

1996 Behavioral Risk Factor Questionnaire

FIPS STATE CODE	STRATUM CODE	PSU NUMBER	RECORD NUMBER	DATE OF INTERVIEW			ID
				MM	DD	YY	
<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>	<input type="text"/>
(1-2)	(3)	(4-8)	(9)	(10-15)			(16-17)

HELLO, I'm _____ calling for the _____.
 We're doing a study of the health practices of _____ residents.
 Your phone number has been chosen randomly by the _____ to be included in the study, and we'd like to ask some questions about things people do which may affect their health.

Is this _____

Area code Prefix Suffix

(18-20) (21-23) (24-25)

No *Thank you very much, but I seem to have dialed the wrong number. It's possible that your number may be called at a later time. STOP*

Is this a private residence? **No** *Thank you very much, but we are only interviewing private residences. STOP*

	Date	Time	Time	Time	Comments
<input type="radio"/> Line busy	_____	<input type="radio"/>	_____	<input type="radio"/>	_____
	_____	<input type="radio"/>	_____	<input type="radio"/>	_____
	_____	<input type="radio"/>	_____	<input type="radio"/>	_____
<input type="radio"/> No answer	_____	<input type="radio"/>	_____	<input type="radio"/>	_____
	_____	<input type="radio"/>	_____	<input type="radio"/>	_____

Appointments:

	Today's date/time	Spoke with	Ask for	Callback date/time	ID	Comments
1.	_____	_____	_____	_____	_____	_____
2.	_____	_____	_____	_____	_____	_____

Refusals:

	Date/time	Spoke with	ID	Comments
1st	_____	_____	_____	_____
2nd	_____	_____	_____	_____

Call Disposition Codes	
01 - Completed interview.	07 - Selected respondent not available during the interviewing period.
02 - Refused interview.	08 - Language barrier.
03 - Nonworking number.	09 - Interview terminated within questionnaire.
04 - Ring, no answer.	10 - Line busy.
05 - Not a private residence.	11 - Selected respondent unable to communicate due to physical or mental impairment.
06 - No eligible respondent at this number.	

Edited by: _____

Date: ____/____/____

Final disposition of telephone call:

(26-27)

Wind down:

(28)



Our study requires that we randomly select one adult who lives in your household to be interviewed. How many members of your household, including yourself, are 18 years of age or older?

--	--

(29-30)

If "1" Are you the adult?

If "yes" Then you are the person I need to speak with. **Go to page 3**

If "no" May I speak with him or her? **Go to "correct respondent" at bottom of page**



How many of these adults are men and how many are women?

Men	
(31)	

Women	
(32)	



Who is the oldest man who presently lives in this household?
Who is the next oldest man who presently lives in this household?
Etc.



Who is the oldest woman who presently lives in this household?
Who is the next oldest woman who presently lives in this household?
Etc.

Suffix: _____

Last digit of phone number

		Last digit of phone number												
		0	1	2	3	4	5	6	7	8	9			
Total adults	1.	_____	1	1	1	1	1	1	1	1	1	1	1	1.
	2.	_____	2	1	2	1	2	1	2	1	2	1	2	2.
	3.	_____	3	1	2	3	1	2	3	1	2	X	X	3.
	4.	_____	1	2	3	4	1	2	3	4	X	X	X	4.
	5.	_____	2	3	4	5	1	2	3	4	5	1	1	5.
	6.	_____	5	6	1	2	3	4	X	X	X	X	X	6.
	7.	_____	2	3	4	5	6	7	1	X	X	X	X	7.
	8.	_____	8	1	2	3	4	5	6	7	X	X	X	8.



The person in your household that I need to speak with is _____.

If "you," go to page 3

To correct respondent

Hello, I'm _____ calling for the _____. I'm a member of a special research team. We're doing a study of _____ residents regarding their health practices and day-to-day living habits. You have been randomly chosen to be included in the study from among the adult members of your household.

The interview will only take a short time, and all the information obtained in this study will be confidential.

Section 1: Health Status

1. Would you say that in general your health is: (33)

Please Read

	a. Excellent	1
	b. Very good	2
	c. Good	3
	d. Fair	4
	or	
	e. Poor?.....	5
Do not read these responses.	Don't know/Not sure	7
	Refused	9

2. Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good? (34–35)

a. Number of days	— —
b. None	8 8
Don't know/Not sure	7 7
Refused	9 9

3. Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good? (36–37)

a. Number of days	— —
b. None <i>If Q. 2 also "None," go to Q. 5 (p. 5)</i>	8 8
Don't know/Not sure	7 7
Refused	9 9

4. During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation? (38–39)
- a. Number of days — —
 - b. None 8 8
 - Don't know/Not sure 7 7
 - Refused 9 9

Section 2: Health Care Access

5. Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, or government plans such as Medicare? (40)

- a. Yes 1
- b. No *Go to Q. 7b (p. 7)* 2
- Don't know/Not sure *Go to Q. 12 (p. 10)* 7
- Refused *Go to Q. 12 (p. 10)* 9

6. Do you have Medicare? (41)

Medicare is a coverage plan for people 65 or over and for certain disabled people.

- a. Yes *Go to Q. 8 (p. 8)* 1
- b. No 2
- Don't know/Not sure 7
- Refused 9

7a. What type of health care coverage do you use to pay for most of your medical care? (42–43)

Is it coverage through: *Please Read*

- a. Your employer *Go to Q. 8 (p. 8)* 0 1
 - b. Someone else’s employer *Go to Q. 8 (p. 8)*..... 0 2
 - c. A plan that you or someone else buys on your own
Go to Q. 8 (p. 8) 0 3
 - d. Medicare *Go to Q. 8 (p. 8)*..... 0 4
 - e. Medicaid or Medical Assistance [*or substitute state program name*] *Go to Q. 8 (p. 8)* 0 5
 - f. The military, CHAMPUS, or the VA [*or CHAMP-VA*]
Go to Q. 8 (p. 8) 0 6
 - g. The Indian Health Service [*or the Alaska Native Health Service*] *Go to Q. 8 (p. 8)* 0 7
or
 - h. Some other source *Go to Q. 8 (p. 8)* 0 8
- None *Go to Q. 11 (p. 9)* 8 8
- Don’t know/Not sure *Go to Q. 8 (p. 8)* 7 7
- Refused *Go to Q. 8 (p. 8)*..... 9 9

Do not read these responses.

7b. There are some types of coverage you may not have considered.

Please tell me if you have any of the following:

(44–45)

Coverage through:

Please Read

If more than one, ask “Which type do you use to pay for most of your medical care?”	a. Your employer	0 1
	b. Someone else’s employer	0 2
	c. A plan that you or someone else buys on your own	0 3
	d. Medicare	0 4
	e. Medicaid or Medical Assistance [<i>or substitute state program name</i>]	0 5
	f. The military, CHAMPUS, or the VA [<i>or CHAMP-VA</i>]	0 6
	g. The Indian Health Service [<i>or the Alaska Native Health Service</i>]	0 7
	h. Some other source	0 8
Do not read these responses.	None <i>Go to Q. 11 (p. 9)</i>	8 8
	Don’t know/Not sure <i>Go to Q. 12 (p. 10)</i>	7 7
	Refused <i>Go to Q. 12 (p. 10)</i>	9 9

8. About how long have you had [fill in type (Medicare/Medicaid/this particular health care coverage) from Q. 6, Q. 7a, or Q. 7b]? (46)

Read Only if Necessary

If necessary, say "The coverage you use currently to pay for most of your medical care."	a. For less than 12 months (1 to 12 months)	1
	b. For less than 2 years (1 to 2 years)	2
	c. For less than 3 years (2 to 3 years)	3
	d. For less than 5 years (3 to 5 years)	4
	e. For 5 or more years	5
	Don't know/Not sure	7
	Refused	9

9. Is there a book or list of doctors associated with your [fill in type (Medicare/Medicaid/health coverage) from Q. 6, Q. 7a, or Q. 7b] plan? (47)

If necessary, say "The coverage you use currently to pay for most of your medical care." If "no" or "Dk/Ns," probe "Is there a certain number you are supposed to call to find a doctor to go to?"	a. Yes	1
	b. No	2
	Don't know/Not sure	7
	Refused	9

10. Does your [fill in type (Medicare/Medicaid/health coverage) from Q. 6, Q. 7a, or Q. 7b] plan require you to select a certain doctor or clinic for all of your routine care? (48)

If necessary, say "The coverage you use currently to pay for most of your medical care."

Do not include emergency care or referral to a specialist.

