Comprehensive Case-Control Study of Protective and Risk Factors for Buruli Ulcer, Southeastern Australia

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To examine protective and risk factors for Buruli ulcer (BU), we conducted a case-control study of 245 adult BU cases and 481 postcode-matched controls across BU-endemic areas of Victoria, Australia. We calculated age- and sex-adjusted odds ratios for socio-environmental, host, and behavioral factors associated with BU by using conditional logistic regression. Odds of BU were >2-fold for persons with diabetes mellitus and persons working outdoors who had soil contact in BUendemic areas (compared with indoor work) but were lower among persons who had bacillus Calmette-Guérin vaccinations. BU was associated with increasing numbers of possums and with ponds and bore water use at residences. Using insect repellent, covering arms and legs outdoors, and immediately washing wounds were protective; undertaking multiple protective behaviors was associated with the lowest odds of BU. Skin hygiene/protection behaviors and previous bacillus Calmette-Guérin vaccination might provide protection against BU in BU-endemic areas.

Buruli ulcer (BU) is a necrotizing infection of the skin and soft tissue caused by the environmental bacterium *Mycobacterium ulcerans* (1,2) and is 1 of 20 neglected tropical diseases recognized by the World Health Organization (3). BU often begins as a small papule or plaque with progressive ulceration if left untreated (4). The incubation period is \approx 4–5 months,

Author affiliations: Barwon Health, Geelong, Victoria, Australia (B.J. McNamara, A. Yerramilli, M.A. Hussain, M. Muleme, D.P. O'Brien, E. Athan); University of Melbourne, Melbourne, Victoria, Australia (B.J. McNamara, K.B. Gibney, N.T. Waidyatillake, D.P. O'Brien); Commonwealth Scientific and Industrial Research Organisation, Geelong (K.R. Blasdell, S.L. Clayton, M. Dunn); Commonwealth Scientific and Industrial Research Organisation, Canberra, Australian Capital Territory, whereas the average delay from symptom onset to diagnosis is 1–2 months (5–7). Although sporadic cases have been noted globally, BU remains endemic in sub-Saharan Africa and more temperate south-eastern Australia, 2 regions with vastly differing social and environmental conditions (8). In south-eastern Australia, cases are most frequently detected in Mornington and Bellarine Peninsulas, regions on opposite sides of Port Philip Bay in Victoria state (6). BU case numbers have increased markedly in the previous decade in Victoria; disease-endemic areas within the region have expanded (9,10), but the reasons remain unclear.

The exact mechanisms of *M. ulcerans* transmission are elusive and might differ between endemic areas. Nevertheless, research has revealed certain key variables; leading theories involve insect bites or environmental contamination through minor trauma or existing wounds (2,11). In southeastern Australia, possums evidently play a crucial role as an animal reservoir that can sustain clinical disease and shed viable *M. ulcerans* through feces (12–14). Two species in particular, the common brushtail (*Trichosurus vulpecula*) and common ringtail (*Pseudocherius peregrinus*) possums, have been implicated as reservoir hosts. Furthermore, research in Australia reports mosquitoes as possible mechanical vectors (15–17).

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A previous questionnaire-based case-control study in Victoria showed that being bitten by mosquitoes increased the odds of *M. ulcerans* infection, whereas wearing protective clothing or applying insect repellent decreased the odds (*18*). In contrast, no convincing evidence exists that mosquitoes play a role in *M. ulcerans* transmission in West Africa. *M. ulcerans* DNA has been detected in environmental samples of other insects from aquatic areas in West Africa, such as water bugs (Hemiptera), dragonfly larvae (Odonata), and beetle larvae (Coleoptera) (2).

Environmental and climate factors also appear to play a critical role in *M. ulcerans* transmission dynamics. In Africa, cases of BU occur proximate to natural water bodies (2). Heavy rainfall and subsequent flooding have also been associated with increased detection of *M. ulcerans* in the environment and increased BU case numbers in certain regions (9,19). Environmental surveys, conducted as a separate part of this research project, showed that the odds of *M. ulcerans* bacteria existing within a property increased with the presence of certain native plant species, alkaline soil, and lower altitude, along with the presence of overhead powerlines and common ringtail possums (14).

Cleaning wounds immediately after trauma and the use of *Mycobacterium bovis* bacillus Calmette– Guérin (BCG) vaccination (for tuberculosis, also caused by a mycobacterium) might mitigate the risk of acquiring BU, although evidence regarding BCG vaccination is conflicting (*18,20,21*). In addition, BU lesions are common on exposed body areas, consistent with the premise that protective clothing might decrease BU risk by reducing insect bites and minor skin trauma that can cause potential inoculating events (*22,23*). Determining risks and protective factors for BU is crucial to determine effective intervention and control strategies. Therefore, we conducted a case-control study to identify environmental, host, and behavioral risk and protective factors associated with BU in Victoria, Australia, where increasing cases and expanding BU-endemic areas have been observed.

Methods

Study Design and Participants

We performed a postcode matched, case-control study in BU-endemic areas surrounding Port Phillip Bay, Victoria, Australia (Figure 1; Appendix Table 1, https://wwwnc.cdc.gov/EID/article/29/10/23-0011-App1.pdf). Ethics approval was granted by the Victoria Department of Health Human Research Ethics Committee (project 10-18). We invited adults (≥18 years of age) to participate in the study who resided in Victoria and were notified to the Department of Health in Victoria as having laboratory-confirmed BU during June 2018-June 2020. We extracted case data from the Victoria Department of Health Public Health Events Surveillance System. We recruited case-patients via regular mail after receiving permission for contact from the patient's general practitioner or treating medical team. We restricted analysis to residents or holiday homeowners in the study areas (Figure 2).

We matched control participants (residents of Victoria ≥18 years of age) to patients according to residential postal codes within the study area. We selected controls from both the Victorian Population Health Survey (participants who had provided consent to be contacted for other research studies) and the electoral roll of Australia (when additional matched controls



Figure 1. Locations of Buruli ulcer–endemic areas included in comprehensive case-control study of protective and risk factors for Buruli ulcer, Victoria, Australia. Colors indicate risk classifications at beginning of the study period, and numbers indicate percentage of total participating case-patients for each location within the study area. Full map of Australia shows study area in southeastern region.

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Figure 2. Flow diagrams of study recruitment, participation, and exclusion criteria in comprehensive case-control study of protective and risk factors for Buruli ulcer, southeastern Australia. A) Case-patient recruitment; B) control recruitment.

were required for a particular postcode). We excluded controls if they or a household member had been previously diagnosed with BU (Figure 2).

Participation for both patients and controls involved the return of a completed study questionnaire. In addition, a subsample of patients and controls were enrolled in an environmental survey of residential properties that investigated the presence of *M. ulcerans* (14).

Data Collection and Measurements

We used a self-administered questionnaire to examine the amount of time participants spent in the study areas, outdoor and lifestyle behaviors, insect exposure, medical history, and environmental characteristics of the participants' properties. We evaluated those details and formulated response and collapsed categories for analysis (Appendix Table 2). Participant-reported medications and conditions that might affect the immune system were reviewed by a physician specializing in infectious diseases (D.P.O.) to ascertain those likely to cause immunosuppression. We devised an occupational classification related to potential environmental exposure to *M. ulcerans* through employment by using participant responses to 2 questions: what proportion of your time do you spend outside as part of your occupation and are you in contact with the soil during your work? We examined the effects of working outdoors and having soil contact among participants whose employment was based in the study (disease-endemic) areas only.

Statistical Analysis

We evaluated host, environmental, and behavioral factors according to BU case status. We examined relationships between those factors and the likelihood of developing BU by using multivariable conditional logistic regression; cases and controls were matched by postcode. We calculated odds ratios adjusted for age and sex (aORs) and 95% CIs for the total participant sample (residents and holiday homeowners) and separately for residents only (Appendix Tables 3–11). Percentages of missing data were generally low (<3% for most factors); if missing data were >10%, we included a separate category for those participants with missing exposure data in the model unless otherwise stated. Given the expectation that participants might have multiple potentially protective health behaviors, we examined patterns and clustering of those behaviors by using polychoric correlations and exploratory factor analysis (Appendix; Appendix Figures 2, 3).

We conducted a post-hoc sensitivity analysis to explore the robustness of the observed relationship between BCG vaccination and BU case status; we restricted analysis to participants 47-70 years of age who were within the age-range eligible for BCG vaccination as part of the routine vaccination schedule for schoolchildren in Victoria from the 1950s to 1985 (24). We analyzed those reporting receipt of BCG vaccination and those unsure of vaccination status as a single category (under the assumption of likely vaccination through routine vaccination) and compared them with age-matched participants reporting no BCG vaccination. We performed analyses by using Stata 15 (StataCorp LLC, https://www.stata. com) except for factor analysis, which we performed by using Stata 16.

Results

Demographic and Clinical Characteristics of Participants

We examined data from 245 (57% participation rate) BU case-patients and 481 (18%) postcode-matched control participants from across the BU-endemic areas; 171 (70%) patients and 469 (97.5%) controls were permanent residents in the study areas, and most (71%) were homeowners in high BU-endemic areas of Mornington Peninsula (Figure 1). Half (123/245) of case-patients were 60–79 years of age, signifying an



overrepresentation when compared with all notified cases in the study areas (204/550 [37%] 60-79 years of age). In contrast, patients 18–39 years of age were underrepresented in our participant sample (35/245 [14%] compared with 134/550 [24%] among notified cases) (Appendix Table 12). We also observed an overrepresentation of controls 60–79 years of age and a large underrepresentation of controls 18–39 years of age when compared with population proportion estimates (Appendix Table 12). Male sex was associated with BU case status (57.6% of BU cases vs. 44.7% of controls; aOR 1.52 [95% CI 1.06–2.19]).

BU cases were reported predominantly during winter (44%) and spring (38%) (Table; Appendix Figure 1). The median time between symptom onset and diagnosis was 5 (interquartile range [IQR] 3–12) weeks; duration was longer for patients who were holiday homeowners (8 [IQR 4–13]) weeks than for those who were residents (4 [IQR 3–10] weeks; p<0.0001 by rank-sum test). An insect bite, wound, or injury to the affected area was reported in 36% of BU cases before ulcers appeared.

Host Factors

We evaluated associations between host factors and BU case status (Figure 3). Persons with a history of diabetes mellitus had a higher probability of developing BU than those without diabetes (aOR 2.26 [95% CI 1.13–4.49]). An association was observed with prednisolone therapy (aOR 2.56 [95% CI 1.28–5.13]); however, this result could be confounded by persons commencing prednisolone therapy during their BU treatment.

Figure 3. Odds of developing Buruli ulcer according to different host factors in comprehensive case-control study of protective and risk factors for Buruli ulcer, southeastern Australia. Host characteristics are shown for case-patients and control participants as no. (%). Odds ratios (adjusted according to age and sex) and 95% CIs are indicated. Vaccination was with Mycobacterium bovis BCG vaccine for tuberculosis. Immunocompromised conditions category was for any participant who reported a condition that had the potential to compromise the immune system (excluding diabetes and cancer [active or historical]; cancer status was not available in this study). aOR, adjusted odds ratio; BCG, bacillus Calmette-Guérin vaccine; BU, Buruli ulcer.

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Receipt of BCG vaccination was associated with lower odds of BU (aOR 0.59 [95% CI 0.39–0.90]) than for participants reporting no BCG vaccination. No relationship between BU and vaccination timing (<20 or >20 years ago) was observed. Of note, 41% of patients and 31% of controls reported that they were unsure whether they had received the vaccination. In the sensitivity analysis that restricted participant age to 47–70 years (those unsure were assumed vaccinated), the observed association between BU and BCG vaccination persisted but was attenuated; aOR was 0.71 (95% CI 0.41–1.22) for the entire age-restricted participant sample (Appendix Table 11).

Environmental Factors

The presence of possums around the property was strongly associated with BU in residents (aOR 5.30 [95% CI 1.82–15.49]) and, to a lesser extent, in the entire participant sample (aOR 2.33 [95% CI 1.15–4.71]). The likelihood of developing BU increased with the number of possums reported around the residential property (Figure 4; Appendix Table 5); large amounts

of possum feces (compared with none) (aOR 1.88 [95% CI 1.05–3.36]); and with the presence of tea trees (*Leptospermum* sp.), a common habitat for possums, on the property (aOR 1.72 [95% CI 1.10–2.69]).

