

Step 6: Implement

Audio Descriptive Text

Title: Chapter 4. Establishing a Comprehensive School Physical Activity Program; Step 6: Implement. CSPAP Page 43 table showing template for CSPAP Implementation Plan. Active Child icon. Image of report cover for Comprehensive School Physical Activity Program: A Guide for Schools.

Video Summary

Recommended approaches for implementation include:

- **Pilot:** a small scale test or trial.
- **Phased:** a strategy that implements change at different times and with varying intensity levels.
- **Full-Scale:** a strategy that employs all resources to implement each strategy.

Audio Script

Next, create an implementation plan to outline what will be done, by whom, when, and how in order to meet the established priorities.

There are three recommended approaches for implementation.

- **Pilot:** a small scale implementation planned as a test or trial.
- **Phased:** a strategy to initiate a new program or process so that different parts of the organization implement the change at different times and with varying intensity levels.
- **Full-Scale:** a strategy that employs all resources to implement each strategy.

The *Comprehensive School Physical Activity Programs: A Guide for Schools* provides an implementation plan template that your committee can fill out. Once the implementation plan is developed, it is important to meet again with the stakeholders, such as the principal, school health council, or PTA, who will approve the plan.