- a. Yes *Go to Q. 12 (p. 10)* 1
- b. No *Go to Q. 12 (p. 10)* 2
- Don't know/Not sure *Go to Q. 12 (p. 10)* 7
- Refused *Go to Q. 12 (p. 10)* 9

11. About how long has it been since you had health care coverage? (49)

Read Only if Necessary

- a. Within the past 6 months (1 to 6 months ago)..... 1
- b. Within the past year (6 to 12 months ago)..... 2
- c. Within the past 2 years (1 to 2 years ago) 3
- d. Within the past 5 years (2 to 5 years ago) 4
- e. 5 or more years ago 5
- Don't know/Not sure 7
- Never 8
- Refused 9

12. Was there a time during the last 12 months when you needed to see a doctor, but could not because of the cost? (50)

- a. Yes 1
- b. No 2
- Don't know/Not sure 7
- Refused 9

13. About how long has it been since you last visited a doctor for a routine checkup? (51)

Read Only if Necessary

- a. Within the past year (1 to 12 months ago)..... 1
- b. Within the past 2 years (1 to 2 years ago) 2
- c. Within the past 5 years (2 to 5 years ago) 3
- d. 5 or more years ago 4
- Don't know/Not sure 7
- Never 8
- Refused 9

Section 3: Diabetes

14. Have you ever been told by a doctor that you have diabetes? (52)

- | | | |
|---|--|---|
| If "Yes" and female, ask "Was this only when you were pregnant?" | a. Yes | 1 |
| | b. Yes, but female told only during pregnancy..... | 2 |
| | c. No | 3 |
| | Don't know/Not sure | 7 |
| | Refused | 9 |

Section 4: Exercise

The next few questions are about exercise, recreation, or physical activities other than your regular job duties.

15. During the past month, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise? (53)
- a. Yes 1
 - b. No *Go to Q. 25 (p. 15)* 2
 - Don't know/Not sure *Go to Q. 25 (p. 15)* 7
 - Refused *Go to Q. 25 (p. 15)* 9

16. What type of physical activity or exercise did you spend the most time doing during the past month? (54–55)

Activity (specify): _____ — —
See coding list A

Refused *Go to Q. 20 (p. 13)* 9 9

➡ Ask Q. 17 only if answer to Q. 16 is running, jogging, walking, or swimming. All others go to Q. 18.

17. How far did you usually walk/run/jog/swim? (56–58)

See coding list B if response is not in miles and tenths.

Miles and tenths — — . —

Don't know/Not sure 7 7 7

Refused 9 9 9

18. How many times per week or per month did you take part in this activity during the past month? (59–61)

a. Times per week 1 — —

b. Times per month 2 — —

Don't know/Not sure 7 7 7

Refused 9 9 9

19. And when you took part in this activity, for how many minutes or hours did you usually keep at it? (62–64)

Hours and minutes —:— —

Don't know/Not sure 7 7 7

Refused 9 9 9

20. Was there another physical activity or exercise that you participated in during the last month? (65)

a. Yes 1

b. No *Go to Q. 25 (p. 15)* 2

Don't know/Not sure *Go to Q. 25 (p. 15)* 7

Refused *Go to Q. 25 (p. 15)* 9

21. What other type of physical activity gave you the next most exercise during the past month? (66–67)

Activity (specify): _____
See coding list A

Refused *Go to Q. 25 (p. 15)* 9 9

➡ Ask Q. 22 only if answer to Q. 21 is running, jogging, walking, or swimming. All others go to Q. 23 (p. 13).

22. How far did you usually walk/run/jog/swim? (68–70)

See coding list B if response is not in miles and tenths.

Miles and tenths —.—

Don't know/Not sure 7 7 7

Refused 9 9 9

23. How many times per week or per month did you take part in this activity? (71–73)
- a. Times per week 1 _ _
 - b. Times per month 2 _ _
 - Don't know/Not sure 7 7 7
 - Refused 9 9 9

24. And when you took part in this activity, for how many minutes or hours did you usually keep at it? (74–76)
- Hours and minutes _ : _ _
 - Don't know/Not sure 7 7 7
 - Refused 9 9 9

Section 5: Tobacco Use

25. Have you smoked at least 100 cigarettes in your entire life? (77)

- | | | |
|-------------------------------------|---|---|
| 5 packs =
100 cigarettes | a. Yes | 1 |
| | b. No <i>Go to Section 6: Nutrition (p. 17)</i> | 2 |
| | Don't know/Not sure <i>Go to Section 6: Nutrition (p. 17)</i> | 7 |
| | Refused <i>Go to Section 6: Nutrition (p. 17)</i> | 9 |

26. Do you now smoke cigarettes everyday, some days, or not at all? (78)

- a. Everyday..... 1
- b. Some days *Go to Q. 27a* 2
- c. Not at all *Go to Q. 29 (p. 16)*..... 3
- Refused *Go to Section 6: Nutrition (p. 17)* 9

27. On the average, about how many cigarettes a day do you now smoke? (79–80)

- | | | |
|-----------------------------------|---|-----|
| 1 pack =
20 cigarettes | Number of cigarettes <i>Go to Q. 28 (p. 16)</i> | — — |
| | Don't know/Not sure <i>Go to Q. 28 (p. 16)</i> | 7 7 |
| | Refused <i>Go to Q. 28 (p. 16)</i> | 9 9 |

27a. On the average, when you smoked during the past 30 days, about how many cigarettes did you smoke a day? (81–82)

- | | | |
|-----------------------------------|--|-----|
| 1 pack =
20 cigarettes | Number of cigarettes <i>Go to Section 6: Nutrition (p. 17)</i> | — — |
| | Don't know/Not sure <i>Go to Section 6: Nutrition (p. 17)</i> | 7 7 |
| | Refused <i>Go to Section 6: Nutrition (p. 17)</i> | 9 9 |

28. During the past 12 months, have you quit smoking for 1 day or longer? (83)

- a. Yes *Go to Section 6: Nutrition (p. 17)* 1
- b. No *Go to Section 6: Nutrition (p. 17)* 2
- Don't know/Not sure *Go to Section 6: Nutrition (p. 17)* 7
- Refused *Go to Section 6: Nutrition (p. 17)* 9

29. About how long has it been since you last smoked cigarettes regularly,
that is, daily? (84–85)

Read Only if Necessary

- a. Within the past month (0 to 1 month ago) 0 1
- b. Within the past 3 months (1 to 3 months ago) 0 2
- c. Within the past 6 months (3 to 6 months ago) 0 3
- d. Within the past year (6 to 12 months ago) 0 4
- e. Within the past 5 years (1 to 5 years ago) 0 5
- f. Within the past 15 years (5 to 15 years ago) 0 6
- g. 15 or more years ago 0 7
- Don't know/Not sure 7 7
- Never smoked regularly 8 8
- Refused 9 9

Section 6: Nutrition

These next questions are about the foods you usually eat or drink. Please tell me how often you eat or drink each one, for example, twice a week, three times a month, and so forth. Remember, I am only interested in the foods you eat. Include all foods you eat, both at home and away from home.

30. How often do you drink fruit juices such as orange, grapefruit, or tomato? (86–88)

- a. Per day 1 _ _
- b. Per week 2 _ _
- c. Per month 3 _ _
- d. Per year 4 _ _
- e. Never 5 5 5
- Don't know/Not sure 7 7 7
- Refused 9 9 9

31. Not counting juice, how often do you eat fruit? (89–91)

- a. Per day 1 _ _
- b. Per week 2 _ _
- c. Per month 3 _ _
- d. Per year 4 _ _
- e. Never 5 5 5
- Don't know/Not sure 7 7 7
- Refused 9 9 9

32. How often do you eat green salad? (92–94)

- a. Per day 1 _ _
- b. Per week 2 _ _
- c. Per month 3 _ _
- d. Per year 4 _ _
- e. Never 5 5 5
- Don't know/Not sure 7 7 7
- Refused 9 9 9

33. How often do you eat potatoes not including french fries, fried potatoes, or potato chips? (95–97)

- a. Per day 1 _ _
- b. Per week 2 _ _
- c. Per month 3 _ _
- d. Per year 4 _ _
- e. Never 5 5 5
- Don't know/Not sure 7 7 7
- Refused 9 9 9

34. How often do you eat carrots? (98–100)
- a. Per day 1 _ _
 - b. Per week 2 _ _
 - c. Per month 3 _ _
 - d. Per year 4 _ _
 - e. Never 5 5 5
 - Don't know/Not sure 7 7 7
 - Refused 9 9 9

35. Not counting carrots, potatoes, or salad, how many servings of vegetables do you usually eat? (101–103)

Example: a serving of vegetables at both lunch and dinner would be two servings.

