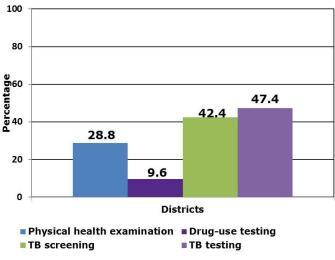


Faculty and Staff Health Promotion

About SHPPS: SHPPS is a national survey periodically conducted to assess school health policies and practices at the state, district, school, and classroom levels. SHPPS was conducted in 1994, 2000, and 2006. The 2012 study collected data at the state and district levels only. School- and classroom-level data collection will take place in 2014.

- The percentage of districts that had a person who oversees or coordinates health promotion activities or services for faculty and staff throughout the district increased from 28.2% in 2000 to 40.1% in 2012.¹
- 15.7% of districts required each school to have someone to oversee or coordinate health promotion activities or services for the school's faculty and staff.
- The percentage of districts that required periodic physical health examinations for any faculty or staff while employed decreased from 51.0% in 2000 to 36.2% in 2012.
- 0.3% of districts required and 65.0% recommended that faculty and staff receive annual influenza vaccinations while they are employed.
- 96.0% of districts allowed faculty and staff to take sick leave to care for their own sick children.
- 39.0% of districts required indoor or outdoor school facilities or equipment be made available to faculty and staff as a benefit of their employment, not just because these facilities and equipment were available to all residents of a community.

Percentage of Districts That Required Health Examinations, Screening, and Testing for All School Faculty and Staff Prior to Employment



Among the 98.7% of districts that provided funding for or offered any health promotion service or activity during the 12 months before the study:

- 20.7% had ever conducted a needs assessment of the district's health promotion activities or services for faculty and staff.
- 20.8% assessed faculty and staff satisfaction with these services, activities, or programs during the 2 years before the study.
- 31.4% provided at least one type of incentive for faculty and staff participation or goal achievement in these programs during the 12 months before the study.

¹ Regression analyses were performed that took all available years of data into account. To account for multiple comparisons, selected changes are included only if the p-value from the trend analysis was less than .01, and either the difference between the two endpoints (2000 and 2012 or 2006 and 2012) was greater than 10 percentage points or the 2012 estimate increased by at least a factor of two or decreased by at least half as compared to the 2000 or 2006 estimate.

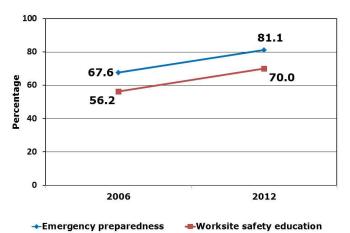


| Percentage of States and Districts That Offered Specific Health Insurance Coverage to Faculty and Staff | | | |
|---|--------|-----------|--|
| Coverage | States | Districts | |
| Alcohol- or other drug-use treatment | 50.0 | 84.4 | |
| Dental care | 48.9 | 72.6 | |
| Immunizations | 52.2 | 94.0 | |
| Mental health care | 54.3 | 92.6 | |
| Prescription drugs | 55.3 | 97.6 | |
| Preventive health care | 55.3 | 96.2 | |
| Tobacco use cessation | 45.7 | 71.2 | |
| Vision care | 48.9 | 69.5 | |

- The percentage of districts that provided funding for health-risk appraisals or offered them to faculty and staff increased from 12.3% in 2006 to 25.9% in 2012.
- The percentage of districts in which faculty and staff received subsidies or discounts for off-site health promotion activities increased from 22.4% in 2006 to 36.4% in 2012.
- The percentage of districts that provided funding for or offered physical activity programs during the 12 months before the study increased from 24.2% in 2000 to 43.0% in 2012.

| Percentage of Districts That Provided Funding for Health Screenings or Offered Health Screenings for Faculty and Staff During the 12 Months Before the Study | | |
|---|-----------|--|
| Type of Screening | Districts | |
| Blood pressure | 40.8 | |
| Body mass index (BMI) | 27.3 | |
| Breast cancer | 9.3 | |
| Colorectal cancer | 6.8 | |
| Diabetes | 25.0 | |
| Oral health | 6.1 | |
| Serum cholesterol | 28.2 | |
| Skin cancer | 5.5 | |

Percentage of Districts That Provided Funding for or Offered Emergency Preparedness and Worksite Safety Education Activities for Faculty and Staff-2006 and



Percentage of Districts That Provided Funding for Health Promotion Activities or Services or Offered Health Promotion Activities and Services for Faculty and Staff During the 12 Months Before the Study

| Activities | Districts |
|---|-----------|
| Asthma management education | 18.3 |
| Conflict resolution education | 26.3 |
| Counseling for emotional disorders (e.g., anxiety or depression) | 20.8 |
| Cardiopulmonary resuscitation (CPR) education | 78.4 |
| Crisis intervention for personal problems | 27.3 |
| Diabetes management education | 23.4 |
| Emergency preparedness | 81.1 |
| First aid education | 71.7 |
| Infectious disease prevention | 59.8 |
| Nutrition education | 32.9 |
| Physical activity and fitness counseling | 22.2 |
| Pre- or post-natal education | 2.7 |
| Stress management education | 17.9 |
| Tobacco use cessation | 16.6 |
| Weight management | 34.9 |
| Worksite safety education | 70.0 |
| Services | |
| Identification of or referrals for physical, sexual, or emotional abuse | 18.2 |
| Immunizations | 63.2 |
| Referrals for child care or elder care | 9.7 |
| Referrals for oral health problems | 6.2 |

Where can I get more information? Visit www.cdc.gov/shpps or call 800 CDC INFO (800 232 4636).



