

# Comprehensive Case–Control Study of Protective and Risk Factors for Buruli Ulcer, Southeastern Australia

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To examine protective and risk factors for Buruli ulcer (BU), we conducted a case–control study of 245 adult BU cases and 481 postcode-matched controls across BU-endemic areas of Victoria, Australia. We calculated age- and sex-adjusted odds ratios for socio-environmental, host, and behavioral factors associated with BU by using conditional logistic regression. Odds of BU were >2-fold for persons with diabetes mellitus and persons working outdoors who had soil contact in BU-endemic areas (compared with indoor work) but were lower among persons who had bacillus Calmette–Guérin vaccinations. BU was associated with increasing numbers of possums and with ponds and bore water use at residences. Using insect repellent, covering arms and legs outdoors, and immediately washing wounds were protective; undertaking multiple protective behaviors was associated with the lowest odds of BU. Skin hygiene/protection behaviors and previous bacillus Calmette–Guérin vaccination might provide protection against BU in BU-endemic areas.

**B**uruli ulcer (BU) is a necrotizing infection of the skin and soft tissue caused by the environmental bacterium *Mycobacterium ulcerans* (1,2) and is 1 of 20 neglected tropical diseases recognized by the World Health Organization (3). BU often begins as a small papule or plaque with progressive ulceration if left untreated (4). The incubation period is ≈4–5 months,

whereas the average delay from symptom onset to diagnosis is 1–2 months (5–7). Although sporadic cases have been noted globally, BU remains endemic in sub-Saharan Africa and more temperate southeastern Australia, 2 regions with vastly differing social and environmental conditions (8). In southeastern Australia, cases are most frequently detected in Mornington and Bellarine Peninsulas, regions on opposite sides of Port Philip Bay in Victoria state (6). BU case numbers have increased markedly in the previous decade in Victoria; disease-endemic areas within the region have expanded (9,10), but the reasons remain unclear.

The exact mechanisms of *M. ulcerans* transmission are elusive and might differ between endemic areas. Nevertheless, research has revealed certain key variables; leading theories involve insect bites or environmental contamination through minor trauma or existing wounds (2,11). In southeastern Australia, possums evidently play a crucial role as an animal reservoir that can sustain clinical disease and shed viable *M. ulcerans* through feces (12–14). Two species in particular, the common brushtail (*Trichosurus vulpecula*) and common ringtail (*Pseudocheirus peregrinus*) possums, have been implicated as reservoir hosts. Furthermore, research in Australia reports mosquitoes as possible mechanical vectors (15–17).

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DOI: <https://doi.org/10.3201/eid2910.230011>

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A previous questionnaire-based case-control study in Victoria showed that being bitten by mosquitoes increased the odds of *M. ulcerans* infection, whereas wearing protective clothing or applying insect repellent decreased the odds (18). In contrast, no convincing evidence exists that mosquitoes play a role in *M. ulcerans* transmission in West Africa. *M. ulcerans* DNA has been detected in environmental samples of other insects from aquatic areas in West Africa, such as water bugs (Hemiptera), dragonfly larvae (Odonata), and beetle larvae (Coleoptera) (2).

Environmental and climate factors also appear to play a critical role in *M. ulcerans* transmission dynamics. In Africa, cases of BU occur proximate to natural water bodies (2). Heavy rainfall and subsequent flooding have also been associated with increased detection of *M. ulcerans* in the environment and increased BU case numbers in certain regions (9,19). Environmental surveys, conducted as a separate part of this research project, showed that the odds of *M. ulcerans* bacteria existing within a property increased with the presence of certain native plant species, alkaline soil, and lower altitude, along with the presence of overhead powerlines and common ringtail possums (14).

Cleaning wounds immediately after trauma and the use of *Mycobacterium bovis* bacillus Calmette-Guérin (BCG) vaccination (for tuberculosis, also caused by a mycobacterium) might mitigate the risk of acquiring BU, although evidence regarding BCG vaccination is conflicting (18,20,21). In addition, BU lesions are common on exposed body areas, consistent with the premise that protective clothing might decrease BU risk by reducing insect bites and minor skin trauma that can cause potential inoculating events (22,23).

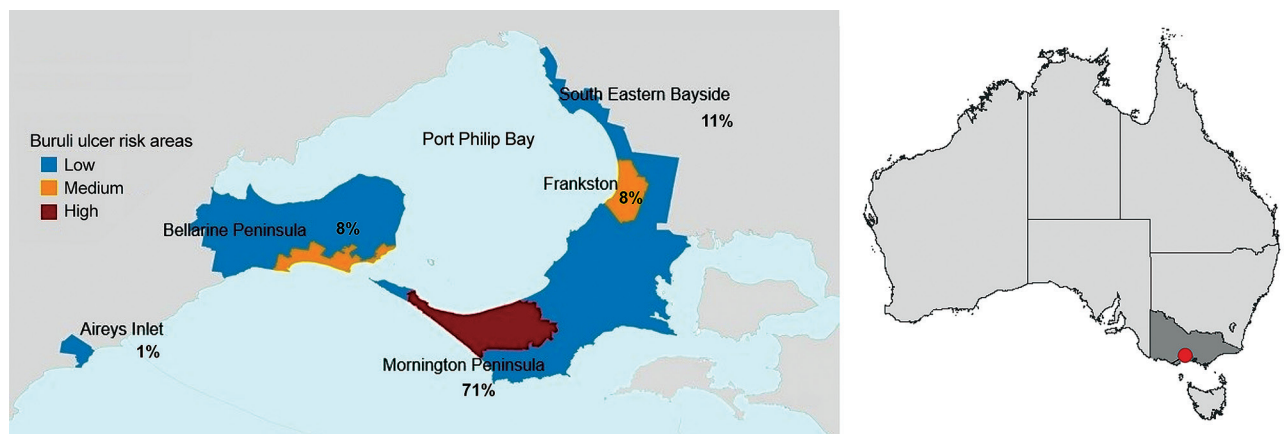
Determining risks and protective factors for BU is crucial to determine effective intervention and control strategies. Therefore, we conducted a case-control study to identify environmental, host, and behavioral risk and protective factors associated with BU in Victoria, Australia, where increasing cases and expanding BU-endemic areas have been observed.

## Methods

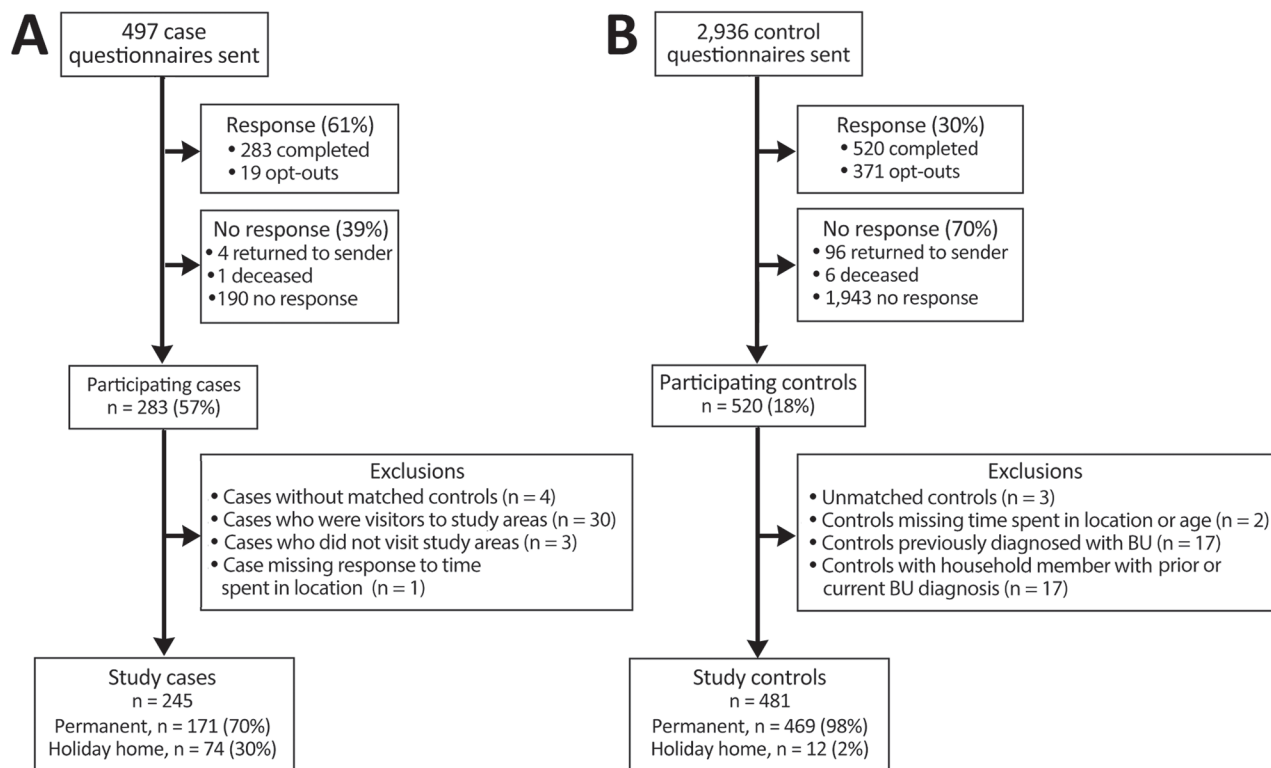
### Study Design and Participants

We performed a postcode matched, case-control study in BU-endemic areas surrounding Port Phillip Bay, Victoria, Australia (Figure 1; Appendix Table 1, <https://wwwnc.cdc.gov/EID/article/29/10/23-0011-App1.pdf>). Ethics approval was granted by the Victoria Department of Health Human Research Ethics Committee (project 10-18). We invited adults ( $\geq 18$  years of age) to participate in the study who resided in Victoria and were notified to the Department of Health in Victoria as having laboratory-confirmed BU during June 2018–June 2020. We extracted case data from the Victoria Department of Health Public Health Events Surveillance System. We recruited case-patients via regular mail after receiving permission for contact from the patient's general practitioner or treating medical team. We restricted analysis to residents or holiday homeowners in the study areas (Figure 2).

We matched control participants (residents of Victoria  $\geq 18$  years of age) to patients according to residential postal codes within the study area. We selected controls from both the Victorian Population Health Survey (participants who had provided consent to be contacted for other research studies) and the electoral roll of Australia (when additional matched controls



**Figure 1.** Locations of Buruli ulcer–endemic areas included in comprehensive case-control study of protective and risk factors for Buruli ulcer, Victoria, Australia. Colors indicate risk classifications at beginning of the study period, and numbers indicate percentage of total participating case-patients for each location within the study area. Full map of Australia shows study area in southeastern region.



**Figure 2.** Flow diagrams of study recruitment, participation, and exclusion criteria in comprehensive case-control study of protective and risk factors for Buruli ulcer, southeastern Australia. A) Case-patient recruitment; B) control recruitment.

were required for a particular postcode). We excluded controls if they or a household member had been previously diagnosed with BU (Figure 2).

Participation for both patients and controls involved the return of a completed study questionnaire. In addition, a subsample of patients and controls were enrolled in an environmental survey of residential properties that investigated the presence of *M. ulcerans* (14).

#### Data Collection and Measurements

We used a self-administered questionnaire to examine the amount of time participants spent in the study areas, outdoor and lifestyle behaviors, insect exposure, medical history, and environmental characteristics of the participants' properties. We evaluated those details and formulated response and collapsed categories for analysis (Appendix Table 2). Participant-reported medications and conditions that might affect the immune system were reviewed by a physician specializing in infectious diseases (D.P.O.) to ascertain those likely to cause immunosuppression. We devised an occupational classification related to potential environmental exposure to *M. ulcerans* through employment by using

participant responses to 2 questions: what proportion of your time do you spend outside as part of your occupation and are you in contact with the soil during your work? We examined the effects of working outdoors and having soil contact among participants whose employment was based in the study (disease-endemic) areas only.

#### Statistical Analysis

We evaluated host, environmental, and behavioral factors according to BU case status. We examined relationships between those factors and the likelihood of developing BU by using multivariable conditional logistic regression; cases and controls were matched by postcode. We calculated odds ratios adjusted for age and sex (aORs) and 95% CIs for the total participant sample (residents and holiday homeowners) and separately for residents only (Appendix Tables 3–11). Percentages of missing data were generally low (<3% for most factors); if missing data were >10%, we included a separate category for those participants with missing exposure data in the model unless otherwise stated. Given the expectation that participants might have multiple potentially protective health behaviors, we examined patterns and

clustering of those behaviors by using polychoric correlations and exploratory factor analysis (Appendix; Appendix Figures 2, 3).

We conducted a post-hoc sensitivity analysis to explore the robustness of the observed relationship between BCG vaccination and BU case status; we restricted analysis to participants 47–70 years of age who were within the age-range eligible for BCG vaccination as part of the routine vaccination schedule for schoolchildren in Victoria from the 1950s to 1985 (24). We analyzed those reporting receipt of BCG vaccination and those unsure of vaccination status as a single category (under the assumption of likely vaccination through routine vaccination) and compared them with age-matched participants reporting no BCG vaccination. We performed analyses by using Stata 15 (StataCorp LLC, <https://www.stata.com>) except for factor analysis, which we performed by using Stata 16.

