# Emerging Infections Program Healthcare-Associated Infections-Community Interface Report: Clostridioides difficile infection, 2019

### **Surveillance Catchment Areas**

California (1 county San Francisco area), Colorado (5 county Denver area); Connecticut (1 county New Haven area); Georgia (8 county Atlanta area); Maryland (9 eastern shore and 2 western counties); Minnesota (5 counties); New Mexico (1 county Albuquerque area); New York (1 county Rochester area); Oregon (1 rural county); and Tennessee (1 county Nashville area).

# **Population**

The surveillance area represents 12,058,331 persons.

Source: U.S. Census Bureau, Population Division, Vintage 2019 Special Tabulation.

# **Case Definition**

An incident case of *Clostridioides difficile* infection (CDI) was defined as a *C. difficile*-positive stool test (toxin or molecular assay) from a person  $\geq 1$  year old with no positive test in the prior 8 weeks.

### Methods

Case finding was active, laboratory-based, and population-based. Laboratories serving the surveillance catchment areas reported all positive *C. difficile* tests to EIP staff and were routinely audited to ensure complete case ascertainment.

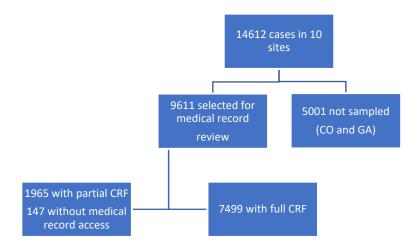
An initial chart review was performed on all CDI cases in eight EIP sites and on all pediatric cases and a 1/3 random sample of cases age 18 years and older in the two remaining EIP sites with the largest surveillance catchment areas (CO and GA). A subsequent comprehensive chart review was performed on all community-associated cases and a subset of healthcare facility onset cases.

A standardized case report form (CRF) was completed for each incident case through review of medical records. Inpatient and outpatient medical records were reviewed for information on patient demographics, clinical syndrome, outcome of illness, and relevant healthcare exposures.

A convenience sample of stool specimens or swabs were sent to reference laboratories for *C. difficile* isolation. Recovered isolates were sent to CDC for molecular typing and characterization.

A CDI case was classified as community-associated (CA) if the *C. difficile*-positive stool specimen was collected on an outpatient basis or within 3 days after hospital admission in a person with no documented overnight stay in a healthcare facility in the preceding 12 weeks. All CDI cases that do not meet the aforementioned criteria were classified as healthcare-associated (HA). HA cases with disease onset outside of a healthcare facility but with documented overnight stay in a healthcare facility in the preceding 12 weeks were classified as community-onset, healthcare-facility associated (CO-HCFA). HA cases with disease onset in a healthcare facility were classified as healthcare-facility onset (HCFO). HCFO cases were further classified into hospital onset or long-term care facility onset. Incidence rates were calculated using US Census population estimates.

CDI surveillance data undergo regular data cleaning to ensure accuracy and completeness. Patients with complete case report form data as of 10/12/2021 were included in this analysis. Because data can be updated as needed, analyses of datasets generated on a different date may yield slightly different results.



# **Results**

Table 1 – Reported Number of CDI Cases and Crude Incidence by Sex, Age Group, Race, and Epidemiologic Classification Among the 10 EIP Sites

| Sex    | Population<br>≥1 Year of<br>Age | Community-<br>Associated<br>CDI <sup>a</sup> , No. <sup>c</sup> | Community-<br>Associated<br>CDI <sup>a</sup> ,<br>Incidence <sup>b</sup> | Healthcare-<br>Associated<br>CDI <sup>a</sup> , No. <sup>c</sup> | Healthcare-<br>Associated<br>CDI <sup>a</sup> ,<br>Incidence <sup>b</sup> | All<br>CDI,<br>No. <sup>c</sup> | All CDI,<br>Incidence <sup>b</sup> |
|--------|---------------------------------|---|--|--|---|---------------------------------|------------------------------------|
| Male   | 5,900,745                       | 2947  | 49.9   | 3276   | 55.5  | 6223                            | 105.5                              |
| Female | 6,157,586                       | 4681  | 76.0   | 3708   | 60.2  | 8389                            | 136.2                              |

