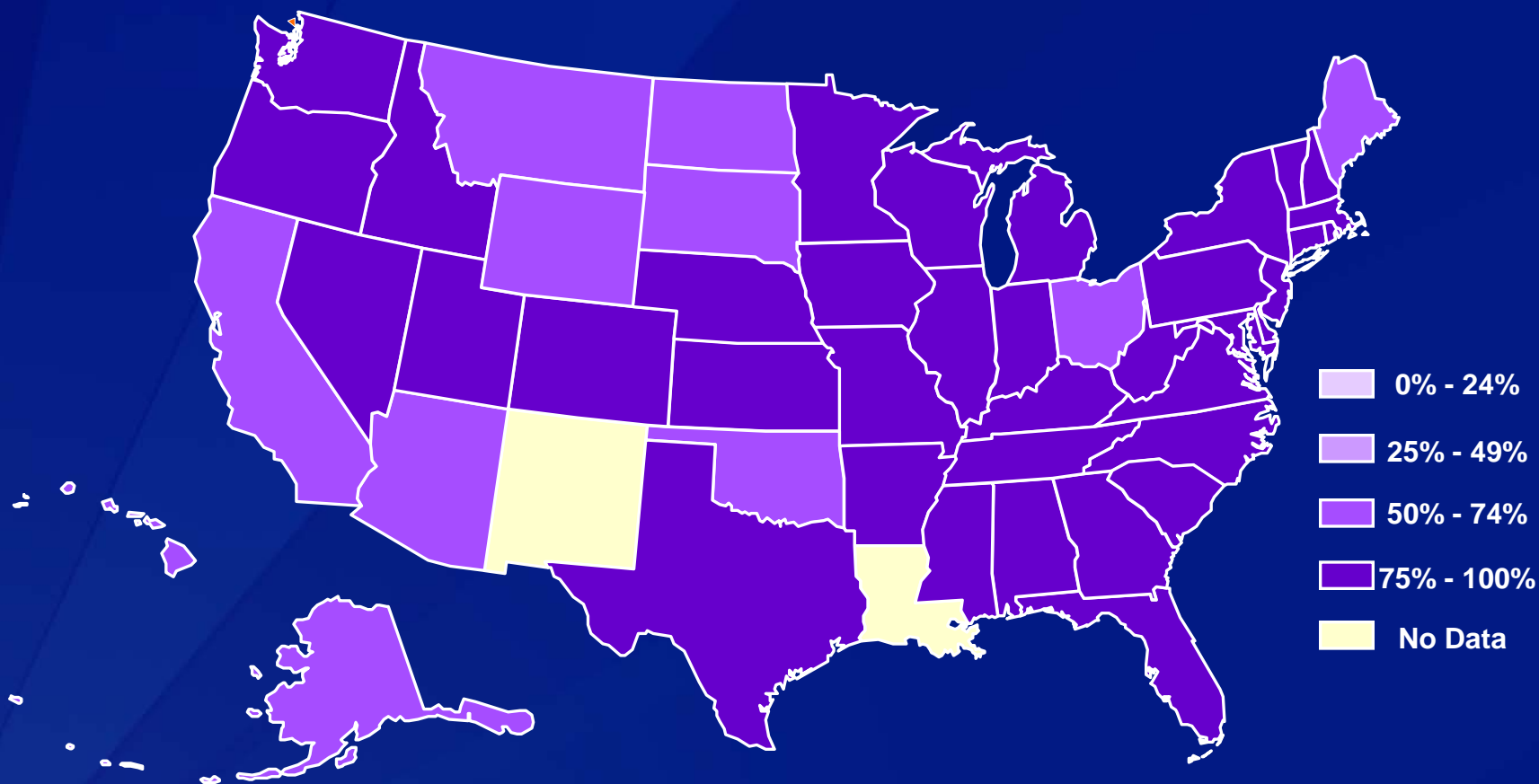
Percentage of secondary schools with a gay/straight alliance or similar club



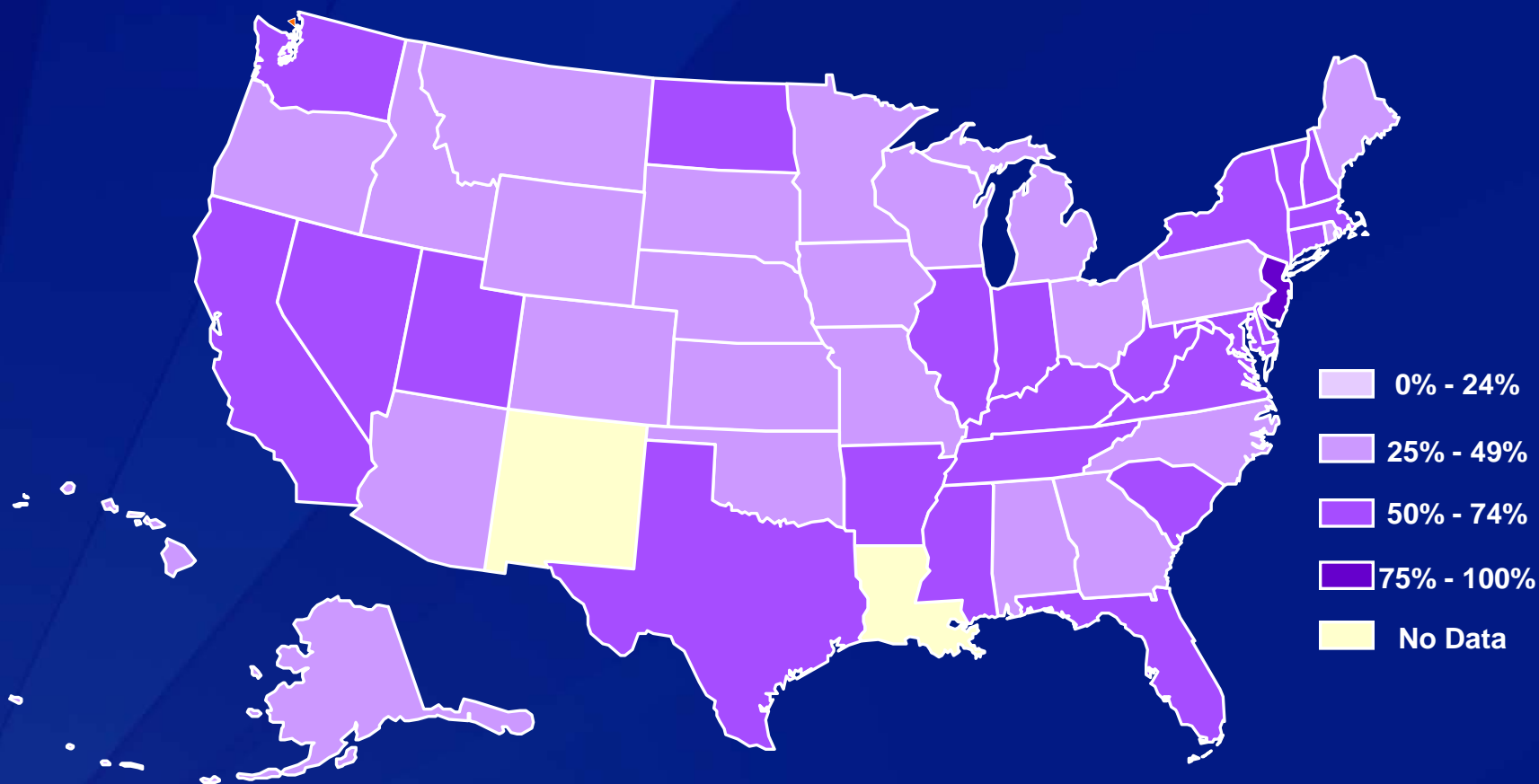
Percentage of secondary schools that implement parent engagement strategies for all students



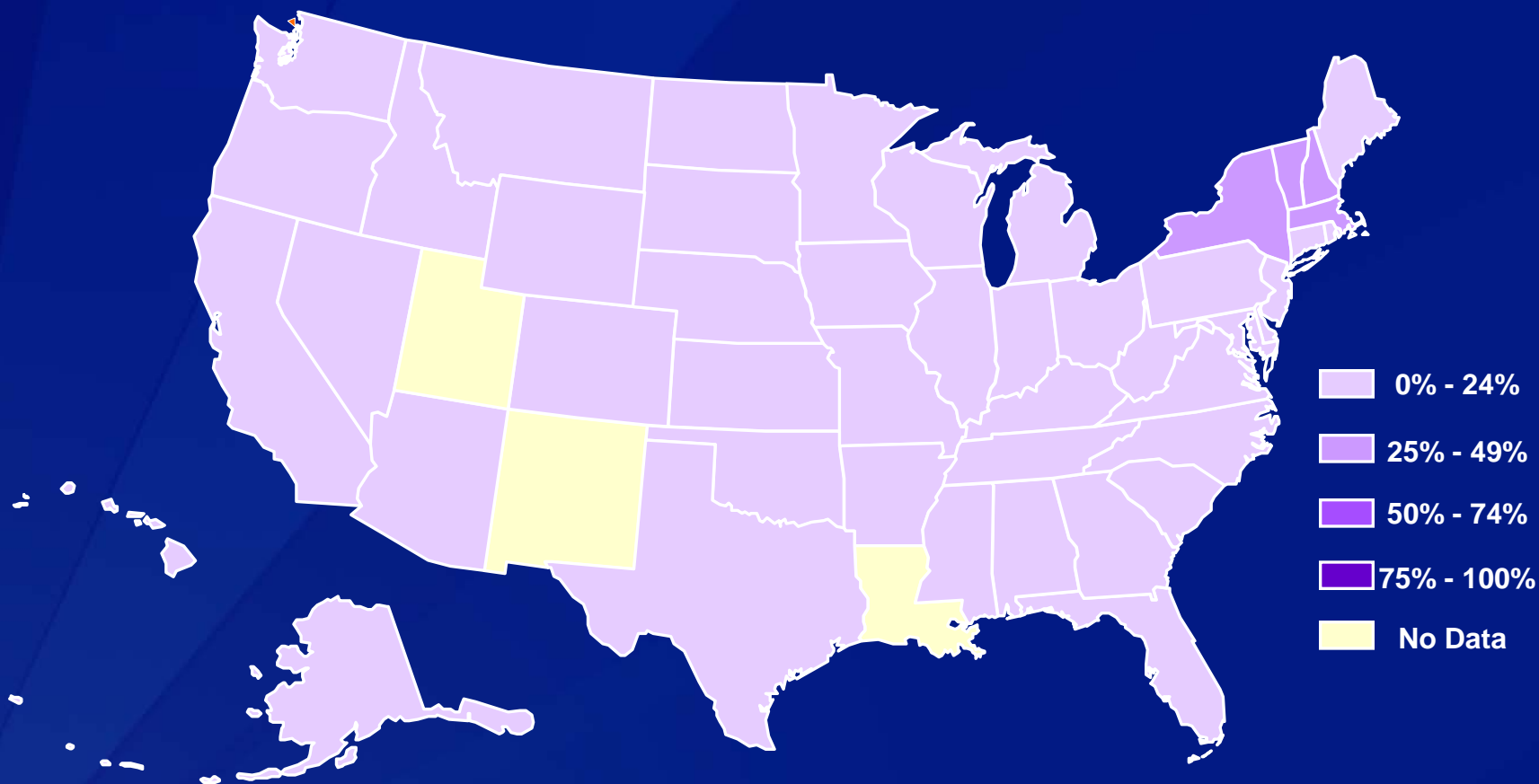
Percentage of secondary schools that implement school connectedness strategies



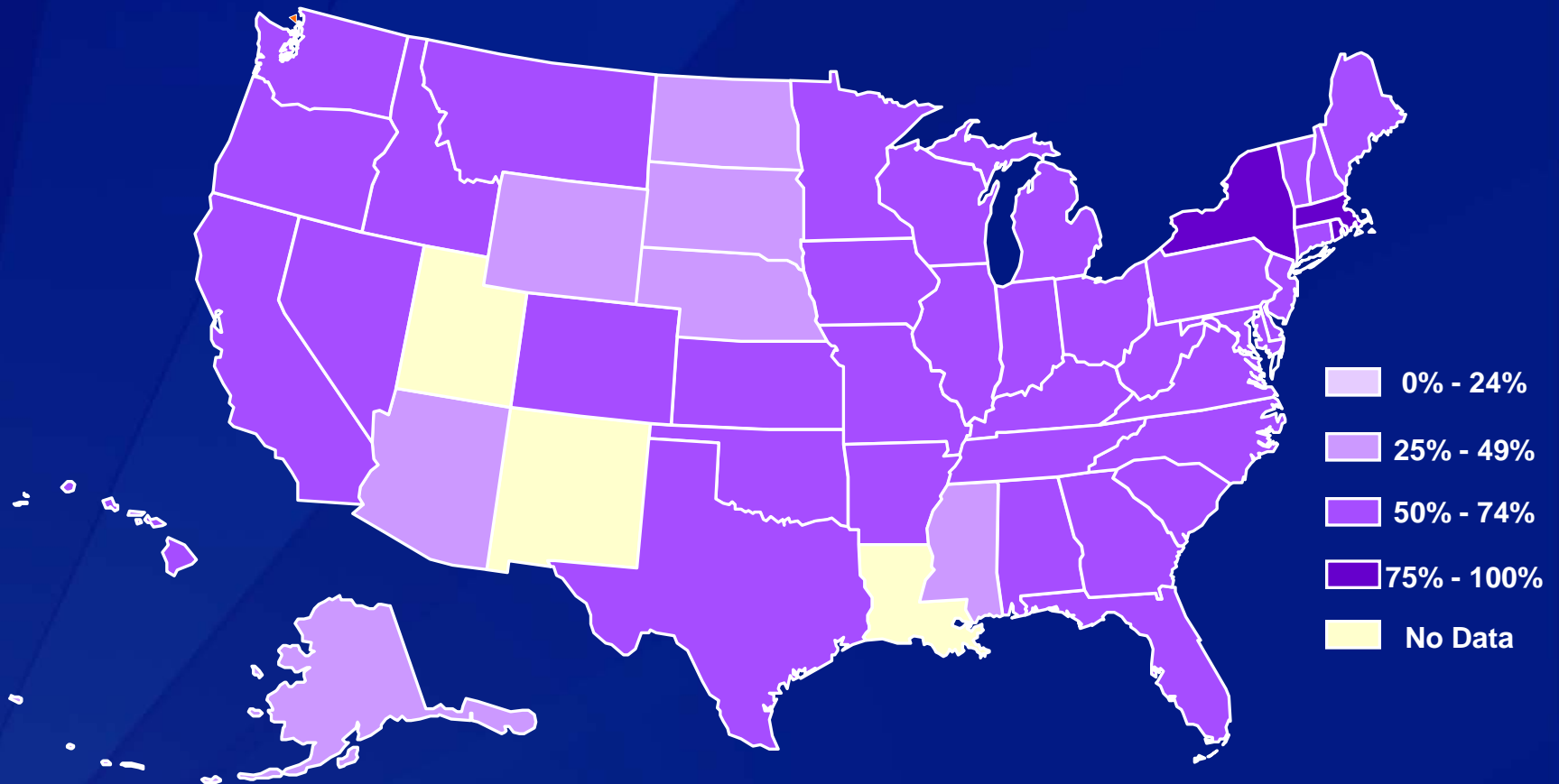
Percentage of secondary schools that prevent bullying and sexual harassment, including electronic aggression, among all students



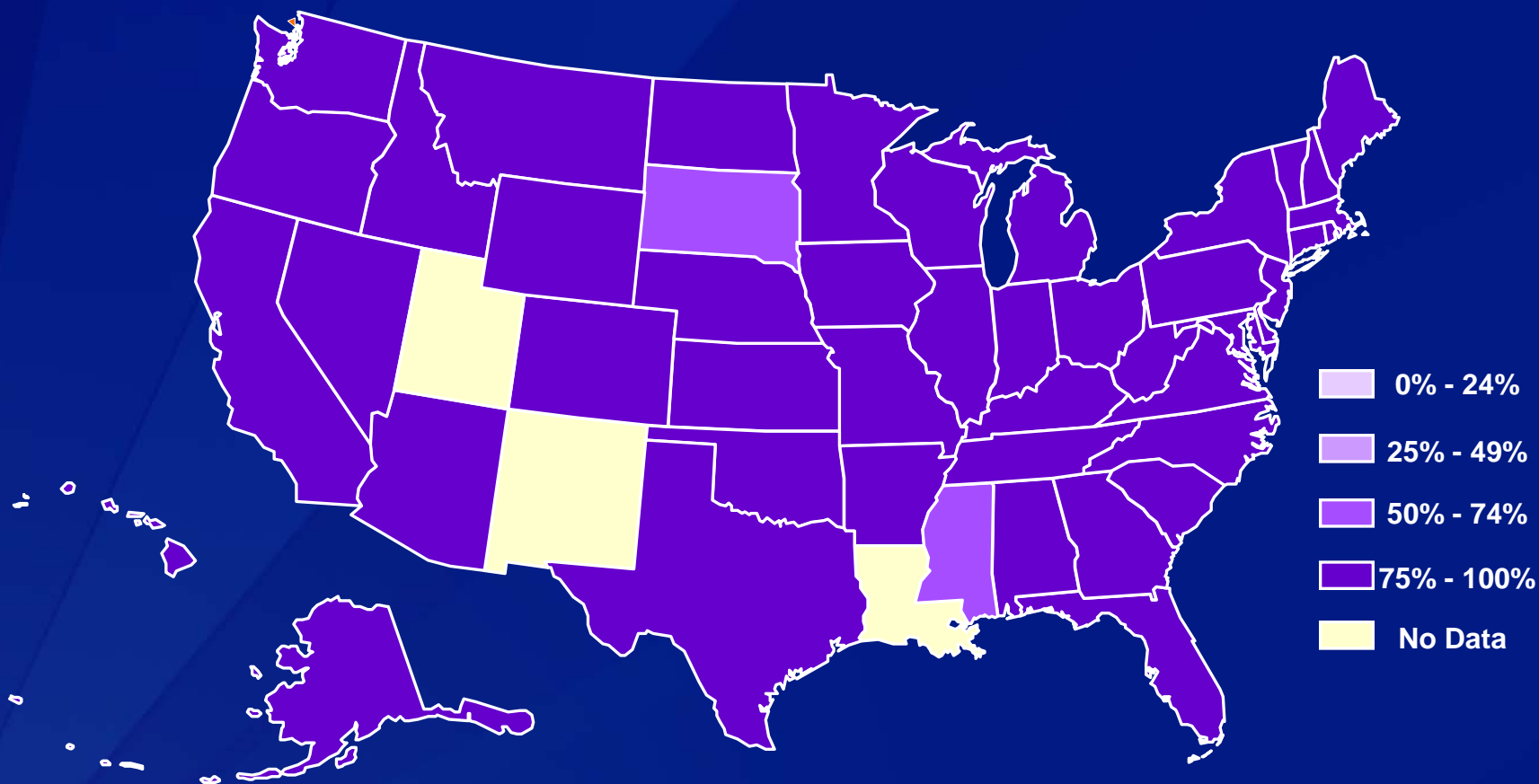
Percentage of secondary schools that provide curricula or supplementary materials and engage in 5 practices related to LGBTQ youth



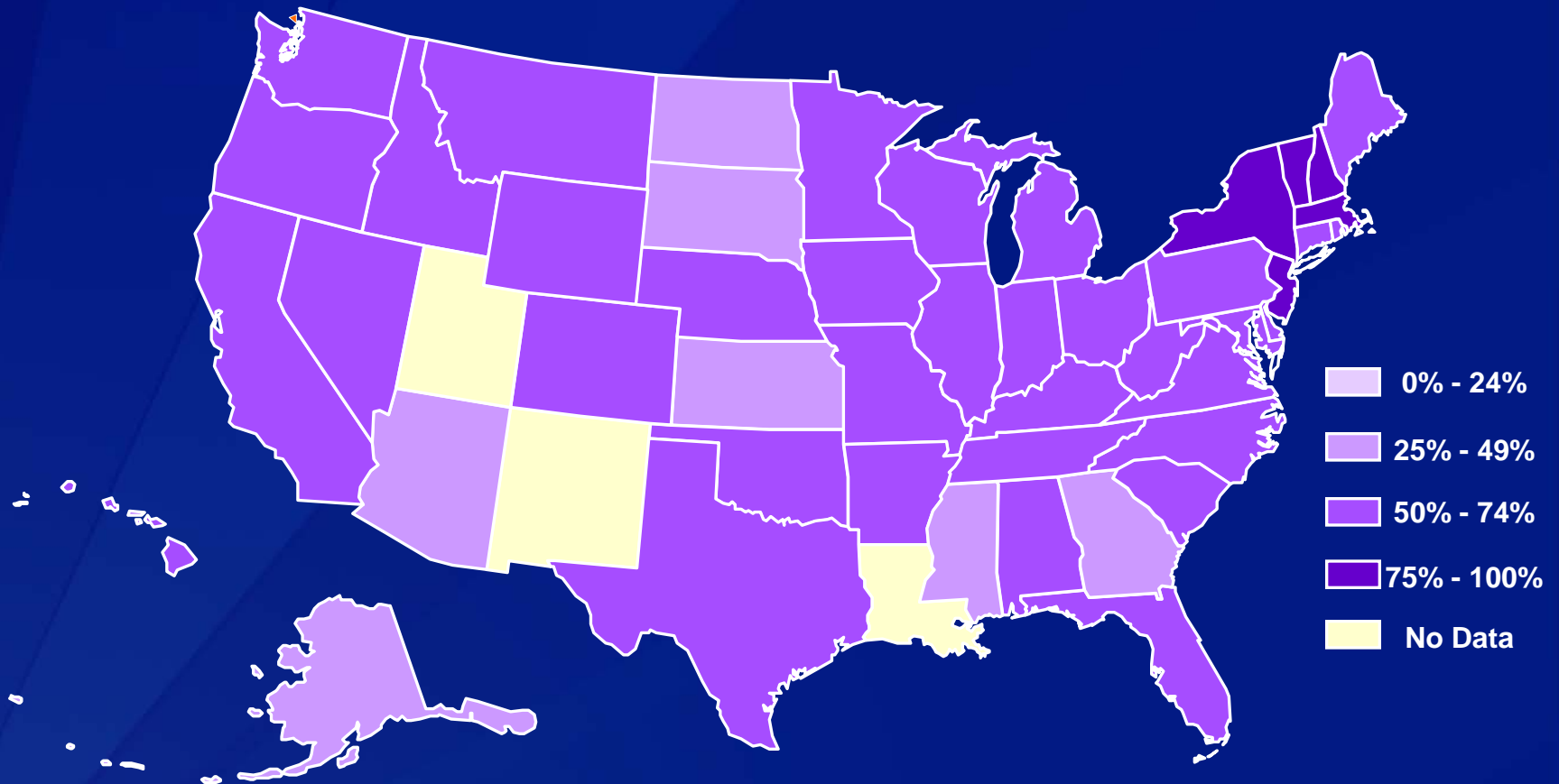
Percentage of secondary schools that identify “safe spaces” where LGBTQ youth can receive support from administrators, teachers, or other school staff



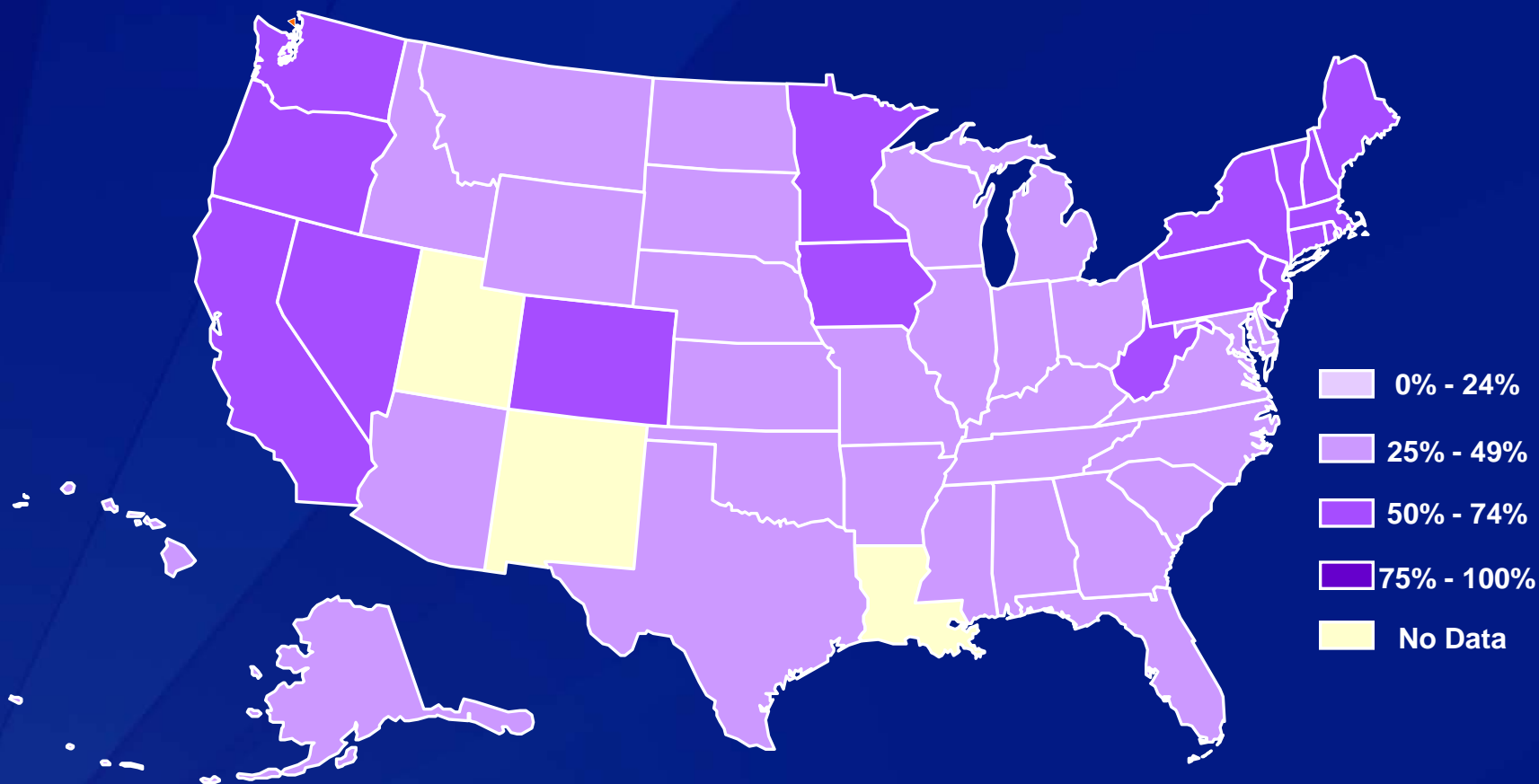
Percentage of secondary schools that prohibit harassment based on a student's perceived or actual sexual orientation or gender identity



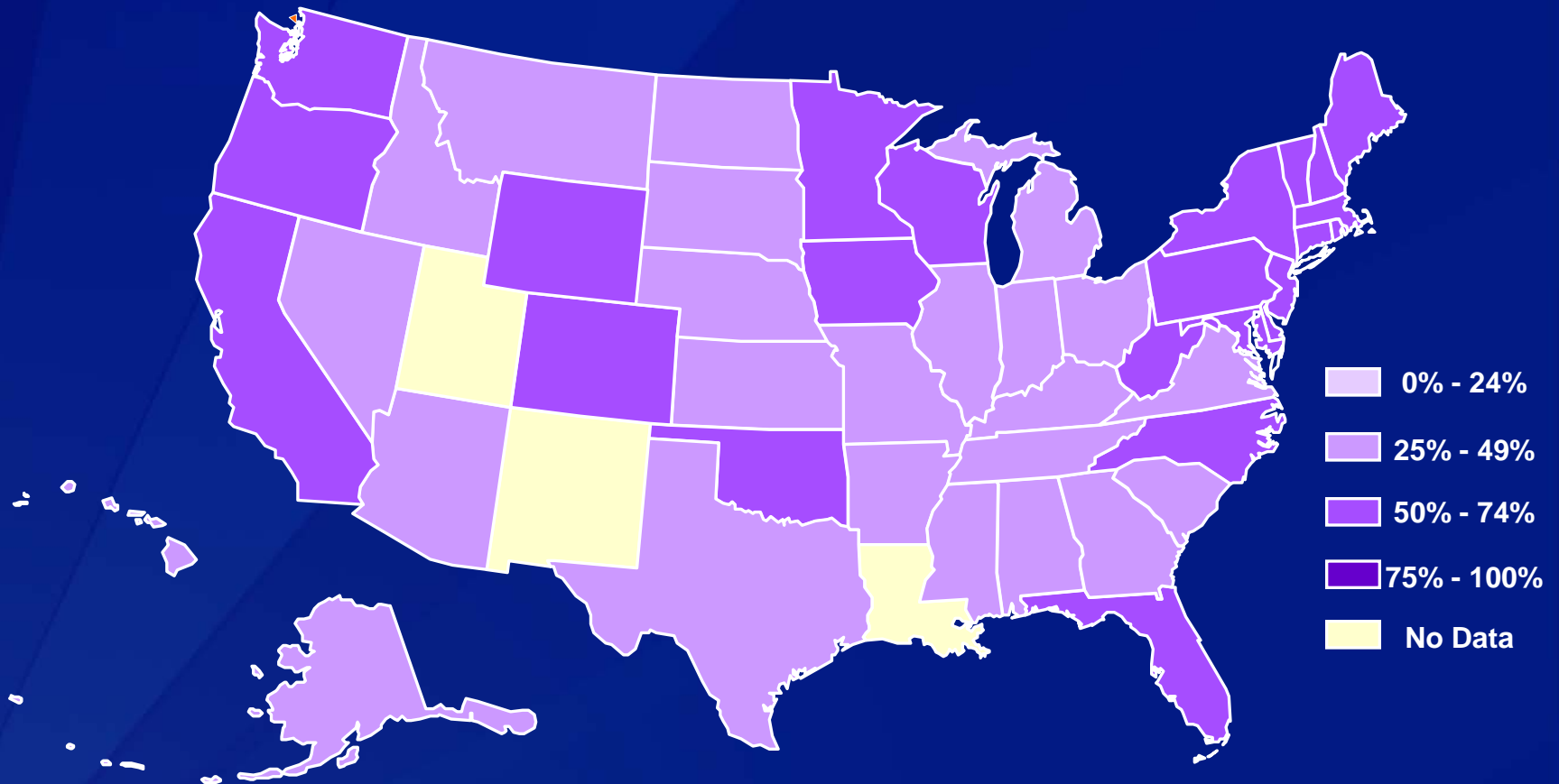
Percentage of secondary schools that encourage staff to attend professional development on safe and supportive school environments for all students, regardless of sexual orientation or gender identity



Percentage of secondary schools that facilitate access to providers not on school property who have experience in providing health services to LGBTQ youth

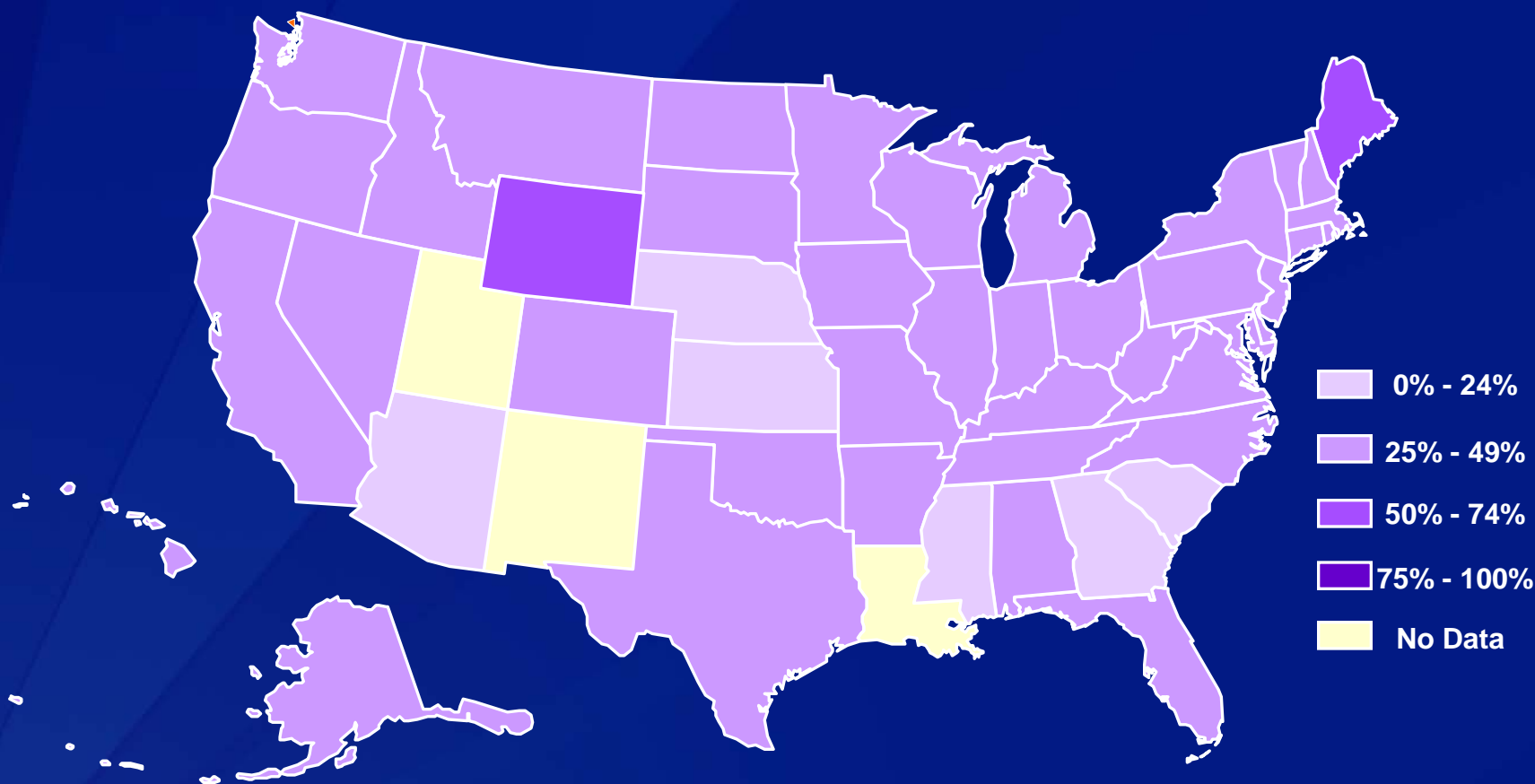


Percentage of secondary schools that facilitate access to providers not on school property who have experience in providing social and psychological services to LGBTQ youth

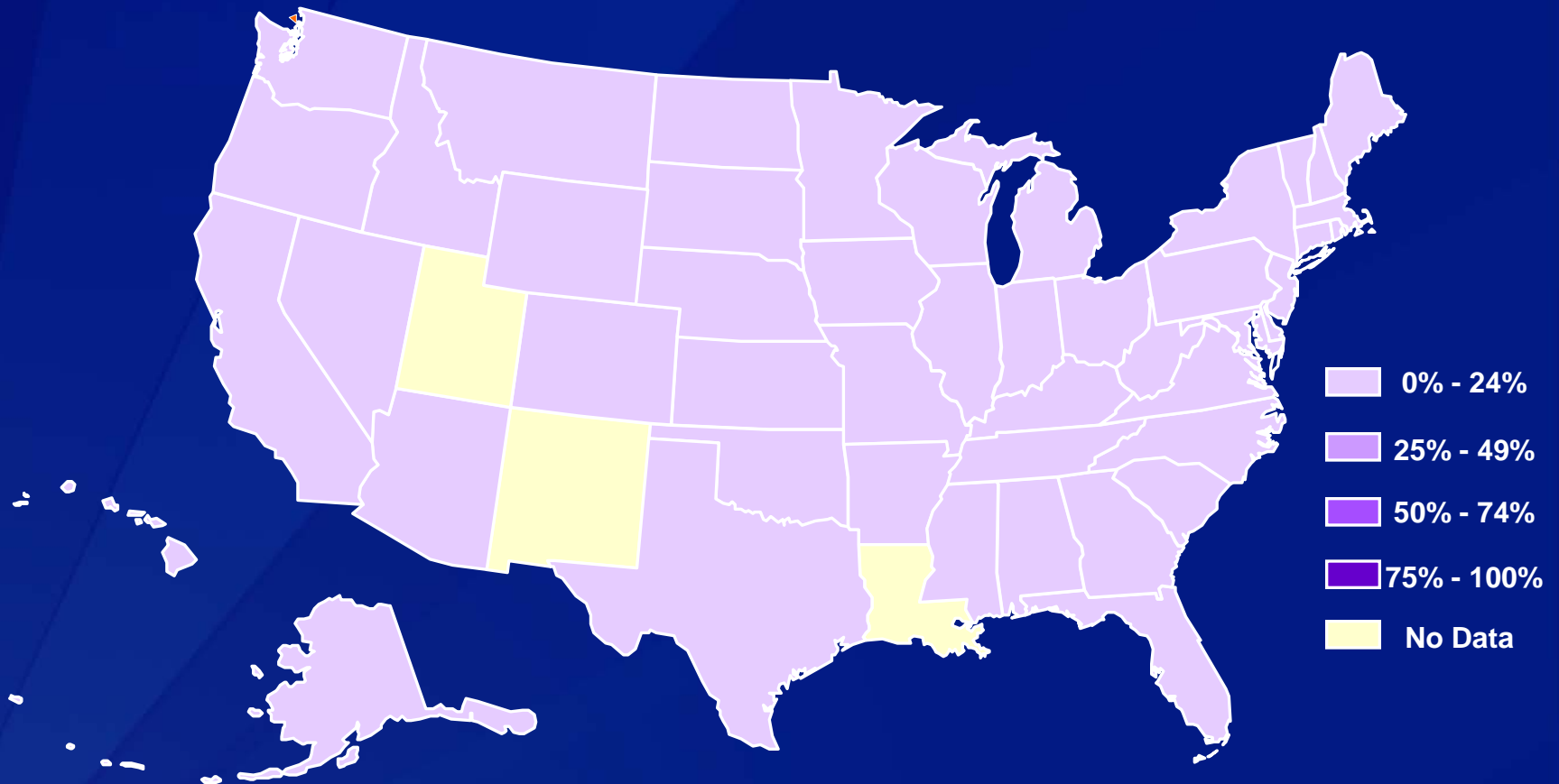


School Health Services

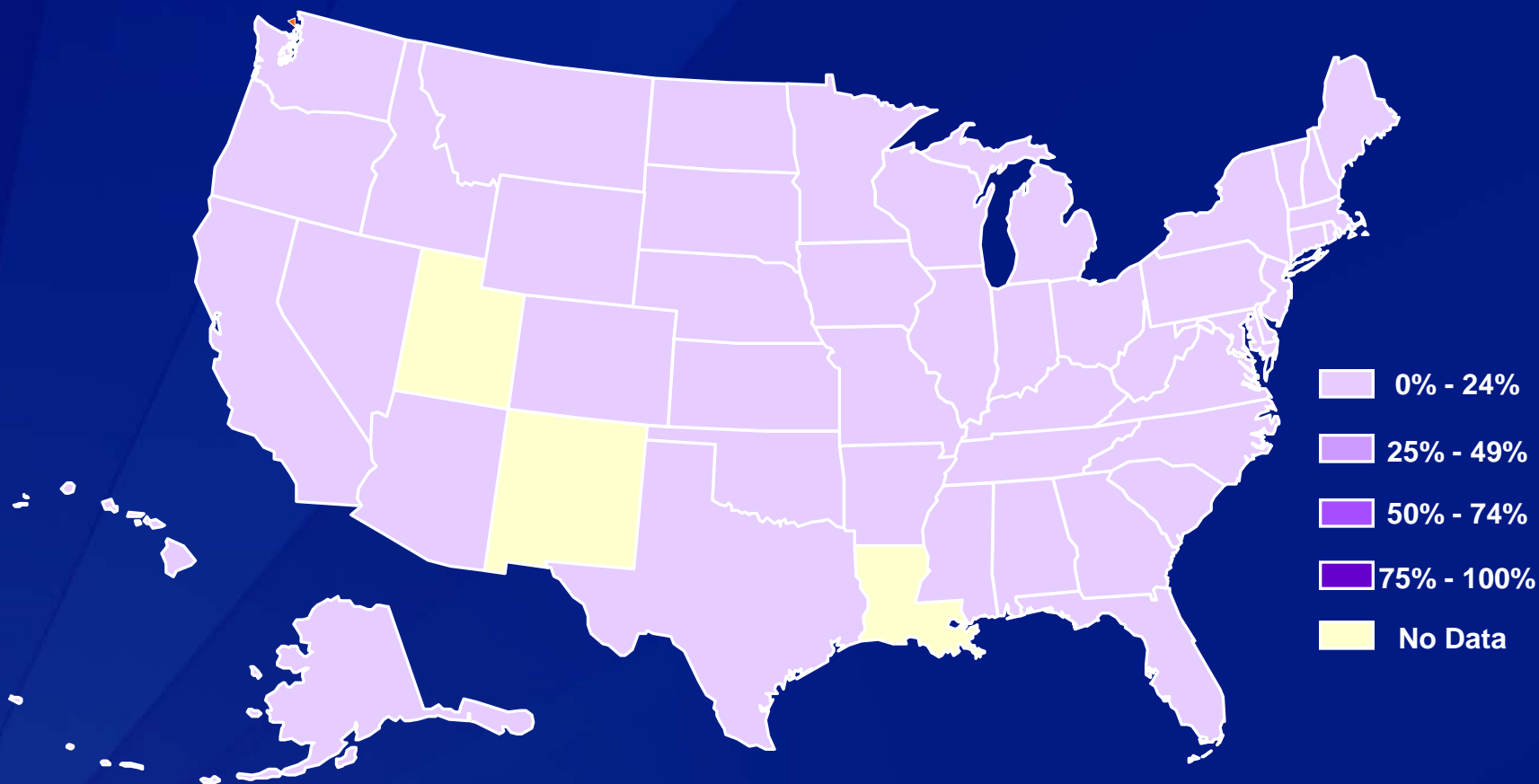
Percentage of secondary schools that provide students with on-site services or referrals to healthcare providers for 7 sexual health services