## Results

### Demographic and Clinical Characteristics of Participants

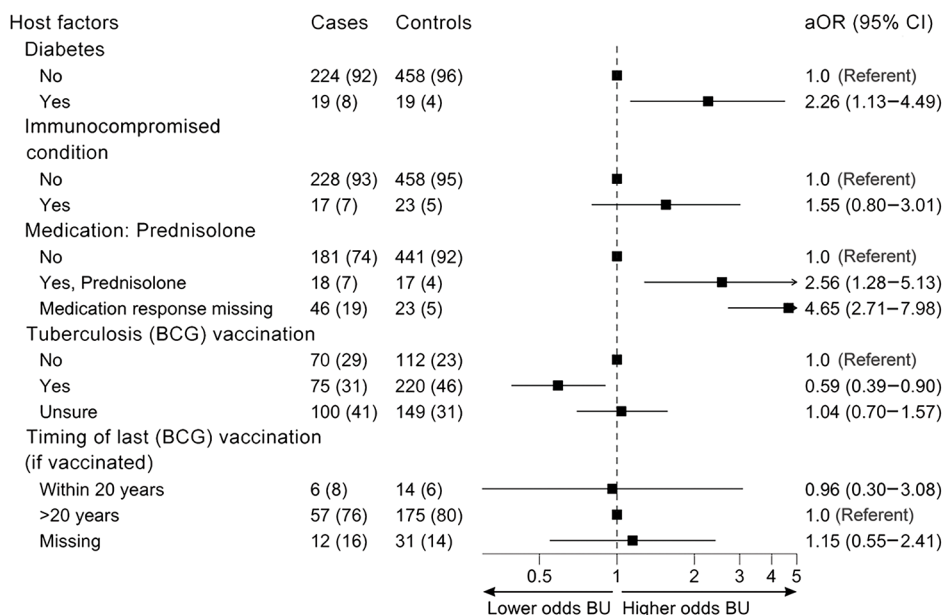
We examined data from 245 (57% participation rate) BU case-patients and 481 (18%) postcode-matched control participants from across the BU-endemic areas; 171 (70%) patients and 469 (97.5%) controls were permanent residents in the study areas, and most (71%) were homeowners in high BU-endemic areas of Mornington Peninsula (Figure 1). Half (123/245) of case-patients were 60–79 years of age, signifying an

overrepresentation when compared with all notified cases in the study areas (204/550 [37%] 60–79 years of age). In contrast, patients 18–39 years of age were underrepresented in our participant sample (35/245 [14%] compared with 134/550 [24%] among notified cases) (Appendix Table 12). We also observed an overrepresentation of controls 60–79 years of age and a large underrepresentation of controls 18–39 years of age when compared with population proportion estimates (Appendix Table 12). Male sex was associated with BU case status (57.6% of BU cases vs. 44.7% of controls; aOR 1.52 [95% CI 1.06–2.19]).

BU cases were reported predominantly during winter (44%) and spring (38%) (Table; Appendix Figure 1). The median time between symptom onset and diagnosis was 5 (interquartile range [IQR] 3–12) weeks; duration was longer for patients who were holiday homeowners (8 [IQR 4–13]) weeks than for those who were residents (4 [IQR 3–10] weeks;  $p < 0.0001$  by rank-sum test). An insect bite, wound, or injury to the affected area was reported in 36% of BU cases before ulcers appeared.

### Host Factors

We evaluated associations between host factors and BU case status (Figure 3). Persons with a history of diabetes mellitus had a higher probability of developing BU than those without diabetes (aOR 2.26 [95% CI 1.13–4.49]). An association was observed with prednisolone therapy (aOR 2.56 [95% CI 1.28–5.13]); however, this result could be confounded by persons commencing prednisolone therapy during their BU treatment.



**Figure 3.** Odds of developing Buruli ulcer according to different host factors in comprehensive case-control study of protective and risk factors for Buruli ulcer, southeastern Australia. Host characteristics are shown for case-patients and control participants as no. (%). Odds ratios (adjusted according to age and sex) and 95% CIs are indicated. Vaccination was with *Mycobacterium bovis* BCG vaccine for tuberculosis. Immunocompromised conditions category was for any participant who reported a condition that had the potential to compromise the immune system (excluding diabetes and cancer [active or historical]; cancer status was not available in this study). aOR, adjusted odds ratio; BCG, bacillus Calmette-Guérin vaccine; BU, Buruli ulcer.



## RESEARCH

Receipt of BCG vaccination was associated with lower odds of BU (aOR 0.59 [95% CI 0.39–0.90]) than for participants reporting no BCG vaccination. No relationship between BU and vaccination timing (<20 or >20 years ago) was observed. Of note, 41% of patients and 31% of controls reported that they were unsure whether they had received the vaccination. In the sensitivity analysis that restricted participant age to 47–70 years (those unsure were assumed vaccinated), the observed association between BU and BCG vaccination persisted but was attenuated; aOR was 0.71 (95% CI 0.41–1.22) for the entire age-restricted participant sample (Appendix Table 11).

### Environmental Factors

The presence of possums around the property was strongly associated with BU in residents (aOR 5.30 [95% CI 1.82–15.49]) and, to a lesser extent, in the entire participant sample (aOR 2.33 [95% CI 1.15–4.71]). The likelihood of developing BU increased with the number of possums reported around the residential property (Figure 4; Appendix Table 5); large amounts

of possum feces (compared with none) (aOR 1.88 [95% CI 1.05–3.36]); and with the presence of tea trees (*Leptospermum* sp.), a common habitat for possums, on the property (aOR 1.72 [95% CI 1.10–2.69]).

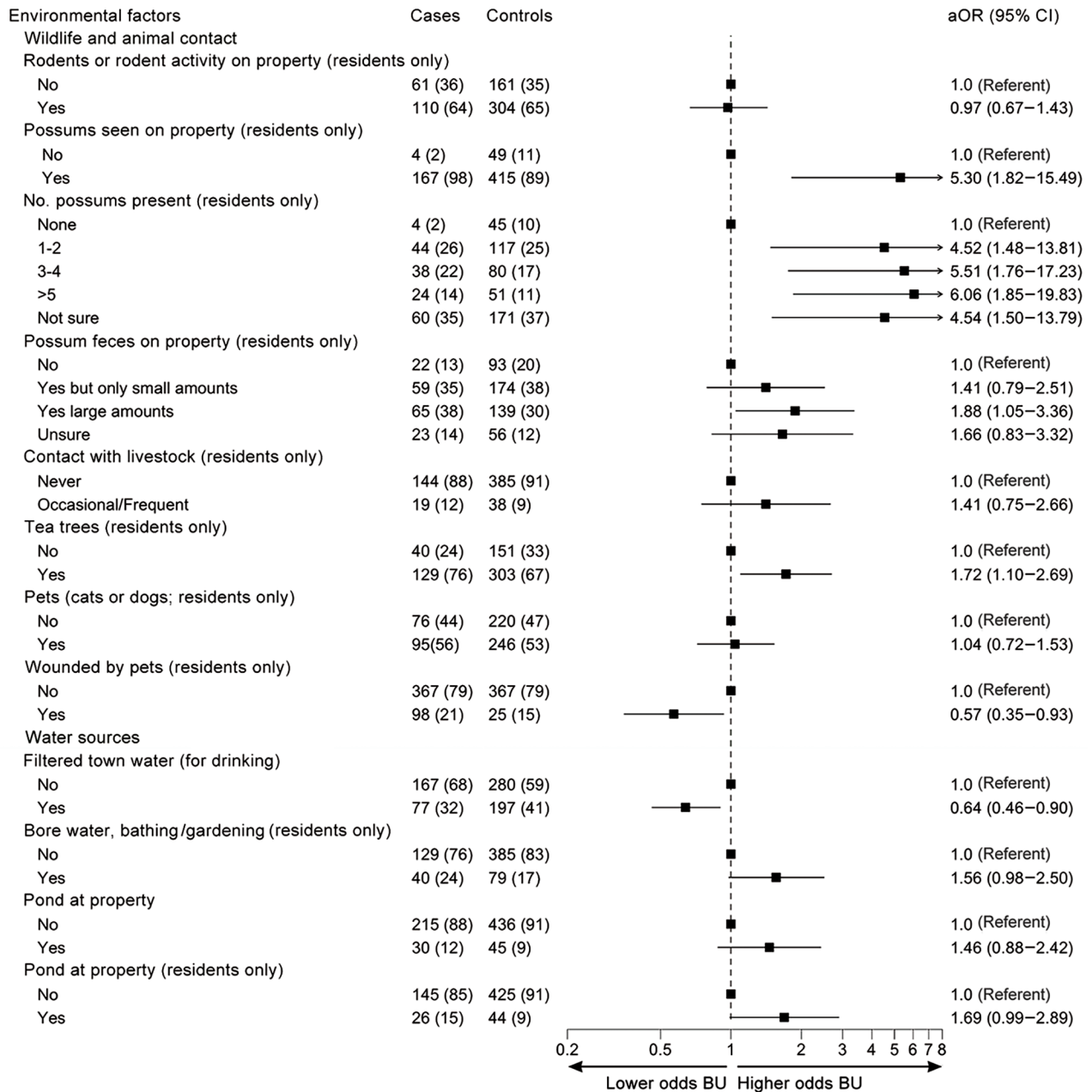
Most (98%) properties used piped (town) water for drinking, bathing, and garden watering. Participants drinking filtered town water (274/721, 38% of total participants) had lower odds of developing BU than those not drinking filtered town water (aOR 0.64 [95% CI 0.46–0.90]). Of those not drinking filtered town water, 433/447 (97%) drank unfiltered town water, and 14 (3%) drank water from other sources only, such as tank or bottled water. Use of bore water by residents for bathing or garden watering was associated with BU (aOR 1.56 [95% CI 0.98–2.50]). Water sources around the property were not associated with BU case status, except for the presence of ponds (aOR 1.69 [95% CI 0.99–2.89]) for residents (Figure 4). We observed no associations between case status and the presence of other nonpossum wildlife or biting insects; use of garden products (mulch or potting mix)

**Table.** Characteristics of patients and disease manifestations in comprehensive case–control study of protective and risk factors for Buruli ulcer, southeastern Australia\*

Characteristics	Cases, n = 245	Controls, n = 481
Age group, y		
18–39	35 (14)	38 (8)
40–59	68 (28)	125 (26)
60–79	123 (50)	278 (58)
≥80	19 (8)	40 (8)
Sex		
F	104 (42)	266 (55)
M	141 (58)	215 (45)
Employment status†		
Employed	124 (51)	211 (44)
Unpaid employment, unemployed	19 (8)	18 (4)
Retired	100 (41)	249 (52)
Notification dates		
Summer, Dec–Feb	26 (11)	NA
Autumn, Mar–May	18 (7)	NA
Winter, Jun–Aug	107 (44)	NA
Spring, Sep–Nov	94 (38)	NA
Duration of symptoms before diagnosis, wk		
Median (IQR)	5 (3–12)	NA
Missing data	21 (9)	NA
Days from notification to questionnaire completion		
Median (IQR)	56 (38–90)	NA
Insect bite/wound/injury to area before ulcer developed		
Yes	99 (40)	NA
No	42 (17)	NA
Unsure	88 (36)	NA
Missing data	16 (7)	NA
Type of bite/wound/injury in area before ulcer developed, n = 99		
Insect bite	51 (52)	NA
Wound/injury	30 (30)	NA
Mixed	6 (6)	NA
Other, unsure/missing data	12 (12)	NA
Time from wound/bite to ulcer, if yes, n = 87		
Median, weeks (IQR)	6 (3–13)	NA

\*Values are no. (%) except as indicated. IQR, interquartile range; NA, not applicable.

†Unpaid employment included students and persons with home duties.



**Figure 4.** Odds of developing Buruli ulcer according to different environmental factors in comprehensive case–control study of protective and risk factors for Buruli ulcer, southeastern Australia. Environmental factors are shown for case-patients and control participants as no. (%). Odds ratios (adjusted according to age and sex) and 95% CIs are indicated. aOR, adjusted odds ratio; BU, Buruli ulcer.

