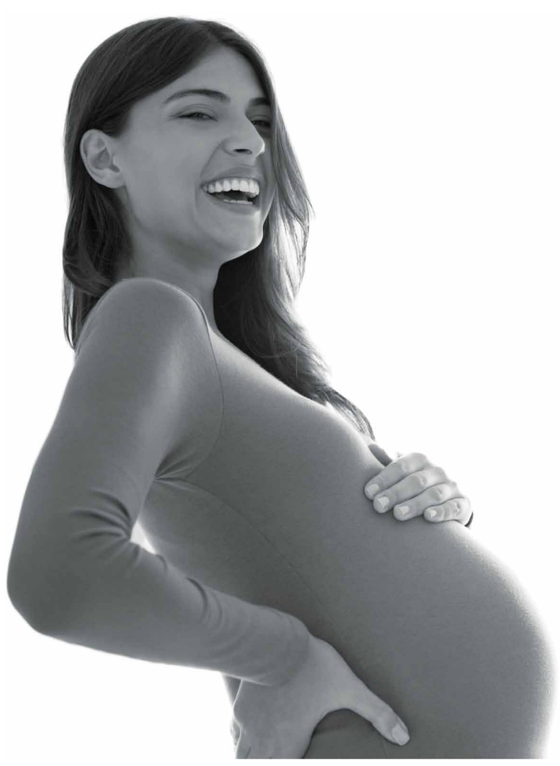
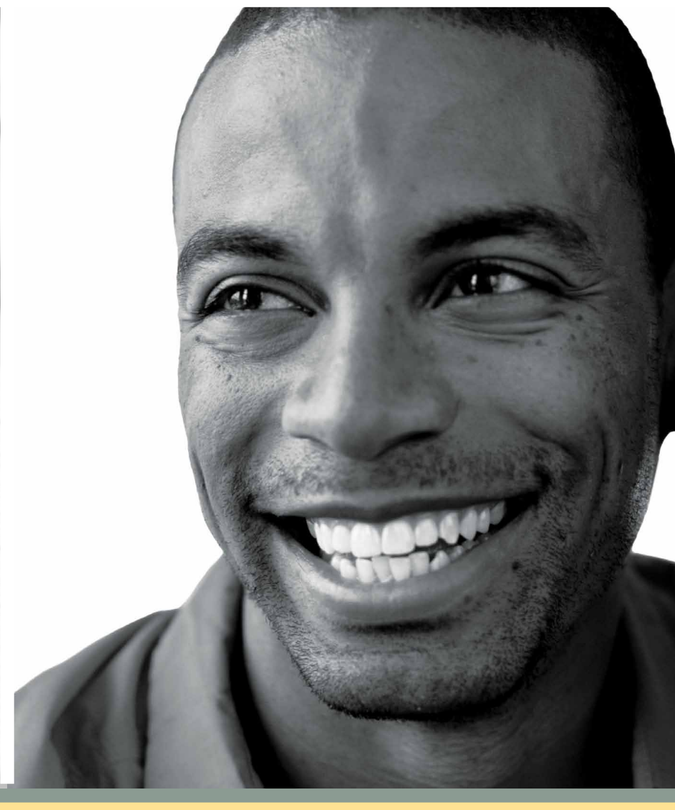


HAVE YOU GOTTEN YOUR FLU VACCINE?



IT'S NOT TOO LATE!

DECEMBER 2–8, 2012

IS NATIONAL INFLUENZA VACCINATION WEEK (NIVW)

www.cdc.gov/flu/nivw

A yearly flu vaccine is recommended for everyone 6 months and older.

Vaccination is especially important for protecting those at high risk for serious flu complications, including:

- young children
- pregnant women
- adults 65 years and older
- anyone with chronic health conditions like asthma, diabetes, and heart disease.

Get your flu vaccine.

It's safe and your best protection against the flu.

Centers for Disease Control and Prevention
National Center for Immunization and Respiratory Diseases

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