## Chapter 7. Employment and Day Care

Table 7.1. Percent of mothers who worked for pay at anytime from the 3 months before they became pregnant up to the end of their pregnancy by selected demographics ${ }^{1}$

|  | N | Yes | No | Total (\%) |
| :---: | :---: | :---: | :---: | :---: |
| ALL | 2,366 | 60.7 | 39.3 | 100 |
| Age |  |  |  |  |
| 18-24 | 487 | 62.2 | 37.8 | 100 |
| 25-29 | 796 | 60.4 | 39.6 | 100 |
| 30-34 | 676 | 58.7 | 41.3 | 100 |
| 35+ | 405 | 63.0 | 37.0 | 100 |
| Parity |  |  |  |  |
| Primiparous | 669 | 77.9 | 22.1 | 100 |
| Multiparous | 1,647 | 53.4 | 46.6 | 100 |
| Education |  |  |  |  |
| HS or less | 425 | 53.4 | 46.6 | 100 |
| Some college | 856 | 58.1 | 41.9 | 100 |
| College graduate | 933 | 66.3 | 33.7 | 100 |
| Income (\% of poverty) |  |  |  |  |
| < 185\% | 951 | 51.2 | 48.8 | 100 |
| 185- < 350\% | 843 | 61.9 | 38.1 | 100 |
| >=350\% | 572 | 74.8 | 25.2 | 100 |
| WIC Participant |  |  |  |  |
| No | 1,470 | 63.5 | 36.5 | 100 |
| Yes | 896 | 56.1 | 43.9 | 100 |
| Race |  |  |  |  |
| White | 1,974 | 60.9 | 39.1 | 100 |
| Black | 99 | 68.7 | 31.3 | 100 |
| Hispanic | 130 | 60.0 | 40.0 | 100 |
| Region |  |  |  |  |
| Northeast | 420 | 62.1 | 37.9 | 100 |
| Midwest | 724 | 64.8 | 35.2 | 100 |
| South | 744 | 58.5 | 41.5 | 100 |
| West | 478 | 56.9 | 43.1 | 100 |
| ${ }^{1}$ Table is based on variable: M 3 H 4 |  |  |  |  |

Table 7.2. Percent of mothers who stopped working at different months of pregnancy by selected demographics ${ }^{1}$, among mothers who worked for pay at anytime from the 3 months before they became pregnant up to the end of their pregnancy

Infant Feeding Practices Study II

|  | N | Before <br> becoming <br> pregnant | < 3 <br> months | $\mathbf{3 - 5}$ <br> months | $\mathbf{6 - 7}$ <br> months | $\mathbf{8}$ <br> months | 9 <br> months | Didn't <br> stop <br> working <br> before <br> birth |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Total(\%) |  |  |  |  |  |  |  |  |  |

Parity

| Primiparous | 514 | 1.6 | 5.6 | 7.0 | 8.8 | 15.4 | 25.7 | 36.0 | 100 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Multiparous | 858 | 2.1 | 5.8 | 8.2 | 7.6 | 13.1 | 23.5 | 39.7 | 100 |

Education

| HS or less | 222 | 5.0 | 14.4 | 13.5 | 6.8 | 16.7 | 14.9 | 28.8 | 100 |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Some <br> college | 488 | 1.6 | 6.4 | 8.8 | 8.8 | 15.6 | 22.7 | 36.1 | 100 |
| College <br> graduate | 604 | 0.8 | 2.3 | 3.6 | 7.0 | 11.9 | 27.8 | 46.5 | 100 |

Income (\% of poverty)

| $<185 \%$ | 473 | 3.0 | 10.6 | 12.3 | 9.5 | 14.4 | 19.7 | 30.7 | 100 |
| :--- | :--- | :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| $185-<$ <br> $350 \%$ | 512 | 2.0 | 4.9 | 7.0 | 7.6 | 15.6 | 24.2 | 38.7 | 100 |
| $>=350 \%$ | 422 | 0.7 | 1.4 | 3.3 | 6.9 | 12.3 | 29.1 | 46.2 | 100 |

WIC Participan

| No | 916 | 1.2 | 3.2 | 5.1 | 6.6 | 13.6 | 25.2 | 45.1 | 100 |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Yes | 491 | 3.3 | 10.6 | 12.4 | 10.8 | 15.3 | 22.2 | 25.5 | 100 |


| Race |  |  |  |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| White | 1,179 | 2.0 | 5.4 | 7.3 | 7.5 | 13.6 | 24.3 | 39.9 | 100 |
| Black | 65 | 1.5 | 7.7 | 9.2 | 10.8 | 21.5 | 30.8 | 18.5 | 100 |
| Hispanic | 76 | 1.3 | 9.2 | 9.2 | 11.8 | 15.8 | 21.1 | 31.6 | 100 |


| Region |  |  |  |  |  |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Northeast | 259 | 0.8 | 3.5 | 6.6 | 10.4 | 15.8 | 29.7 | 33.2 | 100 |
| Midwest | 459 | 1.1 | 4.8 | 6.5 | 7.2 | 14.4 | 20.5 | 45.5 | 100 |
| South | 423 | 3.1 | 6.4 | 8.0 | 6.1 | 13.9 | 23.4 | 39.0 | 100 |
| West | 266 | 2.6 | 8.6 | 10.2 | 10.2 | 12.8 | 26.3 | 29.3 | 100 |

