



You work hard to
get ahead but...

Your health is priceless

Stand up for yourself! Protect your health and that of your co-workers.

[cdc.gov/niosh/topics/protejase/](https://www.cdc.gov/niosh/topics/protejase/)

U.S. Department of Health and Human Services | Centers for Disease Control and Prevention | National Institute for Occupational Safety and Health
DHHS (NIOSH) Publication No. 2023-118 DOI: <https://doi.org/10.26616/NIOSH PUB2023118>
March 2023

