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Mental Health and Social Services School Questionnaire

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Mental Health and Social Services School Questionnaire-Public Use Version

Mental Health and Social Services School Questionnaire

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Special Instructions

NOTE: THROUGHOUT THIS QUESTIONNAIRE, TEXT THAT APPEARS IN ALL CAPITAL LETTERS WILL NOT BE READ ALOUD TO RESPONDENTS.

THIS QUESTIONNAIRE WILL BE ADMINISTERED USING COMPUTER ASSISTED PERSONAL INTERVIEW TECHNOLOGY. THE INTERVIEWER WILL READ THE QUESTIONS ALOUD AND TYPE RESPONSES TO THE QUESTIONS INTO THE LAPTOP COMPUTER. THE INTERVIEW PROGRAM WILL 1) DISPLAY THE CORRECT TENSE OF VERBS, 2) PROVIDE ALTERNATE ANSWERS TO QUESTIONS (E.G., NOT APPLICABLE), 3) NAVIGATE COMPLEX SKIP PATTERNS, AND 4) PERFORM OTHER USEFUL FUNCTIONS. COMMENTS APPEARING IN THE MARGIN REPRESENT ASSISTANCE AVAILABLE TO THE RESPONDENT IF ADDITIONAL CLARIFICATION IS REQUIRED ON THE QUESTION OR THE SPECIFIC TERMINOLOGY USED. WHEN ASKED, THE INTERVIEWER WILL READ THESE STATEMENTS ALOUD TO THE RESPONDENT. THE PROGRAMMING SPECIFICATIONS FOR THE INTERVIEW ARE NOT INCLUDED IN THIS PRINTED VERSION OF THE QUESTIONNAIRE.

Job Title

- 1. What is your job title at the school? (In which role do you spend more time?)
 - 1) Principal
 - 2) Asst. Principal/Other School Administrator
 - 3) School Secretary
 - 4) Physical Ed Teacher
 - 5) Athletic Director
 - 6) Health Ed Teacher
 - 7) Other Teacher
 - 8) Food Service Manager
 - 9) Commercial Food Service Provider
 - 10) Other School Food Service Staff
 - 11) School Counselor

- 12) Social Worker
- 13) Psychologist
- 14) Other Mental Health/ Social Services Provider
- 15) Nurse
- 16) Health Aide
- 17) Physician
- 18) Other Health Services Provider
- 19) SBHC Health Services Staff
- 20) SBHC Mental Health/ Social Services Staff
- 50) Other Staff

Staffing Characteristics

This interview asks about standard mental health and social services. By "standard," we mean services available to all students at your school. Mental health and social services include services such as crisis intervention, identification of emotional disorders, or assistance with enrolling in Medicaid. These services usually are provided by a school counselor, psychologist, or social worker but also could be provided at your school by staff from collaborating community agencies.

First, I would like to ask questions about staffing for standard mental health and social services at your school. Please include both contracted providers and regular school staff.

2. Is there a part-time or full-time school counselor who provides standard mental health or social services to students at your school? Do not include school counselors who provide only academic counseling or college or career placement.

Yes1	
No2	→SKIP TO Q5

3. How many part-time or full-time school counselors provide standard mental health or social services to students at your school?

____ Counselors

4. During the past 30 days, how many hours per week on average has each school counselor spent at your school?

Counselor 1	 Hours/Week
Counselor 2	Hours/Week
Counselor 3	 Hours/Week
Counselor 4	Hours/Week

5. At your school, what is the minimum level of education required for a **newly hired** school counselor?

Undergraduate degree in counseling	l
Master's degree in counseling	2
Other degree (Specify)	3
No specific education requirement	1

6. Is a **newly hired** school counselor required to be licensed, certified, or credentialed by a state agency or board?

Yes	1
No	
State does not license, certify, or credential	
school counselors	3

7.	Is there a part-time or full-time school psychologist who provides standard mental health or social services to students at your school? Do not include school psychologists who only conduct psychological testing.		
	Yes1		
	No		
8.	How many part-time or full-time school psychologists provide standard mental health or social services to students at your school?		
	Psychologists		
9.	During the past 30 days, how many hours per week on average has each school psychologist spent at your school?		
	Psychologist 1 Hours/Week		
	Psychologist 2 Hours/Week		
	Psychologist 3 Hours/Week		
	Psychologist 4 Hours/Week		
10.	At your school, what is the minimum level of education required for a newly hired school psychologist?		
	Undergraduate degree in psychology1		
	Master's degree in psychology		
	Doctorate in psychology		
	Other degree (Specify)4		
	No specific education requirement5		
11.	Is a newly hired school psychologist required to be licensed, certified, or credentialed by a state agency or board?		
	Yes1		
	No2		
	State does not license, certify,		
	or credential school psychologists		
12.	Is there a part-time or full-time school social worker who provides standard mental health or social services to students at your school?		
	Yes1		
	No2 →SKIP TO Q15		