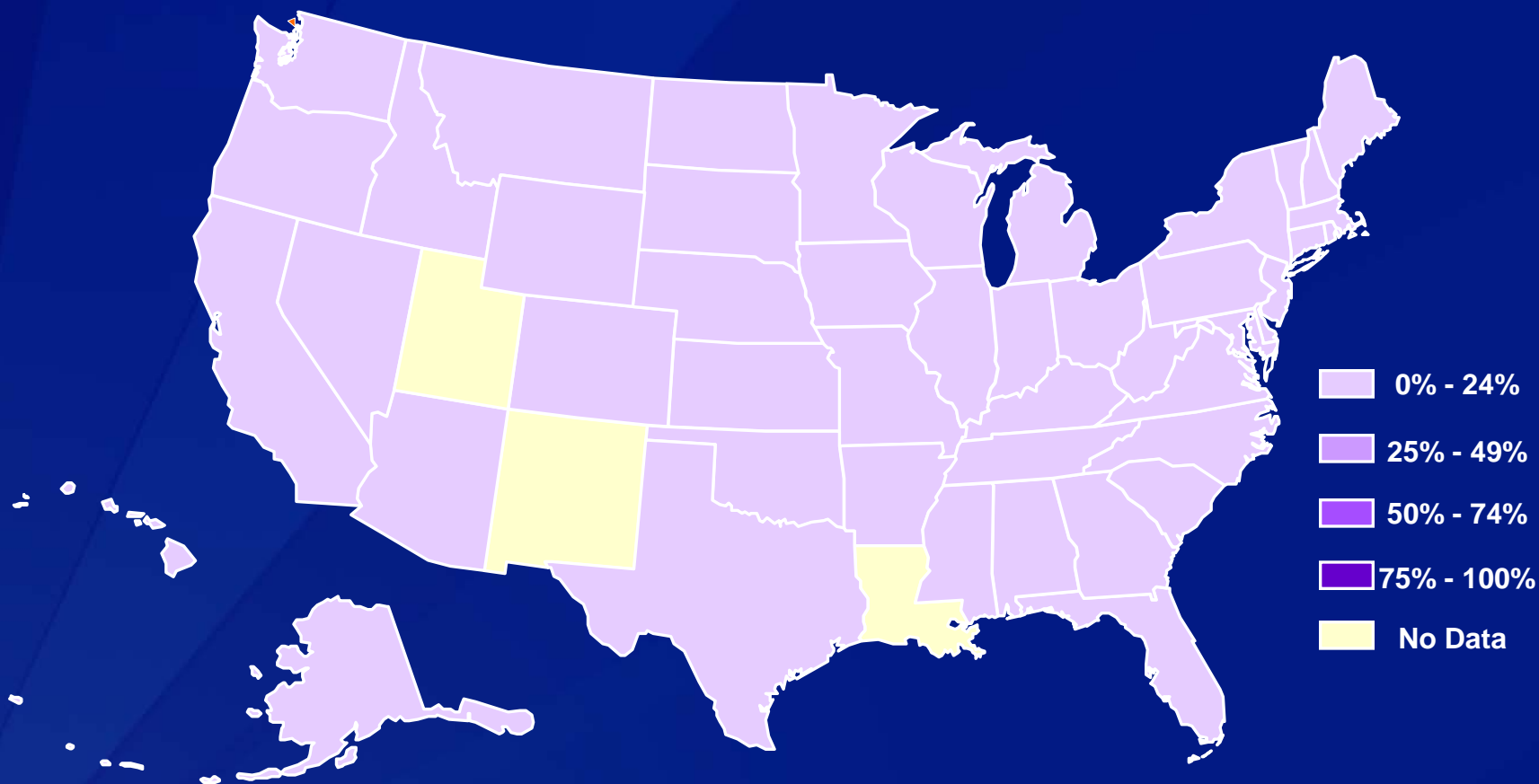
Percentage of secondary schools that provide HIV testing to students



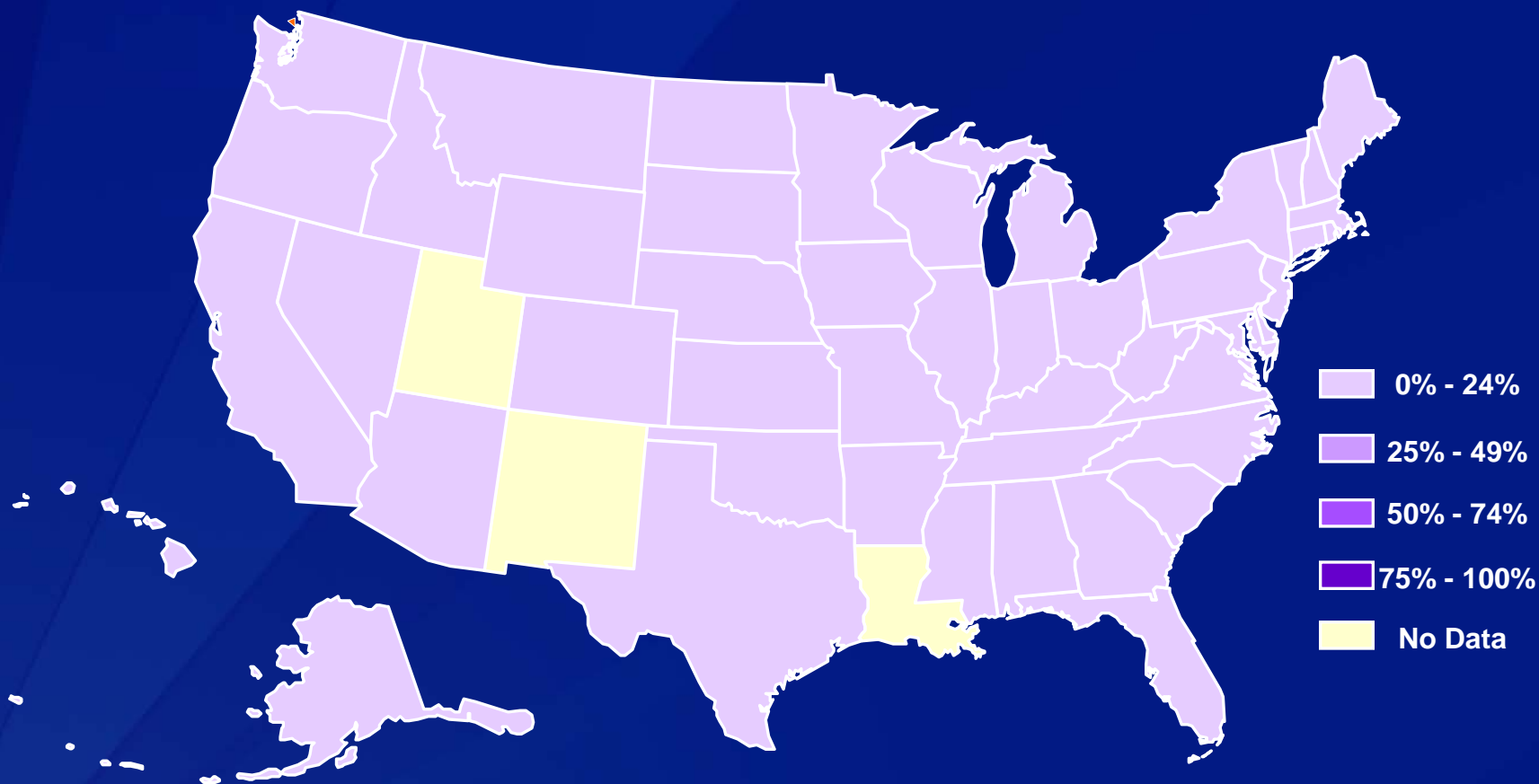
Percentage of secondary schools that provide HIV treatment to students



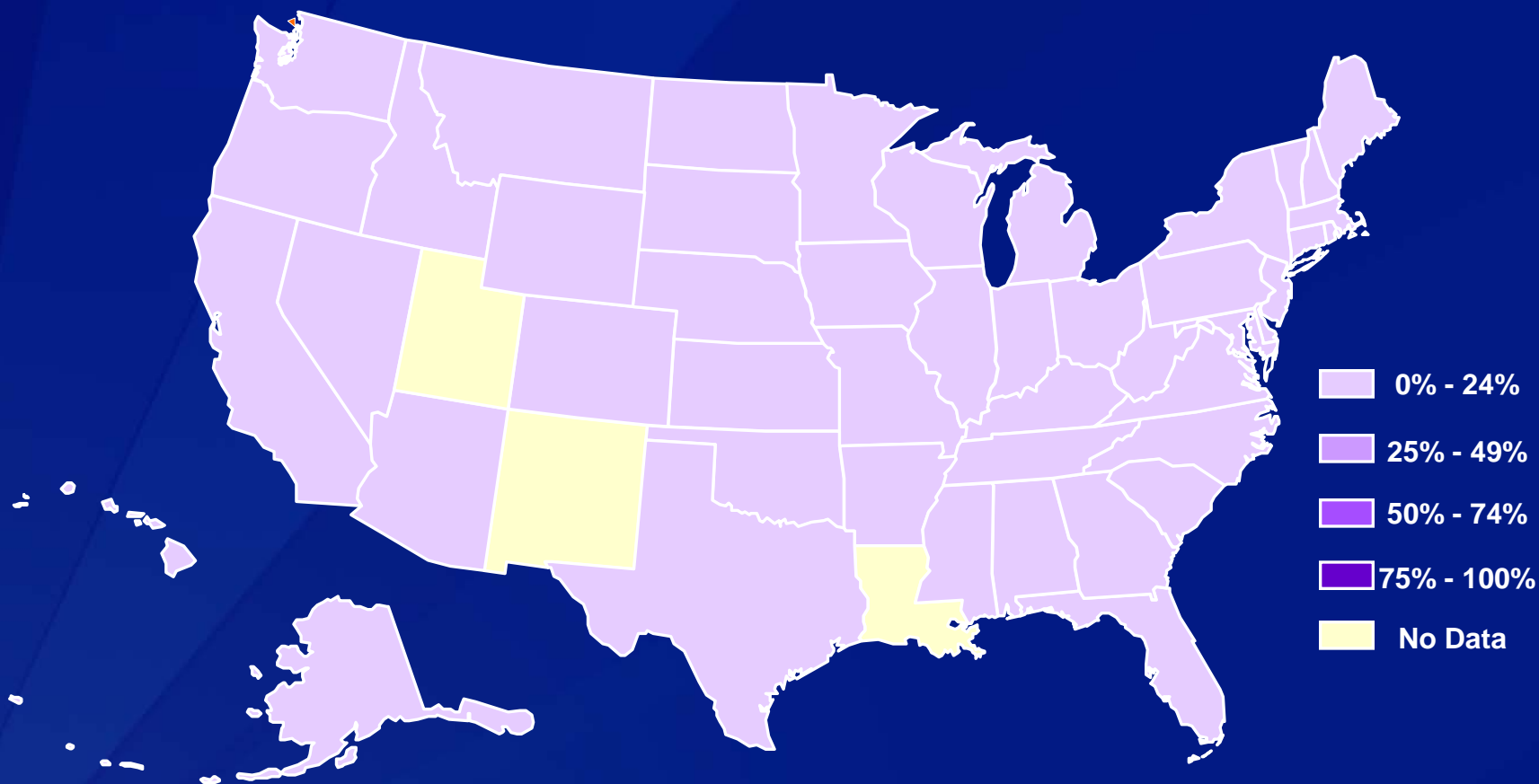
Percentage of secondary schools that provide STD testing to students



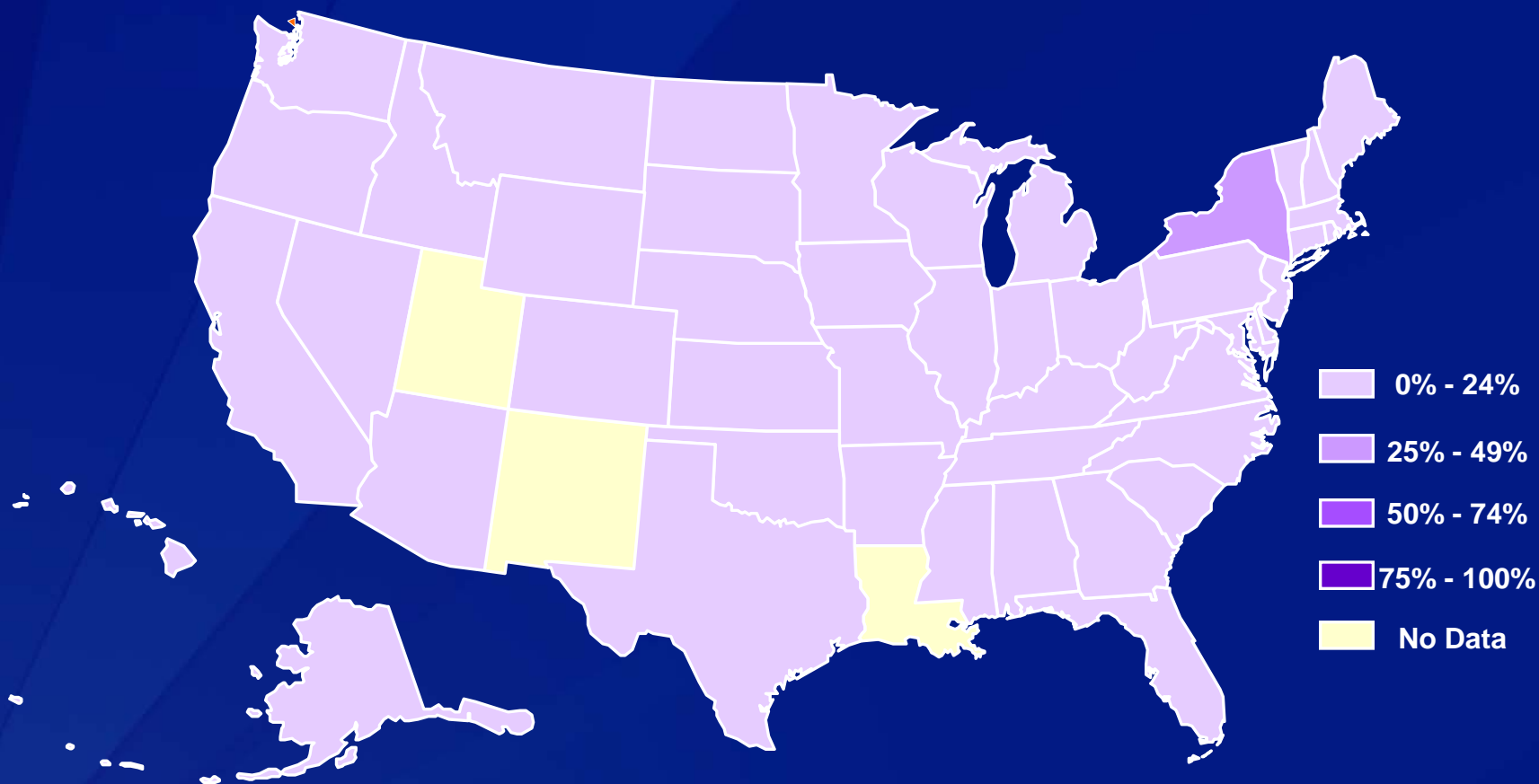
Percentage of secondary schools that provide STD treatment to students



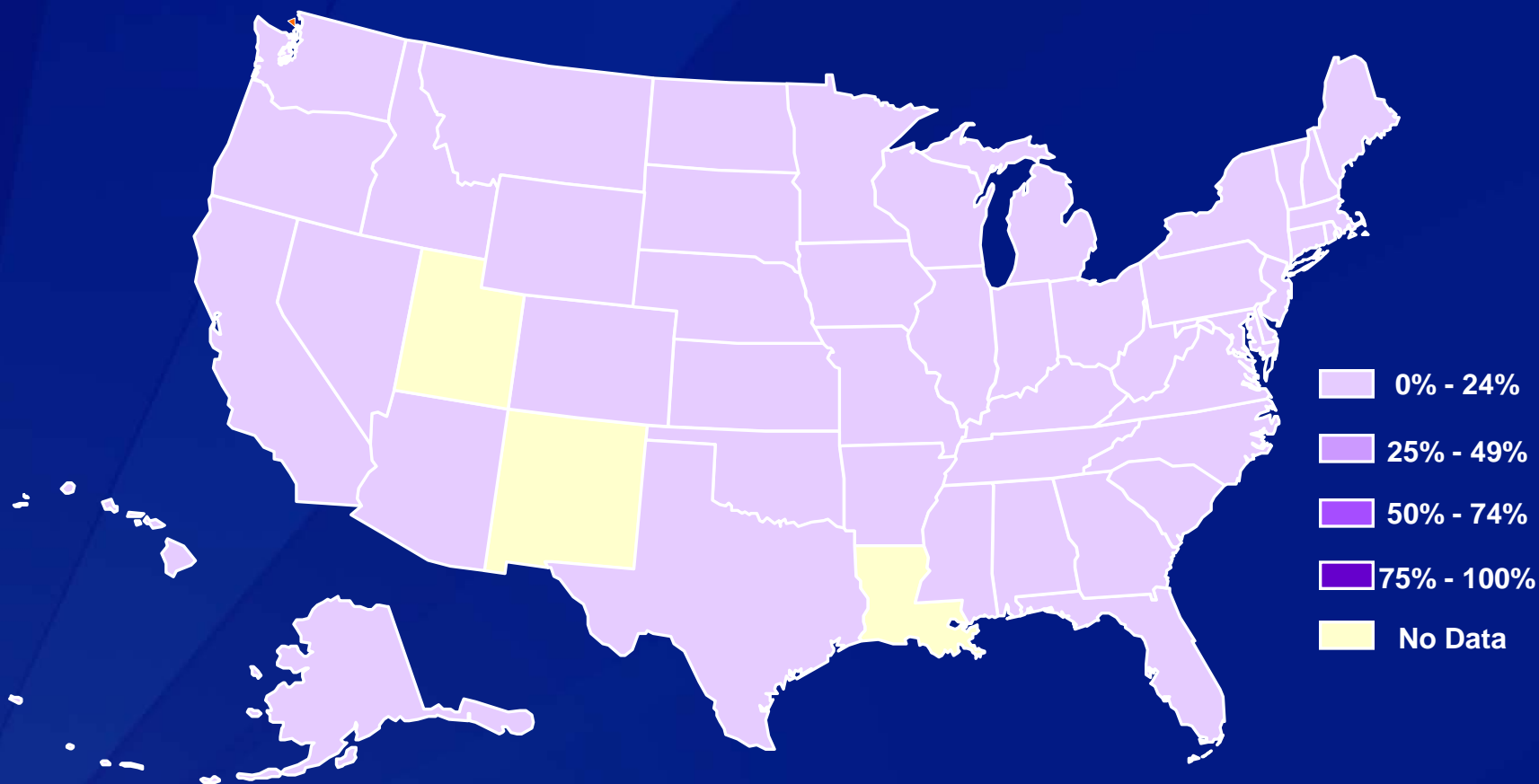
Percentage of secondary schools that provide pregnancy testing to students



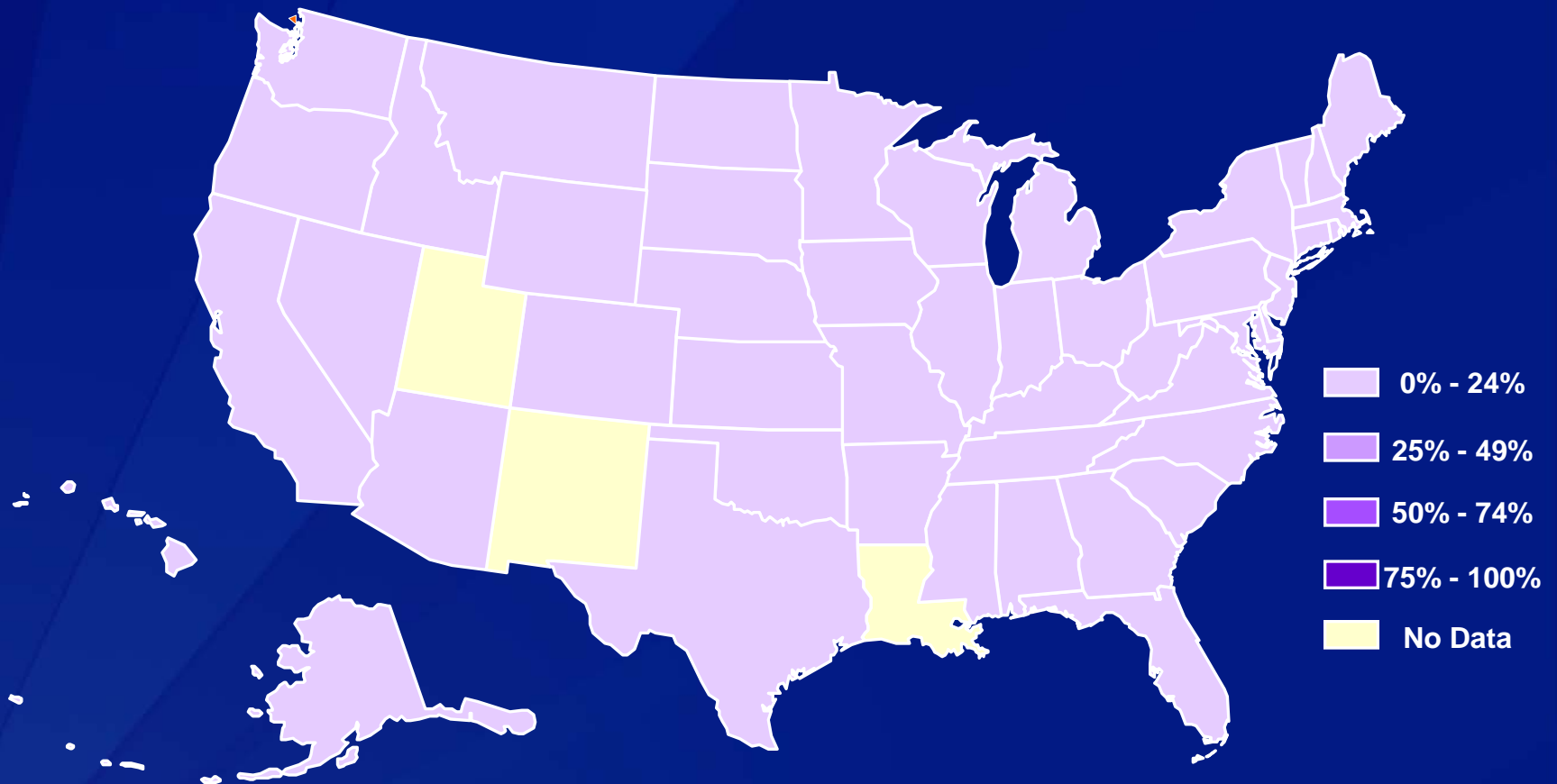
Percentage of secondary schools that provide condoms to students



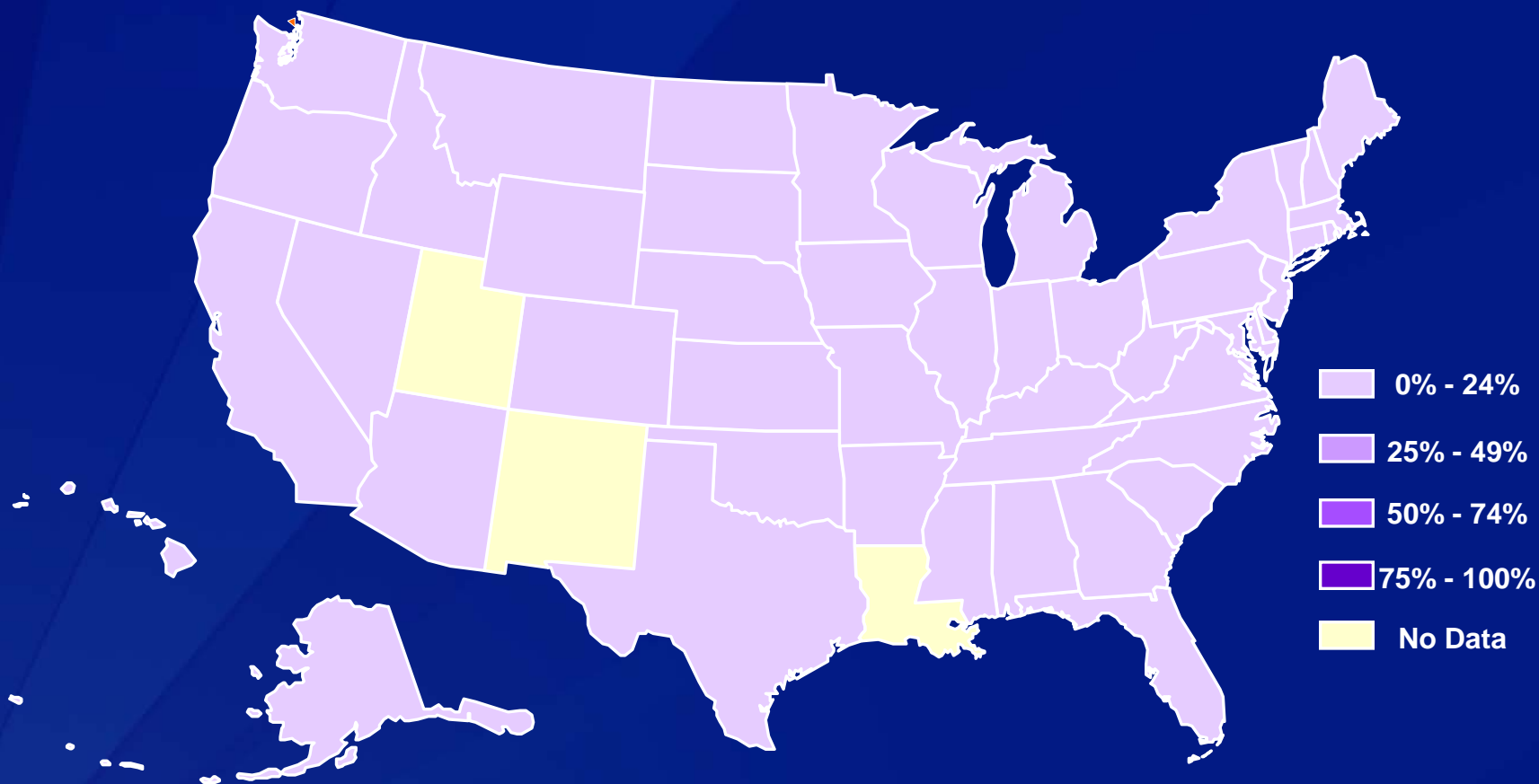
Percentage of secondary schools that provide condom-compatible lubricants to students



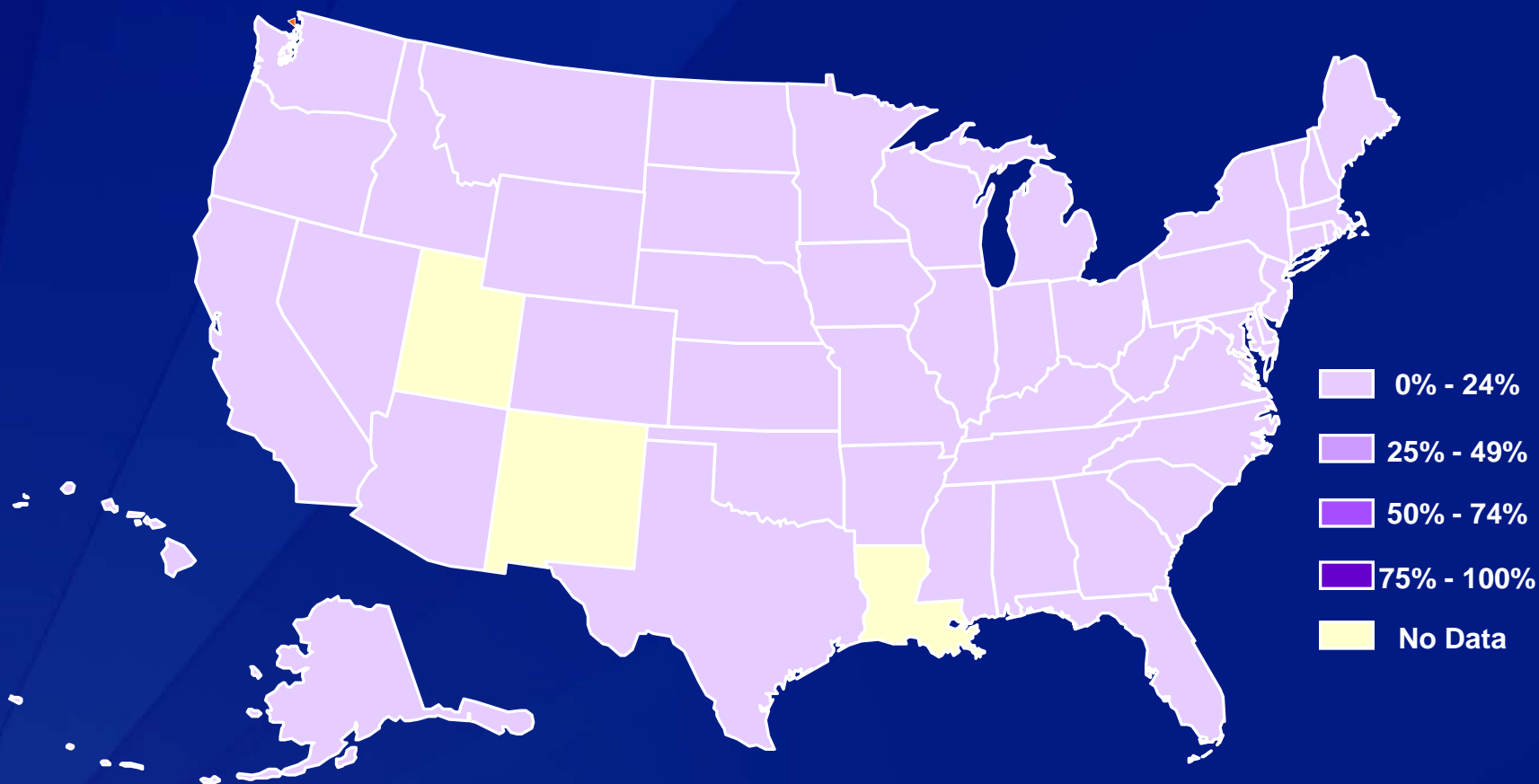
Percentage of secondary schools that provide contraceptives other than condoms to students



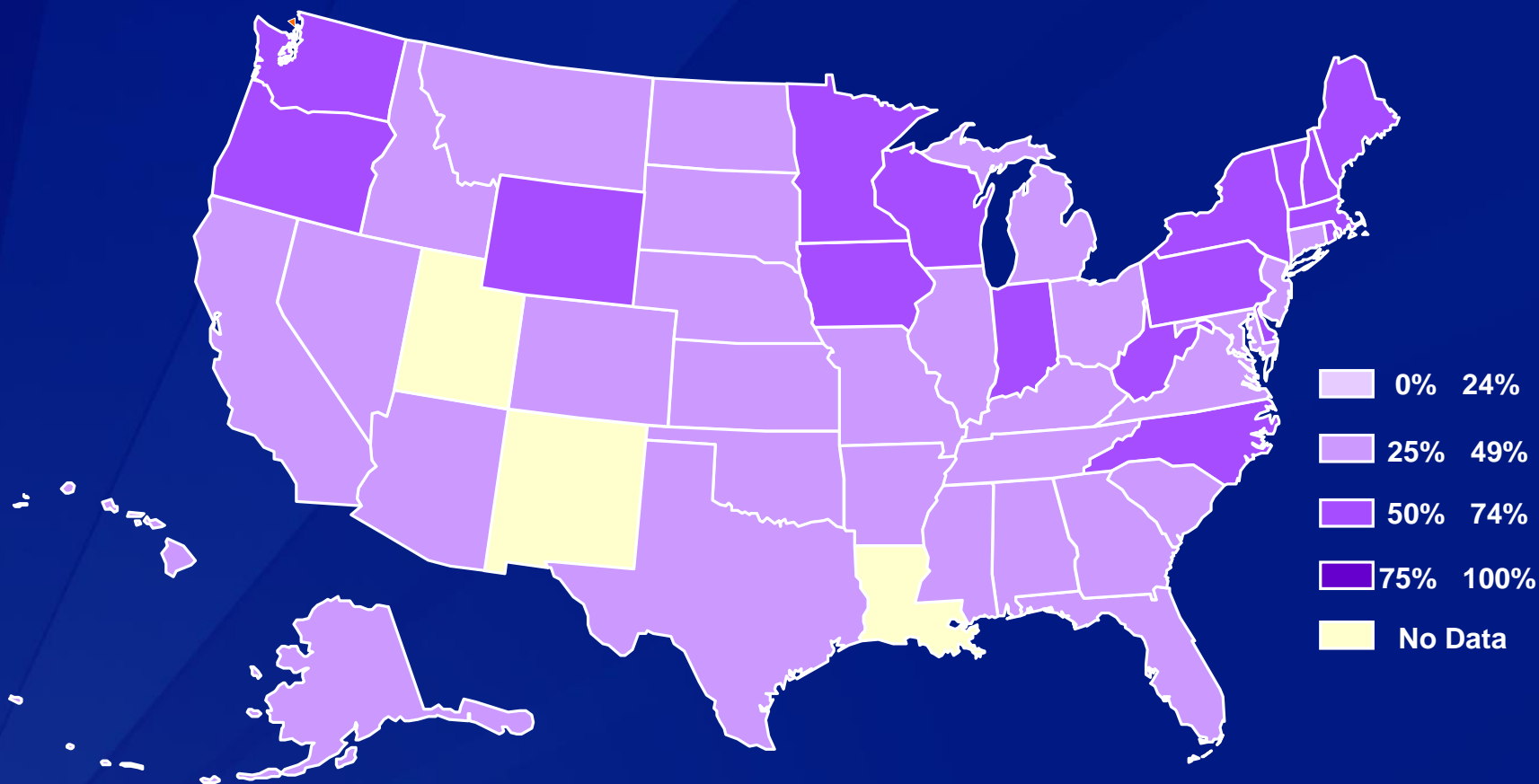
Percentage of secondary schools that provide prenatal care to students



Percentage of secondary schools that provide HPV vaccine administration to students



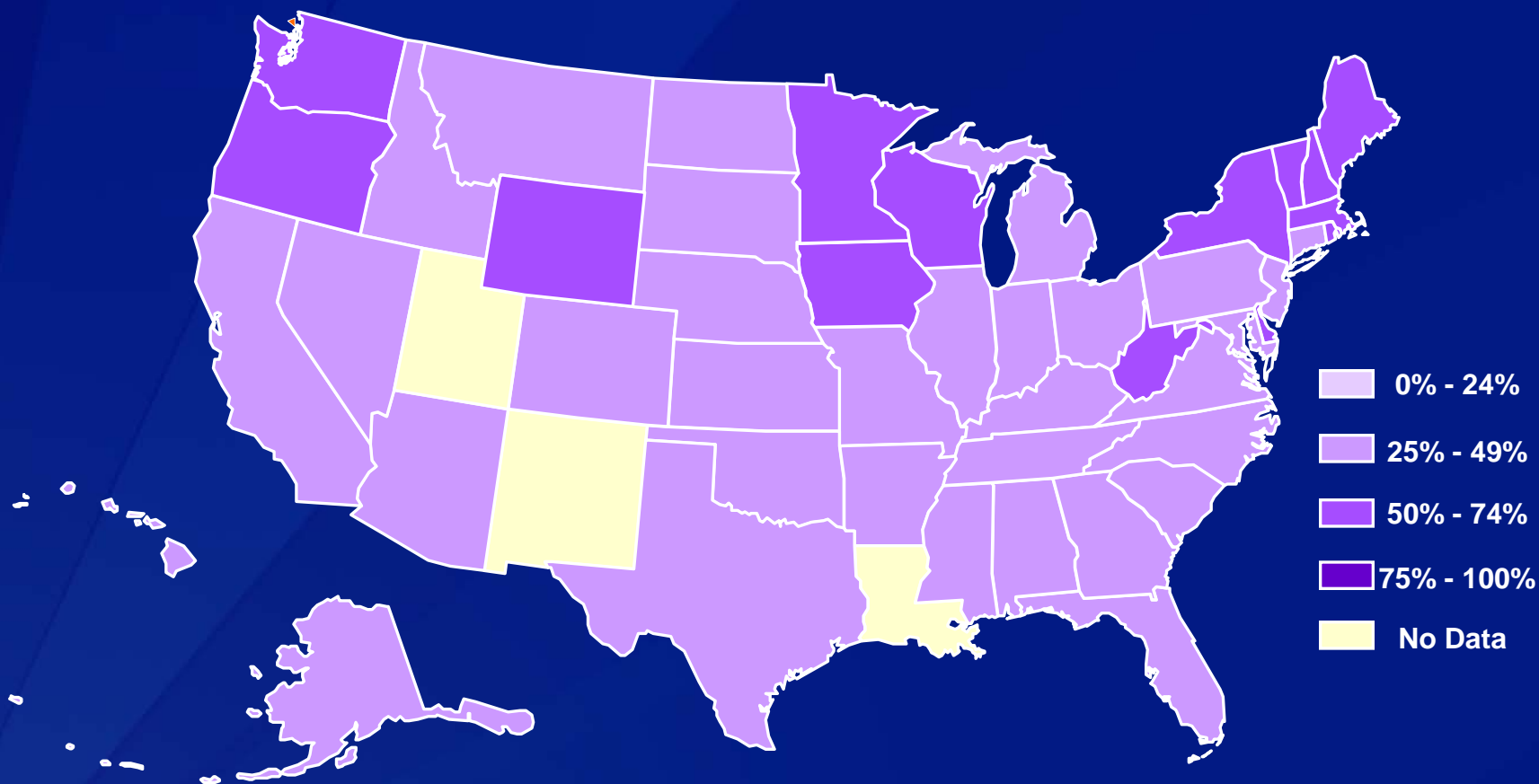
Percentage of secondary schools that provide students with referrals* for HIV testing



*To any organizations or health care professionals not on school property.