Most (98%) properties used piped (town) water for drinking, bathing, and garden watering. Participants drinking filtered town water (274/721, 38% of total participants) had lower odds of developing BU than those not drinking filtered town water (aOR 0.64 [95% CI 0.46-0.90]). Of those not drinking filtered town water, 433/447 (97%) drank unfiltered town water, and 14 (3%) drank water from other sources only, such as tank or bottled water. Use of bore water by residents for bathing or garden watering was associated with BU (aOR 1.56 [95% CI 0.98-2.50]). Water sources around the property were not associated with BU case status, except for the presence of ponds (aOR 1.69 [95% CI 0.99-2.89]) for residents (Figure 4). We observed no associations between case status and the presence of other nonpossum wildlife or biting insects; use of garden products (mulch or potting mix)

Table. Characteristics of patients and disease manifestations in comprehensive case–control study of protective and risk factors for Buruli ulcer, southeastern Australia*

	C_{2222} n = 245	Controlo n = 191
	Cases, 11 – 245	Controis, 11 – 46 I
Age group, y	25 (14)	20 (0)
18-39	35 (14)	38 (8)
40-59	68 (28)	125 (26)
60-79	123 (50)	278 (58)
80	19 (8)	40 (8)
Sex		
F	104 (42)	266 (55)
M	141 (58)	215 (45)
Employment status†		
Employed	124 (51)	211 (44)
Unpaid employment, unemployed	19 (8)	18 (4)
Retired	100 (41)	249 (52)
Notification dates		
Summer, Dec–Feb	26 (11)	NA
Autumn, Mar–May	18 (7)	NA
Winter, Jun–Aug	107 (44)	NA
Spring, Sep–Nov	94 (38)	NA
Duration of symptoms before diagnosis, wk		
Median (IQR)	5 (3–12)	NA
Missing data	21 (9)	NA
Days from notification to guestionnaire completion		
Median (IQR)	56 (38–90)	NA
Insect bite/wound/injury to area before ulcer developed		
Yes	99 (40)	NA
No	42 (17)	NA
Unsure	88 (36)	NA
Missing data	16 (7)	NA
Type of bite/wound/iniury in area before ulcer developed, n = 99		
Insect bite	51 (52)	NA
Wound/iniury	30 (30)	NA
Mixed	6 (6)	NA
Other unsure/missing data	12 (12)	NA
Time from wound/bite to ulcer if ves $n = 87$		
Median weeks (IOR)	6 (3–13)	NA
	0 (0-10)	11/7

*Values are no. (%) except as indicated. IQR, interquartile range; NA, not applicable.

†Unpaid employment included students and persons with home duties.

Environmental factors	Cases	Controls		aOR (95% CI)
Wildlife and animal contact			i	
Rodents or rodent activity on property (residents	s only)			
No	61 (36)	161 (35)	•	1.0 (Referent)
Yes	110 (64)	304 (65)	_	0.97 (0.67–1.43)
Possums seen on property (residents only)				
No	4 (2)	49 (11)		1.0 (Referent)
Yes	167 (98)	415 (89)	¦	• 5.30 (1.82–15.49)
No. possums present (residents only)				
None	4 (2)	45 (10)	•	1.0 (Referent)
1-2	44 (26)	117 (25)	 ;	4.52 (1.48-13.81)
3-4	38 (22)	80 (17)		5.51 (1.76-17.23)
>5	24 (14)	51 (11)	_ _;	6.06 (1.85-19.83)
Not sure	60 (35)	171 (37)	_ ;	4.54 (1.50-13.79)
Possum feces on property (residents only)				
No	22 (13)	93 (20)		1.0 (Referent)
Yes but only small amounts	59 (35)	174 (38)	- <u>+</u>	1.41 (0.79–2.51)
Yes large amounts	65 (38)	139 (30)		1.88 (1.05-3.36)
Unsure	23 (14)	56 (12)	- <u>+</u>	1.66 (0.83-3.32)
Contact with livestock (residents only)				
Never	144 (88)	385 (91)	.	1.0 (Referent)
Occasional/Frequent	19 (12)	38 (9)		1.41 (0.75-2.66)
Tea trees (residents only)				
No	40 (24)	151 (33)		1.0 (Referent)
Yes	129 (76)	303 (67)	_	1.72 (1.10-2.69)
Pets (cats or dogs; residents only)				
No	76 (44)	220 (47)	i	1.0 (Referent)
Yes	95(56)	246 (53)	_	1.04 (0.72-1.53)
Wounded by pets (residents only)	. ,	. ,		. ,
No	367 (79)	367 (79)	•	1.0 (Referent)
Yes	98 (21)	25 (15)	_	0.57 (0.35-0.93)
Water sources				,
Filtered town water (for drinking)				
No	167 (68)	280 (59)	i i	1.0 (Referent)
Yes	77 (32)	197 (41)	e ¦	0.64 (0.46-0.90)
Bore water, bathing/gardening (residents only)	()	(1)		,
No	129 (76)	385 (83)	_	1.0 (Referent)
Yes	40 (24)	79 (17)	T 	1.56(0.98-2.50)
Pond at property	()	,		
No	215 (88)	436 (91)	La construction de la constructi	1.0 (Referent)
Yes	30 (12)	45 (9)	Ť	1.46(0.88-2.42)
Pond at property (residents only)	00 (12)	(.)	_	
No	145 (85)	425 (91)	i	10 (Referent)
Yes	26 (15)	44 (9)	- -	1 69 (0 99-2 89)
100	20 (10)	(v)		1.00 (0.00 2.00)
			$0.2 0.5 1 2 3 4 5 6 7 \\ \bullet \bullet \bullet \bullet \bullet \bullet \bullet \bullet \bullet \bullet$	8
			Lower odds BU Higher odds BU	

Figure 4. Odds of developing Buruli ulcer according to different environmental factors in comprehensive case–control study of protective and risk factors for Buruli ulcer, southeastern Australia. Environmental factors are shown for case-patients and control participants as no. (%). Odds ratios (adjusted according to age and sex) and 95% CIs are indicated. aOR, adjusted odds ratio; BU, Buruli ulcer.

among residents; or with earthworks, major renovations, or sewerage works near the property (Appendix Table 7).

Exposures

Working outdoors was associated with higher odds of BU than working indoors in BU-endemic areas (Figure 5); highest odds were associated with occupations involving soil contact (aOR 2.89 [95% CI 1.01–8.25]).

Outdoor occupations that involved soil contact were commonly gardeners, carpenters, and other construction-related roles.

We found no association between gardening frequency and BU case status among residents (Figure 5); however, the entire participant sample comprising more holiday homeowner cases had lower odds for BU (aOR 0.50 [95% CI 0.34–0.74]). Participants partaking in outdoor activities (>95% of participants)

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Exposure behaviors	Cases	Controls		aOR (95% CI)
Occupation exposure risk			I	
(for those working in study areas	5)		1	
Indoor	11 (28)	57 (48)	+	1.0 (Referent)
Outdoor - without soil contact	9 (23)	20 (17)		2.11 (0.70-6.38)
Outdoor - with soil contact	20 (50)	42 (35)		2.89 (1.01-8.25)
Gardening (residents only)				
No - do not garden or rarely garden	34 (20)	76 (16)		1.0 (Referent)
Yes - Garden	135 (80)	386 (84)		0.74 (0.46–1.18)
Any reported outdoor activities				
No - no outdoor activities	18 (7)	18 (4)	•	1.0 (Referent)
Yes - outdoor activities reported	226 (93)	463 (96)	_	0.34 (0.17–0.68)
Selected outdoor activities				
Wetlands walking or jogging				
No	190 (84)	388 (85)	•	1.0 (Referent)
Yes	36 (16)	67 (15)		1.13 (0.70-1.83)
Golf			I I	
No	186 (82)	368 (81)	•	1.0 (Referent)
Yes	40 (18)	89 (19)		0.71 (0.46-1.11)
Swimming in lakes and rivers				
No	212 (94)	435 (95)		1.0 (Referent)
Yes	14 (6)	21 (5)		1.36 (0.65-2.84)
Outdoor BBQ			1	
No	91 (40)	215 (47)	•	1.0 (Referent)
Yes	135 (60)	242 (53)		1.19 (0.84-1.67)
			0.2 0.5 1 2 3 4 5 6 7 8	
			Lower odds BU Higher odds BU	

Figure 5. Odds of developing Buruli ulcer according to potential outdoor exposures in comprehensive case–control study of protective and risk factors for Buruli ulcer, southeastern Australia. Potential outdoor exposures are shown for case-patients and control participants as no. (%). Odds ratios (adjusted according to age and sex) and 95% CIs are indicated. aOR, adjusted odds ratio; BBQ, barbeque; BU, Buruli ulcer.

had a lower likelihood of developing BU than those not undertaking outdoor activities (aOR 0.34 [95% CI 0.17–0.68]). However, we observed no strong associations between participants undertaking individual activities (beach walks/jogging, wetland walks/jogging, bushwalking, golf, sports on an oval, swimming in local lakes/rivers, sailing, outdoor barbeques, or other activities) and those not undertaking the activity (Appendix Table 9).

Protective Behavioral Factors

We analyzed associations between protective health behaviors and BU case status (Figure 6). Several protective behaviors were associated with lower odds of developing BU: tending immediately to cuts and scratches received during outdoor activity by washing the area and then applying antiseptic or dressings (aOR 0.56 [95% CI 0.36–0.87]), wearing insect repellant during warmer months (aOR 0.62 [95% CI 0.43–0.89]), and covering arms and legs with clothing (aOR 0.59 [95% CI 0.36–0.90]). Participants who combined protective behaviors had the strongest correlations between tending to new wounds, covering preexisting wounds, washing hands after outdoor activity, and using gloves for gardening (Appendix Figures 2, 3). Combining protective behaviors was associated with lower odds of BU; we observed a gradient of decreasing odds for BU in those undertaking higher numbers of protective behaviors (Figure 6).

Discussion

We conducted a comprehensive case–control study in temperate, BU-endemic areas of Victoria, Australia, and found that the presence of possums or a pond on residential property was a key environmental factor