How many part-time or full-time school social workers provide standard mental health or social services to students at your school?
Social workers
During the past 30 days, how many hours per week on average has each school social worker spent at your school?
Social worker 1 Hours/Week
Social worker 2 Hours/Week
Social worker 3 Hours/Week
Social worker 4 Hours/Week
At your school, what is the minimum level of education required for a newly hired school social worker?
Undergraduate degree in social work1
Master's degree in social work2
Other degree (Specify)
No specific education requirement4
Is a newly hired school social worker required to be licensed, certified, or credentialed by a state agency or board?
Yes1
No2
State does not license, certify, or credential school social workers
Are all school mental health or social services staff required to earn continuing education credits on mental health or social services topics ?
Yes1
No2

IF THERE IS NO SCHOOL COUNSELOR, PSYCHOLOGIST, OR SOCIAL WORKER AT THIS SCHOOL (Q2, Q7, AND Q12 ARE "NO"), SKIP TO THE INTRODUCTION TO Q21.

18. During the past 12 months, has a school counselor, psychologist, or social worker at your school talked to or taught...

	Yes	No
ANSWER A AND B FOR MIDDLE AND HIGH SCHOO OTHERWISE, SKIP TO THE INSTRUCTIONS BEFORE		
a. A health education class at your school?b. Any other class at your school?		
ANSWER C AND D FOR ELEMENTARY SCHOOL ON OTHERWISE, SKIP TO THE INTRODUCTION TO Q19		
c. Students at your school as part of a health education lesson or unit?	1	2

Collaboration and Promotion

Now I'm going to ask you about collaboration among mental health or social services staff and other school and local agency staff.

19a. During the past 12 months, has a school counselor, psychologist, or social worker at your school worked on standard school mental health or social services activities with health education staff from your school?

Yes	1
No	2
School does not have health education staff	3

19b. What about with physical education staff from your school?

Yes	1
No	2
School does not have physical education staff	3

19c. What about with nutrition or food service staff from your school?

Yes1
No2
School does not have nutrition or
food service staff

19d. What about with health services staff from your school?

Yes	1
No	2
School does not have health services staff	3

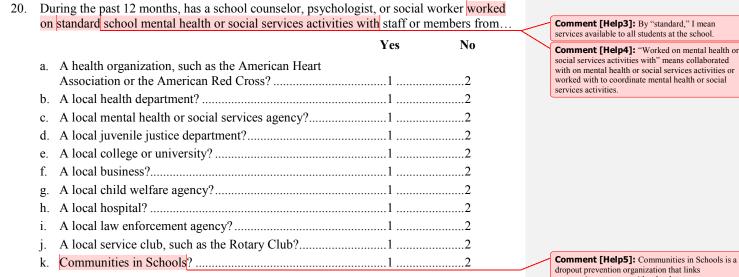
19e. School-based health center staff from your school?

Yes1	
No	
School does not have school-based	
health center staff	

Comment [Help1]: By "standard," I mean services available to all students at the school.

Comment [Help2]: "Worked on mental health or social services activities with" means collaborated with on mental health or social services activities or worked with to coordinate mental health or social services activities.

Collaboration and Promotion



The next question asks whether certain groups have helped develop, communicate, or implement mental health or social services policies or activities. Examples of this might include sitting on a committee, presenting to the school board, organizing a school-wide event, or soliciting or providing donations for school mental health or social services.

21. During the past two years, have any of the following groups helped develop, communicate, or implement mental health or social services policies or activities?

		Y es	INO
a.	Students	1	2
b.	Students' families	1	2
c.	Teachers	1	2
d.	Other community members	1	2
	5		

dropout prevention organization that links community resources with schools.

