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Mechanical–Electrical Systems EDUCATION MODULE

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- Explain the Prevention through Design (PtD) concept.
- List reasons why project owners may wish to incorporate PtD in their projects.
- Identify workplace hazards and risks associated with design decisions and recommend design alternatives to alleviate or lessen those risks.





- PtD Concept
- Wind Farm
- Nanotechnology Laboratory



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Introduction to Prevention through Design EDUCATION MODULE





Occupational Safety and Health

- Occupational Safety and Health Administration (OSHA) <u>www.osha.gov</u>
 - Part of the Department of Labor
 - Assures safe and healthful workplaces
 - Sets and enforces standards
 - Provides training, outreach, education, and assistance
 - State regulations possibly more stringent
- National Institute for Occupational Safety and Health (NIOSH) <u>www.cdc.gov/niosh</u>
 - Part of the Department of Health and Human Services, Centers for Disease Control and Prevention
 - Conducts research and makes recommendations for the prevention of work-related injury and illness







Construction Hazards

- Cuts
- Electrocution
- Falls
- Falling objects
- Heat/cold stress
- Musculoskeletal disease
- Tripping

[BLS 2006; Lipscomb et al. 2006]



Graphic courtesy of OSHA



Construction Accidents in the United States

Construction is one of the most hazardous occupations. This industry accounts for

- 8% of the U.S. workforce, but 20% of fatalities
- About 1,100 deaths annually
- About 170,000 serious injuries annually

[CPWR 2008]



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Design as a Risk Factor: Australian Study, 2000–2002

- Main finding: design contributes significantly to work-related serious injury.
- 37% of workplace fatalities are due to design-related issues.
- In another 14% of fatalities, design-related issues may have played a role.



Photo courtesy of Thinkstock

[Driscoll et al. 2008]







Accidents Linked to Design

- 22% of 226 injuries that occurred from 2000 to 2002 in Oregon, Washington, and California were linked partly to design [Behm 2005]
- 42% of 224 fatalities in U.S. between 1990 and 2003 were linked to design [Behm 2005]
- In Europe, a 1991 study concluded that 60% of fatal accidents resulted in part from decisions made before site work began [European Foundation for the Improvement of Living and Working Conditions 1991]
- 63% of all fatalities and injuries could be attributed to design decisions or lack of planning [NOHSC 2001]





- Number one cause of construction fatalities
 - in 2010, 35% of 751 deaths www.bls.gov/news.release/cfoi.t02.htm
- Common situations include making connections, walking on beams or near openings such as floors or windows
- Fall protection is required at height of 6 feet above a surface [29 CFR 1926.760].
- Common causes: slippery surfaces, unexpected vibrations, misalignment, and unexpected loads









Fatality Assessment and Control Evaluation

NIOSH FACE Program www.cdc.gov/niosh/face







Deaths caused by contact with electricity among electrical workers in construction, total for 2003–2009 [BLS 2003-2009]





What is Prevention through Design?

Eliminating or reducing work-related hazards and illnesses and minimizing risks associated with

- Construction
- Manufacturing
- Maintenance
- Use, reuse, and disposal of facilities, materials, and equipment











Personal Protective Equipment (PPE)

- Last line of defense against injury
- Examples:
 - Hard hats
 - Steel-toed boots
 - Safety glasses
 - Gloves
 - Harnesses

OSHA www.osha.gov/Publications/osha3151.html











[Hecker et al. 2005]

- Establish PtD expectations
- Include construction and operation perspective
- Identify PtD process and tools





Integrating Occupational Safety and Health with the Design Process

Stage	Activities
Conceptual design	Establish occupational safety and health goals, identify occupational hazards
Preliminary design	Eliminate hazards, if possible; substitute less hazardous agents/processes; establish risk minimization targets for remaining hazards; assess risk; and develop risk control alternatives. Write project specifications.
Detailed design	Select controls; conduct process hazard reviews
Procurement	Develop equipment specifications and include in procurements; develop "checks and tests" for factory acceptance testing and commissioning
Construction	Ensure construction site safety and contractor safety
Commissioning	Conduct "checks and tests," including factory acceptance; pre-start up safety reviews; development of standard operating procedures (SOPs); risk/exposure assessment; and management of residual risks
Start up and occupancy	Educate; manage changes; modify SOPs







[Adapted from Szymberski 1997]







PtD Process Tasks

[Adapted from Toole 2005; Hinze and Wiegand 1992]

- Perform a hazard analysis
- Incorporate safety into the design documents
- Make a CAD model for member labeling and erection sequencing



Photo courtesy of Thinkstock





- Checklists for construction safety [Main and Ward 1992]
- Design for construction safety toolbox [Gambatese et al. 1997]
- Construction safety tools from the UK or Australia
 - Construction Hazard Assessment Implication Review, known as CHAIR [NOHSC 2001]





Example Checklist

Item	Description	
1.0	Structural Framing	
1.1	Space slab and mat foundation top reinforcing steel at no more than 6 inches on center each way to provide a safe walking surface.	
1.2	Design floor perimeter beams and beams above floor openings to support lanyards.	
1.3	Design steel columns with holes at 21 and 42 inches above the floor level to support guardrail cables.	
2.0	Accessibility	
2.1	Provide adequate access to all valves and controls.	
2.2	Orient equipment and controls so that they do not obstruct walkways and work areas.	
2.3	Locate shutoff valves and switches in sight of the equipment which they control.	
2.4	Provide adequate head room for access to equipment, electrical panels, and storage areas.	
2.5	Design welded connections such that the weld locations can be safely accessed.	