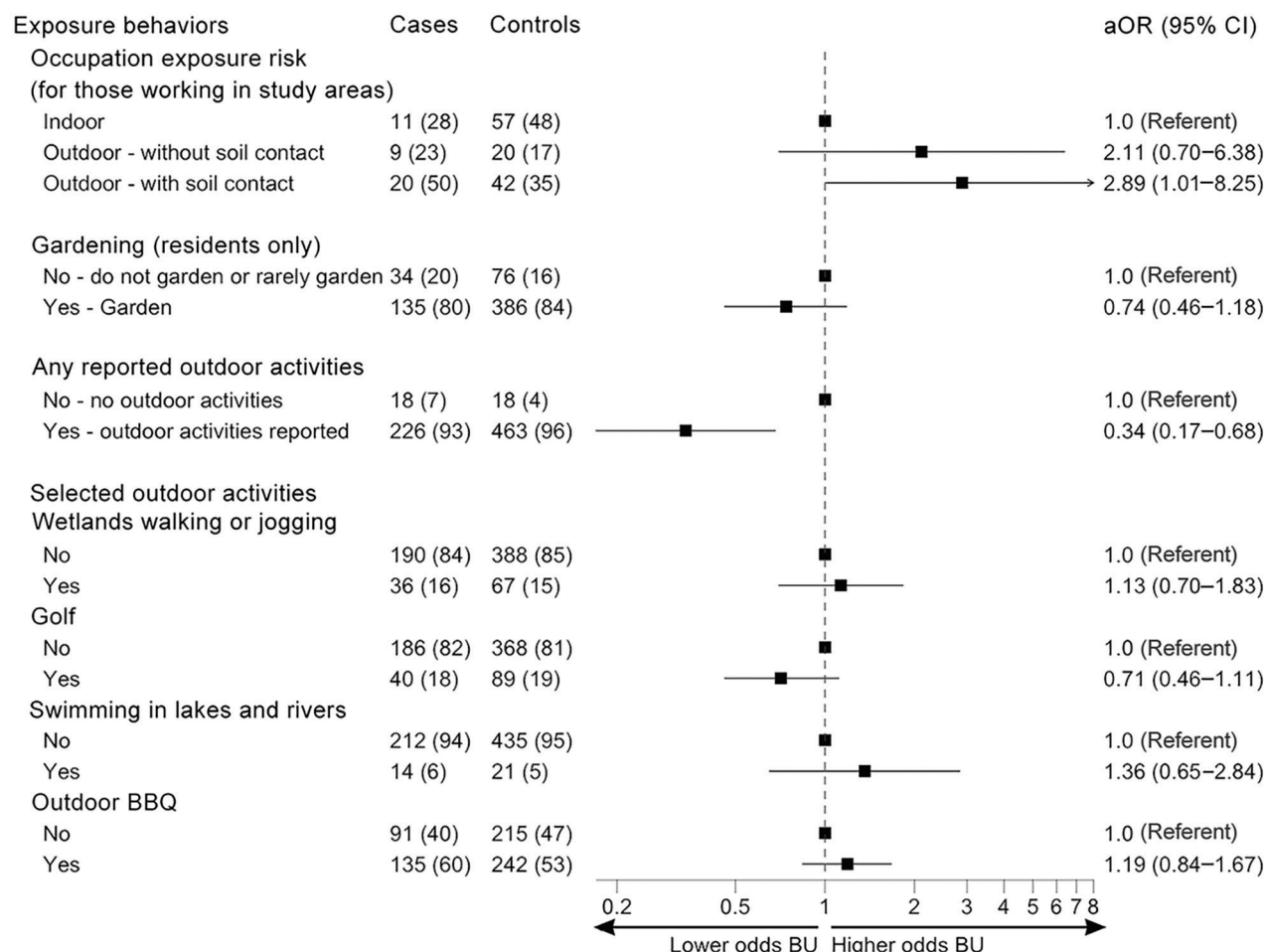
among residents; or with earthworks, major renovations, or sewerage works near the property (Appendix Table 7).

**Exposures**

Working outdoors was associated with higher odds of BU than working indoors in BU-endemic areas (Figure 5); highest odds were associated with occupations involving soil contact (aOR 2.89 [95% CI 1.01–8.25]).

Outdoor occupations that involved soil contact were commonly gardeners, carpenters, and other construction-related roles.

We found no association between gardening frequency and BU case status among residents (Figure 5); however, the entire participant sample comprising more holiday homeowner cases had lower odds for BU (aOR 0.50 [95% CI 0.34–0.74]). Participants partaking in outdoor activities (>95% of participants)



**Figure 5.** Odds of developing Buruli ulcer according to potential outdoor exposures in comprehensive case–control study of protective and risk factors for Buruli ulcer, southeastern Australia. Potential outdoor exposures are shown for case-patients and control participants as no. (%). Odds ratios (adjusted according to age and sex) and 95% CIs are indicated. aOR, adjusted odds ratio; BBQ, barbeque; BU, Buruli ulcer.

had a lower likelihood of developing BU than those not undertaking outdoor activities (aOR 0.34 [95% CI 0.17–0.68]). However, we observed no strong associations between participants undertaking individual activities (beach walks/jogging, wetland walks/jogging, bushwalking, golf, sports on an oval, swimming in local lakes/ rivers, sailing, outdoor barbeques, or other activities) and those not undertaking the activity (Appendix Table 9).

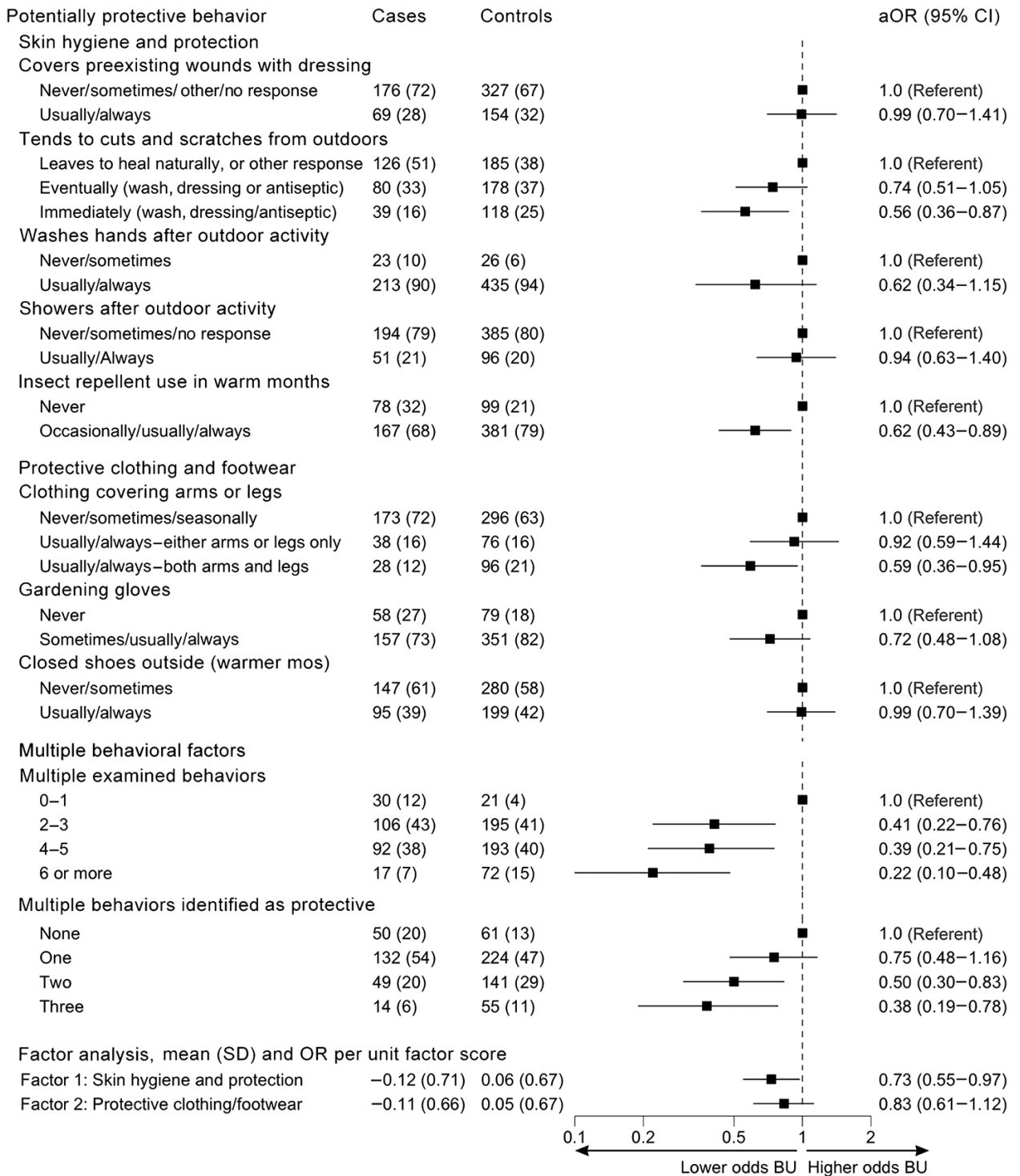
**Protective Behavioral Factors**

We analyzed associations between protective health behaviors and BU case status (Figure 6). Several protective behaviors were associated with lower odds of developing BU: tending immediately to cuts and scratches received during outdoor activity by washing the area and then applying antiseptic or dressings (aOR 0.56 [95% CI 0.36–0.87]), wearing insect

repellant during warmer months (aOR 0.62 [95% CI 0.43–0.89]), and covering arms and legs with clothing (aOR 0.59 [95% CI 0.36–0.90]). Participants who combined protective behaviors had the strongest correlations between tending to new wounds, covering preexisting wounds, washing hands after outdoor activity, and using gloves for gardening (Appendix Figures 2, 3). Combining protective behaviors was associated with lower odds of BU; we observed a gradient of decreasing odds for BU in those undertaking higher numbers of protective behaviors (Figure 6).

**Discussion**

We conducted a comprehensive case–control study in temperate, BU-endemic areas of Victoria, Australia, and found that the presence of possums or a pond on residential property was a key environmental factor



**Figure 6.** Odds of developing Buruli ulcer according to protective behavioral factors in comprehensive case-control study of protective and risk factors for Buruli ulcer, southeastern Australia. Potential protective behavioral factors are shown for case-patients and control participants as no. (%), except for factor analyses, which are shown as mean (SD). Odds ratios (adjusted according to age and sex) and 95% CIs are indicated. Includes binary variable for tending to outdoor cuts and scratches immediately (usually/always vs all other responses). aOR, adjusted odds ratio; BU, Buruli ulcer; OR, odds ratio.



for BU, whereas having diabetes mellitus and working outdoors (especially in contact with soil) were key host factors associated with higher probability of developing BU. We identified modifiable health behaviors for public health intervention relating to skin hygiene and protection, including tending immediately to outdoor cuts and scratches by cleaning and applying antiseptic or dressing, using insect repellent, and covering arms and legs with clothing. Moreover, undertaking multiple protective behaviors was associated with lower odds of developing BU. We found a protective association between BCG vaccination and BU, as well as the unexpected finding of a protective association for drinking filtered town water compared with unfiltered water, which warrants further investigation. We found no evidence for associations between BU and other hypothesized risks, including gardening, other outdoor leisure activities, pet ownership, major renovations or earthworks, or sewerage type or works.

Our findings strengthen the evidence for possums as a key mammal reservoir of *M. ulcerans* in Victoria (12,14). Possums can become infected with *M. ulcerans*; >40% of possum fecal samples collected in 1 BU-endemic area were positive for *M. ulcerans* DNA, and a considerable proportion of possums displayed BU skin lesions (12). The environmental survey component of this study found possum feces to be a key source of viable bacteria (14); *M. ulcerans* DNA was found in 23% and viable *M. ulcerans* bacteria in 5% of all ringtail possum fecal samples (14). According to participant responses, we found that increased likelihood of BU was associated with increasing numbers of possums at the participant's property and with increasing amounts of possum feces. The number of tea trees, a common possum habitat, on the property was also highly associated with BU case status.

The involvement of aquatic environments has been suggested for *M. ulcerans* transmission in BU-endemic areas of West Africa, but limited evidence has been found in Victoria (2,11). In our study, residential ponds and use of bore water were associated with BU. Contributions to BU incidence remain unclear for direct contact with contaminated water; ponds providing habitat for mosquitoes, which could act as mechanical vectors; or ponds attracting mammal reservoirs. The protective association found for piped, filtered town drinking water was unexpected; town water catchments for BU-endemic areas also provide water to many nonendemic metropolitan areas; thus, the protective association for water filtration might reflect other unmeasured confounding factors affecting BU risk. Furthermore,

correlations between drinking filtered water and other potentially protective behaviors were relatively weak (correlation coefficient <0.18), and clustering of those behaviors does not appear to explain the association. Although *M. ulcerans* infection in the gastrointestinal tract of infected possums has been reported (25), whether *M. ulcerans* exposure via ingestion could result in BU skin lesions in humans is unclear. The relationship between bore water and BU might not indicate bore water use is a risk factor for BU; rather, bore water might be associated with the presence of *M. ulcerans* in the environment, such as in plants or possums.

Mosquitoes have been proposed as likely mechanical vectors for BU in Australia but are less likely candidates in West Africa (11). We did not find associations between reported levels of local mosquitoes or other biting insects and BU. However, we did find a protective association between BU and use of insect repellent, consistent with a previous case-control study on Bellarine Peninsula in Victoria, where 72% lower odds of BU were found among persons using insect repellent (18). In contrast to that study, we found a relatively higher percentage of persons reporting insect repellent use (68% vs. 31% of case-patients and 79% vs. 54% of controls). Our results indicate a positive public health development, given the role of mosquitoes in transmission of several arboviral diseases, and might be the result of local public health campaigns (10), such as Beat the Bite (<https://www.betterhealth.vic.gov.au/sites/default/files/2021-10/Beat-the-bite-brochure.pdf>).

Skin protection and skin hygiene behaviors were associated with lower odds of BU. We found that tending to cuts and scratches during outdoor activity by stopping immediately to wash the area and applying antiseptic or a dressing had the strongest protective association, which is consistent with previous studies in Australia (18) and Cameroon (26). However, our study adds new evidence suggesting a dose-response association that indicates the timeliness of tending to wounds might also help prevent BU; lower odds of BU were observed for immediate treatment compared with leaving the wound alone or tending eventually. Cuts and scratches obtained during outdoor activities or work might increase inoculating events with *M. ulcerans*, which might be present on the skin after contact with contaminated soil, plants, or water. Laboratory studies have demonstrated that a needle puncture or mosquito bite on contaminated skin was sufficient for *M. ulcerans* to enter the skin of mice and cause an ulcer (15). In our study, bites or wounds were reported in 40% of cases before ulcer

appearance; some participants recalled specific injuries to the area that preceded ulcer development.