ът

Collaboration and Promotion

22.	During the past 12 months, has anyone from your	r school			
		Yes	No	N/A	
	a. Met with a parents' organization, such as the PTA, to discuss standard school				 Comment [Help6]: PTA is the Parent Teacher Association.
	mental health and social services?b. Provided families of all students with information on standard school	I	2		Comment [Help7]: By "standard," I mean services available to all students at the school.
	mental health and social services?	1	2		
	c. Invited family members of all students to tour the standard mental health and social services facilities?	1	2	3	
	d. Collected suggestions from students about school mental health and social services?	1	2		
	e. Collected suggestions from students' families about school mental health and social services?	1	2		

Facilities and Equipment

The next question asks about facilities and equipment that might be available for mental health or social services staff at your school to use.

23. Does your school have...

	Yes No		
	a. A private room for counseling students?		
	b. A dedicated phone line for standard mental health or social services staff?		Comment [Help8]: By "standard," I mean services available to all students at the school.
	c. An answering machine or voice mail reserved for standard mental health or social services staff?		
	 Locked storage space for files related to the standard mental health or social services provided to students?		
24.	4. Where in relation to your school's main office is the primary location where students obtain standard mental health or social services? Are the services offered	go to	Comment [Help9]: By "standard," I mean services available to all students at the school.
	Within the same office suite as the main office,		services available to an students at the serioor.
	Within view of the main office, or2		

Provision of Mental Health and Social Services

I am going to ask about the activities of mental health or social services staff such as school counselors, psychologists, and social workers. Please do not include activities by teachers in the classroom or activities by nurses or physicians. I'll find out about their activities during a different interview.

SHOW CARD 1

As I read the list on this card, please tell me if each is provided by mental health or social services staff to students **at your school**.

25. Do mental health or social services staff provide...

Yes

No

a.	Case management for students with emotional or		
	behavioral problems?	1	2
b.	Family counseling?	1	2
c.	Group counseling?	1	2
d.	Individual counseling?	1	2
e.	Comprehensive assessment or intake evaluation?	1	2
f.	Peer counseling or mediation?	1	2
g.	Self-help or support groups?	1	2

IF Q25A–G ARE ALL "NO" SKIP TO THE INTRODUCTION TO Q28.

26.	Who provides [each service listed in Q25A–G]? MARK ALL THAT APPLY		
	School counselor	1	
	School psychologist	2	
	School social worker	3	
	Other (Specify)	4	

Comment [Help10]: By "case management," I mean wide-ranging assistance such as helping the student access needed services, providing counseling and anticipatory guidance, briefing the student's family members about necessary care, and helping the student learn and implement self-management of his or her condition or disability.

27.	At your school, how are standard mental health and social services funded?
	MARK ALL THAT APPLY
	School district budget1
	Medicaid2
	State Children's Health Insurance Program
	(SCHIP)
	Private insurance
	Public grants
	Private grants
	Other7

Student assistance programs provide services designed to assist students experiencing personal or social problems that can impact school performance, physical health, or overall well-being.

28. Is a student assistance program offered to students at your school?

Yes	1
No	2

Some schools have a team of school staff who collaborate to provide assistance to students with disabilities or those who are experiencing academic difficulties or behavioral problems. These sometimes are called student support teams, student assistance teams, or student guidance teams.

29. Does your school have such a team?

Yes1	
No2	\rightarrow SKIP TO THE INSTRUCTIONS
	BEFORE Q31

30. Does this team include staff from collaborating community agencies?

IF THIS IS A PRIVATE OR CATHOLIC SCHOOL, SKIP TO Q34.

31. Does someone from the mental health and social services staff participate in the development of Individualized Education Programs, or IEPs, when indicated?

 Comment [Help12]: An IEP is a document written by school administrators, teachers, and parents which identifies annual goals, strategies, or services provided for a student with special education needs.

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Comment [Help11]: By "standard," I mean services available to all students at this school.

- 32. Does someone from the mental health and social services staff participate in the development of Individualized Health Plans, or IHPs, when indicated?

 Yes
 Yes
 No
 2

 33. Does someone from the mental health and social services staff participate in the development of 504 plans, when indicated?

 Yes
 Yes
 No
 2

 34. During the past 12 months, has your school reviewed mental health or social services records to identify students with chronic mental health or social services problems or ways to prevent further occurrences of these problems?

