

Older adult women participate in a water fitness class at a YMCA in Virginia.



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# C Resources

## Federal Government Agencies

Centers for Disease Control and Prevention  
National Center for Chronic Disease Prevention  
and Health Promotion (NCCDPHP)  
Division for Heart Disease and Stroke Prevention  
4770 Buford Highway, NE  
Atlanta, GA 30341  
Phone: 770-488-2424 Fax: 770-488-8151  
Web site: <http://www.cdc.gov/dhdsp>

*The Centers for Disease Control and Prevention (CDC) has established Heart Disease and Stroke Programs in 33 state departments of health across the nation. These state programs are committed to reducing the burden of heart disease and stroke by promoting heart-healthy and stroke-free working and living environments.*

*The CDC also funds (1) Paul Coverdell National Acute Stroke Registries to monitor and improve the quality of acute stroke care in four states; (2) WISEWOMAN, a program that currently exists in 14 states to help women with little or no health insurance gain access to screening and lifestyle interventions that can reduce their risk for heart disease and stroke; and (3) State Cardiovascular Health Examination Surveys, which collect state-level data on blood pressure, blood cholesterol, and other risk factors for heart disease and stroke in four states.*

*In addition, the Division for Heart Disease and Stroke Prevention at CDC performs extensive monitoring of recent trends in heart disease and stroke and conducts applied research to prevent heart disease and stroke.*

Centers for Medicare & Medicaid Services  
7500 Security Boulevard  
Baltimore, MD 21244  
Phone: 410-786-3000 Fax: 410-786-8060  
Web site: <http://www.cms.hhs.gov>

*The mission of the Centers for Medicare & Medicaid Services (CMS) is to ensure effective, up-to-date health care coverage and to promote quality care for beneficiaries.*

National Institute of Neurological Disorders and Stroke  
NINDS-NIH Neurological Institute  
P.O. Box 5801, Bethesda, MD 20824  
Phone: 800-352-9424 Fax: 301-402-2186  
Web site: <http://www.ninds.nih.gov>

*The goal of the National Institute of Neurological Disorders and Stroke (NINDS) is to reduce the burden of neurological disease—a burden borne by every age group, by every segment of society, and by people all over the world.*

Agency for Healthcare Research and Quality  
Center for Cost and Financing Studies  
2101 East Jefferson Street, Suite 500  
Rockville, MD 20852  
Phone: 301-594-1406 Fax: 301-594-2166  
Web site: <http://www.ahrq.gov>

*The Agency for Healthcare Research and Quality (AHRQ) was established in 1989 as the Agency for Health Care Policy and Research. Re-authorizing legislation passed in November 1999 established AHRQ as the lead federal agency on quality research. AHRQ, part of the U.S. Department of Health and Human Services, is the lead agency charged with supporting research designed to improve the quality of health care, reduce its cost, and broaden access to essential services. AHRQ's broad programs of research bring practical, science-based information to medical practitioners and to consumers and other health care purchasers.*

Office of Minority Health  
Centers for Disease Control and Prevention  
1600 Clifton Road, Mailstop E-67  
Atlanta, GA 30033  
Phone: 404-639-7210 Fax: 404-639-7171  
Web site: <http://www.cdc.gov/omh>

*The mission of the Office of Minority Health is to promote health and quality of life by preventing and controlling the disproportionate burden of disease, injury, and disability among racial and ethnic minority populations.*









**Michele L. Casper, PhD**, is an epidemiologist and acting team leader of the Small Area Analysis Team within the Division for Heart Disease and Stroke Prevention at the Centers for Disease Control and Prevention (CDC). Her research focuses primarily on the geographic, racial, and ethnic disparities in heart disease and stroke.

**Janet B. Croft, PhD**, is an epidemiologist and chief of the Epidemiology and Surveillance Branch within the Division for Heart Disease and Stroke Prevention at CDC. Her research focuses primarily on disparities in stroke, hypertension, and heart failure.

**David S. Nilasena, MD, MSPH**, is the chief medical officer for the Region VI Office of the Centers for Medicare & Medicaid Services. He has been actively involved in the agency's quality improvement efforts for heart disease and stroke, leading national work on these topics conducted through the Quality Improvement Organization program for the past 7 years.

**Isaac A. Nwaise, MA**, is a statistician and Geographic Information Systems (GIS) analyst with the Small Area Analysis Team within the Division for Heart Disease and Stroke Prevention at CDC. His research interests include health economics; GIS applications; and geographic, racial, and ethnic disparities in heart disease and stroke.

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