[^0]Table 7.3. Percent of mothers who worked for pay any time during the past 4 weeks by infant age ${ }^{1}$
Infant Feeding Practices Study II

|  | Month 3 |  |  |  | Month 6 |  |  |  | Month 9 |  |  |  | Month 12 |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | N | Yes | No | Total(\%) | N | Yes | No | Total (\%) | N | Yes | No | Total(\%) | N | Yes | No | Total(\%) |
| ALL | 2,371 | 40.3 | 59.7 | 100 | 2,089 | 47.2 | 52.8 | 100 | 1,932 | 50.1 | 49.9 | 100 | 1,794 | 51.6 | 48.4 | 100 |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 18-24 | 489 | 37.0 | 63.0 | 100 | 390 | 42.6 | 57.4 | 100 | 332 | 50.6 | 49.4 | 100 | 292 | 49.7 | 50.3 | 100 |
| 25-29 | 793 | 40.7 | 59.3 | 100 | 702 | 46.0 | 54.0 | 100 | 649 | 46.8 | 53.2 | 100 | 605 | 48.4 | 51.6 | 100 |
| 30-34 | 678 | 39.4 | 60.6 | 100 | 628 | 47.5 | 52.5 | 100 | 591 | 49.6 | 50.4 | 100 | 544 | 51.7 | 48.3 | 100 |
| 35+ | 409 | 45.0 | 55.0 | 100 | 367 | 53.7 | 46.3 | 100 | 358 | 56.1 | 43.9 | 100 | 352 | 58.5 | 41.5 | 100 |
| Parity |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Primiparous | 673 | 48.0 | 52.0 | 100 | 591 | 57.0 | 43.0 | 100 | 541 | 62.7 | 37.3 | 100 | 508 | 63.8 | 36.2 | 100 |
| Multiparous | 1,648 | 37.0 | 63.0 | 100 | 1,461 | 42.8 | 57.2 | 100 | 1,359 | 44.7 | 55.3 | 100 | 1,254 | 46.4 | 53.6 | 100 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| HS or less | 426 | 32.6 | 67.4 | 100 | 385 | 36.4 | 63.6 | 100 | 332 | 39.8 | 60.2 | 100 | 298 | 40.6 | 59.4 | 100 |
| Some college | 858 | 38.8 | 61.2 | 100 | 730 | 44.8 | 55.2 | 100 | 674 | 46.7 | 53.3 | 100 | 607 | 47.9 | 52.1 | 100 |
| College graduate | 935 | 45.1 | 54.9 | 100 | 861 | 54.0 | 46.0 | 100 | 831 | 56.4 | 43.6 | 100 | 794 | 58.1 | 41.9 | 100 |
| Income (\% of poverty) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| < 185\% | 952 | 32.5 | 67.5 | 100 | 821 | 37.8 | 62.2 | 100 | 733 | 40.1 | 59.9 | 100 | 652 | 41.1 | 58.9 | 100 |
| $\begin{aligned} & 185-< \\ & 350 \% \end{aligned}$ | 844 | 42.1 | 57.9 | 100 | 751 | 46.7 | 53.3 | 100 | 698 | 50.1 | 49.9 | 100 | 667 | 51.3 | 48.7 | 100 |
| >=350\% | 575 | 50.8 | 49.2 | 100 | 517 | 62.7 | 37.3 | 100 | 501 | 64.5 | 35.5 | 100 | 475 | 66.5 | 33.5 | 100 |
| WIC Participant |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| No | 1,473 | 43.0 | 57.0 | 100 | 1,325 | 51.2 | 48.8 | 100 | 1,251 | 53.9 | 46.1 | 100 | 1,187 | 55.0 | 45.0 | 100 |
| Yes | 898 | 35.9 | 64.1 | 100 | 764 | 40.2 | 59.8 | 100 | 681 | 43.0 | 57.0 | 100 | 607 | 45.0 | 55.0 | 100 |
| Race |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| White | 1,978 | 40.5 | 59.5 | 100 | 1,760 | 47.1 | 52.9 | 100 | 1,635 | 50.0 | 50.0 | 100 | 1,516 | 51.7 | 48.3 | 100 |
| Black | 99 | 45.5 | 54.5 | 100 | 67 | 62.7 | 37.3 | 100 | 64 | 64.1 | 35.9 | 100 | 60 | 63.3 | 36.7 | 100 |
| Hispanic | 129 | 34.9 | 65.1 | 100 | 112 | 41.1 | 58.9 | 100 | 106 | 44.3 | 55.7 | 100 | 98 | 46.9 | 53.1 | 100 |
| Region |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Northeast | 421 | 36.3 | 63.7 | 100 | 400 | 50.3 | 49.8 | 100 | 366 | 50.3 | 49.7 | 100 | 346 | 55.2 | 44.8 | 100 |
| Midwest | 727 | 47.6 | 52.4 | 100 | 637 | 51.8 | 48.2 | 100 | 589 | 56.0 | 44.0 | 100 | 563 | 56.0 | 44.0 | 100 |
| South | 746 | 39.3 | 60.7 | 100 | 637 | 43.8 | 56.2 | 100 | 590 | 48.0 | 52.0 | 100 | 534 | 47.8 | 52.2 | 100 |
| West | 477 | 34.4 | 65.6 | 100 | 415 | 42.2 | 57.8 | 100 | 387 | 43.9 | 56.1 | 100 | 351 | 47.0 | 53.0 | 100 |
| ${ }^{1}$ Table is based on variables: M3H6, M6H13, M9H13, MWH13 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

Table 7.4. Median infant age in weeks when mothers began working after the delivery by selected demographics ${ }^{1}$, among mothers who worked after birth

