



# ACCESS

assisting. improving. empowering.

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Community Health &  
Research Center

September 2, 2015

To Whom It May Concern,

ACCESS Community Organization is pleased to support the National Health and Nutrition Examination Survey (NHANES). NHANES has been collecting important data about the nation's health for over fifty five years. The survey is sponsored by the Centers for Disease Control and Prevention. You, as a selected participant, are invited to take part in NHANES.

NHANES is designed to assess the health and nutritional status of adults and children in the United States through both interviews and physical measurements. The information gathered helps guide decisions about public health initiatives. It is also used to determine the prevalence of certain diseases and identify risk factors for heart disease, diabetes, high blood pressure, and osteoporosis.

Access Community Organization strives to enable and empower individuals and families to lead informed, productive and healthy lives. For over forty years, ACCESS has provided a wide range of social, economic, health and educational services to a diverse population. NHANES attempts to collect information on many key health issues that concern all of us.

NHANES is an important resource to the medical community but its true success depends on individuals like you. Together, we can learn more about the nation's health, and you can learn more about your health. Please visit the CDC's website at <http://www.cdc.gov/nhanes.htm> for more details about the survey and why your participation is so important.

All the information you share is protected and kept in the strictest of confidence. If you have any questions about the study, please feel free to call the NHANES Office at 1-800-452-6115.

Sincerely,

/Mona Makki/

Mona Makki, LLP  
Director  
ACCESS Community Health and Research Center