## Chapter 9. Measures of the National Breastfeeding Awareness Campaign

| Infant Feeding Practices Study II |  |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Prenatal survey |  |  |  | Month 7 survey |  |  |  |
|  | Breastfeeding |  | Infant formula |  | Breastfeeding |  | Infant formula |  |
|  | N | \% Yes | N | \% Yes | N | \% Yes | N | \% Yes |
| TV | 4,797 | 33.8 | 4,801 | 71.1 | 1,977 | 18.5 | 1,970 | 49.1 |
| Magazine | 4,827 | 74.7 | 4,798 | 84.1 | 1,976 | 47.6 | 1,973 | 68.0 |
| Newspaper | 4,787 | 10.9 | 4,746 | 17.0 | 1,962 | 4.8 | 1,945 | 8.5 |
| Radio | 4,754 | 6.5 | 4,707 | 9.9 | 1,957 | 2.9 | 1,924 | 3.8 |
| On the internet or web | 4,795 | 56.2 | 4,752 | 57.2 | 1,958 | 30.7 | 1,947 | 38.7 |
| Billboards or outdoor posters | 4,770 | 14.4 | 4,729 | 15.8 | 1,960 | 9.0 | 1,935 | 5.4 |

${ }^{1}$ Table is based on variables: P48A1-2, P48B1-2, P48C1-2, P48D1-2, P48E1-2, P48F1-2, M7J1A1-2, M7J1B1-2, M7J1C1-2, M7J1D1-2, M7J1E1-2, M7J1F1-2

Table 9.2. Percent of mothers who have recently seen each ad about breastfeeding ${ }^{1}$

| Infant Feeding Practices Study II | Prenatal survey |  |  |  | Month 7 survey |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | N | Yes | No | Don't <br> Know | Total | N | Yes | No | Don't <br> Know | Total <br> (\%) |
| On TV that shows a <br> pregnant woman riding a <br> mechanical bull | 4,873 | 4.1 | 93.8 | 2.1 | $100.0 \%$ | 2,016 | 10.6 | 86.3 | 3.1 | 100 |
| On TV that shows a <br> pregnant woman drinking <br> soda and eating greasy food | 4,870 | 7.8 | 89.2 | 3.1 | $100.0 \%$ | 2,012 | 8.7 | 88.3 | 3.0 | 100 |
| On TV that shows pregnant <br> women in a log rolling <br> competition | 4,864 | 5.4 | 92.9 | 1.7 | $100.0 \%$ | 2,014 | 9.7 | 88.0 | 2.2 | 100 |
| In a magazine or newspaper <br> that shows two dandelions | 4,815 | 4.6 | 88.5 | 6.9 | $100.0 \%$ | 2,009 | 6.0 | 88.0 | 6.0 | 100 |
| In a magazine or newspaper <br> that shows two otoscopes, <br> the medical tool used to <br> examine the ear | 4,860 | 3.3 | 92.1 | 4.5 | $100.0 \%$ | 2,012 | 5.1 | 90.9 | 4.0 | 100 |
| In a magazine or newspaper <br> that shows two scoops of ice <br> cream | 4,841 | 7.6 | 86.7 | 5.7 | $100.0 \%$ | 2,009 | 10.7 | 85.1 | 4.3 | 100 |
| In a magazine or newspaper <br> or on a billboard or the <br> internet that has only words <br> giving a message about <br> breastfeeding | 4,861 | 15.2 | 78.2 | 6.6 | $100.0 \%$ | 2,005 | 14.1 | 81.1 | 4.8 | 100 |
| 1 Table is based on variables: P49A-G, M7J4A-G |  |  |  |  |  |  |  |  |  |  |

Table 9.3. Percent of mothers who have recently heard each type of radio ad featuring a man singing about breastfeeding ${ }^{1}$

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|  | Prenatal survey | Month 7 survey |
| :--- | :---: | :---: |
| Yes, the soul music ad | 0.7 | 0.3 |
| Yes, the country western music ad | 0.9 | 0.7 |
| No, have not heard either | 94.4 | 93.9 |
| Not sure | 5.2 | 5.5 |
| N | 4,875 | 2,014 |
| ${ }^{1}$ Table is based on variables: P50A-D, M7J5A-D |  |  |

Table 9.4. Median number of months that mothers consider as the recommended exclusive breastfeeding duration by selected demographics ${ }^{1}$

|  | N | Median |
| :---: | :---: | :---: |
| ALL | 2,935 | 6.0 |
| Age |  |  |
| 18-24 | 683 | 6.0 |
| 25-29 | 995 | 6.0 |
| 30-34 | 805 | 6.0 |
| 35+ | 447 | 6.0 |
| Parity |  |  |
| Primiparous | 843 | 6.0 |
| Multiparous | 2,021 | 6.0 |
| Education |  |  |
| HS or less | 551 | 6.0 |
| Some college | 1,092 | 6.0 |
| College graduate | 1,056 | 6.0 |
| Income (\% of poverty) |  |  |
| < 185\% | 1,220 | 6.0 |
| 185- < 350\% | 1,057 | 6.0 |
| >=350\% | 658 | 6.0 |
| WIC Participant |  |  |
| No | 1,760 | 6.0 |
| Yes | 1,175 | 6.0 |
| Race |  |  |
| White | 2,415 | 6.0 |
| Black | 134 | 6.0 |
| Hispanic | 175 | 6.0 |
| Region |  |  |
| Northeast | 595 | 6.0 |
| Midwest | 879 | 6.0 |
| South | 961 | 6.0 |
| West | 500 | 6.0 |
| ${ }^{1}$ Table is based on variable: N13 |  |  |

Table 9.5. Percent of mothers indicating that each statement is closest to her opinion on the best way to feed a 3 month old baby ${ }^{1}$

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|  | Percent |
| :--- | :---: |
| Breastfeeding | 55.4 |
| A mix of both breast and formula feeding | 10.9 |
| Formula feeding | 9.6 |
| Breastfeeding and formula feeding are equally good ways to feed a baby | 24.2 |
| Total (\%) | 100 |
| N | 2,377 |
| ${ }^{1}$ Table is based on variable: M3J6 |  |

Table 9.6. Percent of mothers indicating each level of agreement with each statement about breastfeeding ${ }^{1}$

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$\left.$|  | N | Strongly |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| disagree | Somewhat |  |
| disagree |  |  | | Neither |
| :---: |
| agree |
| nor |
| disagree |$\quad$| Somewhat |
| :---: |
| agree | | Strongly |
| :---: |
| agree |$\quad$| Total |
| :---: |
| (\%) | \right\rvert\,