Potentially protective behavior	Cases	Controls			aOR (95% CI)
Skin hygiene and protection				!	
Covers preexisting wounds with dressin	g				
Never/sometimes/other/no response	176 (72)	327 (67)		.	1.0 (Referent)
Usually/always	69 (28)	154 (32)		_	0.99 (0.70-1.41)
Tends to cuts and scratches from outdo	ors				
Leaves to heal naturally, or other response	126 (51)	185 (38)		, i i i i i i i i i i i i i i i i i i i	1.0 (Referent)
Eventually (wash, dressing or antiseptic)	80 (33)	178 (37)		_	0.74 (0.51-1.05)
Immediately (wash, dressing/antiseptic)	39 (16)	118 (25)		¦	0.56 (0.36-0.87)
Washes hands after outdoor activity	、			1	. ,
Never/sometimes	23 (10)	26 (6)		1	1.0 (Referent)
Usually/always	213 (90)	435 (94)			0.62 (0.34-1.15)
Showers after outdoor activity	. ,	. ,			. ,
Never/sometimes/no response	194 (79)	385 (80)		, i i i i i i i i i i i i i i i i i i i	1.0 (Referent)
Usually/Always	51 (21)	96 (20)		_	0.94 (0.63-1.40)
Insect repellent use in warm months	、			i I	· · · ·
Never	78 (32)	99 (21)			1.0 (Referent)
Occasionally/usually/always	167 (68)	381 (79)		e ¦	0.62 (0.43-0.89)
	(<i>)</i>				· · · · ·
Protective clothing and footwear					
Clothing covering arms or legs					
Never/sometimes/seasonally	173 (72)	296 (63)		#	1.0 (Referent)
Usually/always-either arms or legs only	38 (16)	76 (16)		B	0.92 (0.59-1.44)
Usually/always-both arms and legs	28 (12)	96 (21)			0.59 (0.36-0.95)
Gardening gloves				l I	
Never	58 (27)	79 (18)		■	1.0 (Referent)
Sometimes/usually/always	157 (73)	351 (82)			0.72 (0.48-1.08)
Closed shoes outside (warmer mos)				1	
Never/sometimes	147 (61)	280 (58)		•	1.0 (Referent)
Usually/always	95 (39)	199 (42)			0.99 (0.70-1.39)
Multiple behavioral factors					
Multiple examined behaviors				[
	30 (12)	21 (1)		i	1.0 (Referent)
0-1	30 (12) 106 (43)	21 (4)			1.0 (Reference) 0.41 (0.22-0.76)
2-5	02 (38)	193 (41)			0.41(0.22-0.70) 0.39(0.21-0.75)
4-5 6 or more	92 (30) 17 (7)	72 (15)	_		0.39(0.21-0.73) 0.22(0.10-0.48)
	(r)	72 (13)	-		0.22 (0.10-0.48)
Multiple behaviors identified as protectiv	e				
None	50 (20)	61 (13)			1.0 (Referent)
One	132 (54)	224 (47)			0.75 (0.48-1.16)
Two	49 (20)	141 (29)			0.50 (0.30-0.83)
Three	14 (6)	55 (11)			0.38 (0.19-0.78)
Factor analysis, mean (SD) and OR per	unit factor s	core			
Factor 1: Skin hygiene and protection	-0.12 (0.71)	0.06 (0.67)			0.73 (0.55-0.97)
Factor 2: Protective clothing/footwear	-0.11 (0.66)	0.05 (0.67)			0.83 (0.61-1.12)
			0.2	0.5 1	
		0.1	0.2	0.0 1	<u> </u>
				Lower odds BU Highe	r odds BU

Figure 6. Odds of developing Buruli ulcer according to protective behavioral factors in comprehensive case-control study of protective and risk factors for Buruli ulcer, southeastern Australia. Potential protective behavioral factors are shown for case-patients and control participants as no. (%), except for factor analyses, which are shown as mean (SD). Odds ratios (adjusted according to age and sex) and 95% CIs are indicated. Includes binary variable for tending to outdoor cuts and scratches immediately (usually/always vs all other responses). aOR, adjusted odds ratio; BU, Buruli ulcer; OR, odds ratio.

for BU, whereas having diabetes mellitus and working outdoors (especially in contact with soil) were key host factors associated with higher probability of developing BU. We identified modifiable health behaviors for public health intervention relating to skin hygiene and protection, including tending immediately to outdoor cuts and scratches by cleaning and applying antiseptic or dressing, using insect repellant, and covering arms and legs with clothing. Moreover, undertaking multiple protective behaviors was associated with lower odds of developing BU. We found a protective association between BCG vaccination and BU, as well as the unexpected finding of a protective association for drinking filtered town water compared with unfiltered water, which warrants further investigation. We found no evidence for associations between BU and other hypothesized risks, including gardening, other outdoor leisure activities, pet ownership, major renovations or earthworks, or sewerage type or works.

Our findings strengthen the evidence for possums as a key mammal reservoir of M. ulcerans in Victoria (12,14). Possums can become infected with M. ulcerans; >40% of possum fecal samples collected in 1 BU-endemic area were positive for M. ulcerans DNA, and a considerable proportion of possums displayed BU skin lesions (12). The environmental survey component of this study found possum feces to be a key source of viable bacteria (14); M. ulcerans DNA was found in 23% and viable M. ulcerans bacteria in 5% of all ringtail possum fecal samples (14). According to participant responses, we found that increased likelihood of BU was associated with increasing numbers of possums at the participant's property and with increasing amounts of possum feces. The number of tea trees, a common possum habitat, on the property was also highly associated with BU case status.

The involvement of aquatic environments has been suggested for M. ulcerans transmission in BUendemic areas of West Africa, but limited evidence has been found in Victoria (2,11). In our study, residential ponds and use of bore water were associated with BU. Contributions to BU incidence remain unclear for direct contact with contaminated water; ponds providing habitat for mosquitoes, which could act as mechanical vectors; or ponds attracting mammal reservoirs. The protective association found for piped, filtered town drinking water was unexpected; town water catchments for BU-endemic areas also provide water to many nonendemic metropolitan areas; thus, the protective association for water filtration might reflect other unmeasured confounding factors affecting BU risk. Furthermore,

correlations between drinking filtered water and other potentially protective behaviors were relatively weak (correlation coefficient <0.18), and clustering of those behaviors does not appear to explain the association. Although *M. ulcerans* infection in the gastrointestinal tract of infected possums has been reported (25), whether *M. ulcerans* exposure via ingestion could result in BU skin lesions in humans is unclear. The relationship between bore water and BU might not indicate bore water use is a risk factor for BU; rather, bore water might be associated with the presence of *M. ulcerans* in the environment, such as in plants or possums.

Mosquitoes have been proposed as likely mechanical vectors for BU in Australia but are less likely candidates in West Africa (11). We did not find associations between reported levels of local mosquitoes or other biting insects and BU. However, we did find a protective association between BU and use of insect repellant, consistent with a previous case-control study on Bellarine Peninsula in Victoria, where 72% lower odds of BU were found among persons using insect repellent (18). In contrast to that study, we found a relatively higher percentage of persons reporting insect repellent use (68% vs. 31% of case-patients and 79% vs. 54% of controls). Our results indicate a positive public health development, given the role of mosquitoes in transmission of several arboviral diseases, and might be the result of local public health campaigns (10), such as Beat the Bite (https://www. betterhealth.vic.gov.au/sites/default/files/2021-10/ Beat-the-bite-brochure.pdf).

Skin protection and skin hygiene behaviors were associated with lower odds of BU. We found that tending to cuts and scratches during outdoor activity by stopping immediately to wash the area and applying antiseptic or a dressing had the strongest protective association, which is consistent with previous studies in Australia (18) and Cameroon (26). However, our study adds new evidence suggesting a doseresponse association that indicates the timeliness of tending to wounds might also help prevent BU; lower odds of BU were observed for immediate treatment compared with leaving the wound alone or tending eventually. Cuts and scratches obtained during outdoor activities or work might increase inoculating events with M. ulcerans, which might be present on the skin after contact with contaminated soil, plants, or water. Laboratory studies have demonstrated that a needle puncture or mosquito bite on contaminated skin was sufficient for M. ulcerans to enter the skin of mice and cause an ulcer (15). In our study, bites or wounds were reported in 40% of cases before ulcer appearance; some participants recalled specific injuries to the area that preceded ulcer development.

The higher odds of BU in persons with diabetes is similar to findings for other mycobacterial diseases, such as tuberculosis and leprosy (27), and might reflect increased risk because of impaired cellular immunity (28). Targeted messaging highlighting the importance of protective measures might help prevent BU in persons with diabetes.

We showed that BCG vaccination was highly protective against BU (aOR 0.59 [95% CI 0.39-0.90]). Protective effects of BCG vaccination against tuberculosis and leprosy have been well established (29). The vaccine is derived from a live attenuated strain of *M. bovis* and shares epitopes with other nontuberculous mycobacteria (20). Previous case-control studies showed conflicting evidence that BCG vaccination prevents M. ulcerans infection (29-32). Two randomized controlled trials demonstrated a protective effect of BCG vaccination against BU (33,34); a lower incidence of BU in persons vaccinated with BCG compared with unvaccinated persons was observed in Uganda, with a combined relative risk estimate of 0.50 (95% CI 0.37-0.69) (20). However, both of those studies demonstrated only short-term efficacy up to 1 year after vaccination; longer-term follow up and analysis were not performed because of limited sample size. Using different antigenic strains of BCG might enhance or lengthen protection against nontuberculous mycobacteria or BU (20,29), whereas revaccination could also provide more sustained immunity to M. ulcerans infection, although this idea has not been comprehensively explored (20). Further research on the potential role of BCG vaccination for protection against BU is warranted.

A key strength of our study of BU risk factors is the use of a population-based notifiable disease database for case detection that ensured robust ascertainment of laboratory-confirmed BU from almost all BU-endemic locations in Victoria. Compared with a previous case–control study in the Bellarine Peninsula, Victoria (18), this study also examined a comprehensive list of environmental, host and behavioral risk, and protective factors, and we have identified new public health-related risk groups and environmental risk factors. The graded responses observed for certain individual protective behaviors as well as multiple combined behaviors offers strong evidence and support for causal inference despite the limitations of the observational study design.

The first limitation of our study is the potential for recall bias given the long disease incubation period, potential for differential recall if patients were more aware of hypothesized transmission pathways than controls, and potential effects of seasonality on recall by matched controls who were recruited after the patients. Second, potential selection bias was noted because of differential participation between patients and controls; younger patients were more likely to participate than younger control participants, and a greater proportion of holiday homeowners existed among BU cases. Despite those limitations, survey completion in this study was rapid (within 2 months of diagnosis for most cases) compared with the previous case-control study in Victoria (18), which had a median completion rate of 1.5 years postdiagnosis. We adjusted all analyses for age and sex, and the postcode-matched design helped account for unmeasured socioeconomic and environmental differences across the BU-endemic areas. By analyzing results for the entire cohort and separately for residents only, we found strong associations among the resident cohort and differential effects of home ownership. Finally, our findings are relevant to Victoria, Australia, and might offer insights relevant to other areas; however, those data might not be immediately generalizable to other parts of the world.

In conclusion, our study identifies environmental and host factors associated with BU and simple behaviors relating to skin hygiene and protection that appear to mitigate the risk of developing BU. We highlight areas that warrant further investigation, particularly the potential role of the BCG vaccine in mitigating BU risk. Our findings are essential to inform public health strategies for BU prevention, especially for persons at highest risk in BU-endemic areas who work outdoors and those with diabetes.

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Deidentified participant data and questionnaires may be shared on a collaborative basis upon reasonable request made to D.P.O. (daniel.o'brien@barwonhealth.org.au) or E.A. (eugene.athan@barwonhealth.org.au). Requesting researchers will be required to submit an analysis plan and obtain relevant ethics approval.

About the Author

Dr. McNamara is an epidemiologist at the Barwon South West Public Health Unit and honorary senior research fellow at the Centre for Epidemiology and Biostatistics at the University of Melbourne. Her research interests focus on social and health equity and applied epidemiology for disease outbreak management and primary prevention, particularly for Buruli ulcer and COVID-19.

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Comprehensive Case–Control Study of Protective and Risk Factors for Buruli Ulcer, Southeastern Australia

Appendix

Additional Methods

Variable Creation for Analysis-

We presented details of the items, response categories, and collapsed categories for analysis (Appendix Table 3). In brief, responses to questions with frequency scales (e.g., never, sometimes, usually, always) were collapsed into binary categories in most instances to ensure sufficient numbers within each category for analysis. A hierarchical variable indicating the timeliness of tending to wounds was devised: category 1, persons usually/always tending cuts/scratches immediately; category 2, persons who usually/always tended cuts/scratches eventually; category 3 (reference category), all other responses, including persons leaving cuts/scratches to heal naturally.

Statistical Methods

Two participant samples were examined to explore effects of the higher proportion of holiday homeowners among cases than controls: full participant sample (comprising permanent resident and holiday homeowners) and permanent residents only. Percentages of missing data were low for most variables; if the percentage of missing data was >10%, a separate category for data missing exposure information was included in the model unless otherwise stated. Greater percentages of missing data per line item were observed for variables when participants were asked to select a frequency response (never, sometimes, usually, always) for each row of the table (e.g., whether they treated wounds, immediately, eventually, left them to heal naturally, or

other response), which might have been caused by a misunderstanding by some participants that only the line response most appropriate to them required a response.

Exploratory Factor Analysis for Potentially Protective Behaviors

Clustering of potentially protective behaviors with underlying protective factors was performed by using exploratory factor analysis. Analysis was performed by using the factormat command in Stata 16 (StataCorp LLC, https://www.stata.com), calibrating to the mean and SD matrices of the included variables, and rotating factor loadings obtained using the promax (oblique) rotation to define correlations between the derived factors. Absolute rotated factor loadings >0.3 were retained. Eigenvalues (screeplot) and the Akaike information criterion for the potential models were considered in the selection of the number of (underlying) factors retained in final factor structure; the 2-factor model was selected according to those criteria and used as a model to explain most of the variance between variables; the model had a structure that made conceptual sense.

