2000

Behavioral Risk Factor Surveillance System Questionnaire

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HELLO, I'm _____ calling for the _____ and the Centers for Disease Control and Prevention. We're gathering information on the health practices of _____ residents to guide state health policies. Your phone number has been chosen randomly, and we'd like to ask some questions about day-to-day living habits that may affect health.

Is this ?	If ''no"	Thank you very much, but I seem to have dialed the wrong number, It's possible that your number may be called at a later time. Stop
Is this a private residence?	If "no"	Thank you very much, but we are only interviewing private residences. Stop

We need to randomly select one adult who lives in your household to be interviewed. How many members of your household, including yourself, are 18 years of age or older? (62-63)

Number of adults

If "1" Are you the adult?

If "yes"	Then you are the person I need to speak with. Enter 1 man or 1 women below (Ask gender if necessary). Go to page 3
If ''no''	Is the adult a man or a woman? Enter 1 man or 1 women below. May I speak with [fill in (him/her) from previous question]? Go to "correct respondent" at bottom of page

How many of these adults are men and how many are women?

Numbe	er of men			(64)
Numb	er of women			(65)
	resently lives in this household ho presently lives in this house			
Who is the oldest woman who presently lives in this household? Who is the next oldest woman who presently lives in this household? Etc.				
The person in your household that I need to speak with is If ''you,'' go to page 2				
To correct respondent	HELLO, I'm	ctices of ou have been chosen ra ask some questions abo	residen indomly	ts to to be

We do not ask for your name, address, or other personal information that identifies you. The phone number is erased once we finish all interviews at the end of the year. There are no risks or benefits to you being in this survey. Taking part is up to you. You don't have to answer any question you don't want to, and you are free to end the interview at any time. The interview takes ______ minutes. All information you give us will be confidential. If you have any questions about this survey, I will provide a toll free telephone number for you to call to get more information.

Section 1: Health Status

	1.1.	Would you say that in general your health is:	(66)
		Please Read	
		a. Excellent	1
		b. Very good	2
		c. Good	3
		d. Fair or	4
		e. Poor	5
Do no read th		Don't know/Not Sure	7
respon		Refused	9

1.2. Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good? (67-68)

a. Number of days	
b. None	8 8
Don't know/Not sure	77
Refused	99

1.3. Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good? (69-70)

a. Number of days	
b. None If Q1.2 also "None," go to Q2.1 (p. 4)	8 8
Don't know/Not sure	77
Refused	99

1.4. During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation? (71-72)

a.	Number of days		
b.	None	8	8
	Don't know/Not sure	7	7
	Refused	9	9

Section 2: Health Care Access

2.1.	Do you have any kind of health care coverage, including health insurance, prepa HMOs, or government plans such as Medicare?	aid plans such as (73)
	a. Yes	1
	b. No Go to Q2.3a (p. 6)	2
	Don't know/Not sure Go to Q2.6 (p. 7)	7
	Refused Go to Q2.6 (p. 7)	9
2.2.	Medicare is a coverage plan for people 65 or over and for certain disabled peop Medicare?	ble. Do you have (74)
	a. Yes Go to Q2.6 (p.7)	1

b. No	2
Don't know/not sure	7
Refused	9

2.01	what type of neurin care coverage as you use to put for most of your mouten	(75-76)
	Is it coverage through: Coverage Code	
	Please Read	
	a. Your employer Go to Q2.4 (p.7)	01
	b. Someone else's employer Go to Q2.4 (p.7)	0 2
	c. A plan that you or someone else buys on your own Go to Q2.4 (p.7)	03
	d. Medicare Go to Q2.6 (p.7)	04
	e. Medicaid or Medical Assistance [or substitute state program name] Go to Q2.4 (p.7)	0 5
	 f. The military, CHAMPUS, TriCare, or the VA [or CHAMP-VA] Go to Q2.4 (p.7) 	06
	 g. The Indian Health Service [or the Alaska Native Health Service] Go to Q2.4 (p.7) or 	07
	h. Some other source Go to Q2.4 (p.7)	08
Do not	None Go to Q2.5 (p.7)	88
read these responses	Don't know/Not sure Go to Q2.4 (p.7)	77
	Refused Go to Q2.4 (p.7)	99

2.3. What type of health care coverage do you use to pay for most of your medical care? (75-76)

2.3a. There are some types of coverage you may not have considered. Please tell me if you have any of the following: (77-78)

	Coverage through: Coverage Code	
	Please Read	
lf more than one, ask	a. Your employer	01
"Which type	b. Someone else's employer	02
do you use to pay for most	c. A plan that you or someone else buys on your own	03
of your medical care?"	d. Medicare Go to Q2.6 (p. 7)	04
	e. Medicaid or Medical Assistance [or substitute state program name]	05
	 f. The military, CHAMPUS, TriCare, or the VA [or CHAMP-VA] 	06
	g. The Indian Health Service [or the Alaska Native Health Service]	07
	or h. Some other source	08
Do not	None Go to Q2.5 (p.7)	88
read these responses	Don't know/Not sure Go to Q2.6 (p.7)	77
	Refused Go to Q2.6 (p.7)	99

2.4.	During the past 12 months, was there any time that you did not have any h coverage?	ealth insurance (79)
	a. Yes Go to Q2.6	1
	b. No Go to Q2.6	2
	Don't know/Not sure Go to Q2.6	7
	Refused Go to Q2.6	9
2.5.	About how long has it been since you had health care coverage?	(80)
	Read Only if Necessary	
	a. Within the past 6 months (1 to 6 months ago)	1
	b. Within the past year (6 to 12 months ago)	2
	c. Within the past 2 years (1 to 2 years ago)	3
	d. Within the past 5 years (2 to 5 years ago)	4
	e. 5 or more years ago	5
	Don't know/Not sure	7
	Never	8
	Refused	9
2.6.	Was there a time during the last 12 months when you needed to see a doct	or, but could no

2.6. Was there a time during the last 12 months when you needed to see a doctor, but could not because of the cost? (81)

a.	Yes	1
b.	No	2
	Don't know/Not sure	7
	Refused	9

or

2.7. About how long has it been since you last visited a doctor for a routine checkup?

(82)

Read Only if Necessary

A routine checkup is a	a. Within the past year (1 to 12 months ago)	1
general phys- ical exam, not	b. Within the past 2 years (1 to 2 years ago)	2
an exam for a specific	c. Within the past 5 years (2 to 5 years ago)	3
injury, ill-	d. 5 or more years ago	4
ness, or con- dition	Don't know/Not sure	7
	Never	8
	Refused	9

Section 3: Asthma

3.1	Did a doctor ever tell you that you had asthma?	(83)
	a. Yes	1
	b. No Go to Q4.1 (p. 10)	2
	Don't know/Not sure Go to Q4.1 (p. 10)	7
	Refused Go to Q4.1 (p. 10)	9
3.2	Do you still have asthma?	(84)
	a. Yes	1
	b. No	2
	Don't know/Not sure	7
	Refused	9

Section 4: Diabetes

4.1.	Have you ever been told by a doctor that you have diabetes?	(85)
lf "Yes" and female, ask "Was this	a. Yes	1
only when	b. Yes, but female told only during pregnancy	2
you were pregnant?"	c. No	3
	Don't know/Not sure	7
	Refused	9

Section 5: Care Giving

5.1. There are situations where people provide regular care or assistance to a family member or friend who is elderly or has a long-term illness or disability. During the past month, did you provide any such care or assistance to a family member or friend who is 60 years of age or older? (86)

a.	Yes	1
b.	No	2
	Don't Know/Not Sure	7
	Refused	9

5.2. Who would you call to arrange short or long-term care in the home for an elderly relative or friend who was no longer able to care for themselves? (87-88)

Read Only if Necessary

a.	Relative or friend	01
b.	Would provide care myself	02
c.	Nursing home	03
d.	Home health service	04
e.	Personal physician	05
f.	Area Agency on Aging	06
g.	Hospice	07
h.	Hospital nurse	08
i.	Minister/priest/rabbi	09
j.	Other	10
k.	Don't know who to call	11
	Refused	99

Section 6: Exercise

The next few questions are about exercise, recreation, or physical activities other than your regular job duties.

6.1.	During the past month, did you participate in any physical activities or exercise, running, calisthenics, golf, gardening, or walking for exercise?	ercises such as (89)
	a. Yes	1
	b. No Go to Q7.1 (p. 15)	2
	Don't know/Not sure Go to Q7.1 (p. 15)	7
	Refused Go to Q7.1 (p. 15)	9

6.2. What type of physical activity or exercise did you spend the most time doing during the past month? (90-91)

Activity [specify]: See coding list A	
Refused Go to Q6.6 (p. 13)	99

Ask Q6.3 only if answer to Q6.2 is running, jogging, walking, or swimming. All others, go to Q6.4.

