

Estimation of Severe Middle East Respiratory Syndrome Cases in the Middle East, 2012–2016

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Middle East respiratory syndrome has been reported among travelers returning from the Arabian Peninsula, where most cases have been recorded. Using data from travelers, we estimated 3,250 (1,300–6,600) severe cases occurred in the Middle East during September 2012–January 2016. This estimate is 2.3-fold higher than the total laboratory-confirmed cases recorded in these countries.

Middle East respiratory syndrome (MERS), caused by MERS coronavirus (MERS-CoV), was first recognized in September 2012 (1). From that time until January 2016, >1,600 cases were laboratory-confirmed, and ≈600 deaths have been attributed to the virus (2). Cases have been detected among persons who traveled from the Middle East to 16 countries, and a MERS-CoV outbreak in South Korea introduced by a traveler caused >100 cases (3).

Estimates of the epidemic size in the Middle East are required to understand the level of MERS-CoV circulation and the likelihood of MERS-CoV exportations. However, these estimates have not been calculated for >2 years, during which time the number of recorded cases has increased by >15 times (2,4). We used data from travelers to this region to update estimates of severe MERS cases in the Middle East.

The Study

We estimated the cumulative number of severe MERS cases in source countries from which laboratory-confirmed MERS-CoV infections were reported by the World Health Organization for nonresident travelers during September 2012–January 2016. The source countries were Saudi Arabia, United Arab Emirates, Jordan, and Qatar (1); only the emirates of Abu Dhabi and Dubai were included in the United Arab Emirates calculations due to a lack of traveler data on the other 5 emirates, but no MERS cases have been reported from these other emirates.

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All MERS traveler case-patients whose data were used in the analysis were hospitalized because of respiratory symptoms and therefore likely experienced severe disease. However, 30% of reported MERS case-patients were listed as mildly symptomatic or asymptomatic and were likely missed by the passive surveillance systems that detected severe travel-associated cases (1). Consequently, we used the term “severe” to indicate that our estimates of case numbers are for those with more serious disease.

To estimate the cumulative number of severe cases, we used data for 1) the number of travelers to the 4 source countries, 2) average trip lengths, 3) number of confirmed MERS-CoV infections among travelers to the source countries, and 4) population sizes of source countries. Our estimates are for the period September 2012, when MERS-CoV was first identified, through January 2016.

We estimated the number of severe cases in each source country using methods used previously by Cauchemez et al., which assume that travelers and local residents have similar per-day risk of infection (4). The infection rate among travelers to source countries was multiplied by the total person-time at risk for the population of that country using the following formula:

cumulative number of severe MERS-CoV cases in Country X = severe case rate among travelers to source countries × country X person-time =

$$\frac{\text{No. severe cases reported among travelers returning from source countries}}{\text{Annual no. travelers to source countries} \times \text{average trip length} \times \text{epidemic period}} \times \text{country X population size} \times 365 \times \text{epidemic period}$$

where the epidemic period = 3.33 years (September 2012–January 2016). We estimated CIs using profile-likelihoods (4). This approach can estimate the cumulative incidence of disease regardless of seasonality in infection rates (5).

We analyzed 11 travel-associated MERS cases, including 6 case-patients from high-income countries (online Technical Appendix, <http://wwwnc.cdc.gov/EID/article/22/10/15-1121-Techapp1.pdf>). It has been suggested that MERS-CoV surveillance may be better in high-income countries than in lower-income countries (6). We tested this hypothesis by comparing the frequency of case detection among travelers returning to high-income

Table 1. Estimated cumulative incidence of severe Middle East respiratory syndrome cases in Middle Eastern source countries calculated on the basis of illnesses among travelers, September 2012–January 2016*

Traveler origins	Estimated no. cases (95% CI)				
	All countries	Saudi Arabia	Jordan	Qatar	UAE†
Visitors from high-income OECD countries	3,263 (1,297–6,613)	2,269 (902–4,599)	483 (192–979)	163 (65–330)	347 (138–704)
All non–Middle Eastern visitors	1,431 (743–2,452)	995 (517–1,705)	212 (110–363)	72 (37–123)	152 (79–261)

*OECD, Organization for Economic Cooperation and Development; UAE, United Arab Emirates.

