| Adolescent Behaviors and Experiences Survey <br> Dietary Behaviors | Grade 9 |  | Grade 10 |  | Grade 11 |  | Grade 12 |  |
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|  | Percentage | Confidence Interval | Percentage | Confidence Interval | Percentage | Confidence Interval | Percentage | Confidence Interval |
| Did not drink fruit juice ( $100 \%$ fruit juices one or more times during the 7 days before the survey) | 39.1 | 36.5-41.8 | 37.1 | 34.7-39.6 | 42.2 | 38.7-45.8 | 40.8 | 36.9-44.8 |
| Did not eat fruit (one or more times during the 7 days before the survey) | 13.1 | 10.3-16.6 | 14.8 | 12.5-17.6 | 15.2 | 12.0-19.1 | 15.3 | 12.2-18.9 |
| Did not eat green salad (one or more times during the 7 days before the survey) | 52.4 | 48.0-56.8 | 47.1 | 44.1-50.1 | 47.5 | 42.5-52.6 | 45.8 | 41.9-49.7 |
| Did not eat potatoes (one or more times during the 7 days before the survey) | 41.5 | 37.2-46.0 | 37.0 | 34.3-39.9 | 35.3 | 31.5-39.2 | 34.9 | 31.4 - 38.4 |
| Did not eat carrots (one or more times during the 7 days before the survey) | 60.8 | 56.5-64.9 | 57.0 | 54.3-59.7 | 57.2 | 53.4-60.9 | 58.5 | 54.4-62.5 |
| Did not eat other vegetables (one or more times during the 7 days before the survey) | 19.3 | 16.5-22.4 | 19.1 | 16.2-22.4 | 18.3 | 15.3-21.7 | 17.5 | 14.7-20.7 |
| Did not eat fruit or drink $100 \%$ fruit juices (such as orange juice, apple juice, or grape juice, during the 7 days before the survey) | 8.5 | 6.4-11.3 | 8.3 | 6.7 - 10.1 | 9.2 | 6.8-12.4 | 10.1 | 7.2-13.9 |
| Ate fruit or drank $100 \%$ fruit juices one or more times per day (such as orange juice, apple juice, or grape juice, during the 7 days before the survey) | 48.6 | 44.4-52.9 | 49.7 | 46.4-53.1 | 46.4 | 42.8-50.1 | 44.6 | 41.0-48.3 |
| Ate fruit or drank $100 \%$ fruit juices two or more times per day (such as orange juice, apple juice, or grape juice, during the 7 days before the survey) | 24.8 | 21.9-27.9 | 21.6 | 19.5-24.0 | 21.7 | 18.7-25.1 | 19.2 | 16.8-21.7 |
| Did not eat vegetables (green salad, potatoes lexcluding french fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey) | 8.4 | 6.7-10.4 | 7.8 | 6.2-9.8 | 8.6 | 6.7-10.8 | 7.6 | 5.5-10.4 |
| Ate vegetables one or more times per day (green salad, potatoes [excluding french fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey) | 51.1 | 46.8-55.5 | 55.9 | 52.0-59.8 | 55.9 | 52.3-59.4 | 56.9 | 53.2-60.5 |
| Ate vegetables two or more times per day (green salad, potatoes [excluding french fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey) | 20.3 | 17.9-22.8 | 23.1 | 20.5-25.9 | 22.3 | 19.2-25.7 | 21.1 | 18.3-24.2 |
| Ate vegetables three or more times per day (green salad, potatoes [excluding french fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey) | 10.8 | 9.0-12.8 | 11.6 | $9.9-13.5$ | 11.0 | 8.9-13.5 | 11.9 | 10.0-14.1 |
| Drank a can, bottle, or glass of soda or pop one or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey) | 17.1 | 13.4-21.6 | 14.4 | 11.0-18.8 | 15.4 | 11.3-20.7 | 16.3 | 12.8-20.6 |
| Did not drink a can, bottle, or glass of soda or pop (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, one or more times during the 7 days before the survey) | 32.3 | 29.2-35.6 | 33.8 | 30.2-37.7 | 35.3 | 30.8-40.2 | 38.4 | 34.3-42.7 |