School Health Profiles, 2014

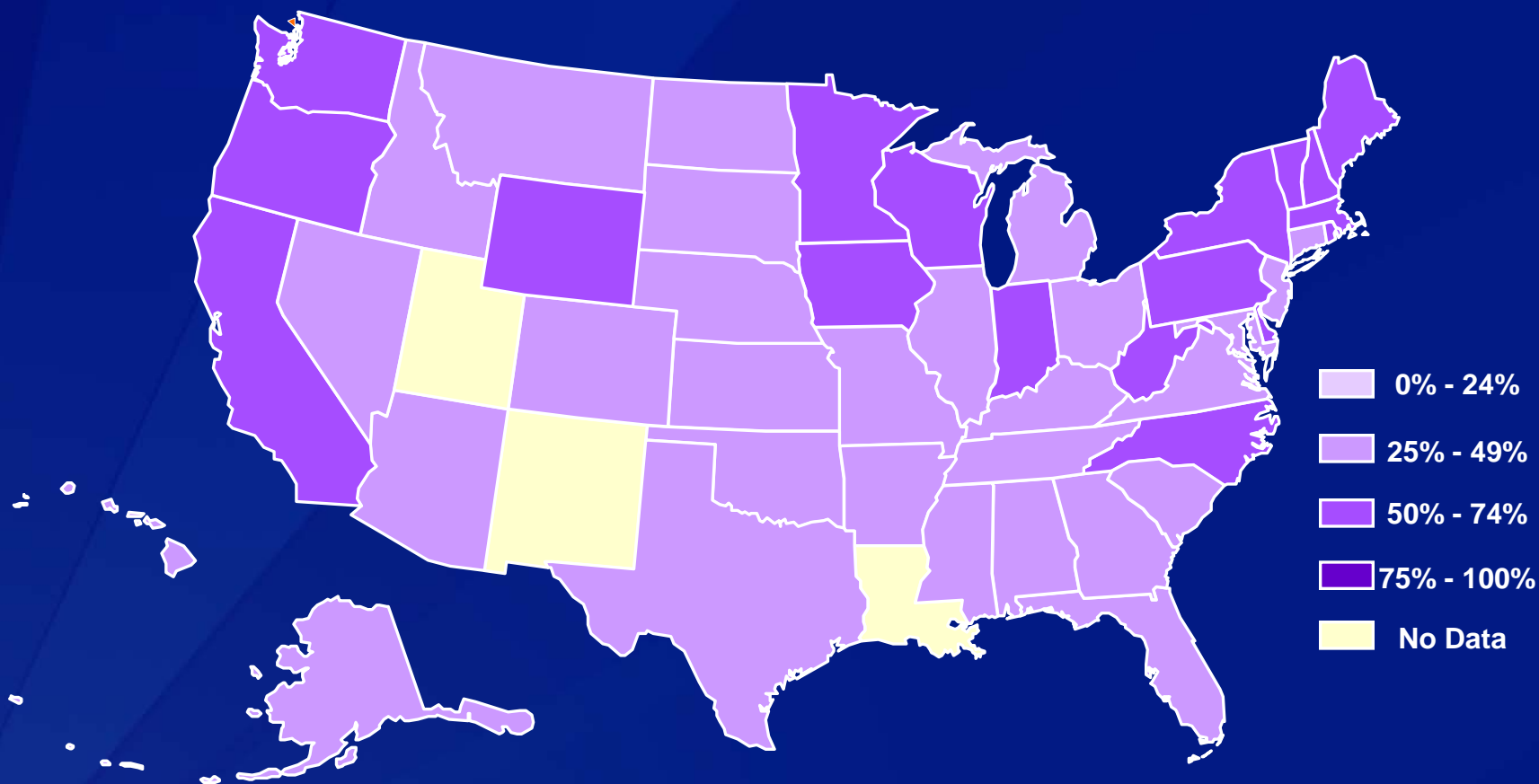
Percentage of secondary schools that provide students with referrals* for HIV treatment



*To any organizations or health care professionals not on school property.

School Health Profiles, 2014

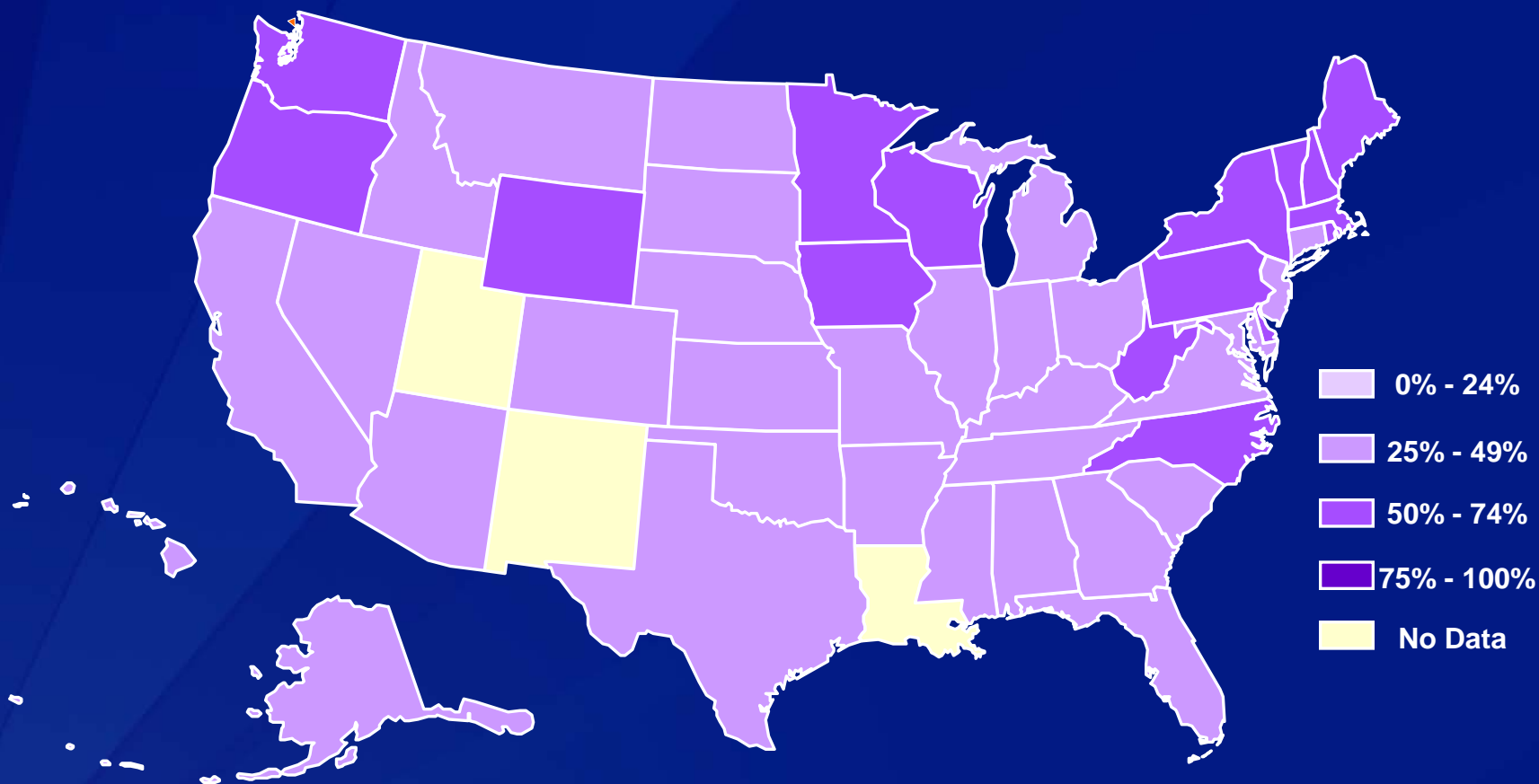
Percentage of secondary schools that provide students with referrals* for STD testing



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School Health Profiles, 2014

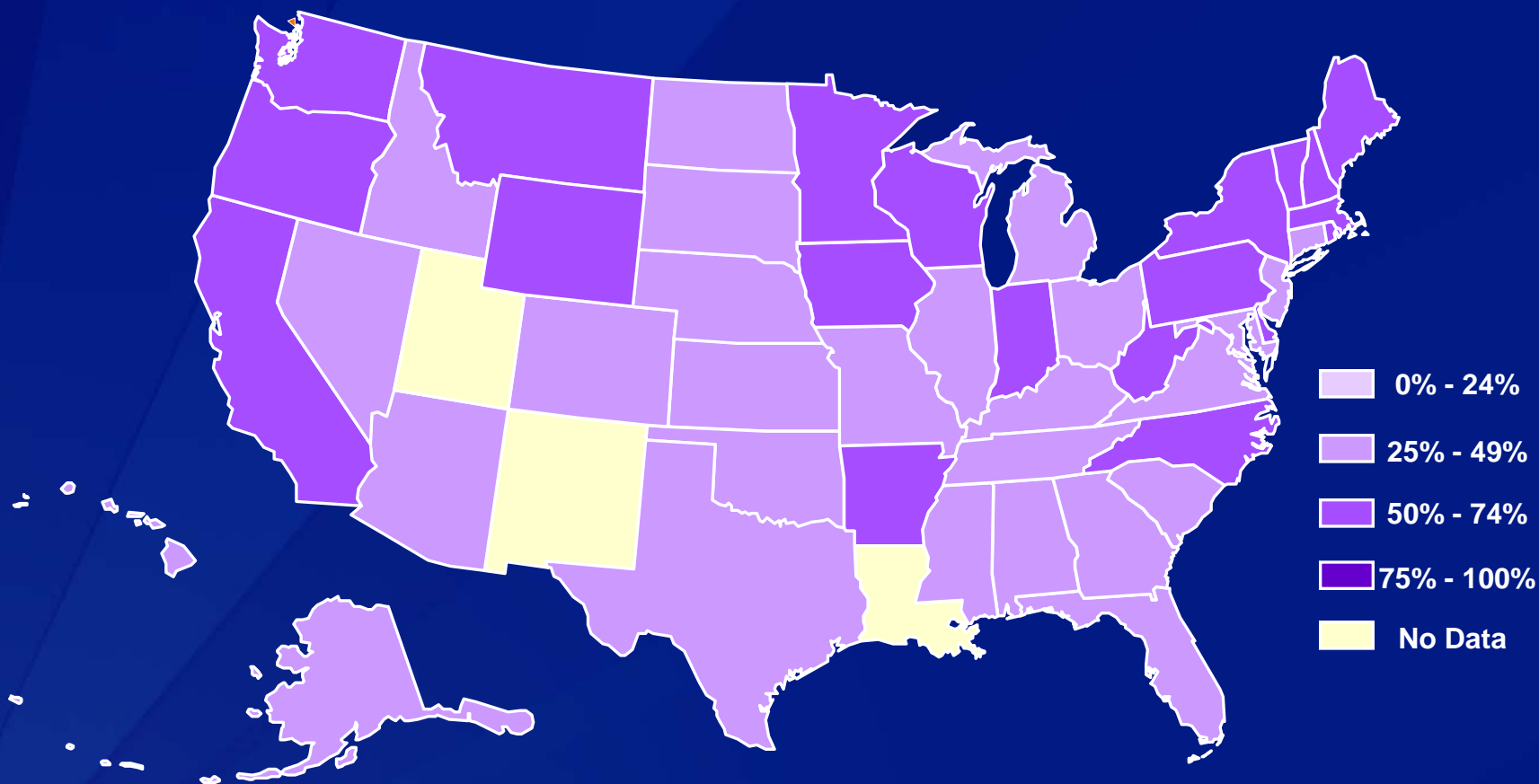
Percentage of secondary schools that provide students with referrals* for STD treatment



*To any organizations or health care professionals not on school property.

School Health Profiles, 2014

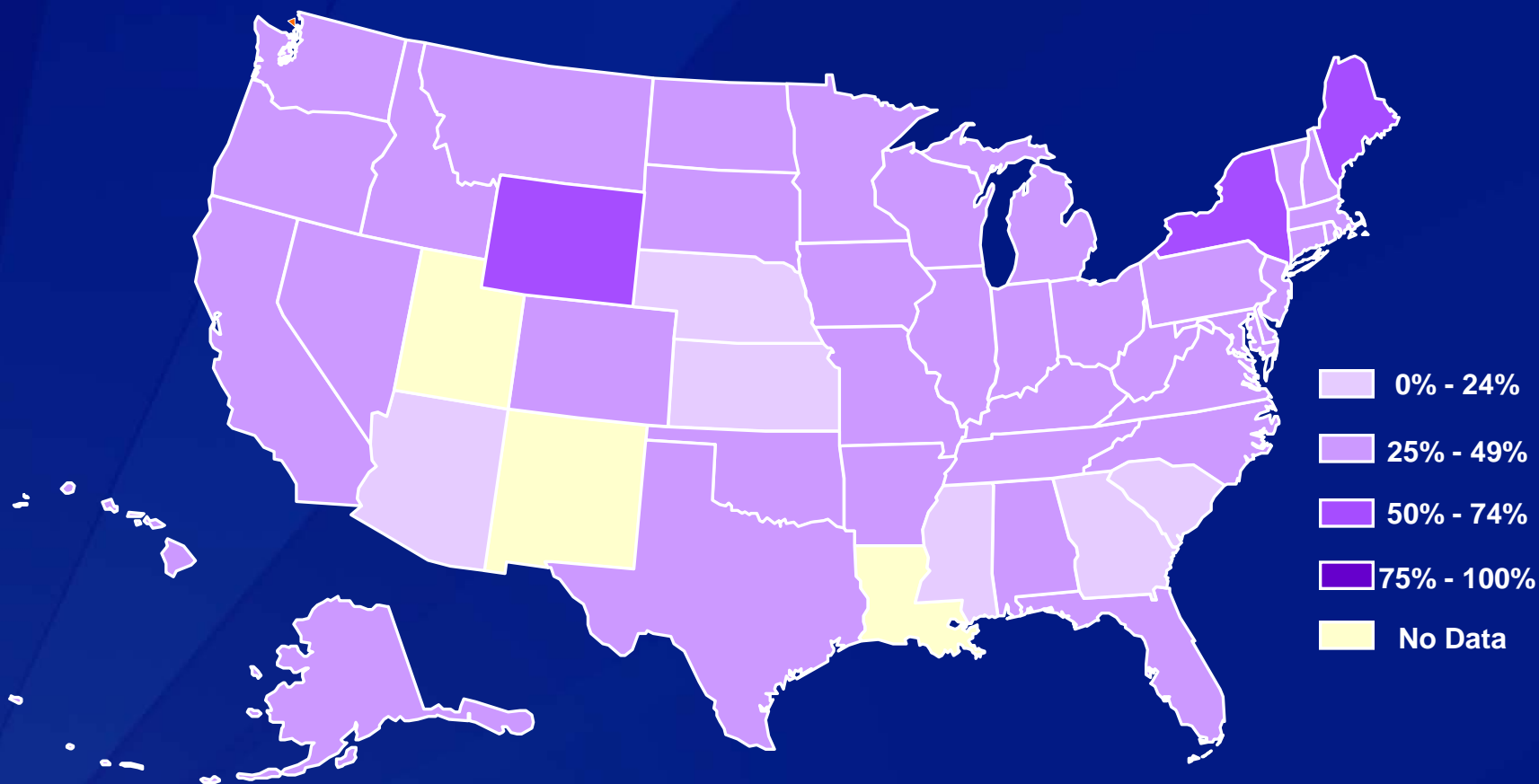
Percentage of secondary schools that provide students with referrals* for pregnancy testing



*To any organizations or health care professionals not on school property.

School Health Profiles, 2014

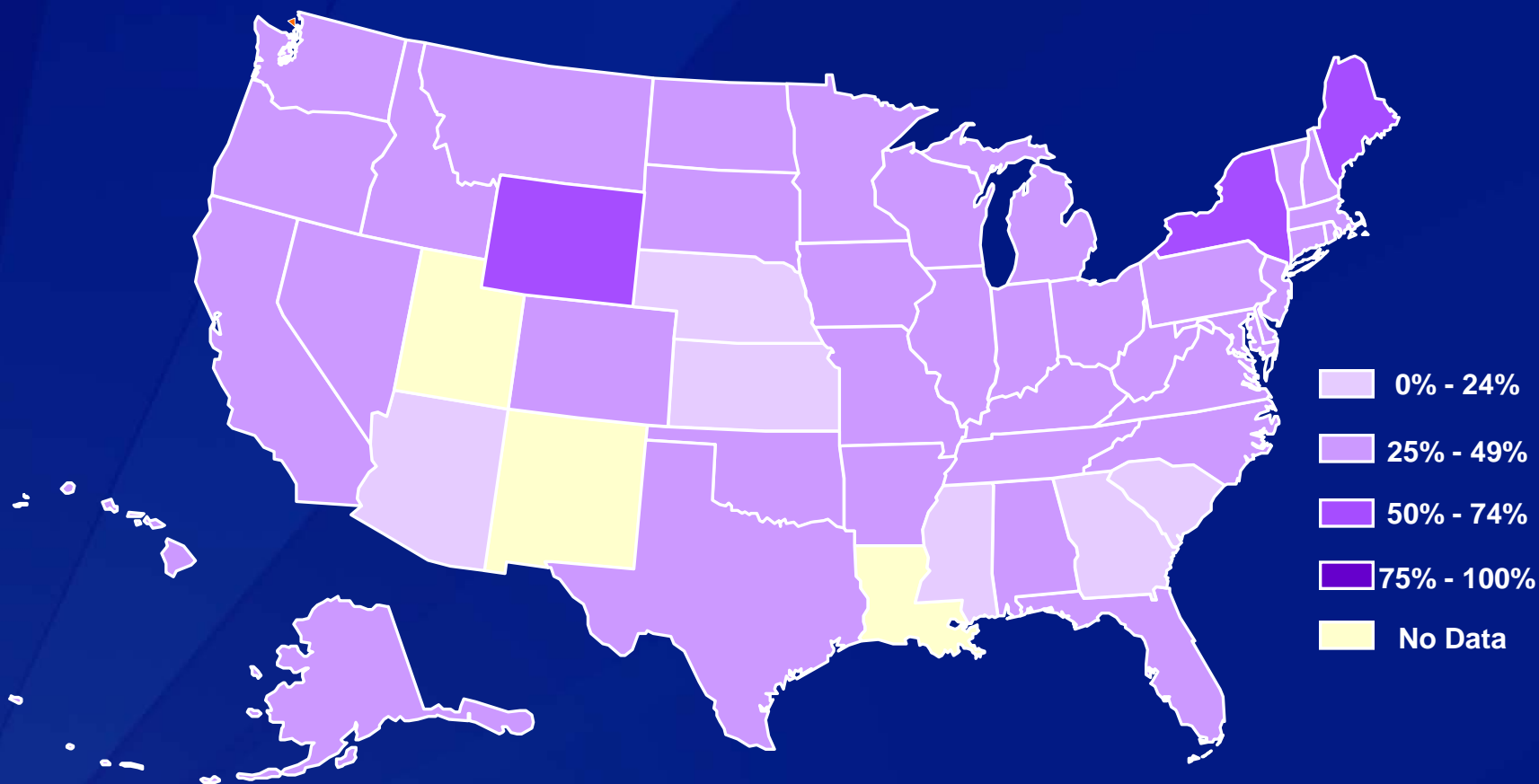
Percentage of secondary schools that provide students with referrals* for condoms



***To any organizations or health care professionals not on school property.**

School Health Profiles, 2014

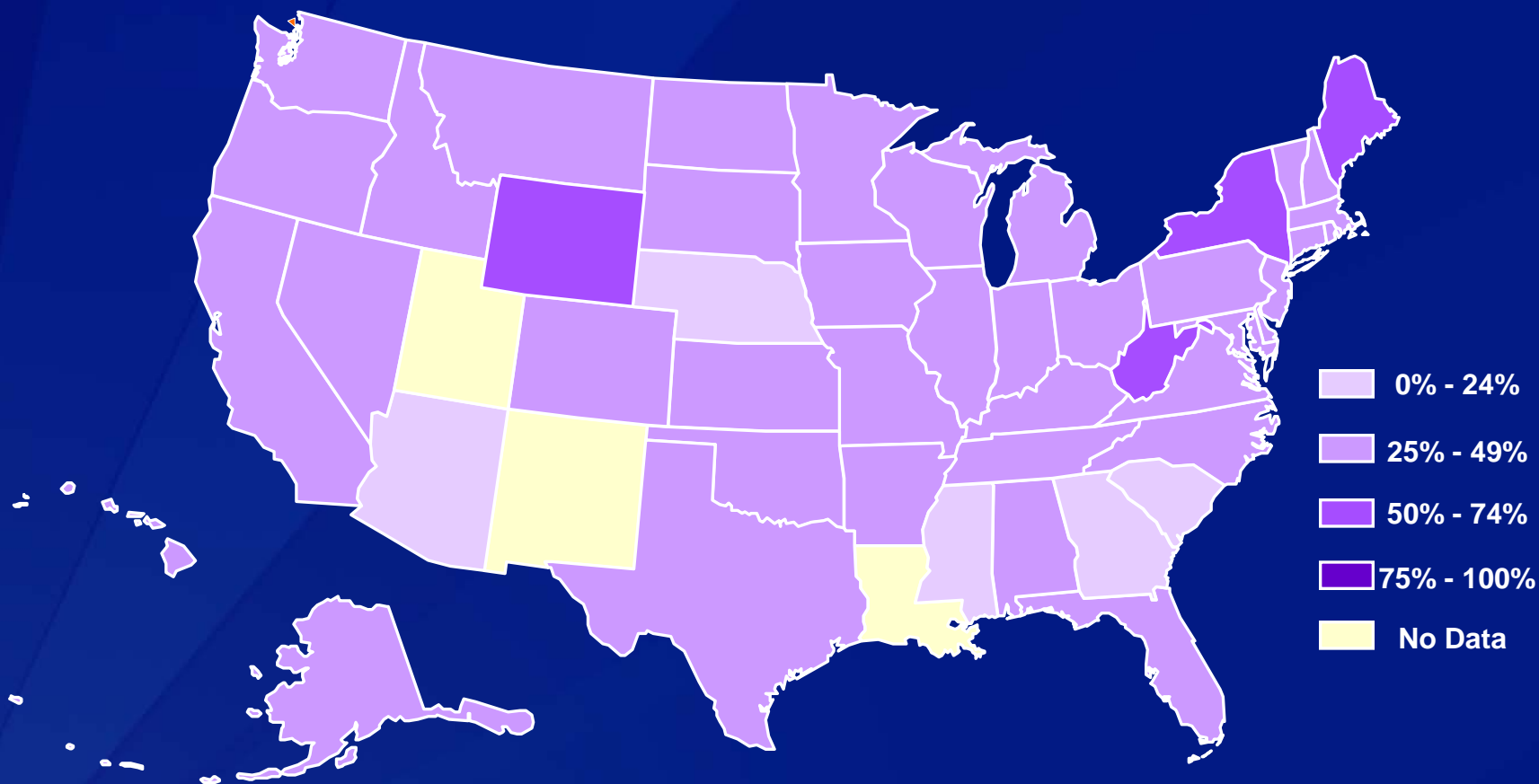
Percentage of secondary schools that provide students with referrals* for condom-compatible lubricants



*To any organizations or health care professionals not on school property.

School Health Profiles, 2014

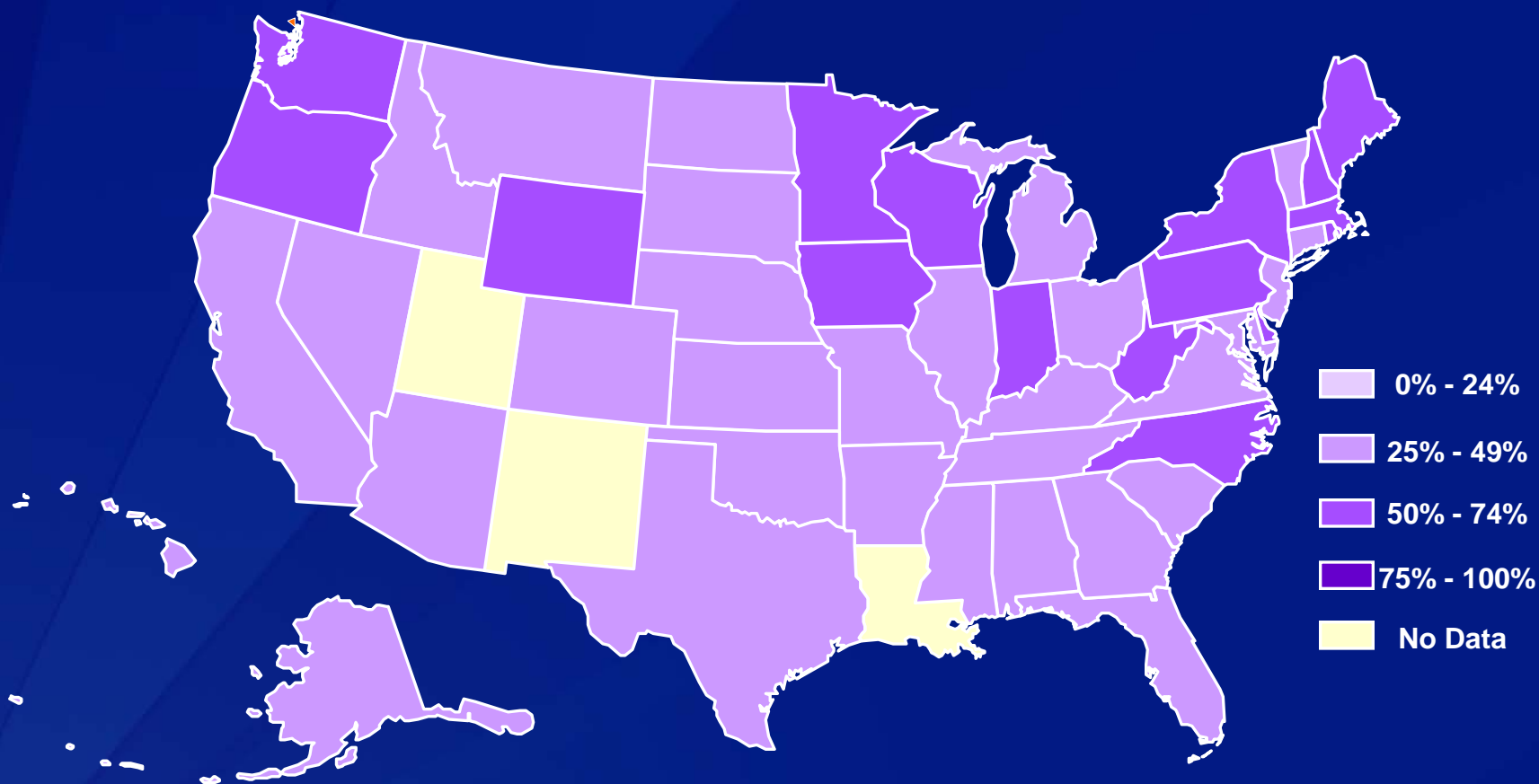
Percentage of secondary schools that provide students with referrals* for contraceptives other than condoms



*To any organizations or health care professionals not on school property.

School Health Profiles, 2014

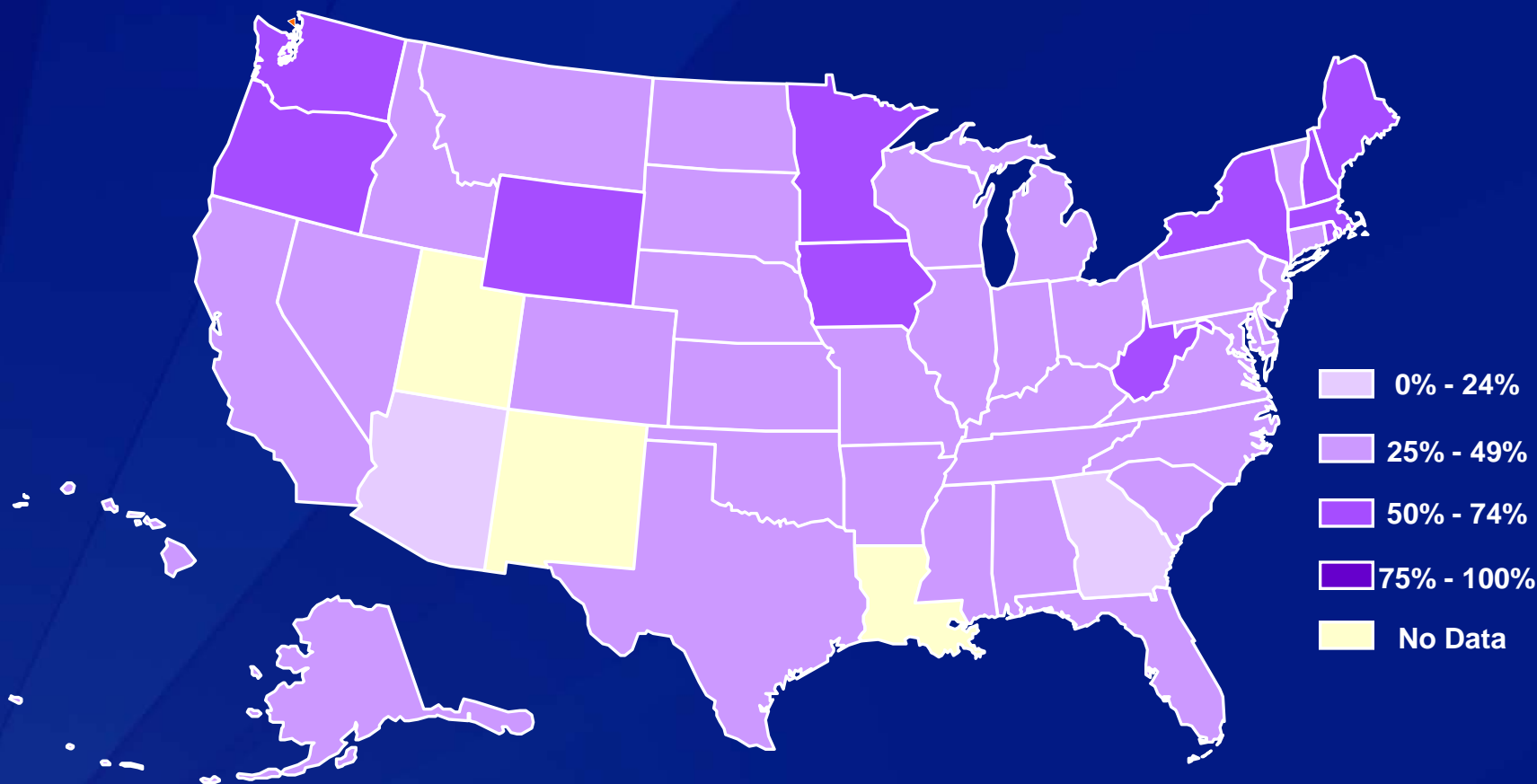
Percentage of secondary schools that provide students with referrals* for prenatal care



*To any organizations or health care professionals not on school property.

School Health Profiles, 2014

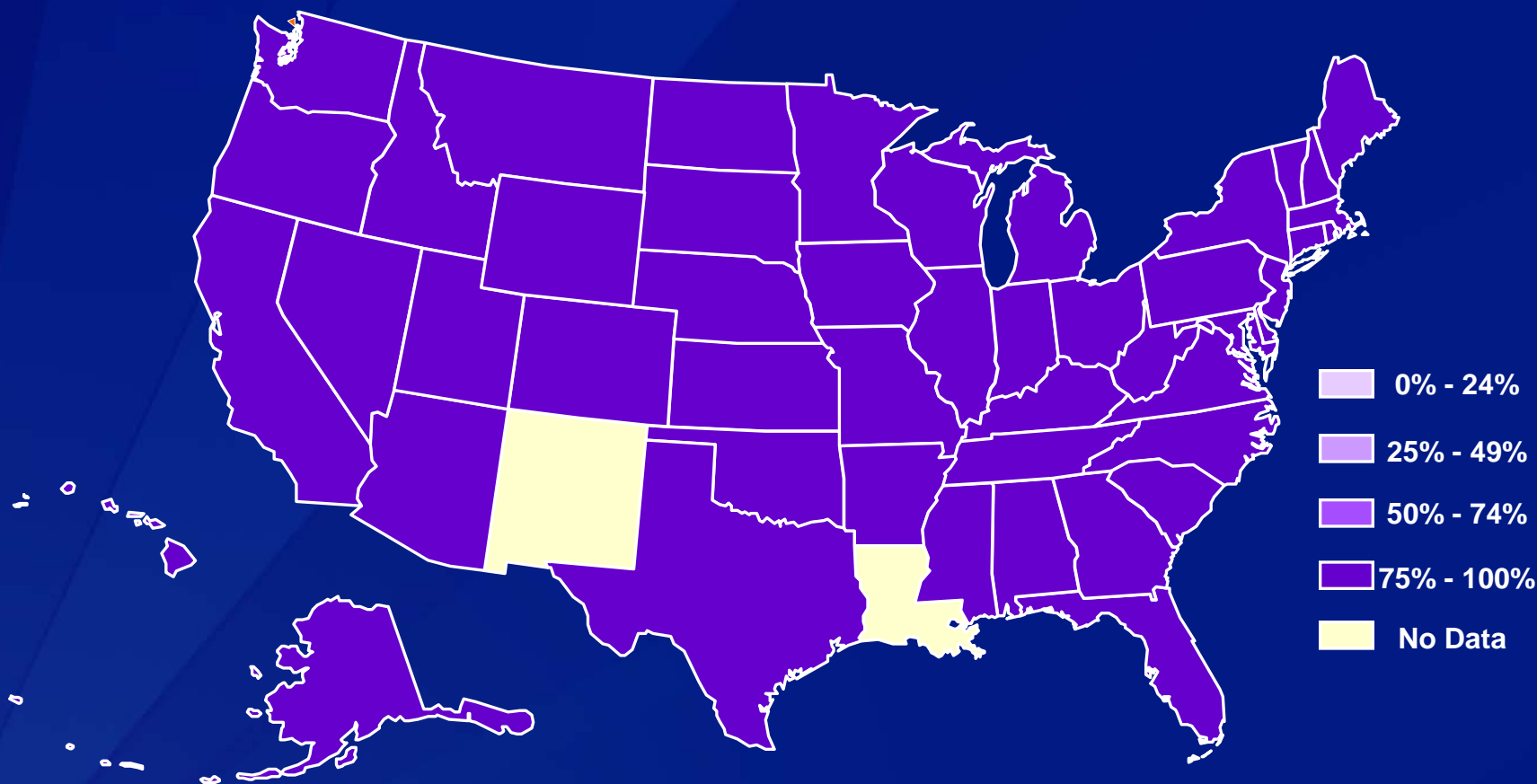
Percentage of secondary schools that provide students with referrals* for HPV vaccine administration



*To any organizations or health care professionals not on school property.