6.3.	How far did you usually walk/run/jog/swim?	(92-94)
See coding	Miles and tenths	·_
list B if response is	Don't know/Not sure	777
not in miles and tenths	Refused	999
6.4.	How many times per week or per month did you take part in this activity month?	during the past (95-97)
	a. Times per week	1
	b. Times per month	2
	Don't know/Not sure	777
	Refused	999

6.5. And when you took part in this activity, for how many minutes or hours did you usually keep at it? (98-100)

Hours and minutes	_:
Don't know/Not sure	777
Refused	999

6.6. Was there another physical activity or exercise that you participated in during the last month? (101)

a. Yes	1
b. No Go to Q7.1 (p. 15)	2
Don't know/Not sure Go to Q7.1 (p. 15)	7
Refused Go to Q7.1 (p. 15)	9

6.7. What other type of physical activity gave you the next most exercise during the past month? (102-103)

Activity [specify]:	
See coding list A	

Refused Go to Q7.1 (p. 15)

Ask Q6.8 only if answer to Q6.7 is running, jogging, walking, or swimming. All others go to Q6.9 (p.14).

6.8.	How far did you usually walk/run/jog/swim?	(104-106)
See coding list B if	Miles and tenths	·
response is not in miles	Don't know/Not sure	777
and tenths	Refused	999

99

6.9.	How many times per week or per month did you take part in this activity?	(107-109)
	a. Times per week	1
	b. Times per month	2
	Don't know/Not sure	777
	Refused	999

6.10. And when you took part in this activity, for how many minutes or hours did you usually keep at it? (110-112)

Hours and minutes	_:
Don't know/Not sure	777
Refused	999

Section 7: Tobacco Use

7.1.	Have you smoked at least 100 cigarettes in your entire life?	(113)
5 packs	a. Yes	1
= 100 cigarettes	b. No Go to Q8.1 (p. 17)	2
	Don't know/Not sure Go to Q8.1 (p. 17)	7
	Refused Go to Q8.1 (p. 17)	9
7.2.	Do you now smoke cigarettes everyday, some days, or not at all?	(114)
	a. Everyday	1
	b. Some days Go to Q7.3a	2
	c. Not at all Go to Q7.5 (p. 16)	3
	Refused Go to Q8.1 (p. 17)	9
7.3.	On the average, about how many cigarettes a day do you now smoke?	(115-116)
1 pack = 20	Number of cigarettes [76 = 76 or more] Go to Q7.4 (p. 16)	
cigarettes	Don't know/Not sure Go to Q7.4 (p. 16)	77
	Refused Go to Q7.4 (p. 16)	99
7.3a.	On the average, when you smoked during the past 30 days, about how many smoke a day?	y cigarettes did you (117-118)
1 pack = 20 cigarettes	Number of cigarettes [76 = 76 or more] Go to Q8.1 (p. 17)	<u> </u>
cigarettes	Don't know/Not sure Go to Q8.1 (p. 17)	77
	Refused Go to Q8.1 (p. 17)	99

7.4. During the past 12 months, have you quit smoking for 1 day or longer?

a. Yes Go to Q8.1 (p. 17)	1
b. No Go to Q8.1 (p. 17)	2
Don't know/Not sure Go to Q8.1 (p. 17)	7
Refused Go to Q8.1 (p. 17)	9

7.5. About how long has it been since you last smoked cigarettes regularly, that is, daily? (120-121)

Time code	
Read Only if Necessary	
a. Within the past month (0 to 1 month ago)	01
b. Within the past 3 months (1 to 3 months ago)	0 2
c. Within the past 6 months (3 to 6 months ago)	03
d. Within the past year (6 to 12 months ago)	04
e. Within the past 5 years (1 to 5 years ago)	05
f. Within the past 15 years (5 to 15 years ago)	06
g. 15 or more years ago	07
Don't know/Not sure	77
Never smoked regularly	88
Refused	99

(119)

Section 8: Fruits and Vegetables

These next questions are about the foods you usually eat or drink. Please tell me how often you eat or drink each one, for example, twice a week, three times a month, and so forth. Remember, I am only interested in the foods you eat. Include all foods you eat, both at home and away from home.

8.1.	How often do you drink fruit juices such as orange, grapefruit, or tomato?	(122-124)
	a. Per day	1
	b. Per week	2
	c. Per month	3
	d. Per year	4
	e. Never	555
	Don't know/Not sure	777
	Refused	999
8.2.	Not counting juice, how often do you eat fruit?	(125-127)
	a. Per day	1
	b. Per week	2
	c. Per month	3
	d. Per year	4
	e. Never	555
	Don't know/Not sure	777
	Refused	999

8.4. How often do you eat potatoes not including french fries, fried potatoes, or potato chips? (131-133)

		(151 155)
	a. Per day	1
	b. Per week	2
	c. Per month	3
	d. Per year	4
	e. Never	5 5 5
	Don't know/Not sure	777
	Refused	999
8.5.	How often do you eat carrots?	(134-136)
8.5.	How often do you eat carrots? a. Per day	(134-136)
8.5.		
8.5.	a. Per day	1
8.5.	a. Per dayb. Per week	1 2
8.5.	a. Per dayb. Per weekc. Per month	1 2 3
8.5.	a. Per dayb. Per weekc. Per monthd. Per year	1 2 3 4
8.5.	 a. Per day b. Per week c. Per month d. Per year e. Never 	1 2 3 4 5 5 5

18

19

		(137-139)
Example: A serving of	a. Per day	1
vegetables at both lunch	b. Per week	2
and dinner would be two	c. Per month	3
servings	d. Per year	4
	e. Never	555
	Don't know/Not sure	777
	Refused	999

8.6. Not counting carrots, potatoes, or salad, how many servings of vegetables do you usually eat? (137-139)

Section 9: Weight Control

	9.1.	Are you now trying to lose weight?	(140)
		a. Yes Go to Q. 9.3	1
		b. No	2
		Don't know/Not sure	7
		Refused	9
	9.2.	Are you now trying to maintain your current weight, that is to keep from gaining	g weight? (141)
		a. Yes	1
		b. No Go to Q. 9.5 (p. 21)	2
		Don't know/Not sure Go to 9.5 (p. 21)	7
		Refused Go to Q. 9.5 (p. 21)	9
	9.3.	Are you eating either fewer calories or less fat to	
		lose weight? [if "Yes" on Q. 9.1]	
		keep from gaining weight? [if "Yes" on Q. 9.2]	(142)
Probe	!	a. Yes, fewer calories	1
for which		b. Yes, less fat	2
		c. Yes, fewer calories and less fat	3
		d. No	4
		Don't know/Not sure	7
		Refused	9

	9.4.	Are you using physical activity or exercise to	
		lose weight? [if "Yes" on Q. 9.1]	
		keep from gaining weight? [if "Yes" on Q. 9.2]	(143)
		a. Yes	1
		b. No	2
		Don't know/Not sure	7
		Refused	9
	9.5.	In the past 12 months, has a doctor, nurse, or other health professional given yo your weight?	u advice about (144)
Probe			
Probe for which		your weight?	(144)
for		your weight? a. Yes, lose weight	(144) 1
for		your weight?a. Yes, lose weightb. Yes, gain weight	(144) 1 2
for		your weight?a. Yes, lose weightb. Yes, gain weightc. Yes, maintain current weight	(144) 1 2 3
for		 your weight? a. Yes, lose weight b. Yes, gain weight c. Yes, maintain current weight d. No 	 (144) 1 2 3 4

Section 10: Demographics

10.1.	What is your age?	(145-146)
	Code age in years	
	Don't know/Not sure	0 7
	Refused	09
10.2.	What is your race?	(147)
	Would you say: Please Read	
	a. White	1
	b. Black	2
	c. Asian, Pacific Islander	3
	d. American Indian, Alaska Native	4
	or e. Other: [specify]	5
Do not	Don't know/Not sure	7
read these responses	Refused	9
10.3.	Are you of Spanish or Hispanic origin?	(148)
	a. Yes	1
	b. No	2
	Don't know/Not sure	7
	Refused	9

10.4.	Are you:	(149)
	Please Read	
	a. Married	1
	b. Divorced	2
	c. Widowed	3
	d. Separated	4
	e. Never been married	5
	or f. A member of an unmarried couple	6
	Refused	9
10.5.	How many children live in your household who are	
	Please Read	
Code 1-9	a. less than 5 years old?	(150)
7 = 7 or more 8 = None	b. 5 through 12 years old?	(151)
9 = Refused	c. 13 through 17 years old?	(152)
10.6.	What is the highest grade or year of school you completed?	(153)
	Read Only if Necessary	(155)
	a. Never attended school or only attended kindergarten	1
	b. Grades 1 through 8 (Elementary)	2
	c. Grades 9 through 11 (Some high school)	3
	d. Grade 12 or GED (High school graduate)	4
	e. College 1 year to 3 years (Some college or technical school)	5
	f. College 4 years or more (College graduate)	6
	Refused	9