- a. Per day 1 _ _
- b. Per week 2 _ _
- c. Per month 3 _ _
- d. Per year 4 _ _
- e. Never 5 5 5
- Don't know/Not sure 7 7 7
- Refused 9 9 9

Section 7: Weight Control

36. Are you now trying to lose weight? (104)

- a. Yes *Go to Q. 38* 1
- b. No 2
- Don't know/Not sure 7
- Refused 9

37. Are you now trying to maintain your current weight, that is, to keep from gaining weight? (105)

- a. Yes 1
- b. No *Go to Q. 40 (p. 21)* 2
- Don't know/Not sure *Go to Q. 40 (p. 21)* 7
- Refused *Go to Q. 40 (p. 21)* 9

38. Are you eating either fewer calories or less fat to . . . lose weight? *[If yes on Q. 36]* (106)
keep from gaining weight? *[If yes on Q. 37]*

- | | |
|---------------------------------|---|
| Probe
for
which. | a. Yes, fewer calories 1 |
| | b. Yes, less fat 2 |
| | c. Yes, fewer calories and less fat 3 |
| | d. No 4 |
| | Don't know/Not sure 7 |
| | Refused 9 |

39. Are you using physical activity or exercise to . . . (107)
lose weight? *[If yes on Q. 36]*
keep from gaining weight? *[If yes on Q. 37]*

- a. Yes 1
- b. No 2
- Don't know/Not sure 7
- Refused 9

40. In the past 12 months, has a doctor, nurse, or other health professional given you advice about your weight? (108)

- | | | |
|---------------------------------|---|---|
| Probe
for
which. | a. Yes, lose weight | 1 |
| | b. Yes, gain weight | 2 |
| | c. Yes, maintain current weight | 3 |
| | d. No | 4 |
| | Don't know/Not sure | 7 |
| | Refused | 9 |

Section 8: Demographics

41. What is your age? (109–110)

- Code age in years — —
- Don't know/Not sure 0 7
- Refused 0 9

42. What is your race? (111)

Would you say: *Please Read*

- a. White 1
- b. Black 2
- c. Asian, Pacific Islander 3
- d. American Indian, Alaska Native 4
- or**
- e. Other: (specify) 5

**Do not read
these
responses.**

- Don't know/Not sure 7
- Refused 9

43. Are you of Spanish or Hispanic origin? (112)

- a. Yes 1
- b. No 2
- Don't know/Not sure 7
- Refused 9

44. Are you: (113)

Please Read

- a. Married 1
- b. Divorced 2
- c. Widowed. 3
- d. Separated 4
- e. Never been married 5
- or**
- f. A member of an unmarried couple 6
- Refused 9

45. How many children live in your household who are . . .

Please Read

- | | | | |
|--|----|-----------------------------------|----------|
| Code 1-9
7 = 7 or more
8 = none
9 = refused | a. | less than 5 years old | __ (114) |
| | b. | 5 through 12 years old | __ (115) |
| | c. | 13 through 17 years old | __ (116) |

46. What is the highest grade or year of school you completed? (117)

Read Only if Necessary

- a. Never attended school or only attended kindergarten 1
- b. Grades 1 through 8 (Elementary) 2
- c. Grades 9 through 11 (Some high school) 3
- d. Grade 12 or GED (High school graduate) 4
- e. College 1 year to 3 years (Some college or technical school) . . . 5
- f. College 4 years or more (College graduate) 6
- Refused 9

47. Are you currently: (118)

Please Read

- a. Employed for wages 1
- b. Self-employed 2
- c. Out of work for more than 1 year 3
- d. Out of work for less than 1 year 4
- e. Homemaker 5
- f. Student 6
- g. Retired 7
- or**
- h. Unable to work 8
- Refused 9

48. Is your annual household income from all sources: (119–120)

Please Read

- | | |
|---|--|
| If respondent
refuses at any
income level,
code refused. | <ul style="list-style-type: none"> a. Less than \$25,000 <i>If "no," ask e; if "yes" ask b</i>
(\$20,000 to less than \$25,000) 0 4 b. Less than \$20,000 <i>If "no," code a; if "yes" ask c</i>
(\$15,000 to less than \$20,000) 0 3 c. Less than \$15,000 <i>If "no," code b; if "yes" ask d</i>
(\$10,000 to less than \$15,000) 0 2 d. Less than \$10,000 <i>If "no," code c</i> 0 1 e. Less than \$35,000 <i>If "no," ask f</i>
(\$25,000 to less than \$35,000) 0 5 f. Less than \$50,000 <i>If "no," ask g</i>
(\$35,000 to less than \$50,000) 0 6 g. Less than \$75,000 <i>If "no," code h</i>
(\$50,000 to less than \$75,000) 0 7 h. \$75,000 or more 0 8 |
| Do not read
these
responses. | <ul style="list-style-type: none"> Don't know/Not sure 7 7 Refused 9 9 |

49. About how much do you weigh without shoes? (121–123)

Round fractions up.

Weight	— — —
	pounds
Don't know/Not sure	7 7 7
Refused	9 9 9

50. How much would you like to weigh? (124–126)

Weight	— — —
	pounds
Don't know/Not sure	7 7 7
Refused	9 9 9

51. About how tall are you without shoes? (127–129)

Round fractions down.

Height	— / — —
	ft / inches
Don't know/Not sure	7 7 7
Refused	9 9 9

52. What county do you live in? (130–132)

FIPS county code	— — —
Don't know/Not sure	7 7 7
Refused	9 9 9

53. Do you have more than one telephone number in your household? (133)

a. Yes	1
b. No <i>Go to Q. 55 (p. 26)</i>	2
Refused <i>Go to Q. 55 (p. 26)</i>	9

54. How many residential telephone numbers do you have? (134)

- Total telephone numbers [*8 = 8 or more*] —
- Refused 9

55. Indicate sex of respondent. (135)

Ask Only if Necessary

- Male *Go to Section 10: HIV/AIDS (p. 31)* 1
- Female 2

Now I have some questions about other health services you may have received.

Section 9: Women’s Health

56. A mammogram is an x-ray of each breast to look for breast cancer.
Have you ever had a mammogram? (136)

- a. Yes 1
- b. No *Go to Q. 59 (p. 28)* 2
- Don’t know/Not sure *Go to Q. 59 (p. 28)* 7
- Refused *Go to Q. 59 (p. 28)* 9

57. How long has it been since you had your last mammogram? (137)

Read Only if Necessary

- a. Within the past year (1 to 12 months ago)..... 1
- b. Within the past 2 years (1 to 2 years ago) 2
- c. Within the past 3 years (2 to 3 years ago) 3
- d. Within the past 5 years (3 to 5 years ago) 4
- e. 5 or more years ago 5
- Don’t know/Not sure 7
- Refused 9

58. Was your last mammogram done as part of a routine checkup, because
of a breast problem other than cancer, or because you’ve already had
breast cancer? (138)

- a. Routine checkup 1
- b. Breast problem other than cancer 2
- c. Had breast cancer 3
- Don’t know/Not sure 7
- Refused 9

59. A clinical breast exam is when a doctor, nurse, or other health professional feels the breast for lumps. Have you ever had a clinical breast exam? (139)

- a. Yes 1
- b. No *Go to Q. 62 (p. 29)* 2
- Don't know/Not sure *Go to Q. 62 (p. 29)* 7
- Refused *Go to Q. 62 (p. 29)* 9

60. How long has it been since your last breast exam? (140)

Read Only if Necessary

- a. Within the past year (1 to 12 months ago)..... 1
- b. Within the past 2 years (1 to 2 years ago) 2
- c. Within the past 3 years (2 to 3 years ago) 3
- d. Within the past 5 years (3 to 5 years ago) 4
- e. 5 or more years ago 5
- Don't know/Not sure 7
- Refused 9

61. Was your last breast exam done as part of a routine checkup, because of a breast problem other than cancer, or because you've already had breast cancer? (141)

- a. Routine Checkup 1
- b. Breast problem other than cancer 2
- c. Had breast cancer 3
- Don't know/Not sure 7
- Refused 9

62. A Pap smear is a test for cancer of the cervix. Have you ever had a Pap smear? (142)

- a. Yes 1
- b. No *Go to Q. 65 (p. 30)* 2
- Don't know/Not sure *Go to Q. 65 (p. 30)* 7
- Refused *Go to Q. 65 (p. 30)* 9

63. How long has it been since you had your last Pap smear? (143)

Read Only if Necessary

- a. Within the past year (1 to 12 months ago)..... 1
- b. Within the past 2 years (1 to 2 years ago) 2
- c. Within the past 3 years (2 to 3 years ago) 3
- d. Within the past 5 years (3 to 5 years ago) 4
- e. 5 or more years ago 5
- Don't know/Not sure 7
- Refused 9

64. Was your last Pap smear done as part of a routine exam, or to check a current or previous problem? (144)

- a. Routine exam 1
- b. Check current or previous problem 2
- Other 3
- Don't know/Not sure 7
- Refused 9

65. Have you had a hysterectomy? (145)

A hysterectomy is an operation to remove the uterus (womb).

- a. Yes *Go to Section 10: HIV/AIDS (p. 31)* 1
- b. No 2
- Don't know/Not sure 7
- Refused 9

➡ If respondent is 45 years old or older, go to Section 10: HIV/AIDS (p. 31).

66. To your knowledge, are you now pregnant? (146)

- a. Yes 1
- b. No 2
- Don't know/Not sure 7
- Refused 9

Section 10: HIV/AIDS

➡ If respondent is 65 years old or older, go to Closing Statement.

The next few questions are about the national health problem of HIV, the virus that causes AIDS. Please remember that your answers are strictly confidential and that you don't have to answer every question if you don't want to.