School Health Profiles, 2014

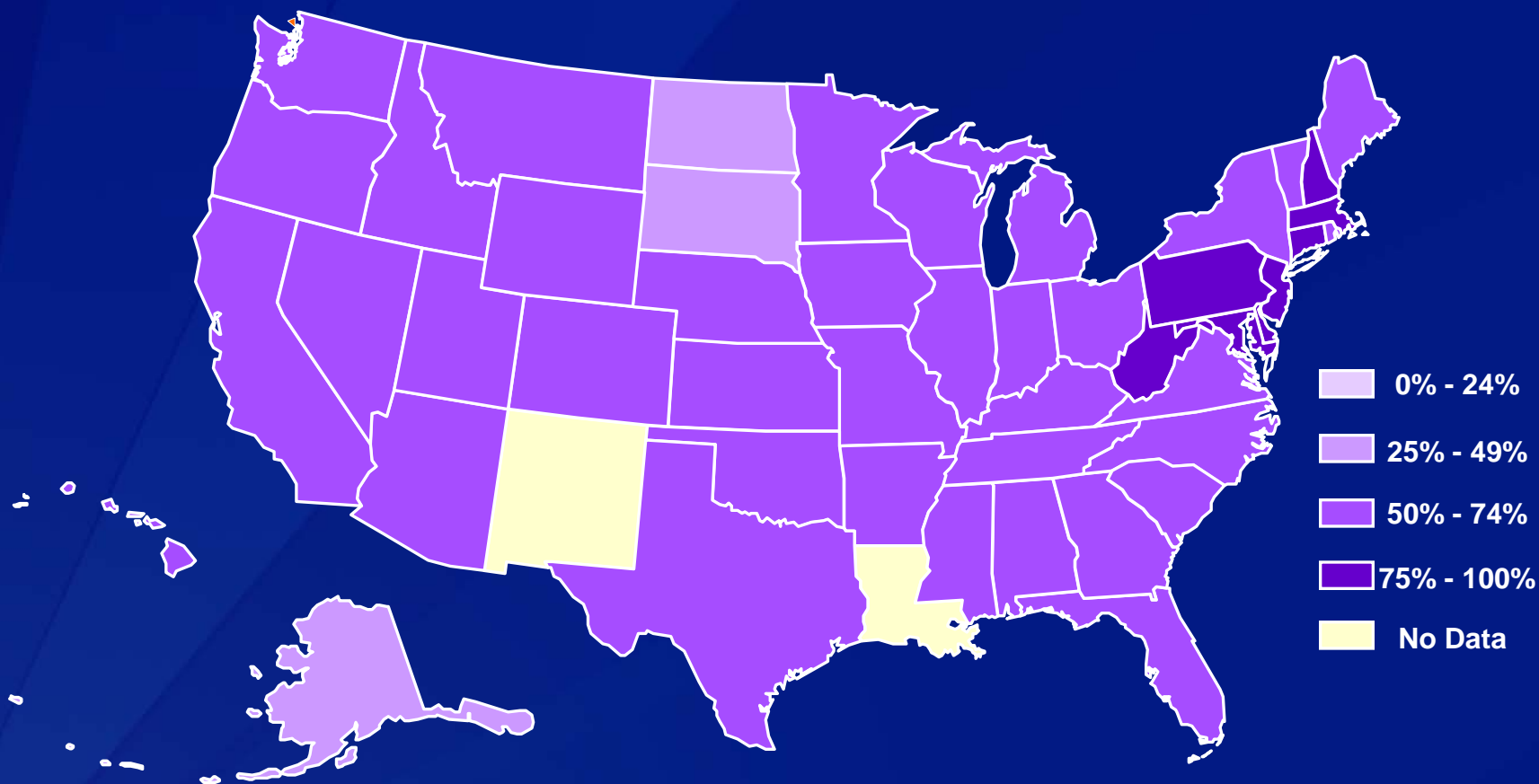
Percentage of secondary schools that identify and track students with chronic conditions* that may require daily or emergency management



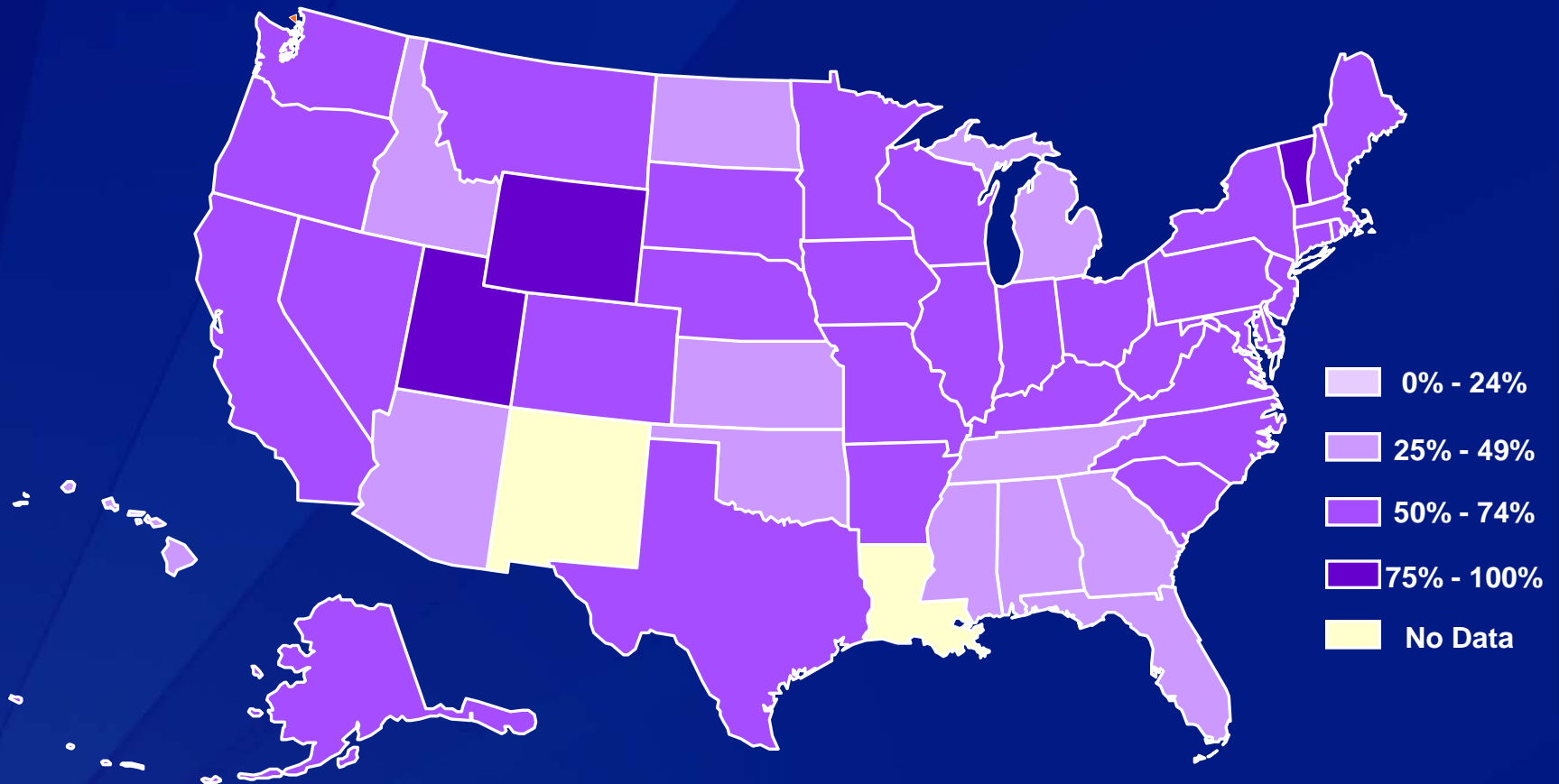
*For example, asthma or food allergies.

School Health Profiles, 2014

Percentage of secondary schools that have protocols that ensure students with a chronic condition that may require daily or emergency management are enrolled into private, state, or federally funded insurance programs if eligible

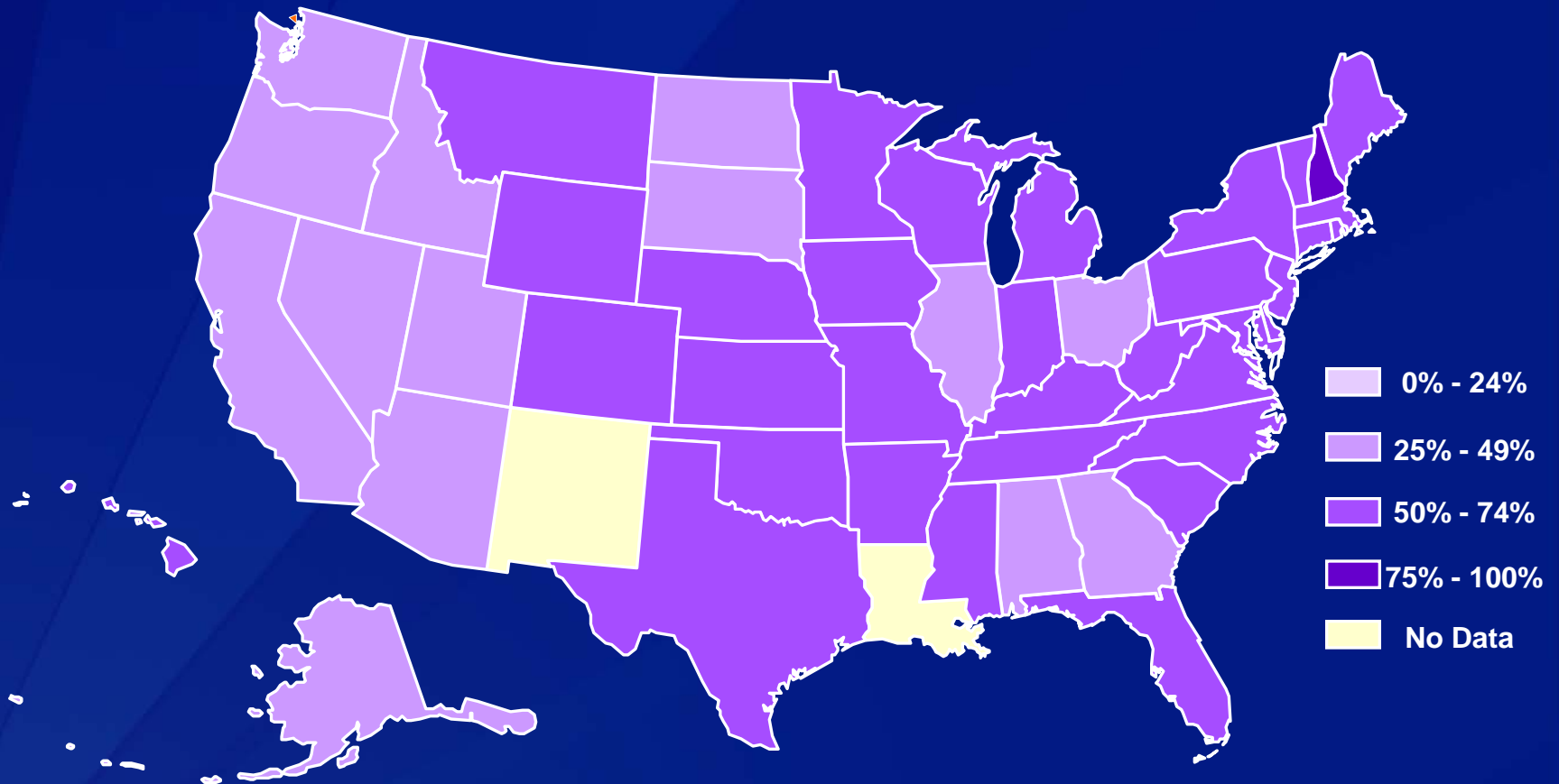


Percentage of secondary schools that provide referrals to community-based medical care providers for students identified with chronic conditions or at risk for activity, diet, and weight-related chronic conditions

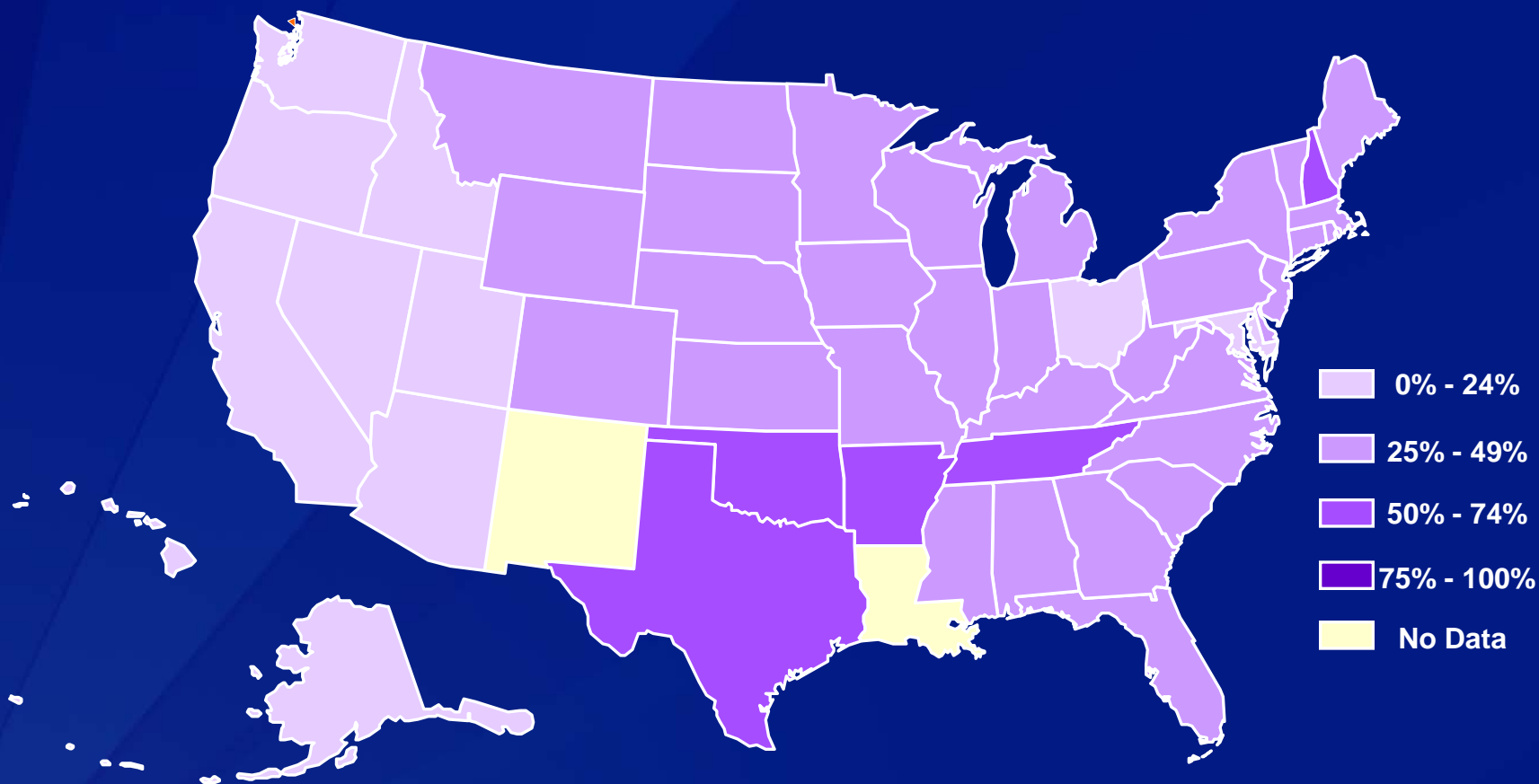


School Health Coordination

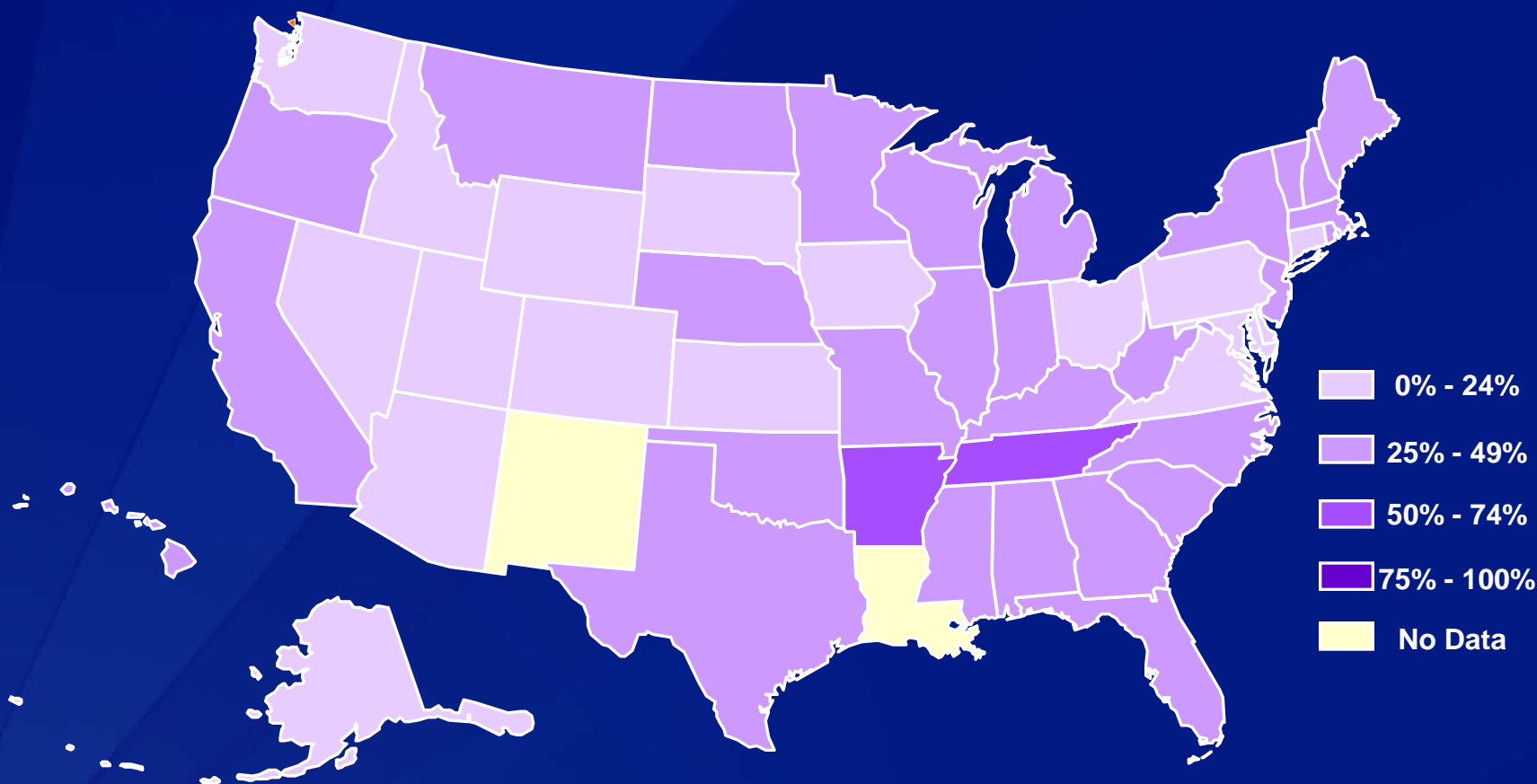
Percentage of secondary schools that had a school health council, committee, or team that offers guidance on the development of policies or coordinates activities on health topics



Percentage of secondary schools that have a school health council, committee, or team with representation from at least 6 of 8 groups

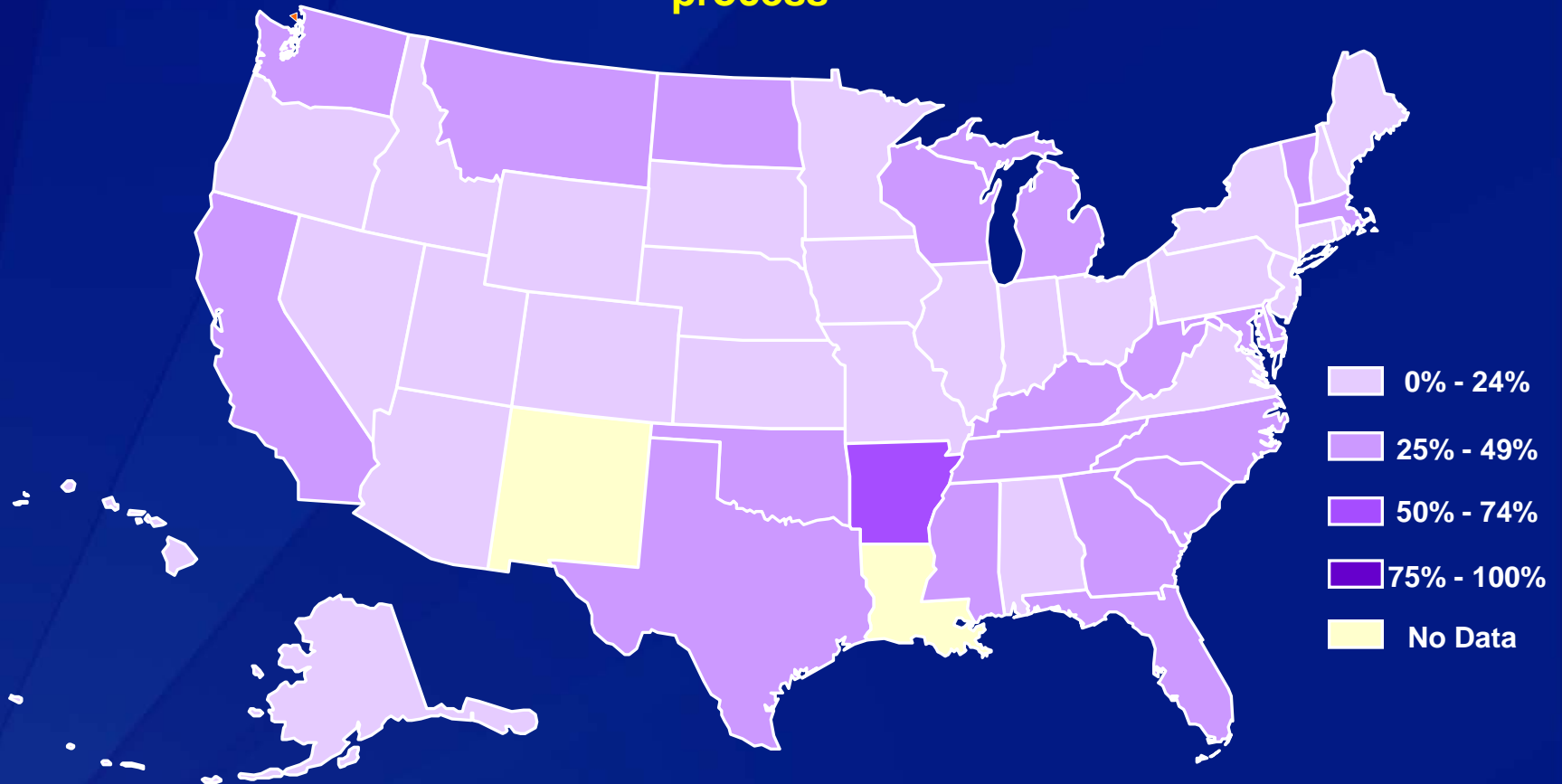


Percentage of secondary schools that used the School Health Index or other self-assessment tool to assess their policies, activities, and programs in HIV, STD, and teen pregnancy prevention; physical activity; nutrition; and tobacco-use prevention

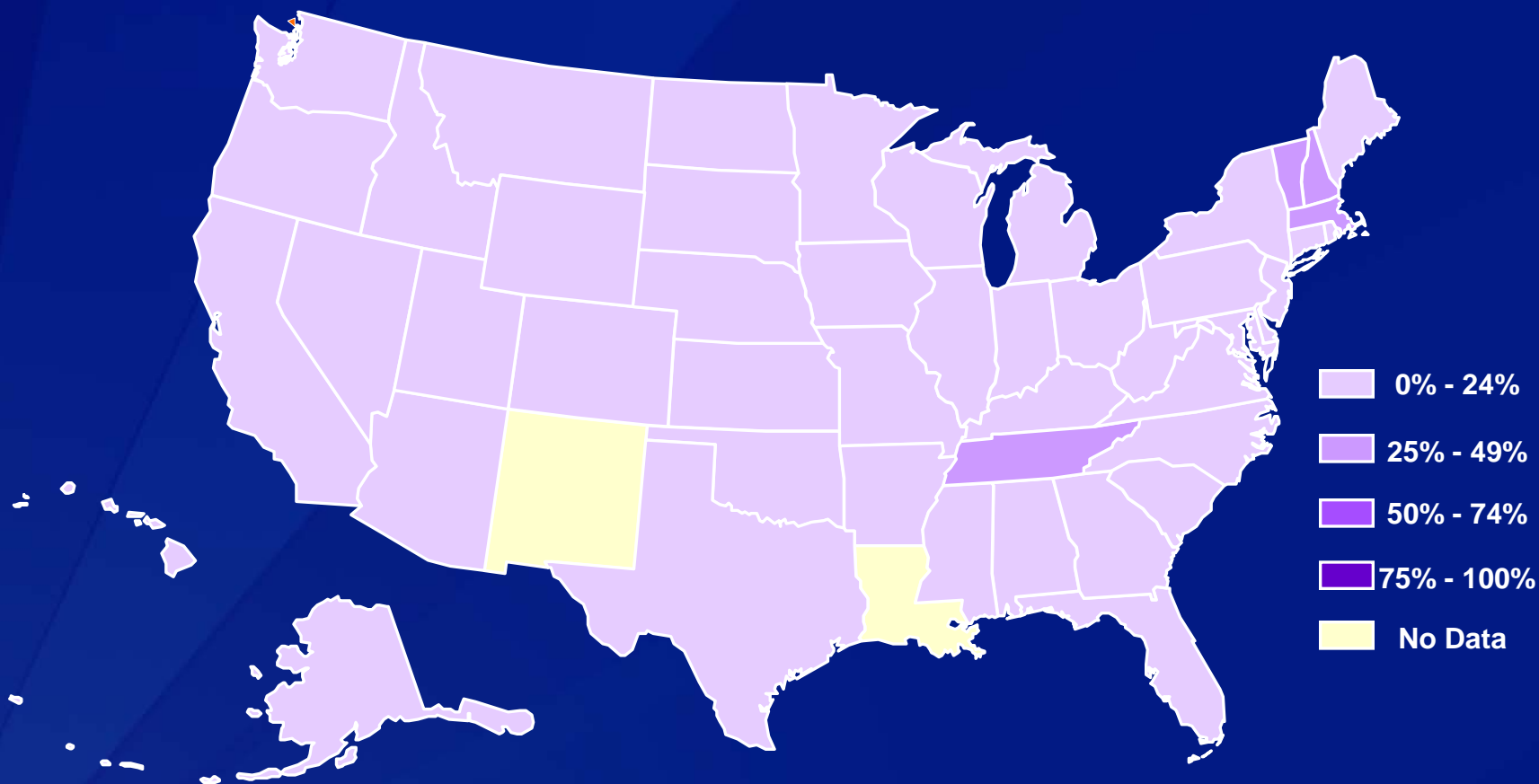


School Health Profiles, 2014

Percentage of secondary schools that include at least 1 health and safety objective in their school improvement plan and have completed a self-assessment of school health policies and practices and have reviewed health and safety data during the past year as part of their school improvement planning process

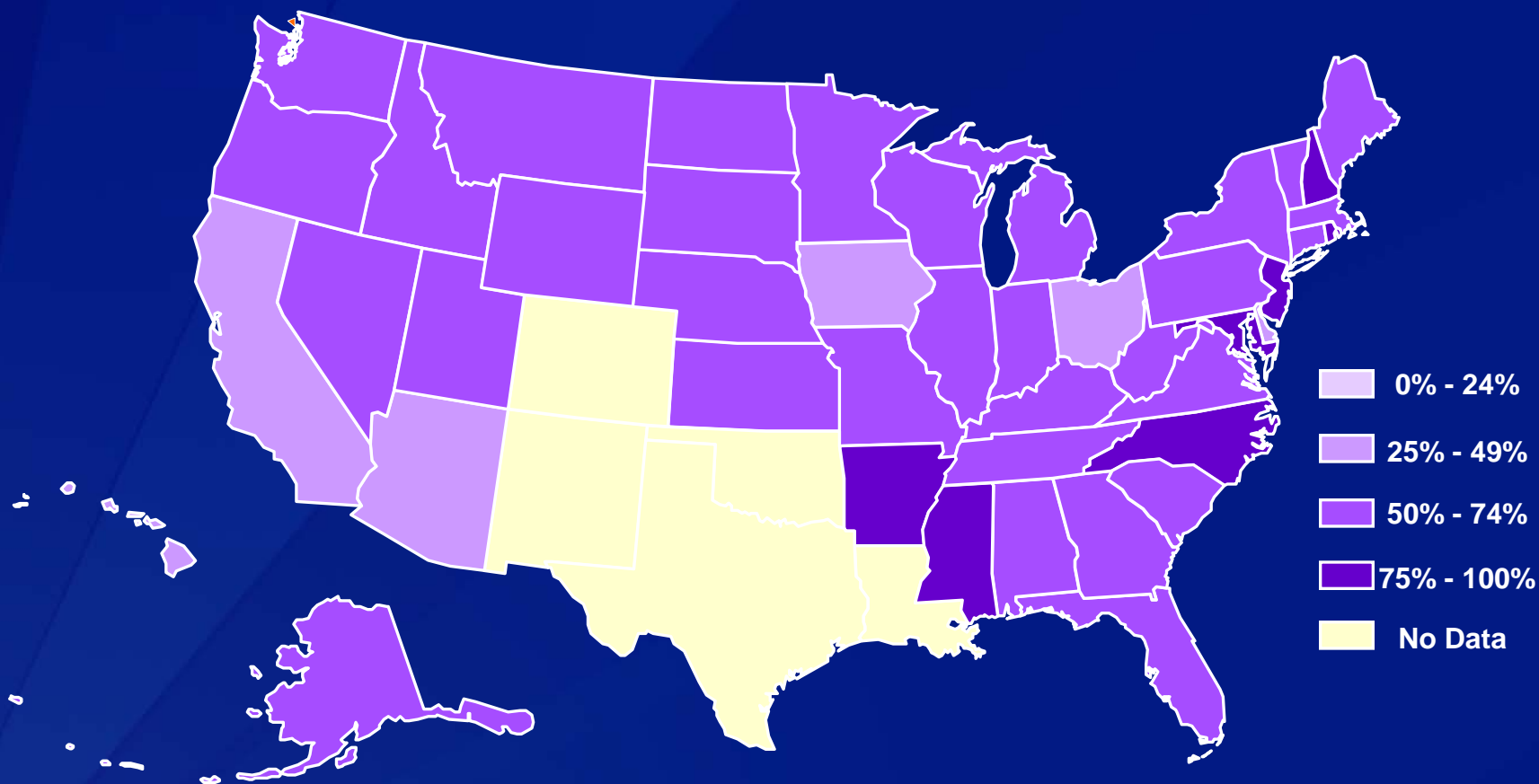


Percentage of secondary schools that have a school health team that performs 5 actions to help plan and implement school health programs

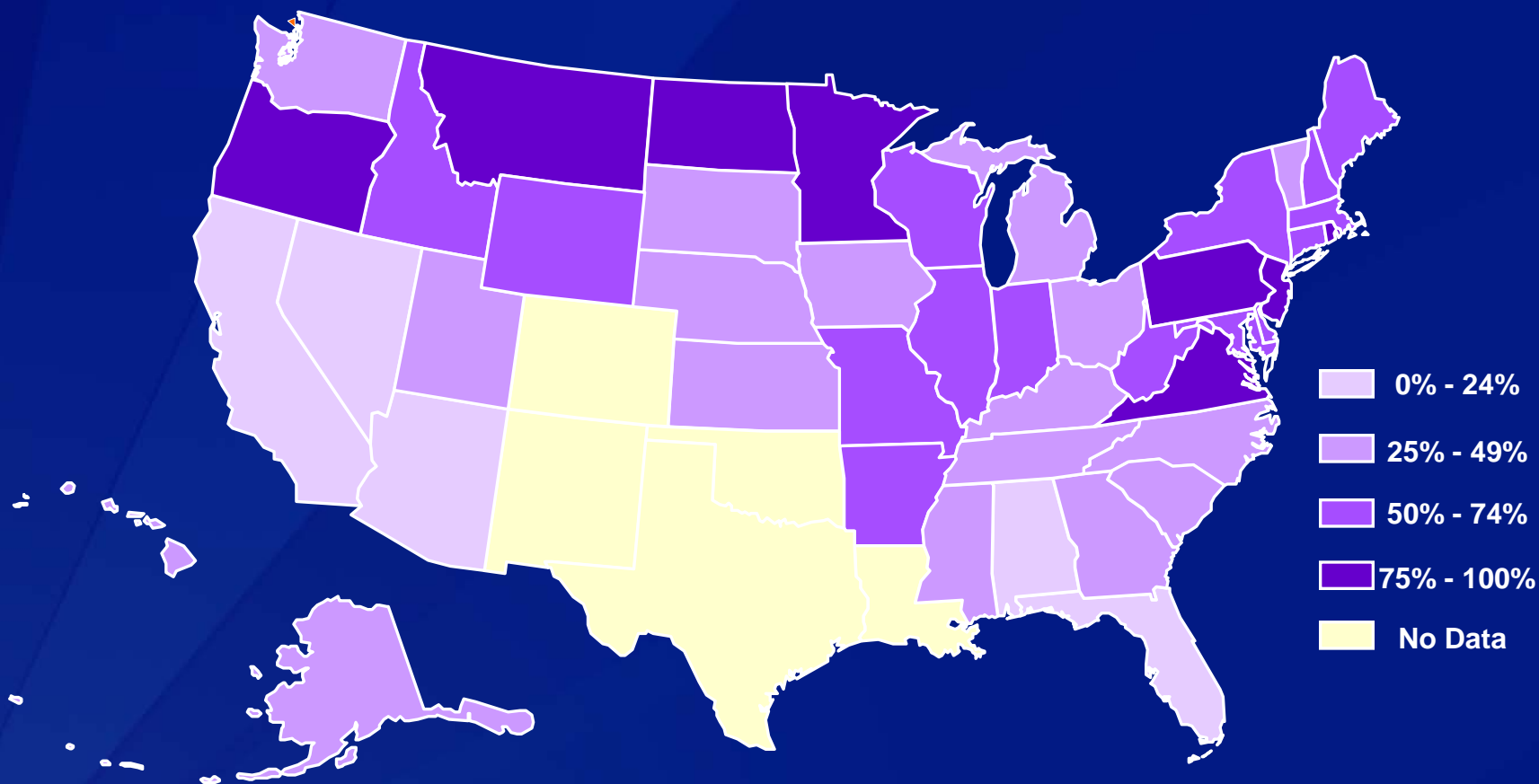


Health Education

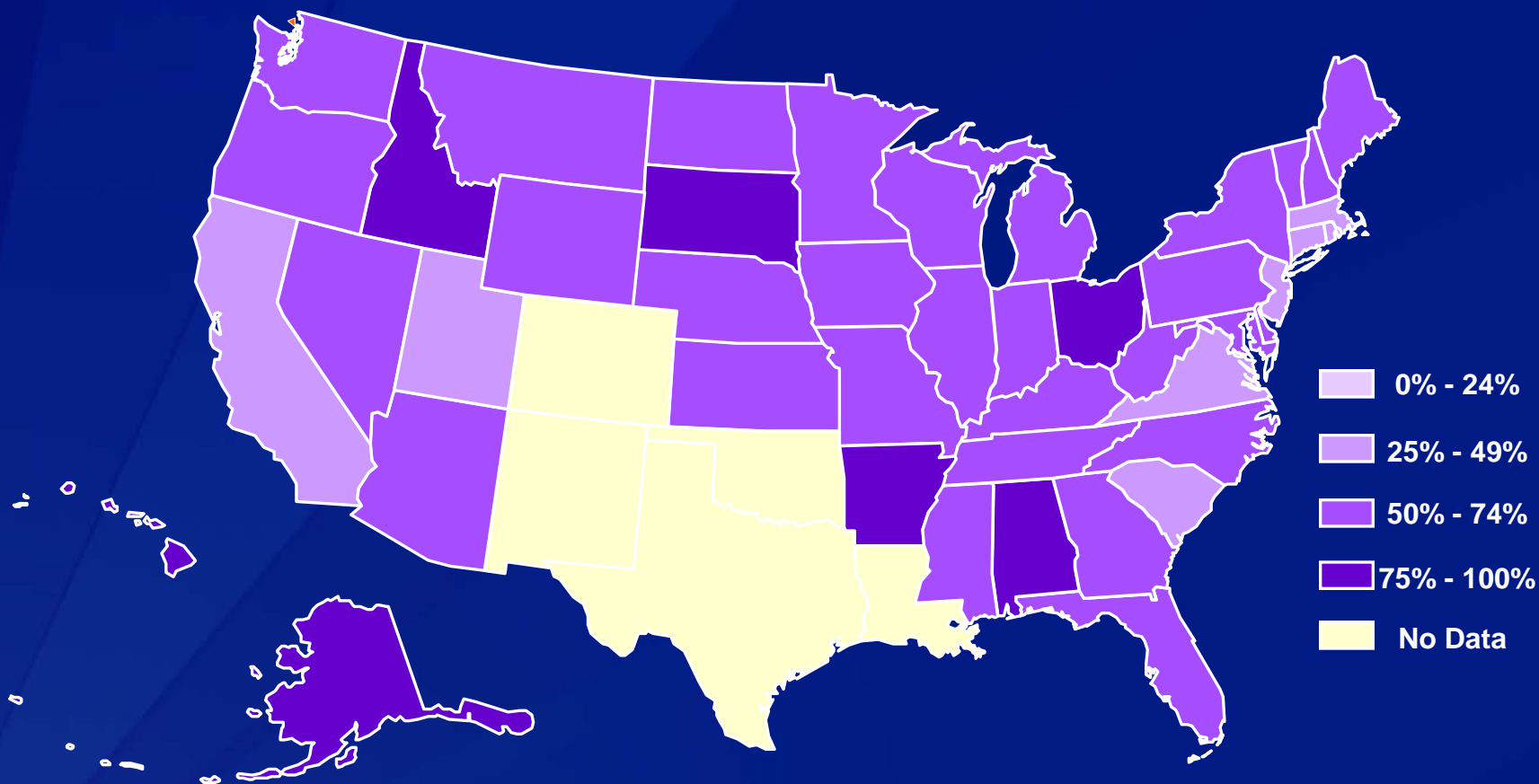
Percentage of secondary schools with a health education curriculum that addresses all 8 national standards for health education



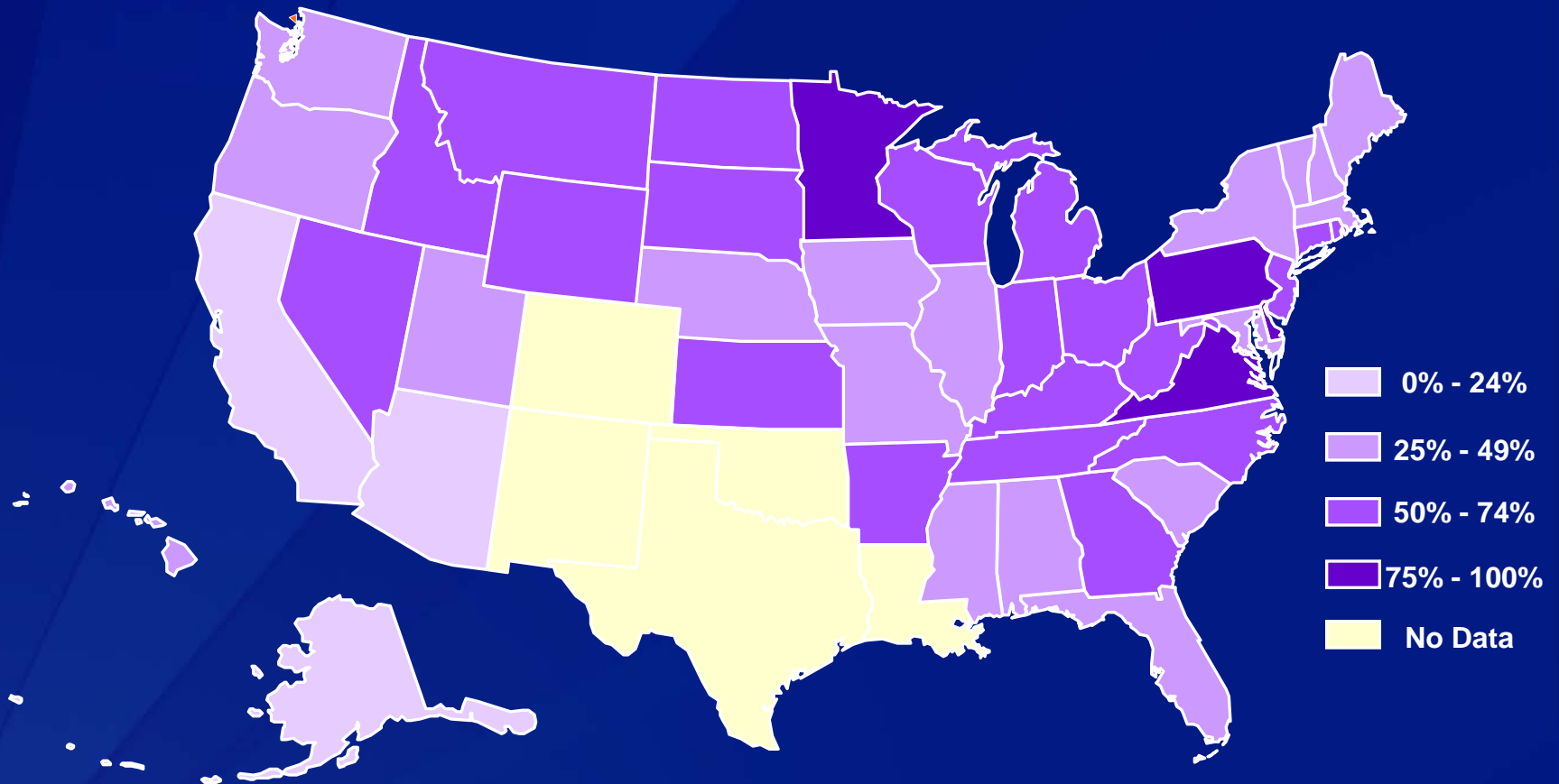
Percentage of secondary schools that required students to take 2 or more health education courses