| Drank a can, bottle, or glass of soda or pop two or more times per day (such as Coke, Pepsi, or Sprite, not counting diet soda or diet pop, during the 7 days before the survey) | 10.1 | 7.6-13.2 | 8.4 | 6.6-10.8 | 9.2 | 5.7-14.6 | 10.5 | 7.3-14.9 |
| Did not drink milk (during the 7 days before the survey) | 30.1 | 27.4-33.0 | 34.2 | 31.3-37.2 | 37.5 | 34.3-40.8 | 37.9 | 33.8-42.1 |
| Drank one or more glasses per day of milk (counting the milk they drank in a glass or cup, from a carton, or with cereal and counting the half pint of milk served at school as equal to one glass, during the 7 days before the survey) | 25.4 | 23.0-28.0 | 22.3 | 19.8-24.9 | 22.7 | 20.1-25.5 | 23.1 | 20.3-26.1 |
| Drank three or more glasses per day of milk (counting the milk they drank in a glass or cup, from a carton, or with cereal and counting the half pint of milk served at school as equal to one glass, during the 7 days before the survey) | 6.3 | 5.0-7.8 | 4.6 | 3.5-5.9 | 3.5 | 2.6-4.8 | 4.7 | 3.5-6.4 |
| Did not eat breakfast (during the 7 days before the survey) | 12.9 | 11.0-15.2 | 15.8 | 14.0-17.7 | 16.0 | 13.1-19.3 | 15.4 | 12.1-19.4 |
| Ate breakfast on all 7 days (during the 7 days before the survey) | 31.4 | 28.6-34.3 | 27.1 | 24.2-30.2 | 29.1 | 26.0-32.4 | 27.7 | 23.7-32.0 |
| Did not drink a can, bottle, or glass of a sports drink (such as Gatorade or PowerAde, not counting low-calorie sports drinks such as Propel or G2, during the 7 days before the survey) | 53.3 | 49.0-57.5 | 54.9 | 50.8-58.9 | 55.8 | 50.8-60.8 | 55.7 | $50.8-60.5$ |
| Drank a can, bottle, or glass of a sports drink one or more times per day (such as Gatorade or PowerAde, not counting low calorie sports drinks such as Propel or G2, during the 7 days before the survey) | 10.9 | 9.0-13.1 | 9.6 | 7.2-12.7 | 9.4 | 7.3-12.1 | 9.7 | 7.5-12.4 |
| Drank a can, bottle, or glass of a sports drink two or more times per day (such as Gatorade or PowerAde, not counting low calorie sports drinks such as Propel or $\mathrm{G2}^{2}$, during the 7 days before the survey) | 5.3 | 4.0-7.0 | 5.4 | $3.8-7.7$ | 5.4 | 4.1 -7.1 | 5.5 | 3.8-8.0 |
| Did not drink a bottle or glass of plain water (counting tap, bottled, and unflavored sparkling water, during the 7 days before the survey) | 4.3 | 3.0-6.0 | 3.1 | 2.2-4.3 | 4.5 | 3.3-6.1 | 4.1 | 2.9-5.8 |
| Drank a bottle or glass of plain water one or more times per day (counting tap, bottled, and unflavored sparkling water, during the 7 days before the survey) | 73.6 | 70.0-76.8 | 77.1 | 74.1-79.9 | 76.6 | 72.5-80.2 | 75.8 | 72.2-79.1 |
| Drank a bottle or glass of plain water two or more times per day (counting tap, bottled, and unflavored sparkling water, during the 7 days before the survey) | 66.4 | 62.9-69.7 | 68.4 | 64.7-71.9 | 69.0 | 64.6-73.0 | 70.1 | 66.3-73.7 |
| Drank a bottle or glass of plain water three or more times per day (counting tap, bottled, and unflavored sparkling water, during the 7 days before the survey) | 51.1 | 47.3-55.0 | 54.3 | 50.4-58.2 | 55.1 | 50.6-59.5 | 54.4 | 50.1-58.6 |