 Yes
 Yes
 Yes
 School does not keep mental health
- 35. Is there backup or after hours coverage when school mental health or social services staff are unavailable, for example after school or on weekends?

Yes	.1
No	.2

Comment [Help13]: An IHP is a document identifying a student's health problems, diagnoses, goals, the interventions provided, and evaluation criteria.

Comment [Help14]: A 504 plan is a document that describes a program of instructional services to assist students with special needs who are in a regular education setting.

Services Provided at Other Sites

This next set of questions asks about mental health or social services delivered to students or families from your school at **other sites** not on school property regardless of whether the services are paid for by the school system. These services may be provided by mental health or social services professionals who work at school-linked health centers or who have a contract, memorandum of agreement, or other similar arrangement with the district or school to provide mental health or social services to students or families.

36. Currently, do any organizations or mental health or social services professionals have a contract, memorandum of agreement, or other similar arrangement to provide mental health or social services to students or families from your school?

Yes1	
No2	\rightarrow SKIP TO Q40

SHOW CARD 2

37. Which of the organizations or mental health or social services professionals listed on this card have arrangements to provide mental health or social services to students or families from your school?

MARK ALL THAT APPLY

A school-linked health center1
A community health clinic or health center2
A local health department
A local hospital
A local mental health or social services
agency5
A university, medical school, or
nursing school6
A managed care organization7
A private psychologist
A private psychiatrist
A private social worker10
A private counselor

Comment [Help15]: A school-linked health center is a school health center not located on this school's property where students from this school can enroll for health services.

SHOW CARD 3

As I read the list printed on this card, please tell me if there are arrangements with any organizations or mental health or social services professionals to provide these services to students or families from your school.

38. Are there arrangements with any organizations or mental health or social services professionals to provide...

		Yes	No	
	ER A AND B FOR MIDDLE AND HIGH SCHOOL ON RWISE, SKIP TO C.	NLY.		
a. Toł	pacco use cessation?	1	2	
b. Alc	ohol or other drug use treatment?	1	2	
c. Cou	unseling after a natural disaster or other emergency crisis situation?	1	2	
	sis intervention for personal problems?			Comment [Help16]: By "crisis intervention for personal problems," I mean situations such as the
e. Ide	ntification of emotional or behavioral disorders,			death of a loved one or the loss of a home due to fir
	h as anxiety, depression, or ADHD?	1	2	Comment [Help17]: ADHD is attention deficit/hyperactivity disorder.
	unseling for emotional or behavioral disorders,			
	h as anxiety, depression, or ADHD?			Comment [Help18]: ADHD is attention deficit/hyperactivity disorder.
	ess management?			
h. We	ight management?	1	2	
	ER I AND J FOR MIDDLE AND HIGH SCHOOL ONI RWISE, SKIP TO K.	LY.		
i. Ide	ntification of or referral for eating disorders?	1	2	
	counseling, testing, and referral?			Comment [Help19]: HIV is human immunodeficiency virus.
k. Ider emo	ntification of or referral for physical, sexual, or otional abuse?	1	2	minunocenciency virus.
wit	ntification of or referral for students h family problems, such as parental divorce, stance abuse, or violence?	1	2	
m. Ref	Terrals for after-school programs for students, h as supervised recreation?			

(Q38 continued)

No

Yes

ANSWER N, O AND P FOR MIDDLE AND HIGH SCHOOL OTHERWISE, SKIP TO Q.	ONLY.	
n. Referrals for child care for teen mothers?	1	2
 Services specifically for gay, lesbian, or bisexual students? 	1	2
p. Job readiness skills programs?	1	2
q. Assistance with enrolling in WIC or accessing		
food stamps or food banks?	1	2
r. Assistance with securing temporary or permanent housing?	1	2

Assistance for accessing benefits for students t.

Comment [Help20]: Job readiness skills programs are programs that teach work-place behavior, writing a resume, interviewing skills, or other job-related skills.

Comment [Help21]: WIC is the Women, Infants, and Children Supplemental Nutrition program.

Comment [Help22]: SCHIP is the State Children's Health Insurance Program.

SHOW CARD 4

As I read the list on this card, please tell me if there are arrangements with any organizations or mental health or social services professionals to provide to these services to students or families from your school.

