Who should get an influenza vaccine?

People who are 50 years old or older—
Even if you're in great health!

Children 6 to 23 months old—
Children younger than 2 years old have one of the highest rates of hospitalization from influenza.

Adults and children with a chronic health condition—
Like heart disease, diabetes, kidney disease, asthma, chronic bronchitis, cancer, a weakened immune system, or HIV/AIDS.

Women who will be pregnant during flu season—
Flu season is typically November through March.

People who can give the flu to those at high risk—
You should get vaccinated if you live with or care for someone listed above or with a child younger than 6 months old.

You should get vaccinated if you are a healthcare worker.

Anyone who wants to prevent the flu.

Department of Health and Human Services
Centers for Disease Control and Prevention

For more information,
ask your healthcare provider or call
800-CDC-INFO (**800-232-4636**)
Website **www.cdc.gov/flu**

Protect yourself.
Protect your loved ones.
Get Your Flu Vaccine!