Among secondary schools that required a health education course, percentage that required students who fail the course to repeat it

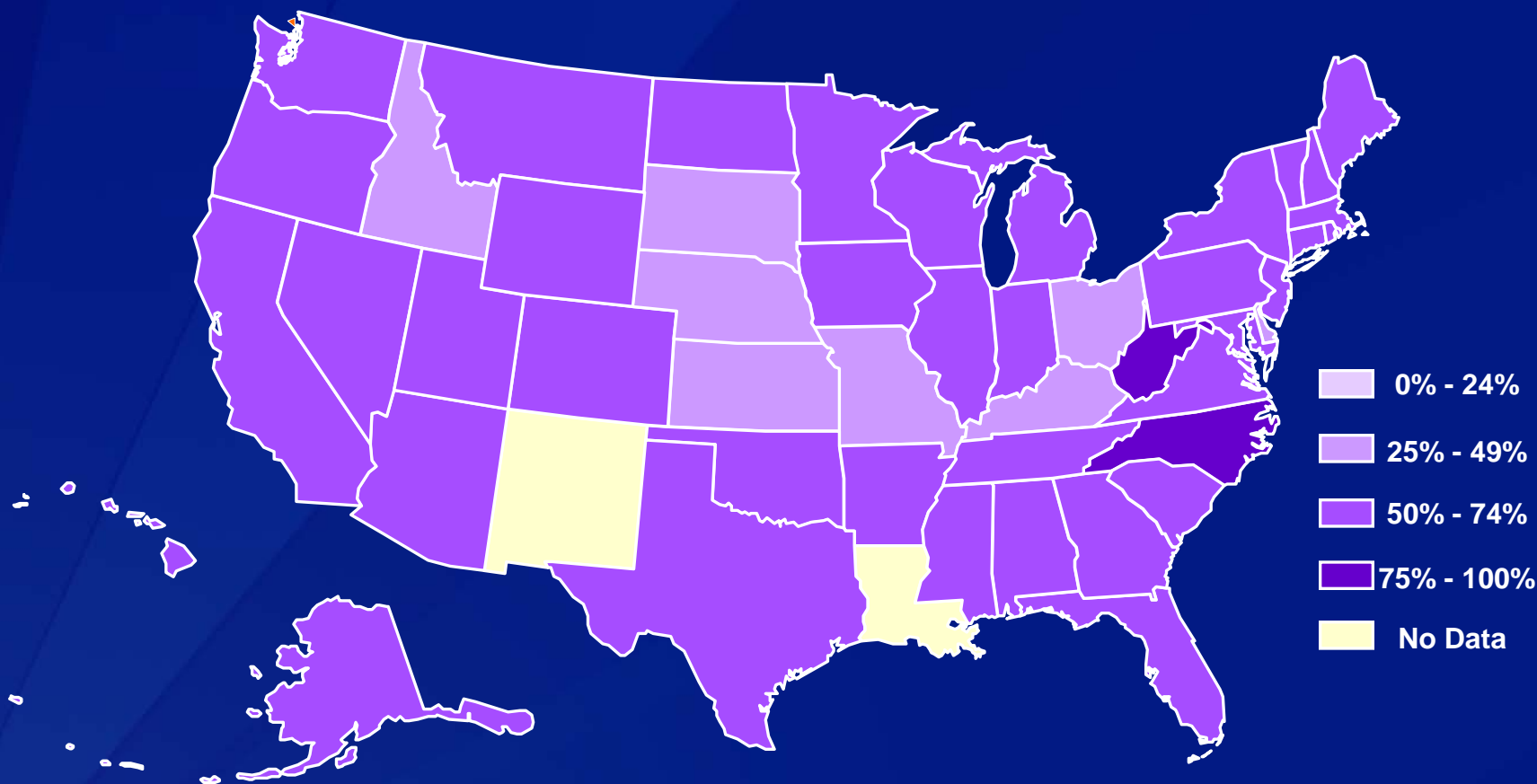


Percentage of secondary schools in which the lead health education teacher had professional preparation in health education or in health and physical education combined



Tobacco-Use Prevention

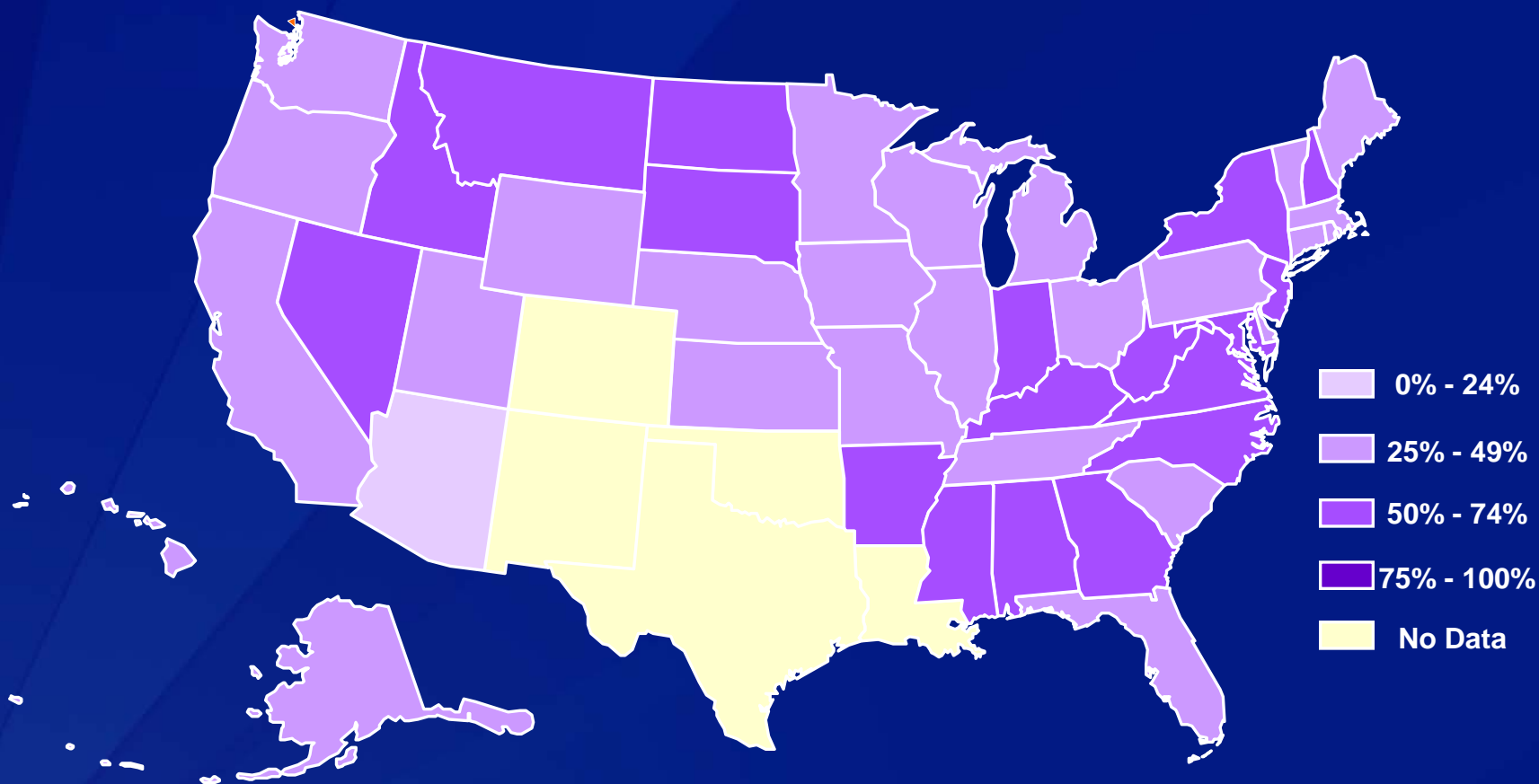
Percentage of secondary schools that prohibited all tobacco use at all times in all locations*



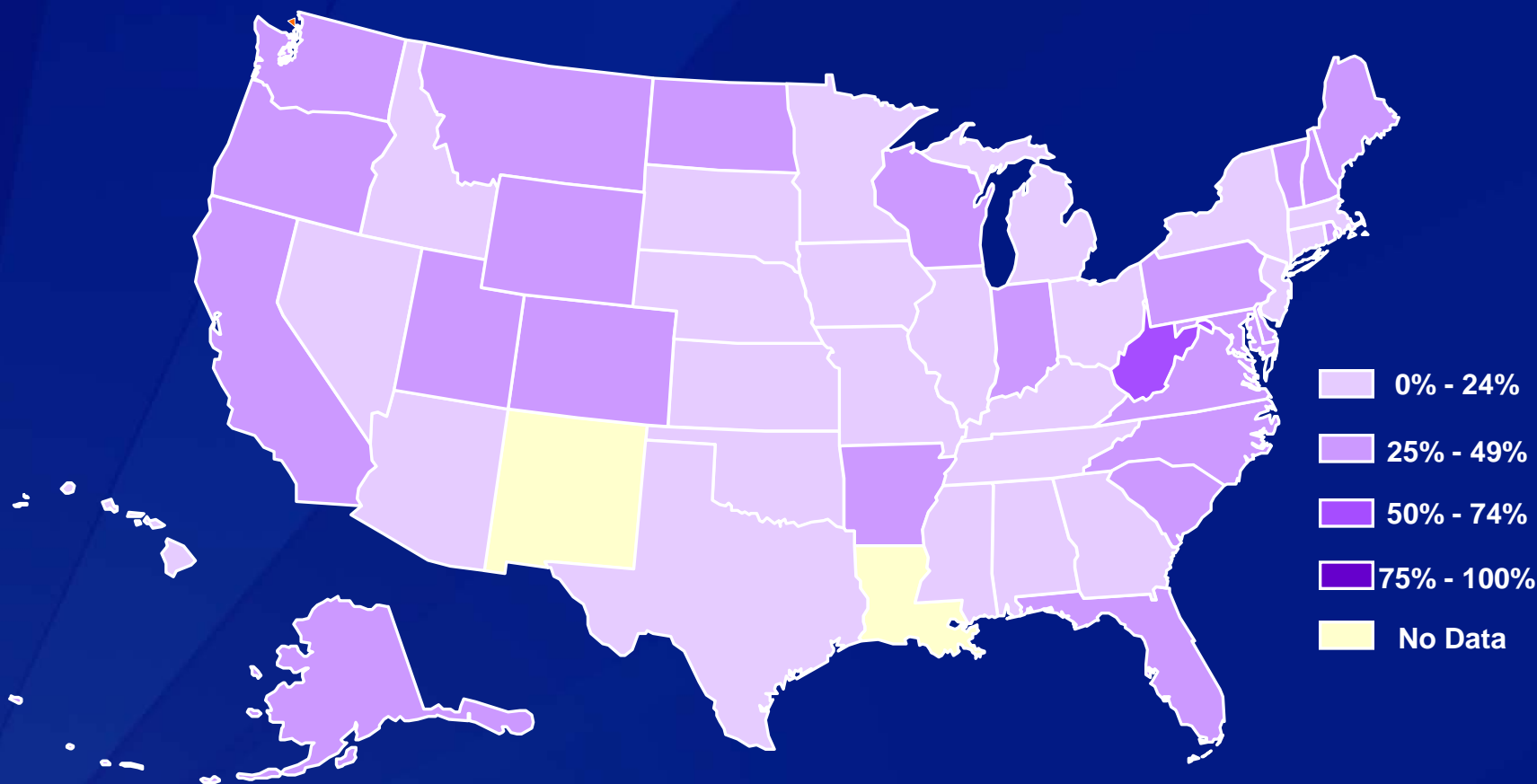
*Prohibited the use of all tobacco, including cigarettes, smokeless tobacco, cigars, and pipes, by students, faculty and school staff, and visitors, in school buildings, outside on school grounds, on school buses or other vehicles used to transport students, and at off-campus, school-sponsored events, during school hours and non-school hours.

School Health Profiles, 2014

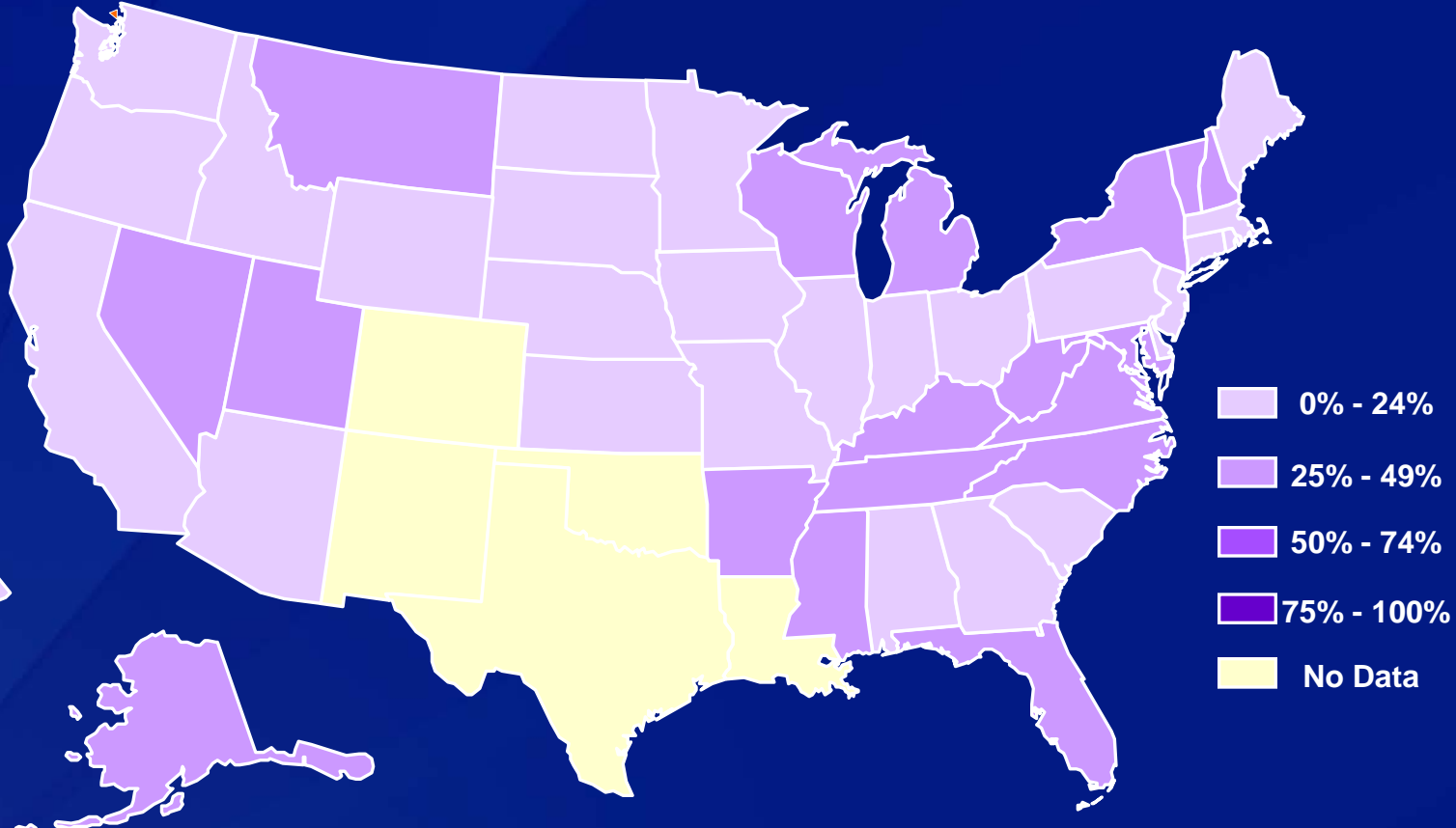
Percentage of secondary schools that taught 18 key tobacco-use prevention topics in a required course



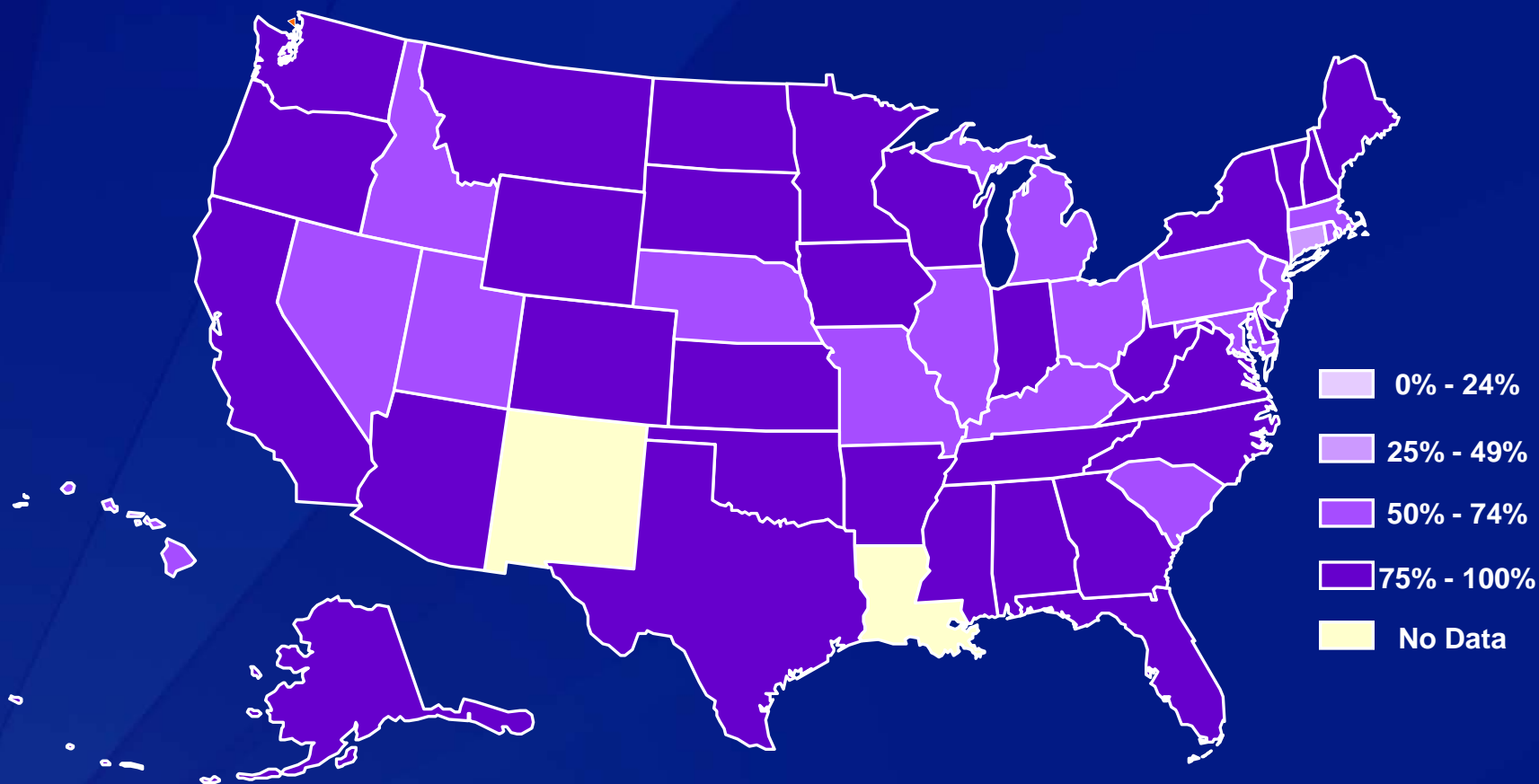
Percentage of secondary schools that provided tobacco cessation services for students, faculty, and staff at school or through arrangements with providers not on school property



Percentage of secondary schools in which the lead health education teacher received professional development during the 2 years before the survey on tobacco-use prevention

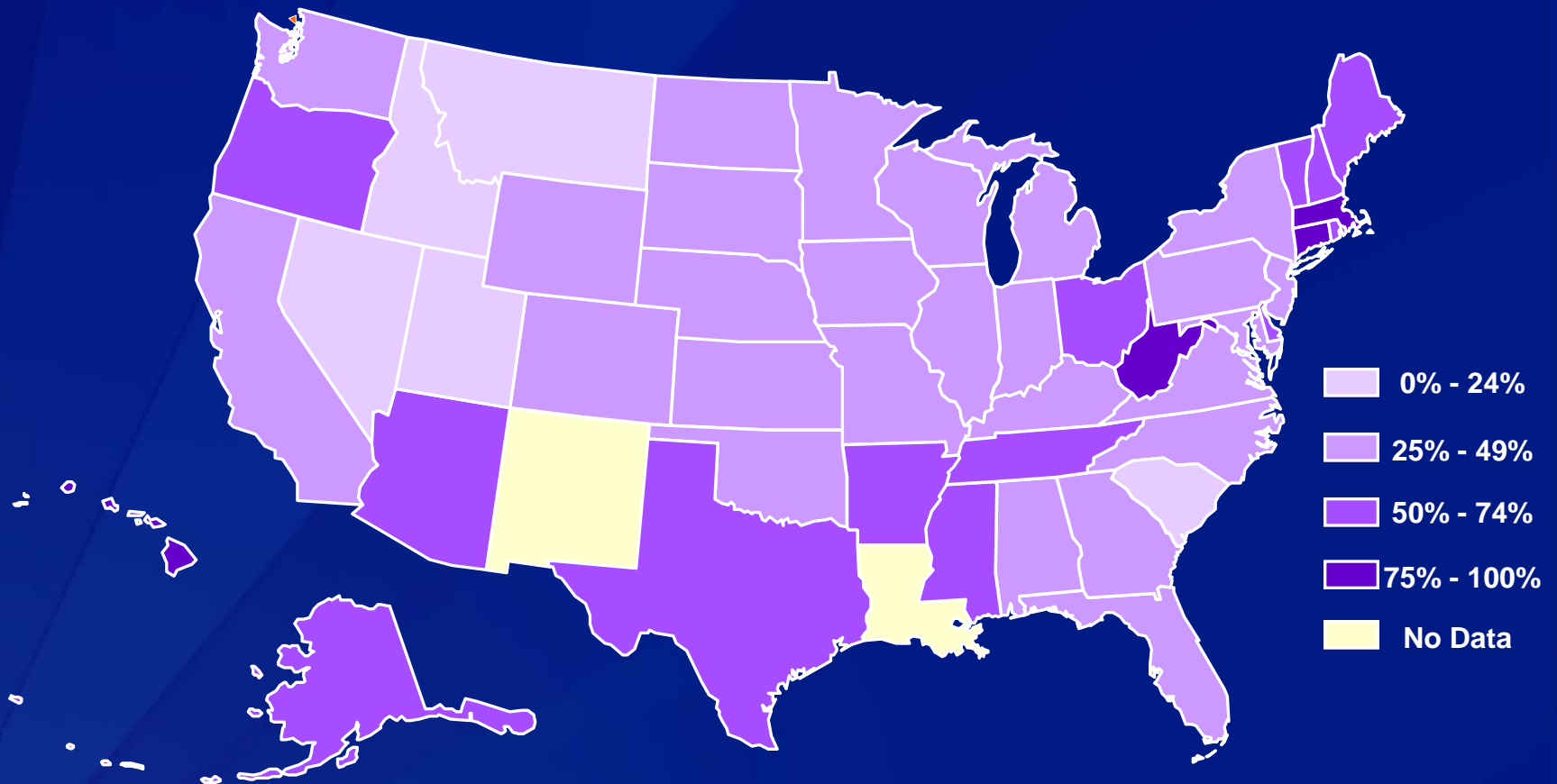


Percentage of secondary schools that posted signs marking a tobacco-free school zone



Nutrition

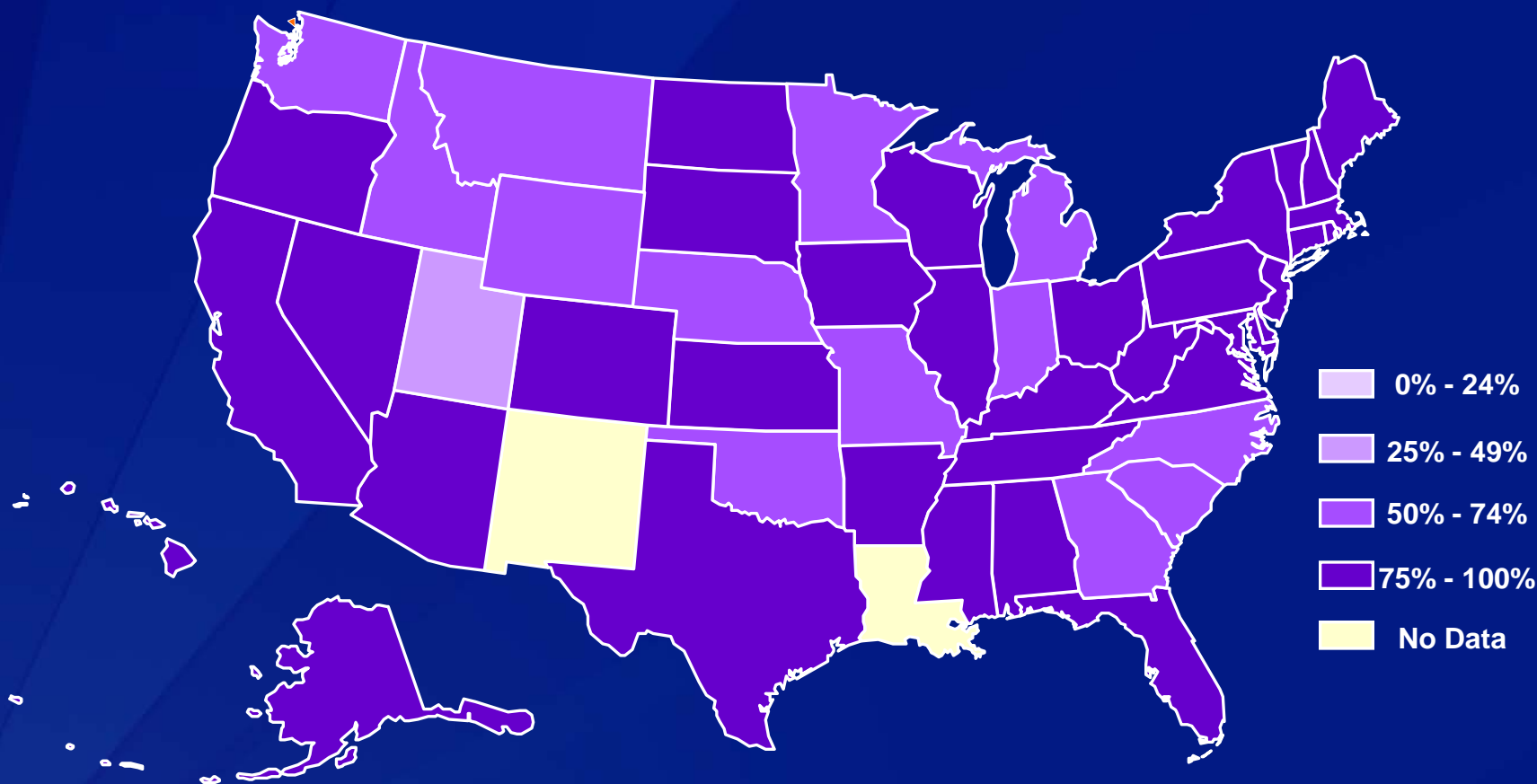
Percentage of secondary schools that did not sell less healthy foods and beverages* in vending machines or at the school store, canteen, or snack bar



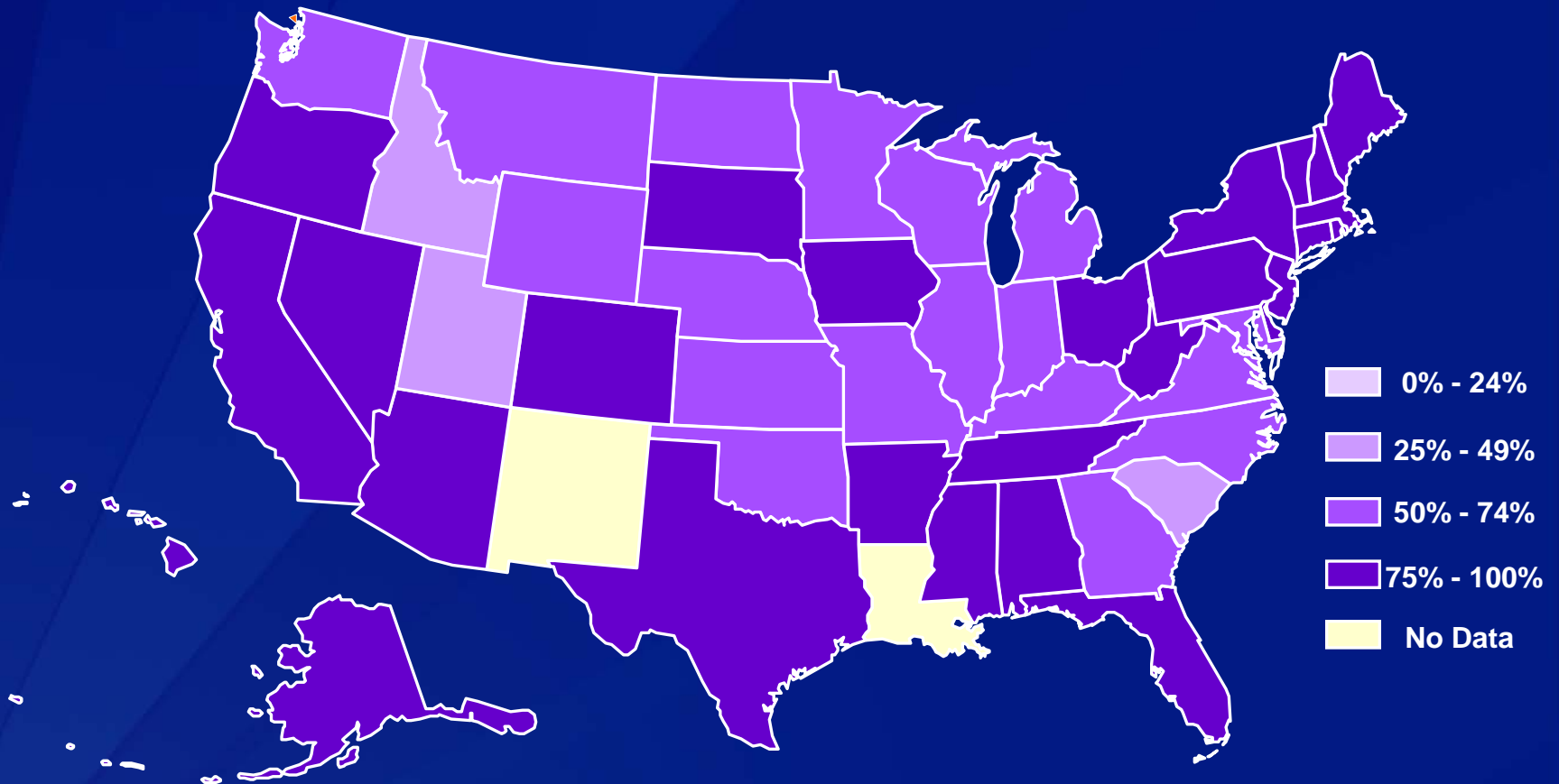
*Baked goods not low in fat, salty snacks not low in fat, chocolate candy, other kinds of candy, soda pop or fruit drinks that are not 100% juice, and sports drinks.

School Health Profiles, 2014

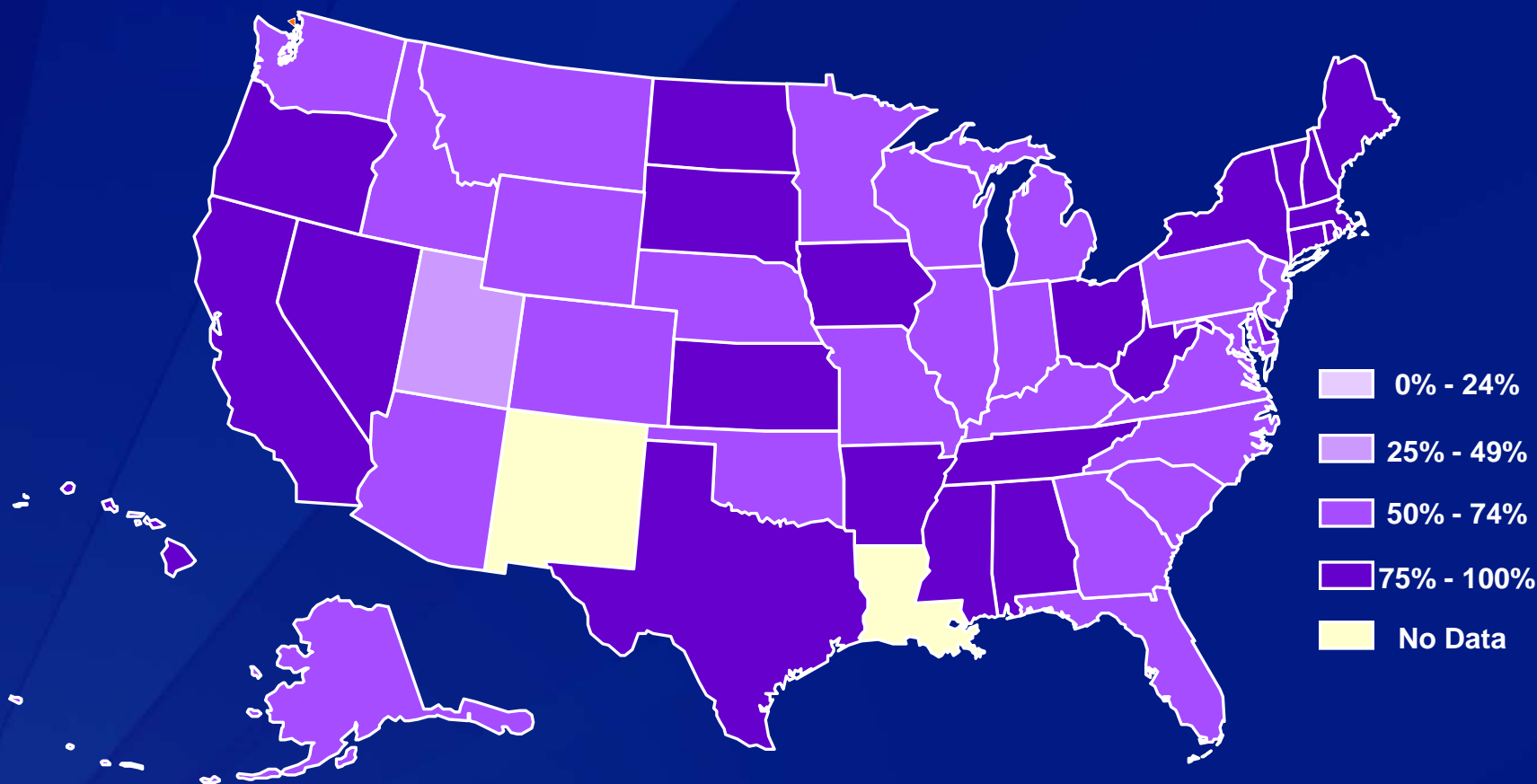
Percentage of secondary schools in which students could not purchase chocolate candy from vending machines or at the school store, canteen, or snack bar



Percentage of secondary schools in which students could not purchase other kinds of candy from vending machines or at the school store, canteen, or snack bar



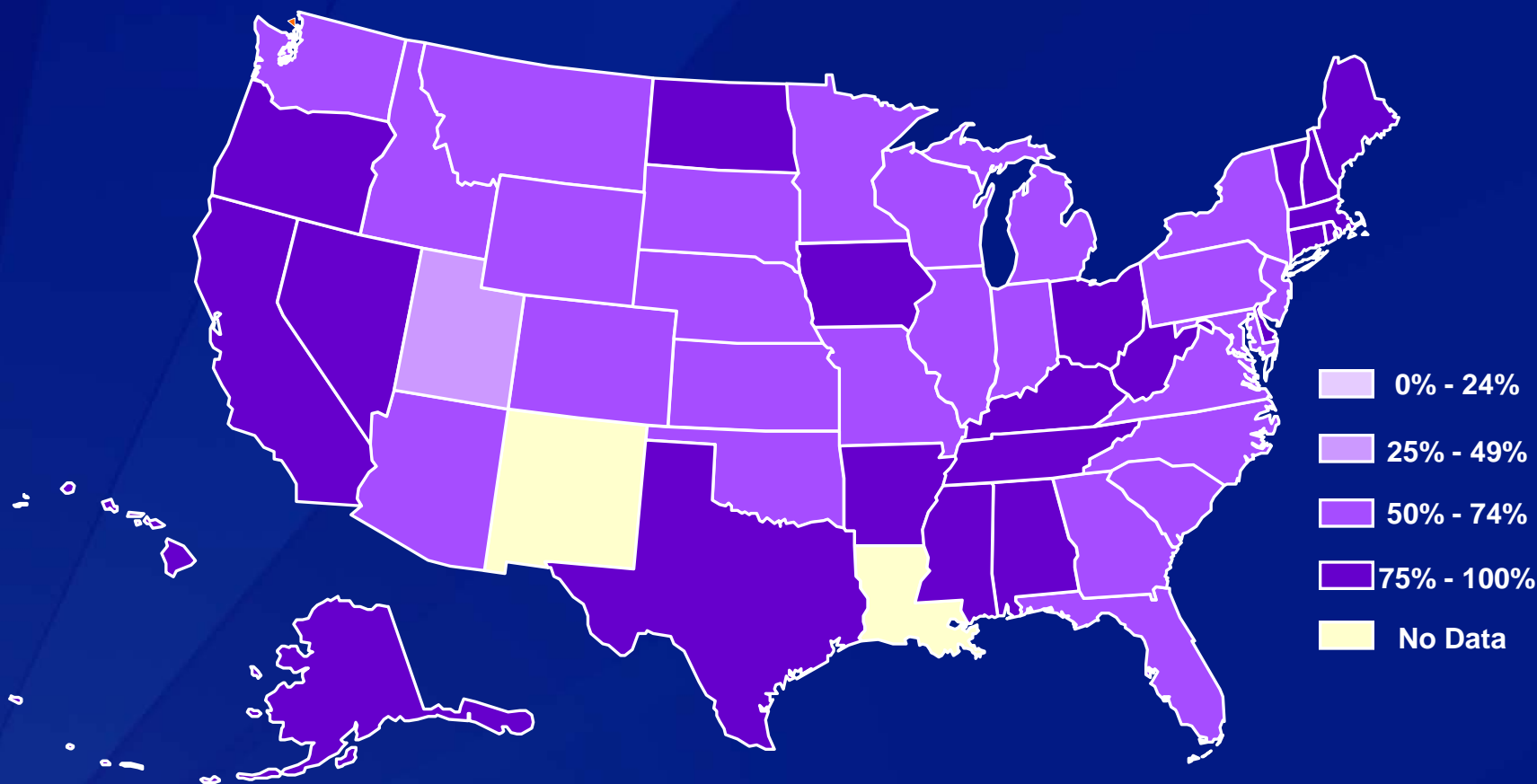
Percentage of secondary schools in which students could not purchase salty snacks that are not low in fat* from vending machines or at the school store, canteen, or snack bar



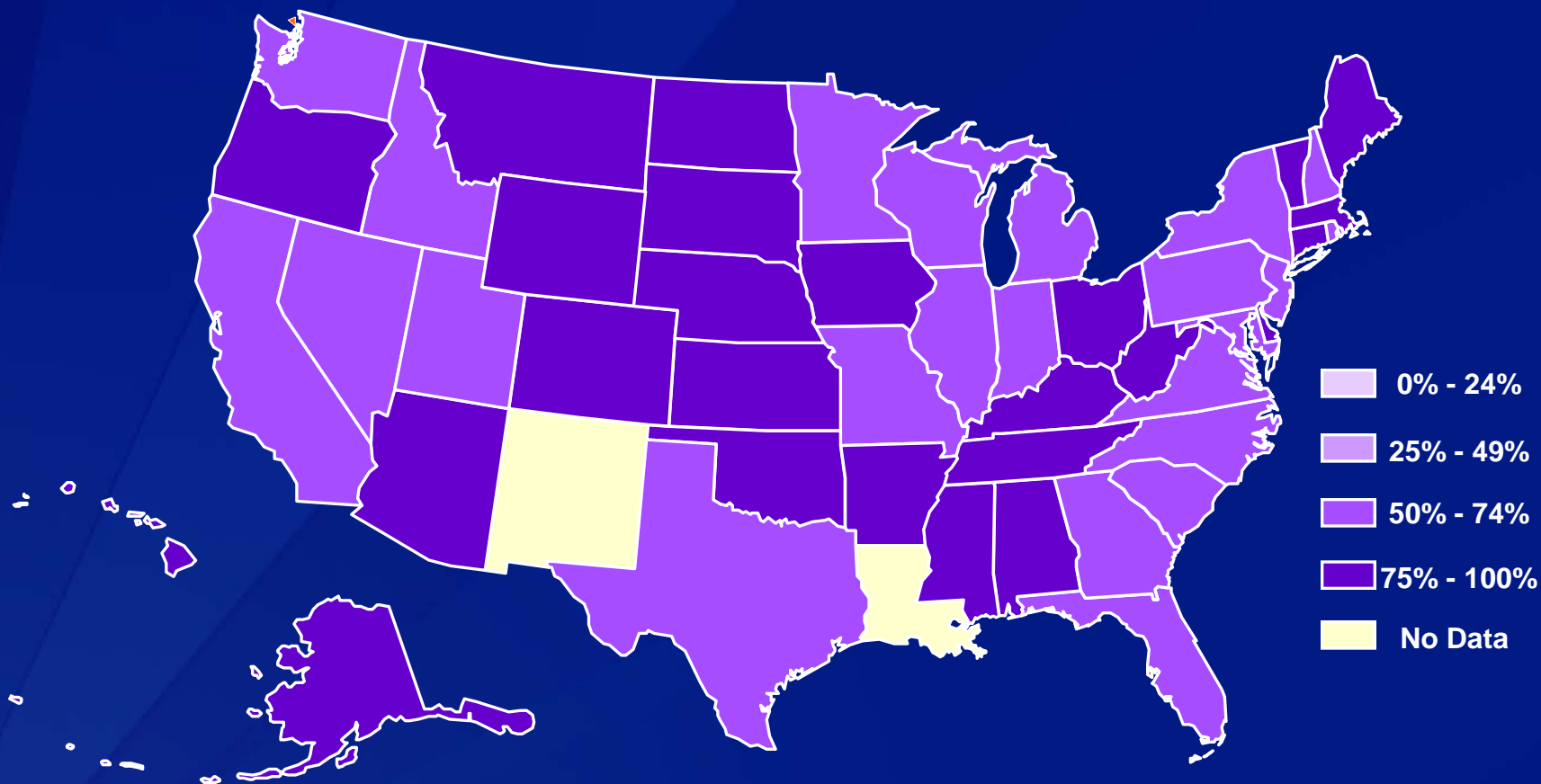
*Such as regular potato chips.