The higher odds of BU in persons with diabetes is similar to findings for other mycobacterial diseases, such as tuberculosis and leprosy (27), and might reflect increased risk because of impaired cellular immunity (28). Targeted messaging highlighting the importance of protective measures might help prevent BU in persons with diabetes.

We showed that BCG vaccination was highly protective against BU (aOR 0.59 [95% CI 0.39–0.90]). Protective effects of BCG vaccination against tuberculosis and leprosy have been well established (29). The vaccine is derived from a live attenuated strain of *M. bovis* and shares epitopes with other nontuberculous mycobacteria (20). Previous case-control studies showed conflicting evidence that BCG vaccination prevents *M. ulcerans* infection (29–32). Two randomized controlled trials demonstrated a protective effect of BCG vaccination against BU (33,34); a lower incidence of BU in persons vaccinated with BCG compared with unvaccinated persons was observed in Uganda, with a combined relative risk estimate of 0.50 (95% CI 0.37–0.69) (20). However, both of those studies demonstrated only short-term efficacy up to 1 year after vaccination; longer-term follow up and analysis were not performed because of limited sample size. Using different antigenic strains of BCG might enhance or lengthen protection against nontuberculous mycobacteria or BU (20,29), whereas revaccination could also provide more sustained immunity to *M. ulcerans* infection, although this idea has not been comprehensively explored (20). Further research on the potential role of BCG vaccination for protection against BU is warranted.

A key strength of our study of BU risk factors is the use of a population-based notifiable disease database for case detection that ensured robust ascertainment of laboratory-confirmed BU from almost all BU-endemic locations in Victoria. Compared with a previous case-control study in the Bellarine Peninsula, Victoria (18), this study also examined a comprehensive list of environmental, host and behavioral risk, and protective factors, and we have identified new public health-related risk groups and environmental risk factors. The graded responses observed for certain individual protective behaviors as well as multiple combined behaviors offers strong evidence and support for causal inference despite the limitations of the observational study design.

The first limitation of our study is the potential for recall bias given the long disease incubation period, potential for differential recall if patients were

more aware of hypothesized transmission pathways than controls, and potential effects of seasonality on recall by matched controls who were recruited after the patients. Second, potential selection bias was noted because of differential participation between patients and controls; younger patients were more likely to participate than younger control participants, and a greater proportion of holiday homeowners existed among BU cases. Despite those limitations, survey completion in this study was rapid (within 2 months of diagnosis for most cases) compared with the previous case-control study in Victoria (18), which had a median completion rate of 1.5 years postdiagnosis. We adjusted all analyses for age and sex, and the postcode-matched design helped account for unmeasured socioeconomic and environmental differences across the BU-endemic areas. By analyzing results for the entire cohort and separately for residents only, we found strong associations among the resident cohort and differential effects of home ownership. Finally, our findings are relevant to Victoria, Australia, and might offer insights relevant to other areas; however, those data might not be immediately generalizable to other parts of the world.

In conclusion, our study identifies environmental and host factors associated with BU and simple behaviors relating to skin hygiene and protection that appear to mitigate the risk of developing BU. We highlight areas that warrant further investigation, particularly the potential role of the BCG vaccine in mitigating BU risk. Our findings are essential to inform public health strategies for BU prevention, especially for persons at highest risk in BU-endemic areas who work outdoors and those with diabetes.

### Acknowledgments

We thank Loretta Vaughan for help with accessing the Victoria Population Health Survey database, all persons who assisted with questionnaire deployment, and all project participants.

This study was funded by a National Health and Medical Research Council Partnership Project Grant (GNT1152807) led by Professor T. Stinear. The funder of the study had no role in study design, data collection, data analysis, data interpretation, or writing of the report.

Deidentified participant data and questionnaires may be shared on a collaborative basis upon reasonable request made to D.P.O. (daniel.o'brien@barwonhealth.org.au) or E.A. (eugene.athan@barwonhealth.org.au). Requesting researchers will be required to submit an analysis plan and obtain relevant ethics approval.

## About the Author

Dr. McNamara is an epidemiologist at the Barwon South West Public Health Unit and honorary senior research fellow at the Centre for Epidemiology and Biostatistics at the University of Melbourne. Her research interests focus on social and health equity and applied epidemiology for disease outbreak management and primary prevention, particularly for Buruli ulcer and COVID-19.

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# Comprehensive Case–Control Study of Protective and Risk Factors for Buruli Ulcer, Southeastern Australia

## Appendix

### Additional Methods

#### Variable Creation for Analysis

We presented details of the items, response categories, and collapsed categories for analysis (Appendix Table 3). In brief, responses to questions with frequency scales (e.g., never, sometimes, usually, always) were collapsed into binary categories in most instances to ensure sufficient numbers within each category for analysis. A hierarchical variable indicating the timeliness of tending to wounds was devised: category 1, persons usually/always tending cuts/scratches immediately; category 2, persons who usually/always tended cuts/scratches eventually; category 3 (reference category), all other responses, including persons leaving cuts/scratches to heal naturally.

#### Statistical Methods

Two participant samples were examined to explore effects of the higher proportion of holiday homeowners among cases than controls: full participant sample (comprising permanent resident and holiday homeowners) and permanent residents only. Percentages of missing data were low for most variables; if the percentage of missing data was >10%, a separate category for data missing exposure information was included in the model unless otherwise stated. Greater percentages of missing data per line item were observed for variables when participants were asked to select a frequency response (never, sometimes, usually, always) for each row of the table (e.g., whether they treated wounds, immediately, eventually, left them to heal naturally, or

other response), which might have been caused by a misunderstanding by some participants that only the line response most appropriate to them required a response.

### **Exploratory Factor Analysis for Potentially Protective Behaviors**

Clustering of potentially protective behaviors with underlying protective factors was performed by using exploratory factor analysis. Analysis was performed by using the `factomat` command in Stata 16 (StataCorp LLC, <https://www.stata.com>), calibrating to the mean and SD matrices of the included variables, and rotating factor loadings obtained using the `promax` (oblique) rotation to define correlations between the derived factors. Absolute rotated factor loadings  $>0.3$  were retained. Eigenvalues (screeplot) and the Akaike information criterion for the potential models were considered in the selection of the number of (underlying) factors retained in final factor structure; the 2-factor model was selected according to those criteria and used as a model to explain most of the variance between variables; the model had a structure that made conceptual sense.

The relationships between potentially protective health behaviors and BU case status were examined in 3 ways: individual behaviors compared with their respective reference category; categorical variables measuring the number of individual behaviors from all potentially protective behaviors and identified protective behaviors (those with odds ratio indicating a protective association) to assess effects of multiple behaviors; and as odds of BU per single unit increase in continuous factor scores for the 2 derived factors (underlying protective concepts). Age- and sex-adjusted odds of BU for each of the potential risk or protective factors were obtained.

### **Sensitivity Analysis**

A post-hoc sensitivity analysis was conducted to explore the robustness of the observed relationship between BCG vaccination and BU case status, given the novelty and potential significance of this finding and the number of participants reporting they were unsure if they had received the vaccine. This analysis explored the relationship between BCG vaccination and BU in age-restricted participant samples; participants were restricted to those 47–70 years of age who would have been eligible for BCG vaccination provided as part of the routine vaccination schedule for school children in Victoria from the 1950s to 1985 (22 in main text). Participants reporting receipt of BCG vaccination and those who were unsure were classified in a single

category (under the assumption of likely vaccination through routine vaccination) and compared with age-matched participants who reported they did not receive the vaccination.

**Appendix Table 1.** List of postcodes included in the study areas and designated risk category at the time of the study\*

Endemic areas	Suburb names	Risk category
<b>South Eastern Bayside</b>		
3186	Brighton, Victoria	Low
3190	Highett	Low
3192	Highett, Cheltenham (Victoria), Beaumaris (Victoria)	Low
3193	Black Rock (Victoria), Beaumaris (Victoria)	Medium
3195	Parkdale, Mordialloc, Braeside, Waterways, Aspendale Gardens, Aspendale	Low
3196	Edithvale, Bonbeach, Chelsea, Chelsea Heights	Low
<b>3191</b>	Sandringham (Victoria)	Low
<b>3194</b>	Mentone, Moorabbin Airport	Low
<b>Frankston</b>		
3198	Seaford (Victoria)	Medium
3199	Frankston, Frankston South	Medium
3910	Langwarrin	Low
<b>Mornington Peninsula</b>		
3930	Mount Eliza	Low
3931	Mornington (Victoria)	Low
3934	Mount Martha	Low
3936	Dromana, Safety Beach (Victoria), Arthurs Seat	Low
3938	McCrae	Low
3939	Rosebud, Boneo, Cape Schanck, Fingal (Victoria)	High
3940	Capel Sound	High
3941	Rye, Tootgarook, St Andrews Beach	High
3942	Blairstown	High
3943	Sorrento (Victoria)	High
3944	Portsea	Low
<b>Bellarine Peninsula</b>		
<b>3216</b>	Highton, Belmont (Victoria), Wandana Heights, Grovedale, Wurn Ponds, Marshall	Low
3222	Clifton Springs, Drysdale, Wallington, Curlewis (Victoria), Mannerim, Marcus Hill	Low
3223	Indented Head, St Leonards (Victoria), Portarlington, Bellarine	Low
3226	Ocean Grove	Medium
3227	Connewarre, Barwon Heads, Breamlea, Connewarre, Breamlea	Medium
3225	Point Lonsdale, Queenscliff (Victoria), Point Lonsdale, Swan Bay (Victoria), Swan Island, Swan Bay (Victoria)	Medium
<b>Aireys Inlet and surrounds</b>		
<b>3230</b>	Anglesea	Low
3231	Eastern View, Fairhaven, Aireys Inlet, Moggs Creek, Big Hill (Surf Coast, Victoria)	Low

\*Postcodes in bold text were not included in the participant study sample.

**Appendix Table 2.** Variables, questionnaire items, and response and collapsed categories used for analyses\*

Displayed variable	Questionnaire item	Response categories	Collapsed categories
Employment status	What is your employment status? (tick as many boxes as fits)	Employed; student; home duties; retired; unemployed	1, Employed; 2, Unpaid employment (student, home duties, unemployed if not also employed); 3, Retired
Occupation exposure risk (for those working in affected areas only)	What is your employment status? If employed, do you work from home? If "No," is your job based in the affected area? What proportion of your time do you spend outside as part of your occupation? Are you in contact with the soil during your work?	As above: no, yes; no, yes; time outside: none, <1/4, 1/4 -3/4, >3/4; no, yes, sometimes	If employed and working at home for permanent residents or jobs based in the affected area: Indoor: proportion spent outside = none; Outdoors, without soil contact: proportion outdoors >1/4 and no soil contact; Outdoor with soil contact: proportion outdoors >1/4 and yes soil contact (yes/sometimes)
Skin injuries at work (those working in affected areas only)	Do you ever get injuries to the skin on your limbs at work?	no, yes, sometimes	If employed and based in affected areas, no, yes (yes/sometimes)
Long sleeves and pants (those working outdoors in affected areas)	Do you wear long sleeved shirts and long pants when you work?	no, yes, sometimes	If employed and based in affected areas, no, yes (yes/sometimes)
Gardening	How often do your garden?	Daily, weekly, monthly, rarely, I do not garden	No, don't garden/rarely; Yes, garden (daily, weekly, monthly)
Gardening frequency	How often do your garden?	Daily, weekly, monthly, rarely, I do not garden	Rarely/I do not garden; monthly, weekly, daily
Gardening injury frequency	When you garden, do you injure yourself (e.g. with thorns)?	Frequently, occasionally, never	Frequently, occasionally, never
Outdoor activities	Please estimate the number of days you engage in any of these activities when you are in the affected area during each 6-month period. If you do not do the activity, please leave the row blank.	NA	NA
Beach walks/jogging	Please estimate the number of days you engage in any of these activities when you are in the affected area during each 6-month period. If you do not do the activity, please leave the row blank.	Number of days (Sep–Feb, out of 181 d); Number of days (Mar–Aug, out of 184 d)	No, zero days/blank response; Yes, any days reported
Wetland walks/jogging	Please estimate the number of days you engage in any of these activities when you are in the affected area during each 6-month period. If you do not do the activity, please leave the row blank.	Number of days (Sep–Feb, out of 181 d); Number of days (Mar–Aug, out of 184 d)	No, zero days/blank response; Yes, any days reported
Bushwalking	Please estimate the number of days you engage in any of these activities when you are in the affected area during each 6-month period. If you do not do the activity, please leave the row blank.	Number of days (Sep–Feb, out of 181 d); Number of days (Mar–Aug, out of 184 d)	No, zero days/blank response; Yes, any days reported
Golf	Please estimate the number of days you engage in any of these activities when you are in the affected area during each 6-month period. If you do not do the activity, please leave the row blank.	Number of days (Sep–Feb, out of 181 d); Number of days (Mar–Aug, out of 184 d)	No, zero days/blank response; Yes, any days reported
Sports on an oval (e.g., AFL, soccer, rugby)	Please estimate the number of days you engage in any of these activities when you are in the affected area during each 6-month period. If you do not do the activity, please leave the row blank.	Number of days (Sep–Feb, out of 181 d); Number of days (Mar–Aug, out of 184 d)	No, zero days/blank response; Yes, any days reported
Swimming in local lakes/rivers	Please estimate the number of days you engage in any of these activities when you are in the affected area during each 6-month period. If you do not do the activity, please leave the row blank.	Number of days (Sep–Feb, out of 181 d); Number of days (Mar–Aug, out of 184 d)	No, zero days/blank response; Yes, any days reported