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10.7.	Are you currently:	(154)
	Please Read	
	a. Employed for wages	1
	b. Self-employed	2
	c. Out of work for more than 1 year	3
	d. Out of work for less than 1 year	4
	e. Homemaker	5
	f. Student	6
	g. Retired or	7
	h. Unable to work	8
	Refused	9
10.8.	Is your annual household income from all sources:	(155-156)
	Read as Appropriate	
lf res- pondent	a. Less than \$25,000 If ''no,'' ask e; if ''yes,'' ask b (\$20,000 to less than \$25,000)	04
refuses at any income	 b. Less than \$20,000 If "no," code a; if "yes," ask c (\$15,000 to less than \$20,000) 	03
level, code refused	 c. Less than \$15,000 If "no," code b; if "yes," ask d (\$10,000 to less than \$15,000) 	0 2
leiuseu	d. Less than \$10,000 If ''no,'' code c	0 1
	e. Less than \$35,000 If ''no,'' ask f (\$25,000 to less than \$35,000)	0 5
	f. Less than \$50,000 If ''no,'' ask g (\$35,000 to less than \$50,000)	0 6
	g. Less than \$75,000 If ''no,'' code h (\$50,000 to \$75,000)	0 7
	h. \$75,000 or more	0 8
Do not	Don't know/Not sure	77
read these responses	Refused	99

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10.9.	Have you ever served on active duty in the United States Armed Forces, either i military or in a National Guard or military reserve unit?	n the regular (157)
	a. Yes	1
	b. No Go to Q10.12	2
	Don't know/Not sure Go to Q10.12	7
	Refused Go to Q10.12	9
10.10.	Which of the following best describes your current military status?	(158)
	Are you: Please Read	
	a. Currently on active duty Go to Q10.12	1
	b. Currently in reserves Go to Q10.12	2
	c. No longer in military service	3
Do not read these	Don't know/Not sure Go to Q10.12	7
responses	Refused Go to Q10.12	9
10.11.	In the past 12 months have you received some or all of your health care from VA	A facilities? (159)
Probe for which	a. Yes, all of my health care	1
which	b. Yes, some of my health care	2
	c. No, no VA health care received	3
	Don't know/not sure	7
	Refused	9
10.12.	About how much do you weigh without shoes?	(160-162)
Round fractions	Weight	pounds
up	Don't know/Not sure	777
	Refused	999

10.13.	How much would you like to weigh?	(163-165)
	Weight	pounds
	Don't know/Not sure	777
	Refused	999
10.14.	About how tall are you without shoes?	(166-168)
Round fractions down	Height	/
down	Don't know/Not sure	777
	Refused	999
10.15.	What county do you live in?	(169-171)
	FIPS county code	
	Don't know/not sure	777
	Refused	999
10.16.	Do you have more than one telephone number in your household?	(172)
	a. Yes	1
	b. No Go to Q10.18 (p. 27)	2
	Refused Go to Q10.18 (p. 27)	9

10.17.	How many residential telephone numbers do you have?	(173)
Exclude ded- icated fax	Total telephone numbers [8 = 8 or more]	_
and computer lines	Refused	9
10.18.	Indicate sex of respondent. Ask Only if Necessary	(174)
	Male Go to Section 12: HIV/AIDS (p. 32)	1
	Female	2

Now I have some questions about other health services you may have received.

Section 11: Women's Health

11.1.	A mammogram is an x-ray of each breast to look for breast cancer. mammogram?	Have you ever had a (175)
	a. Yes	1
	b. No Go to Q11.4 (p. 29)	2
	Don't know/Not sure Go to Q11.4 (p. 29)	7
	Refused Go to Q11.4 (p. 29)	9
11.2.	How long has it been since you had your last mammogram?	(176)
	Read only if Necessary	
	a. Within the past year (1 to 12 months ago)	1
	b. Within the past 2 years (1 to 2 years ago)	2
	c. Within the past 3 years (2 to 3 years ago)	3
	d. Within the past 5 years (3 to 5 years ago)	4
	e. 5 or more years ago	5
	Don't know/Not sure	7
	Refused	9

11.3.	Was your last mammogram done as part of a routine checkup, because of a brother than cancer, or because you've already had breast cancer?	reast problem (177)
	a. Routine checkup	1
	b. Breast problem other than cancer	2
	c. Had breast cancer	3
	Don't know/Not sure	7
	Refused	9
11.4.	A clinical breast exam is when a doctor, nurse, or other health professional fee lumps. Have you ever had a clinical breast exam?	els the breast for (178)
	a. Yes	1
	b. No Go to Q11.7 (p. 30)	2
	Don't know/Not sure Go to Q11.7 (p. 30)	7
	Refused Go to Q11.7 (p. 30)	9
11.5.	How long has it been since your last breast exam?	(179)
	Read Only if Necessary	
	a. Within the past year (1 to 12 months ago)	1
	b. Within the past 2 years (1 to 2 years ago)	2
	c. Within the past 3 years (2 to 3 years ago)	3
	d. Within the past 5 years (3 to 5 years ago)	4
	e. 5 or more years ago	5
	Don't know/Not sure	7
	Refused	9

11.6.	Was your last breast exam done as part of a routine checkup, because of a breast than cancer, or because you've already had breast cancer?	problem other (180)
	a. Routine Checkup	1
	b. Breast problem other than cancer	2
	c. Had breast cancer	3
	Don't know/Not sure	7
	Refused	9
11.7.	A Pap smear is a test for cancer of the cervix. Have you ever had a Pap smear?	(181)
	a. Yes	1
	b. No Go to Q11.10 (p. 31)	2
	Don't know/Not sure Go to Q11.10 (p. 31)	7
	Refused Go to Q11.10 (p. 31)	9
11.8.	How long has it been since you had your last Pap smear?	(182)
	Read Only if Necessary	
	a. Within the past year (1 to 12 months ago)	1
	b. Within the past 2 years (1 to 2 years ago)	2
	c. Within the past 3 years (2 to 3 years ago)	3
	d. Within the past 5 years (3 to 5 years ago)	4
	e. 5 or more years ago	5
	Don't know/Not sure	7
	Refused	9

11.9.	Was your last Pap smear done as part of a routine exam, or to check a problem?	current or previous (183)
	a. Routine exam	1
	b. Check current or previous problem	2
	Other	3
	Don't know/Not sure	7
	Refused	9
11.10.	Have you had a hysterectomy?	(184)
A hystores	a. Yes Go to Section 12: HIV/AIDS (p. 32)	1
A hysterec- tomy is an	b. No	2
operation to remove the	Don't know/Not sure	7
uterus (womb)	Refused	9
	If respondent 45 years old or older, go to Section 12: HIV/AI	DS (p. 32)

11.11	To your knowledge, are you now pregnant?	(185)
	a. Yes	1
	b. No	2
	Don't know/Not sure	7
	Refused	9

Section 12: HIV/AIDS

If respondent is 65 years old or older, go to Closing Statement (p. 37).

The next few questions are about the national health problem of HIV, the virus that causes AIDS. Please remember that your answers are strictly confidential and that you don't have to answer every question if you don't want to.

12.	. If you had a child in school, at what grade do you think he or she should begi education in school about HIV infection and AIDS?	n receiving (186-187)
Code 01 through 12	a. Grade	
through 12	b. Kindergarten	5 5
	c. Never	8 8
	Don't know/Not sure	77
	Refused	99
12.2	If you had a teenager who was sexually active, would you encourage him or condom?	ner to use a (188)

a. Yes	1
b. No	2
Would give other advice	3
Don't know/Not sure	7
Refused	9

		(189)
	Would you say: Please Read	
	a. High	1
	b. Medium	2
	c. Low	3
	or d. None	4
Do not	Not applicable Go to Q12.7a (p. 34)	5
read these	Don't know/Not sure	7
responses	Refused	9
12.4.	Have you donated blood since March 1985?	(190)
	a. Yes	1
	b. No Go to Q12.6a (p. 34)	2
	Don't know/Not sure Go to Q12.6a (p. 34)	7
	Refused Go to Q12.6a (p. 34)	9
12.5.	Have you donated blood in the past 12 months?	(191)
	a. Yes	1
	b. No	2
	Don't know/Not sure	7
	Refused	9
12.6.	Except for tests you may have had as part of blood donations, have you ever b HIV?	een tested for (192)
Include saliva	a. Yes Go to Q12.7 (p. 34)	1
tests	b. No Go to Closing Statement (p. 37)	2
	Don't know/Not sure Go to Closing Statement (p. 37)	7

Refused Go to Closing Statement (p. 37)

(189)

9

12.6a.	Have you ever been tested for HIV?	(193)
Include saliva	a. Yes Go to Q12.7a	1
tests	b. No Go to Closing Statement (p. 37)	2
	Don't know/Not sure Go to Closing Statement (p. 37)	7
	Refused Go to Closing Statement (p. 37)	9
12.7.	Not including your blood donations, have you been tested for HIV in the past	12 months? (194)
Include saliva	a. Yes Go to Q12.8 (p. 35)	1
tests	b. No Go to Closing Statement (p. 37)	2
	Don't know/Not sure Go to Closing Statement (p. 37)	7
	Refused Go to Closing Statement (p. 37)	9
12.7a.	Have you been tested for HIV in the past 12 months?	(195)
Include saliva	a. Yes	1
tests	b. No Go to Closing Statement (p. 37)	2
	Don't know/Not sure Go to Closing Statement (p. 37)	7
	Refused Go to Closing Statement (p. 37)	9