| Age Group   | Population<br>≥1 Year of<br>Age | Community-<br>Associated<br>CDI <sup>a</sup> , No. <sup>c</sup> | Community-<br>Associated<br>CDI <sup>a</sup> ,<br>Incidence <sup>b</sup> | Healthcare-<br>Associated<br>CDI <sup>a</sup> , No. <sup>c</sup> | Healthcare-<br>Associated<br>CDI <sup>a</sup> ,<br>Incidence <sup>b</sup> | All CDI,<br>No. <sup>c</sup> | All CDI,<br>Incidence <sup>b</sup> |
|-------------|---------------------------------|---|--|--|---|------------------------------|------------------------------------|
| 1-17 years  | 2,514,825                       | 650   | 25.8   | 225  | 8.9   | 875                          | 34.8                               |
| 18-44 years | 4,732,015                       | 1912  | 40.4   | 849  | 17.9  | 2761                         | 58.3                               |
| 45-49 years | 799,563                         | 422   | 52.7   | 325  | 40.7  | 747                          | 93.4                               |
| 50-54 years | 774,350                         | 482   | 62.3   | 366  | 47.3  | 848                          | 109.5                              |
| 55-59 years | 791,036                         | 660   | 83.4   | 602  | 76.1  | 1262                         | 159.5                              |
| 60-64 years | 711,025                         | 709   | 99.6   | 714  | 100.5   | 1423                         | 200.1                              |
| 65-70 years | 586,891                         | 670   | 114.2  | 840  | 143.1   | 1510                         | 257.3                              |
| 70-74 years | 455,710                         | 714   | 156.8  | 805  | 176.6   | 1519                         | 333.3                              |
| 75-79 years | 296,135                         | 505   | 170.5  | 772  | 260.8   | 1277                         | 431.2                              |
| 80+ years   | 396,781                         | 904   | 227.8  | 1486   | 374.5   | 2390                         | 602.3                              |

| Race  | Population<br>≥1 Year of<br>Age | Community-<br>Associated<br>CDI <sup>a</sup> , No. <sup>c</sup> | Community-<br>Associated<br>CDI <sup>a</sup> ,<br>Incidence <sup>b</sup> | Healthcare-<br>Associated<br>CDI <sup>a</sup> , No. <sup>c</sup> | Healthcare-<br>Associated<br>CDI <sup>a</sup> ,<br>Incidence <sup>b</sup> | All CDI,<br>No. <sup>c</sup> | All CDI,<br>Incidence <sup>b</sup> |
|-------|---------------------------------|---|--|--|---|------------------------------|------------------------------------|
| White | 8,073,623                       | 5980  | 74.1   | 4907   | 60.8  | 10887                        | 134.9                              |
| Other | 3,984,708                       | 1648  | 41.3   | 2077   | 52.1  | 3725                         | 93.5                               |

| Total | Population<br>≥1 Year of<br>Age | Community-<br>Associated<br>CDI <sup>a</sup> , No. <sup>c</sup> | Community-<br>Associated<br>CDI <sup>a</sup> ,<br>Incidence <sup>b</sup> | Healthcare-<br>Associated<br>CDI <sup>a</sup> , No. <sup>c</sup> | Healthcare-<br>Associated<br>CDI <sup>a</sup> ,<br>Incidence <sup>b</sup> | All CDI,<br>No. <sup>c</sup> | All CDI,<br>Incidence <sup>b</sup> |
|-------|---------------------------------|---|--|--|---|------------------------------|------------------------------------|
| Total | 12,058,331                      | 7628  | 63.3   | 6984   | 57.9  | 14612                        | 121.2                              |

<sup>&</sup>lt;sup>a</sup> The epidemiologic classification was statistically imputed for 2% of the CDI cases selected for medical record review, and race was statistically imputed for 18% of the CDI cases selected for medical record review. The weighted frequency of cases in Colorado and Georgia was based on 33% random sampling for cases aged ≥18 years.

