

Mental Health and Social Services

About SHPPS: SHPPS is a national survey periodically conducted to assess school health policies and practices at the state, district, school, and classroom levels. SHPPS was conducted in 1994, 2000, and 2006. The 2012 study collected data at the state and district levels only. School- and classroom-level data collection will take place in 2014.

Topic	Developed, revised, or assisted in developing model policies, policy guidance, or other materials*	Distributed or provided model policies, policy guidance, or other materials*	Provided technical assistance†
Linking students to community mental health or social services providers	68.6	72.5	78.0
Providing mental health and social services to students	66.7	70.0	74.5
Student assistance programs	60.0	58.0	68.0
Student support teams	64.7	60.8	74.0

*During the 2 years before the study.
†During the 12 months before the study.

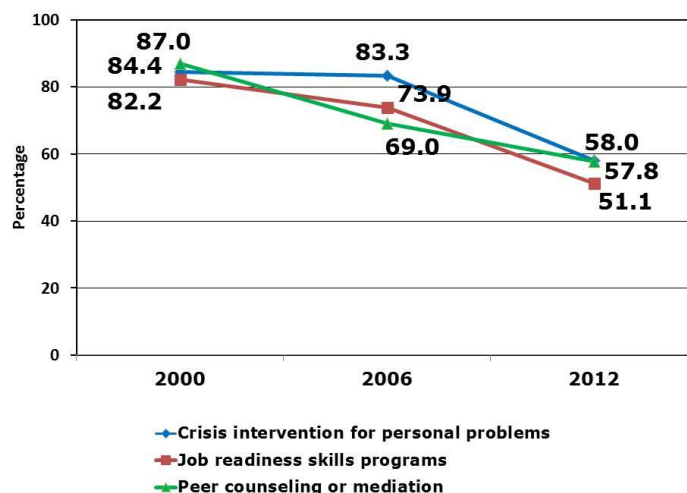
- 43.6% of districts required each school to have someone to oversee or coordinate mental and social services at the school.
- In 60.0% of districts, mental health and social services were provided to students or families through arrangements with organizations or mental health or social services professionals at other sites not on school property.

Topic	States	Districts
Making appropriate referrals to a school counselor, psychologist, or social worker	74.0	79.0
Managing students with emotional or behavioral problems	82.0	81.4
Recognizing signs and symptoms of bullying victimization	92.2	90.6
Recognizing signs and symptoms of dating violence	75.0	42.8*
Recognizing signs and symptoms of depression and suicidality	87.5	69.8
Recognizing signs and symptoms of physical, sexual, or emotional abuse	80.0	71.4
Recognizing signs and symptoms of substance abuse	70.8	60.9

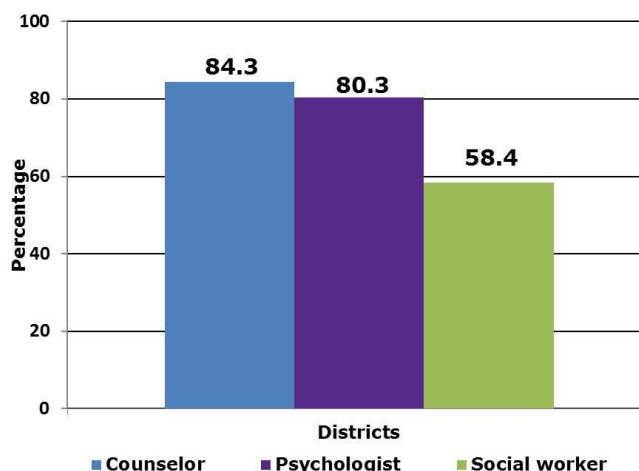
*Asked only if the district contained middle schools or high schools.

- During the 2 years before the study, 70.0% of states and 70.4% of districts evaluated at least 1 of 5 aspects of their school mental health or social services program.
- 80.1% of districts had adopted a policy stating that schools will create and maintain student support teams, student assistance teams, or student guidance teams.
- The percentage of districts that had adopted a policy stating that school mental health or social services staff will participate in the development of Individualized Health Plans when indicated increased from 38.5% in 2000 to 57.2% in 2012.¹
- 88.4% of districts had adopted a policy stating that school mental health or social services staff will participate in the development of Individualized Education Plans when indicated.
- 80.9% of districts had adopted a policy stating that school mental health or social services staff will participate in the development of 504 plans when indicated.
- 51.4% of districts required school mental health or social services staff to earn continuing education credits on mental health or social services topics.
- 70.7% of districts required newly hired counselors to have a master's degree in counseling.
- 63.7% of districts required newly hired psychologists to have a master's degree in psychology.
- 42.8% of districts required newly hired social workers to have a master's degree in social work.
- 69.3% of districts provided families of all students with information on school mental health or social services during the 12 months before the study.

Percentage of States That Provided Funding for Professional Development or Offered Professional Development to Mental Health or Social Services Staff—2000, 2006, and 2012



Percentage of Districts That Required Newly Hired School Mental Health and Social Services Staff to Be Licensed, Certified, or Credentialed by a State Agency or Board



¹ Regression analyses were performed that took all available years of data into account. To account for multiple comparisons, selected changes are included only if the p-value from the trend analysis was less than .01, and either the difference between the two endpoints (2000 and 2012) was greater than 10 percentage points or the 2012 estimate increased by at least a factor of two or decreased by at least half as compared to the 2000 estimate.

Where can I get more information? Visit www.cdc.gov/shpps or call 800 CDC INFO (800 232 4636).