12.8.	What was the main reason you had your last test for HIV?	
12.0.	what was the main reason you had your last test for the v.	(196-197)
	Reason code	
	Read Only if Necessary	
	a. For hospitalization or surgical procedure	0 1
	b. To apply for health insurance	0 2
	c. To apply for life insurance	03
	d. For employment	04
	e. To apply for a marriage license	0 5
	f. For military induction or military service	0 6
	g. For immigration	0 7
	h. Just to find out if you were infected	08
	i. Because of referral by a doctor	09
	j. Because of pregnancy	10
	k. Referred by your sex partner	11
	 Because it was part of a blood donation process Go to Closing Statement (p. 37) 	12
	m. For routine check-up	13
	n. Because of occupational exposure	14
	o. Because of illness	15
	p. Because I am at risk for HIV	16
	q. Other	8 7
	Don't know/Not sure	77
	Refused	99

12.9.	Where did you have your last test for HIV?	(198-199)
	Facility Code	
	Read Only if Necessary	
	a. Private doctor, HMO	0 1
	b. Blood bank, plasma center, Red Cross	0 2
	c. Health department	03
	d. AIDS clinic, counseling, testing site	04
	e. Hospital, emergency room, outpatient clinic	0 5
	f. Family planning clinic	0 6
	g. Prenatal clinic, obstetrician's office	0 7
	h. Tuberculosis clinic	0 8
	i. STD clinic	0 9
	j. Community health clinic	1 0
	k. Clinic run by employer	11
	1. Insurance company clinic	12
	m. Other public clinic	13
	n. Drug treatment facility	14
	o. Military induction or military service site	15
	p. Immigration site	16
	q. At home, home visit by nurse or health worker	17
	r. At home using self-sampling kit	18
	s. In jail or prison	19
	t. Other	87
	Don't know/Not sure	77
	Refused	99

12.10.	Did you receive the results of your last test?	(200)
	a. Yes	1
	b. No Go to Closing Statement	2
	Don't know/Not sure Go to Closing Statement	7
	Refused Go to Closing Statement	9
12.11.	Did you receive counseling or talk with a health care professional abo	out the results of your test? (201)
	a. Yes	1

a.	Yes	1
b.	No	2
	Don't know/Not sure	7
	Refused	9

Closing Statement

That's my last question. Everyone's answers will be combined to give us information about the health practices of people in this state. Thank you very much for your time and cooperation.

OR

Transition to Modules and/or State-added Questions

Finally, I have just a few questions left about some other health topics.

Activity List for Common Leisure Activities Coding List A

Code Description

- 01. Aerobics class
- 02. Backpacking
- 03. Badminton
- 04. Basketball
- 05. Bicycling for pleasure
- 06. Boating (canoeing, rowing, sailing for pleasure or camping)
- 07. Bowling
- 08. Boxing
- 09. Calisthenics
- 10. Canoeing/rowing in competition
- 11. Carpentry
- 12. Dancing-aerobics/ballet
- 13. Fishing from river bank or boat 14. Gardening (spading, weeding,
 - digging, filling)
- 15. Golf
- 16. Handball
- 17. Health club exercise
- 18. Hiking cross-country
- 19. Home exercise
- 20. Horseback riding
- 21. Hunting large game deer, elk
- 22. Jogging
- 23. Judo/karate
- 24. Mountain climbing
- 25. Mowing lawn
- 26. Paddleball
- 27. Painting/papering house

- 28. Racketball
- 29. Raking lawn
- 30. Running
- 31. Rope skipping
- 32. Scuba diving
- 33. Skating ice or roller
- 34. Sledding, tobogganing
- 35. Snorkeling
- 36. Snowshoeing
- 37. Snow shoveling by hand
- 38. Snow blowing
- 39. Snow skiing
- 40. Soccer
- 41. Softball
- 42. Squash
- 43. Stair climbing
- 44. Stream fishing in waders
- 45. Surfing
- 46. Swimming laps
- 47. Table tennis
- 48. Tennis
- 49. Touch football
- 50. Volleyball
- 51. Walking
- 52. Waterskiing
- 53. Weight lifting
- 54. Other_
- 55. Bicycling machine exercise
- 56. Rowing machine exercise

Coding List B

Lap Swimming

Size pool/Laps (1 lap = 2 lengths)

 $\frac{50 \text{ ft. pool}}{5 \text{ laps (10 lengths)}} = .1 \text{ mile}$ $\frac{100 \text{ ft. pool}}{2\frac{1}{2} \text{ laps (5 lengths)}} = .1 \text{ mile}$ $\frac{50 \text{ meter pool}}{1\frac{1}{2} \text{ laps (3 lengths)}} = .1 \text{ mile}$

Running/Jogging/Walking

1/2 mile = .5 mile 1/4 mile = .3 mile 1/8 mile = .1 mile 1 block = .1 mile

Module 1: Diabetes

1.	How old were you when you were told you have diabetes?	(202-203)
	Code age in years [97 = 97 and older]	
	Don't know/Not sure	98
	Refused	99
2.	Are you now taking insulin?	(204)
	a. Yes	1
	b. No	2
	Refused	9
3.	Are you now taking diabetes pills?	(205)
	a. Yes	1
	b. No	2
	Don't know/Not sure	7
	Refused	9

4. About how often do you check your blood for glucose or sugar? Include times when checked by a family member or friend, but do not include times when checked by a health professional. (206-208)

a. Times per day	1
b. Times per week	2
c. Times per month	3
d. Times per year	4
e. Never	888
Don't know/Not sure	777
Refused	999

5. About how often do you check your feet for any sores or irritations? Include times when checked by a family member or friend, but do not include times when checked by a health professional. (209-211)

a. Times per day	1
b. Times per week	2
c. Times per month	3
d. Times per year	4
e. Never	8 8 8
f. No feet	555
Don't know/Not sure	777
Refused	999

6. Have you ever had any sores or irritations on your feet that took more than four weeks to heal? (212)

a. Yes	1
b. No	2
Don't know/Not sure	7
Refused	9

7. About how many times in the past 12 months have you seen a doctor, nurse, or other health professional for your diabetes? (213-214)

a. Number of times	
b. None	8 8
Don't know/Not sure	77
Refused	99

8.	8. A test for hemoglobin "A one C" measures the average level of blood sugar over the past thr months. About how many times in the past 12 months has a doctor, nurse, or other health professional checked you for hemoglobin "A one C"? (215-216)	
	a. Number of times [76 = 76 or more]	
	b. None	88
	c. Never heard of hemoglobin "A one C" test	98
	Don't know/Not sure	77
	Refused	99

If "no feet" to	Q5, go to Q10
-----------------	---------------

9.	9. About how many times in the past 12 months has a health professional checked your fee any sores or irritations? (217-2	
	a. Number of times	
	b. None	88
	Don't know/Not sure	77
	Refused	99

10. When was the last time you had an eye exam in which the pupils were dilated? This would have made you temporarily sensitive to bright light. (219)

Read Only if Necessary	
a. Within the past month (0 to 1 month ago)	1
b. Within the past year (1 to 12 months ago)	2
c. Within the past 2 years (1 to 2 years ago)	3
d. 2 or more years ago	4
e. Never	8
Don't know/Not sure	7
Refused	9

11.	Has a doctor ever told you that diabetes has affected your eyes or that you had re	tinopath (220)
	a. Yes	1
	b. No	2
	Don't know/Not sure	7
	Refused	9
12.	Have you ever taken a course or class in how to manage your diabetes yourself?	(221)
	a. Yes	1
	b. No	2
	Don't know/Not sure	7
	Refused	9

If respondent 50 years old or older, go to next module.

These next few questions are about your personal sexual behavior, and I want to remind you that your answers are confidential.

1.	During the past twelve months, with how many people have you had sexual	l intercourse? (222-223)
	a. Number [76 = 76 or more]	
	b. None Go to Next Module	8 8
	Don't know/Not sure	77
	Refused	99
2.	Was a condom used the last time you had sexual intercourse?	(224)
	a. Yes	1
	b. No Go to Q4	2
	Don't know/Not sure Go to Q4	7
	Refused Go to Q4	9
3.	The last time you had sexual intercourse, was the condom used	(225)
	Please Read	
	a. To prevent pregnancy	1
	b. To prevent diseases like syphilis, gonorrhea, and AIDS	2
	c. For both of these reasons	3
	d. For some other reason	4
Do not read these	Don't know/Not sure	7
read these	Refused	9

4.	Some people use condoms to keep from getting infected with HIV through sexu How effective do you think a properly used condom is for this purpose?	ual activity. (226)
	Would you say: Please Read	
	a. Very effective	1
	b. Somewhat effective	2
	or c. Not at all effective	3
- .	Don't know how effective	4
Do not read these	Don't know method	5
responses	Refused	9
5. A new sex	How many new sex partners did you have during the past twelve months?	(227-228)
partner is someone	a. Number [76 = 76 or more]	
the respon- dent had sex	b. None	8 8
with for the	Don't know/Not sure	77
first time in the past 12 months	Refused	99

6.	I'm going to read you a list. When I'm done, please tell me if any of the situations apply to yo You Don't need to tell me which one.					
	You have used intravenous drugs in the past year					
You have been treated for a sexually transmitted or venereal disease in the past year						
You tested positive for having HIV, the virus that causes AIDS						
	You had anal sex without a condom in the past year					
	(229)					
	a. Yes	1				
	b. No	2				
	Don't know/Not sure	7				
Refused 9						
7.	In the past five years, have you been treated for a sexually transmitted	or venereal disease? (230)				
	a. Yes	1				

a.	Yes	1
b.	No Go to Q9	2
	Don't know/Not sure Go to Q9	7
	Refused Go to Q9	9
Were	e you treated at a health department STD clinic?	(231)
a.	Yes	1
b.	No	2
	Don't know/Not sure	7
	Refused	9

8.