Infant Feeding Practices Study II

|  | Month 3 |  | Month 6 |  | Month 9 |  | Month 12 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | N | Median | N | Median | N | Median | N | Median |
| ALL | 927 | 8.0 | 972 | 9.6 | 956 | 10.6 | 916 | 12.0 |
| Age |  |  |  |  |  |  |  |  |
| 18-24 | 173 | 6.3 | 162 | 10.6 | 166 | 11.1 | 144 | 12.9 |
| 25-29 | 313 | 8.0 | 321 | 9.0 | 300 | 9.6 | 288 | 12.0 |
| 30-34 | 262 | 8.6 | 294 | 9.6 | 289 | 10.6 | 277 | 11.6 |
| 35+ | 178 | 8.6 | 194 | 10.6 | 200 | 10.6 | 206 | 11.6 |
| Parity |  |  |  |  |  |  |  |  |
| Primiparous | 316 | 8.6 | 335 | 10.6 | 335 | 11.6 | 323 | 12.9 |
| Multiparous | 590 | 7.3 | 614 | 8.6 | 601 | 9.6 | 573 | 11.6 |
| Education |  |  |  |  |  |  |  |  |
| HS or less | 136 | 7.0 | 135 | 8.6 | 131 | 10.6 | 121 | 12.9 |
| Some college | 326 | 7.0 | 324 | 8.6 | 310 | 8.6 | 285 | 11.0 |
| College graduate | 407 | 8.6 | 460 | 10.6 | 465 | 11.0 | 459 | 11.6 |
| Income (\% of poverty) |  |  |  |  |  |  |  |  |
| < 185\% | 294 | 6.3 | 305 | 8.6 | 291 | 9.6 | 264 | 12.9 |
| 185- < 350\% | 347 | 8.0 | 348 | 8.6 | 346 | 9.6 | 336 | 11.6 |
| >=350\% | 286 | 8.6 | 319 | 11.6 | 319 | 11.6 | 316 | 12.0 |
| WIC Participant |  |  |  |  |  |  |  |  |
| No | 619 | 8.6 | 670 | 10.6 | 666 | 10.6 | 648 | 11.6 |
| Yes | 308 | 7.0 | 302 | 8.6 | 290 | 10.3 | 268 | 12.9 |
| Race |  |  |  |  |  |  |  |  |
| White | 776 | 8.0 | 818 | 9.6 | 808 | 10.6 | 774 | 11.6 |
| Black | 43 | 8.6 | 41 | 12.9 | 40 | 11.6 | 38 | 12.9 |
| Hispanic | 44 | 8.6 | 45 | 11.0 | 47 | 10.6 | 46 | 12.9 |
| Region |  |  |  |  |  |  |  |  |
| Northeast | 160 | 8.6 | 171 | 10.6 | 170 | 12.9 | 164 | 12.9 |
| Midwest | 332 | 8.0 | 324 | 9.0 | 326 | 9.6 | 310 | 10.6 |
| South | 283 | 7.3 | 278 | 8.6 | 278 | 9.8 | 253 | 10.6 |
| West | 152 | 8.0 | 199 | 11.6 | 182 | 12.0 | 189 | 12.9 |
| ${ }^{1}$ Table is based on variables: M3H7, M6H14, M9H14, MWH14 |  |  |  |  |  |  |  |  |

Table 7.5. Percent of mothers who usually worked for each number of hours per week during the past 4 weeks by infant age and selected demographics ${ }^{1}$, among mothers who worked during these periods

Infant Feeding Practices Study II

|  | Month 3 | Month 6 | Month 9 | Month 12 |
| :--- | :---: | :---: | :---: | :---: |
| 1 to 9 hrs/week | 17.8 | 13.6 | 12.0 | 11.6 |
| 10 to 19 hrs/week | 13.4 | 12.4 | 12.6 | 11.8 |
| 20 to 29 hrs/week | 15.1 | 15.4 | 16.9 | 18.3 |
| 30 to 34 hrs/week | 7.4 | 8.3 | 9.0 | 8.1 |
| 35 to 40 hrs/week | 34.8 | 34.7 | 33.4 | 35.2 |
| $>40$ hrs/week | 11.6 | 15.6 | 16.2 | 15.1 |
| Total (\%) | 100 | 100 | 100 | 100 |
| N | 941 | 979 | 960 | 917 |
| ${ }^{1}$ Table is based on variables: M3H8, M6H15, M9H15, MWH15 |  |  |  |  |

Table 7.6. Percent of mothers who worked in each type of setting by selected demographics ${ }^{1}$, among mothers who worked during the past 4 weeks of month 3 survey

Infant Feeding Practices Study II

|  | N | A building | A private residence | A Vehicle | Outdoor | Other | Total (\%) |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| ALL | 941 | 72.9 | 20.7 | 1.2 | 0.7 | 4.5 | 100 |
| Age |  |  |  |  |  |  |  |
| 18-24 | 179 | 72.6 | 19.6 | 1.7 | 0.6 | 5.6 | 100 |
| 25-29 | 316 | 73.7 | 21.5 | 0.6 | 0.9 | 3.2 | 100 |
| 30-34 | 263 | 76.0 | 17.1 | 1.1 | 1.1 | 4.6 | 100 |
| 35+ | 182 | 67.0 | 25.8 | 1.6 | 0.0 | 5.5 | 100 |
| Parity |  |  |  |  |  |  |  |
| Primiparous | 319 | 79.6 | 15.0 | 0.9 | 1.3 | 3.1 | 100 |
| Multiparous | 600 | 69.2 | 24.0 | 1.3 | 0.5 | 5.0 | 100 |
| Education |  |  |  |  |  |  |  |
| HS or less | 138 | 67.4 | 21.0 | 2.2 | 0.7 | 8.7 | 100 |
| Some college | 328 | 73.2 | 21.0 | 1.5 | 0.6 | 3.7 | 100 |
| College graduate | 414 | 73.4 | 21.5 | 0.7 | 1.0 | 3.4 | 100 |
| Income (\% of poverty) |  |  |  |  |  |  |  |
| < 185\% | 302 | 70.9 | 22.5 | 0.7 | 0.7 | 5.3 | 100 |
| 185- < 350\% | 351 | 71.8 | 19.9 | 2.3 | 0.6 | 5.4 | 100 |
| >=350\% | 288 | 76.4 | 19.8 | 0.3 | 1.0 | 2.4 | 100 |


| WIC Participant | 625 | 73.0 | 21.0 | 1.0 | 0.8 | 4.3 | 100 |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| No | 316 | 72.8 | 20.3 | 1.6 | 0.6 | 4.7 | 100 |  |
| Yes | 789 | 70.6 | 22.9 | 1.3 | 0.9 | 4.3 | 100 |  |
| Race | 43 | 88.4 | 4.7 | 0.0 | 0.0 | 7.0 | 100 |  |
| White | 44 | 86.4 | 9.1 | 2.3 | 0.0 | 2.3 | 100 |  |
| Black |  |  |  |  |  |  |  |  |
| Hispanic | 152 | 71.7 | 22.4 | 1.3 | 0.0 | 4.6 | 100 |  |
| Region | 338 | 76.3 | 17.8 | 0.6 | 1.5 | 3.8 | 100 |  |
| Northeast | 288 | 72.6 | 20.5 | 2.1 | 0.7 | 4.2 | 100 |  |
| Midwest | 163 | 67.5 | 25.8 | 0.6 | 0.0 | 6.1 | 100 |  |
| South |  |  |  |  |  |  |  |  |
| West | Table is based on variable: M3H9 |  |  |  |  |  |  |  |

