# New BeginningsSession Plan Template

**Topic** Click here to enter text **Date of Session** Click here to enter text

**Session Goals**

By the end of the session, participants will know/do:

Click here to enter text

**Stories** Click here to enter text

**Handouts** Click here to enter text

**Equipment Needed** Click here to enter text

**Discussions and Exercises**

|  |  |  |
| --- | --- | --- |
| Discussion Questions | Exercises | Key Points |
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**Homework** Click here to enter text

Please see other side.

## Session Summary

Number of participantsClick here to enter text

**List the parts of the session that worked well.**

Click here to enter text

**List the parts of the session that need improvement.**

Click here to enter text

**List participant questions or issues that need follow-up.**

Click here to enter text