# Health Disparities in Implementation of Genomic Medicine: Challenges and Opportunities

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### Objectives:

- Review health disparities in the implementation of genetic testing and cascade screening for hereditary cancers and heart disease
- Describe how implementation science approaches can be used to address health disparities

#### Translational Genomic Research



Khoury et al 2012



Balas and Boren 2000; Morris et al. 2011; Asch et al. 2003; Smedley, Stith, Nelson 2003

#### Defining disparities

- AHRQ: "Any difference among populations that are statistically significant and differ from the reference group by at least 10 percent"
- IOM: "the difference in treatment or access not justified by the differences in health status or preferences of the groups"
- WHO: "differences in health which are not only unnecessary and avoidable but, in addition, are considered unfair and unjust."

### Defining disparities cont.

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#### Difference vs. Disparity



Access to Care, 2014



AHRQ, 2016

#### Unique Challenges to Genomic Medicine

- Ethical, Legal and Social
- (Genetic) literacy
- (Genetic risk) communication
- Rapidly-evolving knowledge
- Big Data
- Costs
- Many more...



Clayton et al. 2010; Burke and Psaty 2007; Noor et al. 2015; Friedman et al. 2017; Smith et al. 2016; Wu et al. 2016; Weitzel et al. 2015; Haga et al. 2013; Gray et al. 2014; Suther et al. 2009; Peters et al. 2004; Sperber et al. 2017; Senier et al. 2018

#### Barriers to genomic medicine

Level/Stakeholder	Example
Patients	Knowledge about genetic conditions and genetic testing
Relatives	Family dynamics
Providers	Communication about genetic conditions with patients and relatives
Laboratories	Different laboratory systems (e.g., centralized versus local) to undertake screening
Health-care organizations	Coordination between various specialties (e.g., primary care, cardiology, genetics); Electronic Health Records
Community/state leaders	State public health genomics programs to improve access to genetic testing
National health policymakers	Medicare and Medicaid benefits for genetic testing

Khoury et al. 2012

#### Disparities in access to genomic medicine

- Barriers change over time
- Barriers vary between and within variation
  - Example:
  - Awareness of genetic testing for cancer risk varies by
    - Sub-ethnicity
    - Acculturation
    - Language level
    - Nativity
    - Racial and ethnic identity
- Barriers to cascade screening
  - State genetic privacy laws
  - Geography
  - Family Communication
  - Others

Roberts et al. 2015; Heck et al. 2008; Vadaparampil et al. 2006; Sussner et al. 2009 & 2011; Senier et al. 2018; Roberts et al.

#### Disparities in quality care



What tools do we have to address complex disparities?

#### Implementation Science (IS)

Study of methods to promote the adoption and integration of

- evidence-based practices,
- interventions, and
- policies

into routine health care and public health settings in order to improve our impact on patient and population health.

#### Implementation Science Research Methods (Adapted from Proctor et al., *Adm Policy Ment Health*, 2009)



#### **Usual Practice**



#### Core of Implementation Science



#### Core of Implementation Science cont.



#### Implementation Strategies

Example Implementation Strategy	Definition
Build a coalition	Recruit and cultivate relationships with partners in the implementation effort
Conduct educational meetings	Hold meetings targeted toward different stakeholder groups ( <i>e.g.</i> , providers, administrators, other organizational stakeholders, and community, patient/consumer, and family stakeholders) to teach them about the clinical innovation
Assess for readiness and identify barriers and facilitators	Assess various aspects of an organization to determine its degree of readiness to implement, barriers that may impede implementation, and strengths that can be used in the implementation effort
Conduct local needs assessment	Collect and analyze data related to the need for the innovation
Identify and prepare champions	Identify and prepare champions dedicated to supporting, marketing, and driving through an implementation, overcoming indifference or resistance that the intervention may provoke in an organization

#### Implementation Science Research Methods (Adapted from Proctor et al., *Adm Policy Ment Health*, 2009)



#### Implementation Frameworks

Category	Description	Example
Process frameworks	Specify stages, phases to describe/guide the process of translating research into practice	EPIS
Determinant frameworks	Specify types/classes or domains of determinants that can act as barriers and enablers (independent variables) that influence the implementation outcomes (dependent variables)	CFIR
Classic theories	Theories that originate from fields external to implementation science which can be applied to understand or explain aspects of implementation	Theory of planned behavior
Implementation theories	Theories developed by implementation researchers to provide understanding of aspects of implementation	ISF
Evaluation frameworks	Specify aspects of implementation that could be evaluated	RE-AIM

Tabak et al 2012, Nilsen 2015, Consortium for Implementation Science 2018)

# Example Framework: Consolidated Framework for Implementation Research (CFIR)















## Examples from the literature

# Implementing genomic services in diverse settings from the IGNITE network



Limited patient engagement

Sperber, et al. 2017

State-based public health genomics programs: An example of a multilevel approach

- Estimate burden of hereditary conditions
- Educate providers and public
- Promote policies to increase access to genetic services
- Build a coalition (collaborate with key stakeholders)
- Tailor programs to meet local needs

#### Implementation Science in Genomic Medicine

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**Conclusion:** Although genomic discovery provides the potential for population health benefit, the current knowledge base around implementation to turn this promise into a reality is severely limited. Current gaps in the literature demonstrate a need to apply implementation science principles to genomic medicine in order to deliver on the promise of precision medicine.

**Purpose:** The objective of this study was to identify trends and gaps in the field of implementation science in genomic medicine.

Methods: We conducted a literature review using the Centers for Disease Control and Prevention's Public Health Genomics Knowlparticularly oncology (35%, n = 99). Key study design elements, such as racial/ethnic composition of study populations, were underreported in studies. Few studies incorporated implementation science theoretical frameworks, sustainability measures, or capacity building.

Roberts et al. 2017; Roberts et al. 2017, <u>https://researchtoreality.cancer.gov/discussions;</u> <u>https://blogs.cdc.gov/genomics</u>

### **Future Directions**

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Questions?