[Checklist courtesy of John Gambatese]







Why Prevention through Design?

- Ethical reasons
- Construction dangers
- Design-related safety issues
- Financial and non-financial benefits
- Practical benefits



Photo courtesy of Thinkstock







- National Society of Professional Engineers' Code of Ethics and the American Society of Mechanical Engineers' Code of Ethics clearly states:
- "Engineers shall hold paramount the safety, health and welfare of the public in the performance of their professional duties."

NSPE www.nspe.org/Ethics/CodeofEthics/index.html

ASME <u>www.sections.asme.org/Colorado/ethics.html</u>







PtD Applies to Constructability

- How reasonable is the design?
 - Cost
 - Duration
 - Quality
 - Safety



Photo courtesy of the Cincinnati Museum Center <u>www.cincymuseum.org</u>







- Anticipate worker exposures—be proactive
- Align health and safety goals with business goals
- Modify designs to reduce/eliminate workplace hazards in

Facilities	Equipment	
Tools	Processes	
Products	Work flows	
Improve business profitability!		

AIHA www.ihvalue.org





- Reduced site hazards and thus fewer injuries
- Reduced workers' compensation insurance costs
- Increased productivity
- Fewer delays due to accidents
- Increased designer-constructor collaboration
- Reduced absenteeism
- Improved morale
- Reduced employee turnover







Industries Use PtD Successfully

- Construction companies
- Computer and communications corporations
- Design-build contractors
- Electrical power providers
- Engineering consulting firms
- Oil and gas industries
- Water utilities
 - And many others





MECHANICAL–ELECTRICAL SYSTEMS Electrical Hazards





Working Live

"In more than half of electrical worker electrocutions, the hazard resulted because of a failure to de-energize and lock out or tag out electrical circuits and equipment. The high percentage of electrocutions caused by work on live light fixtures, especially 277 volt circuits, is especially noteworthy." [CPWR 2008]

www.elcosh.org





OSHA Electrical Standards

29 CFR 1910.333(a)(1)

"Deenergized parts. Live parts to which an employee may be exposed shall be deenergized before the employee works on or near them, unless the employer can demonstrate that deenergizing introduces additional or increased hazards or is infeasible due to equipment design or operational limitations."

High School Maintenance Worker Electrocuted After Contacting a 277 Volt Electrical Cable. New Jersey FACE Investigation 95NJ070 <u>www.cdc.gov/niosh/face/stateface/nj/95nj070.html</u>





Overhead Power Lines

NORA Electrical Safety Goals Targeting Top Causes:

"Goal 2.1—Investigate ways to improve power line proximity warning alarms to protect operators of mobile vehicles, cranes, and nearby construction workers."

Goal 2.2—Investigate ways to protect construction workers from electrocution hazards involving power line contact through hand-carried metallic objects and vehicle-related contacts."

"Goal 2.3—Investigate ways to protect construction workers from contact with live electrical wiring and components by studying electrical installation, maintenance, and repair tasks and recommending ways to improve work practices, techniques, and tools."

NORA Construction Agenda

www.cdc.gov/niosh/nora/comment/agendas/construction/pdfs/ConstOct2008.pdf







Case Study: Site Precautions to Prevent Electrocution

www.cdc.gov/niosh/face/stateface/co/94co035.html [NIOSH FACE 1994]





Design of Equipment

"Much can be done to improve operational safety by the careful design and selection of electrical equipment.....Circuits and equipment should be installed so that all sections of the system can be isolated as necessary.... Switch disconnectors should be suitably located and arranged so that circuits and equipment can be isolated without disconnecting other circuits that are required to continue in service." [UK HSE 2003]





"...Control panels should be designed with insulated conductors and shrouded terminals so that commissioning tests, fault-finding, calibration, etc. can be carried out with a minimum of risk." [UK HSE 2003]




MECHANICAL-ELECTRICAL SYSTEMS Wind Farm Case Study







Fall Prevention

PtD Elements for Wind Tower and Turbine

Numerous 5,000-lb. anchorage points for tie-off

Ladder fall arrest system (installed at factory)

Factory-mounted worker platforms with attached guardrails

Specially designed crane rigging attachments

Preassembly of numerous components (modular construction)

Construction sequencing to reduce workers' exposure to fall hazards

Careful planning for worker accessibility throughout the entire wind turbine structure and nacelle