Displayed variable	Questionnaire item	Response categories	Collapsed categories
Sailing	Please estimate the number of days you engage in any of these activities when you are in the affected area during each 6-month period. If you do not do the activity, please leave the row blank.	Number of days (Sep–Feb, out of 181 d); Number of days (Mar–Aug, out of 184 d)	No, zero days/blank response; Yes, any days reported
Outdoor barbecues	Please estimate the number of days you engage in any of these activities when you are in the affected area during each 6-month period. If you do not do the activity, please leave the row blank.	Number of days (Sep–Feb, out of 181 d); Number of days (Mar–Aug, out of 184 d)	No, zero days/blank response; Yes, any days reported
Other activities (please state)	Please estimate the number of days you engage in any of these activities when you are in the affected area during each 6-month period. If you do not do the activity, please leave the row blank.	Number of days (Sep–Feb, out of 181 d); Number of days (Mar–Aug, out of 184 d)	No, zero days/blank response; Yes, any days reported
Any reported outdoor activities	Derived count	NA	No, no outdoor activities; Yes, any of the above or other outdoor activities reported
Days of outdoor activities in warmer months	Please estimate the number of days you engage in any of these activities when you are in the affected area during each 6-month period. If you do not do the activity, please leave the row blank.	Number of days (Sep–Feb, out of 181 d)	Addition of all reported days for warmer months (Sep–Feb): 1, lowest tertile (including none); 2, 3, highest tertile
Days of outdoor activities in cooler months	Please estimate the number of days you engage in any of these activities when you are in the affected area during each 6-month period. If you do not do the activity, please leave the row blank.	Number of days (Mar–Aug, out of 184 d)	Addition of all reported days for cooler months (Mar–Aug): 1, lowest tertile (including none); 2, 3, highest tertile
Wildlife seen on or around property in affected area	Do you see wild or feral mammals (e.g., possums, koalas, fruit bats, bandicoots, foxes, rodents) on and around your property or holiday accommodation in the affected area?	Yes, what species?; no	Bats (no, yes); foxes (no, yes); rabbits (no, yes);
Rodents (exotic or native or reported rodent activity related to pest control)	Do you see wild or feral mammals (e.g., possums, koalas, fruit bats, bandicoots, foxes, rodents) on and around your property or holiday accommodation in the affected area? What kind of pests are controlled at your property? Do you see signs of rodent activity around your property? (e.g., feces, nibbled containers)	Yes, what species? No. Pests: insects, rodents, possums, birds, other (please state); no, yes	Yes, exotic or native rodents observed, rodent pests, or yes to rodent activity
Possums, possum species	If you aware of possums on your property/holiday accommodation, do you know what kind they are?	Not sure, ringtail, brushtail, NA	Possums, yes, or possums identified in wildlife question
If possums, frequency of presence	If possums are on your property, how often are they present?	Frequently/always; occasionally	Never/occasionally; frequently/always
Number of possums present	Do you know how many possums are present?	1–2, 3–5, >5, not sure	1–2, 3–5, >5, not sure
Possum feces in surroundings of property	Do you find possum feces in the surroundings of your property or holiday accommodation in the affected area?	No; yes, but only small amounts; yes, large amounts; unsure	No; yes, but only small amounts; yes, large amounts; unsure
Pets: dog, cat, bird, other	Do you have any pets(s)? If you answered yes to question 16a, what pet do you have?	no, yes; dog, cat, bird, other (please specify)	no, yes
Wounded by pet	If you answered yes to question 16a, do you get bitten, scratched, or injured by your pet?	Frequently, occasionally, never	Never/no pet, occasionally/frequently
Pet has fleas	If you answered yes to question (pets), does your pet ever have fleas?	no, yes	no/no pet, yes
Regularity of contact with livestock	How regular is your contact with livestock in the affected area (including horses)?	Frequent (>1×/mo), occasional (<1×/mo), never	Never, occasional/frequent

Displayed variable	Questionnaire item	Response categories	Collapsed categories
Drinking	What sort of water do you use for the following purpose (please check which applies)? Drinking: town water, unfiltered; town water, filtered; tank rain water, unfiltered; tank rain water, filtered; bore water; bottled water	Always, usually, sometimes, never	No (never); yes (sometimes/usually/always)
Skin Contact	What sort of water do you use for the following purpose (please check which applies)? Bathing/showering: town water, tank rain water, bore water; Gardening: town water, tank rain water, bore water	Always, usually, sometimes, never	Combining bathing/showering and gardening responses: no (never); yes (sometimes/usually/always)
Bird bath	Do you have a birdbath in your property in the affected area?	no, yes	no, yes
Other water sources	Do you have another type of water feature on your property in the affected area (e.g., sculpture, bowl, swimming pool, etc.)?	no, yes (please specify)	None (no), bowl/dish/drain/pot/other, pond, water feature, pool, water tank/various
Pond at the property	Do you have another type of water feature in your property in the affected area (e.g., sculpture, bowl, swimming pool, etc.)?	Pond specified	no, yes (pond specified)
Potting mix, fertilizer	Do you use any of these products?	yes, no; brand name, how often per year, where purchased	No, yes
Top soil or mulch (previous 12 mo)	In the past 12 months, have you had topsoil or mulch delivered or purchased for your garden in the affected area?	No, yes (if yes, topsoil, mulch?)	No, yes
Major renovations (previous 12 mo)	Have you had any major renovations (involving earthworks and landscaping) on your property in the affected area in the past 12 mo?	No, yes (describe), unknown	No, yes
Earthworks (previous 12 mo)	Have there been any earthworks or major renovations in the immediate area outside your home in the affected area in the past 12 mo?	No, yes (describe), unknown	No, yes, unknown
Sewerage	How is sewage disposed of at your property?	Main sewerage system, septic tank, other, unknown	Main sewerage system, septic tank (includes those with septic and mains sewerage), other (other/unknown)
Sewerage works (previous 12 mo)	Have you had sewerage works on your house or near your house (i.e. in the same street/neighboring street) in the last 12 mo?	No, yes, unknown	No, yes, unknown
Frequent presence at residence/holiday home: mosquitoes, March flies, sand flies (midges), other biting insects	Are these biting insects frequently seen around your home or holiday residence in the affected area? (Please tick as many as applicable) Picture and adults size description to help with identification.	Check box, please specify for other	No, yes (if checked)
Frequency of being bitten: mosquitoes, March flies, sand flies (midges), other insects	How often do you get bitten by mosquitoes? How often do you get bitten by March flies? How often do you get bitten by sand flies (midges)? How often do you get bitten by other insects?	Frequently, occasionally, never	Never, occasionally/frequently
Tendency to scratch insect bites	Do you tend to scratch your insect bites?	I never get bitten, no, yes	No/never get bitten, yes
Any pest control	How often do you have to control for pests at your property in the affected area?	Frequently (>1x/y), occasionally (<1x/y), never	Frequent, occasional, never
Pest control: insect, possum, rodent	What kind of pests are controlled at your property?	Check box, please specify for other	no, yes
Covers preexisting wounds with dressing	If you have a preexisting cut or scratch or other wound when you go out to garden, are working, or	Always, usually, sometimes, never (for each row)	Response to question (a) always/usually; never/sometimes/missing

Displayed variable	Questionnaire item	Response categories	Collapsed categories
	take part in other outdoor activities in the affected area, do you generally: (please tick a response for each row): (a) ensure the area is covered with a dressing; (b) leave it open to the air; (c) other (please specify)		
Timeliness of tending to cuts and scratches from outdoors (hierarchical derived variable)	If you cut or scratch yourself during gardening, working outside, or outdoor activities, do you generally (please tick a response for each row): (a) immediately stop what you are doing and wash the area, then apply antiseptic or dressings (bandaids, etc.) to the area; (b) eventually clean and apply antiseptic or dressings to the area when activity is completed; (c) leave the area to heal naturally (i.e., do not apply dressings or antiseptic); (d) other (please specify)?	Always, usually, sometimes, never (for each row)	Immediately (wash and dressing or antiseptic), if usually/always for question (a); eventually (wash and dressing or antiseptic), if not immediately and usually/always for question (b); leaves to heal naturally or other response, if not either immediately or eventually, or any other response, including missing
Tending to cuts/scratches immediately (binary)	If you cut or scratch yourself during gardening, working outside, or outdoor activities, do you generally (please tick a response for each row): (a) immediately stop what you are doing and wash the area, then apply antiseptic or dressings (bandaids, etc.) to the area?	Always, usually, sometimes, never (for each row)	Response to question (a): always/usually; never/sometimes/missing
Washes hands after outdoor activity; showers after outdoor activity	After gardening or working outdoors do you: (a) shower immediately, (b) wash your hands, (c) other (please specify)?	Always, usually, sometimes, never (for each row, but no specific instruction to complete each row)	Never/sometimes, usually/always
Clothing covering arms and legs	When you are gardening or involved in outdoor activities, do you usually: (a) cover your arms (i.e., you wear long sleeved t-shirts, etc.), (b) cover your legs (i.e., you wear long pants, etc.)?	Always, usually, sometimes, never (for each row, but no specific instruction to complete each row)	Never/sometimes/seasonally; usually/always for (a) or (b), either arms or legs; usually/always for (a) and (b), both arms and legs
Gardening gloves	Do you wear gloves when you garden?	Always, usually, sometimes, never	Never, sometimes/usually/always
Shoes other than thongs (warmer months)	Do you wear open shoes (e.g., thongs, sandals) outside during the following months when you are in the affected area (please tick the appropriate boxes to indicate how often you wear them)? Warmer months (Sep–Feb)	Always, usually, sometimes, never	Never/sometimes (for those responding that they usually/always wear open shoes); usually/always (for those responding that they never or sometimes wear open shoes)
Multiple examined behaviors	Derived count	Derived from counts of all potentially protective behaviors examined: 1, covers preexisting wounds; 2, tends to cuts and scratches immediately; 3, washes hands; 4, showers after outdoor activity; 5, insect repellent use in warm months; 6, clothing coverage; 7, gardening gloves; 8, closed shoes outside in warm months	0–1, 2–3, 4–5, ≥6
Multiple behaviors identified as protective	Derived count	1, tends to cuts and scratches immediately; 2, clothing coverage of arms and legs; 3, insect repellent use in warm months	None, 1, 2, 3

\*AFL, Australian football league; NA, not applicable.

**Appendix Table 3.** Medical history of patients and controls (all participants, residents only) and associations with Buruli ulcer\*

Medical history	All participants			Residents only		
	Controls	Cases	aOR† (95% CI)	Controls	Cases	aOR† (95% CI)
No. participants	481	245	NA	469	171	NA
Diabetes						
No	458 (96)	224 (92)	1.0	446 (96)	154 (91)	1.0
Yes	19 (4)	19 (8)	2.26 (1.13–4.49)	19 (4)	15 (9)	2.33 (1.13–4.80)
Hypothyroidism						
No	455 (95)	230 (94)	1.0	443 (95)	159 (94)	1.0
Yes	22 (5)	13 (5)	1.58 (0.76–3.31)	22 (5)	10 (6)	1.64 (0.74–3.64)
Kidney disease						
No	475 (99)	240 (98)	1.0	463 (99.6)	168 (99.4)	1.0
Yes	2 (0.4)	3 (1)	2.97 (0.48–18.34)	2 (0.4)	10 (0.6)	1.62 (0.14–18.71)
Liver cirrhosis						
No	475 (99.6)	243 (99)	NA	463 (99.6)	169 (100)	NA
Yes	2 (0.4)	0 (0)	NA	2 (0.4)	0 (0)	NA
HIV						
No	477 (100)	243 (100)	NA	465 (100)	169 (100)	NA
Yes	0 (0)	0 (0)	NA	0 (0)	0 (0)	NA
Cancer						
No	435 (91)	225 (93)	1.0	424 (91)	158 (93)	1.0
Yes	42 (9)	18 (7)	0.87 (0.48–1.57)	41 (9)	11 (7)	0.69 (0.35–1.40)
Pregnancy						
No	477 (100)	241 (99)	NA	465 (100)	167 (99)	NA
Yes	0 (0)	2 (0.8)	NA	0 (0)	2 (1)	NA
Any reported immune-compromising condition, excluding cancer and diabetes						
No	458 (95)	228 (93)	1.0	446 (95)	162 (95)	1.0
Yes	23 (5)	17 (7)	1.55 (0.80–3.01)	23 (5)	9 (5)	1.13 (0.51–2.54)
Medication: prednisolone						
No	441 (92)	181 (74)	1.0	430 (92)	122 (71)	1.0
Yes	17 (4)	18 (7)	2.56 (1.28–5.13)	16 (3)	13 (8)	2.71 (1.26–5.82)
prednisolone response missing	23 (5)	46 (19)	4.65 (2.71–7.98)	23 (5)	36 (21)	5.25 (2.80–9.23)
Tobacco-smoking habits						
Nonsmoker	431 (90)	214 (89)	1.0	421 (91)	146 (87)	1.0
Irregular	15 (3)	9 (4)	0.97 (0.40–2.34)	13 (3)	6 (4)	1.17 (0.42–3.29)
Regular	31 (7)	18 (7)	1.05 (0.57–1.98)	31 (7)	16 (10)	1.38 (0.73–2.63)
BCG tuberculosis vaccination						
No	112 (23)	70 (29)	1.0	109 (23)	48 (28)	1.0
Yes	220 (46)	75 (31)	0.59 (0.39–0.90)	215 (46)	51 (30)	0.56 (0.35–0.89)
Unsure	149 (31)	100 (41)	1.04 (0.70–1.57)	145 (31)	72 (42)	1.10 (0.70–1.72)
Timing of last BCG tuberculosis vaccination (if vaccinated)						
Within 20 y	14 (6)	6 (8)	0.96 (0.30–3.08)	14 (7)	4 (8)	1.40 (0.36–5.42)
>20 y	175 (80)	57 (76)	1.0	170 (79)	36 (71)	1.0
Missing	31 (14)	12 (16)	1.15 (0.55–2.41)	31 (14)	11 (22)	1.91 (0.84–4.34)

\*Values are no. (%) except as indicated. aOR, adjusted odds ratio; BCG, Bacille Calmette-Guérin; NA, not applicable.