9.	Due to what you know about HIV, have you changed your sexual behavior in the past 12 months? (232)			
	a. Yes	1		
	b. No Go to Next Module	2		

Don't know/Not sure Go to Next Module	7
Refused Go to Next Module	9

10. Did you make any of the following changes in the past 12 months?

lf room on	Plea	se Read	Yes	<u>No</u>	<u>Dk/Ns</u>	<u>NA</u>	<u>Ref</u>	
If respon- dent says "abstinent," ask "Are you abstinent now?" If "no," read b and c. If "yes," do not read b and c and code b and c 8	a.	Did you decrease the number your sexual partners or become abstinent?	1	2	7		9	(233)
	b.	Do you now have sexual intercourse with only the same partner?	1	2	7	8	9	(234)
	c.	Do you now always use condoms for protection?	1	2	7	8	9	(235)

Module 3: Family Planning

If respondent is male or age 45 years old or older, go to next module.

The next few questions ask about pregnancy and ways to prevent pregnancy.

If pregnant now ("Yes" to core Q10.11), go to Q2a.					
1. Have you been pregnant in the last 5 years? (236)					
a. Yes	1				
b. No Go to Q3	2				
Don't know/Not sure Go to Q3	7				
Refused Go to Q3	9				
2. Thinking back to your last pregnancy, just before you got pregnant, how did yo becoming pregnant?	ou feel about (237)				
Would you say: Please Read					
a. You wanted to be pregnant sooner Go to Q3	1				
b. You wanted to be pregnant later Go to Q3	2				
c. You wanted to be pregnant then Go to Q3	3				
d. You didn't want to be pregnant then or at anytime in the future Go to Q3 or	4				
e. You don't know Go to Q3	7				
not read Refused Go to Q3	9				

2a. Thinking back to just before you got pregnant with your current pregnancy, how did you feel about becoming pregnant? (238)

Would you say: Please Read

Do not read

a. You wanted to be pregnant sooner	1
b. You wanted to be pregnant later	2
c. You wanted to be pregnant then	3
d. You didn't want to be pregnant then or at any time in the future or	4
e. You don't know	7
Refused	9

If respondent had hysterectomy ("Yes" to core Q11.10) or is pregnant now ("Yes" to core Q11.11), go to Q6. If respondent has no sex partners ("None" to Q1 in Sexual Behavior module), go to Q6.

3. Are you or your **[fill in (husband/partner) from core Q10.4]** using any kind of birth control now? Birth control means having your tubes tied, vasectomy, the pill, condoms, diaphragm, foam, rhythm, Norplant, shots (Depo-provera) or any other way to keep from getting pregnant.

(239)

a.	Yes	1
b.	No Go to Q5	2
c.	Not sexually active Go to Q6	3
	Don't know/Not sure Go to Q6	7
	Refused Go to Q6	9

What kinds of birth control are you or your **[fill in (husband/partner) from core Q10.4]** using (240-241) 4.

Kind Code	
Read Only if Necessary	
a. Tubes tied (sterilization) Go to Q6	01
b. Vasectomy (sterilization) Go to Q6	02
c. Pill Go to Q6	03
d. Condoms Go to Q6	04
e. Foam, jelly, cream Go to Q6	0 5
f. Diaphragm Go to Q6	06
g. Norplant Go to Q6	07
h. Shots (Depo-Provera) Go to Q6	08
i. Withdrawal Go to Q6	09
j. Other [specify] Go to Q6	87
Don't know/Not sure Go to Q6	77
Refused Go to Q6	99
	 Read Only if Necessary a. Tubes tied (sterilization) Go to Q6 b. Vasectomy (sterilization) Go to Q6 c. Pill Go to Q6 d. Condoms Go to Q6 e. Foam, jelly, cream Go to Q6 f. Diaphragm Go to Q6 g. Norplant Go to Q6 h. Shots (Depo-Provera) Go to Q6 i. Withdrawal Go to Q6 j. Other [specify] Go to Q6 Don't know/Not sure Go to Q6

lf m one othe spe met

5. What are your reasons for not using any birth control now?		
		(242-243)
	Reason Code	
	Read Only if Necessary	
If more than	a. I am not having sex	0 1
one, code other and specify each method code	b. I want to get pregnant	0 2
		03
	d. My husband or partner doesn't want to use birth control	04
	e. I don't think I can get pregnant	0 5
	f. I can't pay for birth control	0 6
	g. Other [specify]	87
	Don't know/Not sure	77
	Refused	99

Where is your usual source of services for female health concerns, such as family planning, annual exams, breast exams, tests for sexually transmitted diseases, and other female health concerns? 6. (244)

Would you say: Please Read

a.	A family planning clinic [Example: a Planned Parenthood clinic] Go to Q8	1
b.	A health department clinic	2
c.	A community health center	3
d.	A private gynecologist	4
	A general or family physician or Some other kind of place	5 8
Do not	Don't know/not sure	7
read these responses	Refused	9

7.	Have you ever used the services at a family planning clinic?	(245)
Example:	a. Yes	1
a Planned Parenthood	b. No Go to Next Module	2
clinic	Don't know/not sure Go to Next Module	7
	Refused Go to Next Module	9
8.	How long has it been since you used the services at a family planning clinic?	(246)
	Read Only if Necessary	
	a. Within the past year (1 to 12 months ago)	1
	b. Within the past 2 years (1 to 2 years ago)	2
	c. Within the past 3 years (2 to 3 years ago)	3
	d. Within the past 5 years (3 to 5 years ago)	4
	e. 5 or more years ago	5
	Don't know/Not sure	7
	Refused	9

Module 4: Health Care Coverage and Utilization

To be asked following core Q2.3a if response is "none"	
1. What is the main reason you are without health care coverage?	(247-248)
Reason Code	
Read Only if Necessary	
a. Lost job or changed employers Go to core Q2.5	01
b. Spouse or parent lost job or changed employers [includes any person who had been providing insurance prior to job loss or change] Go to core Q2.5	0 2
c. Became divorced or separated Go to core Q2.5	03
d. Spouse or parent died Go to core Q2.5	04
e. Became ineligible because of age or because left school Go to core Q2.5	0 5
f. Employer doesn't offer or stopped offering coverage Go to core Q2.5	06
g. Cut back to part time or became temporary employee Go to core Q2.5	0 7
h. Benefits from employer or former employer ran out Go to core Q2.5	08
i. Couldn't afford to pay the premiums Go to core Q2.5	09
j. Insurance company refused coverage Go to core Q2.5	10
k. Lost Medicaid or Medical Assistance eligibility Go to core Q2.5	11
1. Other Go to core Q2.5	87
Don't know/Not sure Go to core Q2.5	77
Refused Go to core Q2.5	99

To be asked following core Q2.4 if response is "yes."

1a. What was the main reason you were without health care coverage during the past 12 months? (249-250)

Read Only if Necessary

Reason Code

a.	Lost job or changed employers Go to core Q2.6	01
b.	Spouse or parent lost job or changed employers [includes any person who had been providing insurance prior to job loss or change]	
	Go to core Q2.6	02
c.	Became divorced or separated Go to core Q2.6	03
d.	Spouse or parent died Go to core Q2.6	04
e.	Became ineligible because of age or because left school Go to core Q2.6	05
f.	Employer doesn't offer or stopped offering coverage Go to core Q2.6	06
g.	Cut back to part time or became temporary employee Go to core Q2.6	07
h.	Benefits from employer or former employer ran out Go to core Q2.6	08
i.	Couldn't afford to pay the premiums Go to core Q2.6	09
j.	Insurance company refused coverage Go to core Q2.6	10
k.	Lost Medicaid or Medical Assistance eligibility Go to core Q2.6	11
1.	Other Go to core Q2.6	87
	Don't know/Not sure Go to core Q2.6	77
	Refused Go to core Q2.6	99

_ ____

2.	Is there one particular clinic, health center, doctor's office, or other place that	you usually go to if
	you are sick or need advice about your health?	(251)

If "no," ask "Is there <u>more</u> <u>than one</u> or is there <u>no</u> place you usually	a. Yes Go to Q4	1
	b. More than one place	2
	c. No Go to Next Module	3
go to?"	Don't know/Not sure Go to Next Module	7
	Refused Go to Next Module	9

3. Is there one of these places that you go to most often when you are sick or need advice about your health? (252)

	a. Yes	1
	b. No Go to Q5	2
	Don't know/Not sure Go to Q5	7
	Refused Go to Q5	9
4.	What kind of place is it?	(253)
	Would you say: Please Read	
	a. A doctor's office or HMO	1
	b. A clinic or health center	2
	c. A hospital outpatient department	3
	d. A hospital emergency room	4
	e. An urgent care center	5
	or f. Some other kind of place	8
Do not	Don't know/Not sure	7
read these responses	Refused	9

5. Do you have one person you think of as your personal doctor or health care provider? (254)

lf "no," ask	a. Yes, only one	1
"Is there <u>more</u> <u>than one</u> or is	b. More than one	2
there <u>no</u> usual doctor who you	c. No	3
go to?"	Don't know/Not sure	7
	Refused	9

7

9

If Health Care Coverage and Utilization Module used, go to Q21. Do you have one person you think of as your personal doctor or health care provider?