<sup>&</sup>lt;sup>b</sup> Cases per 100,000 persons

<sup>&</sup>lt;sup>c</sup> Subcategories may not add to total due to rounding

Table 2 – Diagnostic Assay Results of CDI Cases (N=14612)

| Diagnostic assay   | N    | %  |
|--|------|----|
| Toxin positive   | 3998 | 27 |
| Nucleic acid amplification test (NAAT) positive/toxin negative | 4851 | 33 |
| NAAT positive/toxin result unknown <sup>a</sup>                | 5741 | 39 |
| Other methods <sup>b</sup>                                     | 22   | <1 |

<sup>&</sup>lt;sup>a</sup>Includes cases diagnosed mainly by NAAT or multiplex PCR panel (i.e., toxin enzyme immunoassay or cell cytotoxicity assay was not performed) or by NAAT as part of a multistep algorithm where the toxin result was not readily known

Table 3 – CDI Cases by Epidemiologic Classification (N=14612)

| Epidemiologic classification | N    | %  |
|------------------------------|------|----|
| Hospital onset               | 1594 | 11 |
| LTCF onset                   | 908  | 6  |
| COHCFA                       | 2002 | 14 |
| CA                           | 4913 | 34 |
| Unknown <sup>a</sup>         | 5195 | 36 |

<sup>&</sup>lt;sup>a</sup> Includes 5001 non-sampled cases

Table 4 – CDI Cases by Race and Ethnicity (N=14612)

| Race/Ethnicity   | N    | %  |
|--|------|----|
| Hispanic, any race   | 1061 | 7  |
| Not known to be Hispanic <sup>a</sup> - White <sup>b</sup>                     | 6935 | 47 |
| Not known to be Hispanic <sup>a</sup> - Black or African American <sup>c</sup> | 2139 | 15 |
| Not known to be Hispanic <sup>a</sup> - Asian <sup>d</sup>                     | 321  | 2  |
| Not known to be Hispanic <sup>a</sup> - Other or multiple races <sup>e</sup>   | 224  | 2  |
| Non-Hispanic- Unknown race   | 197  | 1  |
| Unknown ethnicity and race   | 3735 | 26 |

<sup>&</sup>lt;sup>a</sup> Records either indicated ethnicity was non-Hispanic, or ethnicity was not known

Table 5 – Location of CDI Cases on the Third Calendar Day Before Incident Specimen Collection (N=9611)

| (11 3022)   |      |    |
|---|------|----|
| Location of patient before incident specimen collection | N    | %  |
| Private residence                                       | 6827 | 71 |
| Long-term care facility                                 | 930  | 10 |
| Acute-care hospital (inpatient)                         | 1523 | 16 |
| Long-term care acute care hospital                      | 49   | <1 |
| Homeless  | 70   | <1 |
| Incarcerated  | 10   | <1 |
| Other   | 4    | <1 |
| Unknown   | 198  | 2  |

<sup>&</sup>lt;sup>b</sup>Includes cases diagnosed by culture or unspecified assay

<sup>&</sup>lt;sup>b</sup> 716 cases with unknown ethnicity

<sup>&</sup>lt;sup>c</sup> 153 cases with unknown ethnicity

<sup>&</sup>lt;sup>d</sup> 50 cases with unknown ethnicity

<sup>&</sup>lt;sup>e</sup> American Indian or Alaska Native, Native Hawaiian or Other Pacific Islander, or ≥2 races reported; 79 cases with unknown ethnicity

Table 6 – Location of CDI Cases at Time of Incident Specimen Collection (N=9611)

| Location of incident specimen collection   | N    | %  |
|--|------|----|
| Outpatient setting or emergency department | 5049 | 53 |
| Acute care hospital                        | 3696 | 38 |
| Long-term care facility                    | 643  | 7  |
| Long-term acute care hospital              | 40   | <1 |
| Other                                      | 1    | <1 |
| Unknown                                    | 182  | 2  |

