

## Hepatitis E Virus Outbreak among Tigray War Refugees from Ethiopia, Sudan

Andrew S. Azman, Etienne Gignoux, Robin Nesbitt, John Rumunu, Rakesh Aggarwal, Iza Ciglenecki

Author affiliations: Johns Hopkins Bloomberg School of Public Health, Baltimore, Maryland, USA (A.S. Azman); Médecins Sans Frontières, Geneva, Switzerland (A.S. Azman, I. Ciglenecki); Epicentre, Paris, France (E. Gignoux, R. Nesbitt); Ministry of Health South Sudan, Juba, South Sudan (J. Rumunu); Jawaharlal Institute of Postgraduate Medical Education and Research, Puducherry, India (R. Aggarwal)

DOI: <https://doi.org/10.3201/eid2901.221495>

**To the Editor:** We read with interest the article by Ahmed et al. on a large hepatitis E virus (HEV) outbreak among refugees from Ethiopia in Sudan, underscoring the challenges in controlling HEV outbreaks (1). As part of the rationale for not using HEV vaccine, the authors state that no data on virus genotype were available from cases and “the success of vaccination is dependent on the HEV genotype.” We believe that current evidence contradicts this assertion.

Evidence to date suggests that all major HEV genotypes that infect humans (genotypes 1–4) show cross-protection with a single serotype. Several pieces of data indicate that the only available and licensed vaccine (Hecolin; Wantai BioPharm, <https://www.ystwt.cn>), which contains recombinant partial capsid protein of HEV genotype 1, offers protection against infection with other genotypes. Studies in rhesus macaques have demonstrated protection by this vaccine against infection with genotypes 1 and 4 (2). In a large phase 3 trial of Hecolin, of the 23 persons who had HEV infection (1 in vaccine group and 22 in placebo group), viral genotype was identified in 13 placebo group patients. Of those, 12 were genotype 4 and 1 was genotype 1, providing evidence of protection against genotype 4 infection, a heterologous strain to that in the vaccine (3). Furthermore, *in vitro* data also support cross-protection across HEV genotypes (4).

A safe and efficacious vaccine is available and has been recommended for use as an outbreak control tool by the World Health Organization Strategic Advisory Group of Experts on Immunization (5), and this recommendation does not refer to virus genotype. Because empirical evidence from *in vitro* studies, nonhuman primate challenge studies, and a phase 3 clinical trial all point to cross-genotype protection, we believe that the lack of genotyping data during an outbreak should not prevent or delay the use of the HEV vaccine.

### References

1. Ahmed A, Ali Y, Siddig EE, Hamed J, Mohamed NS, Khairy A, et al. Hepatitis E virus outbreak among Tigray War refugees from Ethiopia, Sudan. *Emerg Infect Dis*. 2022;28:1722–4. <https://doi.org/10.3201/eid2808.220397>
2. Li SW, Zhang J, Li YM, Ou SH, Huang GY, He ZQ, et al. A bacterially expressed particulate hepatitis E vaccine: antigenicity, immunogenicity and protectivity on primates. *Vaccine*. 2005;23:2893–901. <https://doi.org/10.1016/j.vaccine.2004.11.064>
3. Zhu FC, Zhang J, Zhang XF, Zhou C, Wang ZZ, Huang SJ, et al. Efficacy and safety of a recombinant hepatitis E vaccine in healthy adults: a large-scale, randomised, double-blind placebo-controlled, phase 3 trial. *Lancet*. 2010;376:895–902. [https://doi.org/10.1016/S0140-6736\(10\)61030-6](https://doi.org/10.1016/S0140-6736(10)61030-6)
4. Gu Y, Tang X, Zhang X, Song C, Zheng M, Wang K, et al. Structural basis for the neutralization of hepatitis E virus by a cross-genotype antibody. *Cell Res*. 2015;25:604–20. <https://doi.org/10.1038/cr.2015.34>
5. World Health Organization. Hepatitis E vaccine: WHO position paper, May 2015 – recommendations. *Vaccine*. 2016;34:304–5. <https://doi.org/10.1016/j.vaccine.2015.07.056>

---

Address for correspondence: Andrew S. Azman, Department of Epidemiology, Johns Hopkins Bloomberg School of Public Health, 615 N Wolfe St, Baltimore, MD 21205, USA; email: [azman@jhu.edu](mailto:azman@jhu.edu)

---

**In Response:** We appreciate the insightful comments from Azman et al. on use of licensed hepatitis E virus (HEV) vaccine (Hecolin; Wantai BioPharm, <https://www.ystwt.cn>) for outbreak control regardless of virus genotype (1). We share their concern about the need for timely use of effective outbreak control measures, particularly among those at high risk for illness and death, such as forcibly displaced populations in humanitarian camps. We also agree that vaccines are an effective tool for prevention and control of outbreaks, including HEV (2).

