

# ANYONE CAN GET FOOD POISONING



But some people are more likely to get sick because their bodies can't fight germs as well.

## Factors that increase risk for FOOD POISONING



Aged 65 and  
older



Younger than  
5 years



Weakened Immune  
System



Pregnancy

Choose and prepare food carefully to help prevent food poisoning.



U.S. Department of  
Health and Human Services  
Centers for Disease  
Control and Prevention

[www.cdc.gov/foodsafety](http://www.cdc.gov/foodsafety)

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