Table 7.7. Percent of mothers who ranked their paid work with each level of satisfaction by infant age ${ }^{1}$, among mothers who worked during the past 4 weeks

Infant Feeding Practices Study II

| Level of Satisfaction | Month 3 | Month 6 | Month 9 | Month 12 |
| :--- | :---: | :---: | :---: | :---: |
| None (1) | 4.0 | 3.1 | 3.6 | 2.3 |
| 2 | 11.0 | 9.8 | 8.6 | 10.3 |
| 3 | 26.3 | 30.8 | 31.2 | 30.1 |
| 4 | 38.5 | 37.5 | 37.7 | 37.4 |
| Very much (5) | 20.3 | 18.9 | 18.9 | 19.8 |
| Total (\%) | 100 | 100 | 100 | 100 |
| N | 928 | 974 | 956 | 919 |
| ${ }^{1}$ Table is based on variables: M3H10, M6H16, M9H16, MWH16 |  |  |  |  |

Table 7.8. Percent of mothers who arranged each kind of baby care while they worked by infant age ${ }^{1,2}$, among mothers who worked during the past 4 weeks

Infant Feeding Practices Study II

|  | Month 3 | Month 6 | Month 9 | Month 12 |
| :--- | :---: | :---: | :---: | :---: |
| Baby is cared by a family member | 56.7 | 56.4 | 54.5 | 53.6 |
| Baby is cared by someone not in the family | 32.1 | 36.0 | 40.0 | 41.7 |
| Mom keeps baby with her while she works at <br> home | 17.8 | 14.3 | 14.5 | 12.8 |
| Mom keeps baby with her while she works <br> outside her home | 10.3 | 9.4 | 8.0 | 5.3 |
| N | 939 | 978 | 961 | 923 |
| ${ }^{1}$ Table is based on variables: M3H11A-D, M6H17A-D, M9H18A-D, MWH17A-D |  |  |  |  |
| 2 Column percentages do not add up to 100\% because mothers could choose all that apply |  |  |  |  |

Table 7.9. Percent of mothers indicating each level of breastfeeding support from their place of employment ${ }^{1}$, among mothers who worked during the past 4 weeks

Infant Feeding Practices Study II

|  | Month 3 | Month 6 | Month 9 | Month 12 |
| :--- | :---: | :---: | :---: | :---: |
| Not at all supportive | 8.0 | 8.0 | 10.0 | 8.6 |
| Not too supportive | 11.3 | 12.3 | 10.5 | 12.5 |
| Somewhat supportive | 30.6 | 31.9 | 31.3 | 32.4 |
| Very supportive | 50.1 | 47.8 | 48.2 | 46.6 |
| Total (\%) | 100 | 100 | 100 | 100 |
| N | 902 | 927 | 913 | 865 |
| ${ }^{1}$ Table is based on variables: M3H12, M6H18, M9H19, MWH18 |  |  |  |  |

Table 7.10. Percent of mothers who used each strategy for breastfeeding while working by infant age ${ }^{1,2}$, among mothers who breastfed and worked during the past 4 weeks

Infant Feeding Practices Study II

|  | Month 3 | Month 6 | Month 9 | Month 12 |
| :--- | :---: | :---: | :---: | :---: |
| I keep my baby with me while I work and <br> breastfeed during my work day | 31.7 | 28.6 | 27.7 | 22.0 |
| I go to my baby and breastfeed him or her during <br> my work day | 8.2 | 11.3 | 10.7 | 8.6 |
| My baby is brought to me to breastfeed during my <br> work day | 4.1 | 3.9 | 3.0 | 3.0 |
| I pump milk during my work day and save it for my <br> baby to drink later | 57.5 | 54.8 | 47.0 | 24.1 |
| I pump milk during my work day, but I do not save it <br> for my baby to drink later | 1.0 | 0.7 | 1.2 | 0.4 |
| I neither pump milk nor breastfeed during my work <br> day | 12.5 | 15.7 | 23.2 | 46.1 |
| N | 511 | 434 | 336 | 232 |
| 1 Table is based on variables: M3H14A-F, M6H20A-F, M9H21A-F, MWH20A-F |  |  |  |  |
| 2 Column percentages do not add up to 100\% because mothers could choose all that apply |  |  |  |  |

Table 7.11. Percent of mothers who experienced each problem combining breastfeeding and work by infant age ${ }^{1,2}$, among mothers who breastfed and worked during the past 4 weeks

Infant Feeding Practices Study II

|  | Month 3 | Month 6 | Month 9 | Month <br> $\mathbf{1 2}$ |
| :--- | :---: | :---: | :---: | :---: |
| A coworker made negative comments or complained <br> to me about breastfeeding | 4.3 | 3.3 | 3.6 | 3.9 |
| My employer or my supervisor made negative <br> comments or complained to me | 1.6 | 3.0 | 1.8 | 2.2 |
| It was hard for me to arrange break time for <br> breastfeeding or pumping milk | 30.2 | 31.6 | 29.6 | 21.0 |
| It was hard for me to find a place to breastfeed or <br> pump milk | 19.5 | 16.8 | 18.2 | 11.0 |
| It was hard for me to arrange a place to store pumped <br> breast milk | 5.5 | 3.7 | 5.4 | 4.4 |
| It was hard for me to carry the equipment I needed to <br> pump milk at work | 10.1 | 6.8 | 5.1 | 4.4 |
| I felt worried about keeping my job because of <br> breastfeeding | 4.1 | 2.6 | 3.0 | 1.8 |
| I felt worried about continuing to breastfeed because <br> of my job | 17.7 | 14.0 | 9.6 | 8.4 |
| I felt embarrassed among coworkers, my supervisor, <br> or my employer because of breastfeeding | 8.2 | 4.4 | 5.1 | 4.0 |
| N | 515 | 429 | 337 | 228 |
| 1 Table is based on variables: M3H15A-I, M6H21A-I, M9H22A-I, MWH21A-I |  |  |  |  |
| 2 Column percentages do not add up to 100\% because mothers could choose all that apply |  |  |  |  |