Ladder Fall Arrest System



Photo courtesy of Jim McGlothlin







Crane Rigging Attachments



Photo courtesy of Jim McGlothlin







Propeller Accessibility Hatch



Photo courtesy of Jim McGlothlin







Anchor Points



Photo courtesy of Jim McGlothlin







MECHANICAL-ELECTRICAL SYSTEMS Nanotechnology Laboratory





MECHANICAL–ELECTRICAL SYSTEMS Dock Management

Nanotechnology Laboratory





Video of Dock Management System



Video courtesy of Purdue University

Captioned video is available at http://streaming.cdc.gov/vod.php?id=842fba716738e3046a3657a20ab7b5e220130730154947421





MECHANICAL–ELECTRICAL SYSTEMS Laboratory Safety

Nanotechnology Laboratory



Gas Storage and Monitoring System

- Ultrapure gases are distributed through stainless steel tubing.
- Hazardous gases are doubly contained, with continuous monitoring for leaks.



Photo courtesy of Purdue University







- Clearly marked main gas lines run down the subfab spine
- Bulk gases stored outside the building in cabinets
- Hazardous gases stored in fireproof bunker
- All lines are supported by a chase
- Hydrogen generated on site



Photo courtesy of Purdue University





Video of Gas Detection System



Video courtesy of Purdue University

Captioned video is available at http://streaming.cdc.gov/vod.php?id=7475cd1dc67bd951782a61474e607c4320130730155502593







Video of Chemical Spill Vent System



Video courtesy of Purdue University

Captioned video is available at http://streaming.cdc.gov/vod.php?id=52b2e256ceb7522018400338d040e48c20130730155232359







MECHANICAL-ELECTRICAL SYSTEMS

Scrubber System

Nanotechnology Laboratory





Exhaust Gas Scrubber System

- Provides exhaust flow for all systems where acid or base fumes and vapors may exist
- Redundant fans provide high air flow through system
- Utilizes water flowing over high-surface-area beads to remove acids and bases from air stream
- Clean air is then released into the atmosphere





Video of Scrubber System



Video courtesy of Purdue University

Captioned video is available at http://streaming.cdc.gov/vod.php?id=41661e0436dde76257d454107b309dca20130730155711906







- Two banks of batteries
- Monthly tests
- Specific key sequence for maintenance bypass
- Maintaining cool room temperature
- Environmental enclosure





MECHANICAL-ELECTRICAL SYSTEMS Uninterrupted Power System

Nanotechnology Laboratory





Nanotechnology Center Power System Design

- Electrical power is required to maintain safety in the facility
 - Exhaust systems
 - Makeup air systems
 - Lighting
 - Building security systems
 - Hazardous-materials monitoring systems
 - Life-safety equipment
- Utilizing PtD in the design of the power system ensures continued availability of power, even during emergency situations

[ANSI/ASSE 2011]







- Primary power is supplied from campus power distribution system
- Internal power distribution system within the facility provides dedicated power sources
 - Normal power
 - Sensitive power
 - Uninterrupted power
 - Emergency power



Purdue University www.purdue.edu/discoverypark/Nanotechnology







Video courtesy of Purdue University

Captioned video is available at http://streaming.cdc.gov/vod.php?id=b681f15fc233ddf4ba8eb00b5e2a004320130730155839828





- Special airflow damper prevents air backflow of exhaust air during fan maintenance
- Redundant fans and pumps ensure continuous operation of system, maintaining safety inside of laboratories
- Anomalies of operation trigger text message alert to key personnel so that action can be taken prior to system failure
- System operates on emergency power
- pH and temperature are monitored to ensure proper operation of system

- "Soft" switch-over of fans to ensure continuous operation
- Critical drives kept in environmentally controlled areas





- PtD initiative is key to ensuring continuous operation of critical facility systems that guarantee the safety of those working in the facility.
- Electrical engineering elements of PtD can be understood by evaluating the building electrical distribution system.
- Mechanical engineering elements of PtD can be understood by evaluating the Exhaust Gas Scrubber system.





Include *Prevention through Design* concepts in your projects.

For more information, please contact the National Institute for Occupational Safety and Health (NIOSH) at

Telephone: (513) 533–8302 E-mail: preventionthroughdesign@cdc.gov

Visit these NIOSH Prevention through Design Web sites:

www.cdc.gov/niosh/topics/PtD/

www.cdc.gov/niosh/programs/PtDesign/







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- National Society of Professional Engineers [NSPE] <u>www.nspe.org/ethics</u>
- NIOSH Prevention through Design Web sites: <u>www.cdc.gov/niosh/topics/PtD</u> <u>www.cdc.gov/niosh/programs/PtDesign</u>





- OSHA Fatal Facts <u>www.setonresourcecenter.com/MSDS_Hazcom/FatalFacts/index.htm</u>
- OSHA home page <u>www.osha.gov/pls/oshaweb/owastand.display_standard_group?p_toc_level=1&p_part_number=1926</u>
- OSHA PPE publications

 www.osha.gov/Publications/osha3151.html
 www.osha.gov/OshDoc/data General Facts/ppe-factsheet.pdf
 www.osha.gov/OshDoc/data Hurricane Facts/construction ppe.pdf









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