†Adjusted for age and sex.



**Appendix Table 4.** Occupational exposure-related factors according to case study and control populations (all participants, residents only) and associations with Buruli ulcer\*

Exposure-related factors	All participants			Residents only		
	Controls	Cases	aOR† (95% CI)	Controls	Cases	aOR† (95% CI)
No. participants	481	245	NA	469	171	NA
Occupation exposure risk‡						
Indoor	57 (48)	11 (28)	1.0	57 (49)	10 (29)	1.0
Outdoor, no soil contact	20 (17)	9 (23)	2.11 (0.70–6.38)	19 (16)	9 (26)	2.15 (0.70–6.58)
Outdoor, with soil contact	42 (35)	20 (50)	2.89 (1.01–8.25)	41 (35)	16 (46)	2.67 (0.87–8.22)
Proportion of time spent outside as part of job‡						
None	56 (47)	11 (27)	1.0	56 (47)	10 (28)	1.0
<0.25	23 (19)	10 (24)	2.20 (0.80–6.10)	22 (19)	8 (22)	1.93 (0.62–6.02)
0.25–0.75	15 (13)	11 (27)	4.12 (1.25–13.57)	14 (12)	9 (25)	3.56 (1.03–6.02)
>0.75	26 (22)	9 (22)	1.63 (0.59–4.50)	26 (22)	9 (25)	2.03 (0.57–7.28)
Skin injuries at work‡						
No	55 (48)	17 (43)	1.0	54 (48)	15 (43)	1.0
Yes/Sometimes	60 (52)	23 (58)	1.03 (0.45–2.37)	59 (52)	20 (57)	1.03 (0.42, 2.49)
Long sleeves and pants§						
No	18 (29)	10 (34)	1.0	17 (28)	9 (36)	1.0
Yes/Sometimes	44 (71)	19 (66)	0.85 (0.31–2.34)	43 (72)	16 (64)	0.85 (0.30–2.43)

\*Values are no. (%) except as indicated. aOR, adjusted odds ratio, NA, not applicable.

†Adjusted for age and sex.

‡For persons working in affected areas only.

§For persons working outdoors in affected areas.

**Appendix Table 5.** Animal exposures (wildlife, pets, other animals) according to case study and control populations and associations with Buruli ulcer\*

Animal exposures†	All participants			Residents only		
	Controls	Cases	aOR‡ (95% CI)	Controls	Cases	aOR‡ (95% CI)
No. participants	481	245	NA	469	171	NA
Bats						
No	434 (92)	226 (92)	1.0	424 (92)	155 (91)	1.0
Yes	41 (9)	19 (8)	0.81 (0.44–1.47)	39 (8)	16 (9)	0.97 (0.51–1.83)
Foxes						
No	267 (56)	153 (62)	1.0	259 (56)	100 (58)	1.0
Yes	208 (44)	92 (38)	0.66 (0.47–0.92)	204 (44)	71 (42)	0.83 (0.56–1.22)
Rodents, exotic or native or reported rodent activity related to pest control						
No	166 (35)	97 (40)	1.0	161 (35)	61 (36)	1.0
Yes	311 (65)	148 (60)	0.78 (0.56–1.08)	304 (65)	110 (64)	0.98 (0.67–1.43)
Rabbits						
No	452 (95)	241 (98)	1.0	441 (95)	167 (98)	1.0
Yes	23 (5)	4 (2)	0.30 (0.10–0.91)	22 (5)	4 (2)	0.45 (0.15–1.40)
Possums						
No	51 (11)	11 (4)	1.0	49 (11)	4 (2)	1.0
Yes	425 (89)	234 (96)	2.33 (1.15–4.71)	415 (89)	167 (98)	5.30 (1.82–15.49)
If possums, brushtail						
No	266 (63)	147 (64)	1.0	259 (63)	102 (62)	1.0
Yes	155 (37)	84 (36)	0.92 (0.65–1.30)	152 (37)	63 (38)	0.92 (0.63–1.37)
If possums, ringtail						
No	150 (36)	80 (35)	1.0	145 (35)	51 (31)	1.0
Yes	271 (64)	151 (65)	1.03 (0.73–1.46)	266 (65)	114 (69)	1.20 (0.81–1.79)
If possums, unsure of type	124 (29)	66 (28)	NA	120 (29)	41 (25)	NA
If possums, frequency of presence						
Never/occasionally	116 (28)	57 (25)	1.0	113 (28)	44 (27)	1.0
Frequently/always	302 (72)	173 (75)	1.04 (0.72–1.51)	295 (72)	121 (73)	1.05 (0.69–1.58)
No. possums present						
0	47 (10)	10 (4)	1.0	45 (10)	4 (2)	1.0
1–2	120 (25)	54 (22)	1.95 (0.89–4.27)	117 (25)	44 (26)	4.52 (1.48–13.81)
3–5	82 (17)	59 (24)	2.93 (1.31–6.53)	80 (17)	38 (22)	5.51 (1.76–17.23)
>5	51 (11)	36 (15)	3.07 (1.30–7.21)	51 (11)	24 (14)	6.06 (1.85–19.83)
Not sure	176 (37)	85 (35)	2.20 (1.02–4.76)	171 (37)	60 (35)	4.54 (1.50–13.79)
Possum feces in surroundings of property						
No	95 (20)	28 (12)	1.0	93 (20)	22 (13)	1.0
Yes, small amounts	179 (38)	84 (35)	1.44 (0.85–2.42)	174 (38)	59 (35)	1.41 (0.79–2.51)
Yes, large amounts	143 (30)	95 (40)	1.97 (1.16–3.34)	139 (30)	65 (38)	1.88 (1.05–3.36)
Unsure	57 (12)	33 (14)	1.78 (0.95–3.34)	56 (12)	23 (14)	1.66 (0.83–3.32)
Feeding birds grain, seed, etc. in garden						
No	309 (64)	174 (71)	1.0	299 (64)	115 (67)	1.0

Animal exposures†	All participants			Residents only		
	Controls	Cases	aOR‡ (95% CI)	Controls	Cases	aOR‡ (95% CI)
Yes/sometimes	171 (36)	71 (29)	0.75 (0.53–1.07)	169 (36)	56 (33)	0.86 (0.59–1.27)
Pet bird						
No	444 (93)	237 (97)	1.0	432 (93)	164 (96)	1.0
Yes	33 (7)	8 (3)	0.45 (0.20–1.01)	33 (7)	7 (4)	0.54 (0.23–1.29)
Pet cat						
No	409 (86)	208 (85)	1.0	398 (85)	141 (82)	1.0
Yes	69 (14)	37 (15)	0.99 (0.63–1.56)	68 (15)	30 (18)	1.10 (0.68–1.80)
Pet dog						
No	272 (57)	128 (52)	1.0	264 (57)	91 (53)	1.0
Yes	207 (43)	117 (48)	1.15 (0.83–1.60)	203 (43)	80 (47)	1.11 (0.77–1.61)
Pet, other						
No	448 (93)	236 (96)	1.0	437 (93)	163 (95)	1.0
Yes	33 (7)	9 (4)	0.45 (0.20–0.98)	32 (7)	8 (5)	0.60 (0.27–1.37)
Wounded by pets						
Never/no pet	378 (79)	217 (89)	1.0	367 (79)	146 (85)	1.0
Occasional/frequent	99 (21)	28 (11)	0.42 (0.28–0.72)	98 (21)	25 (15)	0.57 (0.35–0.93)
Pet has fleas						
No/no pet	396 (86)	206 (87)	1.0	384 (86)	138 (84)	1.0
Yes	62 (14)	31 (13)	0.96 (0.59–1.55)	62 (14)	27 (16)	1.16 (0.70–1.94)
Regularity of contact with livestock						
Never	392 (91)	212 (91)	1.0	385 (91)	144 (88)	1.0
Occasional/frequent	41 (9)	20 (9)	0.88 (0.48–1.62)	38 (9)	19 (12)	1.41 (0.75–2.66)
Tea trees§						
No	154 (33)	51 (21)	1.0	151 (33)	40 (24)	1.0
Yes	312 (67)	189 (79)	1.59 (1.07–2.37)	303 (67)	129 (76)	1.72 (1.10–2.69)

\*Values are no. (%) except as indicated. aOR, adjusted odds ratio; NA, not applicable.

†Wildlife seen on or around property in affected areas.

‡Adjusted for age and sex.

§Common habitat for possums.

**Appendix Table 6.** Water usage and environmental water sources according to case study and control populations and associations with Buruli ulcer\*

Water use and sources	All participants			Residents only		
	Controls	Cases	aOR† (95% CI)	Controls	Cases	aOR† (95% CI)
No. participants	481	245	NA	469	171	NA
Drinking unfiltered town water						
No	124 (26)	40 (16)	1.0	118 (25)	27 (16)	1.0
Yes	354 (74)	204 (84)	1.57 (1.05–2.36)	348 (75)	143 (84)	1.65 (1.03–2.63)
Drinking filtered town water						
No	280 (59)	167 (68)	1.0	277 (60)	114 (67)	1.0
Yes	197 (41)	77 (32)	0.64 (0.46–0.90)	188 (40)	56 (33)	0.74 (0.51–1.07)
Drinking bore water						
No	18 (4)	18 (7)	1.0	461 (99)	169 (99)	1.0
Yes	463 (96)	226 (93)	0.20 (0.02–1.74)	5 (1)	1 (1)	0.34 (0.04–3.04)
Drinking bottled water						
No	319 (67)	152 (62)	1.0	311 (67)	104 (61)	1.0
Yes	159 (33)	92 (38)	1.08 (0.77–1.52)	155 (33)	66 (39)	1.16 (0.79–1.71)
Skin contact with town water, bathing/gardening						
No	1 (0.2)	1 (0.4)	1.0	1 (0.2)	1 (1)	1.0
Yes	475 (99.8)	242 (99.6)	0.49 (0.03–7.85)	463 (99.8)	168 (99)	0.33 (0.02–5.43)
Skin contact with tank water, bathing/gardening						
No	321 (67)	181 (74)	1.0	311 (67)	120 (71)	1.0
Yes	155 (33)	62 (26)	0.77 (0.54–1.10)	153 (33)	49 (29)	0.83 (0.56–1.23)
Skin contact with gray water, bathing/gardening						
No	439 (93)	228 (95)	1.0	429 (93)	158 (93)	1.0
Yes	35 (7)	13 (6)	0.79 (0.40–1.55)	33 (7)	11 (7)	0.97 (0.47–2.00)
Skin contact with bore water, bathing/gardening						
No	392 (82)	181 (74)	1.0	385 (83)	129 (76)	1.0
Yes	84 (18)	62 (26)	1.34 (0.90–2.02)	79 (17)	40 (24)	1.56 (0.98–2.50)
Bird bath						
No	224 (47)	127 (52)	1.0	217 (47)	76 (44)	1.0
Yes	252 (53)	117 (48)	0.95 (0.68–1.33)	247 (53)	95 (56)	1.30 (0.88–1.90)
Other water sources						
None	254 (55)	135 (57)	1.0	247 (55)	87 (53)	1.0
Bowl/dish/drain/pot/other	61 (13)	28 (12)	0.90 (0.54–1.49)	60 (13)	19 (12)	0.89 (0.50–1.60)
Pond	45 (10)	30 (13)	1.34 (0.79–2.26)	44 (10)	26 (16)	1.59 (0.91–2.79)

Water use and sources	All participants			Residents only		
	Controls	Cases	aOR† (95% CI)	Controls	Cases	aOR† (95% CI)
No. participants	481	245	NA	469	171	NA
Water feature	31 (7)	11 (5)	0.74 (0.35–1.56)	31 (7)	7 (4)	0.67 (0.27–1.62)
Pool	41 (9)	19 (8)	0.66 (0.36–1.22)	39 (9)	11 (7)	0.65 (0.31–1.35)
Water tank/various	27 (6)	15 (6)	1.02 (0.52–2.01)	27 (6)	14 (9)	1.31 (0.65–2.64)
Pond at the property						
No	436 (91)	215 (88)	1.0	425 (91)	145 (85)	1.0
Yes	45 (9)	30 (12)	1.46 (0.88–2.42)	44 (9)	26 (15)	1.69 (0.99–2.89)

\*Values are no. (%) except as indicated. aOR, adjusted odds ratio, NA, not applicable.

†Adjusted for age and sex.

