



## ATTENTION: HEALTHCARE PROVIDERS

- + I am a structural fire fighter.
- + I am at increased risk for rhabdomyolysis.

The Centers for Disease Control and Prevention urges healthcare providers to be alert for rhabdomyolysis in structural fire fighters. Check serial serum creatine phosphokinase (CPK or CK) levels when any of the following signs and symptoms are present: heat-related illness, dark urine, muscle pain, or exercise intolerance.



Name:

Phone:

Medical Condition(s)	Current Medication(s)	Allergies

Emergency Contact Name and Phone:

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