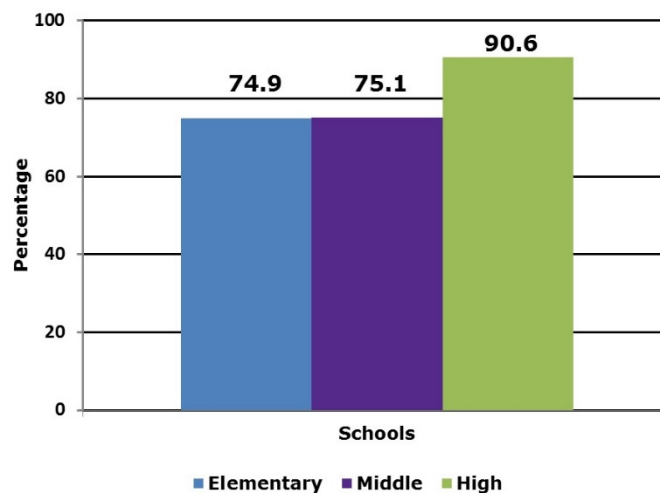


Health Education

About SHPPS: SHPPS is a national survey periodically conducted to assess school health policies and practices at the state, district, school, and classroom levels. This fact sheet reports data from the 2014 study, which collected data at the school and classroom levels.

Percentage of Schools that Follow National, State, or District Health Education Standards, by School Level



Percentage of Schools in Which Health Education is Taught by Specific Staff Members, by School Level			
Service	Elementary	Middle	High
Health education teacher(s) or specialist(s)	23.5	50.3	78.3
Physical education teacher(s) or specialist(s)	65.6	69.7	59.5
Regular classroom teacher(s) or other teacher(s)	72.1	41.4	27.7
School nurse(s)	42.8	27.0	17.8
School counselor(s)	33.8	26.7	18.5
Other(s)	11.9	12.6	10.1

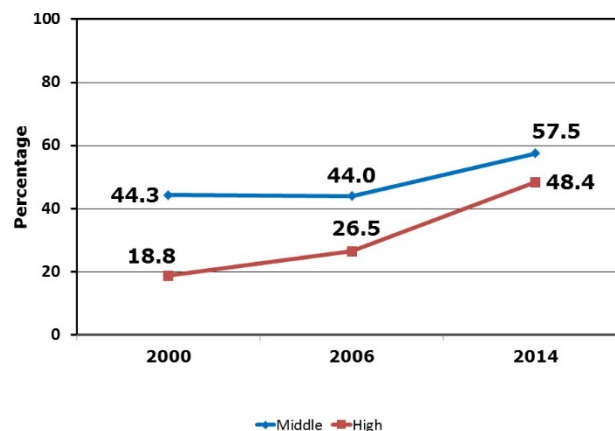
- Between 2000 and 2014, the percentage of schools in which health education was taught by physical education teachers or specialists increased from 49.6% to 65.6% among elementary schools and from 51.7% to 65.3% among middle and high schools.*
- Those who teach health education are provided with one or more health education curricula in 72.0% of schools, lesson plans or learning activities for health education in 56.6% of schools, and plans or strategies for assessing or evaluating students in health education in 56.8% of schools.

* Regression analyses were performed that took all available years of data into account, but not all significant trends are reported. To account for multiple comparisons, selected trends are included only if the p-value from the regression analysis was < .01, and either the difference between the two endpoints (2000 or 2006 and 2014) was >10 percentage points or the 2014 estimate increased by at least a factor of two or decreased by at least half as compared to the 2000 or 2006 estimate.

Mean Number of Hours of Required Instruction that Teachers Provided on Health Topics, by School Level			
Service	Elementary school classes	Middle school courses	High school courses
Alcohol or other drug use prevention	3.8	5.9	7.4
Emotional and mental health	4.4	4.4	5.1
HIV prevention	1.1	2.1	3.2
Human sexuality	1.9	5.4	6.2
Injury prevention and safety	3.3	3.1	3.4
Nutrition and dietary behavior	4.6	5.6	7.0
Other STD prevention	1.6	2.6	3.5
Physical activity and fitness	4.3	5.2	5.8
Pregnancy prevention	2.3	2.7	4.2
Suicide prevention	0.5	1.8	2.6
Tobacco use prevention	3.0	4.3	4.6
Violence prevention	4.2	3.5	3.8

- 90.8% of elementary schools, 86.7% of middle schools, and 69.4% of high schools notify parents or guardians before students receive instruction on human sexuality topics.[†]
- 89.3% of elementary schools, 87.1% of middle schools, and 87.4% of high schools allow parents or guardians to exclude their children from receiving instruction on human sexuality topics.[†]

Percentage of Health Education Classes or Courses in Which the Teacher was Certified, Licensed, or Endorsed by the State to Teach Health Education at Specific School Levels, 2000, 2006, and 2014



- 36.2% of elementary schools, 54.0% of middle schools, and 70.6% of high schools require newly hired staff who teach health topics to have undergraduate or graduate training in health education.
- 27.3% of elementary schools, 39.8% of middle schools, and 47.5% of high schools require all staff who teach health topics to earn continuing education credits on health education topics or instructional strategies.

Between 2000 and 2014, the percentage of health education classes or courses with a teacher who was a Certified Health Education Specialist (CHES) increased from 4.3% to 9.6%.

[†]Including pregnancy prevention, HIV prevention, or other STD prevention.

Where can I get more information? Visit www.cdc.gov/shpps or call 800-CDC-INFO (800-232-4636).