Table 7.12. Percent of mothers whose babies were cared for by someone other than their mother on a regular schedule during the past 4 weeks by infant age and selected demographics ${ }^{1}$

Infant Feeding Practices Study II

|  | Month 3 |  |  |  | Month 6 |  |  |  | Month 9 |  |  |  | Month 12 |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | N | Yes | No | Total(\%) | N | Yes | No | Total(\%) | N | Yes | No | Total(\%) | N | Yes | No | Total(\%) |
| ALL | 2,388 | 34.6 | 65.4 | 100 | 2,095 | 41.4 | 58.6 | 100 | 1,944 | 43.8 | 56.2 | 100 | 1,806 | 44.9 | 55.1 | 100 |
| Age |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 18-24 | 491 | 36.5 | 63.5 | 100 | 393 | 40.7 | 59.3 | 100 | 336 | 47.6 | 52.4 | 100 | 294 | 47.6 | 52.4 | 100 |
| 25-29 | 803 | 34.4 | 65.6 | 100 | 702 | 39.5 | 60.5 | 100 | 650 | 40.3 | 59.7 | 100 | 609 | 40.7 | 59.3 | 100 |
| 30-34 | 681 | 33.9 | 66.1 | 100 | 630 | 41.4 | 58.6 | 100 | 597 | 43.2 | 56.8 | 100 | 548 | 44.9 | 55.1 | 100 |
| 35+ | 411 | 33.8 | 66.2 | 100 | 368 | 45.9 | 54.1 | 100 | 359 | 47.4 | 52.6 | 100 | 354 | 49.4 | 50.6 | 100 |
| Parity |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Primiparous | 677 | 45.8 | 54.2 | 100 | 593 | 53.8 | 46.2 | 100 | 543 | 56.0 | 44.0 | 100 | 512 | 59.0 | 41.0 | 100 |
| Multiparous | 1,659 | 29.6 | 70.4 | 100 | 1,465 | 35.9 | 64.1 | 100 | 1,369 | 38.5 | 61.5 | 100 | 1,262 | 38.7 | 61.3 | 100 |
| Education |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| HS or less | 430 | 29.5 | 70.5 | 100 | 385 | 36.6 | 63.4 | 100 | 335 | 37.3 | 62.7 | 100 | 300 | 37.0 | 63.0 | 100 |
| Some college | 862 | 33.3 | 66.7 | 100 | 734 | 36.4 | 63.6 | 100 | 679 | 39.5 | 60.5 | 100 | 612 | 40.5 | 59.5 | 100 |
| College graduate | 942 | 36.3 | 63.7 | 100 | 861 | 46.8 | 53.2 | 100 | 834 | 48.7 | 51.3 | 100 | 796 | 50.4 | 49.6 | 100 |
| Income (\% of poverty) |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| < 185\% | 959 | 29.4 | 70.6 | 100 | 824 | 34.1 | 65.9 | 100 | 735 | 36.2 | 63.8 | 100 | 659 | 35.1 | 64.9 | 100 |
| $\begin{aligned} & 185-< \\ & 350 \% \end{aligned}$ | 850 | 35.3 | 64.7 | 100 | 753 | 40.0 | 60.0 | 100 | 706 | 43.6 | 56.4 | 100 | 672 | 44.0 | 56.0 | 100 |
| >=350\% | 579 | 42.1 | 57.9 | 100 | 518 | 55.2 | 44.8 | 100 | 503 | 55.1 | 44.9 | 100 | 475 | 59.6 | 40.4 | 100 |
| WIC Participant |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| No | 1,483 | 35.3 | 64.7 | 100 | 1,326 | 43.6 | 56.4 | 100 | 1,259 | 45.4 | 54.6 | 100 | 1,189 | 47.0 | 53.0 | 100 |
| Yes | 905 | 33.4 | 66.6 | 100 | 769 | 37.7 | 62.3 | 100 | 685 | 40.7 | 59.3 | 100 | 617 | 40.7 | 59.3 | 100 |
| Race |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| White | 1,991 | 33.8 | 66.2 | 100 | 1,764 | 39.9 | 60.1 | 100 | 1,644 | 42.5 | 57.5 | 100 | 1,526 | 44.6 | 55.4 | 100 |
| Black | 99 | 44.4 | 55.6 | 100 | 68 | 60.3 | 39.7 | 100 | 64 | 64.1 | 35.9 | 100 | 61 | 65.6 | 34.4 | 100 |
| Hispanic | 132 | 36.4 | 63.6 | 100 | 113 | 47.8 | 52.2 | 100 | 107 | 45.8 | 54.2 | 100 | 98 | 40.8 | 59.2 | 100 |
| Region |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| Northeast | 425 | 31.5 | 68.5 | 100 | 400 | 43.5 | 56.5 | 100 | 370 | 44.6 | 55.4 | 100 | 350 | 46.6 | 53.4 | 100 |
| Midwest | 732 | 40.4 | 59.6 | 100 | 640 | 46.1 | 53.9 | 100 | 592 | 48.6 | 51.4 | 100 | 568 | 50.0 | 50.0 | 100 |
| South | 751 | 35.4 | 64.6 | 100 | 639 | 41.0 | 59.0 | 100 | 591 | 45.2 | 54.8 | 100 | 536 | 43.8 | 56.2 | 100 |
| West | 480 | 27.1 | 72.9 | 100 | 416 | 32.9 | 67.1 | 100 | 391 | 33.5 | 66.5 | 100 | 352 | 36.4 | 63.6 | 100 |
| ${ }^{1}$ Table is based on variables: M3H16, M6H22, M9H24, MWH23 |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