The relationships between potentially protective health behaviors and BU case status were examined in 3 ways: individual behaviors compared with their respective reference category; categorical variables measuring the number of individual behaviors from all potentially protective behaviors and identified protective behaviors (those with odds ratio indicating a protective association) to assess effects of multiple behaviors; and as odds of BU per single unit increase in continuous factor scores for the 2 derived factors (underlying protective concepts). Age- and sex-adjusted odds of BU for each of the potential risk or protective factors were obtained.

Sensitivity Analysis

A post-hoc sensitivity analysis was conducted to explore the robustness of the observed relationship between BCG vaccination and BU case status, given the novelty and potential significance of this finding and the number of participants reporting they were unsure if they had received the vaccine. This analysis explored the relationship between BCG vaccination and BU in age-restricted participant samples; participants were restricted to those 47–70 years of age who would have been eligible for BCG vaccination provided as part of the routine vaccination schedule for school children in Victoria from the 1950s to 1985 (*22* in main text). Participants reporting receipt of BCG vaccination and those who were unsure were classified in a single

category (under the assumption of likely vaccination through routine vaccination) and compared with age-matched participants who reported they did not receive the vaccination.

Endemic areas	Suburb names	Risk category
South Eastern Bayside		
3186	Brighton, Victoria	Low
3190	Highett	Low
3192	Highett, Cheltenham (Victoria), Beaumaris (Victoria)	Low
3193	Black Rock (Victoria), Beaumaris (Victoria)	Medium
3195	Parkdale, Mordialloc, Braeside, Waterways, Aspendale	Low
	Gardens, Aspendale	
3196	Edithvale, Bonbeach, Chelsea, Chelsea Heights	Low
3191	Sandringham (Victoria)	Low
3194	Mentone. Moorabbin Airport	Low
Frankston		
3198	Seaford (Victoria)	Medium
3199	Frankston, Frankston South	Medium
3910	Langwarrin	Low
Mornington Peninsula		
3930	Mount Eliza	Low
3931	Mornington (Victoria)	Low
3934	Mount Martha	Low
3936	Dromana, Safety Beach (Victoria), Arthurs Seat	Low
3938	McCrae	Low
3939	Rosebud, Boneo, Cape Schanck, Fingal (Victoria)	High
3940	Capel Sound	High
3941	Rve, Tootgarook, St Andrews Beach	High
3942	Blairgowrie	High
3943	Sorrento (Victoria)	High
3944	Portsea	Low
Bellarine Peninsula		
3216	Highton, Belmont (Victoria), Wandana Heights, Grovedale,	Low
	Waurn Ponds, Marshall	
3222	Clifton Springs, Drysdale, Wallington, Curlewis (Victoria),	Low
	Mannerim, Marcus Hill	
3223	Indented Head, St Leonards (Victoria), Portarlington, Bellarine	Low
3226	Ocean Grove	Medium
3227	Connewarre, Barwon Heads, Breamlea, Connewarre, Breamlea	Medium
3225	Point Lonsdale, Queenscliff (Victoria), Point Lonsdale, Swan	Medium
	Bay (Victoria), Swan Island, Swan Bay (Victoria)	
Aireys Inlet and surrounds		
3230	Anglesea	Low
3231	Eastern View, Fairhaven, Aireys Inlet, Moggs Creek, Big Hill	Low
	(Surf Coast Victoria)	

Annondiv Table 1 List of	nostcodes included in the stud	v areas and designated risk o	ategory at the time of the study*
Appendix rable 1. List of	posicoues meluded in the stud		

*Postcodes in bold text were not included in the participant study sample.

Displayed variable	Questionnaire item	Response categories	Collapsed categories
Employment status	What is your employment status? (tick as many	Employed; student; home duties;	1, Employed; 2, Unpaid employment (student,
	boxes as fits)	retired; unemployed	home duties, unemployed if not also
			employed); 3, Retired
Occupation exposure risk (for those	What is your employment status? If employed, do	As above: no, yes; no, yes; time	If employed and working at home for
working in affected areas only)	you work from home? If "No," is your job based in	outside: none, <1/4, 1/4 −3/4, >3/4;	permanent residents or jobs based in the
	the affected area? What proportion of your time do	no, yes, sometimes	affected area: Indoor: proportion spent outside
	you spend outside as part of your occupation? Are		= none; Outdoors, without soil contact:
	you in contact with the soil during your work?		proportion outdoors >1/4 and no soil contact;
			Outdoor with soil contact: proportion outdoors
			>1/4 and yes soil contact (yes/sometimes)
Skin injuries at work (those working in	Do you ever get injuries to the skin on your limbs at	no, yes, sometimes	If employed and based in affected areas, no,
affected areas only)	work?		yes (yes/sometimes)
Long sleeves and pants (those working	Do you wear long sleeved shirts and long pants	no, yes, sometimes	If employed and based in affected areas, no,
outdoors in affected areas)	when you work?		yes (yes/sometimes)
Gardening	How often do your garden?	Daily, weekly, monthly, rarely, I do	No, don't garden/rarely; Yes, garden (daily,
		not garden	weekly, monthly)
Gardening frequency	How often do your garden?	Daily, weekly, monthly, rarely, I do not garden	Rarely/I do not garden; monthly, weekly, daily
Gardening injury frequency	When you garden, do you injure yourself (e.g. with	Frequently, occasionally, never	Frequently, occasionally, never
······································	thorns)?		·····, ·····, ······, ······, ······, ······
Outdoor activities	Please estimate the number of days you engage in	NA	NA
	any of these activities when you are in the affected		
	area during each 6-month period. If you do not do		
	the activity, please leave the row blank.		
Beach walks/jogging	Please estimate the number of days you engage in	Number of days (Sep–Feb, out of	No, zero days/blank response; Yes, any days
,	any of these activities when you are in the affected	181 d), Number of days (Mar–Aug,	reported
	area during each 6-month period. If you do not do	out of 184 d)	·
	the activity, please leave the row blank.		
Wetland walks/jogging	Please estimate the number of days you engage in	Number of days (Sep–Feb, out of	No, zero days/blank response; Yes, any days
	any of these activities when you are in the affected	181 d); Number of days (Mar–Aug,	reported
	area during each 6-month period. If you do not do	out of 184 d)	
	the activity, please leave the row blank.		
Bushwalking	Please estimate the number of days you engage in	Number of days (Sep–Feb, out of	No, zero days/blank response; Yes, any days
	any of these activities when you are in the affected	181 d); Number of days (Mar–Aug,	reported
	area during each 6-month period. If you do not do	out of 184 d)	
	the activity, please leave the row blank.		
Golf	Please estimate the number of days you engage in	Number of days (Sep–Feb, out of	No, zero days/blank response; Yes, any days
	any of these activities when you are in the affected	181 d); Number of days (Mar–Aug,	reported
	area during each 6-month period. If you do not do	out of 184 d)	
	the activity, please leave the row blank.		
Sports on an oval (e.g., AFL, soccer,	Please estimate the number of days you engage in	Number of days (Sep–Feb, out of	No, zero days/blank response; Yes, any days
rugby)	any of these activities when you are in the affected	181 d); Number of days (Mar–Aug,	reported
	area during each 6-month period. If you do not do	out of 184 d)	
	the activity, please leave the row blank.		
Swimming in local lakes/rivers	Please estimate the number of days you engage in	Number of days (Sep–Feb, out of	No, zero days/blank response; Yes, any days
	any of these activities when you are in the affected	181 d); Number of days (Mar–Aug,	reported
	area during each 6-month period. If you do not do	out of 184 d)	
	the activity, please leave the row blank.		

Appendix Table 2. Variables, questionnaire items, and response and collapsed categories used for analyses*

Displayed variable	Questionnaire item	Response categories	Collapsed categories
Sailing	Please estimate the number of days you engage in	Number of days (Sep–Feb, out of	No, zero days/blank response; Yes, any days
-	any of these activities when you are in the affected	181 d); Number of days (Mar–Aug,	reported
	area during each 6-month period. If you do not do	out of 184 d)	
	the activity, please leave the row blank.		
Outdoor barbeques	Please estimate the number of days you engage in	Number of days (Sep–Feb, out of	No, zero days/blank response; Yes, any days
	any of these activities when you are in the affected	181 d); Number of days (Mar–Aug,	reported
	area during each 6-month period. If you do not do	out of 184 d)	
	the activity, please leave the row blank.		
Other activities (please state)	Please estimate the number of days you engage in	Number of days (Sep–Feb, out of	No, zero days/blank response; Yes, any days
	any of these activities when you are in the affected	181 d); Number of days (Mar–Aug,	reported
	area during each 6-month period. If you do not do	out of 184 d)	
	the activity, please leave the row blank.	NIA	
Any reported outdoor activities	Derived count	NA	or other outdoor activities, Yes, any of the above
Days of outdoor activities in warmer	Please estimate the number of days you engage in	Number of days (Sep–Feb, out of	Addition of all reported days for warmer months
months	any of these activities when you are in the affected	181 d)	(Sep-Feb): 1, lowest tertile (including none); 2;
	area during each 6-month period. If you do not do		3, highest tertile
	the activity, please leave the row blank.		
Days of outdoor activities in cooler	Please estimate the number of days you engage in	Number of days (Mar–Aug, out of	Addition of all reported days for cooler months
months	any of these activities when you are in the affected	184 d)	(Mar–Aug): 1, lowest tertile (including none); 2;
	area during each 6-month period. If you do not do		3, highest tertile
	the activity, please leave the row blank.		
Wildlife seen on or around property in	Do you see wild or feral mammals (e.g., possums,	Yes, what species?; no	Bats (no, yes); foxes (no, yes); rabbits (no,
affected area	koalas, fruit bats, bandicoots, foxes, rodents) on		yes);
	and around your property or holiday		
Padanta (avatia ar nativa ar reported	Do you oco wild or forel memmolo (o g. pocoumo	Vac what aposica? No. Dooto:	Vac avatia or pativa redante abaarvad redant
redent activity related to post control)	koalas fruit bats bandicasts foxos rodents) on	insocts redents possume birds	nests, explicit of flative fouerits observed, fouerit
rodent activity related to pest control)	and around your property or holiday	other (nlease state): no ves	pesis, or yes to rodent activity
	accommodation in the affected area? What kind of		
	pests are controlled at your property? Do you see		
	signs of rodent activity around your property? (e.g.,		
	feces, nibbled containers)		
Possums, possum species	If you aware of possums on your property/holiday	Not sure, ringtail, brushtail, NA	Possums, yes, or possums identified in wildlife
	accommodation, do you know what kind they are?	-	question
If possums, frequency of presence	If possums are on your property, how often are they	Frequently/always; occasionally	Never/occasionally; frequently/always
	present?		
Number of possums present	Do you know how many possums are present?	1–2, 3–5, >5, not sure	1–2, 3–5, >5, not sure
Possum feces in surroundings of	Do you find possum feces in the surroundings of	No; yes, but only small amounts;	No; yes, but only small amounts; yes, large
property	your property or holiday accommodation in the affected area?	yes, large amounts; unsure	amounts; unsure
Pets: dog, cat, bird, other	Do you have any pets(s)? If you answered yes to	no, yes; dog, cat, bird, other (please	no, ves
0	question 16a, what pet do you have?	specify)	
Wounded by pet	If you answered yes to question 16a, do you get	Frequently, occasionally, never	Never/no pet, occasionally/frequently
	bitten, scratched, or injured by your pet?	-	
Pet has fleas	If you answered yes to question (pets), does your	no, yes	no/no pet, yes
	pet ever have fleas?		
Regularity of contact with livestock	How regular is your contact with livestock in the	Frequent (>1×/mo), occasional	Never, occasional/frequent
	affected area (including horses)?	(<1×/mo), never	