School Health Profiles, 2014

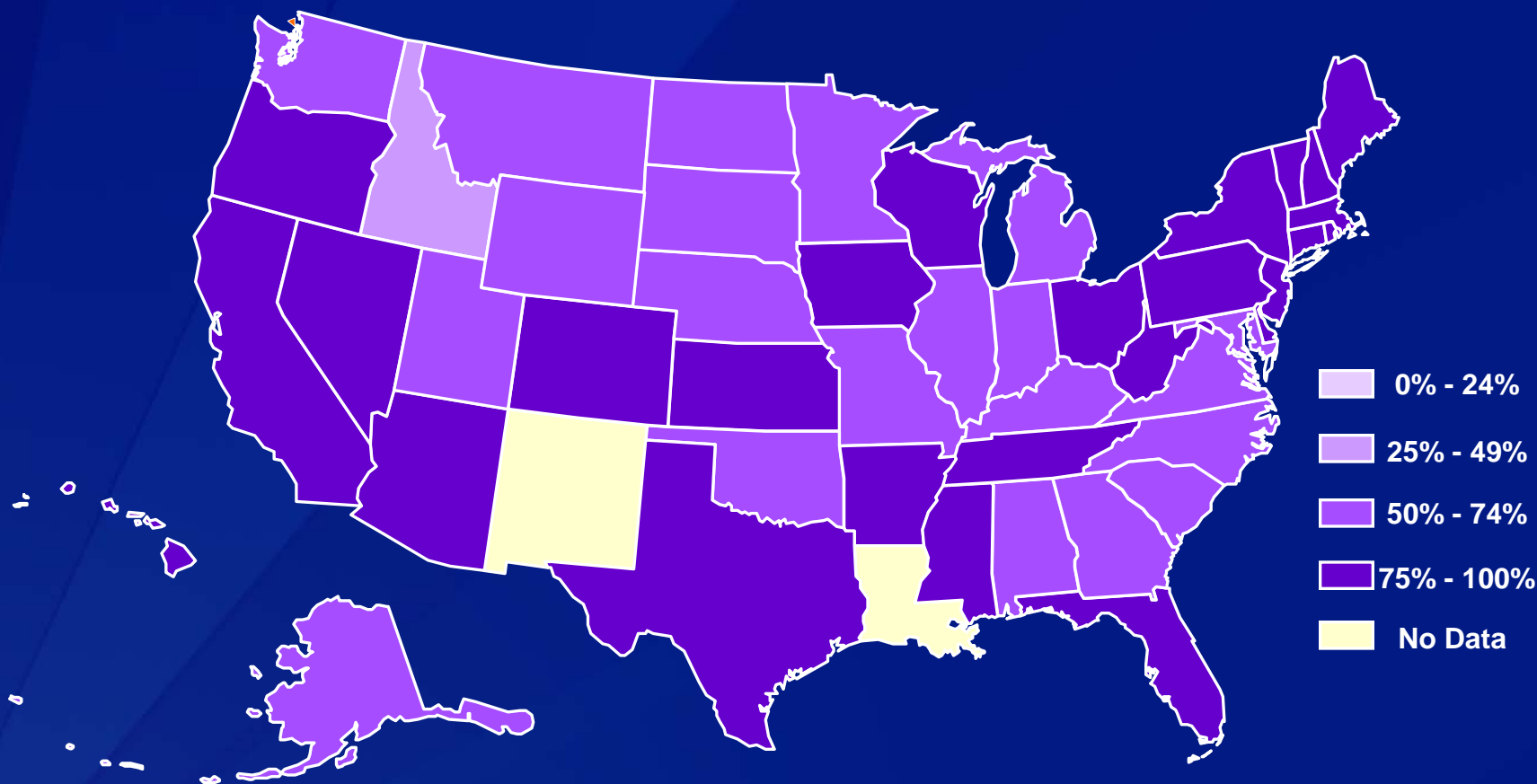
Percentage of secondary schools in which students could not purchase cookies, crackers, cakes, pastries, or other baked goods that are not low in fat from vending machines or at the school store, canteen, or snack bar



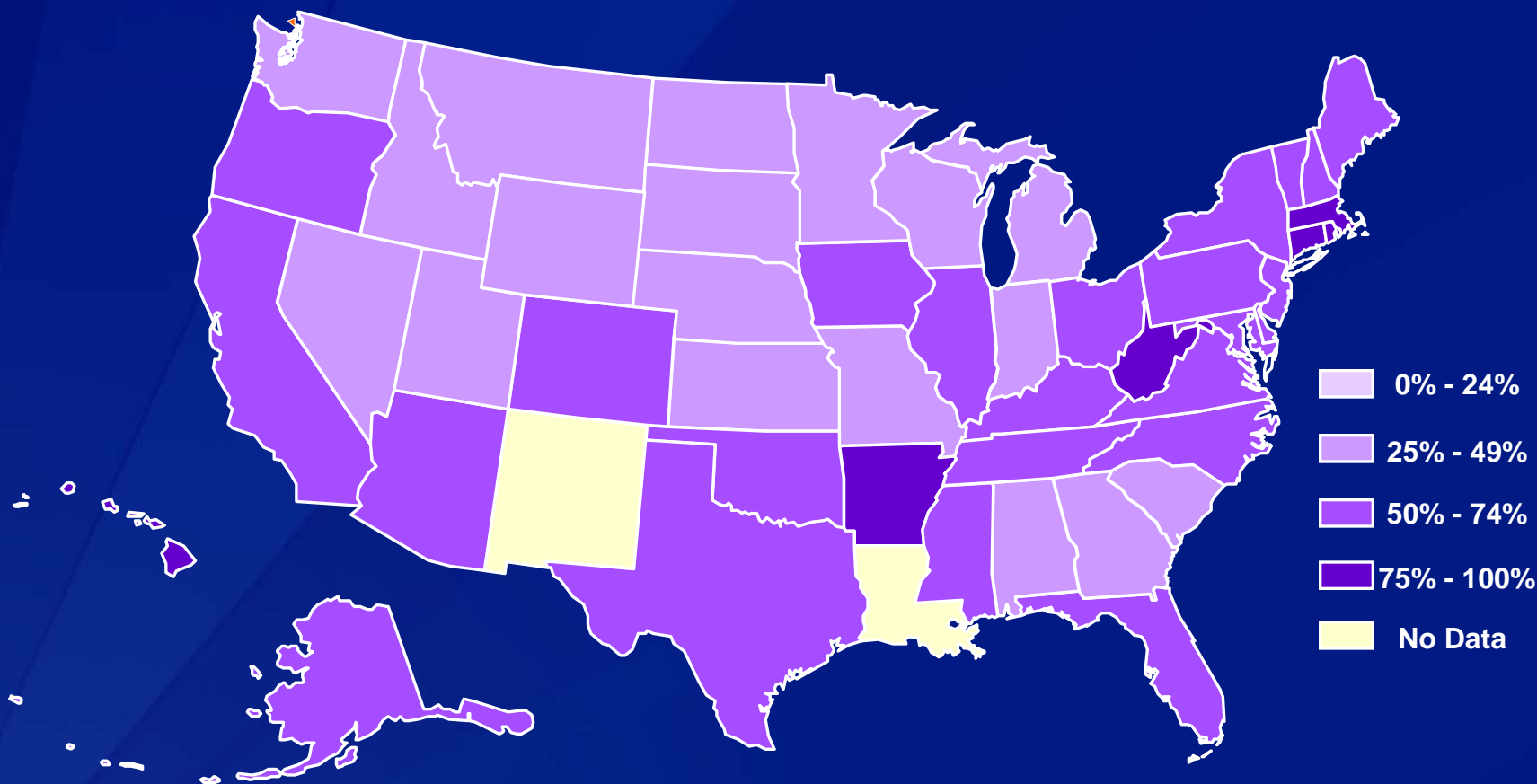
Percentage of secondary schools in which students could not purchase 2% or whole milk from vending machines or at the school store, canteen, or snack bar



Percentage of secondary schools in which students could not purchase soda pop or fruit drinks that are not 100% juice from vending machines or at the school store, canteen, or snack bar



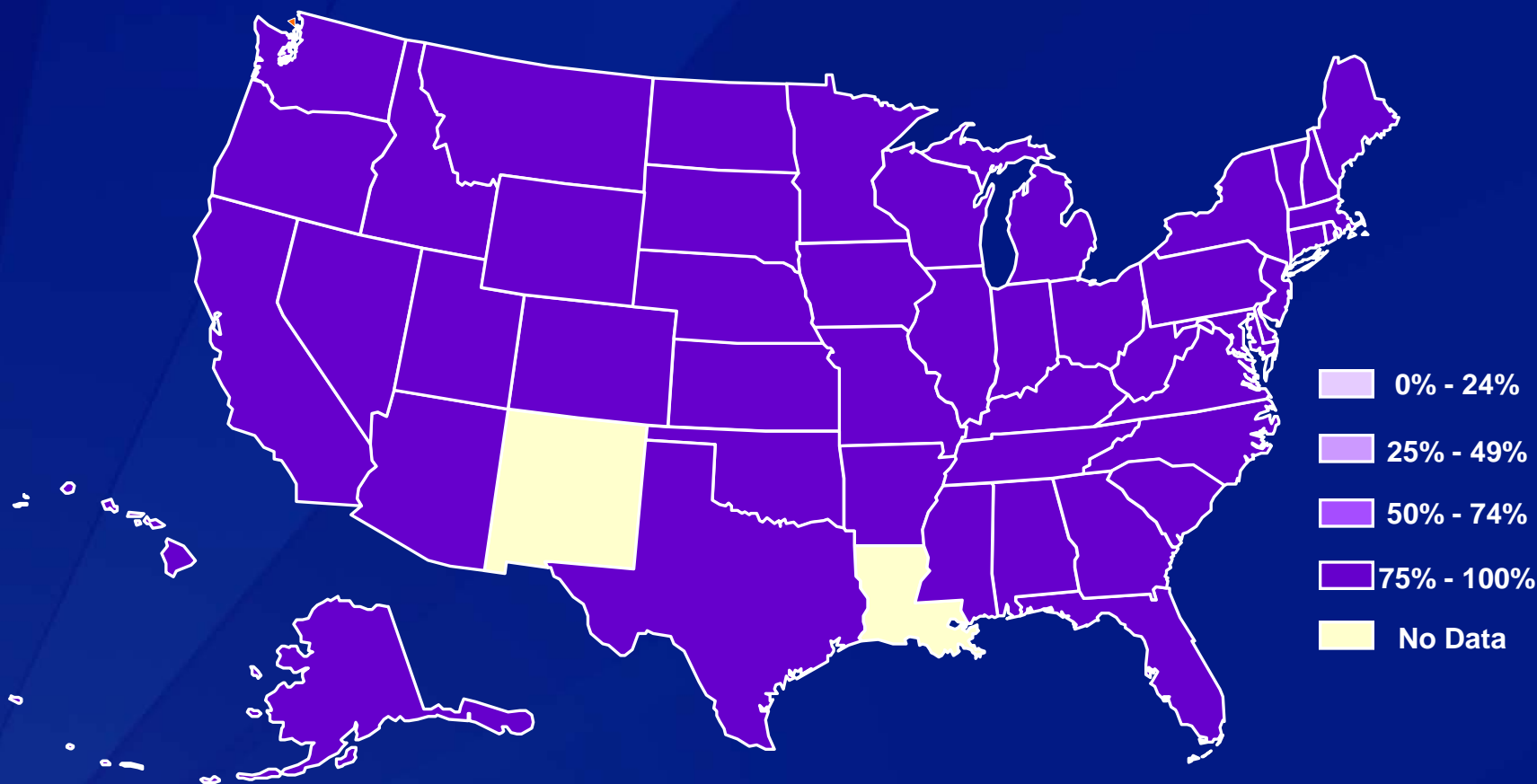
Percentage of secondary schools in which students could not purchase sports drinks* from vending machines or at the school store, canteen, or snack bar



*Such as Gatorade.

School Health Profiles, 2014

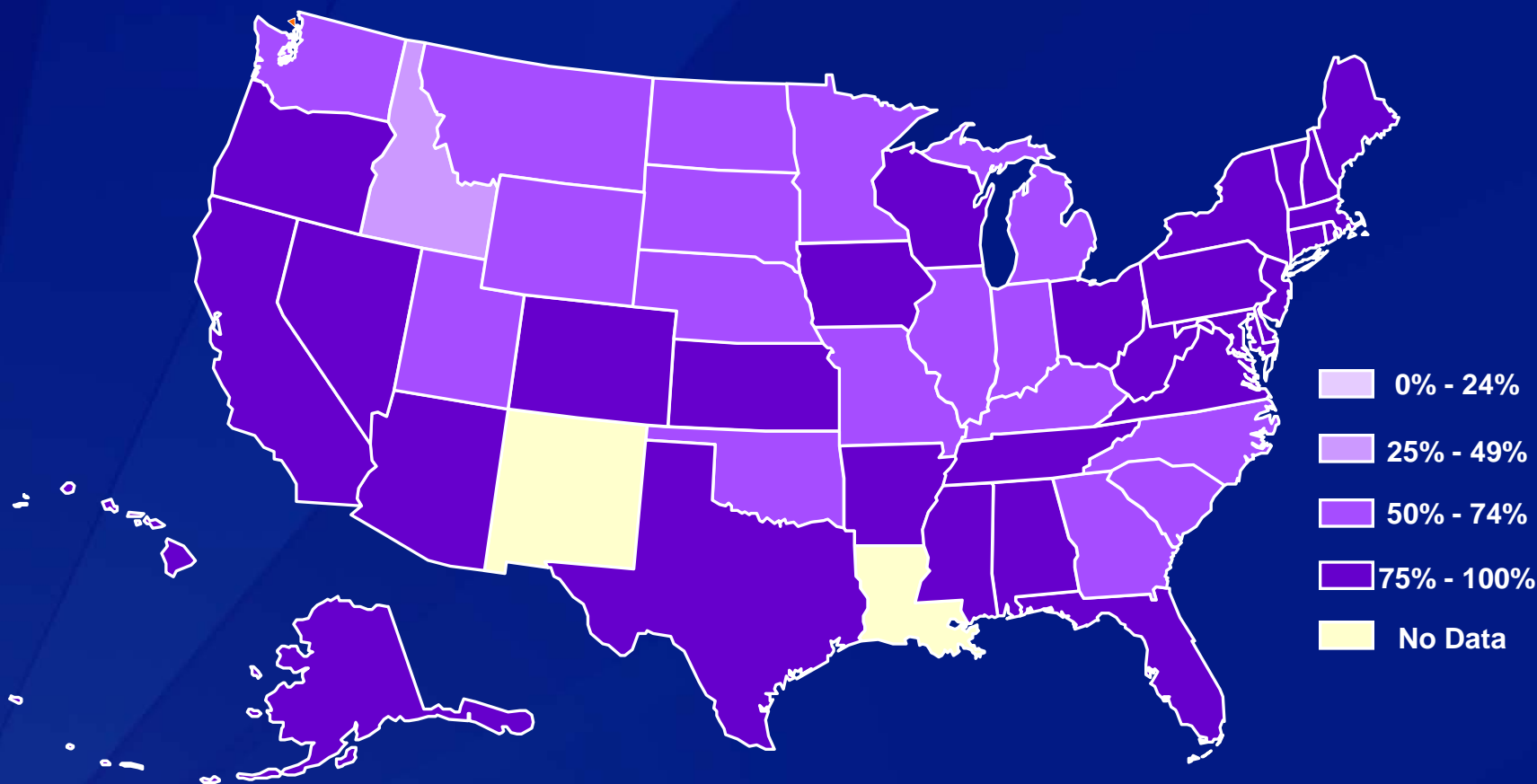
Percentage of secondary schools in which students could not purchase energy drinks* from vending machines or at the school store, canteen, or snack bar



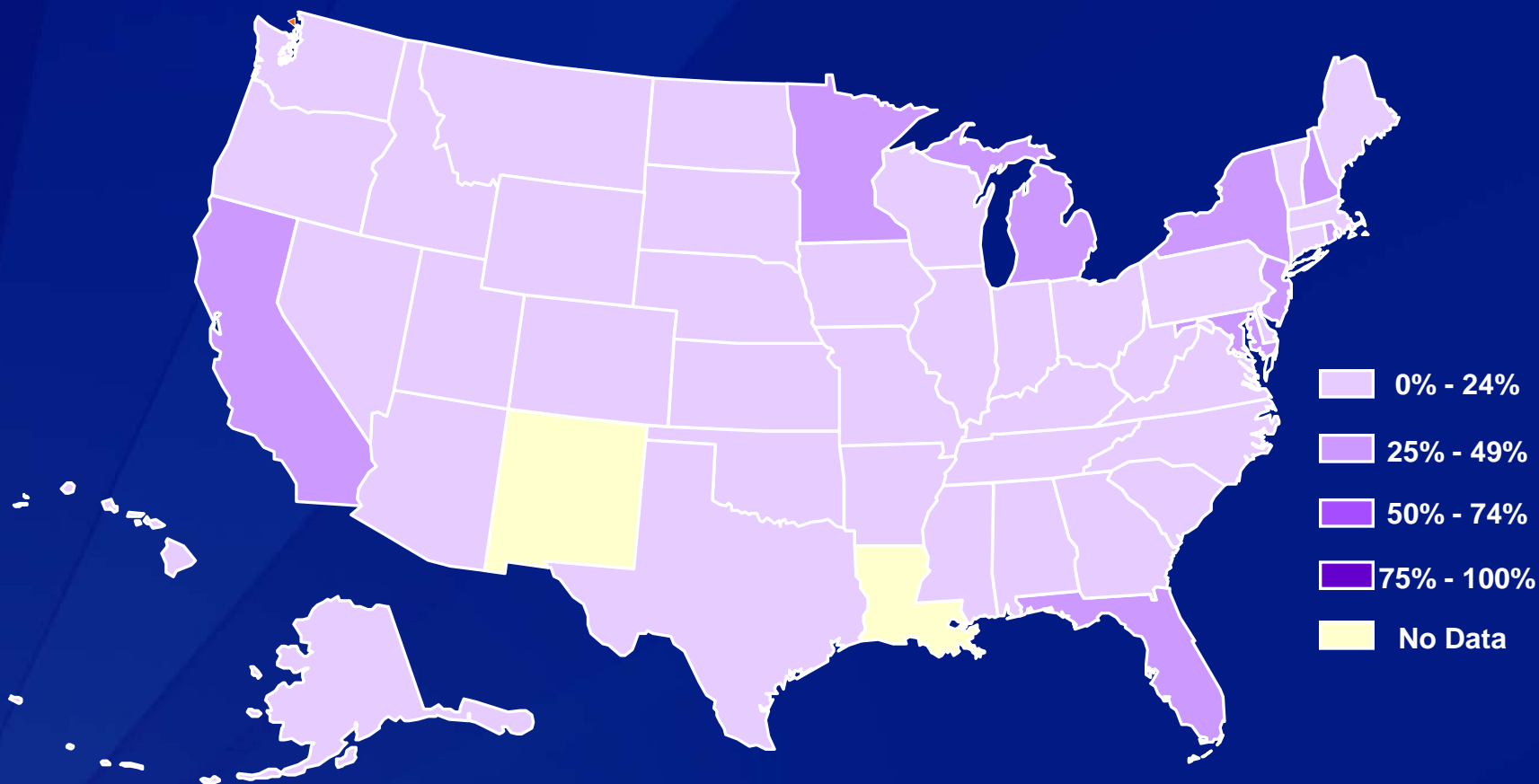
*Such as Red Bull or Monster.

School Health Profiles, 2014

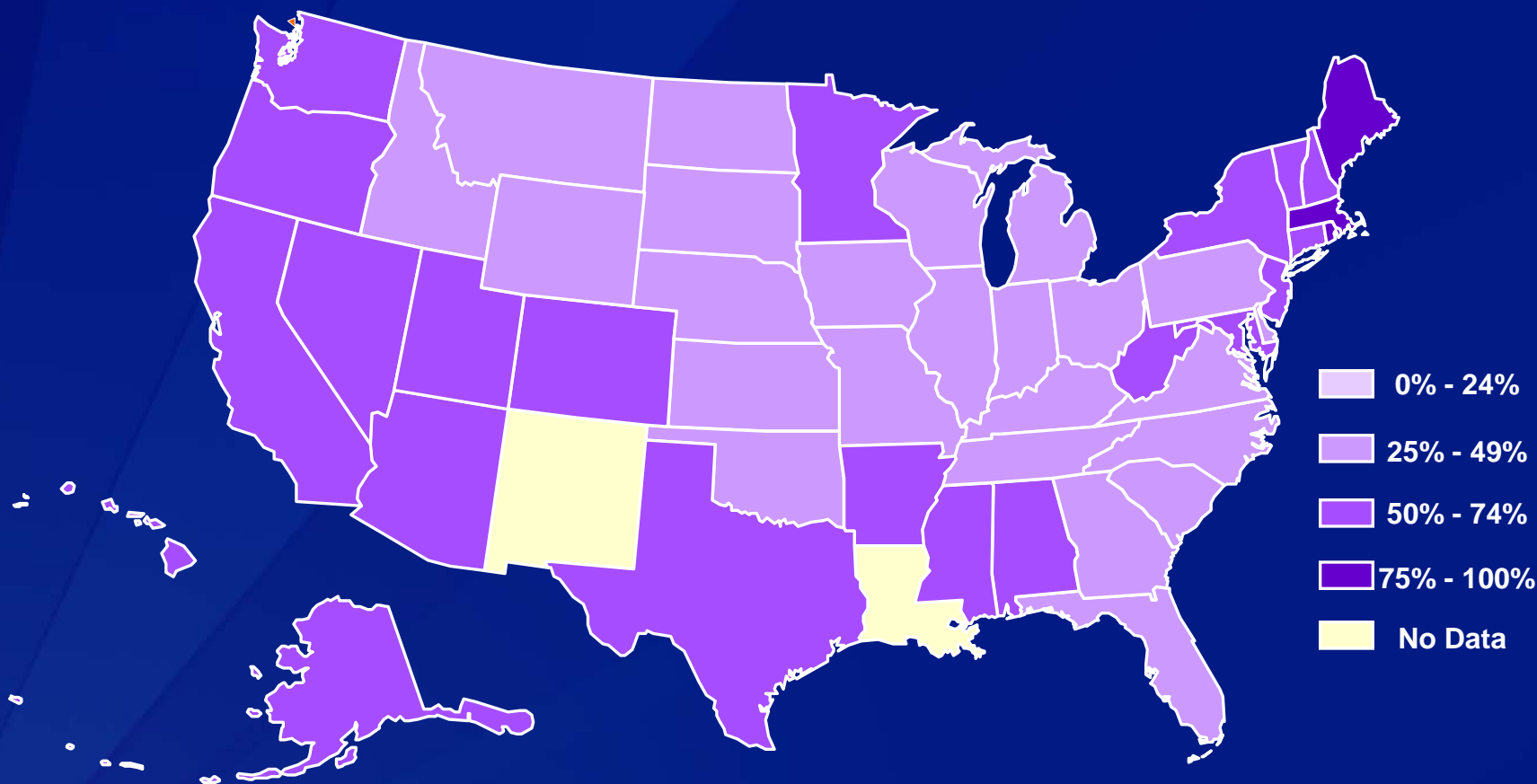
Percentage of secondary schools in which students could not purchase foods or beverages containing caffeine from vending machines or at the school store, canteen, or snack bar



Percentage of secondary schools that allowed students to purchase fruits and vegetables from vending machines or at the school store, canteen, or snack bar



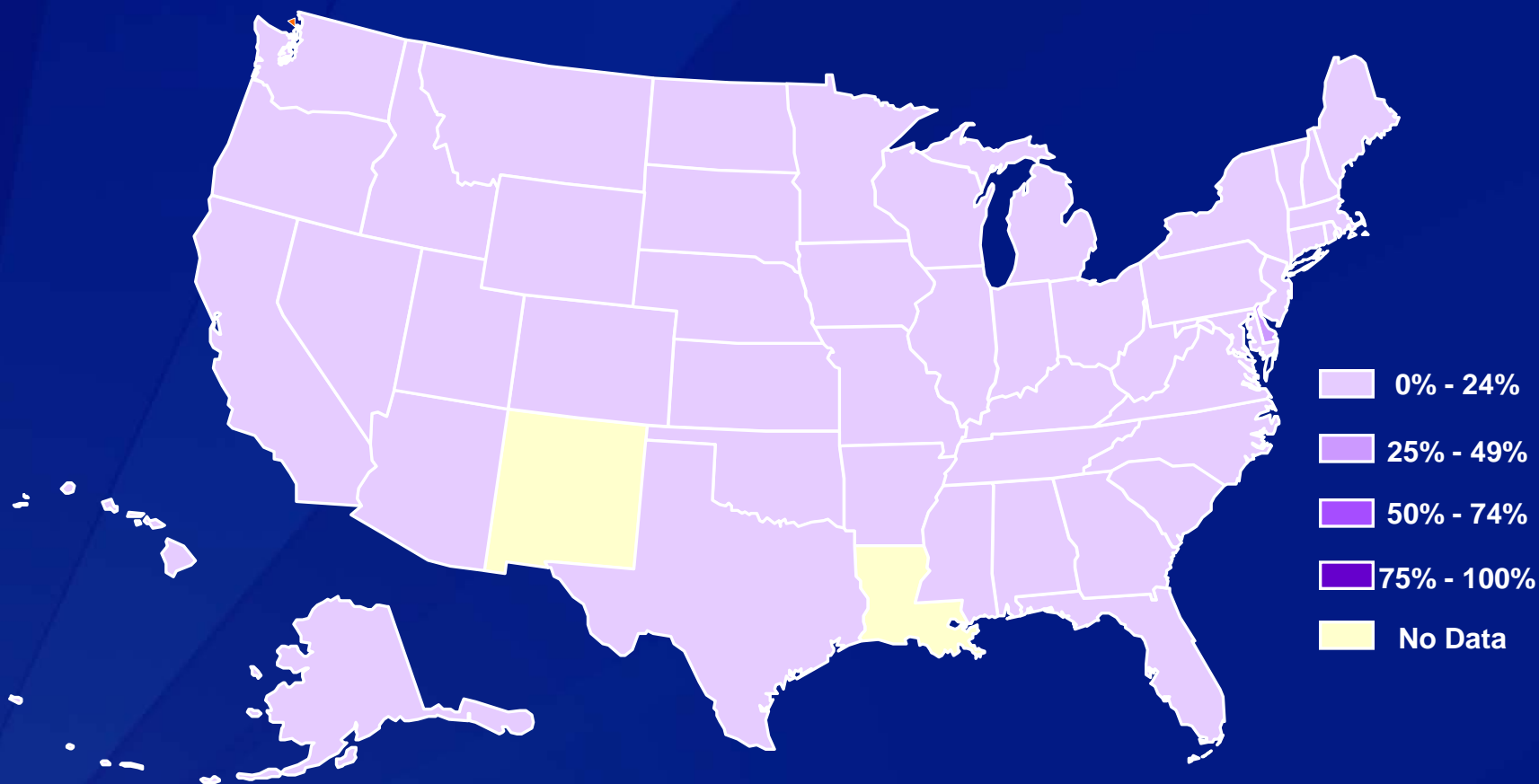
Percentage of secondary schools that prohibited all forms of advertising and promotion of candy, fast food restaurants, or soft drinks in all locations*



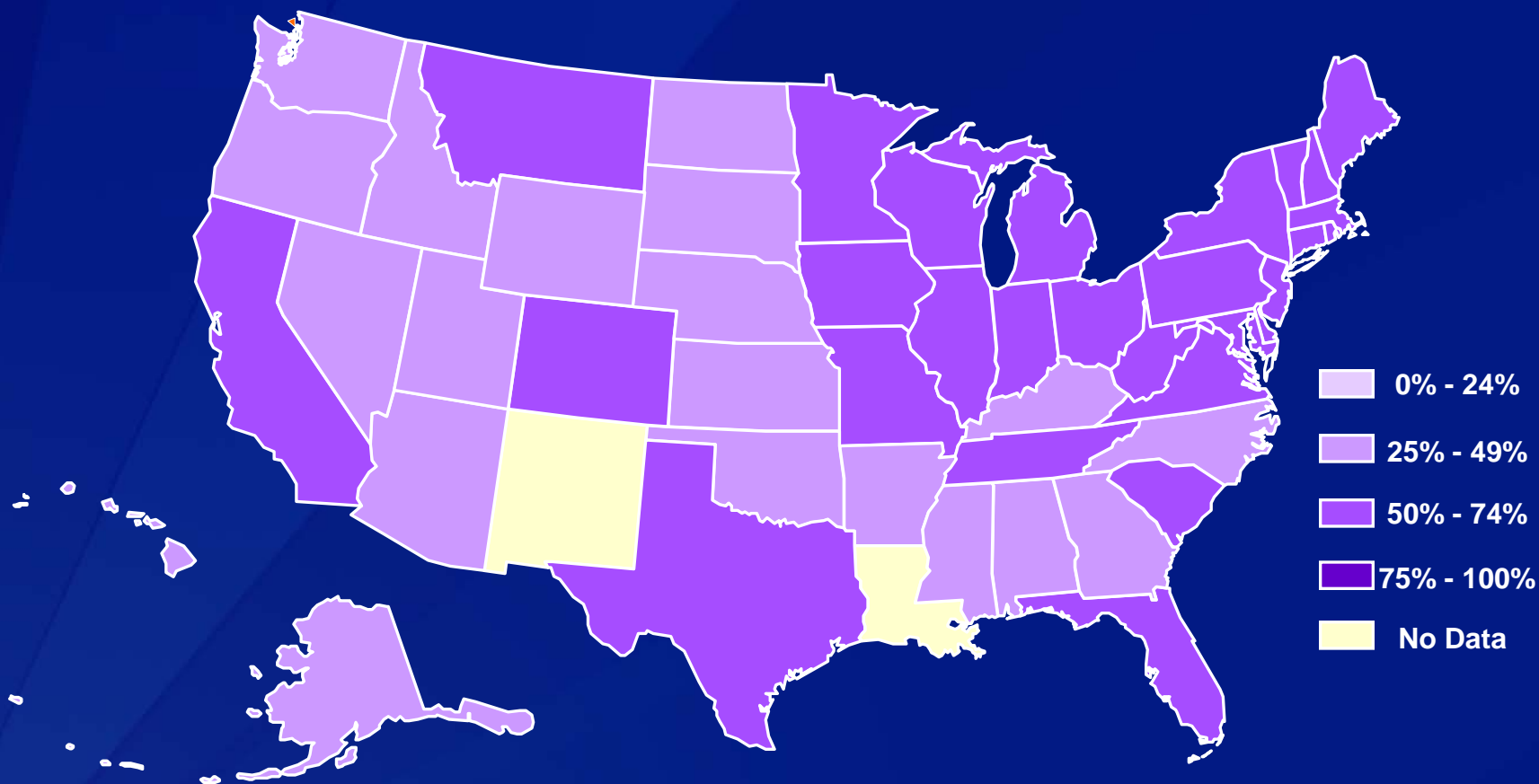
***In school buildings; on school grounds, including on the outside of the school building, on playing fields, or other areas of the campus; on school buses or other vehicles used to transport students; and in school publications.**

School Health Profiles, 2014

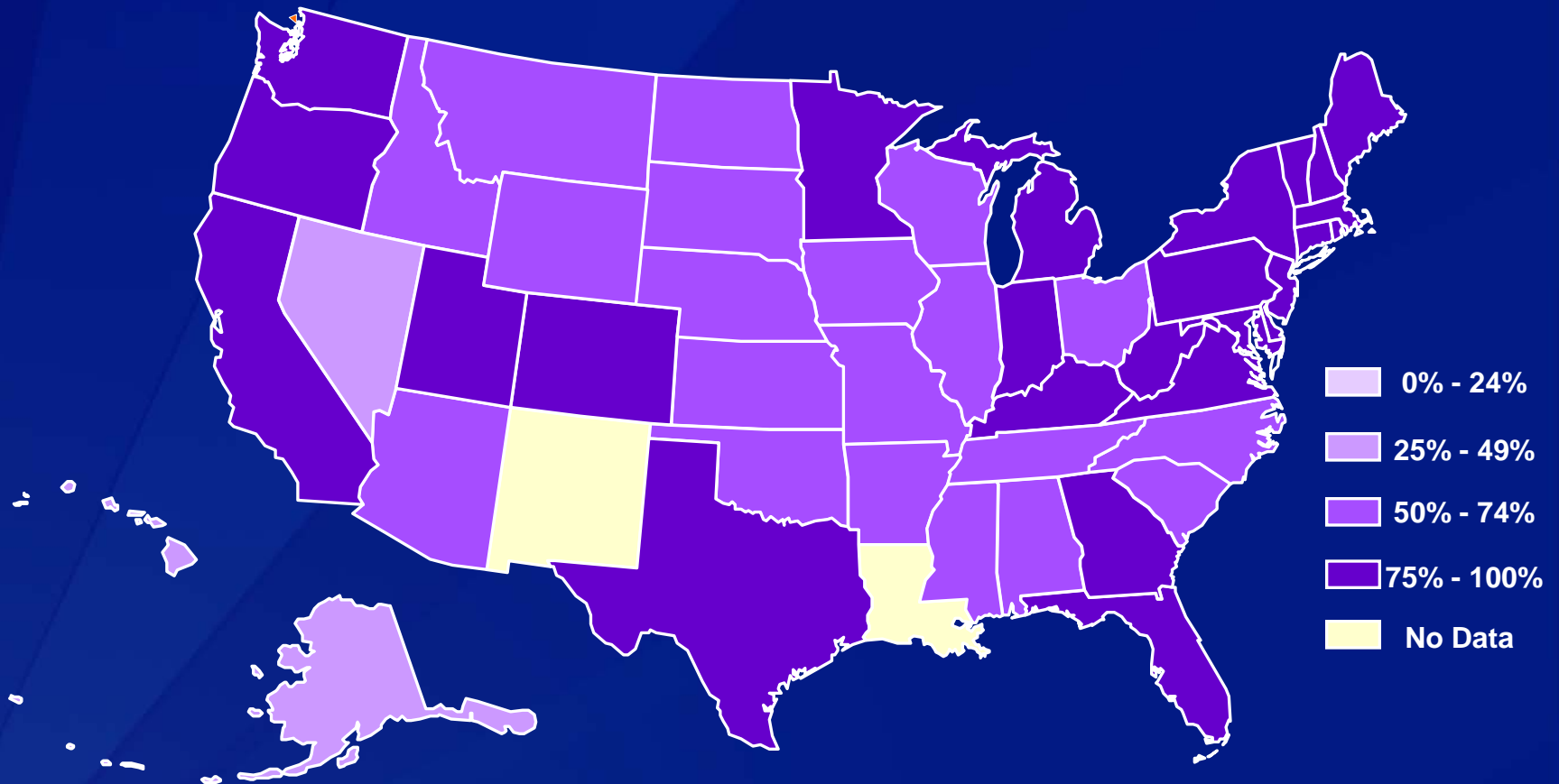
Percentage of secondary schools that priced nutritious foods and beverages at a lower cost while increasing the price of less nutritious foods and beverages