**Appendix Table 7.** Environmental sources related to soil and sewerage according to case study and control populations and associations with Buruli ulcer\*

Exposure sources	All participants			Residents only		
	Controls	Cases	a OR† (95% CI)	Controls	Cases	aOR† (95% CI)
No. participants	481	245	NA	469	171	NA
Potting Mix						
No	98 (21)	80 (34)	1.0	93 (20)	36 (22)	1.0
Yes	370 (79)	156 (66)	0.56 (0.39–0.82)	363 (80)	130 (78)	0.97 (0.62–1.54)
Fertilizer						
No	132 (29)	78 (35)	1.0	128 (29)	42 (27)	1.0
Yes	323 (71)	142 (65)	0.76 (0.53–1.10)	315 (71)	112 (73)	1.08 (0.70–1.66)
Top soil, last 12 mo						
No	405 (86)	207 (86)	1.0	398 (86)	143 (85)	1.0
Yes	68 (14)	34 (14)	0.88 (0.56–1.39)	64 (14)	25 (15)	1.04 (0.63–1.74)
Mulch, last 12 mo						
No	295 (63)	163 (68)	1.0	288 (63)	117 (70)	1.0
Yes	176 (37)	76 (32)	0.75 (0.53–1.06)	172 (37)	50 (30)	0.72 (0.48–1.07)
Major renovations, last 12 mo						
No	392 (83)	200 (84)	1.0	381 (83)	142 (86)	1.0
Yes	80 (17)	39 (16)	0.86 (0.55–1.32)	79 (17)	24 (14)	0.80 (0.48–1.33)
Earthworks, last 12 mo						
No	281 (61)	113 (68)	1.0	281 (61)	113 (68)	1.0
Yes	144 (31)	42 (25)	0.71 (0.49–1.03)	144 (31)	42 (25)	0.74 (0.49–1.13)
Unknown	36 (8)	12 (7)	1.21 (0.70–2.09)	36 (8)	12 (7)	0.83 (0.41–1.68)
Sewerage						
Main sewerage system	354 (75)	163 (67)	1.0	343 (74)	128 (77)	1.0
Septic tank	110 (23)	71 (29)	1.24 (0.80–1.91)	109 (24)	37 (22)	1.05 (0.62–1.79)
Other	11 (2)	8 (3)	1.20 (0.45–3.18)	11 (2)	3 (2)	0.70 (0.19–2.68)
Sewerage works, last 12 mo						
No	275 (58)	133 (55)	1.0	269 (58)	93 (56)	1.0
Yes	131 (28)	60 (25)	0.84 (0.56–1.26)	125 (27)	43 (26)	1.07 (0.68–1.68)
Unknown	68 (14)	48 (20)	1.43 (0.91–2.24)	68 (15)	31 (19)	1.32 (0.79–2.20)

\*Values are no. (%) except as indicated. aOR, adjusted odds ratio, NA, not applicable.

†Adjusted for age and sex.

**Appendix Table 8.** Insect exposure and pest control according to case study and control populations and associations with Buruli ulcer\*

Characteristics	All participants				Residents only			
	Controls	Cases	aOR† (95%CI)	aOR‡ (95% CI)	Controls	Cases	aOR† (95%CI)	aOR‡ (95% CI)
No. participants	481	245	NA	NA	469	171	NA	NA
Frequent presence, residence/holiday home								
Mosquitoes								
No	23 (5)	12 (5)	1.0	NA	23 (5)	9 (5)	1.0	NA
Yes	454 (95)	233 (95)	0.87 (0.41–1.84)	NA	442 (95)	162 (95)	0.91 (0.40–2.06)	NA
March flies								
No	199 (42)	106 (44)	1.0	NA	198 (43)	75 (44)	1.0	NA
Yes	277 (58)	137 (56)	0.79 (0.56–1.12)	NA	266 (57)	95 (56)	0.98 (0.66–1.45)	NA
Sand flies								
No	357 (75)	167 (69)	1.0	NA	351 (76)	122 (73)	1.0	NA
Yes	116 (25)	74 (31)	1.29 (0.90–1.85)	NA	110 (24)	46 (27)	1.17 (0.77–1.78)	NA
Other biting insects								
No	448 (95)	227 (93)	1.0	NA	436 (94)	158 (92)	1.0	NA
Yes	26 (5)	18 (7)	1.63 (0.85–3.11)	NA	26 (6)	13 (8)	1.36 (0.66–2.78)	NA
Frequency of being bitten								
Mosquitoes								
Never	30 (6)	25 (10)	1.0	1.0	28 (6)	18 (11)	1.0	1.0
Occasionally, frequently	450 (94)	220 (90)	0.54 (0.30–0.96)	0.59 (0.33–1.06)	440 (94)	153 (89)	0.49 (0.26–0.93)	0.56 (0.29–1.07)
March Flies								
Never	188 (39)	96 (40)	1.0	1.0	184 (40)	70 (41)	1.0	1.0
Occasionally, frequently	289 (61)	146 (60)	0.82 (0.57–1.18)	0.86 (0.59–1.24)	281 (60)	99 (59)	0.98 (0.65–1.49)	1.07 (0.70–1.64)
Sand Flies/ Midges								
Never	290 (61)	164 (67)	1.0	1.0	283 (61)	119 (70)	1.0	1.0
Occasionally, frequently	184 (39)	79 (33)	0.73 (0.52–1.02)	0.76 (0.54–1.07)	179 (39)	51 (30)	0.67 (0.46–0.997)	0.72 (0.49–1.08)
Other biting insects								
Never	257 (54)	148 (61)	1.0	1.0	249 (54)	104 (62)	1.0	1.0
Occasionally, frequently	217 (46)	93 (39)	0.73 (0.53–1.02)	0.76 (0.54–1.05)	213 (46)	64 (38)	0.70 (0.48–1.02)	0.73 (0.50–1.06)
Tendency to scratch insect bites								
No, or never get bitten	175 (37)	102 (42)	1.0	NA	173 (37)	73 (43)	1.0	NA
Yes	303 (63)	141 (58)	0.74 (0.53–1.03)	NA	293 (63)	97 (57)	0.74 (0.51–1.07)	NA
Pest Control								
Any Pest Control								
Never	177 (37)	95 (40)	1.0	NA	173 (37)	66 (39)	1.0	NA
Occasional	229 (48)	117(49)	0.94 (0.66–1.33)	NA	224 (48)	87 (51)	1.03 (0.70–1.52)	NA
Frequent	69 (15)	28 (12)	0.71 (0.42–1.18)	NA	66 (14)	16 (9)	0.60 (0.32–1.12)	NA
Insect control								
No	341 (72)	166 (70)	1.0	NA	335 (73)	121 (72)	1.0	NA
Yes	130 (28)	72 (30)	1.14 (0.80–1.62)	NA	124 (27)	46 (28)	1.02 (0.68–1.53)	NA
Possum control								
No	425 (90)	223 (94)	1.0	NA	414 (90)	157 (94)	1.0	NA
Yes	46 (10)	15 (6)	0.63 (0.34–1.17)	NA	45 (10)	10 (6)	0.59 (0.29–1.21)	NA
Rodent control								
No	272 (58)	141 (59)	1.0	NA	263 (57)	91 (54)	1.0	NA
Yes	200 (42)	97 (41)	0.87 (0.62–1.21)	NA	197 (43)	76 (46)	1.12 (0.77–1.62)	NA

\*Values are no. (%) except as indicated. aOR, adjusted odds ratio, NA, not applicable.

†Adjusted for age and sex.

‡Adjusted for age, sex, and insect repellent use.

**Appendix Table 9.** Gardening exposures and other outdoor activities according to case study and control populations and associations with Buruli ulcer\*

Exposures	All participants			Residents only		
	Controls	Cases	aOR† (95% CI)	Controls	Cases	aOR† (95% CI)
No. participants	481	245	NA	469	171	NA
<b>Gardening</b>						
No, don't garden/rarely garden	81 (17)	69 (28)	1.0	76 (16)	34 (20)	1.0
Yes, garden	393 (83)	174 (72)	0.50 (0.34–0.74)	386 (84)	135 (80)	0.74 (0.46–1.18)
<b>Gardening frequency</b>						
Rarely/I do not garden	81 (17)	69 (28)	1.0	76 (16)	34 (20)	1.0
Monthly	86 (18)	39 (16)	0.51 (0.31–0.86)	84 (18)	26 (15)	0.64 (0.35–1.18)
Weekly	204 (43)	86 (35)	0.48 (0.31–0.74)	201 (44)	68 (40)	0.73 (0.44–1.21)
Daily	103 (22)	49 (20)	0.55 (0.33–0.91)	101 (22)	41 (24)	0.87 (0.49–1.55)
<b>Gardening injury frequency</b>						
Never	93 (20)	59 (25)	1.0	90 (20)	36 (22)	1.0
Occasionally	322 (68)	154 (65)	0.82 (0.55–1.22)	313 (68)	109 (66)	0.96 (0.61–1.52)
Frequently	57 (12)	24 (10)	0.72 (0.39–1.30)	57 (12)	21 (13)	0.95 (0.50–1.83)
<b>Beach walking or jogging</b>						
No	100 (22)	44 (19)	1.0	99 (22)	37 (24)	1.0
Yes	362 (78)	182 (81)	0.93 (0.61–1.42)	353 (78)	118 (76)	0.79 (0.50–1.25)
<b>Wetlands walking or jogging</b>						
No	388 (86)	190 (84)	1.0	379 (85)	126 (81)	1.0
Yes	67 (15)	36 (16)	1.13 (0.70–1.83)	66 (15)	29 (19)	1.20 (0.71–2.01)
<b>Bushwalking</b>						
No	339 (74)	172 (76)	1.0	332 (74)	120 (77)	1.0
Yes	119 (26)	54 (24)	0.73 (0.49–1.09)	116 (26)	35 (23)	0.70 (0.44–1.10)
<b>Golf</b>						
No	368 (81)	186 (82)	1.0	360 (81)	132 (85)	1.0
Yes	89 (19)	40 (18)	0.71 (0.46–1.11)	87 (19)	23 (15)	0.65 (0.38–1.10)
<b>Sport on oval or field</b>						
No	417 (91)	206 (91)	1.0	408 (91)	140 (90)	1.0
Yes	39 (9)	20 (8)	0.83 (0.46–1.51)	38 (9)	15 (10)	0.96 (0.49–1.85)
<b>Swimming in lakes and rivers</b>						
No	435 (95)	212 (94)	1.0	425 (95)	145 (94)	1.0
Yes	21 (5)	14 (6)	1.36 (0.65–2.84)	21 (5)	10 (6)	1.21 (0.54–2.74)
<b>Sailing</b>						
No	431 (95)	215 (95)	1.0	421 (94)	146 (94)	1.0
Yes	25 (5)	11 (5)	0.79 (0.38–1.67)	25 (6)	9 (6)	0.99 (0.44–2.20)
<b>Outdoor barbecue</b>						
No	215 (47)	91 (40)	1.0	211 (47)	68 (44)	1.0
Yes	242 (53)	135 (60)	1.19 (0.84–1.67)	236 (53)	87 (56)	1.08 (0.74–1.58)
<b>Any reported outdoor activities‡</b>						
No outdoor activities	18 (4)	18 (7)	1.0	16 (3)	16 (9)	1.0
Yes, any of the above or other outdoor activities reported	463 (96)	226 (93)	0.34 (0.17–0.68)	453 (97)	155 (91)	0.24 (0.11–0.52)
<b>Outdoor activities in warmer months, d</b>						
1, lowest tertile including none	138 (29)	108 (44)	1.0	131 (28)	72 (42)	1.0
2	149 (31)	87 (36)	0.64 (0.44–0.94)	146 (31)	52 (30)	0.57 (0.37–0.89)
3, highest tertile	194 (40)	49 (20)	0.30 (0.20–0.46)	192 (41)	47 (27)	0.43 (0.28–0.67)
<b>Outdoor activities in cooler months, d</b>						
1, lowest tertile including none	138 (29)	100 (41)	1.0	130 (28)	65 (38)	1.0
2	149 (31)	88 (36)	0.71 (0.49–1.05)	147 (31)	54 (32)	0.67 (0.43–1.05)
3, highest tertile	194 (40)	56 (23)	0.38 (0.25–0.58)	192 (41)	52 (30)	0.52 (0.34–0.81)

\*Values are no. (%) except as indicated. aOR, adjusted odds ratio, NA, not applicable.

†Adjusted for age and sex.

‡Reported outdoor activities were beach walking or jogging, wetlands walking or jogging, bushwalking, golf, sport on oval or field, swimming in lakes and rivers, sailing, and outdoor barbecue, but not gardening.