†Only the emirates of Abu Dhabi and Dubai were included in calculations due to a lack of traveler data on the other 5 emirates; no cases have been reported from these other emirates.

countries, as defined by the Organization for Economic Cooperation and Development (<http://www.oecd.org/about/membershipandpartners/>), versus lower-income countries (all other non–Middle Eastern countries worldwide). We found that significantly more cases have been identified in high-income settings ($p < 0.001$ by Fisher exact test; online Technical Appendix). Consequently, we produced 2 sets of calculations, 1 using data only from high-income countries and 1 that combined data from all non–Middle Eastern countries. The high-income country analysis does not assume that no cases occurred in lower-income countries but shows different case detection rates across travelers' home countries.

Using data for 32 high-income countries, we estimated $\approx 3,263$ severe cases (95% CI 1,297–6,613; Table 1) for all source countries during September 2012–January 2016. We calculated that Saudi Arabia had the largest number of cases (2,269, 95% CI 902–4,599). We estimated $\approx 1,431$ severe cases (95% CI 743–2,452) when data from high-income and lower-income countries were combined.

We conducted sensitivity analyses in which we included 1) laboratory-confirmed cases among travelers for whom it was unclear in which country they had been infected or if they had been infected by another travel-associated case-patient and 2) probable but non-laboratory-confirmed MERS-CoV cases reported in travelers. These analyses indicated there could have been up to 4,895 severe cases across source countries (95% CI 2,352–8,824). We also conducted sensitivity analyses to assess the effect of uncertainty of travelers' average length of stay in source countries (Table 2; online Technical Appendix Tables 2, 3). Increases in travelers' assumed lengths of stay produced lower cumulative incidence estimates related to lower estimated infection rates, and

decreases in travelers' assumed lengths of stay produced higher case estimates. For example, using data for travelers from high-income nations, a 2-day increase in average length of stay produced estimates of 2,326 severe cases across source countries (95% CI 924–4,714; online Technical Appendix Table 2), and a 2-day decrease in lengths of stay produced estimates of 5,463 severe cases (95% CI 2,171–11,071).

Conclusions

We used data on the incidence of MERS among travelers returning from the Middle East to better estimate the occurrence of severe disease in the most affected countries. We estimated that there were $\approx 3,300$ cases of severe disease in the 4 source countries during September 2012–January 2016. This estimate was 2.3-fold higher than the total number of laboratory-confirmed cases across source countries from September 2012–January 2016.

Using data up to August 2013, Cauchemez et al. estimated the total case count to be 11-fold higher than the number of laboratory-confirmed cases reported across source countries (4). The closer agreement between observed and estimated cases in our analysis is consistent with improvements in surveillance practices across source countries during 2014 (6–8). Our results are also complementary to a serologic study from Saudi Arabia that reported antibodies to MERS-CoV were found in 0.15% of the population (10). Our study adds information by focusing on severe infections (which are of greatest clinical concern) and providing more up-to-date information by including data from the 2-year period after the serologic samples were collected.

Our estimates were based on a small sample size (11 travel-associated cases) and assumed that travelers and residents

Table 2. Estimated cumulative incidence of severe Middle East respiratory syndrome cases in Middle Eastern source countries calculated on the basis of illnesses among travelers and traveler LOS, September 2012–January 2016*

Traveler data	Estimated no. cases (95% CI)				
	–2 Days LOS	–1 Day LOS	Average LOS†	+1 Day LOS	+2 Days LOS
Visitors from high-income OECD countries	5,463 (2,171–11,071)	4,086 (1,623–8,280)	3,263 (1,297–6,613)	2,716 (1,079–5,504)	2,326 (924–4,714)
All non–Middle Eastern visitors	2,043 (1,061–3,499)	1,683 (874–2,883)	1,431 (743–2,452)	1,245 (647–2,132)	1,102 (572–1,887)

*LOS, length of stay; OECD, Organization for Economic Cooperation and Development.