39. Are there arrangements with any organizations or mental health or social services professionals to provide...

		Yes	No
a.	Case management for students with emotional or behavioral problems?	1	2
b.	Family counseling?	1	2
c.	Group counseling?	1	2
d.	Individual counseling?	1	2
e.	Comprehensive assessment or intake evaluation?	1	2
f.	Peer counseling or mediation?	1	2
g.	Self-help or support groups?	1	2

Comment [Help23]: By "case management," I mean wide-ranging assistance such as helping the student access needed services, providing counseling and anticipatory guidance, briefing the student's family members about necessary care, and helping the student learn and implement self-management of his or her condition or disability.

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Mental Health and Social Services Coordinator

40.	Currently, does someone at your school oversee or coordinate standard mental health as social services?		
	Yes1		
	No2	→SKIP TO Q56	
41.	Are you this person?		
	Yes1		
	No2	\rightarrow SKIP TO Q56	
SHC	OW CARD 5		
42.	Please tell me who you work for. MARK ALL THAT APPLY		
	School district1		
	This school2		
	A local mental health or social services		
	agency		
	Other4		
Now	, I'd like to ask you some questions about your education	onal background.	
43.	Do you have an undergraduate degree?		
	Yes1		
	No2	→SKIP TO THE INTRODUCTION TO Q50	
44.	What did you major in? MARK ALL THAT APPLY		
	Counseling1		
	Psychology2		
	Social work		
	Education4		
	Other (Specify)		
45.	Did you have an undergraduate minor?		
	Yes1		
	No2	→SKIP TO Q47	

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46.	What did you minor in? MARK ALL THAT APPLY
	Counseling1
	Psychology2
	Social work
	Education4
	Other (Specify)5
47.	Do you have a graduate degree?
	Yes1
	No2 →SKIP TO Q49
48.	In what area or areas was your graduate work? MARK ALL THAT APPLY
	Counseling1
	Psychology2
	Social work
	Education4
	Other (Specify)5
49.	Are you currently licensed, certified, or credentialed by a state agency or board to provide school mental health or social services?
	Yes1
	No2
	State does not license, certify,
	or credential school mental health
	or social services professionals

SHOW CARD 6

Finally, I'd like to ask you a few questions on professional development. This might include workshops, conferences, continuing education, graduate courses, or any other kind of in-service.

As I read the list of topics printed on this card, please tell me if you received any professional development on each topic during the past two years.

50. During the past two years, did you receive any professional development on...

		Yes	No	
a.	Tobacco use cessation?	1	2	
b.	Alcohol or other drug use treatment?	1	2	
c.	Counseling after a natural disaster or other emergency or crisis situation?			
d.	Crisis intervention for personal problems?	1	2	Comment [Help24]: By "crisis intervention for personal problems," I mean situations such as the
e.	Emergency preparedness?	1	2	death of a loved one or the loss of a home due to fire.
f.	Identification of emotional or behavioral disorders, such as anxiety, depression, or ADHD?	1	2	Comment [Help25]: By "emergency preparedness," I mean how to be ready for a natural disaster or other crisis situation.
g.	Counseling for emotional or behavioral disorders, such as anxiety, depression, or ADHD?			Comment [Help26]: ADHD is attention deficit/hyperactivity disorder.
h.	Stress management?			Comment [Help27]: ADHD is attention deficit/hyperactivity disorder.
i.	Weight management?			
j.	Identification of or referral for eating disorders?	1	2	
k.	HIV counseling, testing and referral?	1	2	
1.	Identification of or referral for physical, sexual, or emotional abuse?	1	2	
m.	Identification of or referral for students with family problems, such as parental divorce, substance abuse or violence?	1	2	
n.	After-school programs for students such as supervised recreation?	1	2	
0.	Child care options for teen mothers?	1	2	
p.	Services specifically for gay, lesbian, or bisexual students?	1	2	
q.	Enrolling in WIC or accessing food stamps or food banks?.	1	2	Comment [Help28]: WIC is the Women, Infants, and Children Supplemental Nutrition Program.
r.	Securing temporary or permanent housing?			
s.	Enrolling in Medicaid or SCHIP?			Comment [Help29]: SCHIP is the State Children's Health Insurance Program.
t.	Accessing benefits for students with disabilities?			
u.	Job readiness skills programs?	1	2	Comment [Help30]: Programs that teach work-place behavior, writing a resume, interviewing skills, or other job-related skills.

