

801 Program Guidance

Part II: Coordinated School Health Programs and Promotion of Physical Activity, Nutrition, and Tobacco-Use Prevention SLIMs ~ Nutrition SLIMs ~

TOB 1.

The percentage of schools that prohibits tobacco use by students, staff, and visitors in school buildings, at school functions, in school vehicles, on-school grounds, and at off-site school events, applicable 24 hours a day and seven days a week.

TOB 2.

The percentage of schools that implement a tobacco-use prevention policy in all of the following ways:

- Provide visible signage.
- Communicate the policy to students, staff, and visitors.
- Designate an individual responsible for enforcement.
- Have a process in place for addressing violations.
- Use remedial rather than punitive sanctions for violators.
- Tailor consequences to the severity and frequency of the violation.
- Communicate student violations to their parents and families.

TOB 3.

The percentage of schools that teach about all of the following in a required course:

- Identifying tobacco products and the harmful substances they contain.
- Identifying short and long-term health consequences of tobacco use.
- Identifying legal, social, economic, and cosmetic consequences of tobacco use.
- Understanding the addictive nature of nicotine.
- Effects of tobacco use on athletic performance.
- Effects of second-hand smoke and benefits of a smoke-free environment.
- Understanding the social influences on tobacco use, including media, family, peers, and culture.
- Identifying reasons why students do and do not use tobacco.

- Making accurate assessments of how many peers use tobacco.
- Using interpersonal communication skills to avoid tobacco use (e.g., refusal skills, assertiveness).
- Using goal-setting and decision-making skills related to not using tobacco.
- Finding valid information and services related to tobacco-use prevention and cessation.
- Supporting others who abstain from or want to quit using tobacco.
- Supporting school and community action to support a tobacco-free environment.
- Identifying harmful effects of tobacco use on fetal development.

TOB 4.

The percentage of schools that coordinate their tobacco prevention messages and programs with community and mass-media tobacco prevention efforts in the following ways:

- Gathering and sharing information about mass-media messages or community-based tobacco-use prevention efforts with students and families.
- Working with local agencies and organizations to plan and implement events or programs intended to reduce tobacco use.

TOB 5.

The percentage of schools that provide tobacco-use cessation services to faculty, staff, and students through direct service at school or arrangements with providers not on school property.

TOB 6.

The percentage of schools in which the lead health education teacher received professional development on tobacco-use prevention education during the past two years.