†The average length of stay of travelers from OECD countries in the 4 source countries (Saudi Arabia, Jordan, Qatar, and United Arab Emirates) was estimated to be 5.0 d, and the average length of stay of travelers from all non–Middle Eastern countries in the 4 source countries was estimated to be 6.7 d (online Technical Appendix, <http://wwwnc.cdc.gov/EID/article/22/10/15-1121-Techapp1.pdf>). Only the emirates of Abu Dhabi and Dubai were included in United Arab Emirates calculations due to a lack of traveler data on the other 5 emirates; no cases have been reported from these other emirates.

of the Middle East had similar infection risks. Our sensitivity analyses demonstrated that results are sensitive to travelers' estimated lengths of stay and also showed that estimates of the epidemic size that incorporated data from lower-income countries were 60% lower than estimates obtained by using data from high-income countries alone. This finding implies different levels of case detection across travelers' home countries or different MERS-CoV exposure between visitors of different nationalities. Additional data (e.g., larger sample size, travel volume, and lengths of stay, stratified by age and immigration status, frequencies of testing, and contact with camels) could provide further estimates.

Public health officials are concerned about MERS-CoV, both in the source countries and from exported cases in persons who can seed outbreaks elsewhere (9,11). By better estimating the epidemic size in the Middle East, our results can help guide public health preparedness efforts in source countries and contribute to projections of the number of cases that could occur among travelers (9,11–13).

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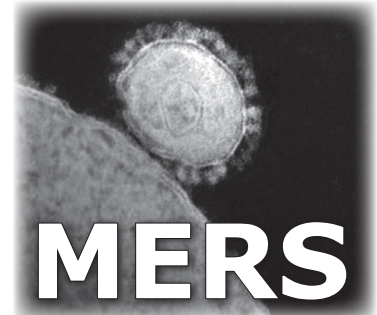
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EID SPOTLIGHT TOPIC

MERS is an illness caused by a virus called Middle East Respiratory Syndrome Coronavirus (MERS-CoV). MERS affects the respiratory system. Most MERS patients developed severe acute respiratory illness with symptoms of fever, cough, and shortness of breath. Health officials first reported the disease in Saudi Arabia in September 2012. Through retrospective investigations, health officials later identified that the first known cases of MERS occurred in Jordan in April 2012. MERS-CoV has spread from people with the virus to others through close contact, such as caring for or living with an infected person.



MERS

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<http://wwwnc.cdc.gov/eid/page/mers-spotlight>

Estimation of Severe MERS-CoV Cases in the Middle East, 2012–2016

Technical Appendix

Data

To estimate the cumulative number of severe cases in source countries (i.e., Kingdom of Saudi Arabia [KSA], United Arab Emirates [UAE], Jordan, and Qatar), we used data on 1) number of travelers to the 4 source countries, 2) travelers' average trip lengths, 3) number of laboratory-confirmed MERS-CoV cases among travelers to source countries, and 4) source countries' population sizes.

Data on traveler numbers were obtained from World Trade Organization (WTO) publications and UAE and Qatar visitor information (1–5, Technical Appendix Table 1). We estimated the number of persons traveling to the source countries from high-income countries, where “high-income” was defined as those countries belonging to the Organization for Economic Cooperation and Development (OECD) and which were not listed as “emerging economies” (i.e., Mexico, Chile, and Turkey were classified as lower-income countries along with all non-OECD countries) (6). These high-income OECD countries could have different degrees of MERS-CoV case detection than other states since the former have more resources for identifying the etiology of illnesses among returning travelers (7,8). We used WTO data on traveler numbers for Jordan and KSA, which collated information on the number of travelers arriving at their borders (2). UAE traveler numbers were obtained from official counts of hotel visitors to Dubai (2012 data) and Abu Dhabi (first quarters of 2013 and 2014, which we averaged and scaled to annual data) (3,4). Information for Qatar was obtained from government data on the number of visas granted to travelers from different regions (5). Cases in UAE have only been reported from Abu Dhabi and Dubai and they are the most populous emirates in UAE (9,10). Therefore, we excluded the other 5 UAE emirates from consideration since data on their traveler numbers were not available and they have not reported cases up to January 2016. We assumed that the number of travelers is similar over the epidemic period as it was in 2012 because data were not yet available for 2013–14.