Displayed variable	Questionnaire item	Response categories	Collapsed categories
Drinking	What sort of water do you use for the following	Always, usually, sometimes, never	No (never); yes (sometimes/usually/always)
	purpose (please check which applies)? Drinking:		
	town water, unfiltered; town water, filtered; tank rain		
	water, unfiltered; tank rain water, filtered; bore		
Older Oranta at	water; bottled water	A harmonic and the second dimension of the second	O subjective to attain a la base de subjective de subjecti
Skin Contact	what sort of water do you use for the following	Always, usually, sometimes, never	Combining batning/snowering and gardening
	Pothing/showering: town water, tank rain water		(apportiges/usually/alwaya)
	bore water: Gardening: town water, tank rain water,		(sometimes/usually/always)
	bore water, Cardening, town water, tank fain water,		
Bird bath	Do you have a birdbath in your property in the	no ves	no ves
	affected area?	110, 900	110, 900
Other water sources	Do vou have another type of water feature on your	no, ves (please specify)	None (no), bowl/dish/drain/pot/other, pond.
	property in the affected area (e.g., sculpture, bowl,		water feature, pool, water tank/various
	swimming pool, etc.)?		
Pond at the property	Do you have another type of water feature in your	Pond specified	no, yes (pond specified)
	property in the affected area (e.g., sculpture, bowl,		
	swimming pool, etc.)?		
Potting mix, fertilizer	Do you use any of these products?	yes, no; brand name, how often per	No, yes
		year, where purchased	
l op soil or mulch (previous 12 mo)	In the past 12 months, have you had topsoil or	No, yes (if yes, topsoil, mulch?)	No, yes
	mulch delivered or purchased for your garden in the		
Major repovations (providua 12 ma)	allected area?	No. yoo (doooribo) unknown	No voo
Major renovations (previous 12 mo)	earthworks and landscaping) on your property in the	No, yes (describe), unknown	NO, yes
	affected area in the past 12 mo?		
Farthworks (previous 12 mo)	Have there been any earthworks or major	No ves (describe) unknown	No ves unknown
	renovations in the immediate area outside your	, , , (, yee, annue m
	home in the affected area in the past 12 mo?		
Sewerage	How is sewage disposed of at your property?	Main sewerage system, septic tank,	Main sewerage system, septic tank (includes
		other, unknown	those with septic and mains sewerage), other
			(other/unknown)
Sewerage works (previous 12 mo)	Have you had sewerage works on your house or	No, yes, unknown	No, yes, unknown
	near your house (i e in the same street/neighboring		
Frequent process of	street) in the last 12 mo?	Oberek herr aleger en eiferfen ethen	
Frequent presence at	Are these billing insects frequently seen around your	Check box, please specify for other	No, yes (II checked)
March flips, and flips (midges), other	(Please tick as many as applicable). Picture and		
hiting insects	adults size description to belo with identification		
Frequency of being bitten: mosquitoes	How often do you get bitten by mosquitoes? How	Frequently occasionally never	Never occasionally/frequently
March flies sand flies (midges) other	often do vou get bitten by March flies? How often do	riequentity, eccaelenaily, never	novol, coodcionally, noquonaly
insects	vou get bitten by sand flies (midges)? How often do		
	you get bitten by other insects?		
Tendency to scratch insect bites	Do you tend to scratch your insect bites?	l never get bitten, no, yes	No/never get bitten, yes
Any pest control	How often do you have to control for pests at your	Frequently (>1×/y), occasionally	Frequent, occasional, never
	property in the affected area?	(<1×/y), never	
Pest control: insect, possum, rodent	What kind of pests are controlled at your property?	Check box, please specify for other	no, yes
Covers preexisting wounds with	If you have a preexisting cut or scratch or other	Always, usually, sometimes, never	Response to question (a) always/usually;
dressing	wound when you go out to garden, are working, or	(for each row)	never/sometimes/missing

Displayed variable	Questionnaire item	Response categories	Collapsed categories
	take part in other outdoor activities in the affected area, do you generally: (please tick a response for each row): (a) ensure the area is covered with a dressing; (b) leave it open to the air; (c) other (please specify)	Response categories	
Timeliness of tending to cuts and scratches from outdoors (hierarchical derived variable)	If you cut or scratch yourself during gardening, working outside, or outdoor activities, do you generally (please tick a response for each row): (a) immediately stop what you are doing and wash the area, then apply antiseptic or dressings (bandaids, etc.) to the area; (b) eventually clean and apply antiseptic or dressings to the area when activity is completed; (c) leave the area to heal naturally (i.e., do not apply dressings or antiseptic); (d) other (please specify)?	Always, usually, sometimes, never (for each row)	Immediately (wash and dressing or antiseptic), if usually/always for question (a); eventually (wash and dressing or antiseptic), if not immediately and usually/always for question (b); leaves to heal naturally or other response, if not either immediately or eventually, or any other response, including missing
Tending to cuts/scratches immediately (binary)	If you cut or scratch yourself during gardening, working outside, or outdoor activities, do you generally (please tick a response for each row): (a) immediately stop what you are doing and wash the area, then apply antiseptic or dressings (bandaids, etc.) to the area?	Always, usually, sometimes, never (for each row)	Response to question (a): always/usually; never/sometimes/missing
Washes hands after outdoor activity; showers after outdoor activity	After gardening or working outdoors do you: (a) shower immediately,(b) wash your hands, (c) other (please specify)?	Always, usually, sometimes, never (for each row, but no specific instruction to complete each row)	Never/sometimes, usually/always
Clothing covering arms and legs	When you are gardening or involved in outdoor activities, do you usually: (a) cover your arms (i.e., you wear long sleeved t-shirts, etc.), (b) cover your legs (i.e., you wear long pants, etc.)?	Always, usually, sometimes, never (for each row, but no specific instruction to complete each row)	Never/sometimes/seasonally; usually/always for (a) or (b), either arms or legs; usually/always for (a) and (b), both arms and legs
Gardening gloves	Do you wear gloves when you garden?	Always, usually, sometimes, never	Never, sometimes/usually/always
Shoes other than thongs (warmer months)	Do you wear open shoes (e.g., thongs, sandals) outside during the following months when you are in the affected area (please tick the appropriate boxes to indicate how often you wear them)? Warmer months (Sep–Feb)	Always, usually, sometimes, never	Never/sometimes (for those responding that they usually/always wear open shoes); usually/always (for those responding that they never or sometimes wear open shoes)
Multiple examined behaviors	Derived count	Derived from counts of all potentially protective behaviors examined: 1, covers preexisting wounds; 2, tends to cuts and scratches immediately; 3, washes hands; 4, showers after outdoor activity; 5, insect repellent use in warm months; 6, clothing coverage; 7, gardening gloves; 8, closed shoes outside in warm months	0−1, 2−3, 4−5, <u>></u> 6
Multiple behaviors identified as protective	Derived count	1, tends to cuts and scratches immediately; 2, clothing coverage of arms and legs; 3, insect repellent use in warm months	None, 1, 2, 3

*AFL, Australian football league; NA, not applicable.

	All participants			Residents only		
Medical history	Controls	Cases	aOR† (95% CI)	Controls	Cases	aOR† (95% CI)
No. participants	481	245	NA	469	171	NA
Diabetes						
No	458 (96)	224 (92)	1.0	446 (96)	154 (91)	1.0
Yes	19 (4)	19 (8)	2.26 (1.13-4.49)	19 (4)	15 (̈́9)	2.33 (1.13-4.80)
Hypothyroidism						
No	455 (95)	230 (94)	1.0	443 (95)	159 (94)	1.0
Yes	22 (5)	13 (5)	1.58 (0.76-3.31)	22 (5)	10 (6)	1.64 (0.74-3.64)
Kidney disease				× /		
No	475 (99)	240 (98)	1.0	463 (99.6)	168 (99.4)	1.0
Yes	2 (0.4)	3 (1)	2.97 (0.48-18.34)	2 (0.4)	10 (0.6)	1.62 (0.14-18.71)
Liver cirrhosis	· · · ·					1 1
No	475 (99.6)	243 (99)	NA	463 (99.6)	169 (100)	NA
Yes	2 (0.4)	0 (0)	NA	2 (0.4)	0 (0)	NA
HIV	= (***)	• (•)		= (***)	• (•)	
No	477 (100)	243 (100)	NA	465 (100)	169 (100)	NA
Yes	0 (0)	0 (0)	NA	0 (0)	0 (0)	NA
Cancer		- (-)		- \-	- (-)	
No	435 (91)	225 (93)	1.0	424 (91)	158 (93)	1.0
Yes	42 (9)	18 (7)	0.87 (0.48-1.57)	41 (9)	11 (7)	0.69 (0.35-1.40)
Pregnancy						
No	477 (100)	241 (99)	NA	465 (100)	167 (99)	NA
Yes	0 (0)	2 (0.8)	NA	0 (0)	2 (1)	NA
Any reported immune	-compromising c	ondition. exclud	ling cancer and diabete	es		
Ňo	458 (95)	228 (93)	1.0	446 (95)	162 (95)	1.0
Yes	23 (5)	17 (7)	1.55 (0.80–3.01)	23 (5)	9 (5)	1.13 (0.51–2.54)
Medication: prednisol	one					
No	441 (92)	181 (74)	1.0	430 (92)	122 (71)	1.0
Yes,	17 (4)	18 (7)	2.56 (1.28–5.13)	16 (3)	13 (8)	2.71 (1.26–5.82)
prednisolone			· · · · · ·	()		· · · ·
Medication	23 (5)	46 (19)	4.65 (2.71–7.98)	23 (5)	36 (21)	5.25 (2.80-9.23)
response missing		()	· · · · · ·	()	()	· · · ·
Tobacco-smoking hat	oits					
Nonsmoker	431 (90)	214 (89)	1.0	421 (91)	146 (87)	1.0
Irregular	15 (3)	9 (4)	0.97 (0.40-2.34)	13 (3)	6 (4)	1.17 (0.42-3.29)
Regular	31 (7)	18 (Ź)	1.05 (0.57–1.98)	31 (7)	16 (1Ó)	1.38 (0.73–2.63)
BCG tuberculosis vac	cination			× /	\ /	
No	112 (23)	70 (29)	1.0	109 (23)	48 (28)	1.0
Yes	220 (46)	75 (31)	0.59 (0.39-0.90)	215 (46)	51 (30)	0.56 (0.35-0.89)
Unsure	149 (̀31)́	100 (41)	1.04 (0.70–1.57)	145 (̀31)́	72 (42)	1.10 (0.70–1.72)
Timing of last BCG tu	berculosis vaccir	nation (if vaccina	ated)		· · ·	, <i>I</i>
Within 20 y	14 (6)	è (8)	0.96 (0.30–3.08)	14 (7)	4 (8)	1.40 (0.36–5.42)
>20 y	175 (80)	57 (76)	1.0	170 (79)	36 (71)	1.0
Missing	31 (14)	12 (16)	1 15 (0 55–2 41)	31 (14)	11 (22)	1 91 (0 84-4 34)

Annondiv Table 3	Medical history of r	ationts and controls (a	all narticinante	residents only)	and associations with	Buruli ulcor*
Appendix rable 3.1	vicultal history of p		ali participarito,	residents only	and associations with	Durun ulcer

 Missing
 31 (14)
 12 (16)
 1.15 (0.55–2.41)
 31 (14)
 11 (22

 *Values are no. (%) except as indicated. aOR, adjusted odds ratio; BCG, Bacille Calmette-Guérin; NA, not applicable.
 †Adjusted for age and sex.