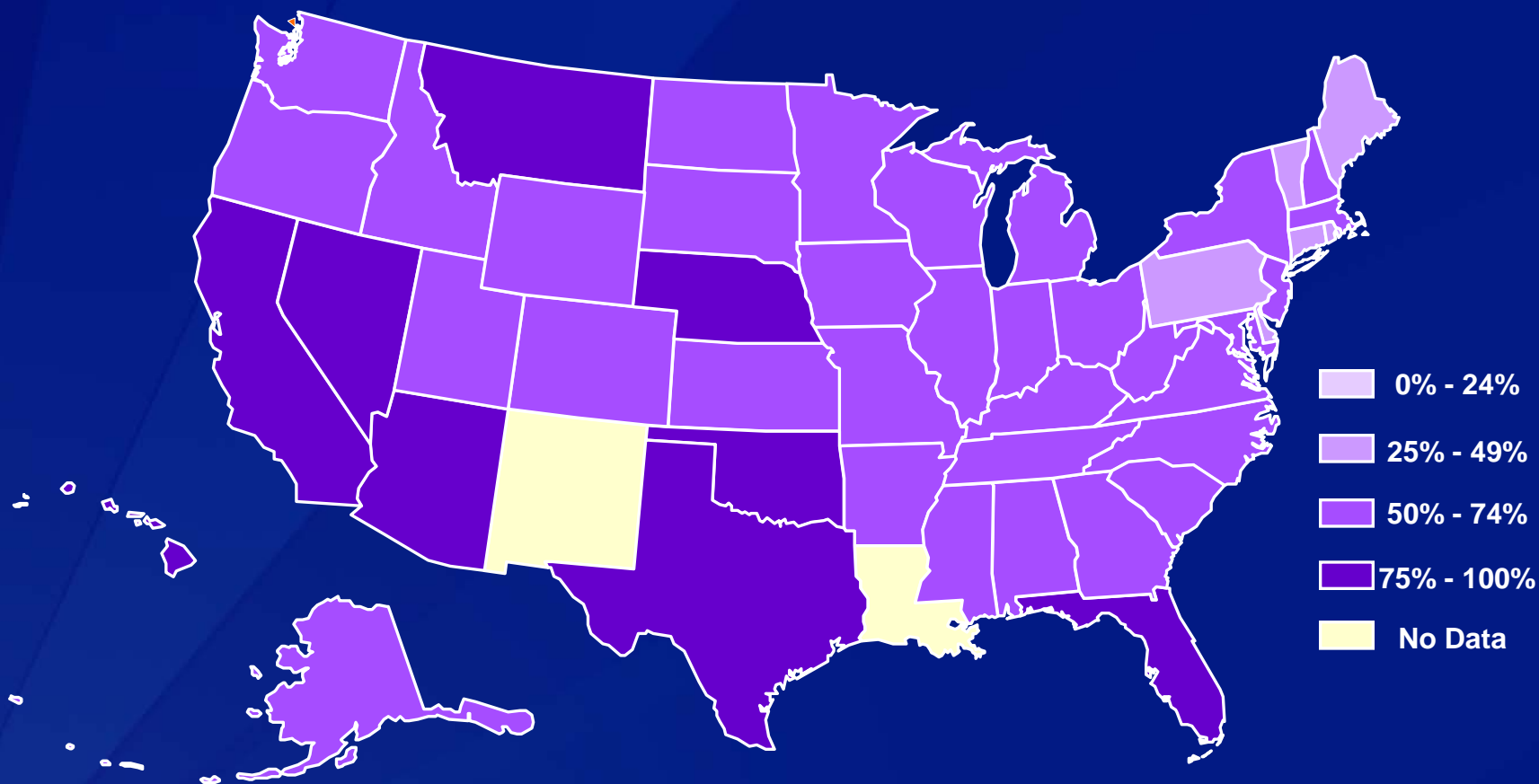
School Health Profiles, 2014



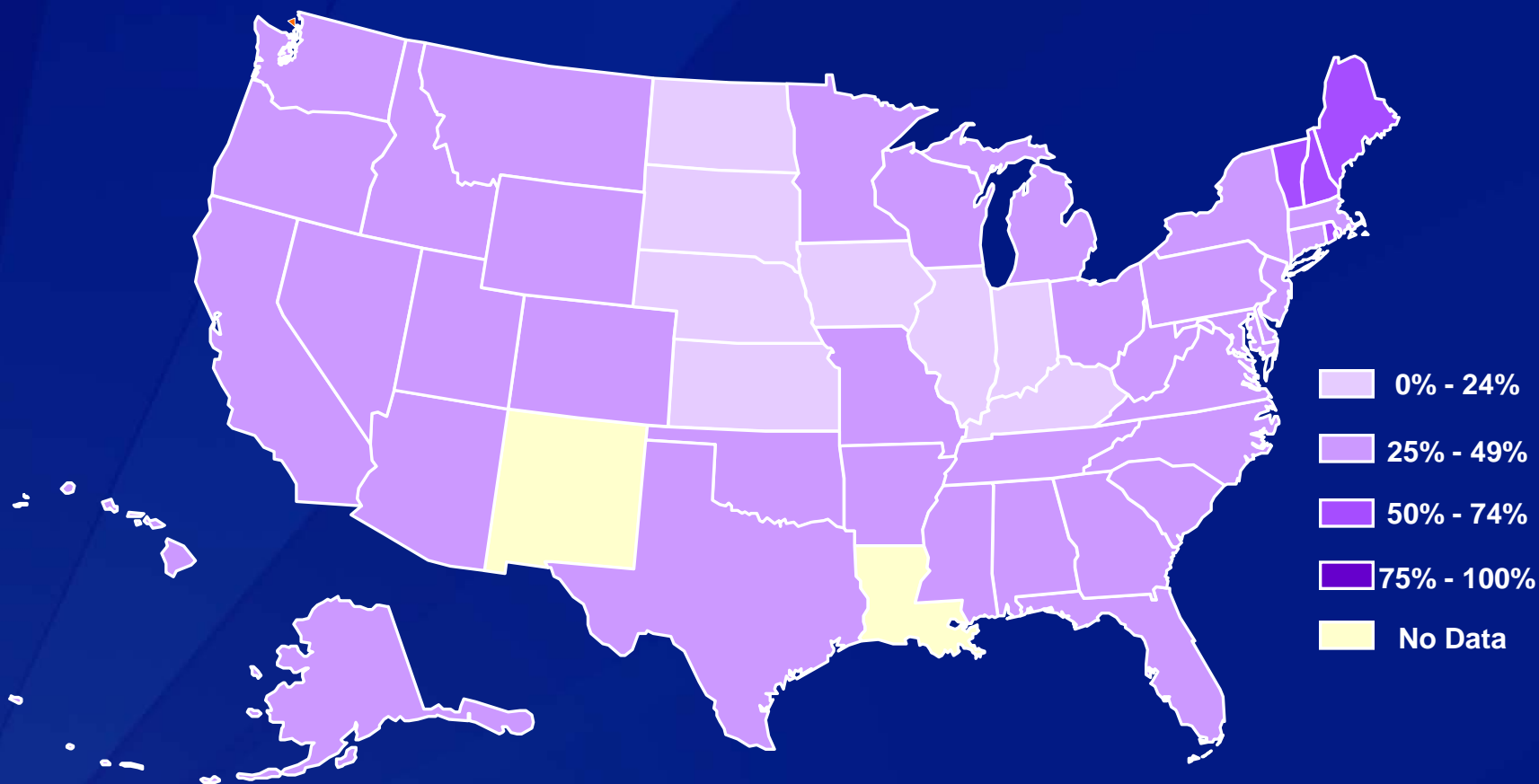
Percentage of secondary schools that placed fruits and vegetables near the cafeteria cashier, where they are easy to access



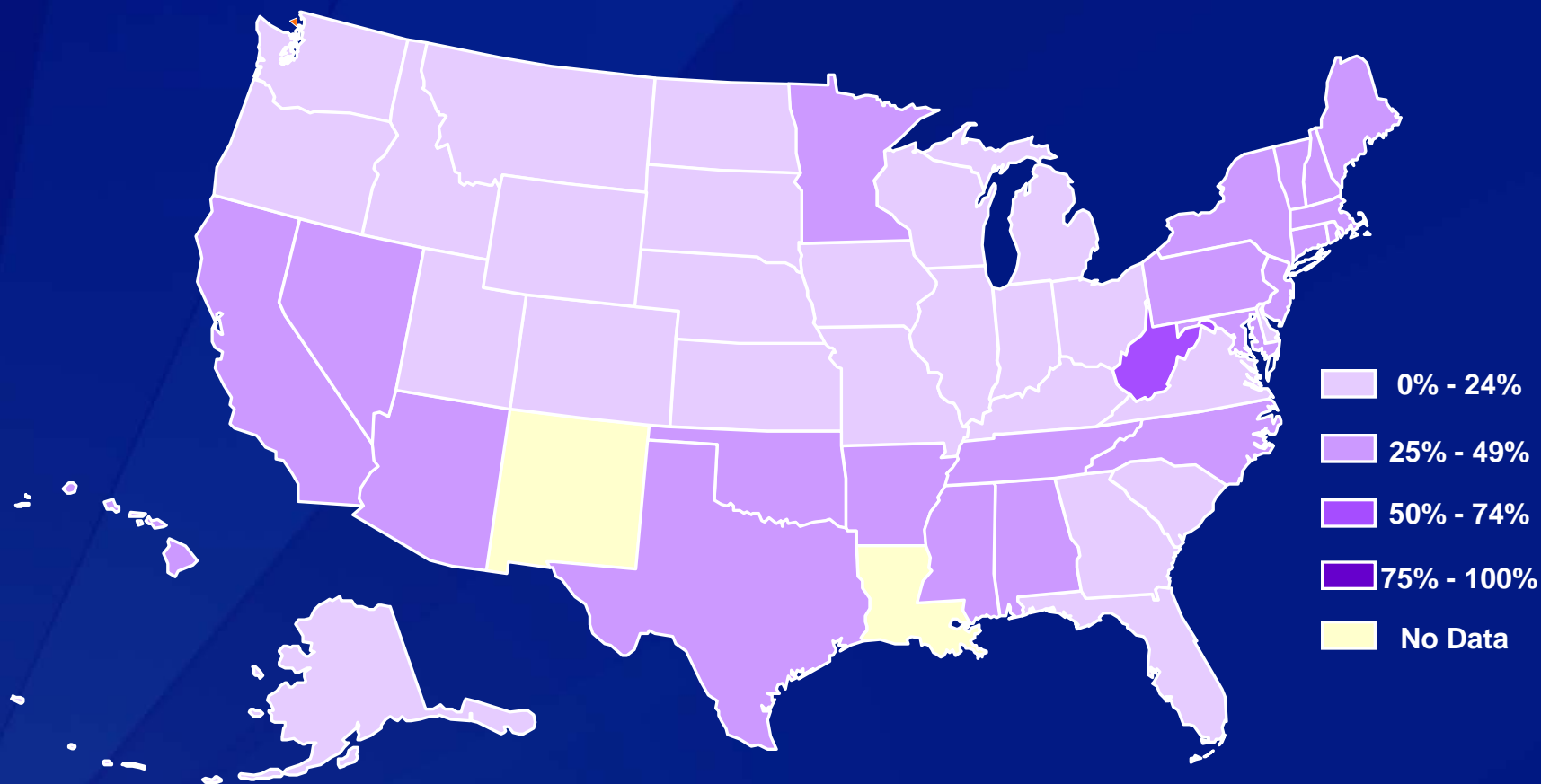
Percentage of secondary schools that allowed students to have access to drinking water



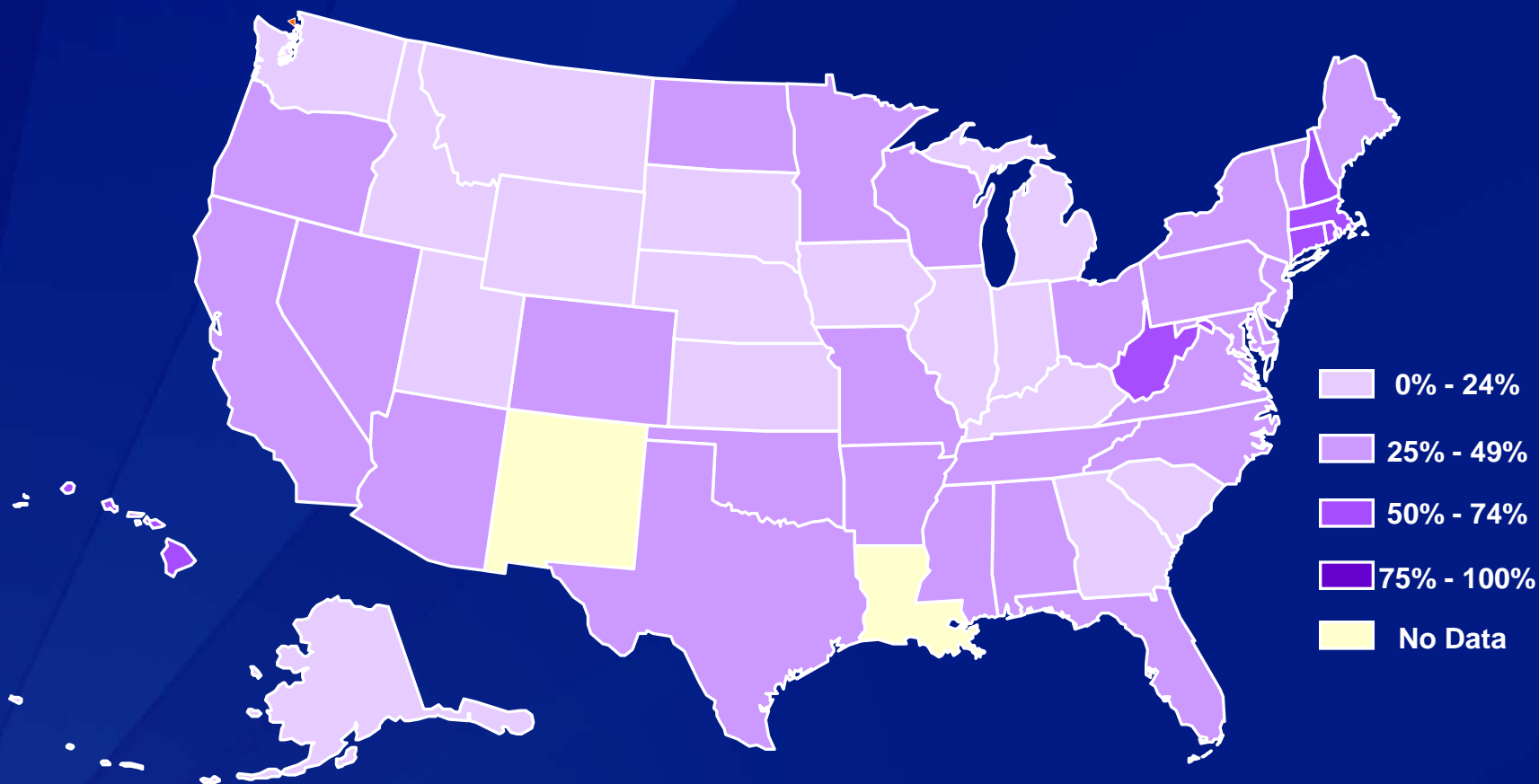
Percentage of secondary schools that offer fruits or non-fried vegetables when foods or beverages are offered at school celebrations



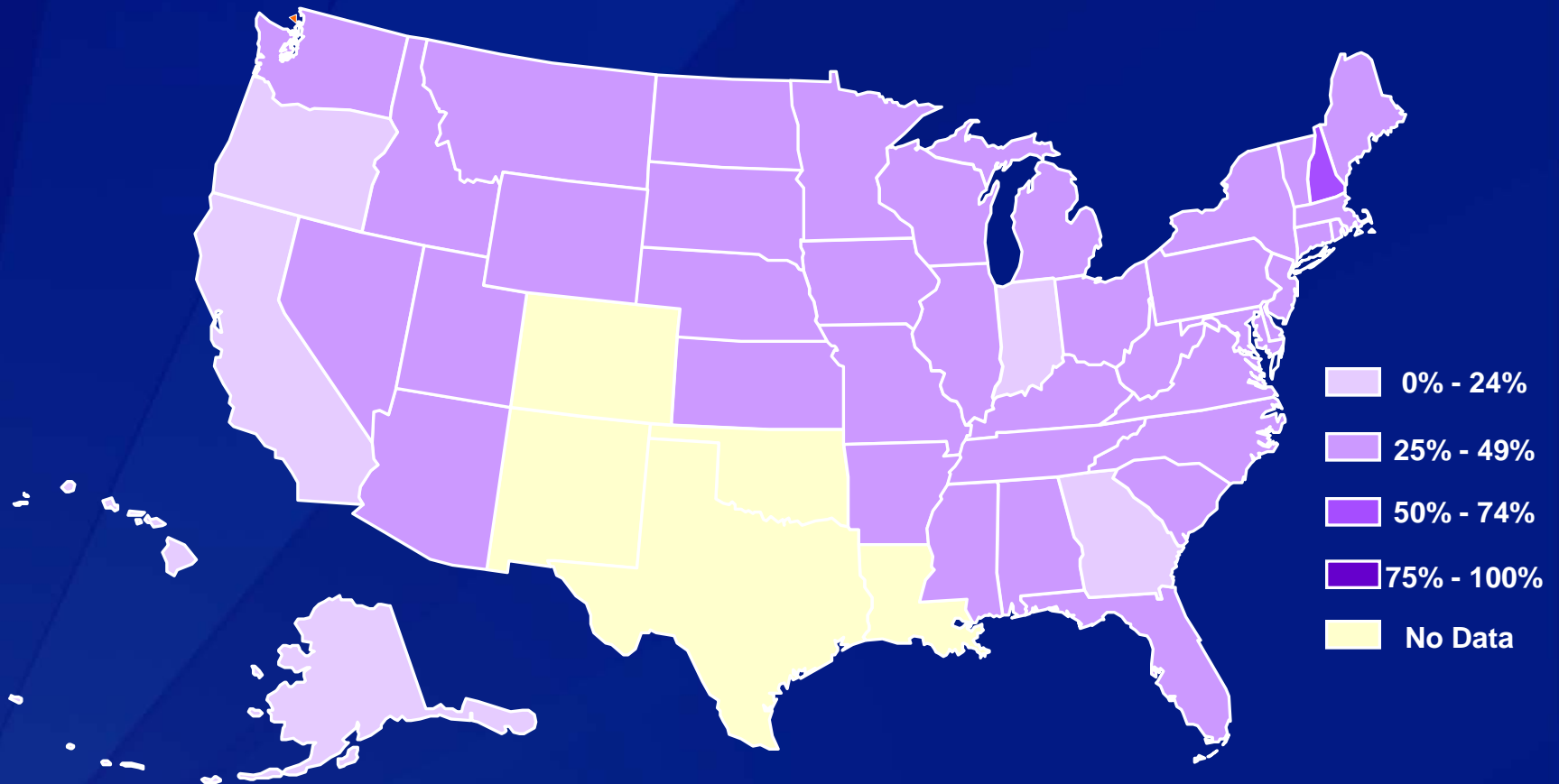
Percentage of secondary schools that prohibited school staff from giving students food or food coupons as a reward for good behavior or good academic performance



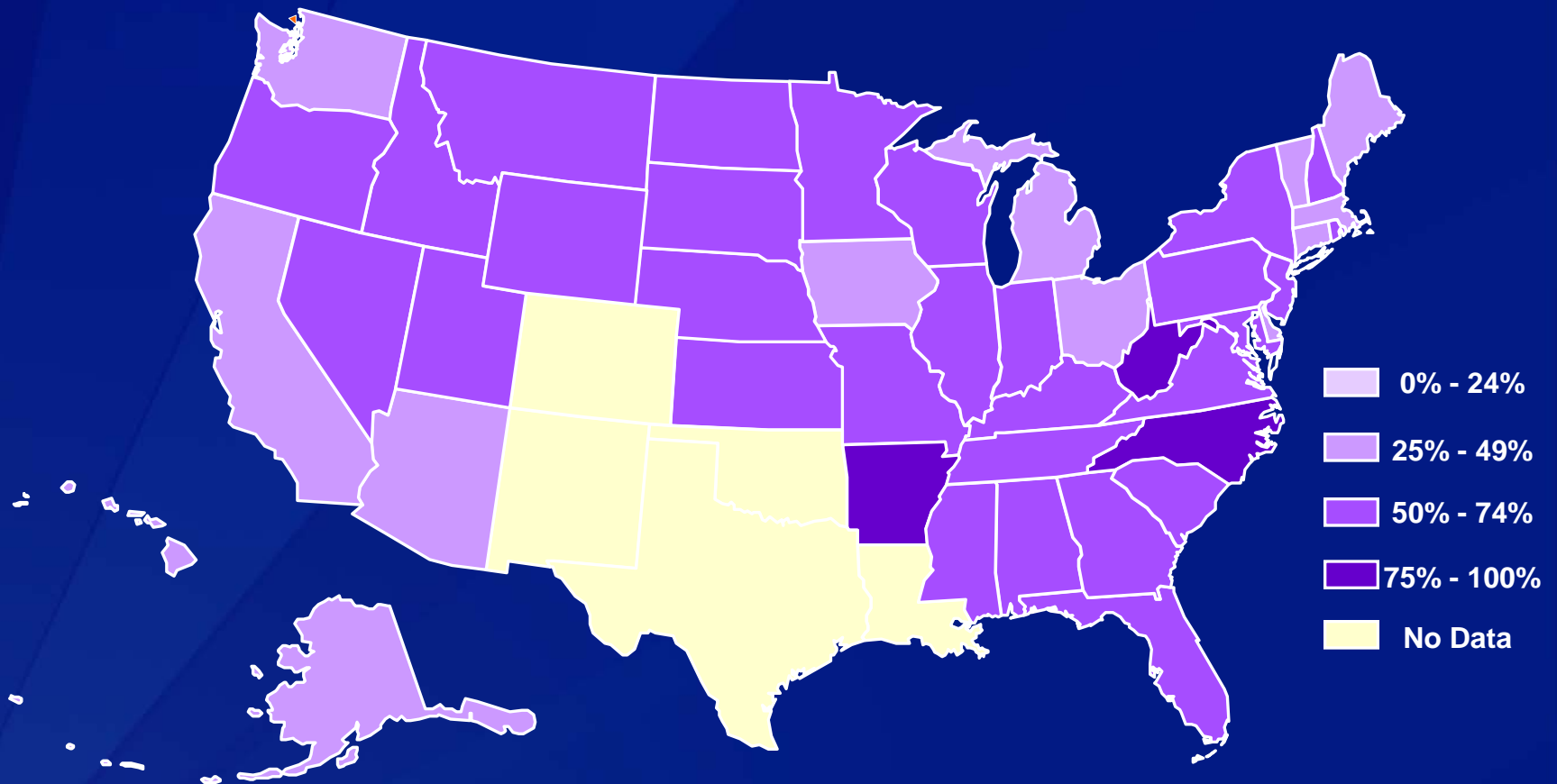
Percentage of secondary schools that prohibited less nutritious foods and beverages from being sold for fundraising purposes



Percentage of secondary schools in which the lead health education teacher received professional development during the 2 years before the survey on nutrition and dietary behavior

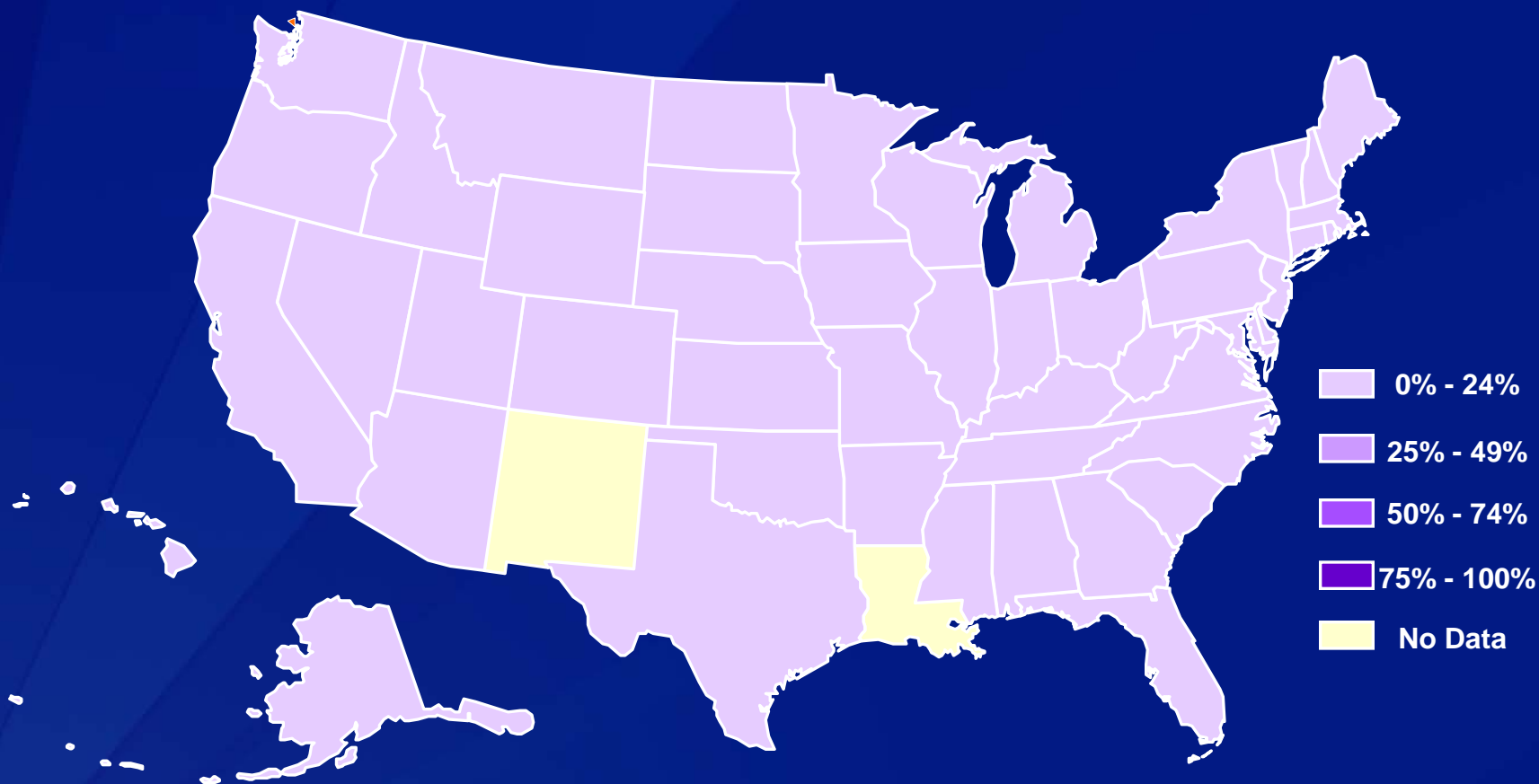


School Health Profiles, 2014

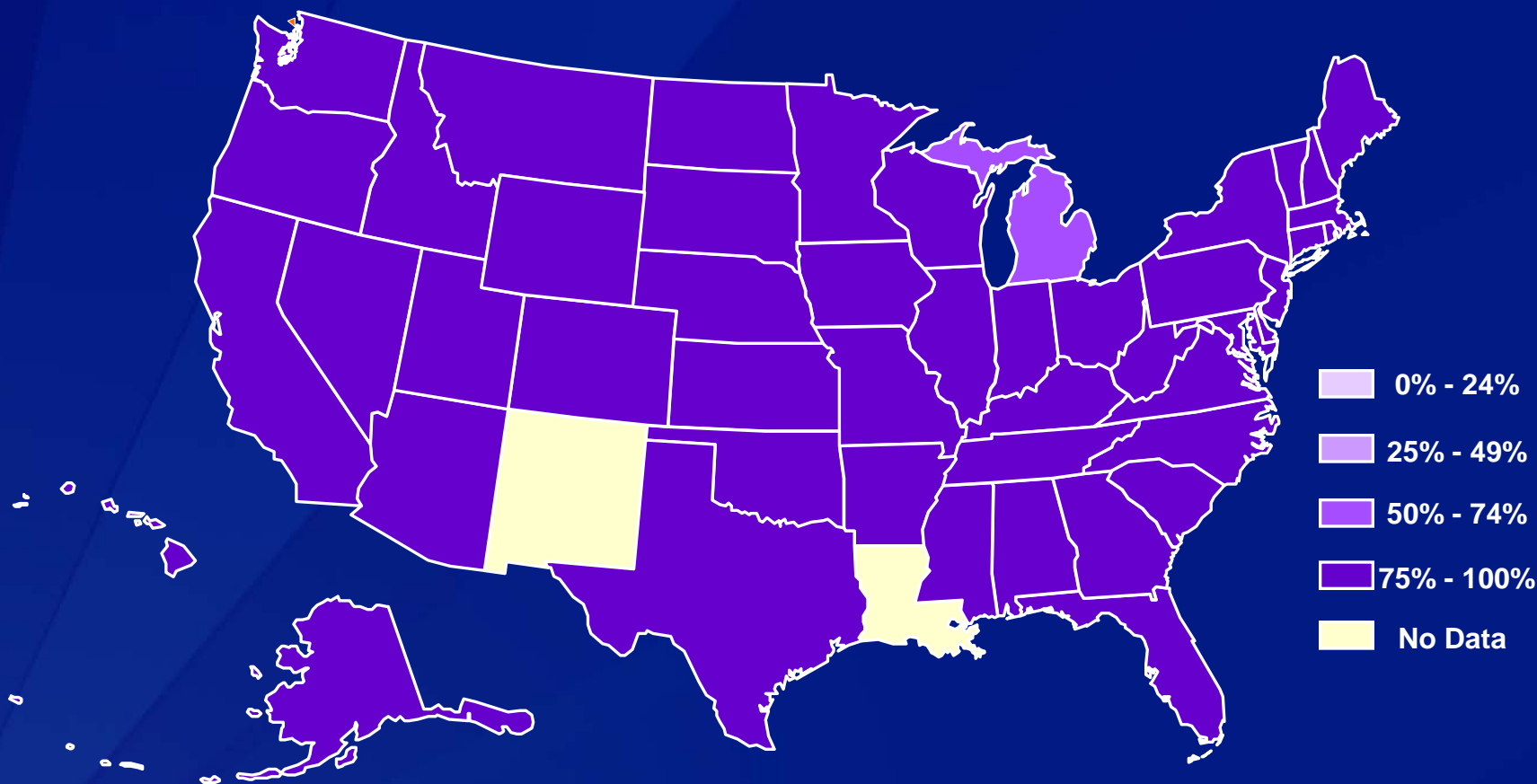


Physical Education And Physical Activity

Percentage of secondary schools that have established, implemented, or evaluated a Comprehensive School Physical Activity Program



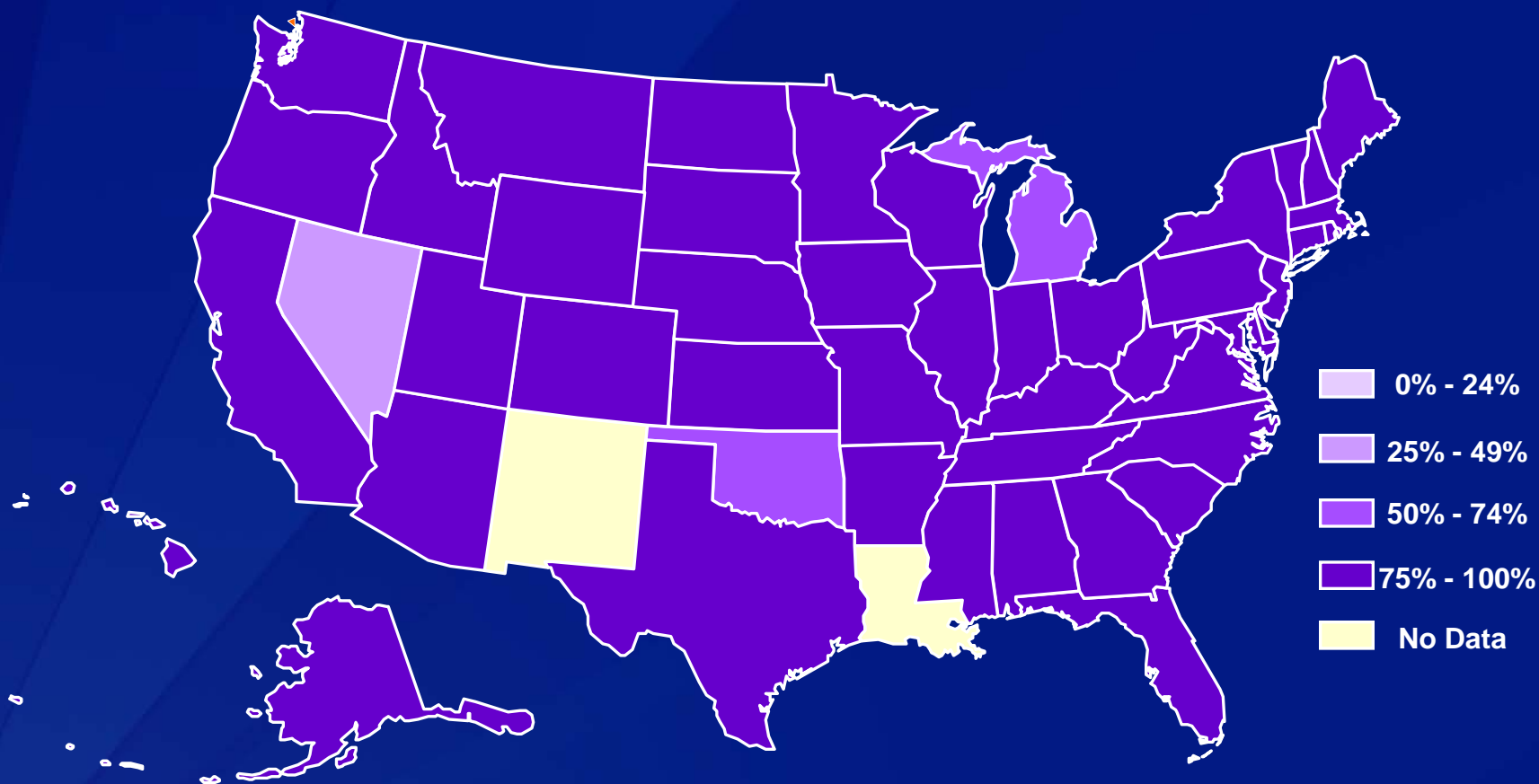
Percentage of secondary schools in which a required physical education course is taught in 6th grade*



*Among schools with students in that grade.

School Health Profiles, 2014

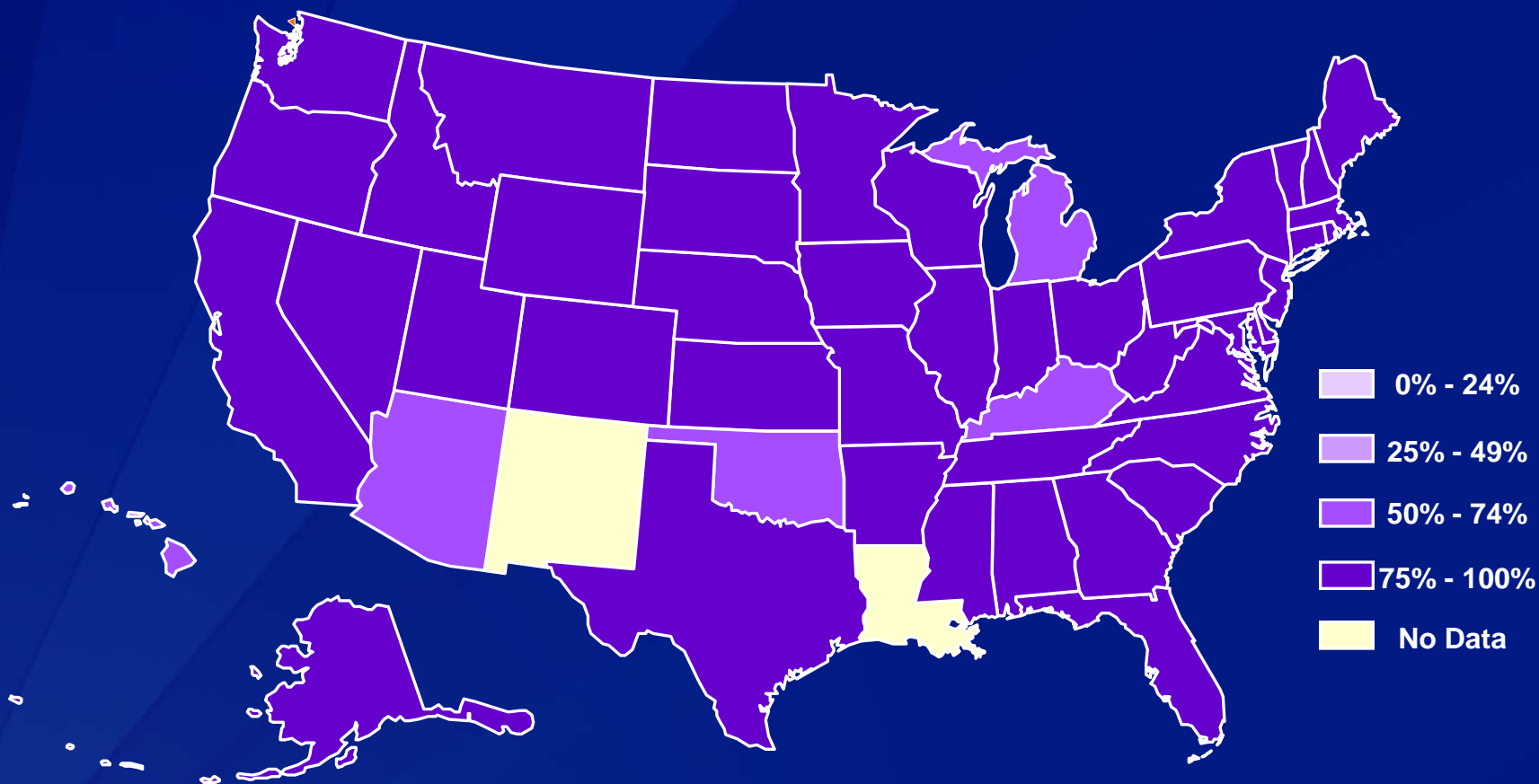
Percentage of secondary schools in which a required physical education course is taught in 7th grade*



*Among schools with students in that grade.