Travelers' average trip lengths were obtained from a WTO publication (Jordan and Qatar, 2012 data), hotel stay data (Abu Dhabi 2014 data, which we also applied to Dubai visitor numbers), and KSA tourism data from 2011 (1,4,11). Many visitors spend more than a month in KSA, which we accounted for in our calculations since such visitors could become infected and recover by the time they travel home. We used 14 days as the upper limit of the period before traveling home during which visitors were at risk for contracting a MERS-CoV infection that could be detected upon arrival in their home country. We chose 14 days since the average incubation period has been

estimated as 5.5 days and travel-associated cases were tested for MERS-CoV an average of 9 days after symptom onset (12). For durations of stay less than 14 days, we used the midpoint of the trip length categories in calculations (11). The overall average duration of stay for travelers to KSA was then estimated by summing the durations of stay of all travelers from non-Middle Eastern countries and dividing by the total number of these travelers. Separate estimates of the average duration of stay were calculated for travelers from high-income OECD countries where possible.

The number of laboratory-confirmed MERS-CoV cases among travelers to source countries was obtained from publicly available information (13). When estimating the number of severe cases in source countries, we excluded cases among travelers that occurred among foreign residents or citizens of a source country or that were detected as a result of testing before departure from a source country (14). We excluded these cases since foreign residents and citizens of source countries likely have different travel patterns to visitors (e.g., they may postpone travel if ill), their length of stay in their destination could be shorter than the incubation period, they may wait to seek care until they return home, and data on their travel frequency were also unavailable. MERS-CoV cases who were transported to another country for medical care were also excluded because they occurred among citizens of source countries and they are not representative of average infection risk since their travel was related to their infection status.

Finally, countries' population sizes were obtained from national estimates (9,10,15–17) (Technical Appendix Table 1).

Analyses

The cumulative number of severe MERS-CoV cases was estimated by using methods described previously (12). First, the rate of severe MERS-CoV disease among travelers was calculated by dividing the number of detected cases among this group by their total time at risk in the source countries. Second, the cumulative number of severe cases in each source country was then estimated by multiplying the infection rate among travelers by the total person-time among the resident population according to the following formula:

Cumulative number of severe cases in source country X =

Severe case rate among travelers to all source countries × Person-time of country X =

$$\frac{\text{number of severe cases reported among travelers returning from source countries}}{\text{annual number of travelers to source countries} \times \text{average trip length} \times \text{epidemic period}} \times$$

Source country X population size × 365 × epidemic period =

$$\frac{\text{number of severe cases reported among travelers returning from source countries}}{\text{annual number of travelers to source countries} \times \text{average trip length}} \times$$

Source country X population size × 365

Here, the “epidemic period” corresponds to 3.33 years (September 2012 – January 2016). Notably, the length of the epidemic period cancels in the equation and so did not affect calculations. Our estimates of the cumulative number of severe MERS-CoV cases are for the period September 2012, when MERS-CoV was first identified, through January 2016. As described elsewhere, the average rate used by the formula can give appropriate estimates of the cumulative incidence of disease even if the rate of infection varies over time as long as the person-time at risk is uniformly distributed over the outbreak (18). The calculation assumes that the disease rate is the same across source countries. Analyses using country-specific disease rates could be performed with larger numbers of travel-associated cases. 95% confidence intervals were calculated by using profile-likelihoods (19). Matlab 2014a was used for statistical analyses.