Table 7.13. Percent of babies kept by each specific other person during the past 4 weeks by infant age ${ }^{1,2}$, among babies who were cared for by someone other than their mother during these periods

Infant Feeding Practices Study II

|  | Month 3 | Month 6 | Month 9 | Month 12 |
| :---: | :---: | :---: | :---: | :---: |
| Baby's father | 44.2 | 38.6 | 35.6 | 36.0 |
| Baby's grandparent(s) | 45.6 | 40.7 | 39.5 | 38.9 |
| Other family member | 14.4 | 12.2 | 12.7 | 11.7 |
| Someone not in baby's family | 37.2 | 42.4 | 46.2 | 48.8 |
| N | 826 | 868 | 851 | 809 |
| ${ }^{1}$ Table is based on variables: M3H17A-D, M6H23A-D, M9H24A-D, MWH23A-D |  |  |  |  |
| ${ }^{2}$ Column percentages do not add up to $100 \%$ because mothers could choose all that apply |  |  |  |  |

Table 7.14. Percent of babies usually cared for at various settings by infant age ${ }^{1}$, among babies who were cared for by someone other than their mother during the past 4 weeks

Infant Feeding Practices Study II

|  | Month 3 | Month 6 | Month 9 | Month 12 |
| :--- | :---: | :---: | :---: | :---: |
| Baby's home with no other children | 27.8 | 22.3 | 22.2 | 21.9 |
| Baby's home with other children or baby's <br> brothers or sisters | 33.9 | 33.0 | 30.4 | 30.7 |
| Other private home with no other children | 18.0 | 19.1 | 20.9 | 23.9 |
| Other private home with other children or baby's <br> brothers or sisters | 34.1 | 15.0 | 16.0 | 16.6 |
| Day care or child care | 15.4 | 36.6 | 33.5 | 32.0 |
| Other | 1.7 | 1.7 | 2.4 | 1.4 |
| N | 824 | 866 | 850 | 809 |
| ${ }^{1}$ Table is based on variables: M3H18A-F, M6H24A-F, M9H25A-F, MWH24A-F |  |  |  |  |
| ${ }^{2}$ Column percentages do not add up to 100\% because mothers could choose all that apply |  |  |  |  |

Table 7.15. Median days in an average week that babies were cared for by the regularly scheduled child care providers by infant age and selected demographics ${ }^{1}$, among babies who were cared for by someone other than their mother during these periods

Infant Feeding Practices Study II

|  | Month 3 |  | Month 6 |  | Month 9 |  | Month 12 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | N | Median | N | Median | N | Median | N | Median |
| ALL | 826 | 5.0 | 868 | 5.0 | 851 | 5.0 | 808 | 5.0 |
| Age |  |  |  |  |  |  |  |  |
| 18-24 | 179 | 5.0 | 160 | 5.0 | 160 | 5.0 | 140 | 5.0 |
| 25-29 | 276 | 5.0 | 277 | 5.0 | 262 | 5.0 | 247 | 5.0 |
| 30-34 | 231 | 5.0 | 261 | 5.0 | 258 | 5.0 | 246 | 5.0 |
| 35+ | 139 | 5.0 | 169 | 5.0 | 170 | 5.0 | 174 | 5.0 |
| Parity |  |  |  |  |  |  |  |  |
| Primiparous | 310 | 5.0 | 319 | 5.0 | 304 | 5.0 | 301 | 5.0 |
| Multiparous | 491 | 5.0 | 526 | 5.0 | 527 | 5.0 | 488 | 5.0 |
| Education |  |  |  |  |  |  |  |  |
| HS or less | 127 | 5.0 | 141 | 4.0 | 125 | 4.0 | 111 | 5.0 |
| Some college | 287 | 4.0 | 267 | 5.0 | 268 | 4.0 | 247 | 5.0 |
| College graduate | 342 | 5.0 | 403 | 5.0 | 406 | 5.0 | 401 | 5.0 |
| Income (\% of poverty) |  |  |  |  |  |  |  |  |
| < 185\% | 282 | 5.0 | 281 | 5.0 | 266 | 5.0 | 231 | 5.0 |
| 185-< 350\% | 300 | 5.0 | 301 | 5.0 | 308 | 4.0 | 295 | 5.0 |
| >=350\% | 244 | 5.0 | 286 | 5.0 | 277 | 5.0 | 282 | 5.0 |
| WIC Participant |  |  |  |  |  |  |  |  |
| No | 524 | 5.0 | 578 | 5.0 | 572 | 5.0 | 557 | 5.0 |
| Yes | 302 | 5.0 | 290 | 5.0 | 279 | 5.0 | 251 | 5.0 |
| Race |  |  |  |  |  |  |  |  |
| White | 672 | 5.0 | 703 | 5.0 | 699 | 5.0 | 679 | 5.0 |
| Black | 44 | 5.0 | 41 | 5.0 | 41 | 5.0 | 40 | 5.0 |
| Hispanic | 48 | 5.0 | 54 | 5.0 | 49 | 5.0 | 40 | 5.0 |
| Region |  |  |  |  |  |  |  |  |
| Northeast | 130 | 4.5 | 137 | 5.0 | 131 | 4.0 | 128 | 5.0 |
| Midwest | 296 | 4.0 | 295 | 5.0 | 288 | 5.0 | 284 | 5.0 |
| South | 266 | 5.0 | 262 | 5.0 | 267 | 5.0 | 234 | 5.0 |
| West | 134 | 4.0 | 174 | 4.0 | 165 | 5.0 | 162 | 4.5 |
| ${ }^{1}$ Table is based on variables: M3H19, M6H25, M9H26, MWH25 |  |  |  |  |  |  |  |  |

