

November 13, 2019

Dear Friend,

The Centers for Disease Control and Prevention (CDC), the U.S. federal agency working to protect Americas health, safety and security, is conducting a study to collect information about the health and nutritional status of people living in the United States. It is of interest to public health researchers and policy makers to assure representation of the full spectrum of all people who live in this country, including Latinos/Hispanic Americans.

**By participating in the National Health and Nutrition Examination Survey (NHANES) you can represent thousands of others in our communities.**

Unidos Us fully supports this worthwhile project and encourages everyone who is selected to participate. NHANES data has been used to help address important health concerns in our community, such as cancer, heart disease, diabetes, and high blood pressure. Your participation in the study makes sure that UnidosUS and other organizations have vital information necessary to promote policies and design programs to address the specific needs of the Hispanic community.

We hope that you will take the time to participate in this important study. Your participation will include an interview in your home. That interviewer will then set up an appointment for your physical examination in its Mobile Examination Center. You will be given the results of your exam, which you and your doctor may find very useful.

**The information obtained is kept in the confidential, and no information is ever released to another federal agency.**

If you have any questions about this study, please feel free to call Dr. Duong Nguyen at the CDC toll-free at 1-800-452-6115.

Thank you for your time and consideration.

Sincerely,

/Janet Murguía/

Janet Murguía  
President and CEO