Table 7 – Selected Clinical Characteristics of CDI Cases (N=7499)

| Clinical characteristic  | N    | %  |
|--|------|----|
| Charlson comorbidity index - 0   | 3208 | 43 |
| Charlson comorbidity index - 1   | 1334 | 18 |
| Charlson comorbidity index - ≥2  | 2957 | 39 |
| Underlying conditions - Cardiovascular disease <sup>a,b</sup>                              | 1542 | 21 |
| Underlying conditions - Diabetes mellitus <sup>a</sup>                                     | 1658 | 22 |
| Underlying conditions - Chronic pulmonary disease <sup>a,c</sup>                           | 1413 | 19 |
| Underlying conditions - Gastrointestinal disease <sup>a,d</sup>                            | 1776 | 24 |
| Underlying conditions - Gastrointestinal disease – Diverticular disease <sup>a</sup>       | 784  | 10 |
| Underlying conditions - Gastrointestinal disease – Inflammatory bowel disease <sup>a</sup> | 536  | 7  |
| Underlying conditions - Gastrointestinal disease – Peptic ulcer disease <sup>a</sup>       | 186  | 2  |
| Underlying conditions - Gastrointestinal disease – Short gut syndrome <sup>a</sup>         | 26   | <1 |
| Underlying conditions - Gastrointestinal disease – Liver disease <sup>a</sup>              | 428  | 6  |
| Underlying conditions - Chronic renal disease <sup>a</sup>                                 | 1289 | 17 |
| Underlying conditions - Neurologic condition, any <sup>a</sup>                             | 1223 | 16 |
| Underlying conditions - Malignancy (hematologic or solid organ) <sup>a</sup>               | 1244 | 17 |
| Underlying conditions - Transplant (hematopoietic stem cell or solid organ) <sup>a</sup>   | 233  | 3  |

<sup>&</sup>lt;sup>a</sup> Underlying conditions are not mutually exclusive

<sup>&</sup>lt;sup>b</sup> Defined as myocardial infarction, congestive heart failure, congenital heart disease, stroke, transient ischemic attack, or peripheral vascular disease

<sup>&</sup>lt;sup>c</sup> Defined as cystic fibrosis or any chronic respiratory condition resulting in symptomatic dyspnea

<sup>&</sup>lt;sup>d</sup> Defined as diverticular disease, inflammatory bowel disease, peptic ulcer disease, short gut syndrome, or liver disease

Table 8 – Selected Healthcare Exposures and Risk Factors of Incident CDI Cases in the 12 Weeks Before

the Date of Incident Specimen Collection by Epidemiologic Classification<sup>a</sup> (N=7452)

| Healthcare Exposure <sup>b</sup>     | CA (N=4912), | CA (N=4912), | COHCFA      | COHCFA      | HCFO       | HCFO       |
|--------------------------------------|--------------|--------------|-------------|-------------|------------|------------|
|                                      | N            | %            | (N=2002), N | (N=2002), % | (N=538), N | (N=538), % |
| Acute care hospitalization           | 0            | 0            | 1963        | 98          | 286        | 53         |
| Long-term care facility residence    | 0            | 0            | 245         | 12          | 232        | 43         |
| Long-term acute care hospitalization | 0            | 0            | 8           | <1          | 15         | 3          |
| Surgery                              | 164          | 3            | 529         | 26          | 127        | 24         |
| Emergency room                       | 1030         | 21           | 789         | 39          | 154        | 29         |
| Observation unit                     | 97           | 2            | 87          | 4           | 19         | 4          |
| Chronic dialysis                     | 117          | 2            | 189         | 9           | 57         | 11         |

<sup>&</sup>lt;sup>a</sup>Excludes 47 cases with full CRF that had unknown epidemiologic classification

