

RECOMMENDATION:

Offer and promote healthy food and beverage options in all areas of the school

REALITY:



Only 6% of schools sell fruits and vegetables in vending machines, school stores, or snack bars.



74% of schools sell soft drinks to students.

22% of schools allow soft drink companies to advertise soft drinks on vending machines.



Over 1/2 of schools sell baked goods not low in fat, such as cookies, for school fundraisers.



Less than 1/2 of schools prohibit or actively discourage staff from using food or food coupons as a reward for good behavior or good academic performance.

School Health Policies and Practices Study data collected in Spring 2014, prior to implementation of Smart Snacks in School rule.