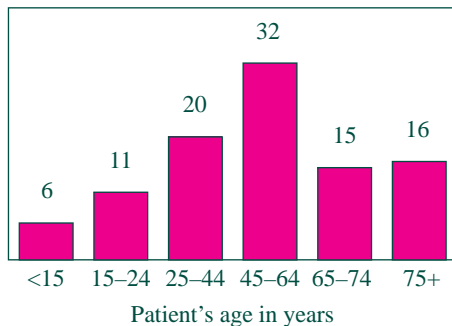


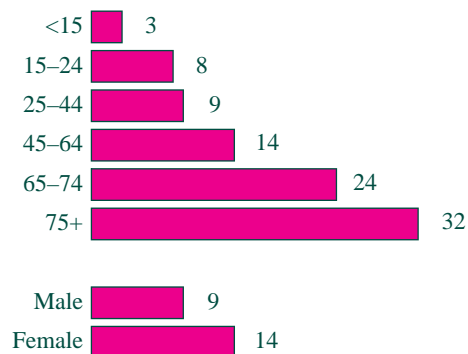
**In 2009, there were an estimated 34 million visits to nonfederally employed, office-based dermatologists in the United States. More than half of these visits were made by persons more than 25–64 years of age.**

Percent distribution of office visits by patient's age: 2009



**The visit rate was highest for persons 75 years and over. The visit rate increased with age. The overall rate did not differ by sex.**

Annual office visit rates by patient's age and sex: 2009



Number of visits per 100 persons per year

**Primary expected source of payment included:**

- Private insurance — 72%
- Medicare — 26%

**The major reason for visit was:**

- New problem — 40%
- Chronic problem, routine — 30%
- Chronic problem, flare-up — 15%
- Preventative care — 9%
- Pre- or post-surgery/injury follow-up — 4%

**The top 5 reasons given by patients for visiting dermatologists were:**

- Acne or pimples
- Discoloration or pigmentation
- Skin rash
- Skin lesion
- Symptoms of skin moles

**The top 5 diagnoses were:**

- Actinic and seborrheic keratosis
- Benign neoplasm
- Acne
- Malignant neoplasms
- Contact dermatitis and other eczema

**Medications were provided or prescribed at 68 percent of office visits. The top 4 generic substances utilized were:**

- Clobetasol topical
- Tretinoin topical
- Triamcinolone topical
- Doxycycline

*For more information, contact the Ambulatory Care Statistics Branch at 301-458-4600 or visit our Web site at <[www.cdc.gov/namcs](http://www.cdc.gov/namcs)>.*

<sup>1</sup> No insurance is defined as having only self-pay, no charge, or charity visits as payment sources.

**NAMCS data are widely used in research studies appearing in nationally recognized medical journals, including *JAMA*, *Journal of the American Academy of Dermatology*, and *Archives of Dermatology*. Here are just a few recent publications using NAMCS data:**

Rogers HW, Weinstock MA, Harris AR, Hinckley MR, Feldman SR, Fleischer AB, Coldiron BM. Incidence estimate of nonmelanoma skin cancer in the United States, 2006. *Arch Dermatol*. 146(3):283–7. Mar 2010.

Pallin DJ, Espinola JA, Leung DY, Hooper DC, Camargo Jr CA. Epidemiology of Dermatitis and Skin Infections in United States Physicians' Offices, 1993–2005. *Clin Infect Dis*. Aug 2009. [Epub ahead of print]

Awadalla F, Rosenbaum DA, Camacho F, Fleischer AB Jr, Feldman SR. Dermatologic disease in family medicine. *Fam Med*. 40(7):507–11. Jul–Aug 2008.

de Berker D, McGregor JM, Hughes BR; on behalf of the British Association of Dermatologists Therapy Guidelines and Audit Subcommittee. Guidelines for the management of actinic keratoses. *Br J Dermatol*. 156(2):222–30. Feb 2007.

Bivens MM, Bhosle M, Balkrishnan R, Camacho FT, Feldman SR, Fleischer AB Jr. Nonmelanoma skin cancer: is the incidence really increasing among patients younger than 40? A reexamination using 25 years of U.S. outpatient data. *Dermatol Surg*. 32(12):1473–9. Dec 2006.

Warino L, Tusa M, Camacho F, Teuschler H, Fleischer AB Jr, Feldman SR. Frequency and cost of actinic keratosis treatment. *Dermatol Surg*. 32(8):1045–9. Aug 2006.

Pearce DJ, Stealey KH, Balkrishnan R, et al. Psoriasis treatment in the United States at the end of the 20th century. *Int J Dermatol*. 45(4):370–374. Apr 2006.

Gupta A. Epidemiology of seborrheic dermatitis as observed from the National Ambulatory Medical Care Survey 1990–1999. *J Am Acad Dermatol*. 52(3):P103–P103. Suppl. S. Mar 2005.

Gupta MA, Gupta AK, Chen SJ, Johnson AM. Comorbidity of rosacea and depression: an analysis of the National Ambulatory Medical Care Survey and National Hospital Ambulatory Care Survey—Outpatient Department data collected by the U.S. National Center for Health Statistics from 1995 to 2002. *Br J Dermatol*. 153(6):1176–81. Dec 2005.

Neville JA, Housman TS, Letsinger JA, Fleischer AB Jr, Feldman SR, Williford PM. Increase in procedures performed at dermatology office visits from 1995 to 2001. *Dermatol Surg*. 32(5):771. May 2006.

Thevarajah S, Balkrishnan R, Camacho FT, Feldman SR, Fleischer AB. Trends in prescription of acne medication in the US: Shift from antibiotic to non-antibiotic treatment. *J Dermatolog Treat*. 16(4):224–8. Sep 2005.

**The complete list of publications using NAMCS data, which includes hundreds of articles and reports, is available on our Web site.**