

Data Brief 289: Hypertension Prevalence and Control Among Adults: United States, 2015–2016

Data table for Figure 1. Prevalence of hypertension among adults aged 18 and over, by sex and age: United States, 2015–2016

Age group (years)	Total		Men		Women	
	Percent	SE	Percent	SE	Percent	SE
18 and over	29.0	1.0	30.2	1.4	27.7	1.0
18–39	7.5	1.0	9.2	1.4	5.6	1.1
40–59	33.2	1.7	37.2	2.9	29.4	2.0
60 and over	63.1	2.1	58.5	2.2	66.8	2.6

NOTES: Estimates for age group 18 and over are age adjusted by the direct method to the 2000 U.S. Census population using age groups 18–39, 40–59, and 60 and over. Crude estimates for age group 18 and over are 32.1%, total; 31.8%, men; and 32.4%, women. SE is standard error.

SOURCE: NCHS, National Health and Nutrition Examination Survey, 2015–2016.

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Data table for Figure 2. Age-adjusted prevalence of hypertension among adults aged 18 and over, by sex and race and Hispanic origin: United States, 2015–2016

Race and Hispanic origin	Total		Men		Women	
	Percent	SE	Percent	SE	Percent	SE
Non-Hispanic white	27.8	1.4	29.7	2.1	25.6	1.4
Non-Hispanic black	40.3	2.0	40.6	2.2	39.9	2.1
Non-Hispanic Asian	25.0	1.7	28.7	2.6	21.9	2.2
Hispanic	27.8	1.4	27.3	2.0	28.0	1.2

NOTES: All estimates are age adjusted by the direct method to the 2000 U.S. Census population using age groups 18–39, 40–59, and 60 and over. SE is standard error.

SOURCE: NCHS, National Health and Nutrition Examination Survey, 2015–2016.

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Data table for Figure 3. Prevalence of controlled hypertension among adults with hypertension aged 18 and over, by sex and age: United States, 2015–2016

Age group (years)	Total		Men		Women	
	Percent	SE	Percent	SE	Percent	SE
18 and over	48.3	2.1	45.7	2.5	52.5	2.5
18–39	32.5	4.4	15.5	3.7	62.6	7.1
40–59	50.8	3.1	48.1	4.7	54.2	3.2
60 and over	49.4	2.8	49.7	3.1	49.2	3.6

NOTES: Estimates for age group 18 and over are age adjusted by the direct method using computed weights based on the subpopulation of persons with hypertension in the 2007–2008 National Health and Nutrition Examination Survey, using age groups 18–39, 40–59, 60 and over. Crude estimates for age group 18 and over are 48.5%, total; 45.2%, men; and 51.6%, women. SE is standard error.

SOURCE: NCHS, National Health and Nutrition Examination Survey, 2015–2016.

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Data table for Figure 4. Age-adjusted prevalence of controlled hypertension among adults with hypertension aged 18 and over, by sex and race and Hispanic origin: United States, 2015–2016

Race and Hispanic origin	Total		Men		Women	
	Percent	SE	Percent	SE	Percent	SE
Non-Hispanic white	50.8	2.9	47.7	3.4	57.1	3.3
Non-Hispanic black	44.6	1.8	40.1	1.8	48.5	3.0
Non-Hispanic Asian	37.4	4.9	34.9	6.8	39.7	7.1
Hispanic	45.0	2.8	43.5	3.5	48.1	3.8

NOTES: All estimates are age adjusted by the direct method using computed weights based on the subpopulation of persons with hypertension in the 2007–2008 National Health and Nutrition Examination Survey, using age groups 18–39, 40–59, and 60 and over. SE is standard error.

SOURCE: NCHS, National Health and Nutrition Examination Survey, 2015–2016.

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Data table for Figure 5. Age-adjusted trends in hypertension and controlled hypertension among adults aged 18 and over: United States, 1999–2016

Survey period	Hypertension		Controlled hypertension	
	Percent	SE	Percent	SE
1999–2000	28.4	1.4	31.6	2.4
2001–2002	27.9	0.9	34.7	1.5
2003–2004	29.9	1.1	39.4	2.2
2005–2006	29.1	1.0	43.3	1.4
2007–2008	29.6	0.7	48.4	1.6
2009–2010	28.6	0.9	53.1	1.7
2011–2012	28.7	0.7	51.8	2.4
2013–2014	29.3	0.9	53.9	2.6
2015–2016	29.0	1.0	48.3	2.1

NOTES: Hypertension estimates are age adjusted by the direct method to the 2000 U.S. Census population using age groups 18–39, 40–59, and 60 and over. Estimates of controlled hypertension are age adjusted by the direct method using computed weights based on the subpopulation of persons with hypertension in the 2007–2008 National Health and Nutrition Examination Survey, using age groups 18–39, 40–59, and 60 and over. SE is standard error.

SOURCE: NCHS, National Health and Nutrition Examination Survey, 1999–2016.