Appendix Table 4.	Occupational exposure	-related factors	according to case	study and control	populations (all pa	articipants,
residents only) and	associations with Buruli	ulcer*	-	-		

		All participar	nts		Residents c	only
Exposure-related factors	Controls	Cases	aOR† (95% CI)	Controls	Cases	aOR† (95% CI)
No. participants	481	245	NA	469	171	NA
Occupation exposure risk‡						
Indoor	57 (48)	11 (28)	1.0	57 (49)	10 (29)	1.0
Outdoor, no soil contact	20 (17)	9 (23)	2.11 (0.70–6.38)	19 (16)	9 (26)	2.15 (0.70–6.58)
Outdoor, with soil contact	42 (35)	20 (50)	2.89 (1.01-8.25)	41 (35)	16 (46)	2.67 (0.87-8.22)
Proportion of time spent outsid	le as part of job‡					
None	56 (47)	11 (27)	1.0	56 (47)	10 (28)	1.0
<0.25	23 (19)	10 (24)	2.20 (0.80–6.10)	22 (19)	8 (22)	1.93 (0.62–6.02)
0.25–0.75	15 (13)	11 (27)	4.12 (1.25–13.57)	14 (12)	9 (25)	3.56 (1.03–6.02)
>0.75	26 (22)	9 (22)	1.63 (0.59–4.50)	26 (22)	9 (25)	2.03 (0.57–7.28)
Skin injuries at work‡						
No	55 (48)	17 (43)	1.0	54 (48)	15 (43)	1.0
Yes/Sometimes	60 (52)	23 (58)	1.03 (0.45–2.37)	59 (52)	20 (57)	1.03 (0.42, 2.49)
Long sleeves and pants§						
No	18 (29)	10 (34)	1.0	17 (28)	9 (36)	1.0
Yes/Sometimes	44 (71)	19 (66)	0.85 (0.31–2.34)	43 (72)	16 (64)	0.85 (0.30–2.43)

*Values are no. (%) except as indicated. aOR, adjusted odds ratio, NA, not applicable. †Adjusted for age and sex. ‡For persons working in affected areas only. §For persons working outdoors in affected areas.

Appendix Table 5. Animal exposures (wildlife, pets,	other animals) according to case study and control populations and
associations with Buruli ulcer*	

		All participar	nts		Residents o	nly
Animal exposures†	Controls	Cases	aOR‡ (95% CI)	Controls	Cases	aOR‡ (95% CI)
No. participants	481	245	NA	469	171	NA
Bats						
No	434 (92)	226 (92)	1.0	424 (92)	155 (91)	1.0
Yes	41 (9)	19 (8)	0.81 (0.44-1.47)	39 (8)	16 (9)	0.97 (0.51-1.83)
Foxes						
No	267 (56)	153 (62)	1.0	259 (56)	100 (58)	1.0
Yes	208 (44)	92 (38)	0.66 (0.47-0.92)	204 (44)	71 (42)	0.83 (0.56-1.22)
Rodents, exotic or native or r	reported rodent a	activity related	to pest control			
No	166 (35)	97 (40)	1.0	161 (35)	61 (36)	1.0
Yes	311 (65)	148 (60)	0.78 (0.56-1.08)	304 (65)	110 (64)	0.98 (0.67-1.43)
Rabbits						
No	452 (95)	241 (98)	1.0	441 (95)	167 (98)	1.0
Yes	23 (5)	4 (2)	0.30 (0.10–0.91)	22 (5)	4 (2)	0.45 (0.15–1.40)
Possums						
No	51 (11)	11 (4)	1.0	49 (11)	4 (2)	1.0
Yes	425 (89)	234 (96)	2.33 (1.15-4.71)	415 (89)	167 (98)	5.30 (1.82–15.49)
lf possums, brushtail						
No	266 (63)	147 (64)	1.0	259 (63)	102 (62)	1.0
Yes	155 (37)	84 (36)	0.92 (0.65–1.30)	152 (37)	63 (38)	0.92 (0.63-1.37)
lf possums, ringtail						
No	150 (36)	80 (35)	1.0	145 (35)	51 (31)	1.0
Yes	271 (64)	151 (65)	1.03 (0.73–1.46)	266 (65)	114 (69)	1.20 (0.81–1.79)
If possums, unsure of type	124 (29)	66 (28)	NA	120 (29)	41 (25)	NA
If possums, frequency of pre-	sence					
Never/occasionally	116 (28)	57 (25)	1.0	113 (28)	44 (27)	1.0
Frequently/always	302 (72)	173 (75)	1.04 (0.72–1.51)	295 (72)	121 (73)	1.05 (0.69–1.58)
No. possums present						
0	47 (10)	10 (4)	1.0	45 (10)	4 (2)	1.0
1–2	120 (25)	54 (22)	1.95 (0.89–4.27)	117 (25)	44 (26)	4.52 (1.48–13.81)
3–5	82 (17)	59 (24)	2.93 (1.31–6.53)	80 (17)	38 (22)	5.51 (1.76–17.23)
>5	51 (11)	36 (15)	3.07 (1.30–7.21)	51 (11)	24 (14)	6.06 (1.85–19.83)
Not sure	176 (37)	85 (35)	2.20 (1.02–4.76)	171 (37)	60 (35)	4.54 (1.50–13.79)
Possum feces in surrounding	gs of property					
No	95 (20)	28 (12)	1.0	93 (20)	22 (13)	1.0
Yes,small amounts	179 (38)	84 (35)	1.44 (0.85–2.42)	174 (38)	59 (35)	1.41 (0.79–2.51)
Yes, large amounts	143 (30)	95 (40)	1.97 (1.16–3.34)	139 (30)	65 (38)	1.88 (1.05–3.36)
Unsure	57 (12)	33 (14)	1.78 (0.95–3.34)	56 (12)	23 (14)	1.66 (0.83–3.32)
Feeding birds grain, seed, et	c. in garden					
No	309 (64)	174 (71)	1.0	299 (64)	115 (67)	1.0

		All participar	nts		Residents or	nly
Animal exposures†	Controls	Cases	aOR‡ (95% CI)	Controls	Cases	aOR‡ (95% CI)
Yes/sometimes	171 (36)	71 (29)	0.75 (0.53–1.07)	169 (36)	56 (33)	0.86 (0.59-1.27)
Pet bird						
No	444 (93)	237 (97)	1.0	432 (93)	164 (96)	1.0
Yes	33 (7)	8 (3)	0.45 (0.20-1.01)	33 (7)	7 (4)	0.54 (0.23-1.29)
Pet cat						
No	409 (86)	208 (85)	1.0	398 (85)	141 (82)	1.0
Yes	69 (14)	37 (15)	0.99 (0.63–1.56)	68 (15)	30 (18)	1.10 (0.68–1.80)
Pet dog						
No	272 (57)	128 (52)	1.0	264 (57)	91 (53)	1.0
Yes	207 (43)	117 (48)	1.15 (0.83–1.60)	203 (43)	80 (47)	1.11 (0.77–1.61)
Pet, other						
No	448 (93)	236 (96)	1.0	437 (93)	163 (95)	1.0
Yes	33 (7)	9 (4)	0.45 (0.20-0.98)	32 (7)	8 (5)	0.60 (0.27-1.37)
Wounded by pets						
Never/no pet	378 (79)	217 (89)	1.0	367 (79)	146 (85)	1.0
Occasional/frequent	99 (21)	28 (11)	0.42 (0.28-0.72)	98 (21)	25 (15)	0.57 (0.35–0.93)
Pet has fleas						
No/no pet	396 (86)	206 (87)	1.0	384 (86)	138 (84)	1.0
Yes	62 (14)	31 (13)	0.96 (0.59–1.55)	62 (14)	27 (16)	1.16 (0.70–1.94)
Regularity of contact with li	vestock					
Never	392 (91)	212 (91)	1.0	385 (91)	144 (88)	1.0
Occasional/frequent	41 (9)	20 (9)	0.88 (0.48-1.62)	38 (9)	19 (12)	1.41 (0.75–2.66)
Tea trees§						
No	154 (33)	51 (21)	1.0	151 (33)	40 (24)	1.0
Yes	312 (67)	189 (79)	1.59 (1.07–2.37)	303 (67)	129 (76)	1.72 (1.10–2.69)

*Values are no. (%) except as indicated. aOR, adjusted odds ratio; NA, not applicable. †Wildlife seen on or around property in affected areas. ‡Adjusted for age and sex. §Common habitat for possums.

Appendix Table 6. Water usage and environmental water sources	according to case study and control populations and
associations with Buruli ulcer*	

		All participa	nts		Residents only			
Water use and sources	Controls	Cases	aOR† (95% CI)	Controls	Cases	aOR† (95% CI)		
No. participants	481	245	NA	469	171	NA		
Drinking unfiltered town wate	r							
No	124 (26)	40 (16)	1.0	118 (25)	27 (16)	1.0		
Yes	354 (74)	204 (84)	1.57 (1.05–2.36)	348 (75)	143 (84)	1.65 (1.03–2.63)		
Drinking filtered town water								
No	280 (59)	167 (68)	1.0	277 (60)	114 (67)	1.0		
Yes	197 (41)	77 (32)	0.64 (0.46-0.90)	188 (40)	56 (33)	0.74 (0.51–1.07)		
Drinking bore water	• •							
No	18 (4)	18 (7)	1.0	461 (99)	169 (99)	1.0		
Yes	463 (96)	226 (93)	0.20 (0.02–1.74)	5 (1)	1 (1)	0.34 (0.04-3.04)		
Drinking bottled water								
No	319 (67)	152 (62)	1.0	311 (67)	104 (61)	1.0		
Yes	159 (33)	92 (38)	1.08 (0.77–1.52)	155 (33)	66 (39)	1.16 (0.79–1.71)		
Skin contact with town water,	bathing/garde	ning						
No	1 (0.2)	1 (0.4)	1.0	1 (0.2)	1 (1)	1.0		
Yes	475 (99.8)	242 (99.6)	0.49 (0.03–7.85)	463 (99.8)	168 (99)	0.33 (0.02-5.43)		
Skin contact with tank water,	bathing/garder	ning						
No	321 (67)	181 (74)	1.0	311 (67)	120 (71)	1.0		
Yes	155 (33)	62 (26)	0.77 (0.54–1.10)	153 (33)	49 (29)	0.83 (0.56-1.23)		
Skin contact with gray water,	bathing/garder	ning						
No	439 (93)	228 (95)	1.0	429 (93)	158 (93)	1.0		
Yes	35 (7)	13 (6)	0.79 (0.40–1.55)	33 (7)	11 (7)	0.97 (0.47-2.00)		
Skin contact with bore water,	bathing/garde	ning						
No	392 (82)	181 (74)	1.0	385 (83)	129 (76)	1.0		
Yes	84 (18)	62 (26)	1.34 (0.90–2.02)	79 (17)	40 (24)	1.56 (0.98–2.50)		
Bird bath								
No	224 (47)	127 (52)	1.0	217 (47)	76 (44)	1.0		
Yes	252 (53)	117 (48)	0.95 (0.68–1.33)	247 (53)	95 (56)	1.30 (0.88–1.90)		
Other water sources								
None	254 (55)	135 (57)	1.0	247 (55)	87 (53)	1.0		
Bowl/dish/drain/pot/other	61 (13)	28 (12)	0.90 (0.54-1.49)	60 (13)	19 (12)	0.89 (0.50-1.60)		
Pond	45 (10)	30 (13)	1.34 (0.79–2.26)	44 (10)	26 (16)	1.59 (0.91–2.79)		

		All participa	nts	Residents only			
Water use and sources	Controls	Cases	aOR† (95% CI)	Controls	Cases	aOR† (95% CI)	
No. participants	481	245	NA	469	171	NA	
Water feature	31 (7)	11 (5)	0.74 (0.35–1.56)	31 (7)	7 (4)	0.67 (0.27-1.62)	
Pool	41 (9)	19 (8)	0.66 (0.36-1.22)	39 (9)	11 (7)	0.65 (0.31–1.35)	
Water tank/various	27 (6)	15 (6)	1.02 (0.52-2.01)	27 (6)	14 (9)	1.31 (0.65–2.64)	
Pond at the property							
No	436 (91)	215 (88)	1.0	425 (91)	145 (85)	1.0	
Yes	45 (9)	30 (12)	1.46 (0.88–2.42)	44 (9)	26 (15)	1.69 (0.99–2.89)	

*Values are no. (%) except as indicated. aOR, adjusted odds ratio, NA, not applicable. †Adjusted for age and sex.