When we confirmed an HEV outbreak among refugees from Ethiopia in east Sudan, according to the World Health Organization (WHO) recommendation, the National Immunization Technical Advisory Groups of Sudan convened an emergency meeting to discuss the feasibility of deploying HEV vaccine. After considering the WHO position paper about the use of HEV vaccine (3) and careful discussion, they raised several concerns about introducing the vaccine. These concerns included the limited evidence on efficacy and safety data in pregnant women, persons <16 years of age, the elderly (>65 years of age), and persons with underlying diseases (e.g., liver disease) or conditions such as immunosuppression (3). Of particular concern were children and pregnant women in humanitarian crisis, who are most at risk during HEV outbreaks (4). A major concern was that, according to

the WHO statement on the vaccine, “there are no data on specific protection afforded by the HEV 239 vaccine against genotype 1, 2, or 3 HEV infection.” Therefore, the final recommendation was to invest more resources toward improving water, sanitation, and hygiene interventions until further evidence is available. In addition, several diseases prevalent among displaced populations in Sudan are preventable through water, sanitation, and hygiene interventions (5). These infections include waterborne diseases such as HEV and cholera (2,6); vectorborne diseases such as Chikungunya, dengue, and Rift Valley fever (5,7); and measles, meningitis, and poliomyelitis (5).

### References

1. Azman AS, Gignoux E, Nesbitt R, Rumunu J, Aggarwal R, Ciglenecki I. Hepatitis E virus outbreak among Tigray War refugees from Ethiopia, Sudan. *Emerg Infect Dis*. 2023 Feb [date cited]. <https://doi.org/10.3201/eid2902.221495>
2. Ahmed A, Ali Y, Siddig EE, Hamed J, Mohamed NS, Khairy A, et al. Hepatitis E virus outbreak among Tigray War refugees from Ethiopia, Sudan. *Emerg Infect Dis*. 2022;28:1722–4. <https://doi.org/10.3201/eid2808.220397>
3. World Health Organization. Hepatitis E vaccine: WHO position paper, May 2015. *Wkly Epidemiol Rec*. 2015;90:185–200.
4. Desai AN, Mohareb AM, Elkarsany MM, Desalegn H, Madoff LC, Lassmann B. Viral hepatitis E outbreaks in refugees and internally displaced populations, sub-Saharan Africa, 2010–2020. *Emerg Infect Dis*. 2022;28:1074–6.
5. Ahmed A, Mohamed NS, Siddig EE, Algaily T, Sulaiman S, Ali Y. The impacts of climate change on displaced populations: a call for action. *J Clim Chang Health*. 2021;3:100057.
6. Mohamed NS, Ali Y, Abdalrahman S, Ahmed A, Siddig EE. The use of cholera oral vaccine for containment of the 2019 disease outbreak in Sudan. *Trans R Soc Trop Med Hyg*. 2022;116:763–6. <https://doi.org/10.1093/trstmh/trac041>
7. Ahmed A, Ali Y, Mohamed NS. Arboviral diseases: the emergence of a major yet ignored public health threat in Africa. *Lancet Planet Health*. 2020;4:e555. [https://doi.org/10.1016/S2542-5196\(20\)30269-2](https://doi.org/10.1016/S2542-5196(20)30269-2)

Address for correspondence: Ayman Ahmed, Human and Animal Health Unit, Department of Epidemiology and Public Health, Swiss Tropical and Public Health Institute, Kreuzstrasse 2, 4123 Allschwil, Switzerland; email: ayman.ame.ahmed@gmail.com

Ayman Ahmed, Yousif Ali, Nouh S. Mohamed, Jakob Zinsstag, Emmanuel Edwar Siddig, Amna Khairy

Author affiliations: Sirius Training and Research Centre, Khartoum, Sudan (A. Ahmed, N.S. Mohamed); Swiss Tropical and Public Health Institute, Allschwil, Switzerland (A. Ahmed, J. Zinsstag); University of Basel, Basel, Switzerland (A. Ahmed, J. Zinsstag); University of Khartoum, Khartoum (A. Ahmed, E.E. Siddig); Sudan Federal Ministry of Health, Khartoum (Y. Ali, A. Khairy); Erasmus MC University Medical Center, Rotterdam, the Netherlands, (E.E. Siddig)

DOI: <https://doi.org/10.3201/eid2902.221796>

## EID Podcast Telework during Epidemic Respiratory Illness



The COVID-19 pandemic has caused us to reevaluate what “work” should look like. Across the world, people have converted closets to offices, kitchen tables to desks, and curtains to videoconference backgrounds. Many employees cannot help but wonder if these changes will become a new normal.

During outbreaks of influenza, coronaviruses, and other respiratory diseases, telework is a tool to promote social distancing and prevent the spread of disease. As more people telework than ever before, employers are considering the ramifications of remote work on employees’ use of sick days, paid leave, and attendance.

In this EID podcast, Dr. Faruque Ahmed, an epidemiologist at CDC, discusses the economic impact of telework.

**Visit our website to listen:**  
<https://go.usa.gov/xfcmN>

**EMERGING  
INFECTIOUS DISEASES®**