Table 7.16. Median hours on an average day that babies were with their regular child care provider by infant age and selected demographics ${ }^{1}$, among babies who were cared for by someone other than their mother during these periods

Infant Feeding Practices Study II

|  | Month 3 |  | Month 6 |  | Month 9 |  | Month 12 |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | N | Median | N | Median | N | Median | N | Median |
| ALL | 825 | 8.0 | 868 | 8.0 | 851 | 8.0 | 811 | 8.0 |
| Age |  |  |  |  |  |  |  |  |
| 18-24 | 178 | 7.0 | 160 | 8.0 | 160 | 8.0 | 141 | 8.0 |
| 25-29 | 276 | 8.0 | 277 | 8.0 | 262 | 8.0 | 248 | 8.0 |
| 30-34 | 231 | 8.0 | 261 | 8.0 | 258 | 8.0 | 246 | 8.0 |
| 35+ | 139 | 8.0 | 169 | 8.0 | 170 | 8.0 | 175 | 8.0 |
| Parity |  |  |  |  |  |  |  |  |
| Primiparous | 310 | 8.0 | 319 | 8.0 | 304 | 8.0 | 302 | 8.0 |
| Multiparous | 490 | 8.0 | 526 | 8.0 | 527 | 8.0 | 490 | 8.0 |
| Education |  |  |  |  |  |  |  |  |
| HS or less | 126 | 7.0 | 141 | 7.0 | 125 | 8.0 | 112 | 8.0 |
| Some college | 287 | 8.0 | 267 | 8.0 | 268 | 8.0 | 248 | 8.0 |
| College graduate | 342 | 8.0 | 403 | 8.0 | 406 | 8.0 | 401 | 8.0 |
| Income (\% of poverty) |  |  |  |  |  |  |  |  |
| < 185\% | 281 | 8.0 | 281 | 8.0 | 266 | 8.0 | 232 | 8.0 |
| 185- < 350\% | 300 | 8.0 | 301 | 8.0 | 308 | 8.0 | 296 | 8.0 |
| >=350\% | 244 | 8.0 | 286 | 9.0 | 277 | 8.0 | 283 | 8.0 |
| WIC Participant |  |  |  |  |  |  |  |  |
| No | 524 | 8.0 | 578 | 8.0 | 572 | 8.0 | 559 | 8.0 |
| Yes | 301 | 8.0 | 290 | 8.0 | 279 | 8.0 | 252 | 8.0 |
| Race |  |  |  |  |  |  |  |  |
| White | 671 | 8.0 | 703 | 8.0 | 699 | 8.0 | 682 | 8.0 |
| Black | 44 | 8.0 | 41 | 8.0 | 41 | 8.0 | 40 | 8.0 |
| Hispanic | 48 | 8.0 | 54 | 8.0 | 49 | 9.0 | 40 | 8.0 |
| Region |  |  |  |  |  |  |  |  |
| Northeast | 130 | 8.0 | 137 | 8.0 | 131 | 8.0 | 129 | 8.0 |
| Midwest | 295 | 8.0 | 295 | 8.0 | 288 | 8.0 | 284 | 8.0 |
| South | 266 | 8.0 | 262 | 8.0 | 267 | 8.0 | 235 | 8.0 |
| West | 134 | 8.0 | 174 | 8.0 | 165 | 8.0 | 163 | 8.0 |

${ }^{1}$ Table is based on variables: M3H20, M6H26, M9H27, MWH26

Table 7.17. Percent of mothers indicating each level of breastfeeding support from their child care provider by infant age ${ }^{1}$, among babies who were cared for by someone other than their mother during these periods

| Infant Feeding Practices Study II | Month 3 | Month 6 | Month 9 | Month 12 |
| :--- | :---: | :---: | :---: | :---: |
|  | 1.0 | 1.2 | 1.2 | 1.0 |
| Not at all supportive | 0.9 | 1.8 | 1.3 | 1.4 |
| Not too supportive | 7.4 | 8.7 | 7.5 | 7.2 |
| Somewhat supportive | 67.7 | 64.3 | 65.3 | 65.7 |
| Very supportive | 23.0 | 24.0 | 24.7 | 24.8 |
| Don't know | 100 | 100 | 100 | 100 |
| Total (\%) | 812 | 849 | 835 | 795 |
| N | M21, M6H27, M9H28, MWH27 |  |  |  |
| ${ }^{1}$ Table is based on variables: M3H21, |  |  |  |  |

Table 7.18. Median times per day that the child care provider fed the baby on an average day by infant age ${ }^{1}$, among babies who were cared for by someone other than their mother during these periods

Infant Feeding Practices Study II

| Infant age in months | N | Median |
| :--- | :---: | :---: |
| 3 | 786 | 3.0 |
| 6 | 832 | 3.0 |
| 9 | 825 | 3.0 |
| 12 | 785 | 3.0 |
| ${ }^{1}$ Table is based on variables: $\mathrm{M} 3 \mathrm{H} 22, \mathrm{M} 6 \mathrm{H} 28, \mathrm{M} 9 \mathrm{H} 29, \mathrm{MWH} 28$ |  |  |

Table 7.19. Percent of mothers who found out with each frequency what their regularly scheduled child care provider fed their baby by infant age ${ }^{1}$, among babies who were fed by their care provider

Infant Feeding Practices Study II

|  | Month 3 | Month 6 | Month 9 | Month 12 |
| :--- | :---: | :---: | :---: | :---: |
| Seldom or never | 1.91 | 1.56 | 2.16 | 1.52 |
| Sometimes | 5.59 | 6.22 | 11.52 | 18.48 |
| Always or most of the time | 92.50 | 92.22 | 86.31 | 80.00 |
| Total (\%) | 100 | 100 | 100 | 100 |
| N | 787 | 836 | 833 | 790 |
| ${ }^{1}$ Table is based on variables: M3H23, M6H29, M9H30, MWH29 |  |  |  |  |