To determine whether levels of surveillance for MERS-CoV differed between travelers’ home countries, we compared the frequency with which MERS-CoV cases have been identified in high-income OECD countries versus all other non-Middle Eastern countries. We only included cases that were identified by using passive surveillance since these better reflect surveillance capacity than cases that were identified because authorities were alerted to the arrival of a possibly MERS-CoV infected person by officials in a source country. Infections that occurred among residents or citizens of source countries which were identified in non-Middle Eastern countries were included in this analysis since the goal was simply to compare rates of passive surveillance between groups of non-Middle Eastern countries. There were 10 such MERS-CoV importation events identified in high-income countries compared to 8 importation events detected in lower-income countries from September 2012 – January 2016 (Technical Appendix Table 1). The total number of air travelers to each group of destination countries from source countries was obtained from published estimates (8). There was a significant difference in the frequency of detection of cases between groups of countries ($p < 0.001$ by Fisher exact test).

Sensitivity analyses

It was unclear whether travel-associated cases with unconfirmed infection or who were possibly infected by another traveler should be included. For example, a second Dutch case was found after a contact investigation of an index case (20), but it was unclear where the second case’s infection occurred and whether they acquired it from the index case. Consequently, the second case might not provide independent information on the size of the MERS-CoV epidemic in KSA. Additionally, 2 probable, but unconfirmed, MERS-CoV cases occurred in late 2013 among travelers returning from KSA to Spain (21), and both belonged to the same tour group making it unclear whether they were potentially separate infections or if one could have infected the other. These persons were included in sensitivity analyses for all high-income countries as well as for estimates calculated by using data from all non-Middle Eastern countries.

We conducted an additional sensitivity analysis to highlight how the results depend on estimates of travelers’ average lengths of stay in the source countries. To do so, we recalculated the expected number of severe MERS-CoV cases across source countries using a range of average durations of stay of travelers from OECD

countries and all non-Middle Eastern countries from 2 days below the point estimates obtained from countries' visitor data to 2 days above the point estimates (Technical Appendix Tables 2–3).

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Technical Appendix Table 1. Population sizes, numbers of inbound travelers, and number of MERS-CoV cases among travelers for United Arab Emirates*, Jordan, Qatar, and Kingdom of Saudi Arabia†‡

Country	Population size	Annual no. of inbound travelers from non-Middle Eastern countries	Annual no. of inbound travelers from high-income OECD countries§¶ #	No. exported cases**††	
Abu Dhabi and Dubai	4,592,777	7,934,133	3,922,345	2 (France, Germany – included in main analysis)	
Jordan	6,388,000	2,155,000	864,944	1 (Italy – included in main analysis)	
Qatar	2,155,446	1,807,638	594,902	1 (Tunisia – included in main analysis)	
Kingdom of Saudi Arabia	29,994,272	6,213,000	446,267	Included in main analysis	6 (United Kingdom, Malaysia, Netherlands, Algeria x 2, The Philippines)
				Included in sensitivity analyses	3 (Netherlands, Spain x 2)

*Only the emirates of Abu Dhabi and Dubai were included in calculations due to a lack of traveler data on the other 5 UAE emirates. Also, no MERS-CoV cases have been reported from these other emirates.

†OECD, Organization for Economic Cooperation and Development.

‡Estimates of population sizes were obtained from national statistics offices (9, 10, 15–17) while the number of travelers to each country was obtained from published data of the World Tourism Organization (Compendium of Tourism Statistics 2014 edition and Yearbook of Tourism Statistics 2014 edition) (1,2) and countries' visitor statistics (3–5). Data on the numbers of exported cases came from the World Health Organization MERS-CoV updates (22).

§The emerging economies of Chile, Mexico, and Turkey were excluded from OECD estimates. Estimates of the number of high-income OECD travelers for Qatar were based on total traveler estimates for Europe, North America, Australia and New Zealand.

¶For the analyses using travelers from all non-Middle Eastern countries, the average length of stay for travelers was estimated at 13.00 d for Saudi Arabia, 4.20 d for Jordan, 1.18 d for Qatar, and 3.65 d for Abu Dhabi and Dubai. For the OECD analyses, the average length of stay in Saudi Arabia was 10.71 d and 4.49 d for Abu Dhabi and Dubai. The Abu Dhabi and Dubai estimate was used for Qatar and Jordan for OECD analyses due to a lack of country-specific data and because Qatar, Jordan, and Abu Dhabi and Dubai had similar durations of stay for travelers from all non-Middle Eastern countries.