67. If you had a child in school, at what grade do you think he or she should begin receiving education in school about HIV infection and AIDS? (147-148)

Code 01 through 12	a. Grade	___
	b. Kindergarten	5 5
	c. Never	8 8
	Don't know/Not sure	7 7
	Refused	9 9

68. If you had a teenager who was sexually active, would you encourage him or her to use a condom? (149)

a. Yes	1
b. No	2
Would give other advice	3
Don't know/Not sure	7
Refused	9

69. What are your chances of getting infected with HIV, the virus that causes AIDS? (150)

Would you say: *Please Read*

- a. High 1
- b. Medium..... 2
- c. Low..... 3
- or**
- d. None 4
- Not applicable *Go to Q. 71 (p. 33)* 5
- Don't know/Not sure 7
- Refused 9

Do not read these responses.

70. Have you ever had your blood tested for HIV? (151)

- a. Yes *Go to Q. 71 (p. 33)* 1
- b. No 2
- Don't know/Not sure 7
- Refused 9

71a. Have you donated blood since March 1985? (152)

- a. Yes 1
- b. No *Go to Q. 76 (p. 36)* 2
- Don't know/Not sure *Go to Q. 76 (p. 36)* 7
- Refused *Go to Q. 76 (p. 36)* 9

72a. When did you last donate blood? (153–156)

- Code month and year *Go to Q. 76 (p. 36)* — — / — —
- Don't know/Not sure *Go to Q. 76 (p. 36)* 7 7 7 7
- Refused *Go to Q. 76 (p. 36)* 9 9 9 9

71. When was your last blood test for HIV? (157–160)

- Code month and year — — / — —
- Don't know/Not sure 7 7 7 7
- Refused 9 9 9 9

72. What was the main reason you had your last blood test for HIV? (161–162)

Reason code — —

Read Only if Necessary

- a. For hospitalization or surgical procedure 0 1
- b. To apply for health insurance 0 2
- c. To apply for life insurance 0 3
- d. For employment 0 4
- e. To apply for a marriage license 0 5
- f. For military induction or military service 0 6
- g. For immigration 0 7
- h. Just to find out if you were infected 0 8
- i. Because of referral by a doctor 0 9
- j. Because of pregnancy 1 0
- k. Referred by your sex partner 1 1
- l. Because it was part of a blood donation process 1 2
Go to Q. 76 (p. 36)
- m. For routine checkup 1 3
- n. Because of occupational exposure 1 4
- o. Because of illness 1 5
- p. Because I am at risk for HIV 1 6
- q. Other 8 7
- Don't know/Not sure 7 7
- Refused 9 9

73. Where did you have your last blood test for HIV? (163–164)

Facility Code — —

Read Only if Necessary

- a. Private doctor, HMO 0 1
- b. Blood bank, plasma center, Red Cross 0 2
- c. Health department 0 3
- d. AIDS clinic, counseling, testing site 0 4
- e. Hospital, emergency room, outpatient clinic 0 5
- f. Family planning clinic 0 6
- g. Prenatal clinic, obstetrician’s office 0 7
- h. Tuberculosis clinic 0 8
- i. STD clinic 0 9
- j. Community health clinic 1 0
- k. Clinic run by employer 1 1
- l. Insurance company clinic 1 2
- m. Other public clinic 1 3
- n. Drug treatment facility 1 4
- o. Military induction or military service site 1 5
- p. Immigration site 1 6
- q. At home, home visit by nurse or health worker 1 7
- r. At home, using self-sampling kit 1 8
- s. In jail or prison 1 9
- t. Other 8 7
- Don’t know/Not sure 7 7
- Refused 9 9

74. Did you receive the results of your last test? (165)
- a. Yes 1
 - b. No *Go to Q. 76* 2
 - c. Don't know/Not sure *Go to Q. 76* 7
 - Refused *Go to Q. 76* 9

75. Did you receive counseling or talk with a health care professional about the results of your test? (166)
- a. Yes 1
 - b. No 2
 - Don't know/Not sure 7
 - Refused 9

76. Some people use condoms to keep from getting infected with HIV through sexual activity. How effective do you think a properly used condom is for this purpose? (167)

Would you say: *Please Read*

- a. Very effective 1
- b. Somewhat effective 2
- or**
- c. Not at all effective 3
- Don't know how effective 4
- Don't know method 5
- Refused 9

Do not read these responses.

These next few questions are about your personal sexual behavior, and I want to remind you that your answers are confidential.

- 77. Due to what you know about HIV, have you changed your sexual behavior in the last 12 months? (168)
 - a. Yes 1
 - b. No *Go to Closing Statement* 2
 - Don't know/Not sure *Go to Closing Statement* 7
 - Refused *Go to Closing Statement* 9

78. Have you:

<i>Please Read</i>	<u>Yes</u>	<u>No</u>	<u>Dk/Ns</u>	<u>Ref</u>	
a. Had sexual intercourse with only one partner?	1	2	7	9	(169)
b. Used condoms for protection? ..	1	2	7	9	(170)
c. Been more careful in selecting sexual partners?	1	2	7	9	(171)

Closing Statement

That's my last question. Everyone's answers will be combined to give us information about the health practices of people in this state. Thank you very much for your time and cooperation.

or

Transition to Modules, or State-Added Questions, or Both

Finally, I have just a few questions left about some other health topics.



Activity Codes and Intensity Factors for Common Leisure Activities Coding List A

Code description

01. Aerobics class
02. Backpacking
03. Badminton
04. Basketball
05. Bicycling for pleasure
06. Boating (canoeing, rowing,
sailing for pleasure or camping)
07. Bowling
08. Boxing
09. Calisthenics
10. Canoeing/rowing—in competition
11. Carpentry
12. Dancing-aerobics/ballet
13. Fishing from river bank or boat
14. Gardening (spading, weeding,
digging, filling)
15. Golf
16. Handball
17. Health club exercise
18. Hiking—cross-country
19. Home exercise
20. Horseback riding
21. Hunting large game—deer, elk
22. Jogging
23. Judo/karate
24. Mountain climbing
25. Mowing lawn
26. Paddleball
27. Painting/papering house

Code description

28. Racketball
29. Raking lawn
30. Running
31. Rope skipping
32. Scuba diving
33. Skating—ice or roller
34. Sledding, tobogganing
35. Snorkeling
36. Snowshoeing
37. Snow shoveling by hand
38. Snow blowing
39. Snow skiing
40. Soccer
41. Softball
42. Squash
43. Stair climbing
44. Stream fishing in waders
45. Surfing
46. Swimming laps
47. Table tennis
48. Tennis
49. Touch football
50. Volleyball
51. Walking
52. Waterskiing
53. Weight lifting
54. Other_____
55. Bicycling machine exercise
56. Rowing machine exercise

Coding List B

Lap Swimming

<i>Size pool</i>	<i>Laps</i>
50 ft. pool	10 laps = .1 mile
100 ft. pool	5 laps = .1 mile
50 meter pool	3 laps = .1 mile

Running/Jogging/Walking

1/2 mile = .5 mile
1/4 mile = .3 mile
1/8 mile = .1 mile
1 block = .1 mile



Module 1: Diabetes

1. How old were you when you were told you have diabetes? (172–173)
- | | | |
|---|---|---|
| Code age in years [76 = 76 and older] | — | — |
| Don't know/Not sure | 7 | 7 |
| Refused | 9 | 9 |
2. Are you now taking insulin? (174)
- | | |
|---------------------------------|---|
| a. Yes | 1 |
| b. No <i>Go to Q. 4</i> | 2 |
| Refused <i>Go to Q. 4</i> | 9 |
3. Currently, about how often do you use insulin? (175–177)
- | | | | |
|---------------------------|---|---|---|
| a. Times per day | 1 | — | — |
| b. Times per week | 2 | — | — |
| c. Use insulin pump | 3 | 3 | 3 |
| Don't know/Not sure | 7 | 7 | 7 |
| Refused | 9 | 9 | 9 |
4. About how often do you check your blood for glucose or sugar? Include times when checked by a family member or friend, but do not include times when checked by a health professional. (178–180)
- | | | | |
|---------------------------|---|---|---|
| a. Times per day | 1 | — | — |
| b. Times per week | 2 | — | — |
| c. Times per month | 3 | — | — |
| d. Times per year | 4 | — | — |
| e. Never | 8 | 8 | 8 |
| Don't know/Not sure | 7 | 7 | 7 |
| Refused | 9 | 9 | 9 |



5. Have you ever heard of glycosylated hemoglobin [gli-KOS-ilated he-mo-glo-bin] or hemoglobin “A one C”? (181)

- a. Yes 1
- b. No 2
- Don't know/Not sure 7
- Refused 9

6. About how many times in the last year have you seen a doctor, nurse, or other health professional for your diabetes? (182–183)

- a. Number of times — —
- b. None *Go to Q. 9* 8 8
- Don't know/Not sure *Go to Q. 9* 7 7
- Refused *Go to Q. 9* 9 9

➡ If “No,” “Dk/Ns,” or “Refused” to Q. 5, go to Q. 8.

