HAVE YOU GOTTEN YOUR FLU VACCINE?

IT’S NOT TOO LATE!

DECEMBER 6–12, 2015
IS NATIONAL INFLUENZA VACCINATION WEEK (NIVW)
www.cdc.gov/flu/nivw

A yearly flu vaccine is recommended for everyone 6 months and older.

Vaccination is especially important for protecting those at high risk for serious flu complications, including:

• young children
• pregnant women
• adults 65 years and older
• anyone with chronic health conditions like asthma, diabetes, and heart disease.

Get your flu vaccine.
It’s safe and your best protection against the flu.