#Not all travelers' nationalities were listed individually in Abu Dhabi and Dubai data sources (3,4). Therefore, we produced conservative estimates of cases by including all travelers in the "Other Europe" and "Other South Asia" countries for Dubai. For Abu Dhabi, the top 25 countries of origin for travelers were listed in official statistics (4). Therefore, we conservatively assumed that the number of travelers from each of the unlisted countries was equal to the number of visitors from the 25th placed country.

**An additional case-patient was detected in the Republic of Korea (which was classified as a high-income country) but whose source country of infection was unclear (23). This case was included in the analyses of high-income countries and also of all non-Middle Eastern countries combined.

††Travel-associated cases that occurred among residents of the Middle East were included only in analyses comparing the rates of passive detection of importation events between high-income and other countries. Additional such cases were as follows: high-income countries – 1 case in Austria (24), 1 case in Greece (25), 2 cases in the United States (24,26); lower-income countries – 1 case in Turkey (27), and 2 cases in Thailand (28,29). A MERS-CoV case was also identified in a person who sought treatment in Germany for a respiratory infection (30). Our results for the difference in detection rates between high-income vs. lower-income countries were strengthened when this case was additionally included in analyses.

Technical Appendix Table 2. Sensitivity analysis for travelers' lengths of stay: estimated cumulative incidence of severe MERS-CoV cases across all Middle Eastern source countries during September 2012 – January 2016, using data for travelers from high-income OECD countries*

Source countries	-2 Days LOS: Estimated cases (95% CI)	-1 Day LOS: Estimated cases (95% CI)	Average LOS†: Estimated cases (95% CI)	+1 Day LOS: Estimated cases (95% CI)	+2 Days LOS: Estimated cases (95% CI)
All countries	5,463 (2,171–11,071)	4,086 (1,623–8,280)	3,263 (1,297–6,613)	2,716 (1,079–5,504)	2,326 (924–4,714)
Kingdom of Saudi Arabia	3,799 (1,510–7,699)	2,842 (1,129–5,758)	2,269 (902–4,599)	1,889 (751–3,828)	1,618 (643–3,278)
Jordan	809 (322–1,640)	605 (240–1,126)	483 (192–979)	402 (160–815)	345 (137–698)
Qatar	273 (108–553)	204 (81–414)	163 (65–330)	136 (54–275)	116 (46–236)
Abu Dhabi and Dubai	582 (231–1,179)	435 (173–882)	347 (138–704)	289 (115–586)	248 (98–502)

*LOS, length of stay; OECD, Organization for Economic Cooperation and Development.

†The average length of stay of travelers from OECD countries in the 4 source countries was estimated to be 5.0 d.

Technical Appendix Table 3. Sensitivity analysis for travelers' lengths of stay: Estimated cumulative incidence of severe MERS-CoV cases in all Middle Eastern source countries (September 2012–January 2016) by using data for travelers from all non-Middle Eastern countries*

Source countries	-2 Days LOS Estimated cases (95% CI)	-1 Day LOS Estimated cases (95% CI)	Average LOS† Estimated cases (95% CI)	+1 Day LOS Estimated cases (95% CI)	+2 Days LOS Estimated cases (95% CI)
All countries	2,043 (1,061–3,499)	1,683 (874–2,883)	1,431 (743–2,452)	1,245 (647–2,132)	1,102 (572–1,887)
Kingdom of Saudi Arabia	1,421 (738–2,434)	1,171 (608–2,005)	995 (517–1,705)	866 (450–1,483)	766 (398–1,312)
Jordan	303 (157–518)	249 (129–427)	212 (110–363)	184 (96–316)	163 (85–279)
Qatar	102 (53–175)	84 (44–144)	72 (37–123)	62 (32–107)	55 (29–94)
Abu Dhabi + Dubai	218 (113–373)	179 (93–307)	152 (79–261)	133 (69–227)	117 (61–201)

*LOS: length of stay; OECD: Organization for Economic Cooperation and Development

†The average length of stay of travelers from all non-Middle Eastern countries in the 4 source countries was estimated to be 6.7 d.