Appendix Table 7. Environmental sources related to soil and sewerage according to case study and control populations and associations with Buruli ulcer*

	All participants			Residents only			
Exposure sources	Controls	Cases	a OR† (95% CI)	Controls	Cases	aOR† (95% CI)	
No. participants	481	245	NA	469	171	NA	
Potting Mix							
No	98 (21)	80 (34)	1.0	93 (20)	36 (22)	1.0	
Yes	370 (79)	156 (66)	0.56 (0.39-0.82)	363 (80)	130 (78)	0.97 (0.62-1.54)	
Fertilizer							
No	132 (29)	78 (35)	1.0	128 (29)	42 (27)	1.0	
Yes	323 (71)	142 (65)	0.76 (0.53–1.10)	315 (71)	112 (73)	1.08 (0.70–1.66)	
Top soil, last 12 mo							
No	405 (86)	207 (86)	1.0	398 (86)	143 (85)	1.0	
Yes	68 (14)	34 (14)	0.88 (0.56–1.39)	64 (14)	25 (15)	1.04 (0.63–1.74)	
Mulch, last 12 mo							
No	295 (63)	163 (68)	1.0	288 (63)	117 (70)	1.0	
Yes	176 (37)	76 (32)	0.75 (0.53–1.06)	172 (37)	50 (30)	0.72 (0.48–1.07)	
Major renovations, last 12 mo							
No	392 (83)	200 (84)	1.0	381 (83)	142 (86)	1.0	
Yes	80 (17)	39 (16)	0.86 (0.55–1.32)	79 (17)	24 (14)	0.80 (0.48-1.33)	
Earthworks, last 12 mo							
No	281 (61)	113 (68)	1.0	281 (61)	113 (68)	1.0	
Yes	144 (31)	42 (25)	0.71 (0.49–1.03)	144 (31)	42 (25)	0.74 (0.49–1.13)	
Unknown	36 (8)	12 (7)	1.21 (0.70-2.09)	36 (8)	12 (7)	0.83 (0.41-1.68)	
Sewerage							
Main sewerage system	354 (75)	163 (67)	1.0	343 (74)	128 (77)	1.0	
Septic tank	110 (23)	71 (29)	1.24 (0.80–1.91)	109 (24)	37 (22)	1.05 (0.62–1.79)	
Other	11 (2)	8 (3)	1.20 (0.45–3.18)	11 (2)	3 (2)	0.70 (0.19–2.68)	
Sewerage works, last 12 mo							
No	275 (58)	133 (55)	1.0	269 (58)	93 (56)	1.0	
Yes	131 (28)	60 (25)	0.84 (0.56-1.26)	125 (27)	43 (26)	1.07 (0.68–1.68)	
Unknown	68 (14)	48 (20)	1.43 (0.91–2.24)	68 (15)	31 (19)	1.32 (0.79–2.20)	

*Values are no. (%) except as indicated. aOR, adjusted odds ratio, NA, not applicable. †Adjusted for age and sex.

i	All participants					Residents only				
Characteristics	Controls	Cases	aOR† (95%CI)	aOR‡ (95% CI)	Controls	Cases	aOR† (95%CI)	aOR‡ (95% CI)		
No. participants	481	245	NA	NA	469	171	NA	NA		
Frequent presence, residence/ho	oliday home									
Mosquitoes										
No	23 (5)	12 (5)	1.0	NA	23 (5)	9 (5)	1.0	NA		
Yes	454 (95)	233 (95)	0.87 (0.41–1.84)	NA	442 (95)	162 (95)	0.91 (0.40–2.06)	NA		
March flies										
No	199 (42)	106 (44)	1.0	NA	198 (43)	75 (44)	1.0	NA		
Yes	277 (58)	137 (56)	0.79 (0.56-1.12)	NA	266 (57)	95 (56)	0.98 (0.66-1.45)	NA		
Sand flies	. ,		, , , , , , , , , , , , , , , , , , ,			. ,	. ,			
No	357 (75)	167 (69)	1.0	NA	351 (76)	122 (73)	1.0	NA		
Yes	116 (25)	74 (31)	1.29 (0.90–1.85)	NA	110 (24)	46 (27)	1.17 (0.77–1.78)	NA		
Other biting insects	()	()	(<i>'</i>		()	()	(, , , , , , , , , , , , , , , , , , ,			
No	448 (95)	227 (93)	1.0	NA	436 (94)	158 (92)	1.0	NA		
Yes	26 (5)	18 (7)	1.63 (0.85-3.11)	NA	26 (6)	13 (8)	1.36 (0.66-2.78)	NA		
Frequency of being bitten										
Mosquitoes										
Never	30 (6)	25 (10)	1.0	1.0	28 (6)	18 (11)	1.0	1.0		
Occasionally, frequently	450 (94)	220 (90)	0.54 (0.30-0.96)	0.59 (0.33-1.06)	440 (94)	153 (89)	0.49 (0.26-0.93)	0.56 (0.29-1.07)		
March Flies		(**)			(0.1)	()				
Never	188 (39)	96 (40)	1.0	1.0	184 (40)	70 (41)	1.0	1.0		
Occasionally, frequently	289 (61)	146 (6Ó)	0.82 (0.57-1.18)	0.86 (0.59-1.24)	281 (60)	99 (59)	0.98 (0.65–1.49)	1.07 (0.70–1.64)		
Sand Flies/ Midges										
Never	290 (61)	164 (67)	1.0	1.0	283 (61)	119 (70)	1.0	1.0		
Occasionally, frequently	184 (39)	79 (33)	0.73 (0.52-1.02)	0.76 (0.54-1.07)	179 (39)	51 (30)	0.67 (0.46-0.997)	0.72 (0.49-1.08)		
Other biting insects	()	()	(<i>'</i>	· · · · ·	()	()	, , , , , , , , , , , , , , , , , , ,	· · · · ·		
Never	257 (54)	148 (61)	1.0	1.0	249 (54)	104 (62)	1.0	1.0		
Occasionally, frequently	217 (46)	93 (39)	0.73 (0.53-1.02)	0.76 (0.54-1.05)	213 (46)	64 (38)	0.70 (0.48-1.02)	0.73 (0.50-1.06)		
Tendency to scratch insect bites	X - 7				- \ - /					
No. or never get bitten	175 (37)	102 (42)	1.0	NA	173 (37)	73 (43)	1.0	NA		
Yes	303 (63)	141 (58)	0.74 (0.53-1.03)	NA	293 (63)	97 (57)	0.74 (0.51-1.07)	NA		
Pest Control						. (. ,				
Any Pest Control										
Never	177 (37)	95 (40)	1.0	NA	173 (37)	66 (39)	1.0	NA		
Occasional	229 (48)	117(49)	0.94 (0.66–1.33)	NA	224 (48)	87 (51)	1 03 (0 70–1 52)	NA		
Frequent	69 (15)	28 (12)	0 71 (0 42–1 18)	NA	66 (14)	16 (9)	0.60(0.32-1.12)	NA		
Insect control	00 (10)		0(0)			(.)	0.00 (0.01			
No	341 (72)	166 (70)	10	NA	335 (73)	121 (72)	1.0	NA		
Yes	130 (28)	72 (30)	1 14 (0 80–1 62)	NA	124 (27)	46 (28)	1.02(0.68 - 1.53)	NA		
Possum control		, 2 (00)				10 (20)				
No	425 (90)	223 (94)		NA	414 (90)	157 (94)	10	NA		
Yes	46 (10)	15 (6)	0.63 (0.34–1.17)	NA	45 (10)	10 (6)	0.59 (0.29–1.21)	NA		
Rodent control	.0 (10)	10 (0)	0.00 (0.04 1.17)	11/1	40 (10)		0.00 (0.20 1.21)	11/ 1		
No	272 (58)	141 (59)	10	NA	263 (57)	91 (54)	10	NA		
Yes	200 (42)	97 (41)	0 87 (0 62–1 21)	NA	197 (43)	76 (46)	1 12 (0 77–1 62)	NA		
100	200 (72)	57 (41)	0.07 (0.02 1.21)	1 1/ 1	107 (40)	10 (40)	1.12 (0.11 1.02)	1 1/ 1		

Appendix Table 8. Insect exposure and pest control according to case study and control populations and associations with Buruli ulcer*

*Values are no. (%) except as indicated. aOR, adjusted odds ratio, NA, not applicable.

†Adjusted for age and sex. ‡Adjusted for age, sex, and insect repellent use.

Appendix Table 9. Gardening exposures and other outdoor activities according to case study and control populations and associations with Buruli ulcer*

		All participa	nts		Residents or	nly
Exposures	Controls	Cases	aOR† (95% CI)	Controls	Cases	aOR† (95% CI)
No. participants	481	245	NA	469	171	NA
Gardening						
No, don't garden/rarely garden	81 (17)	69 (28)	1.0	76 (16)	34 (20)	1.0
Yes, garden	393 (83)	174 (7Ź)	0.50 (0.34-0.74)	386 (84)	135 (8Ó)	0.74 (0.46–1.18)
Gardening frequency			(
Rarelv/I do not garden	81 (17)	69 (28)	1.0	76 (16)	34 (20)	1.0
Monthly	86 (18)	39 (16)	0.51 (0.31–0.86)	84 (18)́	26 (15)	0.64 (0.35–1.18)
Weekly	204 (43)	86 (35)	0.48 (0.31-0.74)	201 (44)	68 (40)	0.73 (0.44-1.21)
Daily	103 (22)	49 (20)	0.55 (0.33-0.91)	101 (22)	41 (24)	0.87 (0.49–1.55)
Gardening injury frequency						
Never	93 (20)	59 (25)	1.0	90 (20)	36 (22)	1.0
Occasionally	322 (68)	154 (65)	0 82 (0 55-1 22)	313 (68)	109 (66)	0.96 (0.61–1.52)
Frequently	57 (12)	24 (10)	0.72(0.39 - 1.30)	57 (12)	21 (13)	0.95(0.50-1.83)
Beach walking or logging	01 (12)	21(10)	0.72 (0.00 1.00)	07 (12)	21(10)	0.00 (0.00 1.00)
No	100 (22)	44 (19)	10	99 (22)	37 (24)	10
Yes	362 (78)	182 (81)	0.93 (0.61 - 1.42)	353 (78)	118 (76)	0 79 (0 50-1 25)
Wetlands walking or logging	002 (10)	102 (01)	0.00 (0.01 1.42)	000 (10)	110 (70)	0.70 (0.00 1.20)
No	388 (86)	190 (84)	1.0	379 (85)	126 (81)	10
Ves	67 (15)	36 (16)	1 13 (0 70_1 83)	66 (15)	29 (19)	1 20 (0 71_2 01)
Bushwalking	07 (10)	50 (10)	1.10 (0.70-1.00)	00 (10)	25 (15)	1.20 (0.71-2.01)
No	330 (74)	172 (76)	1.0	332 (74)	120 (77)	10
Ves	110 (26)	54 (24)	0.73 (0.40_1.00)	116 (26)	35 (23)	0.70 (0.44_1.10)
	113 (20)	54 (24)	0.75 (0.43-1.03)	110 (20)	55 (25)	0.70 (0.44-1.10)
No	368 (81)	196 (92)	1.0	360 (81)	132 (85)	1.0
NO Yee	300 (01) 90 (10)	100 (02)		97 (10)	132 (03)	
Sport on oval or field	09(19)	40 (10)	0.71 (0.40–1.11)	07 (19)	23 (13)	0.03 (0.30-1.10)
No	417 (01)	206 (01)	1.0	408 (01)	140 (00)	1.0
NO Yee	20 (0)	200 (91)		400 (91)	140 (90)	
	39 (9)	20 (8)	0.65 (0.40-1.51)	36 (9)	15 (10)	0.90 (0.49-1.65)
Swittining in lakes and livers	42E (0E)	212 (04)	1.0	40E (0E)	145 (04)	1.0
	435 (95)	212 (94)	1.0	425 (95)	145 (94)	
	21(3)	14 (0)	1.30 (0.05–2.04)	21(3)	10 (0)	1.21 (0.34–2.74)
Salling	424 (OE)	01E (0E)	1.0	401 (04)	146 (04)	1.0
NO	431 (95)	215 (95)		421 (94)	146 (94)	
	25 (5)	11(5)	0.79 (0.36–1.07)	25 (0)	9(0)	0.99 (0.44–2.20)
	01E (17)	01 (40)	1.0	011 (17)	69 (14)	1.0
NO	213 (47)	91 (40) 125 (60)		211 (47)	00 (44)	
Any reported outdoor activitiest	242 (53)	135 (60)	1.19 (0.04–1.07)	230 (53)	07 (50)	1.06 (0.74–1.56)
Any reported outdoor activities	10 (1)	10 (7)	1.0	16 (2)	16 (0)	1.0
No outdoor activities	10 (4)	10(7)		10 (3)	16 (9)	
res, any of the above of other	463 (96)	220 (93)	0.34 (0.17–0.66)	455 (97)	155 (91)	0.24 (0.11–0.52)
	I					
Outdoor activities in warmer months	s, a	100 (11)	4.0	404 (00)	70 (40)	1.0
i, lowest tertile including hone	138 (29)	108 (44)		131 (28)	12 (42) 52 (20)	
2 0. bink and tantila	149 (31)	87 (36)	0.64 (0.44–0.94)	146 (31)	52 (30)	0.57 (0.37 - 0.89)
o, nignest tertile	194 (40)	49 (20)	0.30 (0.20–0.46)	192 (41)	47 (27)	0.43 (0.28–0.67)
Outdoor activities in cooler months,	a 400 (00)	100 (11)	10	100 (00)	05 (00)	4.0
i, lowest tertile including none	138 (29)	100 (41)		130 (28)	65 (38)	
	149 (31)	88 (36)	0.71 (0.49–1.05)	147 (31)	54 (32)	0.67 (0.43 - 1.05)
3, highest tertile	194 (40)	56 (23)	0.38 (0.25–0.58)	192 (41)	52 (30)	0.52 (0.34–0.81)

*Values are no. (%) except as indicated. aOR, adjusted odds ratio, NA, not applicable.