Table 9 – Antibiotic Use in the 12 Weeks Before the Date of Incident Specimen Collection (N=7499)

| Antibiotic <sup>a</sup>                             | N    | %  |
|---|------|----|
| Any antibiotic                                      | 4532 | 60 |
| Aminoglycosides                                     | 87   | 1  |
| Beta-lactam / beta-lactamase inhibitor combinations | 1495 | 20 |
| Carbapenems   | 209  | 3  |
| Cephalosporins                                      | 2221 | 30 |
| Clindamycins  | 560  | 7  |
| Fluoroquinolones                                    | 1033 | 14 |
| Glycopeptides                                       | 1327 | 18 |
| Macrolides  | 295  | 4  |
| Monobactam  | 24   | <1 |
| Penicillins   | 460  | 6  |
| Trimethoprim or Trimethoprim/Sulfamethoxazole       | 374  | 5  |
| Tetracyclines                                       | 308  | 4  |
| Other antibiotic                                    | 1288 | 17 |
|   | •    |    |

<sup>&</sup>lt;sup>a</sup> Antibiotic use categories are not mutually exclusive.

Table 10 – Treatment of Incident CDI Cases (N=7499)

| Treatment <sup>a</sup>                                  | N    | %  |
|---|------|----|
| Any treatment <sup>b</sup>                              | 6242 | 83 |
| Oral or rectal vancomycin (excluding vancomycin tapers) | 4951 | 66 |
| Vancomycin tapers                                       | 377  | 5  |
| Metronidazole   | 1847 | 25 |
| Fidaxomicin   | 217  | 3  |
| Bezlotoxumab  | 9    | <1 |
| Stool transplant  | 71   | <1 |

<sup>&</sup>lt;sup>a</sup> Treatment categories are not mutually exclusive.

<sup>&</sup>lt;sup>b</sup>Healthcare exposure categories are not mutually exclusive

<sup>&</sup>lt;sup>b</sup> Includes any course of CDI antibiotic therapy, bezlotoxumab, or stool transplant.

Table 11 – Outcomes of Incident CDI Cases (N=7499, except where indicated)

| Outcome  | N    | %  |
|--|------|----|
| Toxic megacolon <sup>a</sup>   | 25   | <1 |
| Ileus <sup>a</sup>   | 180  | 2  |
| Pseudomembranous colitis <sup>a</sup>  | 29   | <1 |
| White blood cell count >= 15,000/μl <sup>a</sup>   | 1192 | 16 |
| Recurrent infection <sup>a</sup>   | 897  | 12 |
| Hospitalization on the day of or within 6 days after the date of incident specimen collection <sup>a, b</sup>          | 3171 | 42 |
| ICU admission one day before, the day of, or within 6 days after the date of incident specimen collection <sup>a</sup> | 485  | 6  |
| In-hospital death <sup>a</sup>   | 148  | 2  |
| Discharge location after acute-care hospitalization among patients who survived <sup>c</sup> - Private Residence       | 2438 | 81 |
| Discharge location after acute-care hospitalization among patients who survived <sup>c</sup> - Long-term care facility | 491  | 16 |
| Discharge location after acute-care hospitalization among patients who survived - Long-term acute care hospital        | 21   | <1 |
| Discharge location after acute-care hospitalization among patients who survived contents.                              | 63   | 2  |
| Discharge location after acute-care hospitalization among patients who survived <sup>c</sup> - Unknown                 | 10   | <1 |

<sup>&</sup>lt;sup>a</sup> Outcomes, except for location of discharge from acute care hospitalization, are not mutually exclusive.

## **Laboratory Characterization**

This section will be updated once the data are available.

## Summary

Surveillance data from 2019 represent the ninth year of population-based surveillance for CDI conducted among all 10 Emerging Infections Program sites. The crude overall incidence rate of CDI in 2019 was 121.2 cases per 100,000 persons, with a higher incidence of community associated cases (63.2 cases per 100,000 persons) compared with healthcare-associated cases (57.9 cases per 100,000 persons). The incidence rate of CDI increased with age and was higher in women than in men and higher in White persons than in persons of other races.