7. About how many times in the last year has a doctor, nurse, or other health professional checked you for glycosylated hemoglobin or hemoglobin “A one C”? (184–185)

- a. Number of times — —
- b. None 8 8
- Don't know/Not sure 7 7
- Refused 9 9

8. About how many times in the last year has a health professional checked your feet for any sores or irritations? (186–187)

- a. Number of times — —
- b. None 8 8
- Don't know/Not sure 7 7
- Refused 9 9



9. When was the last time you had an eye exam in which the pupils were dilated?
This would have made you temporarily sensitive to bright light. (188)

Read Only if Necessary

- a. Within the past month (0 to 1 month ago) 1
- b. Within the past year (1 to 12 months ago) 2
- c. Within the past 2 years (1 to 2 years ago) 3
- d. 2 or more years ago 4
- e. Never 8
- Don't know/Not sure 7
- Refused 9

I would now like to ask you three questions about how well you see with your glasses or contacts on if you use them.

10. How much of the time does your vision limit you in recognizing people or objects across the street? (189)

Would you say:

Please Read

- a. All of the time 1
- b. Most of the time 2
- c. Some of the time 3
- d. A little bit of the time 4
- or**
- e. None of the time 5

**Do not read
these
responses.**

- Don't know/Not sure 7
- Refused 9



11. How much of the time does your vision limit you in reading print in a newspaper, magazine, recipe, menu, or numbers on the telephone? (190)

Would you say: *Please Read*

- a. All of the time 1
 - b. Most of the time 2
 - c. Some of the time 3
 - d. A little bit of the time 4
 - or**
 - e. None of the time 5
- Do not read these responses.** | Don't know/Not sure 7
- Refused 9

12. How much of the time does your vision limit you in watching television? (191)

Would you say: *Please Read*

- a. All of the time 1
 - b. Most of the time 2
 - c. Some of the time 3
 - d. A little bit of the time 4
 - or**
 - e. None of the time 5
- Do not read these responses.** | Don't know/Not sure 7
- Refused 9



Module 2: Sexual Behavior



If respondent is 50 years old or older, go to next module.

1. During the past 12 months, with how many people have you had sexual intercourse? (192–193)
 - a. Number — —
 - b. None *Go to Next Module* 8 8
 - Don't know/Not sure 7 7
 - Refused 9 9

2. During the last week, how many times have you had sexual intercourse? (194–195)
 - a. Number — —
 - b. None 8 8
 - Don't know/Not sure 7 7
 - Refused 9 9

3. Was a condom used the last time you had sexual intercourse? (196)
 - a. Yes 1
 - b. No *Go to Q. 5* 2
 - Don't know/Not sure *Go to Q. 5* 7
 - Refused *Go to Q. 5* 9



4. The last time you had sexual intercourse, was the condom used ... (197)

Please Read

- a. To prevent pregnancy 1
- b. To prevent diseases like syphilis, gonorrhea, and AIDS 2
- c. For both of these reasons 3
- or**
- d. For some other reason..... 4
- Don't know/Not sure 7
- Refused 9

5. I'm going to read you a list. When I'm done, please tell me if any of the situations apply to you. You don't need to tell me which one.

You have used intravenous drugs in the past year.

You have been treated for a sexually transmitted or venereal disease in the past year.

You tested positive for having HIV, the virus that causes AIDS.

You had anal sex without a condom in the past year.

Do any of these situations apply to you? (198)

- a. Yes 1
- b. No 2
- Don't know/Not sure 7
- Refused 9



6. In the past five years, have you been treated for a sexually transmitted or venereal disease? (199)

a. Yes 1

b. No **Go to Next Module** 2

Don't know/Not sure **Go to Next Module** 7

Refused **Go to Next Module** 9

7. Were you treated at a health department STD clinic? (200)

a. Yes 1

b. No 2

Don't know/Not sure 7

Refused 9



Module 3: Health Care Coverage

I asked you previously about your health care coverage.



If “Dk/Ns” or “Refused” to core Q. 5, go to Q. 5.
If “None” to core Q. 7a or core Q. 7b, continue. Otherwise, go to Q. 2.

1.	What is the main reason you are without health care coverage?	(201–202)
	a. Lost job or changed employers <i>Go to Q. 5</i>	0 1
	b. Spouse or parent lost job or changed employers <i>[includes any person who had been providing insurance prior to job loss or change]</i> <i>Go to Q. 5</i>	0 2
	c. Became divorced or separated <i>Go to Q. 5</i>	0 3
	d. Spouse or parent died <i>Go to Q. 5</i>	0 4
	e. Became ineligible because of age or because left school <i>Go to Q. 5</i>	0 5
	f. Employer doesn’t offer or stopped offering coverage <i>Go to Q. 5</i>	0 6
	g. Cut back to part time or became temporary employee <i>Go to Q. 5</i>	0 7
	h. Benefits from employer or former employer ran out <i>Go to Q. 5</i>	0 8
	i. Couldn’t afford to pay the premiums <i>Go to Q. 5</i>	0 9
	j. Insurance company refused coverage <i>Go to Q. 5</i>	1 0
	k. Lost Medicaid or Medical Assistance eligibility <i>Go to Q. 5</i>	1 1
	l. Other <i>Go to Q. 5</i>	8 7
	Don’t know/Not sure <i>Go to Q. 5</i>	7 7
	Refused <i>Go to Q. 5</i>	9 9



2. Other than [*fill in type (Medicare/Medicaid/the health coverage which pays for most of your medical care) from core Q. 6, Q. 7a, or Q. 7b*] do you have any other type of health care coverage? (203)

Do not include plans that only cover one type of service or care.	a. Yes	1
	b. No	2
	Don't know/Not sure	7
	Refused	9

➡ If respondent is 66 years old or older, go to Q. 5.

3. During the past 12 months, was there any time that you did not have any health insurance or coverage? (204)

a. Yes	1
b. No <i>Go to Q. 5</i>	2
Don't know/Not sure <i>Go to Q. 5</i>	7
Refused <i>Go to Q. 5</i>	9



4. What was the main reason you were without health care coverage? (205–206)

- a. Lost job or changed employers 0 1
- b. Spouse or parent lost job or changed employers
*[includes any person who had been providing
insurance prior to job loss or change]* 0 2
- c. Became divorced or separated 0 3
- d. Spouse or parent died 0 4
- e. Became ineligible because of age or because
left school 0 5
- f. Employer doesn't offer or stopped offering
coverage 0 6
- g. Cut back to part time or became temporary
employee 0 7
- h. Benefits from employer or former employer ran
out 0 8
- i. Couldn't afford to pay the premiums 0 9
- j. Insurance company refused coverage 1 0
- k. Lost Medicaid or Medical Assistance eligibility 1 1
- l. Other 8 7
- Don't know/Not sure 7 7
- Refused 9 9



Now I am going to ask you some questions about your doctor or other health professional and the health care you receive.

5. How would you rate your satisfaction with your overall health care? (207)

Would you say: *Please Read*

	a. Excellent	1
	b. Very Good	2
	c. Good	3
	d. Fair	4
	or	
	e. Poor	5
	Not applicable/Don't use any health services.	8
Do not read these responses.	Don't know/Not sure	7
	Refused	9

6. Is there one particular doctor or health professional who you usually go to when you need medical care? (208)

If "more than one," ask "Is there one you usually go to for routine care?" Code "only one" if "yes."	a. Yes, only one	1
	b. More than one <i>Go to Q. 9</i>	2
	c. No <i>Go to Q. 9</i>	3
	Don't know/Not sure <i>Go to Q. 9</i>	7
	Refused <i>Go to Q. 9</i>	9



7. When did you last change doctors? (209)

Read Only if Necessary

“Doctors” includes other health professionals.	a. Within the past year (1 to 12 months ago)	1
	b. Within the past 2 years (1 to 2 years ago)	2
	c. Within the past 3 years (2 to 3 years ago)	3
	d. Within the past 5 years (3 to 5 years ago)	4
	e. 5 or more years	5
	f. Never <i>Go to Q. 9</i>	8
	Don’t know/Not sure	7
	Refused	9

8. Why did you change doctors that last time? (210–211)

“Doctors” includes other health professionals.	a. Changed residence or moved	0 1
	b. Changed jobs	0 2
	c. Changed health care coverage	0 3
	d. Provider moved or retired	0 4
	e. Dissatisfied with former provider or liked new provider better	0 5
	f. Former provider no longer reimbursed by my health care coverage	0 6
	g. Owed money to former provider	0 7
	h. Medical care needs changed	0 8
	i. Other	8 7
	Don’t know/Not sure	7 7
	Refused	9 9



The next question is about the PLACE you usually go to for your own medical care.