†Adjusted for age and sex.
 ‡Reported outdoor activities were beach walking or jogging, wetlands walking or jogging, bushwalking, golf, sport on oval or field, swimming in lakes and rivers, sailing, and outdoor barbecue, but not gardening.

Appendix Table 10. Potentially protective behaviors according to case and control population sta	tatus and associations with Buruli
ulcer*	

		All participa	ints	Residents only					
Behaviors	Controls	Cases	aOR† (95% CI)	Controls	Cases	aOR† (95% CI)			
No. participants	481	245	NA	469	171	NA			
Covers pre-existing wounds with dressing									
Never/Sometimes/Other	327 (67)	176 (72)	1.0	317 (68)	119 (70)	1.0			
Usually/Always	154 (32)	69 (28) [´]	0.99 (0.70-1.41)	152 (32)	52 (30) [´]	1.06 (0.71–1.57)			
Timeliness of tending to cuts and scratches from outdoors									
Leaves to heal naturally, or other	185 (38)	126 (51)	1.0	178 (38)	82 (48)	1.0			
response		()		· · ·	· · ·				
Eventually (wash and dressing or	178 (37)	80 (33)	0.74 (0.51-1.05)	174 (37)	62 (36)	0.81 (0.55–1.21)			
antiseptic)			(, , , , , , , , , , , , , , , , , , ,	· · ·	· · ·	· · · · · ·			
Immediately (wash and dressing or	118 (25)	39 (16)	0.56 (0.36-0.87)	117 (25)	27 (16)	0.54 (0.32-0.91)			
antiseptic)			(, , , , , , , , , , , , , , , , , , ,	· · ·	· · ·	· · · · · ·			
Tending to cuts/scratches immediately	(binary)								
No	363 (75)	206 (84)	1.0	352 (75)	144 (84)	1.0			
Yes (usually/always)	118 (25)	39 (Ì16)	0.65 (0.43-0.98)	117 (25)	27 (Ì6)	0.60 (0.37-0.97)			
Washes hands after outdoor activity									
Never/Sometimes	26 (6)	23 (10)	1.0	24 (5)	17 (10)	1.0			
Usually/Always	435 (94)	213 (90)	0.62 (0.34-1.15)	426 (95)	148 (90)	0.53 (0.27-1.03)			
Showers after outdoor activity			1 1		· · · ·	1			
Never/Sometimes	385 (80)	194 (79)	1.0	374 (80)	140 (82)	1.0			
Usually/Always	96 (20)	51 (21)	0.94 (0.63-1.40)	95 (20)	31 (18)	0.80 (0.50-1.27)			
Insect repellent use in warm months		- \ /			- (- /				
Never	99 (20.63)	78 (31.84)	1.0	97 (21)	57 (33)	1.0			
Occasionally/Usually/Always	381 (79.38)	167 (68,16)	0.62 (0.43-0.89)	371 (79)	114 (67)	0.56 (0.38-0.84)			
Clothing covering arms and legs		(001.0)							
Never/sometimes/seasonally	296 (63)	173 (72)	1.0	288 (63)	114 (68)	1.0			
Usually/always, either arms or legs	76 (16)	38 (16)	0.92 (0.59-1.44)	74 (16)	33 (20)	1.12 (0.69–1.80)			
Usually/always, both arms and legs	96 (21)	28 (12)	0.59 (0.36-0.95)	94 (21)	20 (12)	0.61 (0.35-1.05)			
Gardening Gloves	•• (= -)	_== (!= /		• · (= · /	_== (!= /				
Never	79 (18.37)	59 (27,19)	1.0	79 (19)	39 (25)	1.0			
Sometimes/usuallv/alwavs	351 (81.63)	158 (72.81)	0.71 (0.47-1.07)	342 (81)	117 (75)	0.79 (0.50-1.24)			
Closed shoes outside, warmer months									
Never/sometimes	280 (58)	147 (61)	1.0	273 (58)	96 (57)	1.0			
Usually/always	199 (42)	95 (39)	0.99 (0.70-1.39)	194 (42)	73 (43)	1.14 (0.77–1.67)			
No. multiple examined behaviors									
0–1	21 (4)	30 (12)	1.0	20 (4)	21 (12)	1.0			
2–3	195 (41)	106 (43)	0.41 (0.22-0.76)	191 (41)	67 (39)	0.34 (0.17-0.67)			
4–5	193 (40)	92 (38)	0.39 (0.21-0.75)	186 (40)	70 (41)	0.39 (0.19-0.77)			
>6	72 (15)	17 (7)	0.22 (0.10-0.48)	72 (15)	13 (8)	0.20 (0.08–0.48)			
No. multiple behaviors identified as protective									
None	61 (13)	50 (20)	1.0	60 (13)	38 (22)	1.0			
1	224 (47)	132 (54)	0.75 (0.48–1.16)	217 (46)	83 (49)	0.62 (0.38-1.003)			
2	141 (29)	49 (20)	0.50 (0.30-0.83)	137 (29)	39 (23)	0.49 (0.28-0.85)			
3	55 (11)	14 (6)	0.38 (0.19-0.78)	55 (12)	11 (6)	0.36 (0.16-0.78)			

*Values are no. (%) except as indicated. aOR, adjusted odds ratio, NA, not applicable. †Adjusted for age and sex.

Appendix Table 11. Sensitivity analysis of BCG vaccination and Buruli ulcer case status restricted to participants who were 47–70 years of age and potentially eligible for routine BCG vaccination in Australia*

	All participants			Residents only					
Status	Controls	Cases	aOR† (95% CI)	Controls	Cases	aOR† (95% CI)			
No. participants	260	115	NA	260	115	NA			
BCG vaccination									
No	50 (19.23)	30 (26.09)	1.0	50 (19.23)	24 (30.38)	1.0			
Yes	139 (53.46)	45 (39.13)	0.57 (0.32-1.03)	136 (53.33)	29 (36.71)	0.44 (0.23-0.85)			
Unsure	71 (27.31)	40 (34.78)	0.97 (0.52–1.82)	69 (27.06)	26 (32.91)				
BCG vaccination, unsure assumed yes									
No	50 (19.23)	30 (26.09)	1.0	50 (19.61)	24 (30.38)	1.0			
Yes/unsure	210 (80.77)	85 (73.91)	0.71 (0.41–1.22)	205 (80.39)	55 (69.62)	0.56 (0.31-1.02)			

*Values are no. (%) except as indicated. Participants in this age range would be 12 years old from <1960–1983; therefore, they were covered during the years when routine vaccination was reported in many states in Australia. The assumption that participants who were unsure of their status would likely have had the vaccination as part of routine vaccination might involve some misclassification. Participants might have resided in other countries or states in Australia without routine BCG vaccination. aOR, adjusted odds ratio, NA, not applicable. †Adjusted for age and sex.

						% Total	
	Controls,	Weighted		Cases, no.	Notified cases,	notified	
Characteristics	no. (%)	population,† %	Ratio‡	(%)	no. (%)	cases§	Ratio¶
No. participants	481	NA	NA	245	NA	NA	NA
Age group, y							
18–39	38 (7.9)	29.5	0.27	35 (14.3)	134 (24.4)	26%	0.59
40–59	125 (26.0)	32.7	0.80	68 (27.8)	154 (28.0)	44%	0.99
60–79	278 (57.8)	29.8	1.94	123 (50.2)	204 (37.1)	60%	1.85
<u>></u> 80	40 (8.3)	8.1	1.03	19 (7.8)	58 (10.6)	33%	0.74
Sex							
F	266 (55.3)	51.3	1.08	104 (42.5)	228 (41.5)	46%	1.02
Μ	215 (44.7)	48.7	0.92	141 (57.6)	321 (58.4)	44%	0.99
Not stated	ŇA	NA	NA	ŇA	1 (0.2)	NA	NA

Appendix Table 12. Representativeness of case-control participant samples*

*NA, not applicable.

Accal government area-weighted population estimates according to age group and sex were derived by using Australian Bureau of Statistics Estimated Resident Population, which, for each of the relevant areas, were weighted to the percentages in our control sample. Control percentages: Mornington Peninsula (64.86%), Frankston (9.36%), Bayside (8.32%), Kingston (4.57%), Greater Geelong (7.90%), Queenscliffe (3.53%), and Surf Coast (1.46%).

 #Ratio of percentages by age group (controls to weighted population estimate).

 §Notified case-patients participating in included sample, group participation rate.

 ¶Ratio of percentages by age group (included cases to notified cases).



Appendix Figure 1. Number of patients with Buruli ulcer reported to the Department of Health in Victoria, Australia, during June 2018–June 2020. Month and year of case notification for Buruli ulcer patients (dark gray) participating in this study and all other notified Buruli ulcer cases (light gray). Cases were reported from Buruli ulcer–endemic locations in Victoria.

	Tends to cuts and scratches immediately (binary)	Covers pre- existing wounds	Washes hands after outdoor activity	Showers after outdoor activity	Insect repellent (warmer months)	Gardening gloves	Clothing covers arms and/or legs	Closed Shoes outside (warmer months)	Drinking filtered town water
Tends to cuts and scratches immediately									
Covers pre-existing wounds	0.56		_						
Washes hands after outdoor activity	0.48	0.42							
Showers after outdoor activity	0.21	0.26	0.37						
Insect repellent (warmer months)	0.20	0.25	0.31	0.19					
Gardening gloves	0.40	0.46	0.44	0.06	0.22				
Clothing covers arms and/or legs	0.34	0.40	0.33	0.11	0.14	0.32			
Closed shoes outside (warmer months) Drinking filtered town water*	0.09	0.08	0.08	-0.02	0.05	0.08	0.30		
	0.15	0.12	0.14	0.06	0.12	0.09	-0.01	0.07	

Appendix Figure 2. Polychoric correlations between potential protective behaviors against Buruli ulcer in all case-control study participants from the study areas in Victoria, Australia. Drinking filtered town water (asterisk) was examined as a potential protective factor; because of lack of correlations with other behaviors and low factor loadings in a preliminary exploratory 2-factor model, this factor was not included in the final analysis for assessing the factor structure. Numbers are correlation coefficients between factors.



Appendix Figure 3. Factor structure and rotated factor loadings from exploratory factor analysis of the clustering of potentially protective behaviors, examined in relation to Buruli ulcer prevention in Victoria, Australia. Numbers are correlation coefficients between factors.