School Health Profiles, 2014

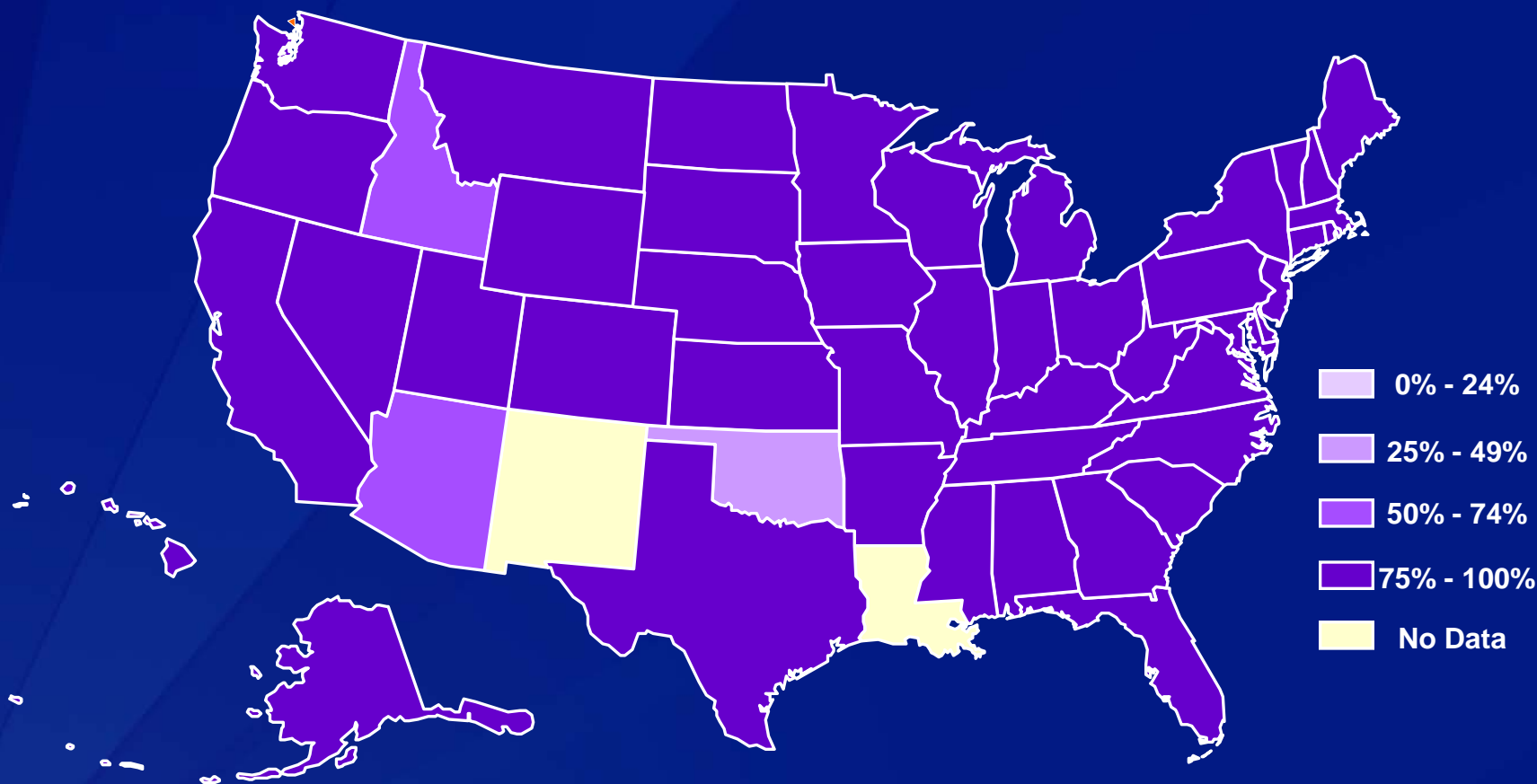
Percentage of secondary schools in which a required physical education course is taught in 8th grade*



*Among schools with students in that grade.

School Health Profiles, 2014

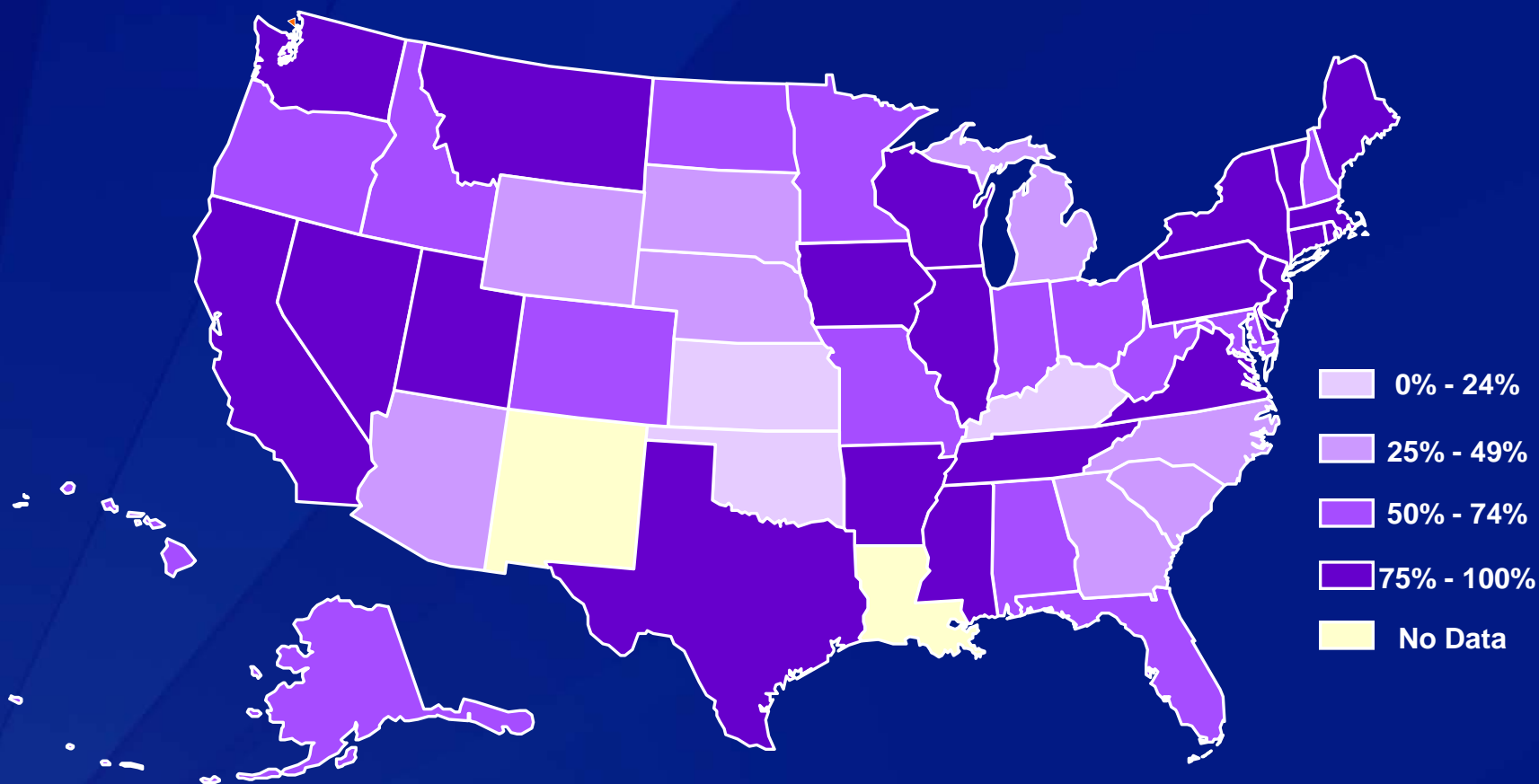
Percentage of secondary schools in which a required physical education course is taught in 9th grade*



*Among schools with students in that grade.

School Health Profiles, 2014

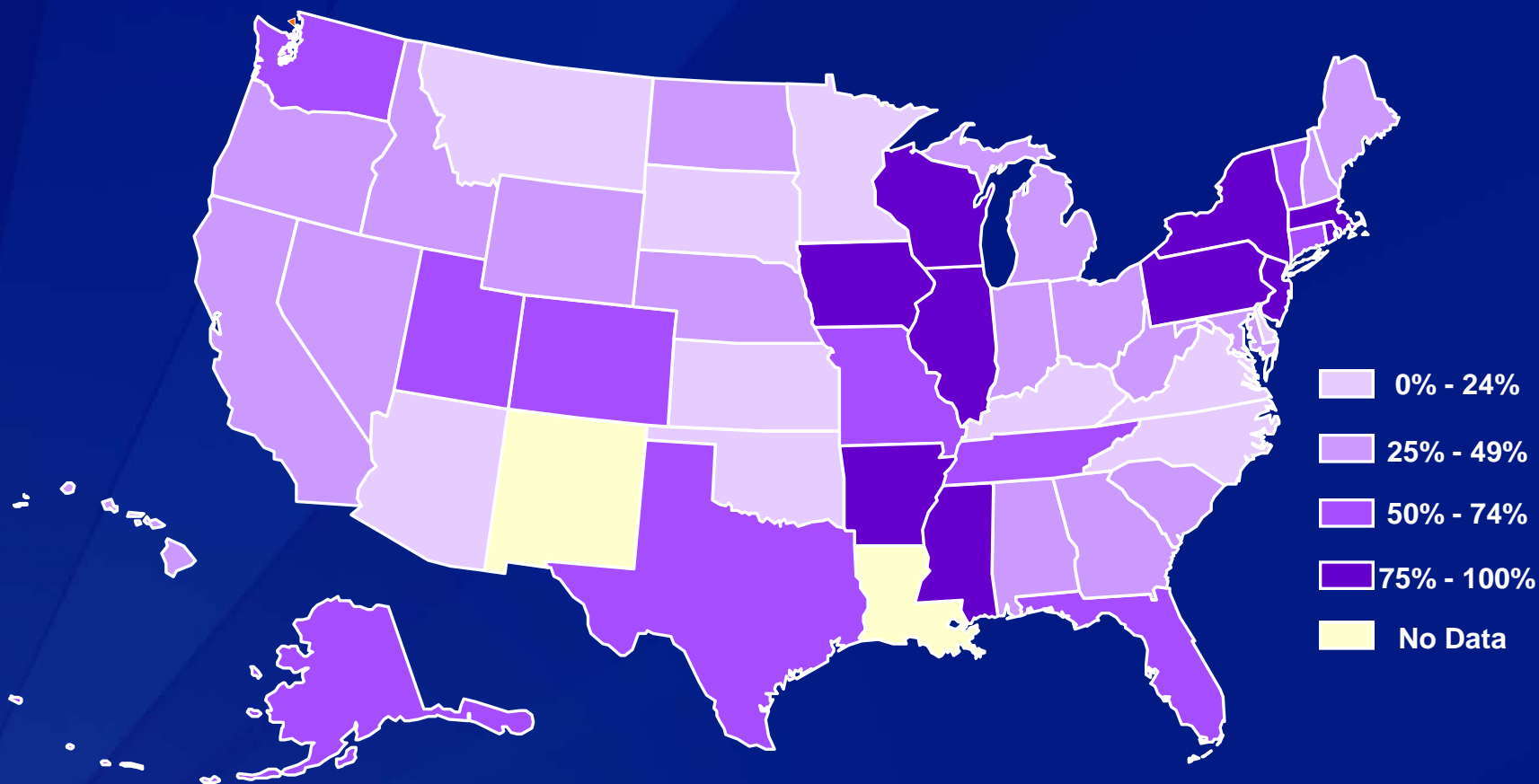
Percentage of secondary schools in which a required physical education course is taught in 10th grade*



***Among schools with students in that grade.**

School Health Profiles, 2014

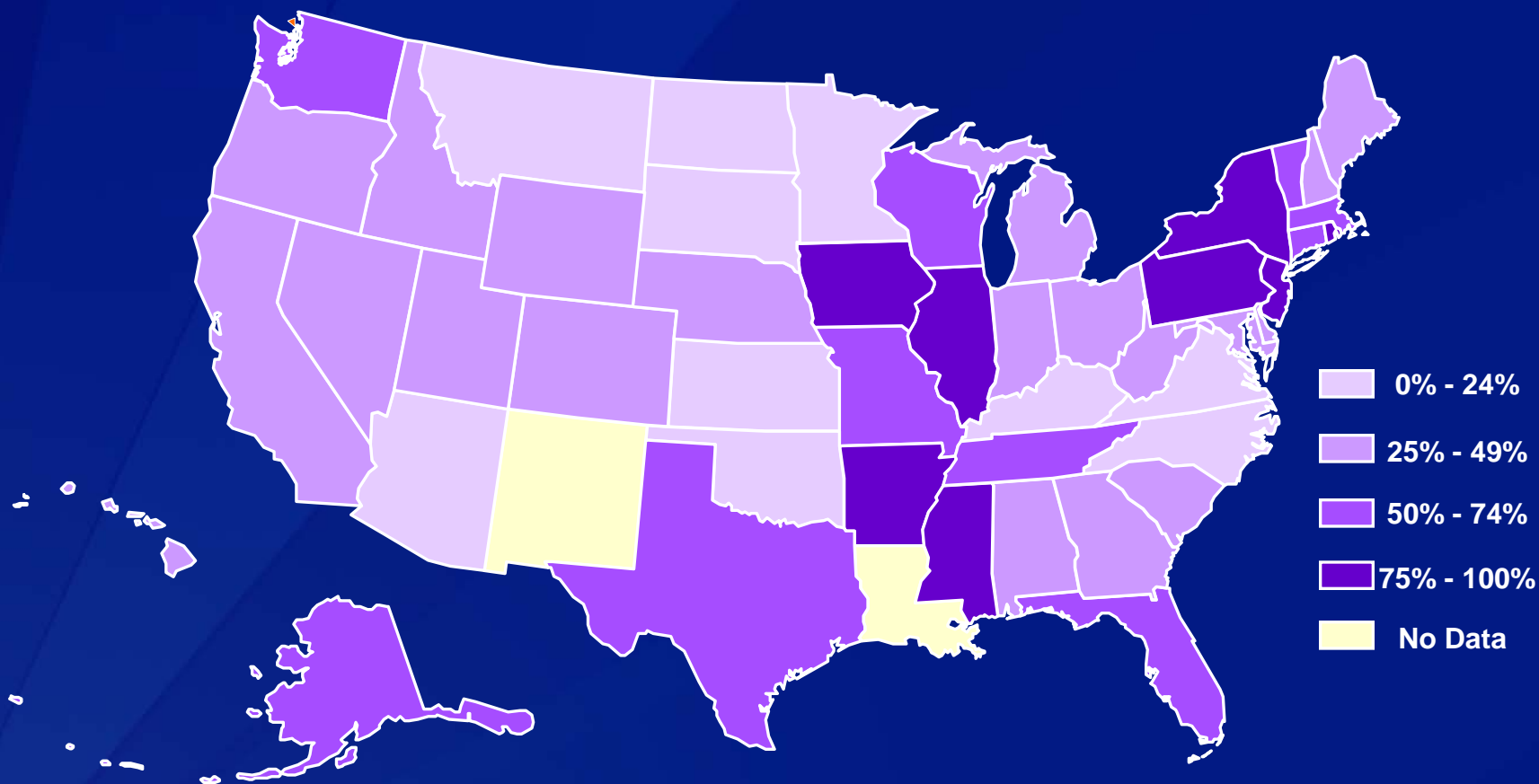
Percentage of secondary schools in which a required physical education course is taught in 11th grade*



*Among schools with students in that grade.

School Health Profiles, 2014

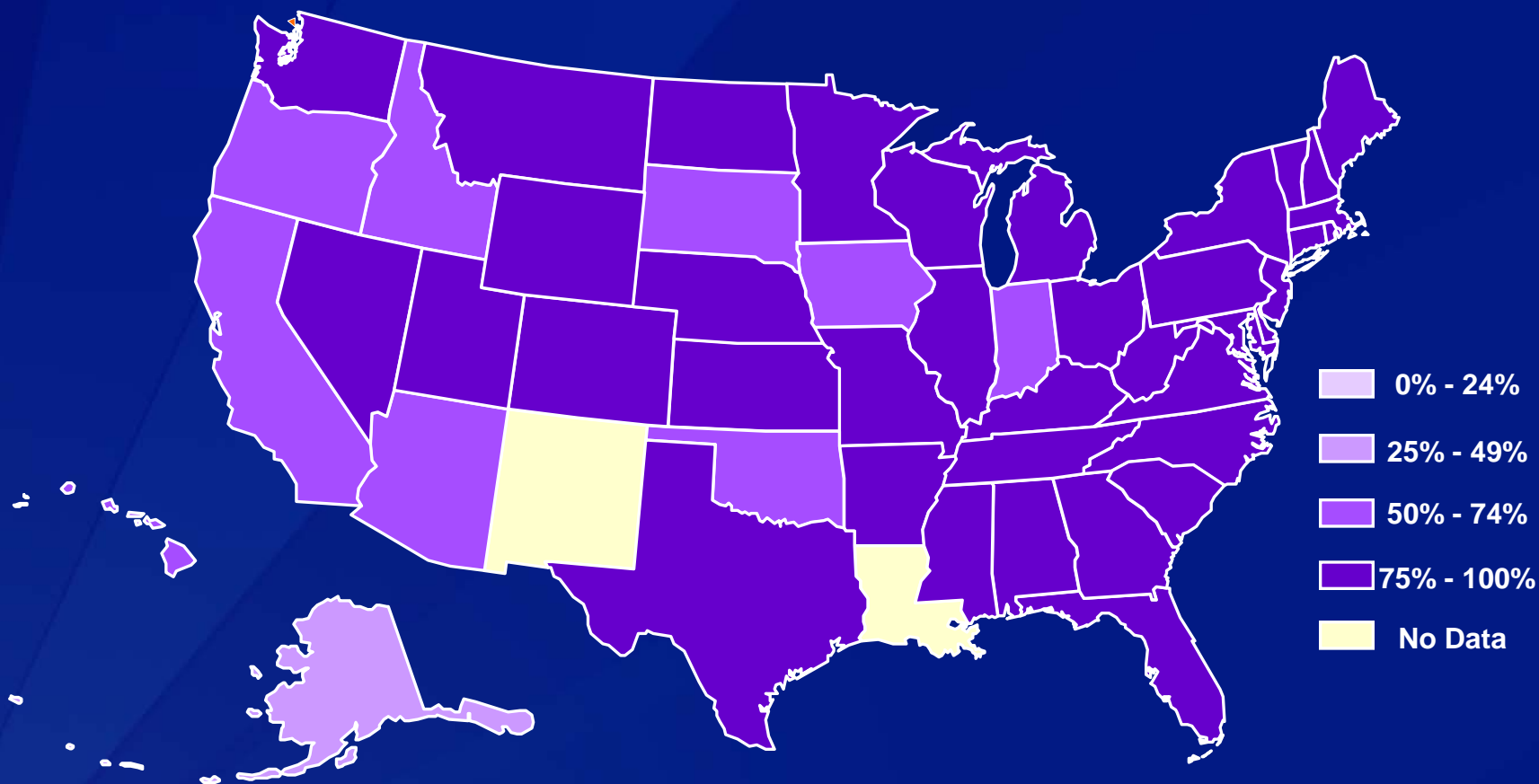
Percentage of secondary schools in which a required physical education course is taught in 12th grade*



***Among schools with students in that grade.**

School Health Profiles, 2014

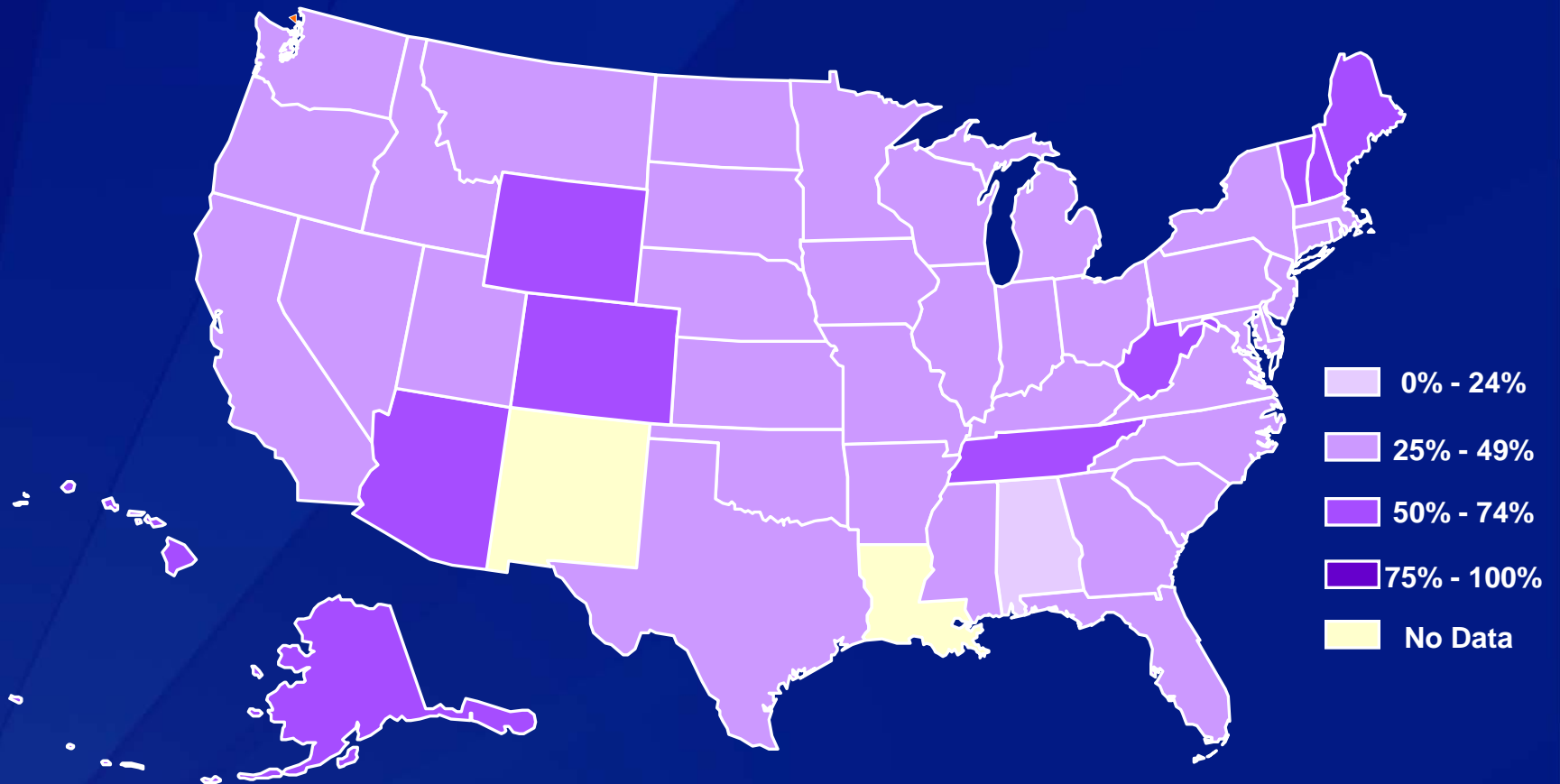
Percentage of secondary schools in which at least 1 physical education teacher or specialist received professional development on physical education*



*During the year before the survey.

School Health Profiles, 2014

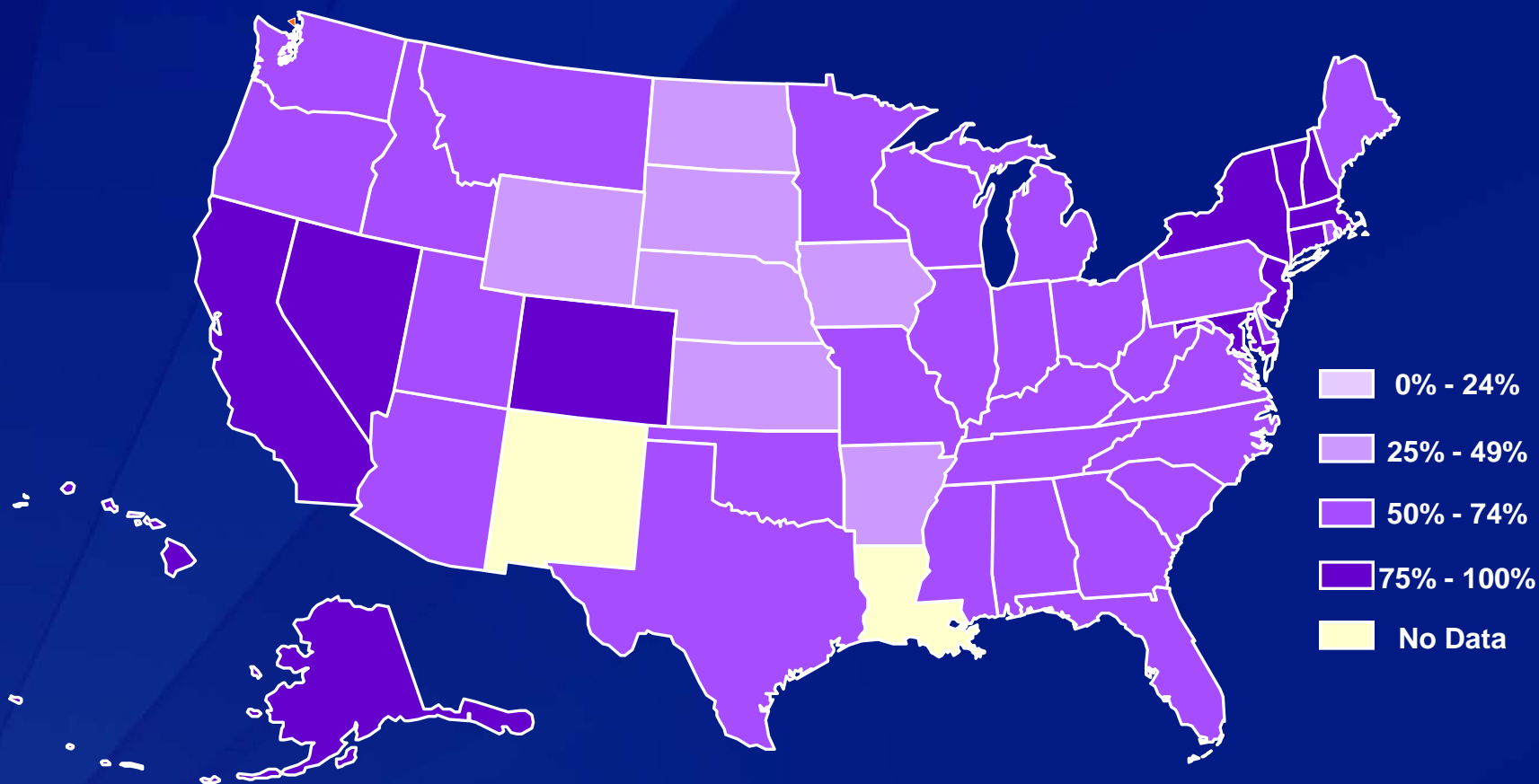
Percentage of secondary schools in which students participate in physical activity breaks in classrooms during the school day*



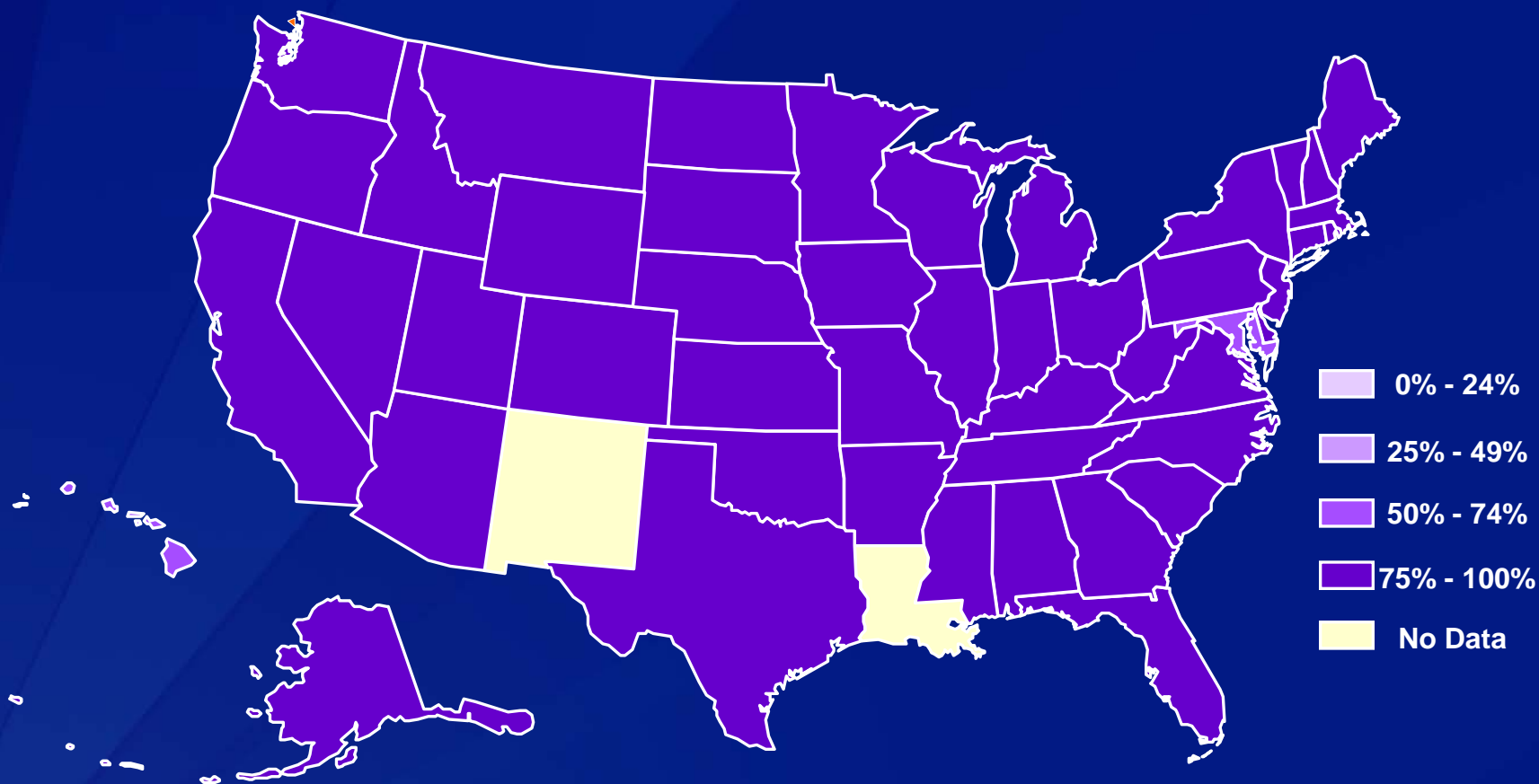
***Outside of physical education.**

School Health Profiles, 2014

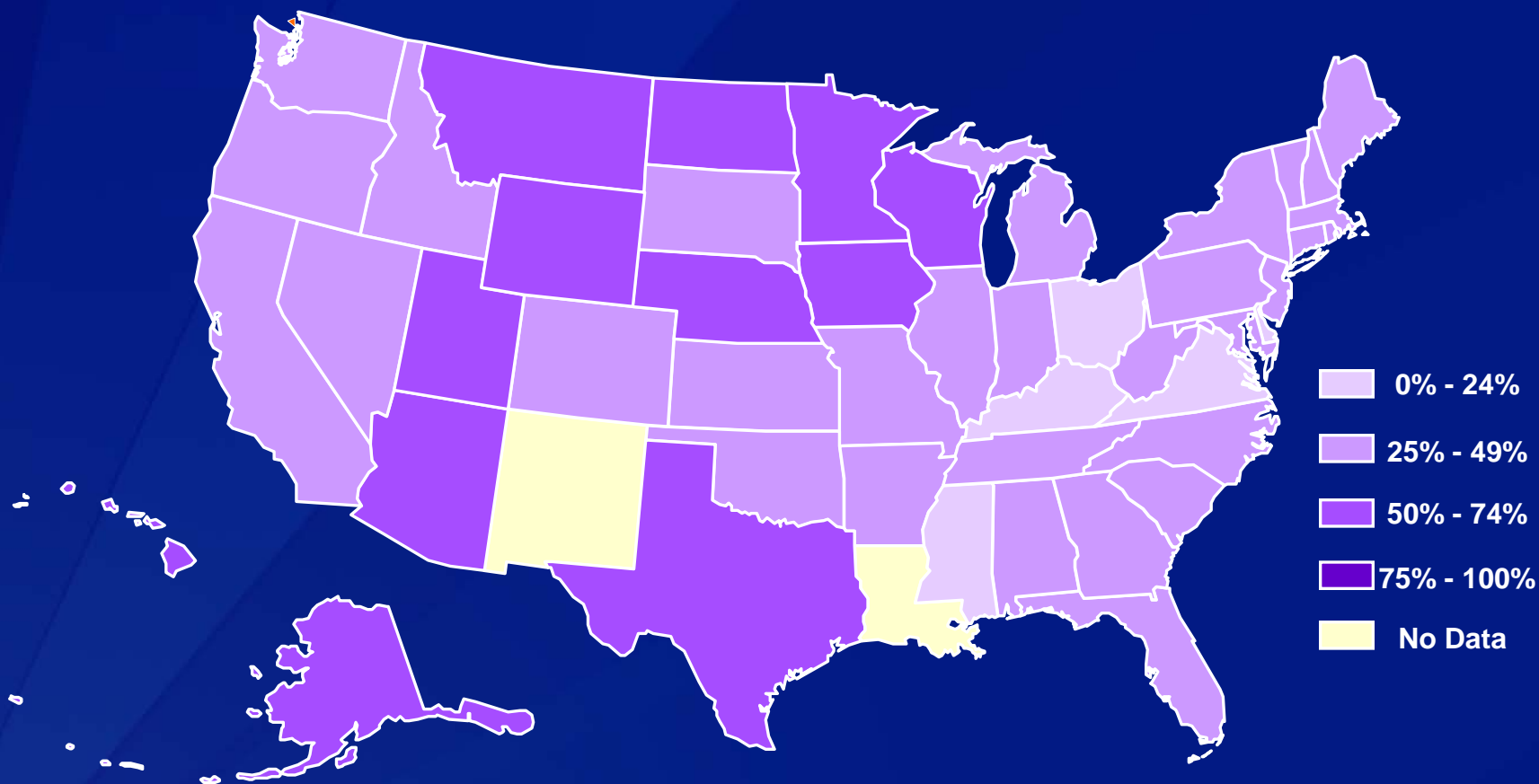
Percentage of secondary schools that offered opportunities for all students to participate in intramural sports programs or physical activity clubs



Percentage of secondary schools that offer interscholastic sports to students

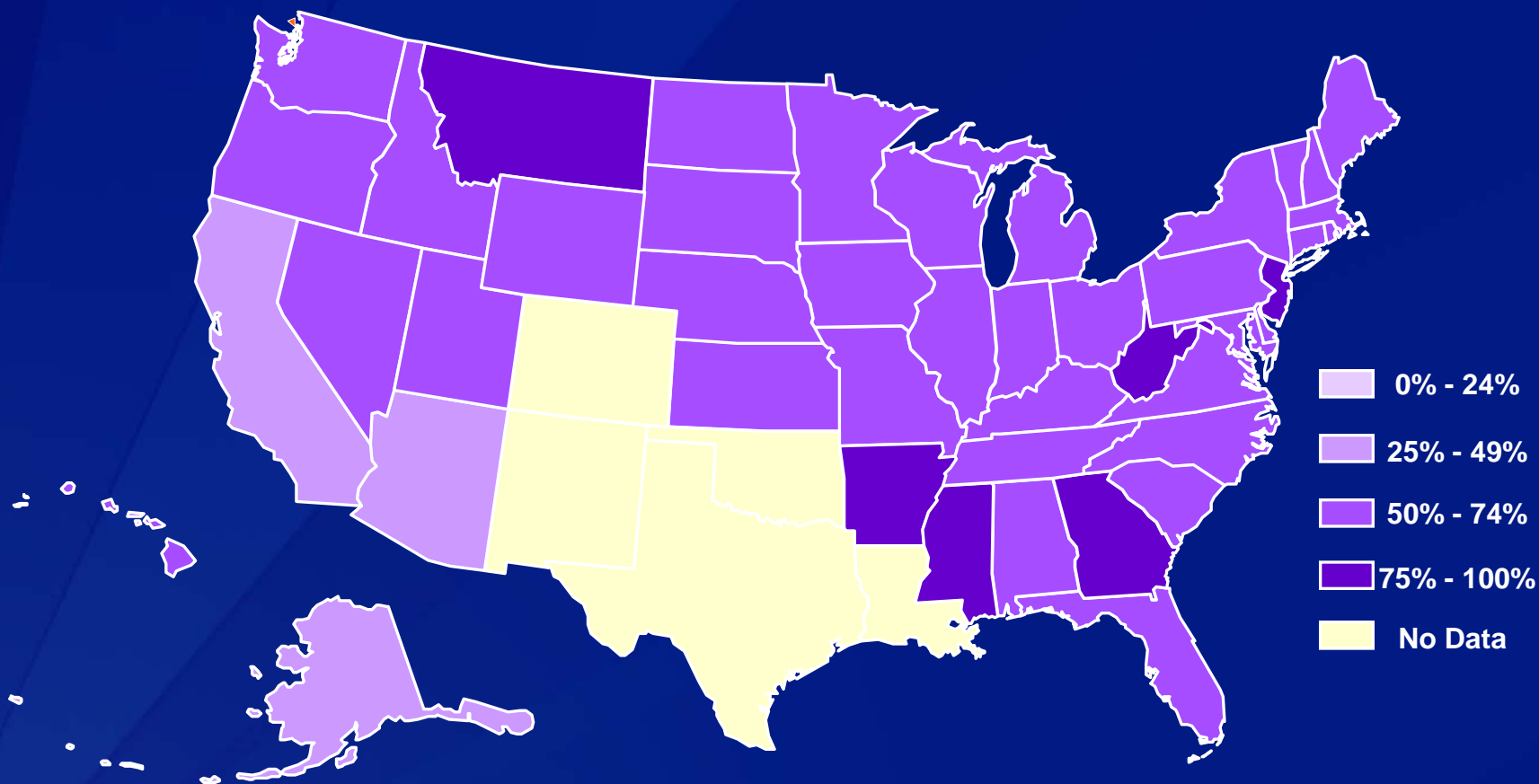


Percentage of secondary schools that offer opportunities for students to participate in physical activity before the school day*



*Through organized physical activities or access to facilities or equipment for physical activity.

Percentage of secondary schools that taught 13 key physical activity topics in a required course



Percentage of secondary schools that have a joint use agreement for shared use of physical activity facilities