9. Thinking of the distance or time you travel to get to the place you usually go to, how would you rate the convenience of that place? (212)

Would you say:

Please Read

	a. Excellent	1
	b. Very Good	2
	c. Good	3
	d. Fair	4
	or	
	e. Poor.....	5
Do not read these responses.	Doesn't have usual place	6
	Don't know/Not sure	7
	Refused	9



Module 4: Smokeless Tobacco Use

1. Have you ever used or tried any smokeless tobacco products such as chewing tobacco or snuff? (213)

Probe for chewing tobacco, snuff, or both.	a. Yes, chewing tobacco	1
	b. Yes, snuff	2
	c. Yes, both	3
	d. No, neither <i>Go to Next Module</i>	4
	Don't know/Not sure <i>Go to Next Module</i>	7
	Refused <i>Go to Next Module</i>	9

2. Do you currently use any smokeless tobacco products such as chewing tobacco or snuff? (214)

"Yes" includes occasional use.	a. Yes, chewing tobacco	1
	b. Yes, snuff	2
	c. Yes, both	3
	d. No, neither	4
	Don't know/Not sure	7
	Refused	9



Module 5: Arthritis

1. During the past 12 months, have you had pain, aching, stiffness or swelling in or around a joint? (215)
 - a. Yes 1
 - b. No **Go Q. 4** 2
 - Don't know/Not sure **Go Q. 4** 7
 - Refused **Go Q. 4** 9

2. Were these symptoms present on most days for at least one month? (216)
 - a. Yes 1
 - b. No 2
 - Don't know/Not sure 7
 - Refused 9

3. Are you now limited in any way in any activities because of joint symptoms? (217)
 - a. Yes 1
 - b. No 2
 - Don't know/Not sure 7
 - Refused 9



4. Have you ever been told by a doctor that you have arthritis?	(218)
a. Yes	1
b. No <i>Go to Next Module</i>	2
Don't know/Not sure <i>Go to Next Module</i>	7
Refused <i>Go to Next Module</i>	9

5. What type of arthritis did the doctor say you have?	(219–220)
--	-----------

Read Only if Necessary

a. Osteoarthritis/degenerative arthritis	0 1
b. Rheumatism	0 2
c. Rheumatoid Arthritis	0 3
d. Lyme disease	0 4
e. Other (specify) _____	0 7
f. Never saw a doctor	8 8
Don't know/Not sure	7 7
Refused	9 9

6. Are you currently being treated by a doctor for arthritis?	(221)
a. Yes	1
b. No	2
Don't know/Not sure	7
Refused	9



Module 6: Quality of Life

These next questions are about limitations you may have in your daily life.

1. Are you limited in any way in any activities because of any impairment or health problem? (222)
 - a. Yes 1
 - b. No *Go to Q. 6* 2
 - Don't know/Not sure *Go to Q. 6* 7
 - Refused *Go to Q. 6* 9

2. What is the major impairment or health problem that limits your activities? (223–224)
 - a. Arthritis/rheumatism..... 0 1
 - b. Back or neck problem..... 0 2
 - c. Fractures, bone/joint injury..... 0 3
 - d. Walking problem 0 4
 - e. Lung/breathing problem 0 5
 - f. Hearing problem 0 6
 - g. Eye/vision problem..... 0 7
 - h. Heart problem 0 8
 - i. Stroke problem 0 9
 - j. Hypertension/high blood pressure 1 0
 - k. Diabetes 1 1
 - l. Cancer 1 2
 - m. Depression/anxiety/emotional problem 1 3
 - n. Other impairment/problem 1 4
 - Don't know/Not sure 7 7
 - Refused 9 9



3. For how long have your activities been limited because of your major impairment or health problem? (225–227)

- a. Days 1 __ __
- b. Weeks 2 __ __
- c. Months 3 __ __
- d. Years 4 __ __
- Don't know/Not sure 7 7 7
- Refused 9 9 9

4. Because of any impairment or health problem, do you need the help of other persons with your PERSONAL CARE needs, such as eating, bathing, dressing, or getting around the house? (228)

- a. Yes 1
- b. No 2
- Don't know/Not sure 7
- Refused 9

5. Because of any impairment or health problem, do you need the help of other persons in handling your ROUTINE needs, such as everyday household chores, doing necessary business, shopping, or getting around for other purposes? (229)

- a. Yes 1
- b. No 2
- Don't know/Not sure 7
- Refused 9



6. During the past 30 days, for about how many days did pain make it hard for you to do your usual activities, such as self-care, work, or recreation? (230–231)
- a. Number of days — —
 - b. None 8 8
 - Don't know/Not sure 7 7
 - Refused 9 9
7. During the past 30 days, for about how many days have you felt sad, blue, or depressed? (232–233)
- a. Number of days — —
 - b. None 8 8
 - Don't know/Not sure 7 7
 - Refused 9 9
8. During the past 30 days, for about how many days have you felt worried, tense, or anxious? (234–235)
- a. Number of days — —
 - b. None 8 8
 - Don't know/Not sure 7 7
 - Refused 9 9
9. During the past 30 days, for about how many days have you felt you did not get enough rest or sleep? (236–237)
- a. Number of days — —
 - b. None 8 8
 - Don't know/Not sure 7 7
 - Refused 9 9



10. During the past 30 days, for about how many days have you felt very healthy and full of energy? (238–239)

- a. Number of days — —
- b. None 8 8
- Don't know/Not sure 7 7
- Refused 9 9



Module 7: Health Care Utilization

1. Is there one particular clinic, health center, doctor's office, or other place that you usually go to if you are sick or need advice about your health? (240)
 - a. Yes *Go to Q. 3* 1
 - b. More than one place 2
 - c. No *Go to Q. 4* 3
 - Don't know/Not sure *Go to Next Module* 7
 - Refused *Go to Next Module* 9

2. Is there one of these places that you go to most often when you are sick or need advice about your health? (241)
 - a. Yes 1
 - b. No *Go to Next Module* 2
 - Don't know/Not sure *Go to Next Module* 7
 - Refused *Go to Next Module* 9



3. What kind of place is it — a clinic, a health center, a hospital, a doctor’s office, or some other place?	(242–243)
a. Doctor’s office or private clinic <i>Go to Next Module</i>	0 1
b. Company or school health clinic/center <i>Go to Next Module</i>	0 2
c. Community/migrant/rural clinic/center <i>Go to Next Module</i>	0 3
d. County/city/public hospital outpatient clinic <i>Go to Next Module</i>	0 4
e. Private/other hospital outpatient clinic <i>Go to Next Module</i>	0 5
f. Hospital emergency room <i>Go to Next Module</i>	0 6
g. HMO/prepaid group <i>Go to Next Module</i>	0 7
h. Psychiatric hospital or clinic <i>Go to Next Module</i>	0 8
i. VA hospital or clinic <i>Go to Next Module</i>	0 9
j. Military health care facility <i>Go to Next Module</i>	1 0
k. Some other kind of place <i>Go to Next Module</i>	1 1
Don’t know/Not sure <i>Go to Next Module</i>	7 7
Refused <i>Go to Next Module</i>	9 9



4. What is the main reason you do not have a usual source of medical care? (244–245)
- a. Two or more usual places 0 1
 - b. Have not needed a doctor 0 2
 - c. Do not like/trust/believe in doctors 0 3
 - d. Do not know where to go 0 4
 - e. Previous doctor is not available/moved 0 5
 - f. No insurance/cannot afford 0 6
 - g. Speak a different language 0 7
 - h. No place is available/close enough/convenient 0 8
 - i. Other 0 9
- Don't know/Not sure 7 7
- Refused 9 9



Module 8: Oral Health

1. How long has it been since you last visited the dentist or a dental clinic? (246)
- a. Within the past year (1 to 12 months ago) **Go to Q. 3** 1
 - b. Within the past 2 years (1 to 2 years ago) 2
 - c. Within the past 5 years (2 to 5 years ago) 3
 - d. 5 or more years ago 4
 - Don't know/Not sure **Go to Q. 3** 7
 - Never 8
 - Refused **Go to Q. 3** 9

2. What is the main reason you have not visited the dentist in the last year? (247–248)

Reason code — —

Read Only if Necessary

- a. Fear, apprehension, nervousness, pain, dislike going..... 0 1
- b. Cost..... 0 2
- c. Do not have/know a dentist 0 3
- d. Cannot get to the office/clinic (too far away, no transportation, no appointments available)..... 0 4
- e. No reason to go (no problems, no teeth) 0 5
- f. Other priorities 0 6
- g. Have not thought of it..... 0 7
- h. Other 0 8
- Don't know/Not sure 7 7
- Refused 9 9



3. How many of your permanent teeth have been removed because of tooth decay or gum disease? Do not include teeth lost for other reasons, such as injury or orthodontics. (249)
- a. 5 or fewer 1
 - b. 6 or more but not all 2
 - c. All 3
 - d. None 8
 - Don't know/Not sure 7
 - Refused 9
4. Do you have any kind of insurance coverage that pays for some or all of your routine dental care, including dental insurance, prepaid plans such as HMOs, or government plans such as Medicaid? (250)
- a. Yes 1
 - b. No 2
 - Don't know/Not sure 7
 - Refused 9



Module 9: Preventive Counseling Services

The next series of questions is about counseling services related to prevention that you might have received from a doctor, nurse, or other health professional.