Underlying conditions were commonly reported among CDI cases, with 39 percent having a Charlson comorbidity index of ≥2. Antibiotic use in the prior 12 weeks was reported for 60 percent of CDI cases. Eighty-three percent of CDI cases were treated, with vancomycin being the most common treatment given. CDI-related complications, such as toxic megacolon and ileus, were rare.

### Citation

Centers for Disease Control and Prevention. 2022. Emerging Infections Program, Healthcare-Associated Infections – Community Interface Surveillance Report, *Clostridioides difficile* infection (CDI), 2019. Available at: [Insert link to the report].

<sup>&</sup>lt;sup>b</sup> Data include 353 cases considered to be hospital-onset

c N=3023

## For more information, visit our web sites:

- Clostridioides difficile Infection (CDI) Tracking (<a href="https://www.cdc.gov/hai/eip/cdiff-tracking.html">https://www.cdc.gov/hai/eip/cdiff-tracking.html</a>)
- Healthcare-Associated Infections Community Interface Data Visualization (HAICViz) (<a href="https://www.cdc.gov/hai/eip/haicviz.html">https://www.cdc.gov/hai/eip/haicviz.html</a>)
- Clostridioides difficile Infection (https://www.cdc.gov/HAI/organisms/cdiff/Cdiff\_infect.html)

# Appendix\*

The percentages of community- and healthcare-associated CDI cases with *C. difficile* recurrence, hospitalization, and in-hospital deaths stratified by age group are shown in the following table.

Table A1. Percentage of CDI Cases with First Recurrence, Hospitalization, and In-hospital Death by Age Group and Epidemiologic Classification

| Group and Epidemiologic classification      |                               |                              |                           |  |  |
|---|-------------------------------|------------------------------|---------------------------|--|--|
| Age group and Epidemiologic Classification, | First Recurrence <sup>b</sup> | Hospitalization <sup>c</sup> | In-hospital               |  |  |
| Community-associated CDI cases <sup>a</sup> |                               |                              | <b>Death</b> <sup>d</sup> |  |  |
| 1-49 years                                  | 9                             | 23                           | 0.4                       |  |  |
| 50-54 years                                 | 8                             | 41                           | 0.6                       |  |  |
| 55-59 years                                 | 13                            | 37                           | 0.5                       |  |  |
| 60-64 years                                 | 11                            | 32                           | 2                         |  |  |
| ≥65 years                                   | 14                            | 41                           | 2                         |  |  |

| Age group and Epidemiologic Classification, Healthcare-associated CDI cases <sup>a</sup> | First Recurrence <sup>b</sup> | Hospitalization <sup>c</sup> | In-hospital<br>Death <sup>d</sup> |
|--|-------------------------------|------------------------------|-----------------------------------|
| 1-49 years   | 11                            | 71                           | 2                                 |
| 50-54 years  | 11                            | 79                           | 6                                 |
| 55-59 years  | 11                            | 72                           | 5                                 |
| 60-64 years  | 12                            | 69                           | 5                                 |
| ≥65 years  | 14                            | 66                           | 6                                 |

<sup>&</sup>lt;sup>a</sup> A CDI case was classified as community-associated if the *C. difficile*-positive stool specimen was collected on an outpatient basis or within 3 days after hospital admission in a person with no documented overnight stay in a healthcare facility in the preceding 12 weeks. All CDI cases that do not meet the aforementioned criteria were classified as healthcare associated.

<sup>&</sup>lt;sup>b</sup> First recurrence refers to the first recurrent CDI episode, defined as a positive stool specimen within 2 to 8 weeks after the initial positive test.

<sup>&</sup>lt;sup>c</sup> Hospitalization includes admission at the time of or within seven days of CDI diagnosis.

<sup>&</sup>lt;sup>d</sup> In-hospital deaths refer to deaths that occurred during hospitalization.

<sup>\*</sup>The appendix Includes results of special analyses that are requested or of interest during a particular surveillance year.