

801 Program Guidance

Part II: Coordinated School Health Programs and Promotion of Physical Activity, Nutrition, and Tobacco-Use Prevention SLIMs ~ Coordinated School Health Programs SLIMs ~

CSHP 1.

The percentage of schools that have a designated individual (e.g., faculty member or administrative personnel) responsible for coordinating school health and safety programs and activities.

CSHP 2.

The percentage of schools that have a group (e.g., school health team) that helps plan and implement school health programs, with representation from 10 or more of the following:

- School administration.
- Health education teachers.
- Physical education teachers.
- Mental health or social services staff.
- Nutrition or food service staff.
- Health services staff (e.g., school nurse).
- Maintenance and transportation staff.
- Student body.
- Parents or families of students.
- Community.
- Local health departments, agencies, or organizations.
- Faith-based organizations.
- Businesses.
- Local government.

CSHP 3.

The percentage of schools that have ever assessed their policies, activities, and programs by using the School Health Index or a similar self-assessment tool in any of the following areas:

- Physical activity.
- Nutrition.
- Tobacco-use prevention.

CSHP 4.

The percentage of schools in which students' family or community members have helped develop, communicate information about, or implement policies and programs on any of the following health issues:

- Tobacco-use prevention.
- Physical activity.
- Nutrition and healthy eating.

CSHP 5.

The percentage of schools in which all teachers who teach health education have teacher certification, licensure, or endorsement in health education.

CSHP 6.

The percentage of schools in which those who teach health education are provided with all of the following:

- Goals, objectives, and expected outcomes for health education.
- A written health education curriculum.
- A chart describing the annual scope and sequence of instruction for health education.
- Plans for how to assess student performance in health education

CSHP 7.

The percentage of schools that follow a written health education curriculum that addresses all the following:

- Comprehending concepts related to health promotion and disease prevention to enhance health.
- Analyzing the influence of family, peers, culture, media, technology, and other factors on health behaviors.
- Accessing valid information and products and services to enhance health.
- Using interpersonal communication skills to enhance health and avoid or reduce health risks.
- Using decision-making skills to enhance health and avoid or reduce health risks.



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- Using goal setting skills to enhance health and avoid or reduce health risks.
- Practicing health-enhancing behaviors to avoid or reduce risks.
- Advocating for personal, family, and community health.

CSHP 8.

The percentage of schools that provide parents and families health information to increase parent and family knowledge of any of the following health issues:

- Tobacco-use prevention.
- Physical activity.
- Nutrition and healthy eating.