Module 5: Health Care Satisfaction

1. D0	you have one person you mink of as your personal doctor of health care	(254)
lf "no," ask	a. Yes, only one	1
"Is there <u>more</u> <u>than one</u> or is	b. More than one	2
there <u>no</u> usual doctor who you	c. No	3
go to?"	Don't know/Not sure	7
	Refused	9
2. In t	he last 12 months, how many times did you go to an emergency room to	get care for yourself? (255-256)
Do not include stand-alone	a. Number of times	
urgent care centers	b. None	8 8
Centers	Don't know/Not sure	77
	Refused	99
	he last 12 months, [fill in ''not counting times you went to an emerger , how many times did you go to a doctor's office or clinic to get care for	
Wo	uld you say: Please Read	
	a. None Go to Next Module	8
	b. Once	1
	c. Twice	2
	d. 3 times	3
	e. 4 times	4
	f. 5 to 9 times	5
	or g. 10 or more times	6

Don't know/Not Sure Refused

In the last 12 months, how often did doctors or other health providers listen carefully to you? 4. (258)

	· · · · · · · · · · · · · · · · · · ·	
	a. Never	1
	b. Sometimes	2
	c. Usually or	3
	d. Always	4
Do not read these	Don't know/Not Sure	7
responses	Refused	9

In the last 12 months, how often did doctors or other health providers explain things in a way you 5. could understand? (259)

Would you s	ay: Please Read
-------------	-----------------

Would you say: Please Read

Would you say: Please Read

	a. Never	1
	b. Sometimes	2
	c. Usually or	3
	d. Always	4
Do not read these	Don't know/Not Sure	7
responses	Refused	9

In the last 12 months, how often did doctors or other health providers show respect for what you 6. had to say? (260)

	a. Never	1
	b. Sometimes	2
	c. Usually or	3
	d. Always	4
Do not read these	Don't know/Not Sure	7
responses	Refused	9

7. In the last 12 months, how often did doctors or other health providers spend enough time with you? (261)

Would you say: Please Read

	a. Never	1
	b. Sometimes	2
	c. Usually	3
	or d. Always	4
Do not read these	Don't know/Not Sure	7
responses	Refused	9

We want to know your rating of all your health care in the last 12 months from all doctors and 8. other health providers. Use any number from 1 to 5 where 1 is the worst health care possible, and 5 the best health care possible. How would you rate all your health care? (262)

a.	1 Worst health care possible	1
b.	2	2
c.	3	3
d.	4	4
e.	5 Best health care possible	5
	Don't know/Not Sure	7
	Refused	9

Module 6: Oral Health

1. How long has it been since you last visited a dentist or a dental clinic for any reason? (263)

Read only if necessary

2. How many of your permanent teeth have been removed because of tooth decay or gum disease? Do not include teeth lost for other reasons, such as injury or orthodontics. (264)

Include teeth lost due to	a. 1 to 5	1
"infection"	b. 6 or more but not all	2
	c. All	3
	d. None	8
	Don't know/Not sure	7
	Refused	9

If "never" to Q1 or "all" to Q2, go to 4.	
How long has it been since you had your teeth cleaned by a dentist or dental hygienist	
Read only if necessary	
a. Within the past year (1 to 12 months ago)	1
b. Within the past 2 years (1 to 2 years ago)	2
c. Within the past 5 years (2 to 5 years ago)	3
d. 5 or more years ago	4
Don't know/Not sure	7
Never	8
Refused	9

3.

	If "within the past year," to Q1 or Q3, go to Q5.	
4.	What is the main reason you have not visited the dentist in the last year?	(266-267)
	Reason code	
	Read Only if Necessary	
	a. Fear, apprehension, nervousness, pain, dislike going	0 1
	b. Cost	0 2
	c. Do not have/know a dentist	03
	d. Cannot get to the office/clinic (too far away, no transportation, no appointments available)	0 4
	e. No reason to go (no problems, no teeth)	0 5
	f. Other priorities	0 6
	g. Have not thought of it	07
	h. Other	08
	Don't know/Not sure	77
	Refused	99

5. Do you have any kind of insurance coverage that pays for some or all of your routine dental care, including dental insurance, prepaid plans such as HMOs, or government plans such as Medicaid? (268)

a.	Yes	1
b.	No	2
	Don't know/Not sure	7
	Refused	9

Module 7: Hypertension Awareness

1.	About how long has it been since you last had your blood pressure taken by a doct other health professional?	tor, nurse, or (269)
	Read Only if Necessary	
	a. Within the past 6 months (1 to 6 months ago)	1
	b. Within the past year (6 to 12 months ago)	2
	c. Within the past 2 years (1 to 2 years ago)	3
	d. Within the past 5 years (2 to 5 years ago)	4
	e. 5 or more years ago	5
	Don't know/Not sure	7
	Never Go to Next Module	8
	Refused	9

Have you ever been told by a doctor, nurse, or other health professional that you have high blood 2. (270)pressure?

a. Y	Y es	1
b. N	To Go to Next Module	2
D	Oon't know/Not sure Go to Next Module	7
R	efused Go to Next Module	9

Have you been told on more than one occasion that your blood pressure was high, or have you 3. been told this only once? (271)

a. More than once	1
b. Only once	2
Don't know/Not sure	7
Refused	9

Module 8: Cholesterol Awareness

1.	Blood cholesterol is a fatty substance found in the blood. Have you ever had your blo cholesterol checked?		
	a. Yes	1	
	b. No Go to Next Module	2	
	Don't know/Not sure Go to Next Module	7	
	Refused Go to Next Module	9	
2.	About how long has it been since you last had your blood cholesterol checked?	(273)	
	Read Only if Necessary	1	
	a. Within the past year (1 to 12 months ago)	1	
	b. Within the past 2 years (1 to 2 years ago)	2	
	c. Within the past 5 years (2 to 5 years ago)	3	
	d. 5 or more years ago	4	
	Don't know/Not sure	7	
	Refused	9	

3. Have you ever been told by a doctor or other health professional that your blood cholesterol is high? (274)

a. Yes	1
b. No	2
Don't know/Not sure	7
Refused	9

Module 9: Colorectal Cancer Screening

	If respondent 40 years or older, continue with this module. Otherwise, go	to next module.
1.	A blood stool test is a test that may use a special kit at home to determine who contains blood. Have you ever had this test using a home kit?	ether the stool (275)
	a. Yes	1
	b. No Go to Q3	2
	Don't know/Not sure Go to Q3	7
	Refused Go to Q3	9
2.	When did you have your last blood stool test using a home kit?	(276)
	Read Only if Necessary	
	a. Within the past year (1 to 12 months ago)	1
	b. Within the past 2 years (1 to 2 years ago)	2
	c. Within the past 5 years (2 to 5 years ago)	3
	d. 5 or more years ago	4
	Don't know/Not sure	7
	Refused	9
3.	A sigmoidoscopy or colonoscopy is when a tube is inserted in the rectum to visigns of cancer and other health problems. Have you ever had this exam?	iew the bowel for (277)
	a. Yes	1
	b. No Go to Next Module	2

Refused	Go to Next Module	9

Don't know/Not sure **Go to Next Module**

4.	When did you have your last sigmoidoscopy or colonoscopy?	(278)
	Read Only if Necessary	
	a. Within the past year (1 to 12 months ago)	1
	b. Within the past 2 years (1 to 2 years ago)	2
	c. Within the past 5 years (2 to 5 years ago)	3
	d. 5 or more years ago	4
	Don't know/Not sure	7
	Refused	9

Module 10: Immunization

1.	During the past 12 months, have you had a flu shot?	(279)
	a. Yes	1
	b. No	2
	Don't know/Not sure	7
	Refused	9
2.	Have you ever had a pneumonia vaccination?	(280)
	a. Yes	1
	b. No	2
	Don't know/Not sure	7
		0
	Refused	9

Module 11: Injury Control

		If core Q10.5a, b, and c are all "None," go to Q3	
. .	1.	What is the age of the oldest child in your household under the age of 16?	(281-282)
Code <1 yr.		a. Code age in years	
as "01"		b. No children under age 16 Go to Q3	8 8
		Don't know/Not sure Go to Q3	77
		Refused Go to Q3	99

If oldest child 5 years or older, continue with Q2. Otherwise, go to Q3.