Table 7.20. Percent of mothers who indicated that each person usually provided the formula, if any, and food for babies to drink and eat under the regular child care arrangements in the past 4 weeks by infant age ${ }^{1}$, among babies who were cared for outside of their home

Infant Feeding Practices Study II

| Who provided the baby's formula ? | Month 3 | Month 6 | Month 9 | Month 12 |
| :--- | :---: | :---: | :---: | :---: |
| The child care provider | 9.6 | 7.4 | 8.8 | 8.2 |
| The mother | 69.5 | 74.5 | 77.7 | 47.9 |
| Someone else | 1.2 | 1.6 | 1.4 | 0.8 |
| Baby was not fed this item | 23.4 | 19.7 | 14.9 | 43.5 |
| N |  | 564 | 556 | 526 |
| Who provided the baby's food for |  |  |  |  |
| meals? | 3.7 | 16.8 | 32.7 | 66.5 |
| The child care provider | 21.0 | 66.5 | 74.3 | 47.5 |
| The mother | 0.6 | 2.1 | 2.9 | 3.6 |
| Someone else | 73.5 | 18.3 | 2.2 | 0.8 |
| Baby was not fed this item | 509 | 564 | 556 | 526 |
| N | 1.4 | 11.0 | 40.3 | 72.2 |
| Who provided the baby's snacks? | 8.8 | 35.1 | 60.8 | 42.0 |
| The child care provider | 0.0 | 1.2 | 2.9 | 3.8 |
| The mother | 87.2 | 53.9 | 9.4 | 1.1 |
| Someone else | 509 | 564 | 556 | 526 |
| Baby was not fed this item |  |  |  |  |
| N |  |  |  |  |
| 1 Table is based on variables: M3H24A_1-4, M3H24B_1-4, M3H24C_1-4, M6H30A_1-4, |  |  |  |  |
| M6H30B_1-4, M6H30C_1-4, M9H31A_1-4, M9H31B_1-4, M9H31C_1-4, MWH30A_1-4, <br> MWH30B_1-4, MWH30C_1-4 |  |  |  |  |
| 2 Column percentages do not add up to 100\% because mothers could choose all that apply |  |  |  |  |

Table 7.21. Percent of child care providers who supported breastfeeding in each way by infant age ${ }^{1,2}$, among babies who were cared for outside of their home

Infant Feeding Practices Study II

|  | Month 3 |  |  | Month 6 |  |  | Month 9 |  |  | Month 12 |  |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Yes | No | Don't <br> Know | Yes | No | Don't <br> Know | Yes | No | Don't <br> Know | Yes | No | Don't <br> Know |  |
| Feed a mother's <br> pumped breast milk <br> to her baby? | 56.7 | 27.1 | 16.2 | 53.6 | 27.1 | 19.4 | 53.6 | 26.2 | 20.2 | 55.1 | 21.5 | 23.3 |  |
| Allow mothers to <br> breastfeed at the <br> child care place <br> before or after <br> work? | 49.3 | 14.3 | 36.4 | 45.2 | 13.4 | 41.4 | 49.2 | 11.9 | 39.0 | 50.7 | 8.0 | 41.2 |  |
| Allow mothers to <br> come in and <br> breastfeed during <br> their lunch or other <br> breaks? | 47.3 | 15.8 | 36.9 | 44.7 | 12.9 | 42.4 | 46.7 | 11.7 | 41.6 | 49.5 | 8.2 | 42.3 |  |
| Thaw and prepare <br> bottles of pumped <br> milk if needed? | 54.4 | 18.5 | 27.1 | 55.2 | 16.2 | 28.6 | 51.3 | 15.4 | 33.3 | 56.5 | 12.2 | 31.3 |  |
| Keep extra breast <br> milk in a freezer for <br> use if they run out <br> during the day? | 38.3 | 29.5 | 32.2 | 41.3 | 24.2 | 34.6 | 38.9 | 22.6 | 38.5 | 44.1 | 19.0 | 36.9 |  |
| N |  |  |  |  |  |  |  |  |  |  |  |  |  |
| 1 Table is based on variables: M3H25A-E, M6H31A-E, M9H32A-E, MWH31A-E |  |  |  |  |  |  |  |  |  |  |  |  |  |

Table 7.22. Percent of child care providers who kept fresh and thawed breast milk in the refrigerator for different time periods by infant age ${ }^{1}$, among babies who were cared for outside of their home

Infant Feeding Practices Study II

|  |  | Month 3 | Month 6 | Month 9 | Month 12 |
| :--- | :--- | :---: | :---: | :---: | :---: |
| Fresh breast milk | Throws milk out or send it <br> home daily | 31.24 | 32.17 | 29.96 | 27.39 |
|  | Keeps milk over 1 night | 11.28 | 8.72 | 7.74 | 7.47 |
|  | Keeps milk over 2 nights | 2.82 | 1.55 | 1.79 | 1.66 |
|  | Keeps milk 3 nights or <br> longer | 1.74 | 1.94 | 1.59 | 1.87 |
|  | Don't know | 52.93 | 55.62 | 58.93 | 61.62 |
|  | Total (\%) | 100 | 100 | 100 | 100 |
|  | N | 461 | 516 | 504 | 482 |
| Thawed breast |  |  |  |  |  |
| milk | Throws milk out or send it <br> home daily | 30.82 | 33.01 | 29.86 | 27.35 |
|  | Keeps milk over 1 night | 9.53 | 6.25 | 6.61 | 7.31 |
|  | Keeps milk over 2 nights | 1.11 | 1.17 | 1.00 | 0.63 |
|  | Keeps milk 3 nights or <br> longer | 1.55 | 1.37 | 0.40 | 0.84 |
|  | Don't know | 56.98 | 58.20 | 62.12 | 63.88 |
|  | Total (\%) | 100 | 100 | 100 | 100 |
|  | N | 451 | 512 | 499 | 479 |
| 1 Table is based | on variables: M3H26, M6H32, M9H33, MWH32 |  |  |  |  |


[^0]:    ${ }^{1}$ Table is based on variable: M3H5