1. Has a doctor or other health professional ever talked with you about your diet or eating habits? (251)

If yes, ask “About how long ago was it?”	a. Yes, within the past 12 months (1 to 12 months ago)	1
	b. Yes, within the past 3 years (1 to 3 years ago)	2
	c. Yes, 3 or more years ago	3
	d. No	4
	Don't know/Not sure	7
	Refused	9

2. Has a doctor or other health professional ever talked with you about physical activity or exercise? (252)

If yes, ask “About how long ago was it?”	a. Yes, within the past 12 months (1 to 12 months ago)	1
	b. Yes, within the past 3 years (1 to 3 years ago)	2
	c. Yes, 3 or more years ago	3
	d. No	4
	Don't know/Not sure	7
	Refused	9



3. (Has a doctor or other health professional ever talked with you) about injury prevention, such as safety belt use, helmet use, or smoke detectors? (253)

If yes, ask "About how long ago was it?"	a. Yes, within the past 12 months (1 to 12 months ago)	1
	b. Yes, within the past 3 years (1 to 3 years ago)	2
	c. Yes, 3 or more years ago	3
	d. No	4
	Don't know/Not sure	7
	Refused	9

4. (Has a doctor or other health professional ever talked with you) about drug abuse? (254)

If yes, ask "About how long ago was it?"	a. Yes, within the past 12 months (1 to 12 months ago)	1
	b. Yes, within the past 3 years (1 to 3 years ago)	2
	c. Yes, 3 or more years ago	3
	d. No	4
	Don't know/Not sure	7
	Refused	9

5. (Has a doctor or other health professional ever talked with you) about alcohol use? (255)

If yes, ask "About how long ago was it?"	a. Yes, within the past 12 months (1 to 12 months ago)	1
	b. Yes, within the past 3 years (1 to 3 years ago)	2
	c. Yes, 3 or more years ago	3
	d. No	4
	Don't know/Not sure	7
	Refused	9



⇒ If “No” to core Q. 25 or “Not at all” to core Q. 26, go to Q. 7

6. (Has a doctor or other health professional) ever advised you to quit smoking? (256)

If yes, ask
“About how
long ago
was it?”

- a. Yes, within the past 12 months (1 to 12 months ago) 1
- b. Yes, within the past 3 years (1 to 3 years ago) 2
- c. Yes, 3 or more years ago 3
- d. No 4
- Don’t know/Not sure 7
- Refused 9

⇒ If respondent is 65 years old or older, go to next module

7. (Has a doctor or other health professional) ever talked with you about your sexual practices, including family planning, sexually transmitted diseases, AIDS, or the use of condoms? (257)

If yes, ask
“About how
long ago
was it?”

- a. Yes, within the past 12 months (1 to 12 months ago) 1
- b. Yes, within the past 3 years (1 to 3 years ago) 2
- c. Yes, 3 or more years ago 3
- d. No 4
- Don’t know/Not sure 7
- Refused 9



Module 10: Hypertension Awareness

1. About how long has it been since you last had your blood pressure taken by a doctor, nurse, or other health professional? (258)

Read Only if Necessary

- a. Within the past 6 months (1 to 6 months ago) 1
- b. Within the past year (6 to 12 months ago) 2
- c. Within the past 2 years (1 to 2 years ago) 3
- d. Within the past 5 years (2 to 5 years ago) 4
- e. 5 or more years ago 5
- Don't know/Not sure 7
- Never **Go to Next Module** 8
- Refused 9

2. Have you ever been told by a doctor, nurse, or other health professional that you have high blood pressure? (259)

- a. Yes 1
- b. No **Go to Next Module** 2
- Don't know/Not sure **Go to Next Module** 7
- Refused **Go to Next Module** 9

3. Have you been told on more than one occasion that your blood pressure was high, or have you been told this only once? (260)

- a. More than once 1
- b. Only once 2
- Don't know/Not sure 7
- Refused 9



Module 11: Cholesterol Awareness

1. Blood cholesterol is a fatty substance found in the blood. Have you ever had your blood cholesterol checked? (261)

- a. Yes 1
- b. No **Go to Next Module** 2
- Don't know/Not sure **Go to Next Module** 7
- Refused **Go to Next Module** 9

2. About how long has it been since you last had your blood cholesterol checked? (262)

Read Only if Necessary

- a. Within the past year (1 to 12 months ago)..... 1
- b. Within the past 2 years (1 to 2 years ago) 2
- c. Within the past 5 years (2 to 5 years ago) 3
- d. 5 or more years ago 4
- Don't know/Not sure 7
- Refused 9

3. Have you ever been told by a doctor or other health professional that your blood cholesterol is high? (263)

- a. Yes 1
- b. No 2
- Don't know/Not sure 7
- Refused 9



Module 12: Cardiovascular Disease

1. To lower your risk of developing heart disease or stroke, has a doctor advised you to...

<i>Please Read</i>	<u>Yes</u>	<u>No</u>	<u>Dk/Ns</u>	<u>Ref</u>	
a. Eat fewer high fat or high cholesterol foods	1	2	7	9	(264)
b. Exercise more	1	2	7	9	(265)

2. To lower your risk of developing heart disease or stroke, are you?

<i>Please Read</i>	<u>Yes</u>	<u>No</u>	<u>Dk/Ns</u>	<u>Ref</u>	
a. Eating fewer high fat or high cholesterol foods?	1	2	7	9	(266)
b. Exercising more?	1	2	7	9	(267)

3. Has a doctor ever told you that you had any of the following?

<i>Please Read</i>	<u>Yes</u>	<u>No</u>	<u>Dk/Ns</u>	<u>Ref</u>	
a. Heart attack or myocardial infarction	1	2	7	9	(268)
b. Angina or coronary heart disease	1	2	7	9	(269)
c. Stroke	1	2	7	9	(270)

➡ **If respondent is 35 years old or older continue with Q. 4.
Otherwise, go to next module.**

4. Do you take aspirin daily or every other day? (271)

a. Yes <i>Go to Q. 6</i>	1
b. No	2
Don't know/Not sure	7
Refused	9



5. Do you have a health problem or condition that makes taking aspirin unsafe for you? (272)

If yes, ask "Is this a stomach condition?" Code upset stomachs as stomach problems.	a. Yes, not stomach related <i>Go to Q. 7</i>	1
	b. Yes, stomach problems <i>Go to Q. 7</i>	2
	c. No <i>Go to Q. 7</i>	3
	Don't know/Not sure <i>Go to Q. 7</i>	7
	Refused <i>Go to Q. 7</i>	9

6. Why do you take aspirin?

<i>Please Read</i>	<u>Yes</u>	<u>No</u>	<u>Dk/Ns</u>	<u>Ref</u>	
a. To relieve pain	1	2	7	9	(273)
b. To reduce the chance of a heart attack	1	2	7	9	(274)
c. To reduce the chance of a stroke	1	2	7	9	(275)

➡ **If respondent is male or is female and pregnant, go to next module.**

The next few questions are about menopause, or what some women refer to as the "change of life."

➡ **If "yes" to core Q. 65 or if respondent is age 65 or older, go to Q. 8.**

7. Have you gone through or are you now going through menopause? (276)

Probe for which.	a. Yes, have gone through menopause	1
	b. Yes, now going through menopause.	2
	c. No <i>Go to Next Module</i>	3
	Don't know/Not sure <i>Go to Next Module</i>	7
	Refused <i>Go to Next Module</i>	9



8. Estrogens such as Premarin and progestins such as Provera are female hormones that may be prescribed around the time of menopause, after menopause, or after a hysterectomy. Has your doctor discussed the benefits and risks of estrogen with you? (277)

- a. Yes 1
- b. No 2
- Don't know/Not sure 7
- Refused 9

9. Other than birth control pills, has your doctor ever prescribed estrogen pills for you? (278)

**Do not
include
estrogen
patches.**

- a. Yes 1
- b. No *Go to Next Module* 2
- Don't know/Not sure *Go to Next Module* 7
- Refused *Go to Next Module* 9

10. Are you currently taking estrogen pills? (279)

**Do not
include
estrogen
patches.**

- a. Yes 1
- b. No 2
- Don't know/Not sure *Go to Next Module* 7
- Refused *Go to Next Module* 9



11. Why...

are you taking...[if "Yes" to Q. 10]

did you take...[if "No" to Q. 10]

...estrogen pills?

<i>Please Read</i>	<u>Yes</u>	<u>No</u>	<u>Dk/Ns</u>	<u>Never took</u>	<u>Ref</u>	
a. To prevent a heart attack	1	2	7	8	9	(280)
b. To treat or prevent bone thinning, bone loss, or osteoporosis	1	2	7	8	9	(281)
c. To treat symptoms of menopause such as hot flashes	1	2	7	8	9	(282)



Module 13: Immunization

1. During the past 12 months, have you had a flu shot? (283)
 - a. Yes 1
 - b. No 2
 - Don't know/Not sure 7
 - Refused 9

2. Have you ever had a pneumonia vaccination? (284)
 - a. Yes 1
 - b. No 2
 - Don't know/Not sure 7
 - Refused 9



Module 14: Colorectal Cancer Screening

➡ If respondent is 40 years or older, continue with this module. Otherwise, go to next module.