2. During the past year, how often has the **[fill in age from Q1]**-year-old child worn a bicycle helmet when riding a bicycle? (283)

Would you say: Please Read

Do not read these responses

a.	Always	1
b	. Nearly Always	2
c.	Sometimes	3
d	. Seldom	4
e.	or Never	5
	Don't know/Not sure	7
	Never rides a bicycle	8
	Refused	9

3. When was the last time you or someone else deliberately tested all of the smoke detectors in your home? (284)

Read Only if Necessary

a.	Within the past month (0 to 1 month ago)	1
b.	Within the past 6 months (1 to 6 months ago)	2
c.	Within the past year (6 to 12 months ago)	3
d.	One or more years ago	4
e.	Never	5
f.	No smoke detectors in home	6
	Don't know/Not sure	7
	Refused	9

Module 12: Alcohol Consumption

1.	During the past month, have you had at least one drink of any alcoholic wine, wine coolers, or liquor?	beverage such as beer, (285)
	a. Yes	1
	b. No Go to Next Module	2
	Don't know/Not sure Go to Next Module	7
	Refused Go to Next Module	9
2.	During the past month, how many days per week or per month did you debeverages, on the average?	rink any alcoholic (286-288)
	a. Days per week	1
	b. Days per month	2
	Don't know/Not sure Go to Q4	777
	Refused Go to Q4	999

3. A drink is 1 can or bottle of beer, 1 glass of wine, 1 can or bottle of wine cooler, 1 cocktail, or 1 shot of liquor. On the days when you drank, about how many drinks did you drink on the average? (289-290)

Number of drinks	<u> </u>
Don't know/Not sure	77
Refused	99

4. Considering all types of alcoholic beverages, how many times during the past month did you have 5 or more drinks on an occasion? (291-292)

a.	Number of times		
b.	None	8	8
	Don't know/Not sure	7	7
	Refused	9	9

5. During the past month, how many times have you driven when you've had perhaps too much to drink? (293-294)

a.	Number of times		
b.	None	8	8
	Don't know/Not sure	7	7
	Refused	9	9

Module 13: Cardiovascular Disease

1. To lower your risk of developing heart disease or stroke, has a doctor advised you to...

	Please Read	Yes	<u>No</u>	<u>Dk/Ns</u>	<u>Ref</u>	
	a. Eat fewer high fat or high cholesterol foods	1	2	7	9	(295)
	b. Exercise more (296)		1	2	7	9
2.	To lower your risk of developing heart disease or stroke, a	are you?				
	Please Read	Yes	<u>No</u>	<u>Dk/Ns</u>	Ref	
	a. Eating fewer high fat or high cholesterol foods?	1	2	7	9	(297)
	b. Exercising more?	1	2	7	9	(298)
3.	Has a doctor ever told you that you had any of the followi	ng?				
	Please Read	Yes	<u>No</u>	<u>Dk/Ns</u>	<u>Ref</u>	

I Icase Reau	105	110	DK/115	Kei	
a. Heart attack or myocardial infarction	1	2	7	9	(299)
b. Angina or coronary heart disease	1	2	7	9	(300)
c. Stroke	1	2	7	9	(301)

If respondent 35 years old or older continue with Q4. Otherwise, go to next module.

4.	Do you take aspirin daily or every other day?	(302)
	a. Yes Go to Q6	1
	b. No	2
	Don't know/Not sure	7
	Refused	9

5. Do you have a health problem or condition that makes taking aspirin unsafe for you? (303)

lf yes, ask "Is this a	a. Yes, not stomach related Go to Q7	1
stomach con- dition?"	b. Yes, stomach problems Go to Q7	2
Code upset	c. No Go to Q7	3
stomachs as stomach	Don't know/Not sure Go to Q7	7
problems	Refused Go to Q7	9

6. Why do you take aspirin?

Probe for which

Please Read	Yes	<u>No</u>	<u>Dk/Ns</u>	<u>Ref</u>	
a. To relieve pain	1	2	7	9	(304)
b. To reduce the chance of a heart attack	1	2	7	9	(305)
c. To reduce the chance of a stroke	1	2	7	9	(306)

If respondent is male or is pregnant ("Yes" to core Q11.11), go to next module.

The next few questions are about menopause, or what some women refer to as the "change of life."

If respondent had hysterectomy ("Yes" to core Q11.10) or if respondent is age 65 or older	, go to
Q8.	_

7.	Have you gone through or are you now going through menopause?	(307)
9	a. Yes, have gone through menopause	1
۱	b. Yes, now going through menopause	2
	c. No Go to Next Module	3
	Don't know/Not sure Go to Next Module	7
	Refused Go to Next Module	9

8.	Estrogens such as Premarin and progestins such as Provera are female hormones the prescribed around the time of menopause, after menopause, or after a hysterectomy doctor discussed the benefits and risks of estrogen with you?	
	a. Yes	1
	b. No	2
	Don't know/Not sure	7
	Refused	9
9.	Other than birth control pills, has your doctor ever prescribed estrogen pills for you	1? (309)
Do not	a. Yes	1
include estrogen	b. No Go to Next Module	2
patches	Don't know/Not sure Go to Next Module	7
	Refused Go to Next Module	9
10.	Are you currently taking estrogen pills?	(310)
Do not	a. Yes	1
include estrogen	b. No	2
patches	Don't know/Not sure Go to Next Module	7
	Refused Go to Next Module	9

11. Why...

are you taking[if "Yes" to Q10]		
did you take[if "No" to Q10]		
estrogen pills?		
Please Read		
a. To prevent a heart attack		

b. To treat or prevent bone thinning, bone loss, or osteoporosis
c. To treat symptoms of menopause such as hot flashes
1
2
7
8
9
(312)

Yes

1

No

2

(311)

Never

8

Ref

9

<u>Dk/Ns</u> took

Module 14: Arthritis

1.	During t	he past 12 months, have you had pain, aching, stiffness or swelling in or aro	ound a joint? (314)
	a.	Yes	1
	b.	No Go to Q4	2
		Don't know/Not sure Go to Q4	7
		Refused Go to Q4	9
2.	Were th	ese symptoms present on most days for at least one month?	(315)
	a.	Yes	1
	b.	No	2
		Don't know/Not sure	7
		Refused	9
3.	Are you	now limited in any way in any activities because of joint symptoms?	(316)
	a.	Yes	1
	b.	No	2
		Don't know/Not sure	7
		Refused	9

4.	Have you ever been told by a doctor that you have arthritis?	(317)
	a. Yes	1
	b. No Go to Next Module	2
	Don't know/Not sure Go to Next Module	7
	Refused Go to Next Module	9
5.	What type of arthritis did the doctor say you have?	(318-319)
	Type Code	
	Read Only if Necessary	
	a. Osteoarthritis/degenerative arthritis	0 1
	b. Rheumatism	0 2
	c. Rheumatoid Arthritis	03
	d. Lyme disease	04
	e. Other [specify]	07
	f. Never saw a doctor	88
	Don't know/Not sure	77
	Refused	99
6.	Are you currently being treated by a doctor for arthritis?	(320)
	a. Yes	1
	b. No	2
	Don't know/Not sure	7
	Refused	9

Module 15: Quality of Life and Care Giving

These next questions are about physical, mental, or emotional problems or limitations you may have in your daily life.

1.	Are you limited in any way in any activities because of any impairment or health	h problem? (321)
	a. Yes	1
	b. No Go to Q6	2
	Don't know/Not sure Go to Q6	7
	Refused Go to Q6	9
2.	What is the major impairment or health problem that limits your activities?	(322-323)
	Reason Code	
	Read Only if Necessary	
	a. Arthritis/rheumatism	01
	b. Back or neck problem	0 2
	c. Fractures, bone/joint injury	03
	d. Walking problem	04
	e. Lung/breathing problem	0 5
	f. Hearing problem	06
	g. Eye/vision problem	07
	h. Heart problem	08
	i. Stroke problem	09
	j. Hypertension/high blood pressure	10
	k. Diabetes	11
	l. Cancer	12
	m. Depression/anxiety/emotional problem	13
	n. Other impairment/problem	14
	Don't know/Not sure	77

Refused

3. For how long have your activities been limited because of your major impairment or health problem? (324-326)

a. Days	1
b. Weeks	2
c. Months	3
d. Years	4
Don't know/Not Sure	777
Refused	999

4. Because of any impairment or health problem, do you need the help of other persons with your PERSONAL CARE needs, such as eating, bathing, dressing, or getting around the house?

	(327)
a. Yes	1
b. No	2
Don't know/Not sure	7
Refused	9

5. Because of any impairment or health problem, do you need the help of other persons in handling your ROUTINE needs, such as everyday household chores, doing necessary business, shopping, or getting around for other purposes? (328)

a. Yes	1
b. No	2
Don't know/Not sure	7
Refused	9

a. Number of days	
b. None	8 8
Don't know/Not sure	77
Refused	99

During the past 30 days, for about how many days did pain make it hard for you to do your usual

6.

7. During the past 30 days, for about how many days have you felt sad, blue, or depressed?

activities, such as self-care, work, or recreation?