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Mental Health and Social Services Coordinator

SHOW CARD 6

51.	Which of these topics would you like to receive further professional de MARK ALL THAT APPLY	evelopment on?
	Tobacco use cessation1	
	Alcohol or other drug use treatment2	
	Counseling after a natural disaster or other emergency or crisis situation	
	Crisis intervention for personal problems4	
	Emergency preparedness	
	Identification of emotional or behavioral disorders, such as anxiety, depression, or ADHD	Comment [Help31]: ADHD is attention
	Counseling for emotional or behavioral disorders, such as anxiety, depression, or ADHD	deficit/hyperactivity disorder. Comment [Help32]: ADHD is attention
	Stress management	deficit/hyperactivity disorder.
	Weight management	
	Identification of or referral for eating disorders	
	HIV counseling, testing, and referral11	
	Identification of or referral for physical, sexual, or emotional abuse12	
	Identification of or referral for students with family problems, such as parental divorce, substance abuse, or violence	
	After-school programs for students supervised recreation	
	Child care options for teen mothers	
	Services specifically for gay, lesbian, or bisexual students16	
	Enrolling in WIC or accessing food stamps or food banks	Comment [Help33]: WIC is the Women, Infants, and Children Supplemental Nutrition Program.
	Securing temporary or permanent housing18	
	Enrolling in Medicaid or SCHIP	Comment [Help34]: SCHIP is the State Childran's Haelth Insurance Program
	Accessing benefits for students with disabilities	Children's Health Insurance Program.
	Job readiness skills programs21	
	None of these	

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Mental Health and Social Services Coordinator

SHOW CARD 7

52. During the past two years, have you received any professional development on...

		Yes	No
a.	Nutrition and dietary behavior counseling?	1	2
b.	Physical activity and fitness counseling?	1	2
c.	Pregnancy prevention?	1	2
d.	HIV prevention?	1	2
e.	STD prevention?	1	2
f.	Suicide prevention?	1	2
g.	Tobacco use prevention?	1	2
h.	Alcohol or other drug use prevention?	1	2
i.	Violence prevention, for example bullying, fighting, or		
	dating violence prevention?	1	2
j.	Injury prevention and safety counseling?	1	2

Comment [Help35]: HIV is human immunodeficiency virus. Comment [Help36]: STD is sexually transmitted disease.

SHOW CARD 7

53. Which of these topics would you like to receive further professional development on? MARK ALL THAT APPLY

Nutrition and dietary behavior counseling1	
Physical activity and fitness counseling2	
Pregnancy prevention	
HIV prevention4	Comment [Help37]: HIV is human immunodeficiency virus.
STD prevention5	Comment [Help38]: STD is sexually transmitted
Suicide prevention6	disease.
Tobacco use prevention	
Alcohol or other drug use prevention	
Violence prevention, such as bullying,	
fighting, or dating violence prevention9	
Injury prevention and safety counseling10	
None of these	

Yes

SHOW CARD 8

54. Finally, during the past two years, have you received any professional development on...

No

 a.
 Case management for students with emotional or behavioral problems?
 1
 2

 b.
 Family counseling?
 1
 2

 c.
 Group counseling?
 1
 2

 d.
 Individual counseling?
 1
 2

 e.
 Comprehensive assessment or intake evaluation?
 1
 2

 f.
 Peer counseling or mediation?
 1
 2

 g.
 Self-help or support groups?
 1
 2

 h.
 Student assistance programs?
 1
 2

 i.
 Student support teams?
 1
 2

Comment [Help39]: By "case management," I mean wide-ranging assistance such as helping the student access needed services, providing counseling and anticipatory guidance, briefing the student's family members about necessary care, and helping the student learn and implement self-management of his or her condition or disability.

SHOW CARD 8

55. Which of these topics would you like to receive further professional development on? MARK ALL THAT APPLY

Case management for students with	
emotional or behavioral problems	1
Family counseling	2
Group counseling	3
Individual counseling	4
Comprehensive assessment or intake evaluation	5
Peer counseling or mediation	
Self-help or support groups	7
Student assistance programs	8
Student support teams	9
None of these	10

- 56. My supervisor may wish to call you to ask about how I conducted this interview. Would you please tell me a telephone number where we might reach you starting with the area code?
 - () -
 - 1) Daytime or
 - 2) Evening/weekend

Thank you very much for taking the time to complete this interview.