1. A digital rectal exam is when a doctor or other health professional inserts a finger in the rectum to check for cancer and other health problems. Have you ever had this exam? (285)

- a. Yes 1
- b. No **Go to Q. 3** 2
- Don't know/Not sure **Go to Q. 3** 7
- Refused **Go to Q. 3** 9

2. When did you have your last digital rectal exam? (286)

Read Only if Necessary

- a. Within the past year (1 to 12 months ago)..... 1
- b. Within the past 2 years (1 to 2 years ago) 2
- c. Within the past 5 years (2 to 5 years ago) 3
- d. 5 or more years ago 4
- Don't know/Not sure 7
- Refused 9

3. A blood stool test is a test that may use a special kit at home to determine whether the stool contains blood. Have you ever had this test using a home kit? (287)

- a. Yes 1
- b. No **Go to Q. 5** 2
- Don't know/Not sure **Go to Q. 5** 7
- Refused **Go to Q. 5** 9



4. When did you have your last blood stool test using a home kit? (288)

Read Only if Necessary

- a. Within the past year (1 to 12 months ago)..... 1
- b. Within the past 2 years (1 to 2 years ago) 2
- c. Within the past 5 years (2 to 5 years ago) 3
- d. 5 or more years ago 4
- Don't know/Not sure 7
- Refused 9

5. A sigmoidoscopy or proctoscopy is when a tube is inserted in the rectum to view the bowel for signs of cancer and other health problems. Have you ever had this exam? (289)

- a. Yes 1
- b. No ***Go to Next Module*** 2
- Don't know/Not sure ***Go to Next Module*** 7
- Refused ***Go to Next Module*** 9

6. When did you have your last sigmoidoscopy or proctoscopy? (290)

Read Only if Necessary

- a. Within the past year (1 to 12 months ago)..... 1
- b. Within the past 2 years (1 to 2 years ago) 2
- c. Within the past 5 years (2 to 5 years ago) 3
- d. 5 or more years ago 4
- Don't know/Not sure 7
- Refused 9



Module 15: Injury Control

1. How often do you use seatbelts when you drive or ride in a car? (291)

Would you say:

Please Read

- a. Always 1
- b. Nearly Always 2
- c. Sometimes 3
- d. Seldom 4
- or**
- e. Never 5

Do not read
these
responses.

- Don't know/Not sure 7
- Never drive or ride in a car 8
- Refused 9

➡ If core Q. 45 a, b, and c are all "None," go to Q. 5.

2. What is the age of the oldest child in your household under the age of 16? (292–293)

Code
<1 yr. as
"01."

- a. Code age in years —
- b. No children under age 16 *Go to Q. 5* 8 8
- Don't know/Not sure *Go to Q. 5* 7 7
- Refused *Go to Q. 5* 9 9



3. How often does the *[fill in age from Q. 2]*-year-old child in your household use a... (294)

car safety seat *[for child under 5]*

seatbelt *[for child 5 or older]*

...when they ride in a car?

Would you say:

Please Read

- a. Always 1
- b. Nearly always 2
- c. Sometimes 3
- d. Seldom 4
- or**
- e. Never 5
- Don't know/Not sure 7
- Never rides in a car 8
- Refused 9

Do not read
these
responses.



**If oldest child is 5 years or older, continue with Q. 4.
Otherwise, go to Q. 5.**



4. During the past year, how often has the [*fill in age from Q. 2*]-year-old child worn a bicycle helmet when riding a bicycle? (295)

Would you say: *Please Read*

- | | | |
|---|-----------------------------|---|
| | a. Always | 1 |
| | b. Nearly Always | 2 |
| | c. Sometimes | 3 |
| | d. Seldom | 4 |
| | or | |
| | e. Never | 5 |
| | Don't know/Not sure | 7 |
| Do not read
these
responses. | Never rides a bicycle | 8 |
| | Refused | 9 |

5. When was the last time you or someone else deliberately tested all of the smoke detectors in your home, either by pressing the test buttons or holding a source of smoke near them? (296)

Read Only if Necessary

- | | |
|---|---|
| a. Within the past month (0 to 1 month ago) | 1 |
| b. Within the past 6 months (1 to 6 months ago) | 2 |
| c. Within the past year (6 to 12 months ago) | 3 |
| d. One or more years ago | 4 |
| e. Never | 5 |
| f. No smoke detectors in home | 6 |
| Don't know/Not sure | 7 |
| Refused | 9 |



Module 16: Alcohol Consumption

1. During the past month, have you had at least one drink of any alcoholic beverage such as beer, wine, wine coolers, or liquor? (297)
 - a. Yes 1
 - b. No *Go to Next Module* 2
 - Don't know/Not sure *Go to Next Module* 7
 - Refused *Go to Next Module* 9

2. During the past month, how many days per week or per month did you drink any alcoholic beverages, on the average? (298–300)
 - a. Days per week 1 _ _
 - b. Days per month 2 _ _
 - Don't know/Not sure *Go to Q. 4* 7 7 7
 - Refused *Go to Q. 4* 9 9 9

3. A drink is 1 can or bottle of beer, 1 glass of wine, 1 can or bottle of wine cooler, 1 cocktail, or 1 shot of liquor. On the days when you drank, about how many drinks did you drink on the average? (301–302)
 - Number of drinks _ _
 - Don't know/Not sure 7 7
 - Refused 9 9

4. Considering all types of alcoholic beverages, how many times during the past month did you have 5 or more drinks on an occasion? (303–304)
 - a. Number of times _ _
 - b. None 8 8
 - Don't know/Not sure 7 7
 - Refused 9 9



5. During the past month, how many times have you driven when you've had perhaps too much to drink? (305–306)

- a. Number of times — —
- b. None 8 8
- Don't know/Not sure 7 7
- Refused 9 9



Module 17: Firearms

The next questions are about safety and firearms. Firearms include weapons such as pistols, shotguns, and rifles. In answering the questions, do not include BB guns, starter pistols, or guns that cannot fire.

1. Are any firearms now kept in or around your home? Include those kept in a garage, outdoor storage area, car, truck, or other motor vehicle. (307)
 - a. Yes 1
 - b. No **Go to Next Module** 2
 - Don't know/Not sure **Go to Next Module** 7
 - Refused **Go to Next Module** 9

2. Are any of the firearms handguns, such as pistols or revolvers? (308)
 - a. Yes 1
 - b. No **Go to Q. 4** 2
 - Don't know/Not sure 7
 - Refused 9

3. Are any of the firearms long guns, such as rifles or shotguns? (309)
 - a. Yes 1
 - b. No 2
 - Don't know/Not sure 7
 - Refused 9



4. What is the main reason that there are firearms in or around your home? (310)

Would you say for... *Please Read*

- a. Hunting or sport 1
- b. Protection 2
- c. Work 3
- or**
- d. Some other reason 4
- Don't know/Not sure 7
- Refused 9

5. Is there a firearm in or around your home that is now both loaded and unlocked? (311)

- a. Yes 1
- b. No 2
- Don't know/Not sure 7
- Refused 9

Read the following if "employed" or "self-employed" on core Q. 47. Otherwise, go directly to Q. 6.

The next three questions are about using firearms. If you are a police officer or have another occupation that requires and authorizes you to use a firearm, do not include firearm use associated with your job.

6. During the last 30 days, have you carried a loaded firearm on your person, outside of the home for protection against people? (312)

- a. Yes 1
- b. No 2
- Don't know/Not sure 7
- Refused 9



7. During the last 30 days, have you driven or been a passenger in a motor vehicle in which you knew there was a loaded firearm? (313)
- a. Yes 1
 - b. No 2
 - Don't know/Not sure 7
 - Refused 9
8. During the last 12 months, have you confronted another person with a firearm, even if you did not fire it, to protect yourself, your property, or someone else? (314)
- a. Yes 1
 - b. No 2
 - Don't know/Not sure 7
 - Refused 9
9. In the past three years, have you attended a firearm safety workshop, class, or clinic? (315)
- a. Yes 1
 - b. No 2
 - Don't know/Not sure 7
 - Refused 9
10. Do any of the firearms kept in or around your home belong to you, personally? (316)
- a. Yes 1
 - b. No 2
 - Don't know/Not sure 7
 - Refused 9



Module 18: Social Context

These next questions are about your daily life.

1. How safe from crime do you consider your neighborhood to be? (317)

Would you say:

Please Read

- a. Extremely safe 1
- b. Quite safe 2
- c. Slightly safe 3
- d. Not at all safe 4
- Don't know/Not sure 7
- Refused 9

2. Do you own or rent your home? (318)

- a. Own 1
- b. Rent 2
- Refused 9

3. How long have you lived at your current address? (319)

Read Only if Necessary

- a. Less than six months (1 to 6 months) 1
- b. Less than one year (6 to 12 months) 2
- c. Less than two years (1 to 2 years) 3
- d. 2 or more years 4
- Don't know/Not sure 7
- Refused 9



4. How many close friends or relatives would help you with your emotional problems or feelings if you needed it? (320)

- a. 3 or more 1
- b. 2 2
- c. 1 3
- d. None 4
- Don't know/Not Sure 7
- Refused 9

5. In the past 30 days, have you been concerned about having enough food for you or your family? (321)

- a. Yes 1
- b. No 2
- Don't know/Not Sure 7
- Refused 9