

# Iowa's Health Care Provider Training Program



Maggie Ferguson, Karin Ford, Anne Crotty, Matt O'Brien, Mike Hoenig, Edward Esbeck



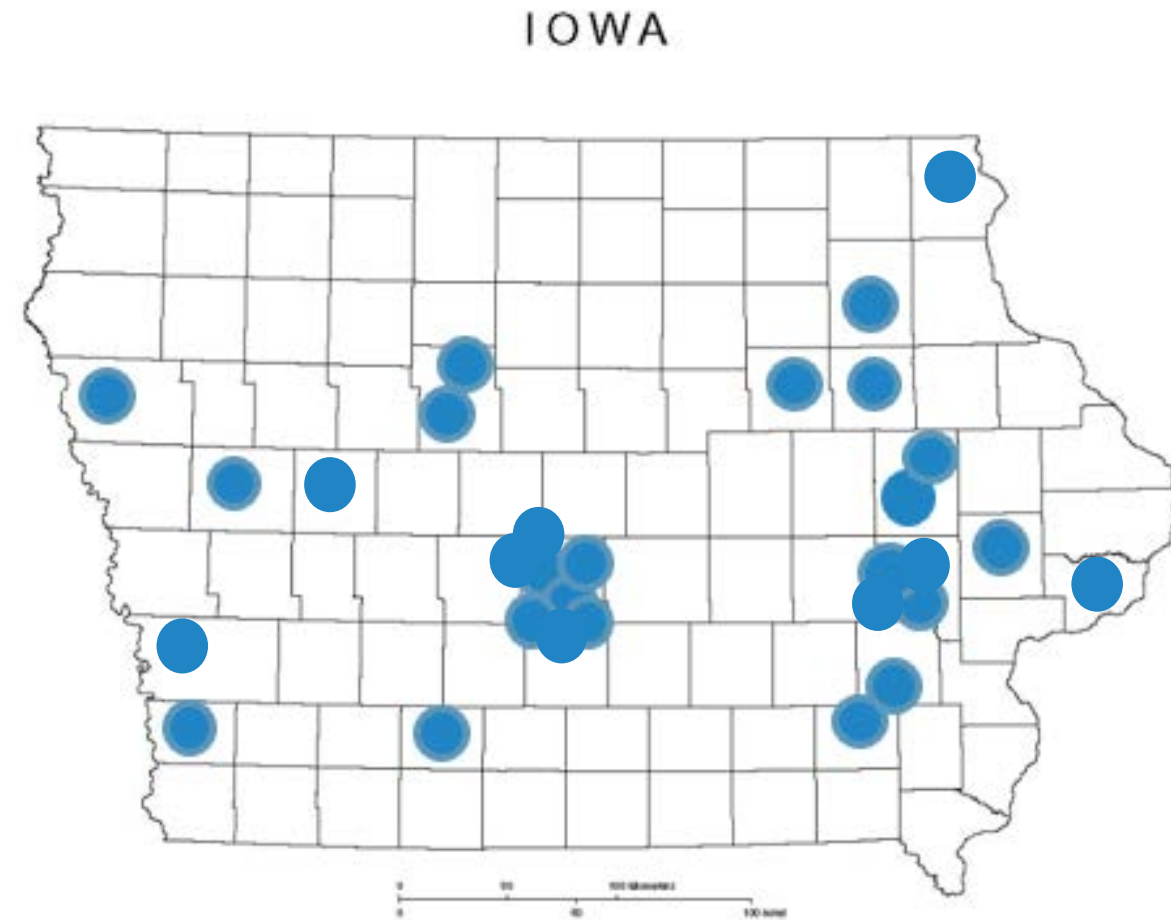
## Purpose

- IDPH works through local community-based organizations, disability service organizations, and local public health to implement program, policy, systems, and environmental changes
- Changes implemented focused on increasing physical activity, improving nutrition, or reducing obesity among people with IDD and/or mobility limitations

# PPSE Changes

- 35 mini-grants
- 2 statewide projects, 33 local projects
- Reach through year 4:
  - 727,538 people

Area	Number of Changes
Programmatic	22
Policy	0
Systemic	7
Environmental	7



Locations of mini-grant recipients

# Lessons Learned

- Programs must have a disability and health/wellness champion
- Personal stories are essential to engagement and impact
- Staff at disability service organizations may lack understanding of nutrition or physical activity
- Many organizations default to programmatic changes, so technical assistance is needed to support them in making PSE changes as well
- Helpful to offer a community of practice for support and additional ideas

# Thank You!

Contact info:

Maggie Ferguson [Maggie.Ferguson@idph.iowa.gov](mailto:Maggie.Ferguson@idph.iowa.gov)

Anne Crotty [Anne-Crotty@uiowa.edu](mailto:Anne-Crotty@uiowa.edu)

Karin Ford [Karin.Ford@idph.iowa.gov](mailto:Karin.Ford@idph.iowa.gov)