**Appendix Table 10.** Potentially protective behaviors according to case and control population status and associations with Buruli ulcer\*

Behaviors	All participants			Residents only		
	Controls	Cases	aOR† (95% CI)	Controls	Cases	aOR† (95% CI)
No. participants	481	245	NA	469	171	NA
Covers pre-existing wounds with dressing						
Never/Sometimes/Other	327 (67)	176 (72)	1.0	317 (68)	119 (70)	1.0
Usually/Always	154 (32)	69 (28)	0.99 (0.70–1.41)	152 (32)	52 (30)	1.06 (0.71–1.57)
Timeliness of tending to cuts and scratches from outdoors response						
Leaves to heal naturally, or other	185 (38)	126 (51)	1.0	178 (38)	82 (48)	1.0
Eventually (wash and dressing or antiseptic)	178 (37)	80 (33)	0.74 (0.51–1.05)	174 (37)	62 (36)	0.81 (0.55–1.21)
Immediately (wash and dressing or antiseptic)	118 (25)	39 (16)	0.56 (0.36–0.87)	117 (25)	27 (16)	0.54 (0.32–0.91)
Tending to cuts/scratches immediately (binary)						
No	363 (75)	206 (84)	1.0	352 (75)	144 (84)	1.0
Yes (usually/always)	118 (25)	39 (16)	0.65 (0.43–0.98)	117 (25)	27 (16)	0.60 (0.37–0.97)
Washes hands after outdoor activity						
Never/Sometimes	26 (6)	23 (10)	1.0	24 (5)	17 (10)	1.0
Usually/Always	435 (94)	213 (90)	0.62 (0.34–1.15)	426 (95)	148 (90)	0.53 (0.27–1.03)
Showers after outdoor activity						
Never/Sometimes	385 (80)	194 (79)	1.0	374 (80)	140 (82)	1.0
Usually/Always	96 (20)	51 (21)	0.94 (0.63–1.40)	95 (20)	31 (18)	0.80 (0.50–1.27)
Insect repellent use in warm months						
Never	99 (20.63)	78 (31.84)	1.0	97 (21)	57 (33)	1.0
Occasionally/Usually/Always	381 (79.38)	167 (68.16)	0.62 (0.43–0.89)	371 (79)	114 (67)	0.56 (0.38–0.84)
Clothing covering arms and legs						
Never/sometimes/seasonally	296 (63)	173 (72)	1.0	288 (63)	114 (68)	1.0
Usually/always, either arms or legs	76 (16)	38 (16)	0.92 (0.59–1.44)	74 (16)	33 (20)	1.12 (0.69–1.80)
Usually/always, both arms and legs	96 (21)	28 (12)	0.59 (0.36–0.95)	94 (21)	20 (12)	0.61 (0.35–1.05)
Gardening Gloves						
Never	79 (18.37)	59 (27.19)	1.0	79 (19)	39 (25)	1.0
Sometimes/usually/always	351 (81.63)	158 (72.81)	0.71 (0.47–1.07)	342 (81)	117 (75)	0.79 (0.50–1.24)
Closed shoes outside, warmer months						
Never/sometimes	280 (58)	147 (61)	1.0	273 (58)	96 (57)	1.0
Usually/always	199 (42)	95 (39)	0.99 (0.70–1.39)	194 (42)	73 (43)	1.14 (0.77–1.67)
No. multiple examined behaviors						
0–1	21 (4)	30 (12)	1.0	20 (4)	21 (12)	1.0
2–3	195 (41)	106 (43)	0.41 (0.22–0.76)	191 (41)	67 (39)	0.34 (0.17–0.67)
4–5	193 (40)	92 (38)	0.39 (0.21–0.75)	186 (40)	70 (41)	0.39 (0.19–0.77)
>6	72 (15)	17 (7)	0.22 (0.10–0.48)	72 (15)	13 (8)	0.20 (0.08–0.48)
No. multiple behaviors identified as protective						
None	61 (13)	50 (20)	1.0	60 (13)	38 (22)	1.0
1	224 (47)	132 (54)	0.75 (0.48–1.16)	217 (46)	83 (49)	0.62 (0.38–1.003)
2	141 (29)	49 (20)	0.50 (0.30–0.83)	137 (29)	39 (23)	0.49 (0.28–0.85)
3	55 (11)	14 (6)	0.38 (0.19–0.78)	55 (12)	11 (6)	0.36 (0.16–0.78)

\*Values are no. (%) except as indicated. aOR, adjusted odds ratio, NA, not applicable.

†Adjusted for age and sex.

**Appendix Table 11.** Sensitivity analysis of BCG vaccination and Buruli ulcer case status restricted to participants who were 47–70 years of age and potentially eligible for routine BCG vaccination in Australia\*

Status	All participants			Residents only		
	Controls	Cases	aOR† (95% CI)	Controls	Cases	aOR† (95% CI)
No. participants	260	115	NA	260	115	NA
BCG vaccination						
No	50 (19.23)	30 (26.09)	1.0	50 (19.23)	24 (30.38)	1.0
Yes	139 (53.46)	45 (39.13)	0.57 (0.32–1.03)	136 (53.33)	29 (36.71)	0.44 (0.23–0.85)
Unsure	71 (27.31)	40 (34.78)	0.97 (0.52–1.82)	69 (27.06)	26 (32.91)	
BCG vaccination, unsure assumed yes						
No	50 (19.23)	30 (26.09)	1.0	50 (19.61)	24 (30.38)	1.0
Yes/unsure	210 (80.77)	85 (73.91)	0.71 (0.41–1.22)	205 (80.39)	55 (69.62)	0.56 (0.31–1.02)

\*Values are no. (%) except as indicated. Participants in this age range would be 12 years old from ≈1960–1983; therefore, they were covered during the years when routine vaccination was reported in many states in Australia. The assumption that participants who were unsure of their status would likely have had the vaccination as part of routine vaccination might involve some misclassification. Participants might have resided in other countries or states in Australia without routine BCG vaccination. aOR, adjusted odds ratio, NA, not applicable.

†Adjusted for age and sex.

**Appendix Table 12.** Representativeness of case-control participant samples\*

Characteristics	Controls, no. (%)	Weighted population, † %	Ratio ‡	Cases, no. (%)	Notified cases, no. (%)	% Total notified cases §	Ratio ¶
No. participants	481	NA	NA	245	NA	NA	NA
Age group, y							
18–39	38 (7.9)	29.5	0.27	35 (14.3)	134 (24.4)	26%	0.59
40–59	125 (26.0)	32.7	0.80	68 (27.8)	154 (28.0)	44%	0.99
60–79	278 (57.8)	29.8	1.94	123 (50.2)	204 (37.1)	60%	1.85
≥80	40 (8.3)	8.1	1.03	19 (7.8)	58 (10.6)	33%	0.74
Sex							
F	266 (55.3)	51.3	1.08	104 (42.5)	228 (41.5)	46%	1.02
M	215 (44.7)	48.7	0.92	141 (57.6)	321 (58.4)	44%	0.99
Not stated	NA	NA	NA	NA	1 (0.2)	NA	NA

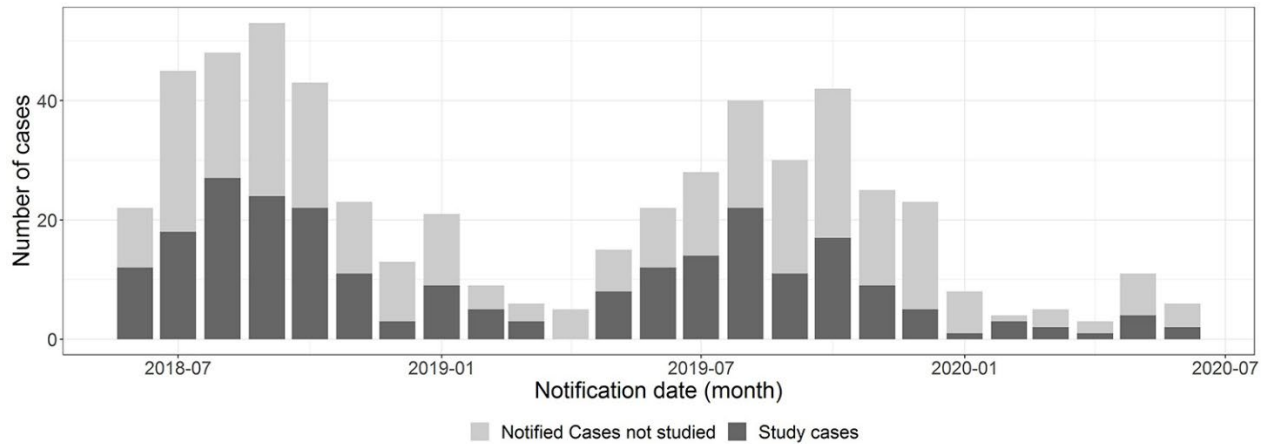
\*NA, not applicable.

†Local government area–weighted population estimates according to age group and sex were derived by using Australian Bureau of Statistics Estimated Resident Population, which, for each of the relevant areas, were weighted to the percentages in our control sample. Control percentages: Mornington Peninsula (64.86%), Frankston (9.36%), Bayside (8.32%), Kingston (4.57%), Greater Geelong (7.90%), Queenscliffe (3.53%), and Surf Coast (1.46%).

‡Ratio of percentages by age group (controls to weighted population estimate).

§Notified case-patients participating in included sample, group participation rate.

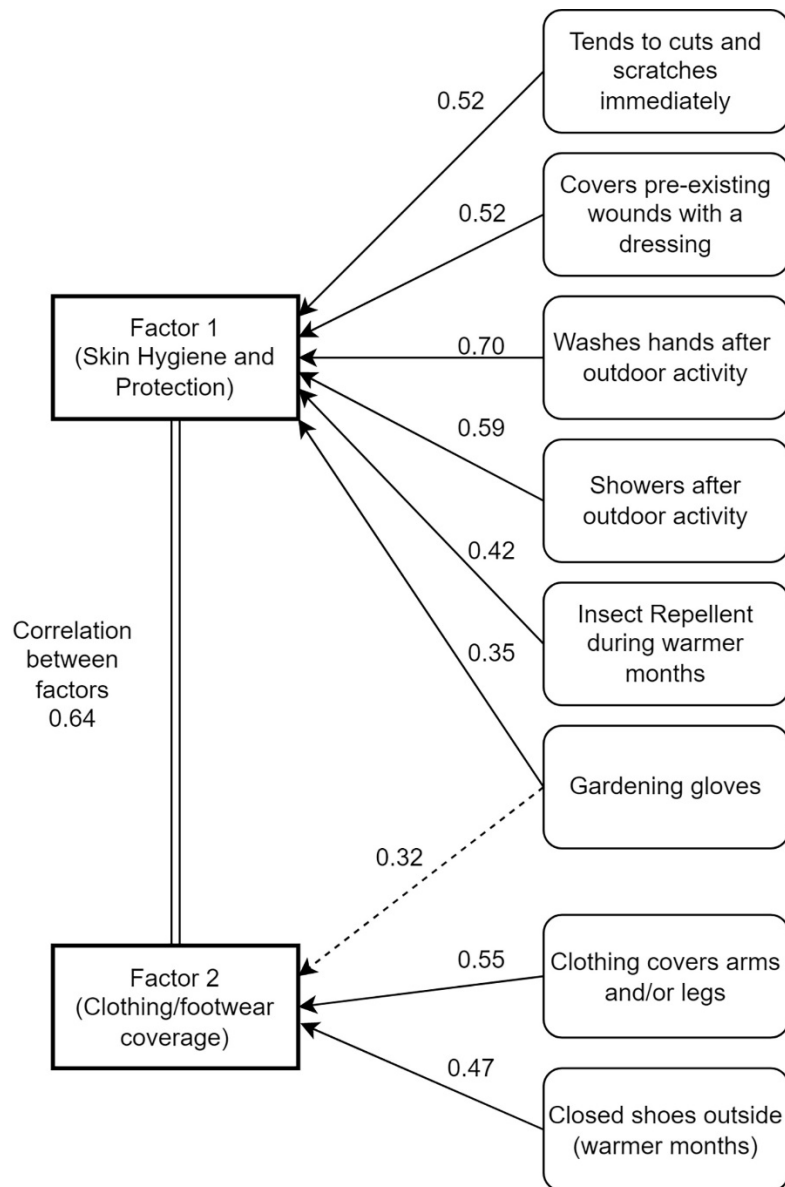
¶Ratio of percentages by age group (included cases to notified cases).



**Appendix Figure 1.** Number of patients with Buruli ulcer reported to the Department of Health in Victoria, Australia, during June 2018–June 2020. Month and year of case notification for Buruli ulcer patients (dark gray) participating in this study and all other notified Buruli ulcer cases (light gray). Cases were reported from Buruli ulcer–endemic locations in Victoria.

	Tends to cuts and scratches immediately (binary)	Covers pre-existing wounds	Washes hands after outdoor activity	Showers after outdoor activity	Insect repellent (warmer months)	Gardening gloves	Clothing covers arms and/or legs	Closed Shoes outside (warmer months)	Drinking filtered town water
Tends to cuts and scratches immediately									
Covers pre-existing wounds	0.56								
Washes hands after outdoor activity	0.48	0.42							
Showers after outdoor activity	0.21	0.26	0.37						
Insect repellent (warmer months)	0.20	0.25	0.31	0.19					
Gardening gloves	0.40	0.46	0.44	0.06	0.22				
Clothing covers arms and/or legs	0.34	0.40	0.33	0.11	0.14	0.32			
Closed shoes outside (warmer months)	0.09	0.08	0.08	-0.02	0.05	0.08	0.30		
Drinking filtered town water*	0.15	0.12	0.14	0.06	0.12	0.09	-0.01	0.07	

**Appendix Figure 2.** Polychoric correlations between potential protective behaviors against Buruli ulcer in all case-control study participants from the study areas in Victoria, Australia. Drinking filtered town water (asterisk) was examined as a potential protective factor; because of lack of correlations with other behaviors and low factor loadings in a preliminary exploratory 2-factor model, this factor was not included in the final analysis for assessing the factor structure. Numbers are correlation coefficients between factors.



**Appendix Figure 3.** Factor structure and rotated factor loadings from exploratory factor analysis of the clustering of potentially protective behaviors, examined in relation to Buruli ulcer prevention in Victoria, Australia. Numbers are correlation coefficients between factors.