

Fact Sheet

HIV Prevention

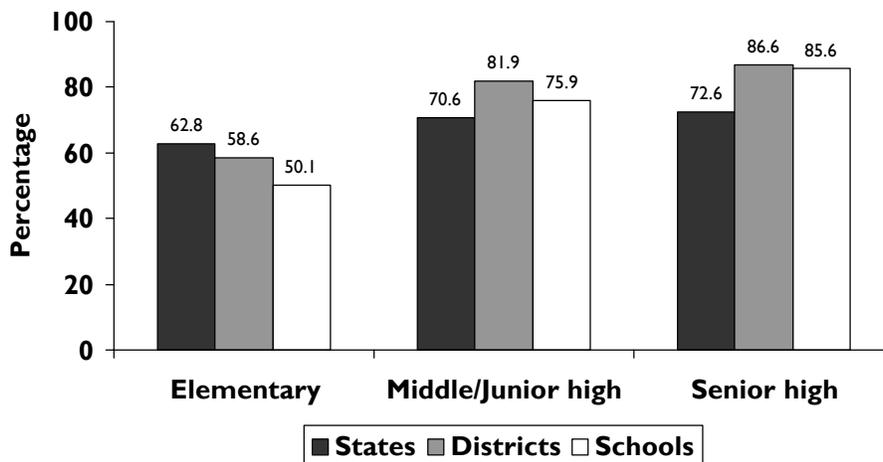
From CDC's School Health Policies and Programs Study (SHPPS) 2000

About SHPPS

SHPPS is a national survey periodically conducted to assess school health policies and programs at the state, district, school, and classroom levels. Results from SHPPS 2000 are published in the *Journal of School Health*, Volume 71, Number 7, September 2001.

Health Education

Percentage of States, Districts, and Schools Requiring HIV Prevention Education, by School Level



- Among teachers of required health education, elementary school teachers who provided HIV prevention education spent a median of 1 hour per school year teaching the topic, middle/junior high school teachers spent a median of 2 hours, and senior high school teachers spent a median of 3 hours.

During the two years preceding the study:

- 96.1% of states and 57.3% of districts provided funding for or offered staff development on HIV prevention education to health education teachers.
- 31.8% of elementary school classes, 39.7% of required health education courses in middle/junior high schools, and 55.6% of required health education courses in senior high schools had a teacher who received staff development on HIV prevention education.

Percentage of Schools Teaching Topics and Skills Related to HIV Prevention in at Least One Required Class or Course, by Topic and Skill

	All schools	Elementary schools	Middle/junior high schools	Senior high schools
Topic				
Abstinence as the best way to avoid pregnancy, HIV, or STDs	71.7	40.8	91.5	96.1
Condom efficacy	64.8	N/A ¹	54.1	82.9
How HIV is transmitted	93.5	85.4	97.3	99.2
How to correctly use a condom	33.6	N/A	20.8	55.1
Risks associated with having multiple sexual partners	85.1	N/A	81.9	90.5
Skill				
Communication skills related to sexual behaviors	57.9	24.5	78.0	87.0
Decision-making skills related to sexual behaviors	59.3	33.4	74.0	83.7
Goal-setting skills related to sexual behaviors	62.3	30.7	82.8	87.4
Resisting peer pressure to engage in sexual behavior	68.4	40.4	86.8	90.5

¹Data not available—question not asked at this level.

Health Services

- 31.4% of states and 47.4% of districts require that districts or schools provide one-on-one or small-group discussions on HIV prevention to students when needed (not including classroom instruction).
- 12.0% of states and 15.4% of districts require districts or schools to provide HIV testing and counseling services to students when needed.
- 30.4% of districts have arrangements with organizations or professionals not located on school property to provide one-on-one or small-group discussions on HIV prevention to students when needed, and 25.2% have arrangements to provide HIV testing and counseling.
- 2.0% of middle/junior high and 4.1% of senior high schools make condoms available to students as part of standard health services.

For additional information on SHPPS, contact the Centers for Disease Control and Prevention (CDC), National Center for Chronic Disease Prevention and Health Promotion, Division of Adolescent and School Health, 4770 Buford Highway, NE, Mailstop K-33, Atlanta, GA 30341-3717, telephone 888-231-6405, <http://www.cdc.gov/shpps>.