		(331-332)
a	. Number of days	
t	o. None	8 8
	Don't know/Not sure	77
	Refused	99

8. During the past 30 days, for about how many days have you felt worried, tense, or anxious? (333-334)

a. Number of days	
b. None	8 8
Don't know/Not sure	77
Refused	99

9. During the past 30 days, for about how many days have you felt you did not get enough rest or sleep? (335-336)

a. Number of days	
b. None	8 8
Don't know/Not sure	77
Refused	99

80

(329-330)

10. During the past 30 days, for about how many days have you felt very healthy and full of energy? (337-338)

a.	Number of days		
b.	None	8	8
	Don't know/Not sure	7	7
	Refused	9	9

If "yes" to Q4, continue. Otherwise, go to Q13.

Earlier you reported that due to your impairment you need some assistance from another person 11. with your PERSONAL CARE needs. Who usually helps you with your personal care needs, such as eating, bathing, dressing, or getting around the house? (339-340)

Read	Only	if Nece	ssarv

If a rela- tive that is	a. Husband/wife/partner	01
paid, code	b. Parent/son/son-in-law/daughter/daughter-in-law	02
as appropri- ate relative	c. Other relative	03
	d. Unpaid volunteer	04
	e. Paid employee or home health service	05
	f. Friend or neighbor	06
	g. Combination of family and/or friends	07
	h. Other	08
	i. No one helps me Go to Q13	09
	Don't Know/Not Sure	77
	Refused	99

1	2.	Is the assistance you receive to meet your personal care needs:	(341)
		Please Read	
		a. Usually adequate	1
		b. Sometimes adequate or	2
		c. Rarely adequate	3
Do not		Don't know/Not sure	7
read thes		Refused	9

If "yes" to Q5, continue. Otherwise, go to Next Module

Earlier you reported that due to your impairment you need some assistance from another person with your ROUTINE needs. Who usually helps you with handling your routine needs, such as 13. everyday household chores, shopping, or getting around for other purposes? (342-343)

Read Only if Necessary

tive that is paid, code b. Parent/son/son-in-law/daughter/daughter-in-law as appropri- ate relative c. Other relative d. Unpaid volunteer e. Paid employee or home health service f. Friend or neighbor	02 03 04
ate relative c. Other relative d. Unpaid volunteer e. Paid employee or home health service	
e. Paid employee or home health service	04
f. Friend or neighbor	05
	06
g. Combination of family and/or friends	07
h. Other	08
i. No one helps me Go to Next Module	09
Don't Know/Not Sure	77
Refused	99

	14.	Is the assistance you receive to meet your routine needs:	(344)
		Please Read	
		a. Usually adequate	1
		b. Sometimes adequate or	2
		c. Rarely adequate	3
Do not read the	050	Don't know/Not sure	7
respons		Refused	9

Module 16: Folic Acid

1.	Do you currently take any vitamin pills or supplements?	(345)
Include	a. Yes	1
liquid supplemen	s b. No Go to Q5	2
	Don't know/Not sure Go to Q5	7
	Refused Go to Q5	9
2.	Are any of these a multivitamin?	(346)
	a. Yes Go to Q4	1
	b. No	2
	Don't know/Not sure	7
	Refused	9
3.	Do any of the vitamin pills or supplements you take contain folic acid?	(347)
	a. Yes	1
	b. No Go to Q5	2
	Don't know/Not sure Go to Q5	7
	Refused Go to Q5	9
4.	How often do you take this vitamin pill or supplement?	(348-350)
	a. Times per day	1
	b. Times per week	2
	c. Times per month	3
	Don't know/Not sure	777
	Refused	999

If respondent 45 years old or older, go to next module.

5. Some health experts recommend that women take 400 micrograms of the B vitamin folic acid, for which one of the following reasons... (351)

Please Read

	a. To make strong bones	1
	b. To prevent birth defects	2
	c. To prevent high blood pressure	3
	or d. Some other reason	4
Do not read these	Don't know/Not sure	7
responses	Refused	9

Module 17: Skin Cancer

The next questions are about what you do to protect your skin when you go outside.

When you go outside on a sunny summer day for more than one hour, how often do you use sunscreen or sunblock? (352) 1.

Would you say: Please Read

	Summer means	a. Always	1
	June, July, and August.	b. Nearly always	2
	Sunny is what respondent	c. Sometimes	3
	considers sunny	d. Seldom	4
		e. Never Go to Q3	5
	Do not	Don't stay out more than an hour Go to Q6	8
	read these responses	Don't know/Not sure Go to Q3	7
		Refused Go to Q3	9
	2. Wh	hat is the Sun Protection Factor or SPF of the sunscreen you use most often?	(353-354)
		Number	<u> </u>
		Don't know/Not sure	77
		Refused	99
		nen you go outside on a sunny summer day for more than an hour, how often do de?	you stay in the (355)
	Wo	ould you say: Please Read	
		a. Always	1
		b. Nearly always	2
		c. Sometimes	3
		d Saldom	4

	d. Seldom	4
	or e. Never	5
Do not read these	Don't know/Not sure	7
responses	Refused	9

When you go outside on a sunny summer day for more than an hour, how often do you wear a wide-brimmed hat or any other hat that shades your face, ears, and neck from the sun? 4.

(356)

Would you say: Please Read

	a. Always	1
	b. Nearly always	2
	c. Sometimes	3
	d. Seldom or	4
	e. Never	5
Do not read these	Don't know/Not sure	7
responses	Refused	9

When you go outside on a sunny summer day for more than an hour, how often do you wear long-5. sleeved shirts? (357)

Would you say: Please Read

a.	Always	1
b.	Nearly always	2
с.	Sometimes	3
	Seldom or	4
	Never	5
Do not read these	Don't know/Not sure	7
responses	Refused	9

Z	3	8	

6. Suppose that after several months of not being out in the sun, you then went out in the sun without a hat, sunscreen, or protective clothing for an hour. (358)

Would you: Please Read

	a. Sunburn	1
	b. Darken without sunburn Go to Next Module	2
	c. Not have anything happen Go to Next Module	3
Do not	Don't know/Not sure Go to Next Module	7
responses	Refused Go to Next Module	9
 b. Darken without sunburn Go to Next Module or c. Not have anything happen Go to Next Module Don't know/Not sure Go to Next Module 	(359)	
	a. Burn severely with blisters	1
		2
		3
know/N	Not sure 7	Don't
respon	ses Refused	9

Module 18: Tobacco Use Prevention

1.	In the past 30 days has anyone, including yourself, smoked cigarettes, cigars, or inside your home?	pipes anywhere (360)
	a. Yes	1
	b. No	2
	Don't know/Not sure	7
	Refused	9

	If "Employed," or "Self-employed" to core Q10.7 continue. Oth	erwise, go to Q5.
2.	While working at your job, are you indoors most of the time?	(361)
	a. Yes	1
	b. No Go to Q5	2
	Don't know/Not sure Go to Q5	7
	Refused Go to Q5	9

3. Which of the following best describes your place of work's official smoking policy for indoor public or common areas, such as lobbies, rest rooms, and lunch rooms? (362)

Please Read

For workers who visit	a. Not allowed in any public areas	1
clients, "place	b. Allowed in some public areas	2
of work" means their	c. Allowed in all public areas or	3
base location	d. No official policy	4
Do not read these	Don't know/Not sure	7
responses	Refused	9

4. Which of the following best describes your place of work's official smoking policy for work areas? (363)

Please Read

For workers who visit	a. Not allowed in any work areas	1
clients, "place	b. Allowed in some work areas, or	2
of work"	c. Allowed in all work areas	3
means their base location	or d. No official policy	4
Do not read these	Don't know/Not sure	7
responses	Refused	9

5. In the following locations, do you think that smoking should be allowed in all areas, some areas, or not allowed at all?

Please Read	All <u>Areas</u>	Some <u>Areas</u>	Not <u>Allowed</u>	<u>Dk/Ns</u>	<u>Ref</u>	
a. Restaurants	1	2	3	7	9	(364)
b. Schools	1	2	3	7	9	(365)
c. Day care centers	1	2	3	7	9	(366)
d. Indoor work areas	1	2	3	7	9	(367)

If "No" to core Q7.1 or "Not at all" to core Q7.2, go to Next Module

6. H	las a doctor or other health professional ever advised you to quit smoking?	(368)
lf yes, ask "About	a. Yes, within the past 12 months (1 to 12 months ago)	1
how long ago was it?"	b. Yes, within the past 3 years (1 to 3 years ago)	2
was it :	c. Yes, 3 or more years ago	3
	d. No	4
	Don't know/Not sure	7
	Refused	9

Module 19: Smokeless Tobacco Use

	1. Have you ever used or tried any smokeless tobacco products such as chewing tobacco	o or snuff? (369)
Probe f		1
chewin tobacco		2
snuff, or both	c. Yes, both	3
	d. No, neither Go to Closing Statement	4
	Don't know/Not sure Go to Closing Statement	7
	Refused Go to Closing Statement	9
	2. Do you currently use any smokeless tobacco products such as chewing tobacco or sm	uff? (370)
"Yes"		1
include occa-		2
sional use	c. Yes, both	3
	d. No, neither	4
	Don't know/Not sure	7
	Refused	9